

Georgia Department of Behavioral Health & Developmental Disabilities Frank W. Berry, Commissioner

Region Two Office

3405 Mike Padgett Highway, Building 3 · Augusta, Georgia 30906-3815 (706) 792-7733 · Fax (706) 792-7740 · Toll Free (866) 380-4835

Region Two DBHDD Office

The Department of Behavioral Health and Developmental Disabilities (DBHDD) administers six regional offices across Georgia.

Each of DBHDD's field offices operates a community-based system of care for the clients it serves. Regional offices oversee contracts and monitor the performance of private providers who serve people living with developmental disabilities (DD) and behavioral health (BH) challenges. The community-based system allows clients to receive care in the least restrictive setting possible while helping them to obtain a life of independence and recovery.

Each regional office provides planning for and coordination of its provider network; offers technical assistance; and serves as the point of contact for consumers who have questions about accessing services.

Region Two serves the following counties in East Georgia: Baldwin, Barrow, Bibb, Burke, Clarke, Columbia, Elbert, Emanuel, Glascock, Greene, Hancock, Jackson, Jasper, Jefferson, Jenkins, Jones, Lincoln, Madison, McDuffie, Monroe, Morgan, Oconee, Oglethorpe, Putnam, Richmond, Screven, Taliaferro, Twiggs, Walton, Warren, Washington, Wilkes, and Wilkinson.

The Regional Planning Board is a volunteer board comprised of citizens from each of the 33 counties in Region Two. The Board identifies community needs and gaps in the current service system and makes formal recommendations to DBHDD. The Board also produces an annual plan for the region.

The Region Two office is located in Augusta, Georgia.

DBHDD Region Two Office

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Region Two DBHDD Office

Contact Information

Regional Coordinator

Audrey Sumner (706) 792-7733 acsumner@dbhdd.ga.gov

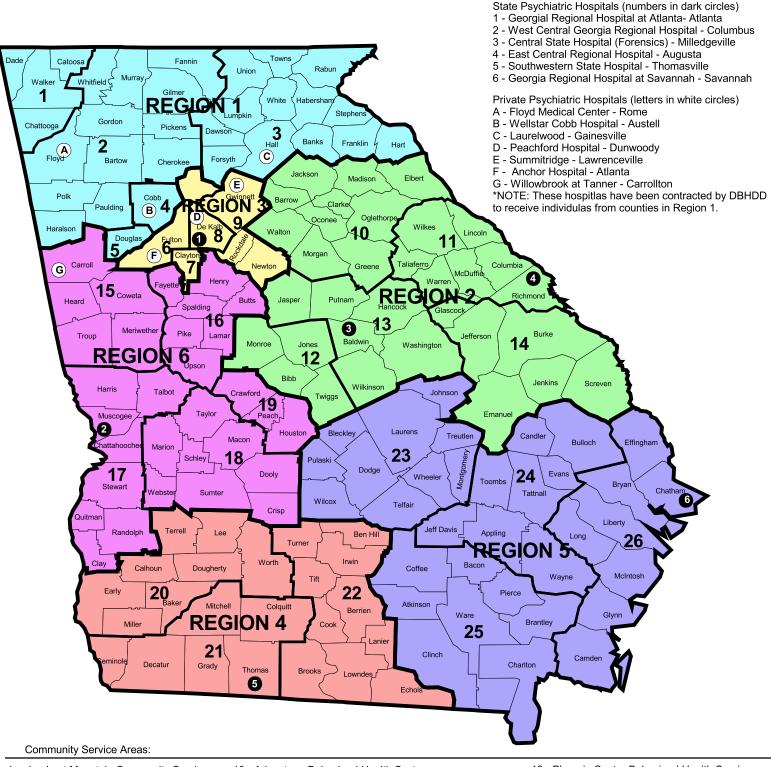
Behavioral Health Regional Services Administrator

Keith Edmonds (706) 792-7696 <u>kedmonds@dbhdd.ga.gov</u>

Developmental Disabilities Regional Services Administrator

Karla Brown (706) 792-7695 kbrown@dbhdd.ga.gov

Georgia Department of Behavioral Health and Developmental Disabilities State Psychiatric Hospitals, Private Hospitals (Contracted) and Community Service Areas



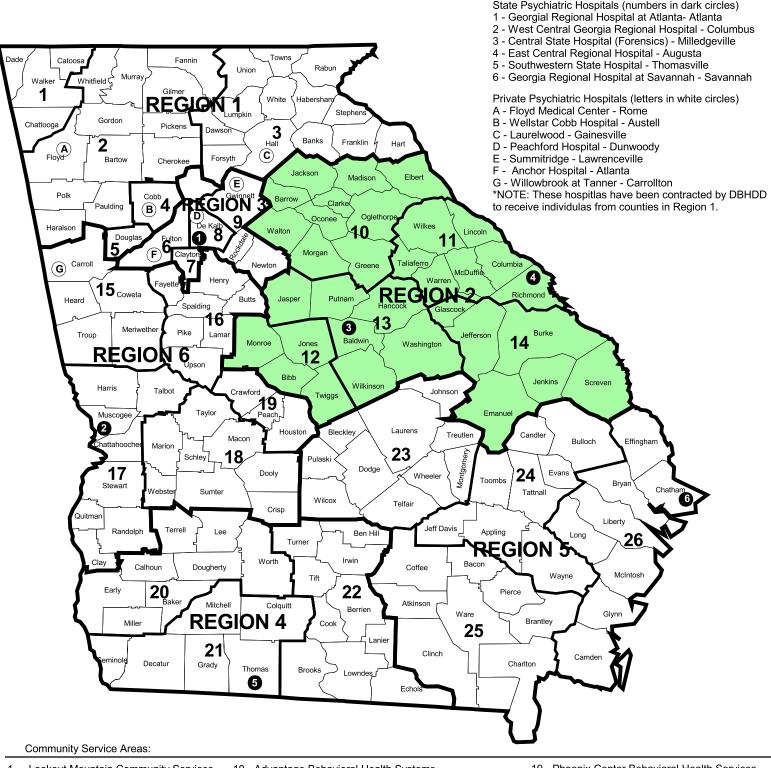
- Lookout Mountain Community Services
- Avita Community Partners - Cobb Community Service Board
- Douglas Community Service Board
- Fulton County MHDDAD - Clayton Community Service Board
- DeKalb Community Service Board - View Point Health (formerly GRN CSB)
- 10 Advantage Behavioral Health Systems
- Highland Rivers Community Service Board 11 CSB of East Central Georgia (Serenity Behavioral Health) 20 Albany Area Community Service Board
 - 12 River Edge Behavioral Health Center
 - 13 Oconee Community Service Board

 - 14 Ogeechee Behavioral Health Services
 - 15 Pathways Center for Behavioral & Developmental Growth 24 Pineland Area Community Service Board
 - 16 McIntosh Trail Community Service Board
 - 17 New Horizons Community Service Board
 - 18 Middle Flint Behavioral Healthcare

- 19 Phoenix Center Behavioral Health Services
- 21 Georgia Pines Community MHMRSA Services
- 22 Behavioral Health Services of South Georgia
- 23 Community Service Board of Middle Georgia
- 25 Unison Behavioral Health (formerly Satilla CSB)
- 26 Gateway Community Service Board

*NOTE: Numbered Service Areas are for identification purposes only.

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Region Two Community Service Providers

Georgia Crisis & Access Line – (800) 715-4225

Advantage Behavioral Health Systems

250 North Avenue Athens, GA 30601-2244 Phone: (706) 389-6739 Fax: (706) 542-9681

Counties Served:

Barrow, Clarke, Elbert, Greene, Jackson, Madison, Morgan, Oconee, Oglethorpe, Walton

Cindy A. Darden, Director cdarden@advantagebhs.org

Serenity Behavioral Health Systems

3421 Mike Padgett Highway Augusta, GA 30906-3815 Phone: (706) 432-7800 Fax: (706) 432-3791

Counties Served:

Columbia, Lincoln, McDuffie, Richmond, Taliaferro, Warren, Wilkes

Charles D. Williamson, CEO cwilliamson@serenitybhs.com

River Edge Behavioral Health Center

175 Emery Highway Macon, GA 31217 Phone: (478) 751-4515 Fax: (478) 752-1040

Counties Served:

Baldwin, Bibb, Jones, Monroe, Putnam, Twiggs, Wilkinson

Shannon T. Harvey, CEO sharvey@river-edge.org

Oconee Community Service Board

P.O. Box 1827 Milledgeville, GA 31059-1827 Phone: (478) 445-4817 Fax: (478) 445-4963

Counties Served:

Baldwin, Hancock, Jasper, Putnam, Washington, Wilkinson

Angela Hicks-Hill, Director oconeejaws@windstream.net

Ogeechee Behavioral Health Services

223 N. Anderson Drive Swainsboro, GA 30401-1259 Phone: (478) 289-2522 Fax: (478) 289-2544

Counties Served:

Burke, Emanuel, Glascock, Jefferson, Jenkins, Screven

Amy Tribble, Director atribble@obhs-ga.org

Region Two Community-Based Services

BEHAVIORAL HEALTH

Mental Health Services

Adult Core Services are basic outpatient services for people with a serious mental illness or an addictive disease. Services consist of evaluations by both a psychiatrist and a nurse; the development of a treatment plan, which may include prescription medication; a schedule of appointments for outpatient counseling; supported employment; and home visits by a community service worker. Behavioral Health Core Services include:

- Behavioral Health Assessment and Service Plan Development
- Psychological Testing
- Diagnostic Assessment
- Crisis Intervention
- Psychiatric Treatment
- Nursing Assessment and Care
- Medication Administration
- Community Support
- Individual Outpatient Services
- Group Outpatient Services
- Family Outpatient Services
- Pharmaceutical Treatment

Adult Crisis Stabilization Services provide treatment in Crisis Stabilization Units (CSUs). Services include rapid stabilization of the behaviors and symptoms exhibited by persons in an acute phase of mental illness and detoxification services to individuals high on drugs or alcohol.

Adult Inpatient Hospitalization Services support individuals whose behaviors or symptoms are too acute to be effectively managed in a CSU. East Central Regional Hospital (ECRH) in Augusta, which has a mental health capacity of 90 beds, provides inpatient psychiatric treatment services for individuals whose mental health symptoms are too severe to be effectively treated in a CSU. Upon discharge from the hospital, patients are referred to a core provider for outpatient care.

Adult Residential Services range from intensive treatment in a small residential setting to providing rent supplements to help persons in recovery live as independently as possible. Residential services may be provided in CSB-operated group homes, or by supported housing in HUD or personal care homes. Intensive residential services are located in Macon and Milledgeville. Semi-independent residential services are available in Athens and Milledgeville.

Assertive Community Treatment (ACT), also known as "a hospital without walls," provides full service teams, with small caseloads, that offer more intense services in the community. Region Two has ACT teams in Augusta, Athens, Macon and Milledgeville. Each team focuses on individuals with a serious mental illness who are most at risk for rehospitalization, homelessness or incarceration. This service is specified in the DOJ Settlement Agreement.

Case Management (CM) and Community Service Teams go to individuals in their homes, or other places in the community, to support recovery efforts. Caseloads are usually

limited to 30 individuals per staff member. These services are adjunct to the Core Services individuals receive and are designed to foster successful living in the community. CM services are available in all of Region Two's 33 counties.

Community Support Teams (CSTs) consist of a nurse, a paraprofessional, a licensed team leader and a Certified Peer Specialist. They provide intensive behavioral health services to individuals with severe mental illness who are discharged from a hospital after multiple or extended stays; have multiple discharges from crisis stabilization unit(s), correctional facilities or other institutional settings; or who are leaving institutions but are difficult to engage in treatment. Services include: symptom and medication management, illness self-management, crisis planning, one-on-one psychosocial rehabilitation and links to community resources. This service is provided to individuals to decrease hospitalizations, incarcerations, emergency room visits and crisis episodes, and increase community tenure/independent functioning; time working; and personal satisfaction and autonomy. Through active assistance and based on individualized needs, individuals become engaged in the recovery process.

Crisis Stabilization Units (CSUs) function as emergency receiving facilities and provide crisis services in residential settings to rapidly stabilize the behaviors and symptoms of individuals in acute phases of mental illness, or to provide detoxification services to people high on drugs or alcohol. Individuals are usually discharged in five or fewer days and are referred to a core provider for outpatient services. Crisis Stabilization Units (CSUs) are located in Bibb, Clarke and Richmond counties and have a combined capacity of 56 beds. These CSUs primarily serve individuals residing in Region Two but may be utilized by any eligible individual in the state, regardless of county of residence.

Georgia Crisis and Access Line (GCAL) is the central point of entry for all behavioral health services in Georgia. GCAL is a 24 /7 toll free help-line that directs individuals to personalized services to meet their immediate needs.

Housing Vouchers provide supported housing and bridge funding to persons with serious and persistent mental illness. Supported housing helps individuals attain and maintain safe and affordable housing while supporting their integration into the community. The program is designed to provide housing supports for tenants who are deemed ineligible for any other benefits or for whom a HUD voucher is not available.

Intensive Case Management (ICM) provides individualized supports and resource coordination for adults with a mental illness. ICM facilitates independent functioning, access to necessary services and an environment that promotes recovery. ICM interventions help individuals identify service needs; develop strategies and supportive interventions to avoid out-of-home placement or the need for more intensive services; increase social support networks; and coordinate rehabilitative services. Participation in ICM is expected to decrease psychiatric hospitalizations, incarcerations and episodes of homelessness, and increase housing stability and participation in employment activities. ICM is available in Baldwin, Bibb, Jasper, Jones, Monroe, Putnam, Twiggs, and Wilkinson Counties.

Mobile Crisis Teams (MCTs) have staff on-call 24/7 to respond to any crisis call related to a mental illness or substance abuse issue. The teams conduct face-to-face evaluations at the site of crisis and make recommendations for further treatment if needed. This service is offered via contracted provider and is currently available in Burke, Columbia, Elbert, Emanuel, Glascock, Greene, Jefferson, Jenkins, Lincoln, McDuffie, Morgan, Oglethorpe, Richmond, Screven,

Taliaferro, Warren and Wilkes Counties. This service will be expanded to cover all counties by 2015.

Peer Support Services provide structured activities within a peer support center that promote socialization, recovery, wellness, self-advocacy, development of natural supports and maintenance of community living skills. Individual Peer Support services are provided in the community by Certified Peer Specialists and help individuals achieve their recovery goals. Peer services are often provided by individuals with lived recovery experience. Activities are consumer motivated, initiated and/or managed and assist individuals in living as independently as possible. Group Peer Support Services are offered in Augusta, Athens, Macon, Milledgeville, Sandersville and Swainsboro. Individuals Peer Support services can be provided in any of Region Two's counties.

Psychosocial Rehabilitation – **Group (PSR-G)** services are provided for individuals with mental health and/or substance abuse issues. PSR-G provides structured activities within a peer support center that promote recovery, wellness, illness self-management training, development of natural supports, and maintenance of community living skills. PSR-G services are provided in Athens, Milledgeville and Swainsboro.

Supported Employment emphasizes that rapid job search and placement should be prioritized above traditional prevocational training or traditional vocational rehabilitation. Job development, placement and training assist people who, due to the severity of their disabilities, need support to locate, choose, obtain, learn and maintain a job. Services include supports to choose and obtain paid employment at competitive wages, individually-based community jobs, and brief training to learn the specific skills necessary to perform and retain a particular job. Services are available in Athens, Milledgeville and Macon.

Addictive Disease Services

Addictive Disease Residential Services include intensive residential, semi-independent residential and independent residential options and are offered in Athens, Augusta, Macon, Milledgeville and Swainsboro. Adult Addictive Disease Intensive Residential Services are provided under Addictive Disease Residential Services as well as the Ready for Work Program. Individuals dually diagnosed with serious and persistent mental illness (SPMI) and addictive disease (AD) may also be eligible for the Georgia Housing Voucher Program (GHVP) for use in semi-independent and independent residential settings. This voucher may be used in any county in Region Two.

Intensive Addictive Disease Outpatient Program (IOP) consists of day services designed for clients who have addictive diseases. Individuals attend group services that help them identify past patterns of substance abuse, triggers, coping skills and ways to avoid future use while building a social support network to assist in their recovery. IOP services are provided in Athens, Augusta, Macon, Milledgeville and Swainsboro.

DEVELOPMENTAL DISABILTIES

Developmental Disabilities Services

All services are designed to encourage and build on existing social networks and natural sources of support, and to promote inclusion in the community and safety in the home environment.

Contracted providers are required to have the capacity to support individuals with complex behavioral and or medical needs.

The services a person receives depends on a professional determination of level of need and the services and other community resources available:

Adult Occupational Therapy Services promote fine motor skill development, coordination and sensory integration, and facilitate the use of adaptive equipment or technology.

Adult Physical Therapy Services address participants' physical therapy needs resulting from developmental disabilities. These services promote gross and fine motor skills and facilitate independent functioning.

Adult Speech and Language Therapy Services address adult participants' speech and language therapy needs, preserving their speech communication capacity and function.

Behavioral Supports Consultation is the professional-level service that assists participants with significant, intensive and challenging behaviors that interfere with activities of daily living, social interaction, work or similar situations.

Community Access is designed to help participants acquire, retain or improve self-help, socialization and adaptive skills required for active participation and independent functioning outside the home.

Community Guide services are only for participants who opt for participant direction. These services help participants to define and direct their own services and supports and to meet the responsibilities of participant direction.

Community Living Support services are individually tailored supports that assist with the acquisition, retention or improvement of skills related to participants' continued residence in their family homes.

Community Residential Alternatives are available to individuals who require intense levels of residential support in small group settings of four or fewer or in host home/life-sharing arrangements. Services include a range of interventions that focus on training and support in one or more of the following areas: eating and drinking, toileting, personal grooming and health care, dressing, communication, interpersonal relationships, mobility, home management and use of leisure time.

Crisis Respite Homes exist in residential settings and provide short-term crisis services. Each home serves up to four individuals who are experiencing an emotional/behavioral change and/or distress that leads to a disruption of essential functions. Placement in Crisis Respite Homes occurs when individuals have not responded to less restrictive crisis interventions.

Environmental Accessibility Adaptation consists of physical adaptations to participants' (or family members') homes which are necessary to ensure the health, welfare and safety, or which enable individuals to function with greater independence in the home.

Financial Support Services are provided to assure that participant-directed funds outlined in Individual Service Plans are managed and distributed as intended.

Group Homes are licensed homes that serve up to four individuals with developmental disabilities who require intense levels of residential support. Group Homes provide a range of interventions that focus on training and support in one or more of the following areas: eating and drinking, toileting, personal grooming and health care, dressing, communication, interpersonal relationships, mobility, home management and use of leisure time.

Host Homes are private homes of individuals or families, whether owned or leased, in which life-sharing, residential supports are provided to one or two adults with developmental disabilities, who are not to be related to the occupant owner or lessee by blood or marriage. The homeowners or lessees may not be employed by the provider agency that subcontracts for the host home services.

Individual Directed Goods and Services that are not otherwise be provided through the NOW or Medicaid State Plan may be identified by individuals, support coordinators and interdisciplinary teams, and include services, equipment and supplies.

Individual Support Plan is the range of services an individual receives based on professional determination of need.

Mobile Crisis Services dispatch Mobile Crisis Teams (MCTs) to crisis locations for individuals with developmental disabilities. MCT members are responsible for completing comprehensive assessments of each crisis situation and mitigating risks to health and safety of individuals in crisis and/or others. MCTs also make referrals to intensive crisis services or hospital emergency rooms if necessary.

Natural Support Training exists for individuals who provide unpaid support, training, companionship or supervision to participants.

Prevocational Services prepare participants for paid or unpaid employment and include teaching concepts such as compliance, attendance, task completion, problem solving and safety.

Respite Services provide brief periods of support or relief for individuals with disabilities or their caregivers and include maintenance respite for planned or scheduled relief or emergency/crisis respite for a brief period of support for participants experiencing crisis (usually behavioral) or in instances of family emergency.

Specialized Medical Equipment consists of devices, controls or appliances specified in the Individual Service Plan, which enable participants to increase their abilities to perform activities of daily living and to interact more independently with their environment.

Specialized Medical Supplies consist of food supplements, special clothing, diapers, bed wetting protective sheets and other authorized supplies specified in the Individual Service Plan.

Support Coordination is a set of interrelated activities that identify, coordinate and review the delivery of appropriate services with the objective of protecting the health and safety of participants while ensuring access to services.

Supported Employment enables participants, for whom competitive employment at or above the minimum wage is unlikely absent the provision of supports, to work in a regular work setting.

Transportation services enable participants to gain access to waiver and other community services, activities, resources, and organizations typically utilized by the general population. These services do not include transportation available through Medicaid non-emergency transportation or as an element of another waiver service.

Vehicle Adaptation includes adaptations to participants' (or family members') vehicles approved in the Individual Service Plan, such as hydraulic lifts, ramps, special seats and other modifications to allow for access into and out of the vehicle as well as safety while moving.

New Options Waiver (NOW) and Comprehensive Supports Waiver (COMP)

The New Options Waiver (NOW) and Comprehensive Supports Waiver (COMP) are Medicaid programs that provide supports to people living with developmental disabilities who want to live at home or in other kinds of community living arrangements. The services offered through these waivers provide supports 24 hours a day, 7 days a week.

The NOW Waiver provides supports to individuals who need less intensive services and do not need 24-hour care. It was designed for people with disabilities who live with family members or in their own home.

The COMP Waiver was designed for people who need a full range of out-of-home services or intensive in-home services. It is also used for people who are transitioning out of institutions into community living.

The New Options Waiver (NOW) and Comprehensive Supports Waiver (COMP) programs represent Georgia's continuous commitment to improve home and community-based services for persons with developmental disabilities.

Both NOW and COMP provide:

- Supports for community connection building and participant direction
- Significant support coordination services to participants and their families
- A participant-centered assessment process to determine individual support needs
- An Individual Service Plan to address the needs of the individual and their family
- An individual budget and a simplified individual budget process that increases flexibility
 in service delivery to meet individual needs, including a process for interim modifications
 to the budget
- Significant safeguards for participants and families to ensure the delivery of quality services and supports; and the use of qualified service providers

Service Delivery Methods: All NOW and COMP program participants have two options for receiving services. Participants may choose the provider managed (traditional) service delivery option, or opt to self direct allowable waiver services under the Participant-Direction Option. Both of these methods give participants and family members flexibility, choice and control over the delivery of the waiver services.

Implementation: The Department of Behavioral Health and Developmental Disabilities (DBHDD), Division of Developmental Disabilities implements and oversees day-to-day operations of the waivers. The Department of Community Health (DCH) is the State Medicaid Agency and has oversight of the waivers.

DBHDD is responsible for participant/individual needs assessments, level of care (LOC) determinations, Intake and Evaluation of current and potential waiver recipients, and the assignment of support coordination services. The Department also manages provider enrollment, certification and approvals, in conjunction with DCH.

Region Two Emergency Receiving Facilities

CRISIS STABILIZATION UNITS:

Advantage Behavioral Health Systems

250 North Avenue Director: Richard Cereneche

Athens, GA 30601 <u>rcereneche@advantagebhs.org</u>

Phone: (706) 369-5745, x2028 Medical Director: Shahzad Hashmi, MD

Fax: (706) 542-9681

River Edge Behavioral Health Center

175 Emery Highway Director: Michele Fulcher

Macon, GA 31217 <u>mfulcher@river-edge.org</u>

Phone: (478) 803-8617 Medical Director: Debra Osborne, MD

Fax: (478) 752-1040

Serenity Behavioral Health Systems

3421 Mike Padgett Highway Director: Gloria Downey

Augusta, GA 30906 gdowney@serenitybhs.com

Phone: (706) 432-4889 *Medical Director:* Elizabeth Messalum, MD

Fax: (706) 432-3791

STATE HOSPITAL RECEIVING FACILITIES:

East Central Regional Hospital

Phone: (706) 792-7006 Fax: (706) 792-7046

Regional Hospital Administrator: Nan Lewis

Social Services Chief: Lisa Kuglar, LCSW Admissions Director: Audrey Harden Clinical Director: Vicky Spratlin, MD

Gracewood Campus

100 Myrtle Boulevard Gracewood, GA 30812

Augusta Campus

3405 Mike Padgett Highway Augusta, Georgia 30906