



DBHDD

Georgia Department of Behavioral Health & Developmental Disabilities
Frank W. Berry, Commissioner

Region Three Office

100 Crescent Centre Parkway, Suite 900 · Tucker, Georgia 30084-7055
(770) 414-3052 · Fax (770) 414-3048

DBHDD Region 3 Field Office

The Department of Behavioral Health and Developmental Disabilities (DBHDD) has six regional field offices across Georgia in an effort to be more accessible to the stakeholders involved with the public behavioral health system.

Each field office coordinates a community-based system of care through contracted providers for eligible individuals. The community-based system allows individuals to receive care in the least restrictive setting possible while helping them to obtain a life of recovery and independence.

Each field office provides leadership in building a local collaborative to help inform and communicate about available services; offers technical assistance; and serves as the point of contact for individuals who have difficulty accessing services.

Region 3 Field Office serves the following metro Atlanta counties: Clayton, DeKalb, Fulton, Gwinnett, Newton and Rockdale.

The Regional Advisory Council is a volunteer board comprised of citizens from each of the six counties in Region 3. The Council identifies community needs and gaps in the current service system and makes recommendations to DBHDD.

The Region 3 Field Office is located in Decatur, Georgia.

DBHDD Region 3 Office

3073 Panthersville Rd.

Building 10

Decatur, GA 30034

Phone: (404) 244-5050

Fax: (404) 244-5179



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Region 3 Field Office

Contact Information

Behavioral Health Regional Services Administrator

Gwen Craddieth

(770) 414-3056

gwen.craddieth@dbhdd.ga.gov

Developmental Disabilities Regional Services Administrator

Debora Cook (Interim)

(770) 414-3052

debora.cook@dbhdd.ga.gov

Georgia Department of Behavioral Health and Developmental Disabilities State Psychiatric Hospitals, Private Hospitals (Contracted) and Community Service Areas

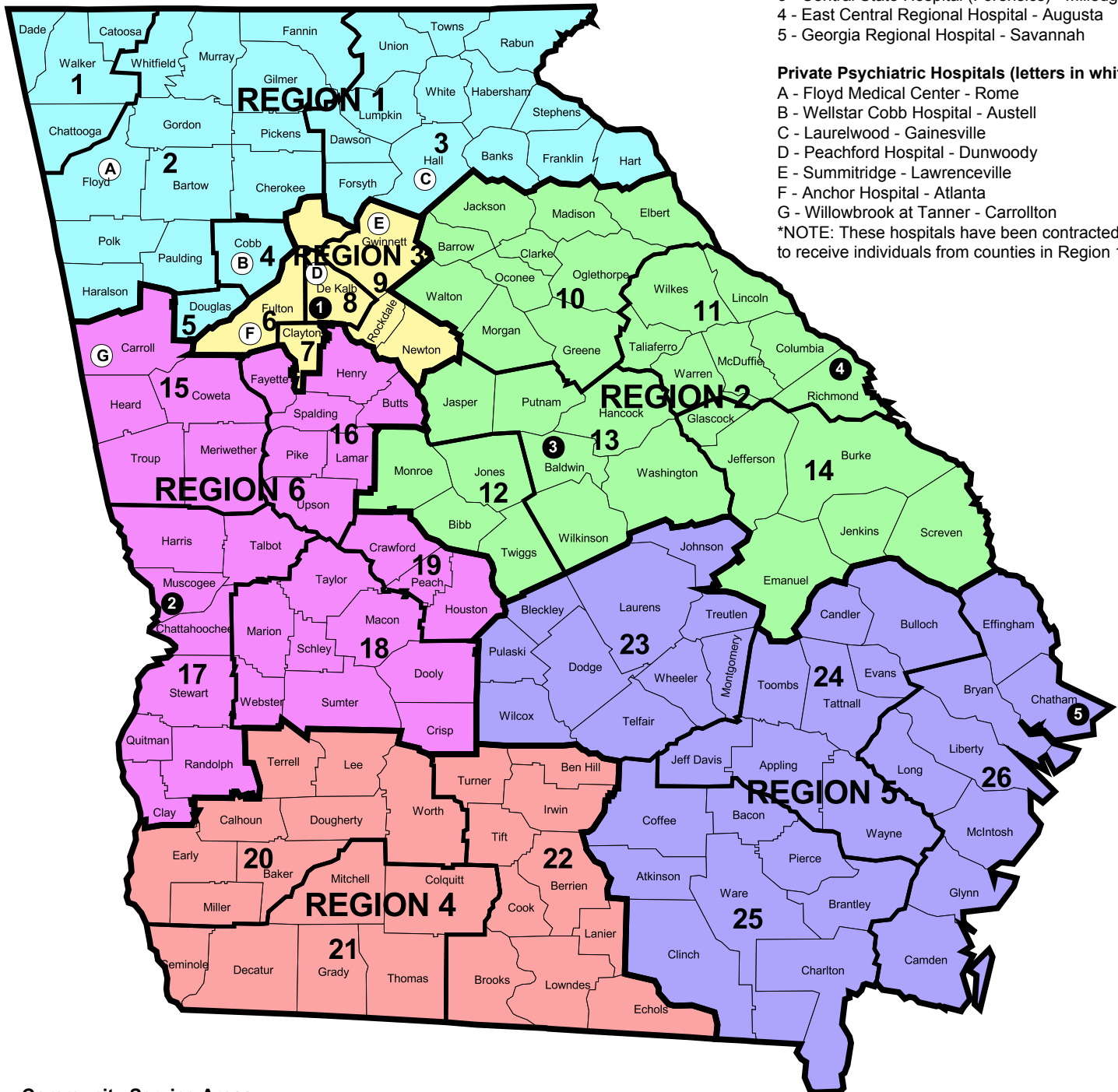
State Psychiatric Hospitals (numbers in black circles)

- 1 - Georgia Regional Hospital - Atlanta
- 2 - West Central Georgia Regional Hospital - Columbus
- 3 - Central State Hospital (Forensics) - Milledgeville
- 4 - East Central Regional Hospital - Augusta
- 5 - Georgia Regional Hospital - Savannah

Private Psychiatric Hospitals (letters in white circles)

- A - Floyd Medical Center - Rome
- B - Wellstar Cobb Hospital - Austell
- C - Laurelwood - Gainesville
- D - Peachford Hospital - Dunwoody
- E - Summitridge - Lawrenceville
- F - Anchor Hospital - Atlanta
- G - Willowbrook at Tanner - Carrollton

***NOTE:** These hospitals have been contracted by DBHDD to receive individuals from counties in Region 1.



Community Service Areas

- | | | |
|---|---|---|
| 1 - Lookout Mountain Community Services | 10 - Advantage Behavioral Health Systems | 19 - Phoenix Center Behavioral Health Services |
| 2 - Highland Rivers Community Service Board | 11 - CSB of East Central Georgia (Serenity Behavioral Health) | 20 - Albany Area Community Service Board |
| 3 - Avita Community Partners | 12 - River Edge Behavioral Health Center | 21 - Georgia Pines Community MHM RSA Services |
| 4 - Cobb Community Service Board | 13 - Oconee Community Service Board | 22 - Behavioral Health Services of South Georgia |
| 5 - Douglas Community Service Board | 14 - Ogeechee Behavioral Health Services | 23 - Community Service Board of Middle Georgia |
| 6 - Fulton County MHDDAD | 15 - Pathways Center for Behavioral & Developmental Growth | 24 - Pineland Area Community Service Board |
| 7 - Clayton Community Service Board | 16 - McIntosh Trail Community Service Board | 25 - Union Behavioral Health (formerly Satilla CSB) |
| 8 - DeKalb Community Service Board | 17 - New Horizons Community Service Board | 26 - Gateway Community Service Board |
| 9 - View Point Health (formerly GRN CSB) | 18 - Middle Flint Behavioral Healthcare | |

***NOTE:** Numbered Service Areas are for identification purposes only.

Community Service Providers Located in Region 3

Georgia Crisis & Access Line – (800) 715-4225

Fulton County BHDD
99 Jesse Hill Drive, SE, 4th Floor
Atlanta, GA 30303
Phone: (404) 613-1202

Counties Served:
Fulton

Kathleen Toomey
kathleen.toomey@fultoncountyga.gov

Clayton Center Community Service Board
112 Broad Street
Jonesboro, GA 30236-1919
Phone: (770) 478-2280
Fax: (770) 477-9772

Counties Served:
Clayton

Aundria Cheever, CEO
aundria.cheever@claytoncenter.org

DeKalb Community Service Board
445 Winn Way, Room 464
Decatur, GA 30030-1707
Phone: (404) 294-3836
Fax: (404) 508-7795

Counties Served:
DeKalb

Joseph Bona, MD, Director
josephb@dekcsb.org

View Point Health
175 Gwinnett Drive, Suite 260
Lawrenceville, GA 30346
Phone: (678) 209-2370
Fax: (678) 212-6308

Counties Served:
Gwinnett, Newton, Rockdale

Jennifer Hibbard, CEO
jennifer.hibbard@vphealth.org

Community-Based Services Available in Region 3

BEHAVIORAL HEALTH

Mental Health Services

Adult Core Services are basic outpatient services for people with a serious mental illness or an addictive disease. Services consist of evaluations by both a psychiatrist and a nurse; the development of a treatment plan, which may include prescription medication; a schedule of appointments for outpatient counseling; supported employment; and home visits by a community service worker. Behavioral Health Core Services include:

- Behavioral Health Assessment and Service Plan Development
- Psychological Testing
- Diagnostic Assessment
- Crisis Intervention
- Psychiatric Treatment
- Nursing Assessment and Care
- Medication Administration
- Community Support
- Individual Outpatient Services
- Group Outpatient Services
- Family Outpatient Services
- Pharmaceutical Treatment

Adult Crisis Stabilization Services provide treatment in Crisis Stabilization Units (CSUs). Services include rapid stabilization of the behaviors and symptoms exhibited by persons in an acute phase of mental illness and detoxification services to individuals high on drugs or alcohol.

Adult Inpatient Hospitalization Services support individuals whose behaviors or symptoms are too acute to be effectively managed in a CSU.

Adult Residential Services range from intensive treatment in a small residential setting to providing rent supplements to help a person in recovery live as independently as possible. Residential services may be provided in CSB-operated group homes, or by supported housing in HUD or personal care homes.

Assertive Community Treatment (ACT), also known as “a hospital without walls,” provides full service teams, with small caseloads, that offer more intense services in the community. Region Three has 16 ACT providers working throughout the region to serve approximately 350 individuals. Each team focuses on individuals with a serious mental illness who are most at risk for re-hospitalization, homelessness or incarceration. This service is specified in the DOJ Settlement Agreement.

Case Management (CM) and Community Service Teams go to individuals in their homes, or other places in the community, to support recovery efforts. Caseloads are usually limited to 30 individuals per staff member. These services are adjunct to the Core Services individuals receive and are designed to foster successful living in the community.

Community Support Teams (CSTs) consist of a nurse, a paraprofessional, a licensed team leader and a Certified Peer Specialist. They provide intensive behavioral health services to individuals with severe mental illness who are discharged from a hospital after multiple or extended stays; have multiple discharges from crisis stabilization unit(s), correctional facilities or other institutional settings; or who are leaving institutions but are difficult to engage in treatment. Services include: symptom and medication management, illness self-management, crisis planning, one-on-one psychosocial rehabilitation and links to community resources. This service is provided to individuals to decrease hospitalizations, incarcerations, emergency room visits and crisis episodes, and increase community tenure/independent functioning; time working; and personal satisfaction and autonomy. Through active assistance and based on individualized needs, individuals become engaged in the recovery process.

Crisis Stabilization Units (CSUs) function as emergency receiving facilities and provide crisis services in residential settings to rapidly stabilize the behaviors and symptoms of individuals in acute phases of mental illness, or to provide detoxification services to people high on drugs or alcohol. Individuals are usually discharged in five or fewer days and are referred to a core provider for outpatient services.

Region Three has two adult CSUs, located in Decatur and Lawrenceville. Combined, they provide 52 beds. Approximately 20% of all adult admissions have a diagnosis of substance abuse only, and 30% have a diagnosis of mental illness only, with the balance of patients diagnosed co-occurring. One child & adolescent CSU, providing 27 beds, is operated in Lawrenceville. Nearly 100 percent of all children and adolescents admitted are admitted for mental health issues.

Georgia Crisis and Access Line (GCAL) is the central point of entry for all behavioral health services in Georgia. GCAL is a 24 /7 toll free help-line that directs individuals to personalized services to meet their immediate needs.

Housing Vouchers provide supported housing and bridge funding to persons with serious and persistent mental illness. Supported housing helps individuals attain and maintain safe and affordable housing while supporting their integration into the community. The program is designed to provide housing supports for tenants who are deemed ineligible for any other benefits or for whom a HUD voucher is not available.

Intensive Case Management (ICM) provides individualized supports and resource coordination for adults with a mental illness. ICM facilitates independent functioning, access to necessary services and an environment that promotes recovery. ICM interventions help individuals identify service needs; develop strategies and supportive interventions to avoid out-of-home placement or the need for more intensive services; increase social support networks; and coordinate rehabilitative services. Participation in ICM is expected to decrease psychiatric hospitalizations, incarcerations and episodes of homelessness, and increase housing stability and participation in employment activities. Region Three has one ICM team, which currently serves 60 individuals and receives referrals from CSUs, hospitals, jails, prisons, homeless shelters and street outreach teams. Staff to individual ratio is not to exceed 1:30 in urban areas.

Mobile Crisis Teams (MCTs) have staff on-call 24/7 to respond to any crisis call related to a mental illness or substance abuse issue. The teams conduct face-to-face evaluations at the site of crisis and make recommendations for further treatment if needed. This service is available in Fulton and Clayton Counties.

Projects for Assistance in Transition from Homelessness (PATH) Programs are designed to identify, engage and link those homeless individuals who are unable or unwilling to seek services on their own from mainstream treatment resources. Currently in Region 3, PATH dollars fund outreach services for people with serious and persistent mental illness and co-occurring substance abuse who are also homeless. This outreach service is provided by 6 different providers through outreach teams referred to as PATH teams. Region 3 also funds an organization to provide expertise in filing SSI/SSDI applications and following these applications until approval of benefits is received using the SOAR model.

Peer Support Services provide structured activities within a peer support center that promote socialization, recovery, wellness, self-advocacy, development of natural supports and maintenance of community living skills. Individual Peer Support services are provided in the community by Certified Peer Specialists and help individuals achieve their recovery goals. Peer services are often provided by individuals with lived recovery experience. Activities are consumer motivated, initiated and/or managed and assist individuals in living as independently as possible. Region Three is home to five peer support centers and the Peer Wellness Center in Decatur.

Supported Employment emphasizes that rapid job search and placement should be prioritized above traditional prevocational training or traditional vocational rehabilitation. Job development, placement and training assist people who, due to the severity of their disabilities, need support to locate, choose, obtain, learn and maintain a job. Services include supports to choose and obtain paid employment at competitive wages, individually-based community jobs, and brief training to learn the specific skills necessary to perform and retain a particular job. Region Three provides supported employment services to 126 individuals through 5 different providers. Through the ADA settlement, Region Three received supported employment funding for an additional 28 individuals who meet the ADA criteria.

Supportive Housing services are currently defined by 3 levels: intensive, semi-independent and independent. Intensive services provide individuals with 24/7 staff supervision. Semi-independent services allow individuals to live in their own apartments with staff on-site for at least 36 hours per week. Independent residential services provide residential assistance to individuals who require a low level of residential structure. Region Three has 15 providers offering a total of 605 state-contracted residential beds for behavioral health consumers.

As a result of the ADA settlement and in an effort to expand supportive housing throughout the state, DBHDD administers the Georgia Housing Voucher Program (GHVP). This program supplies state-funded housing vouchers for 12 months to those meeting ADA criteria. At the end of the GHVP, individuals transition to a tenant-based Section 8 housing voucher, a Shelter-Plus-Care placement or other residential options within the region. In addition the GHVP voucher, DBHDD offers **Bridge Funding** of up to \$3000.00 for each signed lease. This funding can be used for rent and utility deposits, moving expenses, initial food and apartment supplies and furniture. Currently Region Three leads the state in number of vouchers/signed leases at 126, with an additional 85 having been approved.

Addictive Disease Services

Detoxification services in Region Three are provided by two private providers and one CSB, offering a total of 73 beds. These services are in accordance with the American Society of Addiction Medication's Level I-D and Level III.2D to III.7 D.

Treatment Court Services are offered through the City of Atlanta Municipal Court and the DeKalb County Government for citizens with addiction issues who are arrested as a result of the substance abuse. Mandatory addictive disease treatment is offered as an alternative to incarceration for those citizens who are assessed to be good candidates for recovery and who agree to participate. The City of Atlanta Municipal Court also offers a mental health court in which citizens with mental health issues are given the opportunity to engage in treatment as an alternative to incarceration after an arrest.

DEVELOPMENTAL DISABILITIES

Developmental Disabilities Services

All services are designed to encourage and build on existing social networks and natural sources of support, and to promote inclusion in the community and safety in the home environment. Contracted providers are required to have the capacity to support individuals with complex behavioral and or medical needs.

The services a person receives depends on a professional determination of level of need and the services and other community resources available:

Adult Occupational Therapy Services promote fine motor skill development, coordination and sensory integration, and facilitate the use of adaptive equipment or technology.

Adult Physical Therapy Services address participants' physical therapy needs resulting from developmental disabilities. These services promote gross and fine motor skills and facilitate independent functioning.

Adult Speech and Language Therapy Services address adult participants' speech and language therapy needs, preserving their speech communication capacity and function.

Behavioral Supports Consultation is the professional-level service that assists participants with significant, intensive and challenging behaviors that interfere with activities of daily living, social interaction, work or similar situations.

Community Access is designed to help participants acquire, retain or improve self-help, socialization and adaptive skills required for active participation and independent functioning outside the home.

Community Guide services are only for participants who opt for participant direction. These services help participants to define and direct their own services and supports and to meet the responsibilities of participant direction.

Community Living Support services are individually tailored supports that assist with the acquisition, retention or improvement of skills related to participants' continued residence in their family homes.

Community Residential Alternatives are available to individuals who require intense levels of residential support in small group settings of four or fewer or in host home/life-sharing arrangements. Services include a range of interventions that focus on training and support in

one or more of the following areas: eating and drinking, toileting, personal grooming and health care, dressing, communication, interpersonal relationships, mobility, home management and use of leisure time.

Crisis Respite Homes exist in residential settings and provide short-term crisis services. Each home serves up to four individuals who are experiencing an emotional/behavioral change and/or distress that leads to a disruption of essential functions. Placement in Crisis Respite Homes occurs when individuals have not responded to less restrictive crisis interventions.

Environmental Accessibility Adaptation consists of physical adaptations to participants' (or family members') homes which are necessary to ensure the health, welfare and safety, or which enable individuals to function with greater independence in the home.

Financial Support Services are provided to assure that participant-directed funds outlined in Individual Service Plans are managed and distributed as intended.

Group Homes are licensed homes that serve up to four individuals with developmental disabilities who require intense levels of residential support. Group Homes provide a range of interventions that focus on training and support in one or more of the following areas: eating and drinking, toileting, personal grooming and health care, dressing, communication, interpersonal relationships, mobility, home management and use of leisure time.

Host Homes are private homes of individuals or families, whether owned or leased, in which life-sharing, residential supports are provided to one or two adults with developmental disabilities, who are not to be related to the occupant owner or lessee by blood or marriage. The homeowners or lessees may not be employed by the provider agency that subcontracts for the host home services.

Individual Directed Goods and Services that are not otherwise be provided through the NOW or Medicaid State Plan may be identified by individuals, support coordinators and interdisciplinary teams, and include services, equipment and supplies.

Individual Support Plan is the range of services an individual receives based on professional determination of need.

Mobile Crisis Services dispatch Mobile Crisis Teams (MCTs) to crisis locations for individuals with developmental disabilities. MCT members are responsible for completing comprehensive assessments of each crisis situation and mitigating risks to health and safety of individuals in crisis and/or others. MCTs also make referrals to intensive crisis services or hospital emergency rooms if necessary.

Natural Support Training exists for individuals who provide unpaid support, training, companionship or supervision to participants.

Prevocational Services prepare participants for paid or unpaid employment and include teaching concepts such as compliance, attendance, task completion, problem solving and safety.

Respite Services provide brief periods of support or relief for individuals with disabilities or their caregivers and include maintenance respite for planned or scheduled relief or

emergency/crisis respite for a brief period of support for participants experiencing crisis (usually behavioral) or in instances of family emergency.

Specialized Medical Equipment consists of devices, controls or appliances specified in the Individual Service Plan, which enable participants to increase their abilities to perform activities of daily living and to interact more independently with their environment.

Specialized Medical Supplies consist of food supplements, special clothing, diapers, bed wetting protective sheets and other authorized supplies specified in the Individual Service Plan.

Support Coordination is a set of interrelated activities that identify, coordinate and review the delivery of appropriate services with the objective of protecting the health and safety of participants while ensuring access to services.

Supported Employment enables participants, for whom competitive employment at or above the minimum wage is unlikely absent the provision of supports, to work in a regular work setting.

Transportation services enable participants to gain access to waiver and other community services, activities, resources, and organizations typically utilized by the general population. These services do not include transportation available through Medicaid non-emergency transportation or as an element of another waiver service.

Vehicle Adaptation includes adaptations to participants' (or family members') vehicles approved in the Individual Service Plan, such as hydraulic lifts, ramps, special seats and other modifications to allow for access into and out of the vehicle as well as safety while moving.

New Options Waiver (NOW) and Comprehensive Supports Waiver (COMP)

The New Options Waiver (NOW) and Comprehensive Supports Waiver (COMP) are Medicaid programs that provide supports to people living with developmental disabilities who want to live at home or in other kinds of community living arrangements. The services offered through these waivers provide supports 24 hours a day, 7 days a week.

The NOW Waiver provides supports to individuals who need less intensive services and do not need 24-hour care. It was designed for people with disabilities who live with family members or in their own home.

The COMP Waiver was designed for people who need a full range of out-of-home services or intensive in-home services. It is also used for people who are transitioning out of institutions into community living.

The New Options Waiver (NOW) and Comprehensive Supports Waiver (COMP) programs represent Georgia's continuous commitment to improve home and community-based services for persons with developmental disabilities.

Both NOW and COMP provide:

- Supports for community connection building and participant direction
- Significant support coordination services to participants and their families
- A participant-centered assessment process to determine individual support needs
- An Individual Service Plan to address the needs of the individual and their family

- An individual budget and a simplified individual budget process that increases flexibility in service delivery to meet individual needs, including a process for interim modifications to the budget
- Significant safeguards for participants and families to ensure the delivery of quality services and supports; and the use of qualified service providers

Service Delivery Methods: All NOW and COMP program participants have two options for receiving services. Participants may choose the provider managed (traditional) service delivery option, or opt to self direct allowable waiver services under the Participant-Direction Option. Both of these methods give participants and family members flexibility, choice and control over the delivery of the waiver services.

Implementation: The Department of Behavioral Health and Developmental Disabilities (DBHDD), Division of Developmental Disabilities implements and oversees day-to-day operations of the waivers. The Department of Community Health (DCH) is the State Medicaid Agency and has oversight of the waivers.

DBHDD is responsible for participant/individual needs assessments, level of care (LOC) determinations, Intake and Evaluation of current and potential waiver recipients, and the assignment of support coordination services. The Department also manages provider enrollment, certification and approvals, in conjunction with DCH.

Behavioral Health Emergency Receiving Facilities

CRISIS STABILIZATION UNITS:

DeKalb Community Service Board

445 Winn Way
Decatur, GA 30030
Phone: (404) 294-0499
Fax: (404) 508-7795

Director: Maggie Shelby, RN
Medical Director: Joseph Bona, MD
josephb@dekcsb.org

View Point Health

175 Gwinnett Drive, Suite 260
Lawrenceville, GA 30346
Phone: (770) 339-5079
Fax: (678) 212-6308

Director: Versie Davis, RN
Medical Director: C. Morgan, MD

STATE HOSPITAL RECEIVING FACILITY:

Georgia Regional Hospital – Atlanta

3073 Panthersville Road
Atlanta, GA 30037
Phone: (404) 243-2216

Regional Hospital Administrator:	Rick Gray, MD
Social Services Chief:	Fred Coleman
Admissions:	Dr. Mendoza