



DBHDD

Georgia Department of Behavioral Health & Developmental Disabilities

ECRH Bulletin

VOLUME 12, ISSUE 5

SEPTEMBER 15, 2015

East Central Regional Hospital

Special points of interest:

- Safety Care Tidbit
DBHDD University Spotlight
Project GREAT Workshop
Employee of the Quarter
Employee of the Month
ECRH Jobs List

From the Desk of the RHA - Paul Brock



Recovery Oriented Care

Recovery is a personal journey through which an individual strives to reach one's full potential. Persons in recovery improve their health and wellness by taking responsibility in pursuing a fulfilling and contributing life while embracing the difficulties one has faced.

As mental health providers we have an obligation to create a recovery-oriented environment of care that fully integrates the principles, practices, and values that allow the individuals we serve a life of recovery and independence.

Recovery accepts that the conditions with which a person lives, be it severe and persistent mental illness, or co-occurring disorders, are long-term conditions that a person will be managing for life.

If you're a new direct patient care employee on the Augusta Campus within the past year, please plan to attend the Project GREAT Workshop - Putting Recovery into Practice scheduled for October 28th 8:30 AM - 11:30 AM.

Sincerely, Paul Brock

You have not lived today until you have done something for someone who can never repay you.

John Bunyan

Inside this issue:

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Tidbits of ECRH History

Do you know that Georgia Regional Hospital at Augusta (now ECRH-Augusta Campus) was quite a training facility in the past? Here's a paragraph from the 1976 Annual Report:

During the Fiscal Year 1976, over 850 students utilized the Georgia Regional Hospital as a clinical facility for practicum experience. These students came from associate degree, baccalaureate, masters, and doctoral programs from the University of South Carolina, University of Georgia, Augusta College, and the Medical College of Georgia.

Contributed by Brian Mulherin

New Employees



Front Row(L-R): Curtis Carey, HST; Markita Andrews, HST; Imani Blocker, HST; Shanna Davenport, FSW
Back Row(L-R): Fred Bush, HST; Kristopher Toresen, HVAC Tech; Timmy Robinson, HST; Dion Williams, Mechanic

Front Row(L-R): Tiwana Hawkinberry, LPN; Darlene Dixon, LPN; Ophelia Gilyard, CNA

Back Row(L-R): Jacqueline Grant, CNA; Jeremy Hertz, Psychologist; Shameeka Webster, HST; Jasmine Woodson, HST



Front Row(L-R): Consuela Marshall, LPN; Selena Hatcher, LPN
Back Row(L-R): Ykeshia Heggs, HST; Coronda Simmons, CNA; Lisa Gates, LPN; Harriett Jones, LPN



WELCOME!

Clinical Director's Corner - Dr. Vicky Spratlin

As we approach the last quarter of Calendar Year 2015, I am reminded of how much activity occurs during the final months of the year. First, we are in the best sports time of the year...FOOTBALL SEASON!! Whether it be college or professional football, it feeds the competitive spirit of the nation like no other sport.

Of course, we have Halloween, Thanksgiving, Christmas, Hanukkah, Kwanzaa, and New Year's Eve. We are also currently in the High Holy Days of the Jewish Religion. L'Shanah Tovah. There are also some less celebrated holidays in the last months of the year: Labor Day, Columbus Day, and Veteran's Day. The names of the second two of these holidays make it obvious what is being celebrated, but I think few people actually realize that the Labor Day observance actually came on the heels of the deaths of workers at the hands of the U.S. Army and Marshals Service during the Pullman Strike of 1894.

After the deaths, Congress unanimously voted to approve the legislation to make Labor Day a national holiday, and Grover Cleveland signed it into law six days after the end of the strike. Today, all U.S. states, the District of Columbia, and the U.S. territories have made it a statutory holiday.



(Continued on page 3)

Clinical Director's Corner - Dr. Vicky Spratlin

(Continued from page 2)

Therefore, Labor Day represents more than just the symbolic end of summer and a great day to have a picnic at the lake. It recognizes another time in U.S. history when citizens lost their lives standing up for a cause in which they believed. I appreciate and acknowledge those ECRH employees who worked on Labor Day.

I would also like to acknowledge the Clinical Director's Choice recipient's for September:

Tiffany Snow (Work Therapy Director), Bianca McIntosh, LCSW (GMH), and Dr. Michael Rollock (Psychologist on GMH)—these are the leaders of the ECRH Community Reintegration Program, and they do a phenomenal job in planning recovery activities which will enable our individuals to more easily reintegrate into the community after lengthy hospitalizations.

Charity Sims (Activity Therapist)—Ms. Sims was instrumental in assisting with distributing “on unit” TIP snacks when the units were unable to attend the TIP store due to unit restrictions following the outbreak of a GI virus.

Thanks to these four exceptional employees and everyone who makes ECRH the kind of place with which I am proud to be affiliated.

Safety Care Tidbit - Differential Reinforcement

Differential Reinforcement (DR) is a way to reinforce positive behavior instead of challenging behavior. If we do that then the challenging behavior will probably happen less often.

How to use DR

1. Identify and define the specific challenging behavior
2. Praise and reinforce the individual when not engaged in the challenging behavior.
3. Withhold attention and reinforcement when the individual is engaged in challenging behavior.

Ways of Delivering DR

Continuous DR: When one staff person stays with one individual to provide reinforcement and praise when the challenging behavior is not happening, even for just a few seconds.

Random DR: When we catch an individual or several individuals not engaged in the challenging behavior we provide praise and reinforcement.

Structured DR: When expectations are set and reinforcers are identified for individuals. As the individual meets the expectation (goal) he/she will then receive the reinforcer (i.e., stickers, personal time, TIP points or any other item/activity that the individual may value, that was previously identified). Schedules, point sheets and checklists can help the individual to keep track of the expectations (goal) and the reinforcers.



Employee of the Quarter

Christina A. "Christy" Hall was named as our Employee of the Quarter for the 4th Quarter of FY 2015. Ms. Hall is a Behavioral Health Counselor from AMH. She consistently has gone above and beyond to assist her individuals and to provide advocacy for their rights. She works hard and diligently each day and is frequently looked to by the MD to carry out his specific requests regarding individuals. Her insight is invaluable to the team and she is a true team player. She makes a daily effort to speak with all of the individuals on her caseload to ensure that their needs and wants are met. She is a voice for her individuals and she makes sure that they are heard. She is truly an asset to AMH and the entire Augusta Campus. Congratulations and Thank You Christy!!!



Christina Hall, Dr. Jason Henle, Dr. Linda Vitacco

Editor's Note: As of June 30, 2015, the Employee of the Quarter program at ECRH has been terminated. If an effort to recognize more employees for the excellent jobs they perform, we have now begun to recognize an Employee of the Month. Our first two winners are named below.

Employee of the Month



Kristie Corbett, RHA Paul Brock, and Clinical Director Vicky Spratlin

July

Ms. Corbett consistently provides exceptional service for our individuals on the Forensic I Unit. She is very proactive about ensuring they receive the care they deserve and are comfortable on the unit. She goes out of her way to follow-up with any outside treatment that takes place. She is always willing to help out in any capacity without complaint. She demonstrates patience, kindness, and works well with all staff members. Her performance shows she is truly dedicated and passionate about her work and our individuals. Ms. Corbett is truly a great asset to Forensic I, as well as ECRH. Thanks for all you do Kristie. We really appreciate it!

August

Cassandra Green has been a dedicated employee for over 30 years. She has seen a phenomenal amount of changes throughout her tenure, but has remained loyal to our individuals. She is the "Mother" of our Dental Clinic, taking care of staff and individuals alike. She is very knowledgeable of how things should be done. She has always been a team player and communicates well with our individuals, care givers, and staff. She has a warm disposition and can really charm our individuals into compliance. We are so happy to have been blessed with her years of service. She is one of ECRH's finest! Thank you for your service Ms. Green and congratulations on this recognition.



RHA Paul Brock, Cassandra Green and Clinical Director Vicky Spratlin

Safety Shop

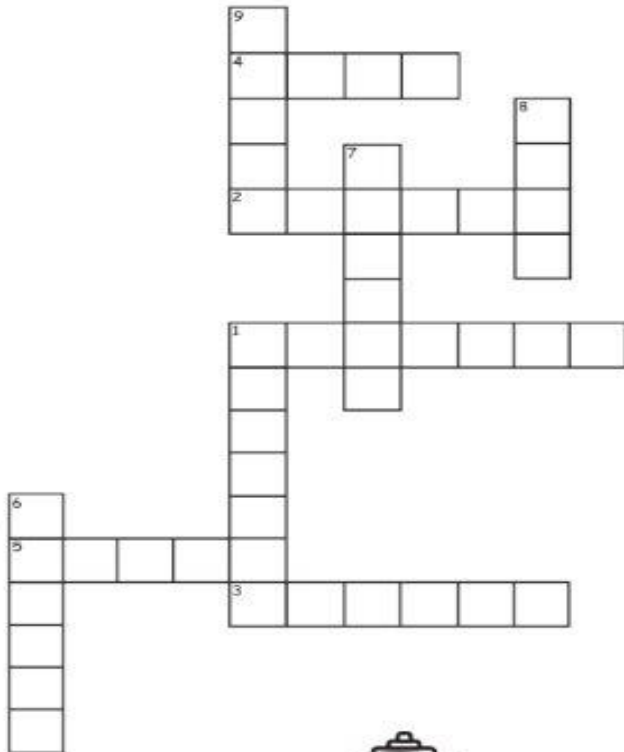
Fire Safety Crossword

Across:

1. Have a _____ place outside your home.
2. Firefighters drive fire _____.
3. Practice fire _____ every day.
4. Stop, _____ and roll if your clothes catch on fire.
5. Replace the batteries in your _____ detectors once a year.

Down:

1. Never play with _____.
6. Know the _____ plans for your home.
7. Memorize the fire department's phone _____.
8. A firefighter uses a _____ to put out a fire.
9. Have an _____ light fireworks.



Answers:

Across: 1. meeting; 2. trucks; 3. safety; 4. drop; 5. smoke
 Down: 1. matches; 6. escape; 7. number; 8. hose; 9. adult



HR Partners

ECRH Human Resources Team Doug Fine - HR Manager

Elaine Biley – HR Generalist/Operations Manager– Oversees HR Operations, Payroll/Kronos, and Personnel Records Management. Assist with Leave-keeping Issues/Audits, Benefits, Management Training, Workers' Compensation program and Special Projects

Rhonda Vivor – Employee Relations Specialist – Coordinates Employee Relations including : employee/manager issues and concerns, HR Investigations, Grievances, Unemployment, Performance Management , Management Training and EAP information, oversees criminal background process.

Ronald Watson – Recruiter – Oversees the local Recruitment Process: Maintains/updates job vacancy website. Coordinates Resume Review, Phone Screens, Reference Checks, Selection/New Hire Processing, HR Training, and supports Criminal Background Process

Brenda Fedrick -- Benefits and Leave Coordinator - Coordinates and assists with: Employee Benefits, Leave of Absences LOA), Family and Medical Leave (FMLA), Retirement, HR Training

Bonita Wilson -- Benefits and Leave Coordinator Coordinates and assists with: Employee Benefits, Leave of Absences (LOA), Family and Medical Leave (FMLA), Retirement, HR Training

Melanie Harris- Recruitment Technician- Coordinates and assists with: Selection/New Hire Processing, Hire Packet Processing Pre-Employment Processing and HR Training. Assists and supports the Recruiter as a back-up as needed. Facilitates Criminal Background Check Process

Dameka Garner – HR Transactions and Payroll Specialist - Coordinates Payroll and Transactions, Kronos, HR Training, Performs audits and special projects.

Nadine Williams – HR Transactions and Payroll Specialist – Coordinates Payroll and Transactions, Kronos, HR Training, Performs audits and special projects.

Jassica Speer-Cater – HR Assistant - Manages the HR Front Desk/Lobby Area, Assistant to the HR Team and HR Manager, Faithful Service Awards

Sharyle Courtney-Garrett - HR Assistant-Random Drug Screening Coordinator, Salary Analyses, Critical Hires Verifications, Position Management, PeopleSoft Queries, Faithful Service Awards support, HR Training Class Registrations, Primary backup team member at the Front Office.

Human Resources Department

ECRH

Main Office Telephone Number- 706-792-7177

Main Office Fax Number 706-792-7328

Office: Gracewood Campus Building 103-A

Note these important dates!

Benefits Fair: October 16, 2015 from 4 pm – 6 pm

Benefits Open Enrollment Period: October 19, 2015 – November 6, 2015

HR Partners

Whatever the Problem

Stress	Dependent Care	Relationship Concerns
Drugs	Legal	Depression
Family Problems	Gambling	Alcoholism
Financial Trouble	Anxiety	Marriage Difficulties

We Can Help

Caring and Confidential
help for personal and family problems



1-855-584-3855
www.eapconsultants.com
password: DBHDD



Provided by the Georgia Department of Administrative Services



DBDHH University Spotlight

DBHDD Salutes the Recovery-Oriented Community Reintegration Team at ECRH



From (L to R): Bianca McIntosh, Michael Rollock and Tiffany Snow

Scope and goals of the Recovery-oriented Community Reintegration team at ECRH:

The Recovery-oriented Community Reintegration Team was formed at ECRH in 2013 out of the commitment and passion to fill the treatment gap between hospitalization and community-based placements and thus create more sustained transitions to the community for individuals with even the most challenging behavioral health needs. The Community Reintegration Program is hospital-based and focuses heavily on empowering individuals to be actively engaged in their recovery through a variety of on-campus and off-campus experiences, including regular Community Reintegration outings. Specifically, this program has targeted certain subsets of individuals within the hospital who present with specialized needs. This includes individuals who are dually diagnosed, meaning diagnosed with both a mental illness and an intellectual or developmental disability, and individuals who are diagnosed with severe and persistent mental illnesses. The Community Reintegration Team is committed to utilizing interdisciplinary, recovery-oriented, and evidenced-based approaches, such as Recovery-oriented Cognitive Therapy developed through the Beck Initiative. This team is currently led by Dr. Michael Rollock, Bianca McIntosh, and Tiffany Snow who also hold additional roles and responsibilities at ECRH. This team hopes to continue efforts to train and coach multiple disciplines to utilize these approaches to create more successful and sustained transitions from the hospital to the community.

<p>Bianca McIntosh, <i>MSW, LCSW</i></p> <p>What is your role at DBHDD?</p> <p>I am a Licensed Clinical Social Worker currently assigned to the General Mental Health Unit (GMH) on the Augusta Campus at East Central Regional Hospital. I have also been assigned to</p>	<p>Michael Rollock, <i>Ph.D.</i></p> <p>What is your role at DBHDD?</p> <p>I am an Assistant Professor in the Department of Psychiatry and Health Behavior at Georgia Regents University (GRU) and I practice as a licensed clinical psychologist on the General</p>	<p>Tiffany Snow</p> <p>What is your role at DBHDD?</p> <p>I am currently serving as the Work Therapy Coordinator for East Central Regional Hospital's Augusta Campus.</p>
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DBDHH University Spotlight

the newly developed Community Reintegration Program.

How does your role support the mission of DBHDD?

As a Social Worker, I utilize the Strengths Perspective, which focuses on strengths, abilities and the potential of the Individual rather than the problems, deficits and or pathology. This approach highlights the capacity for change and self-determination. It uses the identified family/ social supports, the community and the environment as one of the biggest resources to support the Individuals overall goals.

Why did you choose to work at DBHDD?

Prior to working for DBHDD I was employed as a Social Worker with the Department of Family and Children Services in DeKalb County. As I looked for ways to continue my career growth and development I noticed that DBHDD offered a hands-on approach in transitioning Individuals with serious and persistent mental illness and developmental disabilities into the community by utilizing a recovery-oriented and collaborative process. This afforded me the opportunity to work not only with the Individual and their identified supports but the overall system to help create new ways of viewing and developing effective transition processes.

What does the statement DBHDD: A Learning Organization mean to you?

The statement recognizes that the organization continues to strive for excellence by acknowledging the need for education, research and program development by offering training opportunities within the organization and collaborations with external entities.

What do you do for fun?

I Love to travel the world with friends and family.

What is your guiding philosophy?

One of my Guiding philosophies is "I will either find a way or make one". One of the major challenges is overcoming obstacles and adversities within ourselves and the system. I believe that everyone has the capacity to contribute something to their communities and in doing so empower others to find or make new avenues for change.

Mental Health (GMH) unit at East Central Regional Hospital (ECRH) through its partnership with GRU.

How does your role support the mission of DBHDD?

I have been trained in recovery-oriented cognitive behavior therapy as well as strength-based, systemic, and culturally thoughtful approaches to enhancing the behavioral health and quality of life of underserved individuals with severe mental illnesses and developmental disabilities. While these approaches are beneficial in direct clinical care (e.g., psychotherapy), I am able to further maximize their benefit by collaborating closely with and educating community-based living providers, healthcare providers, family members, and hospital-based staff in order to facilitate a more effective continuum of care upon discharge.

Why did you choose to work at DBHDD?

I saw that DBHDD had been making strides to become a more person-centered and recovery-oriented organization. I recognized that these approaches can present challenges in their implementation, especially in an inpatient psychiatric setting, and was excited by the challenge and opportunity to participate in meaningful work about which I am passionate.

What does the statement DBHDD: A Learning Organization mean to you?

I believe the statement acknowledges the importance of continuous and relevant education for all DBHDD employees, while also suggesting that the organization as a whole must continue to learn, to be open to new knowledge, and to be adaptable to change within our dynamic healthcare environment.

What do you do for fun?

I love to try new foods from different cultures whenever possible, to play the guitar (although my skills haven't advanced in quite a number of years), to write poetry and short stories, and to explore new cities with my wife.

What is your guiding philosophy?

I think a lot about happiness, and the complexities of what it means to be happy, to live a happy life, or to bring about happiness in others. My guiding philosophy is that despite, and perhaps because of the many challenges that human beings face in a lifetime, it is a worthwhile and indeed necessary endeavor to understand what is best in each of us and how we can use it to create a life worth living.

How does your role support the mission of DBHDD?

My role as the Work Therapy Coordinator supports the mission of DBHDD by striving to provide a continuum of job options, training, and support for individuals with a variety of vocational skill levels and in various stages of recovery. Additionally, prior to joining East central Regional Hospital, I directly provided and supervised community-based mental health services for adults, youth, and families. I gained experience and training that allowed me to work intensely with individuals with mental illnesses to prevent out-of-home placements and sustain successes in community settings. I am highly committed to delivering strengths-based, recovery-oriented, and evidenced-based approaches to help the individuals we serve lead a life of recovery and independence.

Why did you choose to work at DBHDD?

I choose to work at DBHDD because I have a great passion for working with individuals with behavioral health challenges. I find my work at DBHDD rewarding and personally fulfilling. I enjoy coming alongside individuals and families to help them live a meaningful life in our communities.

What does the statement DBHDD: A Learning Organization mean to you?

This statement means that DBHDD is committed to continually learning and growing in order to provide the highest quality of care. I believe that DBHDD is open to exploring ways to incorporate new research and evidenced-based practices in order to produce the best possible outcomes for the individuals we serve.

What do you do for fun?

I enjoy frequently browsing antique shops for unique and fun decorating ideas. I also enjoy nature hikes and being outdoors.

What is your guiding philosophy?

My guiding philosophy is rooted in hope. At an early age, I witnessed the power of hope in overcoming adverse situations in my own family. I believe that it is our responsibility to be always hopeful in working with the individuals we serve, even when it appears that all hope has been lost. As we maintain an attitude of hopefulness, we can then see even the seemingly small advances as huge successes. This attitude of hopefulness can then become a catalyst for recovery.

Project GREAT Workshop - Putting Recovery into Practice

Alex Mabe, Ph.D.

Brian Anderson, CPP

Michael Rollock, Ph.D.



Date/Time: October 28th @ 8:30-11:30

Location: Gym – Augusta Campus

Target Audience: Psychiatrists, psychologists, social workers, professional counselors, nurses, case workers, HSTs, and peer specialists who are providing mental services/support at ECRH who have not attended before must attend.

Workshop Objectives:

1. Assist MH providers to examine their practice from a consumer perspective and be motivated for positive change.
2. The MH providers will learn the fundamental principles of the recovery model of mental health care and be able to apply these principles to clinical practice issues.
3. The MH providers will begin to recognize the need for promoting attitudes of hope and empowerment in partnership with consumers of MH care.
4. The MH providers will become familiar with potential obstacles to the implementation of a recovery model of mental health care.
5. The MH providers will become familiar with recovery practice habits, skills, and “practice tools” that will assist them in implementing the recovery model of mental health care within their mental health care practice/system.

Noticed by the Gnome - August

During the month of August, 2015, we received 39 nominations for our employees to be Noticed by the Gnome. A big THANK YOU goes out to these employees and to those who took the time to recognize the good work that was being done by others.



Kimberly Tiller	Lisa Folsom	Matt McCue	Teshia Blount
Cassandra Green	Ida Newman	Cynthia Collier	Toscha Charles
Joe Beck	Eddie Scurry	Lynn Hall	Gloria Williams
Bill Carter	Caprisa Ingram	James Taylor	Otis Clemmons
Kenneth Lester	Delores Grant	Derrick Elam	Paula Samuels
Jacquanee McManus	Jenelle Harris	Douglas Fedrick	Harriett Jones
Jassica Cater-Speers	Shanta Searles	Robert Stolf	Shabakka Shank
Sharyle Courtney-Garrett	Teresa Crouch	Stuart Waller	Alecia Moody
Skip Earnest	Carlyetta Jones	Earnestine Martin	Suzanne Bedicheck
Bridgett Brunson	Deb Griffin	Cavada Robertson	

"Caprisa Ingram is always willing to help."

"Eddie Scurry had an excellent response to a Code Blue in Bldg. 8."

"Delores Grant for her willingness to provide support for our Plan of Correction."

"Carlyetta Jones for going above and beyond for our individuals."

"Jenelle Harris and Shanta Searles for going above and beyond the call of duty."

"Teresa Crouch for an excellent job in Incident Management."

"Deb Griffin is willing to do anything to make Gracewood better."

"Gloria Williams, Otis Clemmons, Paula Samuels, Harriett Jones, Shabakka Shank, Alecia Moody, and Suzanne Bedicheck are a great group of 3rd shift employees that truly care about the individuals they serve."

"Matt McCue for returning and his willingness to go above and beyond for people with intellectual disabilities."

"A big hand for the Grounds Crew! They are appreciated for all they do to make our hospital look nice. Lynn Hall, James Taylor, Derrick Elam, Douglas Fedrik, Robert Stolf, and Stuart Waller."

"Earnestine Martin, Cavada Robertson, Teshia Blount, and Toscha Charles are team players and their efforts are greatly appreciated."

"Cynthia Collier for always providing assistance when needed."

Noticed by the Gnome - July



"Harold "Skip" Earnest for a tremendous job supporting the Faithful Service program."

"We are so happy that Mr. Lester came here from the Craig Center. It was a lucky day for us."

"Kimberly Tiller always has a smile and is willing to help. Often, Housekeepers get overlooked, but with her great attitude, she should never be overlooked."

"Joe Beck is one of the hardest working people imaginable. He seems to have a positive relationship with every individual who lives at Gracewood. He is well known for working with some of the most challenging individuals and obviously enjoying the relationships. Staff appreciate his assistance and backing."

"Ms. Cassandra green has been a dedicated employee for over 30 years. She is the "Mother" of our Dental Clinic. She takes excellent care of our staff and individuals."

"Ms. McManus is a wonderful HST. She's always animated and cheery, and she really makes outings for her unit special by the way she gets the individuals involved. It's always fun to work when she's around."

"Bill Carter is perfectly suited for his job. He's optimistic and cheerful, thinks positively of others, and is always looking for other's strengths. "

"Sharyle Courtney-Garrett played an important part in the coordination of the Faithful Service Awards program. She helped to make the events special and of high quality."

"Jassica Cater-Speers was tasked with coordinating the Faithful Service Awards events. She took the ball and ran with it. Both events turned out wonderfully and were greatly appreciated by all honorees and attendees."

DD Services

ECRH Incident Management Hotline Procedure

The purpose of this Hotline is to establish an alternate means of reporting incidents in a timely manner. The Hotline is to be utilized by any employee, contractor, family member, visitor and volunteer that may feel uncomfortable reporting an incident or allegation of abuse, exploitation or neglect in person. This is an **alternate** reporting system and by no means will it replace the current protocol outlined in the IM Policy.

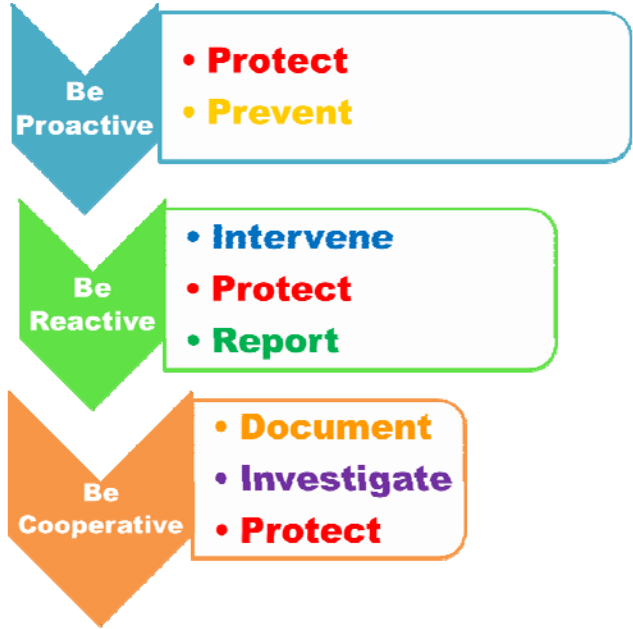
Hotline Number:
(706) 945-7150



PRIDE IN PLACE - It Starts with Me

*"If you change the way you look at things,
the things you look at change." - Wayne Dyer*

Our Role in Protecting Our Individuals from Harm



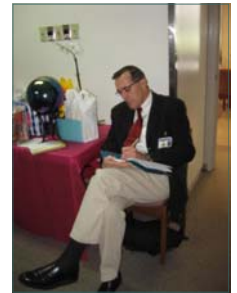
Out & About

9-11 Remembrance



Out & About

Lisa Kuglar Retirement



Out & About

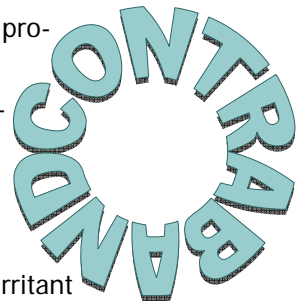
Jackie Huff Retirement



Hospital Security - Contraband Items

The following is a non-inclusive list of items which are contraband, and as such, are prohibited on the ECRH campuses.

- 1) Weapons and/or simulated weapons, to include firearms, bows and arrows, cross-bows, and martial arts weapons.
- 2) Ammunition and incendiaries exclusive of properly stored highway safety flares.
- 3) Explosive materials and/or devices.
- 4) Tear gas, chemical mace, pepper spray, or any device containing related chemical irritant agents.
- 5) Electroshock weapons.
- 6) Knives.
- 7) Alcoholic beverages.
- 8) Controlled substances which are possessed without a valid prescription in the name of the possessor.
- 9) Articles used in the sale, manufacture, delivery, or use of unlawful drugs or controlled substances.



We ask for your cooperation in keeping our campuses safe and free from prohibited items.

Training at a Glance - September

Class	Date	Time	Place
Updated Safety Care Level #1	9/16/2015	8:00 a.m.-2:30 p.m.	BLDG 99F
NEO Principles of Recovery	9/16/2015	9:30 a.m.-10:30 a.m.	BLDG 103-D E&R
First Aid	9/16/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C ROOM C-23
CPRA	9/16/2015	1:00 p.m.-4:30 p.m.	BLDG 103-C ROOM C-23
NEO Infection Control and Prevention+Handwashing	9/17/2015	9:00 a.m.-10:30 a.m.	BLDG 103-D E&R
EMR Nursing	9/17/2015	8:00 a.m.-1:30 p.m.	BLDG 103-C ROOM C-18
NEO PBS Training	9/17/2015	8:00 a.m.-4:30 p.m.	BLDG 20 Gracewood
CPRC	9/17/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
Ostomy DD Training	9/18/2015	8:00 a.m.-10:00 a.m.	BLDG 103-C Lab
Updated PNS Professional	9/18/2015	10:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO Safety Care Level #1	9/18/2015	8:00 a.m.-4:30 p.m.	BLDG 99F
NEO Safety Care Level #2	9/18/2015 9/21//2015 9/22/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 pm. 8:00 a.m.-12:00 p.m.	BLDG 99L
Updated Seizure Management	9/18/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-D E&R
Infection Control and Prevention+Handwashing	9/21/2015	1:00 p.m.-2:30 p.m.	BLDG 103-D E&R
Updated PNS End User	9/21/2015	1:00 p.m.-2:00 p.m. 2:00 p.m.-3:00 p.m. 3:00 p.m.-4:00 p.m.	BLDG 103-C Room C-23
Updated Seizure Management	9/21/2015	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-C E&R
Updated PNS Professional	9/22/2015	8:00 a.m.-10:00 a.m. 10:00 a.m.-12:00 p.m.	BLDG 103-C Lab
Updated Safety Care Level #2	9/22/2015 9/23/2015	12:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99L
NEO CPRA	9/23/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
NEO CPRC	9/23/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO First Aid	9/23/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Updated MH Incident Management	9/23/2015	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-D E&R
NEO Medical Emergency Response System	9/24/2015	8:00 a.m.-12:00 p.m.	BLDG 103-D E&R
NEO Seizure Management	9/24/2015	12:30 p.m.-2:30 p.m.	BLDG 103-D E&R

Training at a Glance - September

Class	Date	Time	Place
Fundamental Contraband	9/24/2015	8:00 a.m.-9:00 a.m. 9:00 a.m.-10:00 a.m. 10:00 a.m.-11:00 a.m.	BLDG 103-C Room C-23
Comprehensive Contraband	9/24/2015	1:00 p.m.-3:00 p.m. 3:00 p.m.-5:00 p.m.	BLDG 103-C Room C-23
Updated Safety Care Level #1	9/24/2015	8:00 a.m.-2:30 p.m.	BLDG 99L
CPRC	9/24/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO Observation of Individual to Ensure Safety	9/25//2015	8:00 a.m.-10:30 a.m.	BLDG 103-D E&R
NEO Seclusion and Restraint	9/25/2015	1:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Defensive Driving	9/25/2015	8:00 a.m.-2:30 p.m.	BLDG 103-C Room C-23
Updated PNS Professional	9/25/2015	1:00 p.m.-3:00 p.m.	BLDG 103-C Lab
Updated Safety Care Level #2 (weekend)	9/26/2015 9/27/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
Infection Control and Prevention+Handwashing	9/28/2015	9:00 a.m.-10:30 a.m.	BLDG 103-C Lab
Therapeutic Incentive Program	9/28/2015	8:30 a.m.-10:00 a.m.	BLDG 103-D E&R
Updated PNS End User	9/28/2015	8:00 a.m.-9:00 a.m. 9:00 a.m.-10:00 a.m. 10:00 a.m.-11:00 a.m.	BLDG 103-C Room C-23
MH-Updated Incident Management	9/28/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Safety Care Level #2	9/28/2015 9/29/2015 9/30/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
NEO PNS Professional	9/29/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Room Lab
NEO PNS End User	9/29/2015	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
CPRA	9/30/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
First Aid	9/30/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Updated Safety Care Level #2	9/30/2015 10/1/2015	12:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99L

Unit designated scheduler should e-mail all class requests to Runtha Giddens.

Effective Friday 2/6/15 Safety Care classes will be as follows:

Safety Care Level #2- 16 hours

Updated Safety Care Level #2- 12 hours

Safety Care Level # 1- 12 hours

Infection Control - Childhood Obesity



About 1 of every 5 (17%) children in the United States has obesity and certain groups of children are more affected than others. While there is no single or simple solution, National Childhood Obesity Awareness Month provides an opportunity for learning about ways to prevent and address this serious health concern.

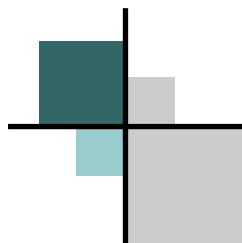
Childhood obesity is a major public health problem.

- Children who have obesity are more likely to have obesity as adults. This can lead to lifelong physical and mental health problems, including diabetes and increased risk of certain cancers.
- Children who have obesity face more bullying and stigma.
- Childhood obesity is influenced by many factors. For some children and families factors include too much time spent in sedentary activities such as television viewing; a lack of bedtime routine leading to too little sleep; a lack of community places to get adequate physical activity; easy access to inexpensive, high calorie snacks and beverages; and/or a lack of access to affordable, healthier foods.

There are ways parents can help prevent obesity and support healthy growth in children.

- To help ensure that children have a healthy weight, energy balance is important. To achieve this balance, parents can make sure children get adequate sleep, follow recommendations on daily screen time, take part in regular physical activity, and eat the right amount of calories.
- Parents can substitute higher nutrient, lower calorie foods such as fruit and vegetables in place of foods with higher-calorie ingredients, such as added sugars and solid fats.
- Parents can serve children fruit and vegetables at meals and as snacks.
- Parents can ensure access to water as a no-calorie alternative to sugar-sweetened beverages.
- Parents can help children get the recommended amount of physical activity each day by encouraging them to participate in activities that are age-appropriate and enjoyable. There are a variety of age appropriate aerobic, muscle and bone-strengthening activities that kids can do.

For More Info <http://www.cdc.gov/features/childhoodobesity/index.html>



Gracewood Post Office

Window Hours

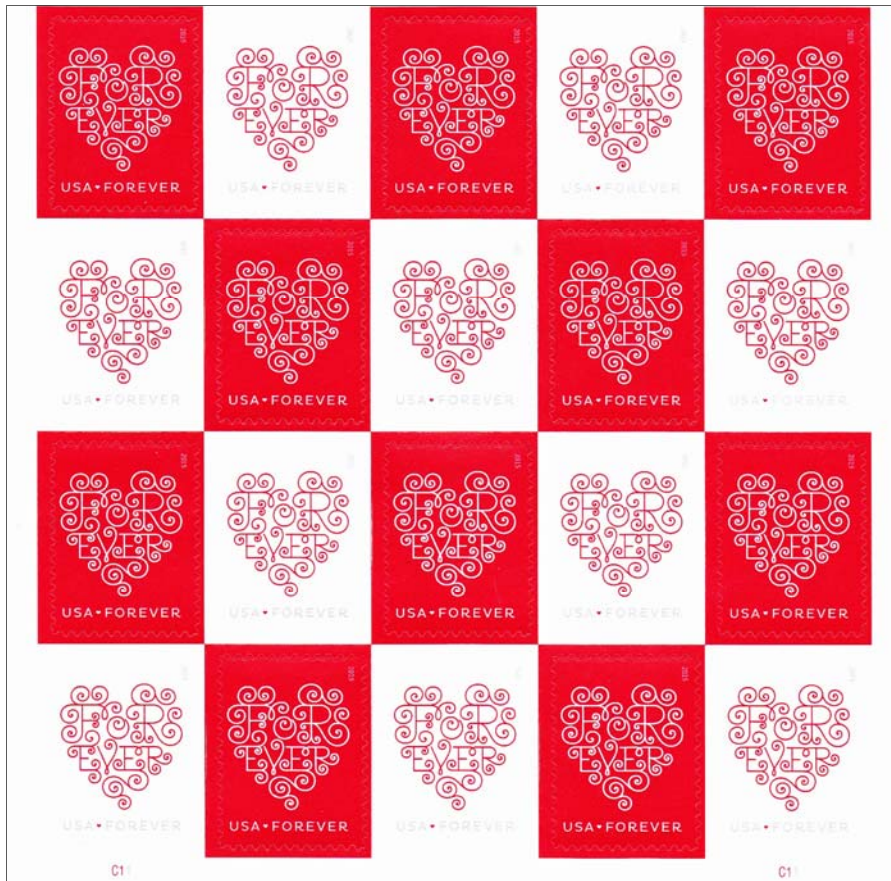
M-F 10:00 am-12:30 pm

1:30 pm-4:30 pm

Sat 9:00 am-10:45 am



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NOTICE Items for publication must be submitted in written form. The upcoming issue's deadline is September 23, 2015. All articles and notices submitted for publication in the East Central Regional Hospital Bulletin are subject to editorial discretion. Please contact the Bulletin editor if you have questions regarding editorial decisions.



Our Mission

The mission of East Central Regional Hospital is to provide safe, competent and compassionate services to persons with mental illness and/or developmental disabilities.

Our Vision

The vision of our Facility is to be a center of excellence in the provision of comprehensive, responsive and compassionate care for consumers and their families.

Our Values

East Central Regional Hospital is caring and therefore, responsive to our consumers, their families, stakeholders and our employees through commitment to our core values:

Integrity

Communication & Collaboration

Accountability

Recognition through Relationships

Empowerment through Excellence



Accredited
by
The Joint Commission

Campus Marquees

Deadline for submission of

OCTOBER MESSAGES

September 23, 2015

Submit information to Skip Earnest

Gracewood Campus

Extension 2102

(Information must be submitted on or before the indicated date to be placed on Marquees for the following month.)

DBHDD Vision and Mission

Vision

Easy access to high-quality care that leads to a life of recovery and independence for the people we serve



Mission

Leading an accountable and effective continuum of care to support Georgians with behavioral health challenges, and intellectual and developmental disabilities in a dynamic health care environment

ECRH Jobs List

This is a list of job openings currently available at East Central Regional Hospital. For further information regarding these positions, please go to the DBHDD webpage at www.dbhddjobs.com.

[Activity Therapist - Augusta Campus](#)

[Activity Therapy Leader - Gracewood Campus](#)

[Assistant Housekeeping Director](#)

[Auditor - Psychology](#)

[Auditor - Social Work](#)

[Billing Specialist](#)

[Budget/Accounting Supervisor](#)

[Client Support Worker - Gracewood](#)

[CNA - Skilled Nursing Facility](#)

[Counselor - Group Facilitator](#)

[Dental Assistant](#)

[Director of Clinical Information Systems](#)

[Executive Secretary - DD Services - Gracewood Campus](#)

[Food Service Operations Worker 1](#)

[Food Service Operations Worker 2/Senior](#)

[Food Service Supervisor \(2 Open Positions\)](#)

[General Trades Craftsman](#)

[Groundskeeper](#)

[Group Facilitator/Counselor - AMH Mall](#)

[Health Service Technician 1 - Augusta Mental Health Campus](#)

[Health Service Technician 1 - Gracewood Campus](#)

[Health Services Technician 2 - Augusta Mental Health Campus](#)

[Health Services Technician 2 - Gracewood Campus](#)

[Housekeeper](#)

[Housekeeping Manager](#)

[Housekeeping Team Leader](#)

[HVAC Repair Technician](#)

[Incident Management Analyst \(WL\)](#)

[Instructor 1 - ICF/MR Treatment Mall -ECRH](#)

[Laundry Worker](#)

[Licensed Nursing Home Administrator](#)

[Licensed Practical Nurse \(LPN\) - Gracewood Campus](#)

[Licensed Practical Nurse \(LPN\) - Augusta Mental Health Campus](#)

[Licensed Practical Nurse - Hourly/Part-time - Gracewood Campus](#)

[Licensed Practical Nurse - Hourly/Part-time -Augusta Campus](#)

[Mechanic](#)

[Mechanic Foreman](#)

[Nurse Manager - Gracewood Campus](#)

[Nurse Practitioner - Skilled Nursing Facility](#)

[Occupational Therapist](#)

[Pharmacist - Advanced](#)

[Pharmacy Technician](#)

[Program Assistant - Redbud Unit - Gracewood Campus](#)

[Psychiatric Nurse Practitioner - Augusta Mental Health Campus](#)

[Qualified Intellectual Disabilities Professional](#)

[Registered Nurse \(RN\) - Augusta Mental Health Campus](#)

[Registered Nurse \(RN\) - Charge Nurse - Augusta Campus](#)

[Registered Nurse \(RN\) - Charge Nurse - Gracewood Campus](#)

[Registered Nurse \(RN\) - Hourly/Part-time - Augusta](#)

[Registered Nurse \(RN\) - Hourly/Part-time - Gracewood](#)

[Registered Nurse \(RN\) - Skilled Nursing Facility](#)

[Registered Nurse \(RN\) -Gracewood Campus](#)

[Service Director/Charge Nurse - Gracewood Campus](#)

[Shift Supervisor - Gracewood Campus](#)

[Skilled Utility Worker](#)

[Steam Plant Operator](#)

[Training Specialist 1](#)

[Work Instructor 1 - Gracewood Campus](#)

[Workers' Compensation Coordinator](#)