



DBHDD

Georgia Department of
Behavioral Health & Developmental Disabilities

ECRH Bulletin

VOLUME 12, ISSUE 9

NOVEMBER 13, 2015

East Central Regional Hospital

Special points of interest:

- *The Joint Commission*
- *Holiday Events Calendar*
- *Community Reintegration*
- *Augusta Work Therapy*
- *Charitable Contributions*
- *Taking Flight*
- *Parade Entry Form*

"Dreams and dedication are a powerful combination."

William Longgood



Environment of Care Success

For the past few years, seven of the top 10 citations from the Joint Commission surveys stemmed from problems in the health care environment of care.

Means of egress citations are near and dear to the Joint Commission and routinely hit the top of their list. Most means of egress citations have to do with corridor clutter.

Facility managers are often frustrated with these type of citations because it is not necessarily maintenance equipment left in the corridors causing the problem, but items used by clinicians and support staff, including wheelchairs and IV poles, etc. It's absolutely essential that all of us understand the importance of keeping hallways clear. Unit evacuation exercises and fire drills should serve as a reminder to all of us why this is so important. Successful corridor clutter management requires continuous monitoring and care of our environment.

Another recurrent environment of care issue cited by the Joint Commission relates to problems with sprinklers, including the requirement to maintain 18 inches or more of open space from below the sprinkler deflector to the top of any storage located below, along with the propping of doors for one's convenience. Just like corridor clutter, unit employees and others are likely the ones stacking items on top of shelves or bracing open doors for one's accessibility. This is another instance where success only comes by everyone maintaining mindfulness to the safety standards required in our care environment.

Being conscientious of keeping our corridors clear, storage areas compliant and doors closed, will be critical to ensure everyone's safety and ECRH's lasting success. Thank you.

*Sincerely,
Paul Brock*

●●●●●●●●●●
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Tidbits of ECRH History

In July, 1921, (94 years ago), the TRAINING SCHOOL FOR MENTAL DEFECTIVES received its first residents. By January 1, 1922, fifty residents were registered and the GRACEWOOD CAMPUS was under way. What was the staffing?

During a month of preparation, this was the staff: the Superintendent, a general foreman, a farmer in charge of the farm and dairy, a stenographer, a matron in charge of the boys' cottage with one male assistant, a matron in charge of the girls' cottage, a sewing-room matron, a male cook, a principal of the school, a school assistant, a laundress and helper to also assist the cook, a dairyman and two field hands.

And let's not forget the mules for the field hands!

Contributed by Brian Mulherin

New Employees



Front Row(L-R): Shamiqa Karim, CNA; Vanessa Aguirre, CNA; Tichanna Collins, CNA

Back Row(L-R): Kristy Dozier, CNA; Jasheera McBride, HST

(L-R): Betty Jones, LPN; Chanera Overton, HST; Camille McCrary, RN



Front Row(L-R): Belinda Middleton, HST; Christopher Middleton, Activity Therapist; Shaniece Griffin, HST; Lynn Jones, CNA

Back Row(L-R): Jayquan Lewis, HST; Santovia Hornsby, HST; Darius Jordan, FSW; Surless Jones, FSW

Front Row(L-R): Sharmin Daniels, Program Assistant; Shawnte Berrio-Hartsfield, HST; Leterea Hall, HST; Cassandra Fuller, HST

Back Row(L-R): Jarvis Gaithers, FSW; Tyqueelah Davis, FSW; Denise Echols, Incident Mgmt. Analyst; Lisa Delaigle, HST



Front Row(L-R): Myrita Peterson, HST; Meshenda Medlock, HST; Andreere McGahee, HST; Latasha Roberts, HCW

Back Row(L-R): Lori Williams, FSW; Quinderiaus Meyers, HST; Cheyenne Lodge, FSW; Sean Stephenson, HST

Clinical Director's Corner - Dr. Vicky Spratlin

I will start by stating the obvious...the holidays are upon us! This time of year is both wonderful and stressful at the same time. I encourage everyone to keep things in perspective and take good care of yourselves and each other.

It is a time when we remind ourselves of the things for which we are grateful. Most of us do not need a holiday in order to realize we are blessed in many ways, but it is a great time to share our blessings with friends, family, and strangers.

In the "strangers" category, I would like to spotlight Veteran's Day, because, unfortunately, I think many of us do need a holiday to make us think about those serving in distant lands and those who have served and sacrificed throughout the years. Many of these gallant men and women will be away from their loved ones during the holiday season. Even more unfortunate is the fact many of them are in hospitals and rehabilitative facilities due to horrendous injuries obtained protecting our freedoms. Please do not forget about these brave service men and women. There are many organizations which collect cards and letters as well as care packages to send to deployed troops and those former military personnel in VA hospitals. I encourage you to go online and research some of these organizations. It takes so little time to write a letter or send a card, and it means so much to the recipients. Due to the dangerous times in which we live, there are many regulations in place no longer allowing the delivery of unspecified mail to military zones and hospitals, so read the requirements carefully. You can also make contributions to the Red Cross and/or other service agencies, but I don't think anything can take the place of a child's drawing tucked inside a letter or card.

It is also time to recognize three ECRH employees for extraordinary service to the facility and our individuals:

Kristen Burdett-Administrative Assistant to our RHA-in less than six month's time, Kristen has put her own personal stamp on the RHA's office, and she runs things as if she has been here for years.

Carletta Johnson-Training Program Administrator-Carletta has worked her usual scheduling magic to help make the recent enhanced hiring efforts a great success...and she "cracks me up" in our Executive Meetings.

Linda Ford-Transition Coordinator for the ICF and SNF programs-Linda has met the recent increase in transition activities with her usual sense of calm and dedication.

In closing, please accept my humble gratitude for all each of you does to make ECRH better for the individuals we support. Please have a safe and blessed Thanksgiving.



WORK THERAPY DEPARTMENT

CONSUMER CRAFT SALE



Friday, November 13, 2015- 9:30am – 4:00pm

Monday, November 16, 2015

9:30am – 12:00pm & 2:00pm – 4:00pm

Work Therapy Department Bldg. 22 (Gracewood Campus)

Infection Control - Hepatitis B—What You Need to Know

What is hepatitis B?

Hepatitis B is a serious infection that affects the liver. It is caused by the hepatitis B virus.

- In 2009, about 38,000 people became infected with hepatitis B.
- Each year about 2,000 to 4,000 people die in the United States from cirrhosis or liver cancer caused by hepatitis B.

Hepatitis B can cause:

Acute (short-term) illness. This can lead to: loss of appetite, tiredness, pain in muscles, joints, and stomach, jaundice (yellow skin or eyes), diarrhea and vomiting.

Chronic (long-term) infection. Some people go on to develop chronic hepatitis B infection. Most of them do not have symptoms, but the infection is still very serious, and can lead to: liver damage (cirrhosis), liver cancer and death.

Hepatitis B virus is easily spread through contact with the blood or other body fluids of an infected person: contact with blood and body fluids through breaks in the skin such as bites, cuts, or sores or being stuck with a used needle. People can also be infected from contact with a contaminated object that have blood or body fluids on them such as toothbrushes, razors, or monitoring and treatment devices for diabetes. The virus can live for up to 7 days on surface objects.

Hepatitis B vaccine: Why get vaccinated?

- Hepatitis B vaccine can prevent hepatitis B, and the serious consequences of hepatitis B infection, including liver cancer and cirrhosis.
- Vaccination gives long-term protection from hepatitis B infection, possibly lifelong.

Who should not get hepatitis B vaccine?

- Anyone with a life-threatening allergy to yeast, or to any other component of the vaccine, should not get hepatitis B vaccine. Tell your doctor if you have any severe allergies.
- Anyone who has had a life-threatening allergic reaction to a previous dose of hepatitis B vaccine should not get another dose.
- Anyone who is moderately or severely ill when a dose of vaccine is scheduled should probably wait until they recover before getting the vaccine.

Adults getting hepatitis B vaccine should get 3 doses — with the second dose given 4 weeks after the first and the third dose 5 months after the second.

How can I learn more?

- Ask your doctor.
- Contact your [local or state health department](http://www.cdc.gov/vaccines/imz-managers/awardee-imz-websites.html)(<http://www.cdc.gov/vaccines/imz-managers/awardee-imz-websites.html>).
- Contact the Centers for Disease Control and Prevention (CDC):
 - ⇒ Call **1-800-232-4636 (1-800-CDC-INFO)** or
 - ⇒ Visit [CDC's vaccines website](http://www.cdc.gov/vaccines)

Safety Shop

THANKSGIVING SAFETY TIPS



- Turkey fryers should only be used outdoors, away from anything that can burn, never on wooden decks or in garages.
- Never leave fryers unattended.
- Keep children and pets away from fryers in use and until they cool off after use.
- Avoid spill over by not overfilling the fryer.
- Make sure turkey are completely thawed. Refrigerator thawing is recommended. Allow 24 hours for every 5 pounds of bird for thawing.
- Keep an all-purpose fire extinguisher nearby, NEVER put water on a grease fire.

FUN AND INTERESTING FACTS

- Nearly 4,300 fires in the United States occur on Thanksgiving Day, according to the National Fire Protection Association.
- Deep fryer accidents have account for 15 fatalities, 50 injuries, and approximately \$27 million in property damage every year.
- 78 injuries have occurred due to cooking partially thawed turkeys.
- An average American eats 17.6 pounds of turkey per year, that's over 273 million turkeys.
- Turkey meat does not make you sleepy. Potatoes, pies, and cheeses contain more tryptophan (an aid in producing serotonin) than turkey. So that's where post dinner naps come from!



The Gracewood Cafeteria will be
CLOSED for all meals beginning
 Monday, November 9, 2015.

Watch for our
REOPENING...

Happy Fall!

Have a Sewing Machine you want to get rid of? Then you are in luck! 😊

The Recreation Dept. is in need of a sewing machine for upcoming activities, if you have one that you would like to donate please contact Sharonda Logan @ 790-2051.

Thanks in Advance!



HR Partners

ECRH Human Resources Team Doug Fine - HR Manager

Elaine Biley – HR Generalist/Operations Manager– Oversees HR Operations, Payroll/Kronos, and Personnel Records Management. Assist with Leave-keeping Issues/Audits, Benefits, Management Training, Workers' Compensation program and Special Projects.

Rhonda Vivor – Employee Relations Specialist – Coordinates Employee Relations including : employee/manager issues and concerns, HR Investigations, Grievances, Unemployment, Performance Management , Management Training and EAP information, oversees criminal background process.

Ronald Watson – Recruiter – Oversees the local Recruitment Process: Maintains/updates job vacancy website. Coordinates Resume Review, Phone Screens, Reference Checks, Selection/New Hire Processing, HR Training, and supports Criminal Background Process.

Brenda Fedrick -- Benefits and Leave Coordinator - Coordinates and assists with: Employee Benefits, Leave of Absences (LOA), Family and Medical Leave (FMLA), Retirement, HR Training.

Bonita Wilson -- Benefits and Leave Coordinator Coordinates and assists with: Employee Benefits, Leave of Absences (LOA), Family and Medical Leave (FMLA), Retirement, HR Training.

Melanie Harris- Recruitment Technician- Coordinates and assists with: Selection/New Hire Processing, Hire Packet Processing Pre-Employment Processing and HR Training. Assists and supports the Recruiter as a back-up as needed. Facilitates Criminal Background Check Process.

Dameka Garner – HR Transactions and Payroll Specialist - Coordinates Payroll and Transactions, Kronos, HR Training, Performs audits and special projects.

Nadine Williams – HR Transactions and Payroll Specialist – Coordinates Payroll and Transactions, Kronos, HR Training, Performs audits and special projects.

Jassica Speer-Cater – HR Assistant - Manages the HR Front Desk/Lobby Area, Assistant to the HR Team and HR Manager, Faithful Service Awards.

Sharyle Courtney-Garrett - HR Assistant-Random Drug Screening Coordinator, Salary Analyses, Critical Hires Verifications, Position Management, PeopleSoft Queries, Faithful Service Awards support, HR Training Class Registrations, Primary backup team member at the Front Office.

Human Resources Department ECRH

Main Office Telephone Number- 706-792-7177

Main Office Fax Number 706-792-7328

Office: Gracewood Campus Building 103-A



Ron Watson, ECRH Recruiter, impressing some nursing students at the Augusta Tech job fair on November 5.



HR Partners



GEORGIA STATE CHARITABLE CONTRIBUTIONS PROGRAM

September 1 - November 15, 2015

**Ready,
Set,
Give!**



Visit gascsp.org
Today

2015-2016 ANNUAL CAMPAIGN

- Ready** You may choose to give as little as \$1 per pay period for payroll deduction, or make a one time cash, check or credit card
- Set** Visit www.gascsp.org to be linked to your pledge portal. Paper pledges may be obtained from your campaign coordinator.
- Give** Using the official SCCP Charity listing, select which charities you want to support and how to divide up your pledge.



Please Donate Today

ECRH Coordinator is Jassica Speer – Cater – 706-792-7177



November 26th & 27th
are State holidays.
Happy Thanksgiving!

Pharmacy Update



“Pharmacy for Nurses” Class:



ALL nurses are encouraged to attend the “Pharmacy for Nurses” class:

Gracewood Campus - Building 103B:

during New Employee Nursing Orientation

November 18, 2015

December 3, 2015

December 16, 2015

1:30pm – 2:30pm

Please contact Casandra Roberts or Adeola Oke in the Pharmacy for more information (ext. 2496)



TANZEUM

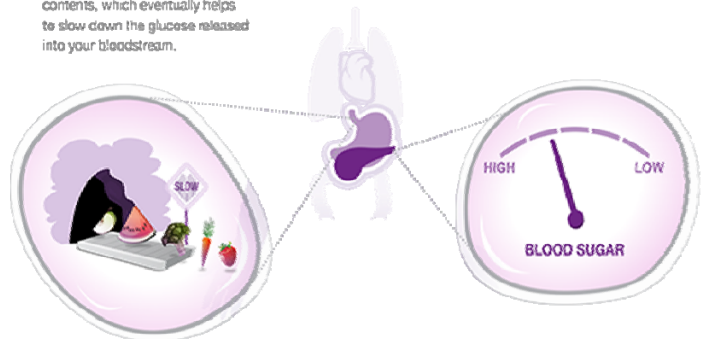
TANZEUM is a once-a-week injection that has been shown in studies to lower A1C in adults taking oral diabetes medication and/or daily insulin. TANZEUM is a GLP-1 receptor agonist.

GLP-1 (glucagon-like peptide-1) is a hormone your body makes to help maintain the balance of insulin and blood sugar in your system. It helps your body release more insulin, and it can slow down your digestion to help keep blood sugar from getting too high. People with type 2 diabetes may have lower levels of GLP-1. TANZEUM acts like GLP-1, to help manage your blood sugar.

TANZEUM works with your body:

IT SLOWS DOWN GLUCOSE RELEASED INTO THE BODY

When you eat, TANZEUM slows down emptying of the stomach's contents, which eventually helps to slow down the glucose released into your bloodstream.



IT STIMULATES INSULIN RELEASE WHEN YOU EAT

TANZEUM helps your body release more insulin when your blood sugar is too high.

Holiday Events

Thursday, November 19, 2015	Christmas Tree Lighting 5:30pm - Gracewood
Tuesday, November 24, 2015	Thanksgiving Luncheon - Augusta 12:30pm-3:00pm
Tuesday, December 1, 2015	Christmas Tree Lighting 5:30pm - Augusta
Wednesday, December 9, 2015	ECRH Christmas Parade 1pm - Gracewood
Thursday, December 10, 2015	Mayors Motorcade 1:15 pm - Augusta
Friday, December 11, 2015	Christmas Concert 10am & 2pm - Gracewood Auditorium
Tuesday, December 15, 2015	Macedonia Baptist Church Christmas Party 1:30 pm Augusta
December 17, 2015	Christmas Ball - Augusta 1:00pm-3:30pm
December 17, 2015	Christmas Program - Gracewood Chapel 7:00pm
December 18, 2015	Christmas Play - 10am & 2pm - Gracewood Auditorium



Noticed by the Gnome - October

During the month of October, 2015, we received 7 nominations for our employees to be Noticed by the Gnome. A big THANK YOU goes out to these employees and to those who took the time to recognize the good work that was being done by others.

Angie Harris-Meyers
Teresa Morgan
Eddie Scurry
Cathy Pratt
Linda Doyle
Jassica Speer-Cater
Sharyle Courtney-Garrett



"Jassica Speer-Cater and Sharyle Courtney-Garrett did an exceptional job in the planning and execution of the latest Faithful Service Awards program. Hats off to these two ladies for a job well done."

"Linda Doyle has a great relationship with so many of our individuals and they seem to smile and relax whenever she's around. She works lots of extra hours and always seems to be available when others aren't."



"Cathy Pratt is a great mental health counselor. She knows her staff and her individuals. She keeps a good sense of humor, even when things are stressful. She is dependable and has a great sense of the history of ECRH. She can explain why some of the things we do started and that helps make sense out of things sometimes. She is a good role model."

"Eddie Scurry is a very nice person, easy to work with, is reliable in his performance, and works with staff when he has to give them duties they might not want. Most of all, he gets along with the individuals."

"I have really appreciated the efforts and hard work of the "ladies in the clinic" over the years. They have dealt with last minute mandatory scheduling, regular scheduling, special scheduling, people not coming to appointments when scheduled...or late...or not bringing charts, etc., yet they are always there and can be relied on to get the job done. Thanks so much, you two! You are appreciated."

DD Services

**ECRH Incident Management
Hotline Procedure**

The purpose of this Hotline is to establish an alternate means of reporting incidents in a timely manner. The Hotline is to be utilized by any employee, contractor, family member, visitor and volunteer that may feel uncomfortable reporting an incident or allegation of abuse, exploitation or neglect in person. This is an **alternate** reporting system and by no means will it replace the current protocol outlined in the IM Policy.

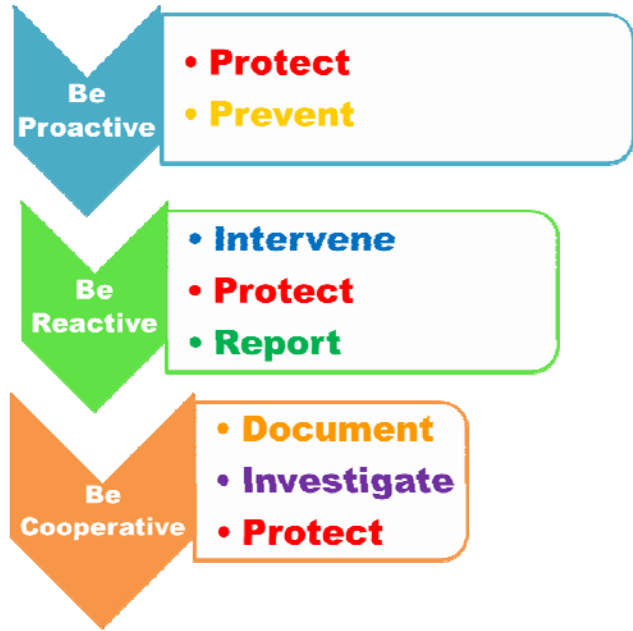
Hotline Number:
(706) 945-7150



PRIDE IN PLACE - It Starts with Me

"If you change the way you look at things,
the things you look at change." - Wayne Dyer

Our Role in Protecting Our Individuals from Harm



24 Hour GETS Computer Help Desk Number: 1-877-482-3233

<https://sts.gets.georgia.gov> – using SOG ID and Password

Contact the GETS Helpdesk Online at <https://login.gets.georgia.gov/portal> using SOG ID (computer sign on) and password to login or Call 1-877-482-3233 to report issues when your computer is not working correctly, when you need your SOG password reset, need access to or report issues with network drives, report network connectivity issues (no internet/slow internet), report outages (system/network), report a suspected computer virus, report laptop encryption issues. Contact Service Delivery Staff @ 706-790-2444/2445 if you have questions on this process.

Request Additional IT support on the DBHDD Intranet Support page: <https://gets.sharepoint.com/sites/DBHDDIntranet/support/Pages/default.aspx> Use your Office 365 ID and Password to login. Report the following issues through this site: Request a SharePoint site, Reset Office 365 password, Request access to application, Request security and system access, Request computer or telecom equipment, Report a problem with an application, request new printer or move of existing printer, Connect to network printer, Onboard new DBHDD employee (Manager only), Offboard departing DBHDD employee (Manager only), or if you are not sure what you need and wish to ask a question please use the above support page. Contact Service Delivery Staff @ 706-790-2444/2445 if you have questions on this process.

To assist in moving through the process quicker, please also provide the following forms to the ECRH_ServiceDelivery@dbhdd.ga.gov for the following issues with proper signatures. This will allow all necessary information to process your request in a timely manner:

- New User or change request for computer access – ADM-002A (Approximately 7 days)
- New Technology request (Hardware/Software) – ADM-001 (Approximately 30 days)
- Computer Equipment Move – ADM-351 (Approximately 30 days)

Phone issues: Contact Switchboard at 2011 or e-mail **Monica Wilson** (Use this number for repairs, problems, requesting new lines or jacks) Include the following: Telephone # with trouble, Building #, Type of phone (name on the phone), Room #, Station # if phone has one, problem with phone, & contact person. When requesting LAN jack please place work order with Plant Operations to run the cable prior to requesting the jack be installed. Always request 2x2 when having new voice (phone) & data (LAN) jacks added.

Avatar Password Resets and Issues: Contact Unit Nurse Manager, Charge Nurse or Department Head *Additional Avatar issues should e-mail dbhdditappsupport@dhr.state.ga.us. Contact Apps Support staff at 706-790-2446 for Avatar questions.

Avatar Reporting Needs: If you are in need of specific data for reporting from Avatar please contact Hospital Reporting staff at 2568.

Community Reintegration Program

The Community Reintegration Program continues to plan Community Reintegration outings and activities for individuals who have been referred to the program. Upcoming outings and activities will include:

- ◆ 11/13/15 – visit to a local job fair
- ◆ 11/14/15 – Yoga in the Park
- ◆ 12/14/15 – Holiday Celebration and Recognition for all individuals who have participated in CRP and Work Therapy

CRP continues to collaborate with multiple disciplines to develop and plan off-campus outings and on-campus community reintegration activities. If you have an interest in planning community reintegration experiences for your unit, please join us on Mondays at 3:30 PM for our weekly planning meeting in the Building 13 conference room.

Work Therapy - Augusta Campus

The individuals in Work Therapy Hobbies groups have been busy tending a Fall garden and creating Fall décor and gift items. There are a variety of Fall items for sale while supplies last! ***All Fall décor and gift items have been marked down for a quick sale!***

Fall décor and gift items include: wreaths, swags, jewelry, cinnamon brooms, gift baskets, and candy baskets.

Fresh garden items currently available are: peppers, cabbage, collard greens, winter/butternut squash, broccoli, hanging baskets, potted plants, and trees.

Please stop by the Greenhouse or Building #9 during the following hours and the individuals would be glad to assist you in making a purchase:

Monday: 9:30am to 11:30am

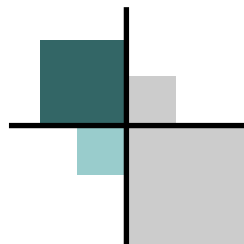
Tuesday: 9:30am to 11:30am, 1:30pm to 3:30pm

Wednesday: 9:30am to 11:30am

Thursday: 9:30am to 11:30am, 1:30pm to 3:30pm

Friday: 9:30am to 11:30am

If you have any questions about the sale or making purchase outside of these hours, please contact Darryl Rowe, John Sapp, or Elizabeth Schoultz at extension 7253.



Out & About

Harvest Fest



Oktoberfest



Out & About



DBHDD Commissioner Frank Berry meets with ECRH staff about community transitions.



ECRH staff attending a Recovery & Violence Reduction workshop on the Augusta Campus.



Plant Operations staff attending a Lockout/Tagout training to improve safety.



Workers prepare to connect a new emergency generator to the electrical system of Building 76 on the Gracewood Campus.



Jack-O-Lantern Nurse in the Camellia Unit.



Camellia staff signing up for a Low Country Boil.



Taking a break after visiting Camellia Unit's Haunted House.



Augusta Campus Breast Cancer Awareness Walk

Inside due to inclement weather.

The Joint Commission

The Joint Commission's National Patient Safety Goals

- The National Patient Safety Goals (NPSGs) were established in 2002 to help accredited organizations address specific areas of concern in regards to patient safety.
- The Patient Safety Advisory Group advises The Joint Commission on the development and updating of NPSGs. The Patient Safety Advisory Group is compiled of a group of experts to include: Nurses, Physicians, Pharmacists, Risk Managers and Clinical Engineers.
- NPSGs are released once annually.
- Out of all of the NPSGs applicable for different services, there are two that are the same for all of ECRH's accredited services:

BHC / LAB / HAP / NCC

NPSG.01.01.01: Use at least two patient identifiers when providing care, treatment and services.

This goal is to improve the accuracy of patient identification during the administration of medications, services and / or treatment.

NPSG.07.01.01: Comply with either the current Centers for Disease Control and Prevention (CDC) hand hygiene guidelines or the current World Health Organization (WHO) hand hygiene guidelines.

This goal is to reduce the risk of health care-associated infections.

*** For the most up to date information related to NPSGs see ECRH's Quality Assurance Specialist or any member of the Quality Management team.**

Hospital Security - Vehicle Theft

The following is a list of crime *prevention* tips to help reduce your chances of becoming a victim of a *vehicle theft or break in*:

- Always roll up your windows completely.
- Lock your vehicle and take your keys.
- Never leave valuables in plain view, even if your vehicle is locked.
- Try to park in high-traffic, well-lighted areas, when possible.
- Never leave personal identification documents, vehicle ownership title, or credit cards in your vehicle.
- Avoid leaving your home and office keys in your vehicle.
- Install and use anti-theft devices, whether an alarm or protective devices like a club or a collar.
- Never leave your vehicle running while it is unattended.
- Do not hide a spare key in a magnetic key box.
- Report any suspicious activity.



Training at a Glance - November

Class	Date	Time	Place
NEO PNS Professional	11/16/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO PNS End User	11/16/2015	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
CPRC	11/16/2015	8:00 a.m.-12:00 p.m.	BLDG 99F
Updated Safety Care Level #2	11/16/2015 11/17/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
NEO Principles of Recovery	11/16/2015	9:30 a.m.-10:30 a.m.	BLDG 103-D E&R
NEO Infection Control and Prevention+Handwashing	11/17/2015	9:00 a.m.-10:30 a.m.	BLDG 103-D E&R
Updated Seizure Management	11/17/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C Room C-23
EMR Nursing	11/18/2015	8:00 a.m.-1:30 p.m.	BLDG 103-C ROOM C-18
NEO PBS Training	11/18/2015	8:00 a.m.-4:30 p.m.	BLDG 20 Gracewood
Ostomy DD Training	11/18/2015	8:00 a.m.-10:00 a.m.	BLDG 103-C Lab
Infection Control and Prevention+Handwashing	11/18/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C Room Lab
First Aid	11/18/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C ROOM C-23
CPRA	11/18/2015	1:00 p.m.-4:30- p.m.	BLDG 103-C ROOM C-23
NEO Safety Care Level #1	11/18/2015 11/19/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99F
NEO Safety Care Level #2	11/18/2015 11/19/2015 11/20/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 pm. 8:00 a.m.-12:00 p.m.	BLDG 99L
Defensive Driving	11/18/2015	8:00 p.m.-2:00 p.m.	BLDG 103-D E&R
Updated PNS Professional	11/19/2015	10:00 a.m.-12:00 p.m. 1:00 p.m.-3:00 p.m.	BLDG 103-C Lab
CPRA	11/20/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
Infection Control and Prevention+ Handwashing	11/20/2015	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-C Lab
First Aid	11/20/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Updated Safety Care Level #2 (Weekend)	11/21/2015 11/22/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
NEO CPRA	11/23/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
NEO CPRC	11/23/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO First Aid	11/23/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23

Training at a Glance - November

Class	Date	Time	Place
Updated PNS Professional	11/23/2015	1:00 p.m.-3:00 p.m. 3:00 p.m.-5:00 p.m.	BLDG 103-C Lab
Updated Safety Care Level #2	11/23/2015 11/24/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
Safety Care Level #2	11/23/2015 11/24/2015 11/25/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 pm. 8:00 a.m.-12:00 p.m.	BLDG 99L
Updated Seizure Management	11/23/2015	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-D E&R
Updated PNS End User	11/24/2015	8:00 a.m.-9:00 a.m. 9:00 a.m.-10:00 a.m. 10:00 a.m.-11:00 a.m.	BLDG 103-C Room C-23
First Aid	11/24/2015	8:00 a.m.-12:00 pm.	BLDG 103-C Lab
CPRA	11/24/2015	1:00 p.m.-4:30 p.m.	BLDG 103-C Lab
NEO Medical Emergency Response System	11/24/2015	8:00 a.m.-12:00 p.m.	BLDG 103-D E&R
NEO Seizure Management	11/24/2015	12:30 p.m.-2:30 p.m.	BLDG 103-D E&R
MH-Updated Incident Management	11/24/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C Room C-23
CPRC	11/25/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Lab
NEO Observation of Individual to Ensure Safety	11/25//2015	8:00 a .m.-10:30 a.m.	BLDG 103-D E&R
Infection Control and Prevention+Handwashing	11/25/2015	9:00 a.m.-10:30 a.m. 2:30 p.m.-4:00 p.m.	BLDG 103-C Lab
Updated Safety Care Level #1	11/25/2015	8:00 a.m.-2:30 p.m.	BLDG 99B
NEO Seclusion and Restraint	11/25/2015	1:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated Safety Care Level #2	11/30/2015 12/1/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
CPRA	11/30/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
First Aid	11/30/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Therapeutic Incentive Program	11/30/2015	8:30 a.m.-10:00 a.m.	BLDG 103-D E&R
Infection Control and Prevention+Handwashing	11/30/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C Room Lab

Unit designated scheduler should e-mail all CPR and First Aid requests to Rodriegus P. Gardner and all other class requests to Runtha Giddens.

Effective Friday 2/6/15 Safety Care classes will be as follows:

Safety Care Level #2- 16 hours

Updated Safety Care Level #2- 12 hours

Safety Care Level # 1- 12 hours

Updated Safety Care Level #1- 6 hours

Personal Notes

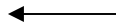


Congratulations to Adrienne Oakman for passing her Licensed Clinical Social Worker's Exam on 9/29/2015.

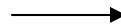
A Little More Out & About



Augusta Campus Psychology staff dressed as dominos for Halloween.



Whitney Newton (green shirt), of GMH, was given a baby shower for her second child. (Due on Veteran's Day).



**EAST CENTRAL
REGIONAL HOSPITAL**

**2015
Christmas Parade**

GRACEWOOD CAMPUS
(Off Tobacco Road)

DECEMBER 9, 2015
12:00 PM - LINE UP
1:00 PM - PARADE

NOTE: RAIN DATE - DECEMBER 10 - 1:00 PM

FOR MORE INFORMATION CONTACT:
JAMES WALKER
706-755-6946

Published Twice Monthly



Paul Brock Regional Hospital Administrator
Matt McCue Interim Associate Regional Hospital Administrator, Gracewood
Dr. Vicky Spratlin Clinical Director
Mickie Collins Chief Operating Officer
Augusta Campus 3405 Mike Padgett Highway Augusta, Georgia 30906 Gracewood Campus 100 Myrtle Boulevard Gracewood, Georgia 30812
Harold "Skip" Earnest Editor/Photographer Kristen Burdett Publisher
NOTICE Items for publication must be submitted in written form. The upcoming issue's deadline is November 23, 2015. All articles and notices submitted for publication in the East Central Regional Hospital Bulletin are subject to editorial discretion. Please contact the Bulletin editor if you have questions regarding editorial decisions.



Our Mission

The mission of East Central Regional Hospital is to provide safe, competent and compassionate services to persons with mental illness and/or developmental disabilities.

Our Vision

The vision of our Facility is to be a center of excellence in the provision of comprehensive, responsive and compassionate care for consumers and their families.

Our Values

East Central Regional Hospital is caring and therefore, responsive to our consumers, their families, stakeholders and our employees through commitment to our core values:

Integrity

Communication & Collaboration

Accountability

Recognition through Relationships

Empowerment through Excellence



Accredited
by
The Joint Commission

Campus Marquees

Deadline for submission of

DECEMBER MESSAGES

November 23, 2015

Submit information to Skip Earnest

Gracewood Campus

Extension 2102

(Information must be submitted on or before the indicated date to be placed on Marquees for the following month.)

DBHDD Vision and Mission

Vision

Easy access to high-quality care that leads to a life of recovery and independence for the people we serve



Mission

Leading an accountable and effective continuum of care to support Georgians with behavioral health challenges, and intellectual and developmental disabilities in a dynamic health care environment

Gracewood Post Office

Window Hours

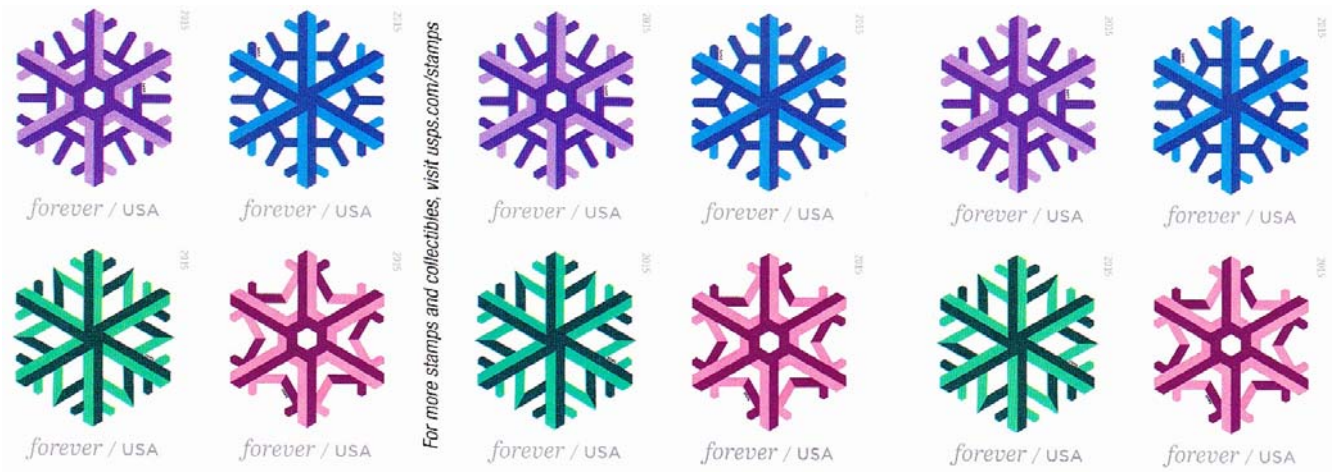
M-F 10:00 am-12:30 pm

1:30 pm-4:30 pm

Sat 9:00 am-10:45 am



Visit the Gracewood Post Office today and ask Frank Deas about renting a Post Office Box!





**SMART
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FOR ALL**

**peach state**
FEDERAL CREDIT UNION
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ECRH Jobs List

This is a list of job openings currently available at East Central Regional Hospital. For further information regarding these positions, please go to the DBHDD webpage at www.dbhddjobs.com.

[Activity Therapist - Augusta Campus](#)

[Activity Therapy Leader](#)

[Activity Therapy Leader - Gracewood Campus](#)

[Assistant Housekeeping Director](#)

[Auditor - Psychology](#)

[Auditor - Social Work](#)

[Billing Specialist](#)

[Budget/Accounting Supervisor](#)

[Charge Nurse - ECRH - Redbud 7a-3:30p](#)

[Clerical Worker - MHS Admissions - Parttime 8:00p-4:30a](#)

[Client Support Worker - Gracewood](#)

[CNA - Skilled Nursing Facility](#)

[Counselor - Group Facilitator](#)

[Dental Assistant](#)

[Dentist](#)

[Director of Clinical Information Systems](#)

[Executive Secretary - DD Services - Gracewood Campus](#)

[Food Service Operations Worker 1](#)

[Food Service Operations Worker 2/Senior](#)

[Food Service Supervisor \(2 Open Positions\)](#)

[General Trades Craftsman](#)

[Group Facilitator/Counselor - AMH Mall](#)

[Health Service Technician 1 - Augusta Mental Health Campus](#)

[Health Service Technician 1 - Gracewood Campus](#)

[Health Services Technician 2 - Augusta Mental Health Campus](#)

[Health Services Technician 2 - Gracewood Campus](#)

[Housekeeper](#)

[Housekeeping Manager](#)

[Housekeeping Team Leader](#)

[Houseparent](#)

[HVAC Repair Technician](#)

[Incident Management Analyst \(WL\)](#)

[Instructor 1 - ICF/MR Treatment Mall -ECRH](#)

[Laboratory Services Worker \(part time hourly\)](#)

[Laundry Worker](#)

[Licensed Nursing Home Administrator](#)

[Licensed Practical Nurse \(LPN\) - Gracewood Campus](#)

[Licensed Practical Nurse \(LPN\) - Augusta Mental Health Campus](#)

[Licensed Practical Nurse - Hourly/Part-time - Gracewood Campus](#)

[Licensed Practical Nurse - Hourly/Part-time -Augusta Campus](#)

[LPN - Gen Mental Hlth - 7a-3:30p](#)

[Maintenance Worker - 1st Shift](#)

[Mechanic Foreman](#)

[Medical Technologist](#)

[Medical Technologist](#)

[Motor Vehicle Operator](#)

[Nurse Manager - Gracewood Campus](#)

[Nurse Practitioner - Skilled Nursing Facility](#)

[Occupational Therapist](#)

[Painter](#)

[Pharmacist - Advanced](#)

[Pharmacy Technician](#)

[Program Assistant - Admissions - 12:00p-8:30p](#)

[Program Assistant - Admissions - 2nd Shift](#)

[Program Assistant - Forensic Treatment Mall - FT Days](#)

[Program Assistant - Plant Operations - Administrative Support](#)

[Program Assistant - Redbud Unit - Gracewood Campus](#)

[Psychiatric Nurse Practitioner - Augusta Mental Health Campus](#)

[Psychologist - Forensic Outpatient](#)

[Qualified Intellectual Disabilities Professional](#)

[Registered Nurse \(RN\) - Augusta Mental Health Campus](#)

[Registered Nurse \(RN\) - Charge Nurse - Augusta Campus](#)

[Registered Nurse \(RN\) - Charge Nurse - Gracewood Campus](#)

[Registered Nurse \(RN\) - Hourly/Part-time - Augusta](#)

[Registered Nurse \(RN\) - Hourly/Part-time - Gracewood](#)

[Registered Nurse \(RN\) - Redbud - Part-time Evening](#)

ECRH Jobs List

This is a list of job openings currently available at East Central Regional Hospital. For further information regarding these positions, please go to the DBHDD webpage at www.dbhddjobs.com.

[Registered Nurse \(RN\) - Skilled Nursing Facility](#)

[Registered Nurse \(RN\) -Gracewood Campus](#)

[Registered Respiratory Therapist - Camellia - PT](#)

[RN - Redbud Unit - 7a-3:30p](#)

[Service Director/Charge Nurse - Gracewood Campus](#)

[Shift Supervisor - Augusta Mental Health Campus - 1st Shift](#)

[Shift Supervisor - Gracewood Campus](#)

[Skilled Utility Worker](#)

[Steam Plant Operator](#)

[Steam Plant Operator](#)

[Training Coordinator 1](#)

[Training Specialist 1](#)

[Work Instructor 1 - Gracewood Campus](#)

[Workers' Compensation Coordinator](#)

East Central Regional Hospital

**2015 Parade
Entry Form**

Please Return By: Tuesday, November 24, 2015

Return to: James Walker, AT Coordinator @ (706) 755-6948
BLDG 19 – Gracewood Campus or e-mail completed form to jwalker@dhr.state.ga.us

Date:

Contact Person: **Phone #:**

Name of Organization:

Theme or Name of Entry:

Check Appropriate Description of Entry and Provide Requested Information:

Float **Music Group**

Car **Animals**

Walking People **Number Walking:**

Other:

Description of Entry (Note: This information will not be shared with everyone, but is needed for the "Line Up", for the "Commentators". Also, if the theme of this entry is a duplicate of another area, you will be notified and asked to select another theme.)

The Description of the entry is:

Reminder:

1. Parade Day – Wednesday – December 9 and Rain Day - Thursday – December 10
2. Line Up Time: 12noon to 12:30 PM
3. Parade Start Time: 1:00 PM
4. Location: Olympic Field – Gracewood Campus

Taking Flight

A Briefing from Project GREAT
Georgia Recovery-Based Educational Approach to Treatment

A RECOVERY STORY –Roger

Here's the truth about Roger: He sometimes says sexually inappropriate things to people, swears at them, and occasionally gestures aggressively in their direction. He does not shower frequently, his hair and clothes are almost always disheveled, and Roger, who has no teeth, talks in a raspy tone that very few can understand. He mostly stays to himself, is often fearful of others, and sees and believes many things that have no basis in reality.

No, this is the truth about Roger. He absolutely loves plants, and enjoys watering them, mowing the lawn, and generally beautifying green spaces when given the opportunity. Roger has a great sense of humor and enjoys laughing and making others laugh. He is deeply sentimental and enjoys the company of some people. Roger likes to read magazines and is on *cloud nine* when he has his favorite meal at a restaurant while having conversation. Roger is a generous tipper! He is eager to please those to whom he feels connected, and often takes care of his hygiene and changes into clean clothes without prompting to bring about a smile and a kind word.

So which story is the truth? Why, both of them, of course! Now in his 50's and receiving services at an inpatient psychiatric hospital, Roger has been coping with a severe and persistent mental illness for most of his life. His symptoms have led to a great deal of ridicule, stigmatization and victimization by others, and Roger came to see himself the way that others did. As the years passed by, he spent less and less time engaging with a reality that seemed to want little to do with him, and more time in his inner world. The staff at the hospital met the version of Roger from the first story, but got to know the version of Roger in the second story by spending time with him every day despite his

sometimes foul language and odd antics. They asked him questions, shared their thoughts with him, allowed him to help out, pointed out his sense of humor if he attempted to make a joke. They found out what he liked. They called him "sir" and "Mr.", and they let him know, with loads of evidence to prove it, that he had a lot to offer the world. One day, while on a trip to a personal care home to which he might be discharged, all of the seats in the living room were occupied by Roger and the staff of the home. The clinician who accompanied Roger on the trip sat on the carpet as the conversation began. But Roger halted the discussion and stood up to offer his seat to the clinician who promptly thanked him for his kindness, and let him know that *"you are important and you deserve to sit on the sofa as much as anyone."* Roger returned to his seat laughing, but then began to sob, saying through his tears, *"You treat me like a human being."*

LEARNING POINT

Personal Recovery is a journey that looks different for each person, but along that journey, one can often find a few recognizable things. These include treating a person in recovery with dignity and respect, even in the face of challenging behaviors; reminding them that they matter, that they are useful, and that they have strengths and positive attributes; helping them to rebuild an identity based on something more than their symptoms or illness; providing them with meaningful connection and engagement. These are the ingredients from which hope arises, and *hope is the engine that drives and sustains the recovery journey.* To learn more about these ingredients, read about the [CHIME model of recovery](#)¹ By Michael Rollock, Ph.D. **References:**¹ Leamy, M., Bird, V., Le Boutillier, C., Williams, J., & Slade, M. (2011). A conceptual framework for personal recovery in mental health: systematic review and narrative synthesis. *British Journal of Psychiatry*, 199, 445–452.