

Special points of interest:

- Blood Drive Honor Roll
- Town Hall Meetings
- IM Policy Change
- Department Moves
- Safety Care Tidbits
- Multimedia Art Show Pics
- Basketball Team News

"No matter how educated, talented, rich, or cool you believe you are, how you treat people ultimately tells all. Integrity is everything."

Inside this issue:

New Employees	2
Noticed by the Gnome	4
DD Services	5
Pharmacy Update	6-8
Out & About	9,10
Training at a Glance	11-13
Infection Control	13
Hospital Security	14
Safety Shop	15
Social Work Month	16,17

Georgia Department of

Behavioral Health & Developmental Disabilities

ECRH Bulletin

VOLUME 11, ISSUE 17

MARCH 13, 2015

East Central Regional Hospital

From the Desk of the Interim RHA—Dr. Vicky Spratlin



The obvious topic for this Bulletin edition is the somewhat miraculous annual CMS ICF-IID survey just completed on the Gracewood Campus. It was two weeks in length, but so much less grueling than expected. It truly seemed as though we were in partnership with the survey team. There was no "we are going to put you in an IJ no matter what we find mentality." That is so refreshing.

Regardless of the attitude of the surveyors, which as I have said was refreshingly benevolent, we still had to pull together and work as a team. I am so incredibly proud of the teamwork I saw. Everyone was asking what they could do to make things run smoothly. Staff were engaged with the individuals and truly exemplified the kind of employees I know we have. Everything was not perfect, of course, but close enough that we only have approximately 3 tags, none of which are at the conditional level. That, my friends, took the entire village!

I am going to list a group of people who were instrumental in the success of the survey. I am sure I will miss someone, so please forgive any oversights: Commissioner Frank Berry, DBHDD Chief of Staff-Judy Fitzgerald, DBHDD Chief of Operations-Jeff Minor, Dr. Emile Risby, Greg Hoyt, Dr. Charles Li, Brenda Woodard, Jennifer Dalton, Amy Howell, Evelyn Harris, Theo Beiter, Justin Norton, Lisa Montano, Amber Franklin-Lacey, Andy Bruner, LaFawn Pinkney, Lynn Burke Reyes, Teresa Crouch, Deloris Grant, Mark Green, Doug Fine, Mickie Collins, Shanta Searles, Jenelle Harris, the QIDPs and Gracewood Mental Health Counselors, Gracewood Campus Unit Managers and Campus Supervisors, Candace Walker, Lisa Folsom, Andrea Brooks-Tucker, Redbud and Camellia Nurse Managers and nurses, all Direct Care Staff, the Gracewood Physicians, James Walker, Deb Griffin, the Gracewood Campus Program Assistants and Associates, and most of all, Matt McCue, who ran the survey better than any General.

(Continued on page 4)

Tidbits of ECRH History

About 25 years ago, something wonderful happened on the Georgia Regional Hospital campus (now ECRH-Augusta Campus). Mr. John Feight, Director of the Foundation for Hospital Art, spent several days putting designs of flora and fauna on the walls of the Central Dining Room. Patients then completed the designs, painting them with bright and comfortable colors. Mr. Feight, his staff, and the hospital's Activity staff guided the patients in the use of colors and artistic methods. The patients loved this project, feeling pride and a sense of ownership in the paintings. Paintings in other buildings followed.

And how about this: John Feiight brought with him two volunteer artists, all the paint and equipment needed to do the job, and the cost to the hospital was NOTH-ING! What a gift!

Contributed by Brian Mulherin

Volume 11, ISSUE 17 PAGE 2

New Employees



<u>Front Row(L-R):</u> Lori Thompson, LPN; Ebony Franklin, CNA; Lynette Heggs, HST

<u>Back Row(L-R):</u> LaKesha Knox, LPN; Tomiki Dunn, HST; Jennifer Clarke, RN

<u>Front Row(L-R):</u> Nicole Holloman, Property Control Clerk; Uyunta Kelly, HST; Essence Hudson-Rice, HST

<u>Back Row(L-R):</u> Emmanuel Lagman, Mechanic; Adrienne Aiken, QIDP; Jordan Briggs, HST; Erica Williams, QOPD





Isaac Drayton, Housekeeper

WELCOME

ECRH Employee Town Hall Meetings

Thursday, March 26, 2015 8-9 AM and 3-4 PM **Augusta Campus Gymnasium**

Friday, March 27, 2015 6:30 – 7:30 AM and 2:30-3:30 PM Gracewood Building 22 Auditorium



Topic: Executive Leadership Presents Culture Change at ECRH

This Town Hall Meeting is MANDATORY for all staff

Refreshments will be served

Door Prizes – Must be present to win

HRD News

Safety Care Tidbits

Antecedents to Dangerous Behaviors

Prior to crisis behaviors:

 Some common examples of triggers that may initiate or contribute to our individuals behaviors include: loud noises, a sarcastic comment from someone else, directives from staff, being told to wait, boredom, being unable to find something, someone in their personal space or being teased.



2. Some common examples of **signals** that our individuals may display that indicate that they are agitated or becoming upset include: **clinched fist, pacing, talking to self, fixated stare, wringing of hands, unusually quiet, patting fist or verbal threats.**



Note: It is important to be able to recognize both triggers and signals so that you may able to minimize or prevent crisis behaviors.

Volume 11, ISSUE 17 PAGE 4

From the Desk of the Interim RHA - Dr. Vicky Spratlin

(Continued from page 1)

I am grateful to everyone who helped make this a successful survey. That brings me to the topic of gratitude. One of the marquee "pearls of wisdom" this week spoke of silent gratitude being of little use to anyone. How true. Gratitude, like joy, happiness, and love, is meant to be shared. Tell the people with whom you work, play, and live how grateful you are for their support, friendship, love, and the many things they do to enrich your lives. Sadly, I often hear our employees say, "It's not about the money, I just wish someone would say 'thank you' once in a while." Those two simple words are the easiest way to show our co-workers we are grateful for their service and the many things they do to make ECRH a better place.

I challenge everyone to express gratitude to the important people in his/her life. This simple thing will make the giver and the recipient much more aware of how easy it is to make our workplace and our homes more pleasant. Sharing material items gives you less than when you started, but sharing gratitude gives you much more.

Sincerely, Dr. Vicky Spratlin

REMINDER FROM THE IM DEPARTMENT:

**** IM POLICY CHANGE ****

For submitting incident reports (CIRs), the previous "end of shift" timeframe has changed to "eight hours after the incident" for the following two procedures:

- For incidents not submitted via the hot line, the nurse completes the CIR with the staff who witnessed or discovered the incident within eight hours after the incident has occurred.
- For incidents that are not suspicious, the nurse obtains witness statements from staff as soon as possible but no later than eight hours after the incident has occurred.

Department Relocations

Effective March 10, 2015, the Accounts Payable Department will be relocated to Bldg. 8 on the Augusta Campus and the Procurement Department will be relocated to Bldg. 8 on the Gracewood Campus. Please forward all mail to their new locations. The departments contact information has also changed. Please make note of the following changes:

New contact information:

Procurement: 706-790-2044, 2045 **Fax** 706-790-2476

Accounts Payable: 706-792-7104, 7105, 7106 **Fax** 706-792-7107

Noticed by the Gnome - February

During the month of February, 2015, we received 1 nomination for our employees to be Noticed by the Gnome. A big THANK YOU goes out to this employee and to those who took the time to recognize the good work that was being done.

Joseph Diggs

"Over the past two months, Mr. Diggs has been assisting in the MH Mall to cover during a staff shortage. Mr. Diggs has made this transition to this temporary assignment without complaint. He is greatly appreciated by all."



DD Services

ECRH Incident Management Hotline Procedure

The purpose of this Hotline is to establish an alternate means of reporting incidents in a timely manner. The Hotline is to be utilized by any employee, contractor, family member, visitor and volunteer that may feel uncomfortable reporting an incident or allegation of abuse, exploitation or neglect in person. This is an <u>alternate</u> reporting system and by no means will it replace the current protocol outlined in the Incident Management Policy.

Hotline Number: (706) 945-7150



PRIDE IN PLACE - It Starts with Me

"If you change the way you look at things, the things you look at change." - Wayne Dyer

Our Role in Protecting Our Individuals from Harm

Be Proactive

- Protect
- Prevent

Be Reactive

- Intervene
- Protect
- Report

Be Cooperative

- Document
- Investigate
- Protect

CONGRATULATIONS



For the past two years, staff at ECRH have teamed up with GRU staff to play in the Augusta Parks and Recreation Men's Industrial Basketball League. This year, they made it to the championship and took home 2nd place in the league with an (8-2) overall record. ECRH players included Jamaal Bates, Christopher Streeter, and Janar Quiller.

Pharmacy Update



"Pharmacy for Nurses" Class

All nurses are encouraged to attend the "Pharmacy for Nurses" class:



Gracewood Campus - Building 103B:

during Nursing Orientation

March 2, 2015

1:30pm - 2:30pm

Topics Discussed in Classes Include:

- 1. The Availability of "After Hours" Medications
- 2. Medications Available in Code Carts
- 3. Online Floor Stock Ordering Process
- 4. Controlled Drug Documentation/Delivery Process
- 5. High Risk Medications
- 6. Pharmacy Hours of Operation

Please contact Casandra Roberts in the Pharmacy for more information (ext. 2496)

Pharmacy Update

COMMONLY USED MEDICATION FREQUENCIES

		Times	
Code	Description	/24H	Admin Times
DAILY	ONCE DAILY	1	08:00 AM
QAM	EVERY MORNING	1	08:00 AM
12N	12 NOON	1	12 Noon
QPM	EVERY EVENING	1	04:00 PM
QHS	AT BEDTIME	1	09:00 PM
BID	TWICE DAILY	2	08:00 AM - 08:00 PM
TID	THREE TIMES DAILY	3	08:00 AM - 04:00 PM - 08:00 PM
			08:00 AM - 12 Noon - 04:00 PM -
QID	FOUR TIMES DAILY	4	08:00 PM
Q7D	EVERY 7 DAYS	1	08:00 AM
Q14D	EVERY 14 DAYS	1	08:00 AM
Q21D	EVERY 21 DAYS	1	08:00 AM
Q28D	EVERY 28 DAYS	1	08:00 AM
Q30D	EVERY 30 DAYS	1	08:00 AM
Q90D	EVERY 90 DAYS	1	08:00 AM
			12:00 Midnight - 04:00 AM - 08:00
			AM - 12:00 Noon - 04:00 PM - 08:00
Q4H	EVERY 4 HOURS	6	PM
			04:00 AM - 10:00 AM - 04:00 PM -
Q6H	EVERY 6 HOURS	4	10:00 PM
Q8H	EVERY 8 HOURS	3	12 Midnight - 08:00 AM - 04:00 PM
Q12H	EVERY 12 HOURS	2	08:00 AM - 08:00 PM
UD	AS DIRECTED	1	MULTIPLE TIMES
			one time only, additional instruc-
ONCE	ONE TIME ONLY	1	tions
			one time only, additional instruc-
STAT	STAT	1	tions
PRN	AS NEEDED	1	additional instructions
	EVERY 12 HOURS		
Q12HPRN	AS NEEDED	1	additional instructions

PRN codes include: Q2HPRN, Q3HPRN, Q4HPRN, Q6HPRN, Q8HPRN, Q2DPRN, Q48HPRN, Q3DPRN, QDAILYPRN, QHSPRNH

Pharmacy Update

LESS COMMON MEDICATION FREQUENCIES

Code	Description	Times /24H	Days to Admin	Admin Times
2XW	TWICE WEEKLY	1	Tuesday& Thursday**	08:00 AM
3XW	THREE TIMES WEEKLY	1	Monday& Wednesday& Friday**	08:00 AM
4XW	FOUR TIMES WEEKLY	1	Monday& Tuesday& Thursday& Friday**	08:00 AM
Q48H	EVERY OTHER DAY	1	Tiluay	08:00 AM
Q2D	EVERY 2 DAYS	1		08:00 AM
Q3D	EVERY 3 DAYS	1		08:00 AM
ACB	BEFORE BREAKFAST	1		07:00 AM
ACL	BEFORE LUNCH	1		11:00 AM
ACD	TWICE DAILY BEFORE	1		04:00 PM
ACBID	BREAKFAST AND DINNER	2		07:00 AM - 04:00 PM
ACTID	THREE TIMES DAILY BE- FORE MEALS	4		07:00 AM - 11:00 AM - 04:00 PM
ACHS	BEFORE MEALS AND AT BEDTIME	4		07:00 AM - 11:00 AM - 04:00 PM - 09:00 PM
РСВ	AFTER BREAKFAST	1		09:00 AM
PCL	AFTER LUNCH	1		01:00 PM
PCD	AFTER DINNER	1		06:00 PM
PCBID	AFTER BREAKFAST AND DINNER	2		09:00 AM - 06:00 PM,
PC	AFTER MEALS	3		09:00 AM - 01:00 PM - 06:00 PM
PCHS	AFTER MEALS AND AT BEDTIME	4		09:00 AM - 01:00 PM - 06:00 PM - 09:00 PM
Q2H	EVERY 2 HOURS	12		02:00 AM - 04:00 AM - 06:00 AM - 08:00 AM - 10:00 AM - 12:00 PM - 02:00 PM - 04:00 PM - 06:00 PM - 08:00 PM - 10:00 PM - 12:00 AM
Q3H	EVERY 3 HOURS	8		12 Midnight - 03:00 AM - 06:00 AM - 09:00 AM - 12 Noon - 03:00 PM - 06:00 PM - 09:00 PM

^{**} If variation from this schedule is needed, changes will need to be indicated during Order Entry in Avatar

Out & About

etric Scre



























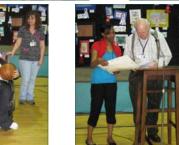












Out & About

2015 Multimedia Art Show Art



































Training at a Glance - March

Class	Date	Time	Place
NEO EMR Nursing	3/16/2015	8:00 a.m1:30 p.m.	BLDG 103-C
			Room C-18
Ostomy DD Services	3/16/2015	8:00 a.m10:00 a.m.	BLDG 103-C
		10:00 a.m12:00 p.m.	Lab
Updated Safety Care Level #2	3/16/2015	8:00 a.m4:30 p.m.	BLDG 99L
	3/17/2015	8:00 a.m12:00 p.m.	BLDG 77L
NEO EMR Nursing	3/17/2015	8:00 a.m1:30 p.m.	BLDG 103-C
			Room C-18
NEO PBS Training	3/17/2015	8:00 a.m4:30 p.m.	BLDG 20
			Gracewood
Updated PNS End User	3/172015	8:00 a.m9:00 a.m.	BLDG 103-C
		9:00 a.m10:00 a.m.	Room C-23
		10:00 a.m11:00 a.m.	
CPRC	3/17/2015	12:30 p.m4:30 p.m.	BLDG 103-C
			Room C-23
NEO PBS Training	3/17/2015	8:00 a.m4:30 p.m.	BLDG 20
			Gracewood
NEO Infection Control and Preven-	3/17/2015	9:00 a.m10:30 a.m.	BLDG 103-D
tion+Handwashing			E&R
Safety Care Level #2	3/16/2015	8:00 a.m4:30 p.m.	
	3/17/2015	8:00 a.m4:30 p.m.	BLDG 99B
	3/18/2015	8:00 a.m12:00 p.m.	
First Aid	3/18/2015	8:00 a.m12:00 p.m.	BLDG 103-C
			Room C-23
CPRA	3/18/2015	1:00 p.m4:30 p.m.	BLDG 103-D
			E&R
Updated PNS Professional	3/18/2015	1:00 p.m3:00 p.m.	BLDG 103-C
•			Lab
NEO Safety Care Level #1	3/18/2015	8:00 a.m4:30 p.m.	BLDG 99F
	3/19/2015	8:00 a.m12:00 p.m.	
NEO Safety Care Level #2	3/18/2015	8:00 a.m4:30 p.m.	BLDG 99L
,	3/19/2015	8:00 a.m4:30 pm.	
	3/20/2015	8:00 a.m12:00 p.m.	
MH-Updated Incident Management	3/19/2015	8:00 a.m9:30 a.m.	BLDG 103-C
		10:00 a.m11:30 a.m.	Room C-23
Updated Seizure Management	3/19/2015	1:00 p.m2:30 p.m.	BLDG 103-C
		3:00 p.m4:30 p.m.	C-23
NEO CPRA	3/23/2015	8:00 a.m11:30 a.m.	BLDG 103-D
			E&R
NEO CPRC	3/23/2015	8:00 a.m12:00 p.m.	BLDG 103-C
			Room C-23
NEO First Aid	3/23/2015	12:30 p.m4:30 p.m.	BLDG 103-C
			Room C-23
First Aid	3/23/2015	8:00 a.m12:00 p.m.	BLDG 103-D
I II St Ald	3, 23, 2013	3.00 d.m. 12.00 p.m.	E&R
CPRA	3/23/2015	1:00 p.m4:30 p.m.	BLDG 103-D
OI ICA	3/23/2013	7.00 p.iii4.30 p.iii.	E&R
NEO DD-Incident Management	3/24/2015	8:00 a.m12:00 p.m.	BLDG 103-D
14LO DD-ITICIQETT Wallayethetit	3/27/2013	0.00 a.iii 12.00 p.iii.	E&R
		l .	LOT

Training at a Glance - March

Class	Date	Time	Place
NEO Medical Emergency Response Sys-	3/24/2015	12:30 p.m4:30 p.m.	BLDG 103-D
tem			E&R
Ostomy DD Services	3/23/2015	12:30 p.m2:30 p.m.	BLDG 103-C
		2:30 p.m4:30 p.m.	Lab
Updated Safety Care Level #2	3/23/2015	8:00 a.m4:30 p.m.	
	3/24/2015	8:00 a.m12:00 p.m.	BLDG 99L
NEO Observation of Individual to Ensure	3/25/2015	8:00 a .m10:30 a.m.	BLDG 103-D
Safety	0,20,2010	0.00 a	E&R
NEO Seclusion and Restraint	3/25/2015	1:30 p.m4:30 p.m.	BLDG 103-D
	0/20/2010	p	E&R
Updated PNS Professional	3/24/2015	1:00 p.m3:00 p.m.	BLDG 103-C
opunion i no i rereserena.	0,2 1,20 10	l los piiii siss piiii	Lab
MH-Updated Incident Management	3/24/2015	1:00 p.m2:30 p.m.	BLDG 103-C
mir opaatoa moidont managomont	0/2-1/2010	3:00 p.m4:30 p.m.	C-23
Updated Safety Care Level #2	3/24/2015	12:30 p.m4:30 p.m.	
opulied odiety odie Level #2	3/25/2015	8:00 a.m4:30 p.m.	BLDG 99B
NEO Therapeutic Incentive Program	3/26/2015	8:30 a.m10:00 a.m.	BLDG 103-D
NEO Therapeutic incentive i rogram	3/20/2013	0.50 a.m10.00 a.m.	E&R
NEO Seizure Management	3/26/2015	10:00 am12:00 p.m.	BLDG 103-D
NEO Seizure Management	3/20/2013	10.00 am12.00 μ.m.	E&R
Safety Care Level #2	3/25/2015	8:00 a.m4:30 p.m.	BLDG 99L
Salety Cale Level #2	3/26/2015	8:00 a.m4:30 pm.	BLDG 99L
	3/27/2015	8:00 a.m12:00 p.m.	
First Aid	3/26/2015	8:00 a.m12:00 p.m.	BLDG 103-D
First Alu	3/20/2013	6.00 a.m12.00 p.m.	E&R
CPRA	3/26/2015	1:00 p.m4:30 p.m.	BLDG 103-C
CFRA	3/20/2013	1.00 p.m4.30 p.m.	Room Lab
NEO PNS Professional	3/27/2015	8:00 a.m12:00 p.m.	BLDG 103-C
NEO PNO Professional	3/2//2015	6.00 a.m12.00 p.m.	Room Lab
NEO PNS End User	3/27/2015	12:20 n m 4:20 n m	BLDG 103-D
NEO PNS Elia Oser	3/2//2015	12:30 p.m4:30 p.m.	E&R
Undeted Sefety Core Level #2 (Meekend)	3/28/2015	8:00 a.m4:30 p.m.	BLDG 99L
Updated Safety Care Level #2 (Weekend)	3/29//2015	8:00 a.m4:30 p.m. 8:00 a.m12:00 pm.	BLDG 99L
CDDC			BLDG 103-C
CPRC	3/30/2015	8:00 a.m12:00 p.m.	Room C-23
Infaction Control and Draven	2/20/2045	40.00 44.20	
Infection Control and Preven- tion+Handwashing	3/30/2015	10:00 a.m11:30 a.m.	BLDG 103-D E&R
	2/20/2045	0.00 2.20	
Updated Safety Care Level #1	3/30/2015	8:00 a.m2:30 p.m.	BLDG 99B
He dated DNC Feed Haar	2/20/0045	4:00	DI DO 400 O
Updated PNS End User	3/30/2015	1:00 p.m2:00 p.m.	BLDG 103-C
		2:00 p.m3:00 p.m.	Room C-23
Undeted Sefety Care Level #2	2/20/2045	3:00 p.m4:00 p.m.	DI DO 001
Updated Safety Care Level #2	3/30/2015	8:00 a.m4:30 p.m.	BLDG 99L
NEO EMP Nuroing	3/31//2015	8:00 a.m12:00 pm.	DI DC 403 C
NEO EMR Nursing	3/31/2015	8:00 a.m1:30 p.m.	BLDG 103-C
NEO DDC Training	2/24/2045	0.00 4.00	Room C-18
NEO PBS Training	3/31/2015	8:00 a.m4:30 p.m.	BLDG 20
Undeted Colours Management	0/04/0045	0.00 5 0.00	Gracewood
Updated Seizure Management	3/31/2015	8:00 a.m9:30 a.m.	BLDG 103-D
Plant At I	0/04/004=	10:00 a.m11:30 a.m.	E&R
First Aid	3/31/2015	8:00 a.m12:00 p.m.	BLDG 103-C
			Room C-23

Training	ata	Glance -	March
-----------------	-----	----------	-------

Class	Date	Time	Place
CPRA	3/31/2015	1:00 p.m4:30 p.m.	BLDG 103-C Room C-23
Updated Safety Care Level #2	3/31/2015 4/1/2015	8:00 a.m4:30 p.m. 8:00 a.m12:00 pm.	BLDG 99B

Unit designated scheduler should e-mail all CPR/First Aid to Jackie Huff and all other class requests to Runtha Giddens.

Effective Friday 2/6/15 Safety Care classes will be as follow:

Safety Care Level #2- 16 hours

Updated Safety Care Level #2- 12 hours

Safety Care Level # 1- 12 hours

Updated Safety Care Level #1- 6 hours

Infection Control - New Virus



The Centers for Disease Control and Prevention (CDC) reports on the discovery of a new virus that may have contributed to the death of a previously healthy man in eastern Kansas in late spring 2014. A CDC study details the progression of the man's illness and actions taken by CDC, the Kansas Department of Health and Environment (KDHE), and University of Kansas Medical Center (UKMC) to treat and investigate the case. The virus, named Bourbon virus for the county where the patient lived, is part of a group of viruses called thogotoviruses. This is the first time a virus in this group has been shown to cause human illness in the United States and only the eighth known case of thogotoviruses causing symptoms in people.



Since viruses in this group (thogotoviruses) have been linked to ticks or mosquitoes in parts of Europe, Asia, and Africa, Bourbon virus might also be spread through tick or other insect bites. The Kansas man had received multiple tick bites in the days before becoming ill. After test results for many infectious diseases came back negative, a sample of the patient's blood was sent to CDC for additional testing. Initial CDC testing showed evidence of an unidentified virus in the sample. CDC researchers then used Advanced Molecular Detection

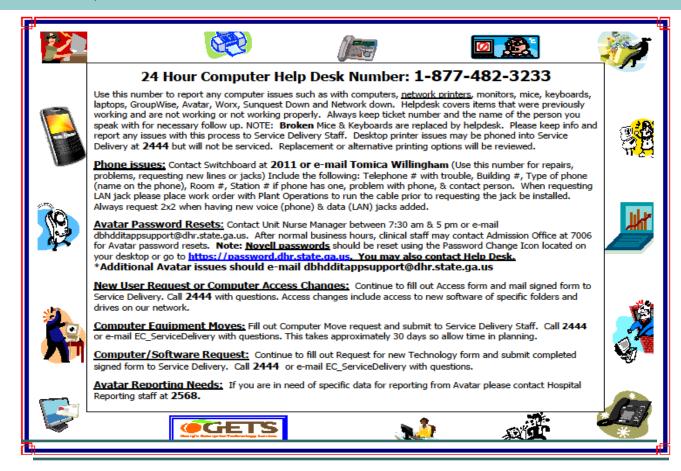
(AMD) and determined that it was a new virus.

CDC is collaborating with KDHE and UKMC to identify additional cases of Bourbon virus disease, determine who gets sick and with what symptoms, and how people are getting infected. CDC experts will also be working in the lab to better understand the virus itself, how it makes people sick, and what animals (if any) may play a role in its spread. This information will help determine the best ways to potentially prevent and control Bourbon virus.

The discovery of Bourbon virus, as well as the recent discoveries of Heartland virus in Missouri and severe fever with thrombocytopenia syndrome viruses in China, leads CDC researchers to believe that other undiscovered viruses are likely causing people to get sick.

For more information on Bourbon virus, visit http://www.cdc.gov/ncezid/dvbd/bourbon/index.html.

Volume 11, ISSUE 17 PAGE 14



Hospital Security

Help Prevent Theft and Other Crimes

- Keep your cell phone, purse, wallet, keys, or other valuable items with you at all times, or locked in a secure place.
- Challenge all persons who appear to be out of place or suspicious. This can be accomplished by simply
 asking, "May I help you?". Do not rely on a hospital uniform, such as scrubs, to identify someone as an
 employee. Instead, ask for their ECRH identification badge. If further assistance is required, call Hospital Security.
- Make sure to close and lock doors and windows if you are the last to leave.
- Secure all valuable equipment such as electronic items, computers, or printers.
- Report any broken or flickering lights, dimly lit corridors, doors that don't lock properly, or broken windows to Plant Operations. Don't wait for someone else to do it.
- Practice responsible key control. Do not keep a spare master key in an accessible place for the convenience of staff who might lock themselves out of their office.
- Record serial numbers of valuables, especially electronic items such as televisions, etc.
- Immediately report any suspicious activity to Hospital Security.



Safety Shop - Spring Weather Safety Tips

Spring is right around the corner, and with it comes the threat of severe weather. Tornadoes, thunder-storms, hail, ice storms, and flooding can damage or destroy homes and commercial buildings along with entire neighborhoods within minutes.

- Nobody likes to cancel an outdoor activity, but when weather looks threatening, remember to put patient/family safety first. Before heading out, turn on your radio or TV to see if a storm watch or warning is issued for your area. Also, have a family disaster plan in place. Here at ECRH we do have a disaster plan for our facility. I strongly urge all staff to look over the Emergency Operations Plan (EOP). Located on J drive under Everyone folder, ECRH plan folder, Emergency Operations Plan.
- A major storm can knock out utility service to your area, leaving you without electricity, heat, water or fresh food. All homes and businesses should have an emergency kit that can be accessed at a moment's notice.

An emergency kit should at least include:

ECRH Kits:

- ♦ First Aid Kit
- ◆ Flashlights
- ♦ Weather Radio or Hand Held Two-way Radio
- ♦ Blankets & Towels

Home Kit:

- ♦ Water one gallon of water per person, per day, for at least three days, for drinking and sanitation.
- Food at least a three-day supply of non-perishable food.
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both.
- Flashlight and extra batteries.
- ♦ First aid kit.
- A whistle to signal for help.
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place.
- Moist towelettes, garbage bags and plastic ties for personal sanitation.
- Wrench or pliers to turn off utilities such as gas and or water mains, and power.
- Can opener for food (if kit contains canned food).
- ♦ Local maps.
- Cell phone with chargers, inverter, or solar charger.

If you need assistance with anything Fire Safety, Life Safety, Radio Communications, MSDS, HazMat, Medical Equipment, or Emergency Management, please contact Jennifer Sosebee, Safety Manager, at 706-790-2400/2401. Or e-mail at jgsosebee@dhr.state.ga.us.

HELP ME HELP YOU make ECRH a safe place for our individuals, visitors, and staff.

March is Social Workers Month

SOCIAL WORK





HAPPY SOCIAL WORK MONTH!

This was shared with me by a colleague and I want to share it with you in honor of social work month.

What Social Workers Make?

The dinner guests were sitting around the table discussing life. One man decided to explain the problem with social services. He argued, "How's a person going to benefit from someone who decided his best option in life was to become a social worker?" He reminded the other dinner guests what they say about social workers- "Bleeding heart liberals." To stress his point, he said to one of the guests, "You're a social worker, Bonnie. Be honest. What do you make?"

Bonnie, who had a reputation for honesty and frankness, replied, "You want to know what I make?" She paused for a second, and then began. "Well, my colleagues and I make safe places for abused children and battered wives. In the process, we do our best to make them feel that they didn't deserve the treatment they got, so they can go out and do better in their lives. We make arrangements for the elderly to go home from hospitals with adequate care, and run support groups so their caregivers don't burn out. When a young widow or single mother doesn't know where to turn, my colleagues and I make sure that she knows-whether people like it or not- what benefits she's eligible for. And we do the best we can to make sure she doesn't get lost in the bureaucracy. We make plans with clients so they can get jobs and homes. And this is only a start." "You want to know what social workers make." Bonnie asked again. She paused and looked at every person at the table.

"We make visits in neighborhoods that a lot of people wouldn't go to on a bet, because we know that people there are in need. And we make friends there who invite us back to their weddings, their luaus, and the open-in of the community center that we campaigned for. We make time to listen to the elderly, the mentally ill, the lonely. And we have knowledge and skills to help them make real improvements in their lives. We make appointments with officials and testify before the legislature to get everyone in the commu-

(Continued on page 17)

March is Social Workers Month

(Continued from page 16)

nity a fair share.

Some of us teach, to make the next generation's social workers. And sometimes, we make plans with our friends and families- and then have to break them because there's an accident, a fire, a disaster, here or in another state or even another country, and a social worker is needed." Bonnie paused one last time and then continued. "So when people want to judge us by what we make, we can hold our heads up high and say, 'I make a difference... what do you make?"

Author unknown

Each March Social Workers all over the world celebrate their profession and the positive impact they have on others. East Central Regional social work staff work diligently to help the individuals we serve move towards independence and recovery. Please join the East Central Social Workers in celebrating Social Work Month. We do make a difference!!

Contributed by Lisa Kuglar

Blood Drive Honor Roll



Patricia J. Meely

Tommie E. Wells

Glenn W. Aaron

Debra P. Brizius

Latasha T. Mendenhall

Sammy A. James

Velma Bryant

Wanda J. Boone

Alicia K. Martin

Eric A. Turner

Derrick Council

Lynn L. Burke-Reyes

Jennifer Mass







Gracewood Post Office

Window Hours

M-F 9:00 am-12:00 noon

1:30 pm-4:30 pm

Sat 9:00 am-10:45 am





Visit the Gracewood Post Office today and ask Frank Deas about renting a Post Office Box!





RCFCU Newsletter

MARCH 2015

2048 Tobacco Rd. Augusta, Ga. 30906

www.richmondcommunityfcu.org











Published Twice Monthly



Dr. Vicky Spratlin

Interim Regional Hospital Administrator

Matt McCue

Interim Associate Regional Hospital Administrator

Dr. Vicky Spratlin

Clinical Director

Mickie Collins

Chief Operating Officer

Augusta Campus

3405 Mike Padgett Highway

Augusta, Georgia 30906

Gracewood Campus

100 Myrtle Boulevard

Gracewood, Georgia 30812

Teresa Crouch

Publisher

Harold "Skip" Earnest

Editor/Photographer

NOTICE

Items for publication must be submitted in written form. The upcoming issue's deadline is March 24, 2015. All articles and notices submitted for publication in the East Central Regional Hospital Bulletin are subject to editorial discretion. Please contact the Bulletin editor if you have questions regarding editorial decisions.



Serving Georgia's citizens since 1921

Our Mission

The mission of East Central Regional Hospital is to provide safe, competent and compassionate services to persons with mental illness and/or developmental disabilities.

Our Vision

The vision of our Facility is to be a center of excellence in the provision of comprehensive, responsive and compassionate care for consumers and their families.

Our Values

East Central Regional Hospital is caring and therefore, responsive to our consumers, their families, stakeholders and our employees through commitment to our core values:

Integrity

Communication & Collaboration

Accountability

Recognition through Relationships

Empowerment through Excellence



Accredited

by

The Joint Commission

Campus Marquees

Deadline for submission of

APRIL MESSAGES

March 24, 2015

Submit information to Skip Earnest

Gracewood Campus

Extension 2102

(Information must be submitted on or before the indicated date

to be placed on Marquees for the following month.)

ECRH Jobs List

This is a list of job openings currently available at East Central Regional Hospital. For further information regarding these positions, please go to the DBHDD webpage at www.dbhddjobs.com.

Activity Therapist - Augusta Campus

Activity Therapy Leader - Gracewood Campus

Auditor - Nursing

Auditor - Psychology

Auditor - Social Work

Behavior Specialist - Forensics

Behavioral Health Counselor

Behavioral Health Social Worker (MSW) - Redbud

Certified Nursing Assistant - Lead

Clerical Worker - Hourly - Admissions

Client Support Worker (AL) / Instructor 3 / AMH Mall

Client Support Worker - Community Integration Home

Client Support Worker - Gracewood

Clinical Dietitian

CNA - Skilled Nursing Facility

Craftsman Foreman

DD Campus Supervisor - 2nd & 3rd Shift

DD Shift Supervisor - Gracewood Campus

Director of Clinical Information Systems

Director of Risk Management

Food Service Manager

Food Service Worker (WL)

General Trades Craftsman

Health Care Worker (Part-time) - Community Integration Home

Health Service Technician 1 - Augusta Mental Health Campus

Health Service Technician 1 - Gracewood Campus

Health Services Technician 2 - Augusta Mental Health Campus

<u>Health Services Technician 2 - Gracewood Campus</u>

<u>Housekeeper</u>

Housekeeping Director

Housekeeping Team Leader

HVAC Repair Technician

Institutional Locksmith

Instructor 3 - Forensic Treatment Mall - Augusta Campus

Laundry Supervisor

Laundry Worker

Laundry Worker (Part time weekends)

LPN - Gracewood Campus

LPN - Augusta Mental Health Campus

LPN - Hourly/PRN - Gracewood Campus

LPN - Skilled Nursing Facility

Mental Health Counselor

Nurse Administrator - (E/N) Gracewood and Augusta Campus

Nurse Investigator

Nurse Manager (RN) - Forensics

Nurse Practitioner - Skilled Nursing Facility

Occupational & Physical Therapy Technician

Occupational Therapist

Procurement Officer

Program Assistant - Admissions

Program Assistant - Forensic

Program Associate - Adult Mental Health Treatment Mall

Program Associate - Dental Services

<u>Psychiatric Nurse Practitioner - Augusta Mental Health Campus</u>

Qualified Intellectual Disabilities Professional

Quality Management Technician

Regional Hospital Chief Financial Officer

RN - Augusta Mental Health Campus

RN - Charge Nurse - Augusta Campus

RN - Charge Nurse - Gracewood Campus

RN - Forensic Mall

RN - PRN

RN - Gracewood Campus

RN - Skilled Nursing Facility

Service Director (Charge Nurse) - Gracewood Campus

Shift Supervisor - Augusta Mental Health Campus

Skilled Utility Worker

Work Instructor 1 - Gracewood Campus

Work Therapist - Augusta Campus

Work Therapy Instructor 2 - Augusta Campus

Work Therapy Instructor 2 - Forensic - Augusta Campus