



Georgia Department of
Behavioral Health & Developmental Disabilities

ECRH Bulletin

VOLUME 12, ISSUE 24

JUNE 30, 2016

East Central Regional Hospital

Special points of interest:

- *Employee of the Month*
- *Out & About*
- *What's in a Month*
- *Taking Flight*
- *ECRH Jobs List*

"I wish we were all hippies and did yoga, accepted everyone for who they are, and listened to wonderful music. I just wish we could redo society."

Bob Marley

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From the Desk of the RHA - Paul Brock



TJC Accreditation

Due to the results of the accreditation activity conducted on March 15 – 18, 2016 and our effective response to identified areas for improvement, I'm happy to announce that The Joint Commission has officially notified the facility that both campuses have received full accreditation. Congratulations everyone for your outstanding collaboration with The Joint

Commission to improve the safety and quality of care that ECRH provides daily to the individuals we serve.

DBHDD Management Academy Graduates and Nominees

The Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) recognized Lynn Burke-Reyes, Director of Risk Management, Shannon Lariscy, CIH Director, and Regenia Harrison-Moore, TIP Coordinator as emerging leaders for their successful completion of the department's fourth Management Academy. Administrators and supervisors from throughout the state received certificates from DBHDD Commissioner Frank Berry and Institute of Government Director Laura Meadows at a graduation ceremony held June 10th in Atlanta. The Management Academy, one of the many training programs the Institute provides for state government employees, follows a curriculum that the Institute and DBHDD developed to address needs and challenges specific to the department. After receiving their certificates, Judy Fitzgerald inducted the graduates into the DBHDD Management Academy Alumni Association. Please congratulate Lynn, Shannon, and Regenia for their outstanding accomplishment.



The Cohort 5 DBHDD Management Academy will commence July 14, 2016 and I'm delighted to announce that ECRH will again be well represented by three nominated emergent leaders; Kim Willingham, ECRH Dental Director, Cassandra Roberts, Clinical Pharmacist and Shanta Searles, Program Director. Each were selected by DBHDD to participate in this certification program designed to equip current and future leaders with the skills and tools to position DBHDD as an "Employer of Choice" while supporting the department's vision and mission.

*Sincerely,
 Paul Brock*

New Employees



Front Row(L-R): Carnita Kelly, LPN; Melody Blackston, RN; Jacinda Boudle, RN; Matthew Agerton, Food Service Worker

Back Row(L-R): Kaylin Corbitt, HST; Courtney Spivey, HST; Alayah Canteen, Lifeguard; Bonita Bolton, CNA

Front Row(L-R): Natalie Wingate, HST; Andre Campbell, HST; Angel Taylor, HST; Hope Faison, HST

Back Row(L-R): Robert Drake, Groundskeeper; Gladys Guerrero, CNA; Wyshonda Cowins, LPN; Jeffery Pooser, Teacher



Front Row(L-R): Alberta Wrice, Warehouse Worker; Tammie Page, HST; Vanessa Raiford, HST; Terri Allen, CNA

Back Row(L-R): Shaun Cumbermack, RN; Brandon Self, Maintenance Worker; Commen Mayo, HST; Lindsay Wallace, CNA



Front Row(L-R): Scott Kesterson, HST; Aujalaya Hamilton, HST; Tamika Smith, HST; Jasmine Williams, HST

Back Row(L-R): Lauran Simpson, HST; Benjamin Cawley, Activity Therapist; Kristal Holmes, HST; Dametris Albea, HST



New Employees



Deondre Mendenhall, Dental Worker

WELCOME!

Veteran Employees - Retirement



Come and Celebrate 29 Years of
Dedicated Service to the State of Georgia

Retirement
of

Ms. Patricia Brown

Sunday July 3, 2016

@3:00 pm

Cheddars

3609 Walton Way Extension
Augusta, Georgia 30909

RSVP to 706-589-0915
or SpiceyMeadows@gmail.com

HR Partners

IMPORTANT REMINDERS TO ALL ECRH TEAM MEMBERS

Included here are two very important sections from the DBHDD Policy 22-1201, *Standards of Conduct and Ethics in Government*. They relate to basic professionalism expectations of us all. Please review and if you have any questions please address them to your supervisor or manager. Thank you.
Doug Fine, HR Manager

F. CONDITIONS OF EMPLOYMENT

Employees must comply with the conditions of employment specified in laws, rules, policies, Code of Ethics and the Governor's Executive Orders referenced previously. Examples include, but are not limited to:

1. Dressing appropriately and presenting a neat and clean appearance.
2. Maintaining professional relationships with co-workers and supervisors. Maintaining a courteous, professional demeanor in the presence of individuals served, the general public, and other employees. Giving clear and accurate information in a professional manner. Using appropriate telephone courtesy.
3. Reporting for work on time. Observing appropriate call-in procedures for late arrival and/or absence. Observing provisions of the Fair Labor Standards Act. Observing policies on break and meal periods. Using work time for work-related activity.
4. Using leave appropriately, including submitting timely requests and providing documentation for use of leave when required.
5. Observing established policies on health, safety, security and sanitation. Notifying supervisors of circumstances or situations that present potential health hazards.
6. Complying with instructions from all supervisors and managers.

G. ACTIVITIES AND CONDUCT

1. Employees are expected to maintain a professional and businesslike relationship with fellow employees. DBHDD will not tolerate threatened acts of violence in the workplace. Reports of threats or acts of violence will be thoroughly reviewed and appropriate action will be taken. Examples of prohibited behavior are:
 - a. Threatening, abusive, or profane language, behavior or written material;
 - b. Argumentative behavior, whether directed toward a supervisor, individual served, customer, co-worker or any other party while on duty or while acting under color of office;
 - c. Fighting;
 - d. Unprofessional behavior such as sexual-related conversations, inappropriate touching of another employee (e.g., kissing, hugging, massaging, sitting on laps), racial or ethnic jokes and slurs, and other verbal or physical conduct of an offensive nature;
 - e. Intimate relationships between managers or supervisors and their subordinate staff members, through any line of authority, based on the significant potential for such relationships to present an actual or perceived conflict of interest. Employees who enter into such relationships are expected to notify higher management of the need for one or both of the employees in the relationship to be reassigned, so that a line relationship no longer exists between the employees.

HR Partners

(Continued from page 4)

Intimate relationships between co-workers are prohibited when the relationship has a demonstrated negative effect on the performance of either co-worker or the effective, efficient functioning of the work unit.

2. DBHDD employees are required to cooperate fully and truthfully and provide assistance with any type of investigation regarding alleged criminal or administrative misconduct or other personnel issues. This includes, but is not limited to, activities such as cooperating fully and truthfully in interviews, answering any and all questions related to the performance of official duties, producing requested documents or objects and/or participating in polygraph.
3. Employees are not to engage in activities other than official business during working hours. Prohibited activities include, but are not limited to:
 - a. Lending or borrowing money (occasional voluntary loans of nominal value may be acceptable);
 - b. Gambling;
 - c. Conducting an outside business while on duty by any means of communication, such as wearing beepers, operating fax or copier machines, computers, telephones, etc.;
 - d. Being on call for other employment;
 - e. Soliciting, selling products or fund raising on the work premises for personal profit or for an organization unless specifically authorized (e.g., the State Charitable Contributions Program, personal events such as retirements);
 - f. Distributing advertisements, pamphlets, or similar literature or soliciting memberships. Training where products or services are sold is strongly discouraged, and;
 - g. Sleeping.



Out & About



A couple more pics from the DBHDD Management Academy.

On the left (L-R) Dr. Vitacco, Lynn Burke-Reyes, Shannon Lariscy, Regenia Harrison-Moore, and Dr. Henle.



On the right (L-R) ECRH-RHA Paul Brock and Dr. Li, Director of Hospital Services for IDD.



Thanks to Dr. Henle for the pics.



Employee of the Month - May



I would like to nominate one of the best staff who has ever worked at Gracewood – Joe Beck. Mr. Beck is retiring at the beginning of July, to the utter dismay of a multitude of staff and individuals who have been fortunate enough to work with him over the years. Joe is kind, thoughtful, helpful, giving, funny, responsive, understanding, and VERY effective at what he does. He truly enjoys and appreciates all the people he works with, and he has relieved MANY a staff for their breaks over the years, as well as taking individuals to his office for a cup of coffee or a drink - to give staff a break. The individuals enjoy his presence and are always happy to see him. His skills at what he does are legendary. While he deserves to leave after all the years he has given us, we are all sad to see him go, but wish him all the best in his new life. Thanks from all of us, Joe!



Infection Control - Scarlet Fever

Scarlet Fever: A Group A Streptococcal Infection

Scarlet fever – or scarlatina – is a bacterial infection caused by group A Streptococcus or "group A strep." This illness affects a small percentage of people who have strep throat or, less commonly, streptococcal skin infections. Scarlet fever is treatable with antibiotics and usually is a mild illness, but it needs to be treated to prevent rare but serious long-term health problems. Treatment with antibiotics also helps clear up symptoms faster and reduces spread to other people. Scarlet fever results from group A strep infection. Although anyone can get scarlet fever, it usually affects children between 5 and 15 years old. If your child has a sore throat and red rash that feels rough like sandpaper, their doctor can test for strep. Quick treatment with antibiotics can protect your child from possible long-term health problems.

How Do You Get Scarlet Fever?

Group A strep bacteria can live in a person's nose and throat. The bacteria are spread through contact with droplets from an infected person's cough or sneeze. If you touch your mouth, nose, or eyes after touching something that has these droplets on it, you may become ill. If you drink from the same glass or eat from the same plate as the sick person, you could also become ill. It is possible to get scarlet fever from contact with sores from group A strep skin infections.

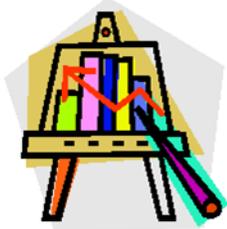
Common Symptoms of Scarlet Fever

- A very red, sore throat
- A fever (101° F or above)
- A red rash with a sandpaper feel
- Bright red skin in underarm, elbow, and groin creases
- A whitish coating on the tongue or back of the throat
- A "strawberry" tongue
- Headache or body aches
- Nausea, vomiting, or abdominal pain
- Swollen glands

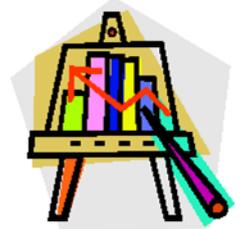
Scarlet fever is treatable with antibiotics. Since either viruses or other bacteria can also cause sore throats, it's important to ask the doctor about getting a strep test (a simple swab of the throat) if your child complains of having a sore throat. If the test is positive, meaning your child is infected with group A strep bacteria, your child's doctor will prescribe antibiotics to avoid possible, although rare, long-term health problems, reduce symptoms, and prevent further spread of the disease.

Reference: <http://www.cdc.gov/features/scarletfever/index.html>

Quality Corner



NEWS & INFORMATION FROM THE QUALITY MANAGEMENT DEPARTMENT



Keep our Campus Safe and Beautiful

Recently, a member of our Executive Team was walking from place to place on the Augusta campus as he routinely does. While walking, he discovered several items of trash lying on the ground. One of the items was a 10-inch long piece of line from a string trimmer. There are individuals on the Augusta campus who could use this item for self-harm. Also found was a 2-inch piece of sharp glass. This item could be used not only for self-harm, but also to harm others. These are not isolated events – there have been reports of numerous other similar finds on campus grounds. Although both campuses are smoke-free, unfortunately many cigarette butts can also be found on the grounds. These provide pica hazards as well as temptations for individuals.

It is up to all of us to help maintain a clean and safe environment for our individuals. Please be mindful of items you may accidentally drop and always dispose of trash in appropriate receptacles. If you see trash on the ground, please help out by picking it up and disposing of it as well. Please ensure that items of a clearly hazardous nature are thrown out in a receptacle that individuals do not have access to.

Thank you for helping to keep our individuals safe and our campus beautiful!

Pharmacy Notes



“Pharmacy for Nurses” Class:

**ALL nurses are encouraged to attend the
“Pharmacy for Nurses” class:**

Gracewood Campus - Building 103B:

during New Employee Nursing Orientation

July 1, 2016

July 19, 2016

August 2, 2016

August 16, 2016

August 31, 2016

1:30pm – 2:30pm

**Please contact Casandra Roberts or Adeola Oke
in the Pharmacy for more information (ext. 2496)**



Safety Shop

Summertime Safety



- It is estimated that grill fires cause **10 deaths, 100 injuries and \$37 million in dollar loss per year. (2006–2008)**
- **Over half (57 percent) of grill fires occur in the months of May, June, July, and August. (2006–2008)**
- **74 percent of all children's camping injuries are campfire-related. (Dayton Children's Medical Center)**

Burn Care for minor burns, including first-degree burns and second-degree burns limited to an area no larger than 3 inches:

- Cool the burn area under cool running water for 10 to 15 minutes or until the pain subsides. Don't put ice on the burn.
- Cover the burn with a sterile gauze bandage.
- Take an over-the-counter pain reliever.

(MayoClinic.com)



FEMA

U.S. Fire Administration

For information and resources on this subject, visit www.usfa.dhs.gov/citizens/focus

HELP ME HELP YOU make ECRH a safe place for our individuals, visitors, and staff. For safety related issues, contact Kenneth Hillman at 790-2400.

Recovery-Oriented Community Reintegration (ROCR) Program

Mission:

The Recovery-oriented Community Reintegration Program's mission is to empower recovering individuals to engage in personally meaningful, strengths-based, and community-oriented experiences that utilize recovery principles and evidenced based practices.

Vision:

The Recovery-oriented Community Reintegration Program will contribute to a seamless continuum of empowerment and social inclusion that bridges the gap between hospitalization and positive community transition through a process of guided autonomy and an integrated network of community partnerships.

Values:

- We encourage innovation, creativity, and collaboration.
- We acknowledge and promote positive well-being in the presence of mental illness.
- We place equal attention on scientific advancement and lived experiences.
- We are a transdisciplinary team.
- We are a program without walls.
- We define success subjectively by the individuals' perceived quality of community-oriented experiences and objectively by the number of individuals who are successfully reintegrated into their communities.



Recovery-Oriented Community Reintegration (ROCR) Program

(Continued from page 10)

Beginning in July, the ROCR Team will adjust meetings that were previously held on Monday afternoons to the **new day and time** on Thursdays from 10:00am to 11:00am in the Building #13 Conference Room. Please contact Tiffany Snow for the up-to-date schedule of ROCR meetings at Tiffany.Snow@dbhdd.ga.gov or 706-792-7253.

Please contact anyone from the ROCR Team for additional information regarding how to be a part of this program initiative on the Augusta Campus as it continues to grow and develop through the support of multiple disciplines.

Language Line Services

ECRH's Language Access Coordinator is Cindy White. The LAC ensures that both language and sensory impairment needs of the consumers and families of East Central Regional Hospital are addressed. Did you know that Spanish is the second most spoken language in the United States? East Central Regional Hospital has two certified staff that speak Spanish. The hospital contracts with Latin American Translators Network, Inc. (LATN) for interpreting services for both language and sensory impairment needs.

If you have a consumer or family that needs interpreting services please notify the Language Access Coordinator, Cindy White, at 706-792-7006 for assistance. After hours, contact the Admitting/Receiving staff at 706-792-7006 so that arrangements can be made for interpreting. You can also e-mail Cindy White at Cynthia.White@dbhdd.ga.gov.

The Notice of Free Interpretation Services should be posted in all public and consumer areas. Language Line services may be used in emergency cases or when you have an immediate need for interpreting. To access the language line, follow the instructions below:

When receiving a call:

1. Tell the Limited English speaker to please hold.
2. Press the "Tap" button on the phone.
3. Dial 9-1- (866) 874-3972.
4. Enter on the telephone keypad or provide to the representative the 6 digit Client ID below:
 - * 6-digit Client ID: **5 1 3 3 0 8**
 - * Press 1 for Spanish
 - * Press 2 for all other Languages (Speak the name of the language at the prompt) an interpreter will be connected to the call.

You may press 0 or stay on the line for assistance.

5. Brief the Interpreter. Summarize what you wish to accomplish and give any special instructions.
6. Press "Tap" button to connect the Limited English speaker.

When placing a call to a Limited English speaker, begin at Step 2 above.

When a Limited English speaking person is present in the workplace:

1. Use the Gold Language Identification Card showing the geographical region where you believe the limited speaker may come from. The message underneath each language says: "Point to your language. An Interpreter will be called. The interpreter is provided at no cost to you."
2. Refer to the Quick Reference Guide to access an interpreter through Language Line Services.
3. If unable to identify the language, the representative will help you.

For more information you may visit the Language Line Services website at www.language.com.

Occupational Health - Heat Related Illness

The best defense is prevention. Here are some prevention tips:

- Drink more fluids (nonalcoholic), regardless of your activity level. Don't wait until you're thirsty to drink. Warning: If your doctor generally limits the amount of fluid you drink or has you on water pills, ask your doctor how much you should drink while the weather is hot.
- Don't drink liquids that contain alcohol or large amounts of sugar—these actually cause you to lose more body fluid. Also, avoid very cold drinks, because they can cause stomach cramps.
- Stay indoors and, if at all possible, stay in an air-conditioned place. If your home does not have air conditioning, go to the shopping mall or public library—even a few hours spent in air conditioning can help your body stay cooler when you go back into the heat. Call your local health department to see if there are any heat-relief shelters in your area.
- Electric fans may provide comfort, but when the temperature is in the high 90s, fans will not prevent heat-related illness. Taking a cool shower or bath, or moving to an air-conditioned place is a much better way to cool off.
- Wear lightweight, light-colored, loose-fitting clothing.
- NEVER leave anyone in a closed, parked vehicle.
- Although any one at any time can suffer from heat-related illness, some people are at greater risk than others. Check regularly on: infants and young children ,people aged 65 or older ,people who have a mental illness ,and those who are physically ill, especially with heart disease or high blood pressure
- Visit adults at risk at least twice a day and closely watch them for signs of heat exhaustion or heat stroke. Infants and young children, of course, need much more frequent watching.



If you must be out in the heat:

- Limit your outdoor activity to morning and evening hours. Try to rest often in shady areas.
- Cut down on exercise. If you must exercise, drink two to four glasses of cool, nonalcoholic fluids each hour. A sports beverage can replace the salt and minerals you lose in sweat. Warning: If you are on a low-salt diet, talk with your doctor before drinking a sports beverage. Remember the warning in the first "tip" (above), too.
- Wear a wide-brimmed hat/sunglasses and use sunscreen of SPF 15 or higher (the most effective products say "broad spectrum" or "UVA/UVB protection" on their labels).



Training at a Glance - July

Class	Date	Time	Place
EMR Nursing	7/1/2016	8:00 a.m.-1:30 p.m.	BLDG 103-C Room C-18
NEO Principles of Recovery	7/1/2016	10:00 a.m.-11:00 a.m.	BLDG 103-D E&R
Ostomy DD Training	7/1/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
MH-Incident Management Annual	7/1/2016	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-C ROOM C-23
NEO Infection Control and Prevention+Handwashing	7/5/2016	9:00 a.m.-10:30 a.m.	BLDG 103-D E&R
Drivers Improvement (Defensive Driving)	7/5/2016	8:00 a.m.-2:30 p.m.	BLDG 103-C Lab
NEO Safety Care Level #1	7/6/2016	8:00 a.m.-12:00 p.m.	BLDG 103-D E&R
NEO Safety Care Level #2	7/6/2016 7/7/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 103-D E&R
CPRC	7/6/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C ROOM C-23
Updated Seizure Management	7/6/2016	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-D E&R
Updated PNS Professional	7/6/2016	8:00 a.m.-10:00 a.m. 10:00 a.m.-12:00 p.m.	BLDG 103-C Lab
MH-Incident Management Annual	7/6/2016	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated PNS End User	7/6/2016	1:00 p.m.-2:00 p.m. 2:00 p.m.-3:00 p.m. 3:00 p.m.-4:00 p.m.	BLDG 103-C Lab
CPRA	7/7/2016	8:00 a.m.-11:30 a.m.	BLDG 103-C ROOM C-23
First Aid	7/7/2016	12:30 p.m.-4:30 p.m.	BLDG 103-C ROOM C-23
Updated PNS Professional	7/7/2016	1:00 p.m.-3:00 p.m. 3:00p.m.-5:00 p.m.	BLDG 103-C Lab
DD-Incident Management Annual	7/7/2016	8:00 a.m.-10:00 a.m. 10:00 a.m.-12:00 p.m.	BLDG 103-D E&R
Infection Control and Prevention+Handwashing	7/7/2016	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-D E&R
NEO PBS Training	7/8/2016	8:00 a.m.-12:00 p.m.	BLDG 20 Gracewood
Updated Seizure Management	7/8/2016	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 p.m.	BLDG 103-C Lab
First Aid	7/8/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
CPRA	7/8/2016	1:00 p.m.-4:30 p.m.	BLDG 103-C Room C-23
NEO CPRA	7/11/2016	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
NEO CPRC	7/11/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab

Training at a Glance - July

Class	Date	Time	Place
NEO First Aid	7/11//2016	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Infection Control and Prevention+Handwashing	7/11/2016	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-D E&R
Updated Seizure Management	7/11/2016	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated Safety Care Level #2	7/11/2016 7/12/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-11:00 a.m.	BLDG 99L
Updated PNS Professional	7/12/2016	8:00 a.m.-10:00 a.m. 10:00 a.m.-12:00 p.m.	BLDG 103-C Lab
First Aid	7/12/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
CPRC	7/12/2016	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
NEO Medical Emergency Response System	7/12/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
NEO Seizure Management	7/12/2016	12:30 p.m.-2:30 p.m.	BLDG 103-D E&R
Updated Safety Care Level #2	7/12/2016 7/13/2016	1:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99L
Updated PNS End User	7/13/2016	1:00 p.m.-2:00 p.m. 2:00 p.m.-3:00 p.m. 3:00 p.m.-4:00 p.m.	BLDG 103-C Room C-23
NEO Observation of Individual to Ensure Safety	7/13/2016	8:00 a.m.-10:30 a.m.	BLDG 103-D E&R
NEO Seclusion and Restraint	7/13/2016	1:30 p.m.-4:30 p.m.	BLDG 103-D E&R
CPRA	7/14/2016	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
First Aid	7/14//2016	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Infection Control and Prevention+Handwashing	7/14/2016	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-C Lab
Updated Safety Care Level #1	7/14/2016	8:00 a.m.-11:30 a.m.	BLDG 99F
Safety Care Level #2	7/14/2016 7/15/2016	8:00 a.m.-4:30 p.m.	BLDG 99L
NEO Therapeutic Incentive Program	7/14/2016	8:30 a.m.-10:00 a.m.	BLDG 103-D E&R
Drivers Improvement (Defensive Driving)	7/15/2016	8:00 a.m.-2:30 p.m.	BLDG 99F
MH-Incident Management Annual	7/15/2016	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-D E&R
NEO PNS Professional	7/15/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO PNS End User	7/15/2016	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R

Unit designated scheduler should e-mail all CPR and First Aid requests to Rodrigus P. Gardner and all other class requests to Runtha Giddens.

Out & About

Pat Brown Retirement



Joe Beck Retirement



July Birthdays

July 1	Toni Louise Barnes Deborah D. Labord Vijay Maurya Morgan C. Taylor	July 11	Frankie Mae Sapp Shenia Lasalle Williams
July 2	Jackqueline Nicole Harris Carletta C. Johnson Eliza A. Myers	July 12	Todd M. Fulmer Ronald Alan Hyman
July 3	Apryl A. Burgess Julia R. Frantzich Jeffery B. Pooser Edna Smith Andre Cyrano Sullivan Sheria C. Phillips	July 13	Karen L. Gibbons-Berry Tonya Greene Elaine Ann Kelley Apiphany M. Thompson Fatimah White Diana Withrow
July 4	Dorathy R. Habersham Kenneth Dwayne Lester Maria Santiago Johnny L. Sapp Karen Denise Sessoms	July 14	Elaine Biley Thora A. Gainer Michelle James
July 5	Dale Gilmore David Lee II Courtney L. Spivey Alex B. Walker	July 15	Curtiss Curry Linda I. Ford Elish S. Rayford
July 6	William Leonard Martin Tracey R. Mormant	July 16	Theodrick Bolden Alton Cleotha Williams
July 7	Karin C. Bush Angela Cohen Shanna D. Davenport Vicky E. Spratlin	July 17	Sarita B. Sharma Yameda Inga Nesbitt
July 8	Latasha Irene Kimble	July 18	Dennis Edward Copeland Randall S. Loo
July 9	Sonya Jackson Cheryl Jordan Shonya A. Mapp	July 19	Geneva B. Brown Warren J. Smallwood, Sr.
July 10	Clayton Bryant Brenda G. Cain Kenneth William Hillman Melvin Jones Angela M. Terrell Melrose G. Utley	July 20	Gabriel E. Few
July 11	Beate Mann	July 21	Iyanna Damonica Whitfield
		July 22	Demitre C. Barnes Diana Davis Vanessa L. Ivy Yves Fritzner Jean Alethia R. Russell
		July 23	Dequan J. Hill Kevin James Miller Jermaine M. Williams
		July 24	Dawn MW Peel
		July 25	Judd Gregory McKendry Leah Robinson Daskal
		July 26	Vontegius Burnett Vicky D. Cooper

More July Birthdays

July 26	Cedric Ford Robisteine A. Rackston
July 27	Jerrolyn Freeman Hicks Jennie A. Maxwell Lartisue Gibson Chandler
July 29	Hope S. Beard Abbie K. Clayton Daren L. Davis Earla Jean Dove Brenda M. Maith Heather L. McCullough Geraldine J. Williams Timothy Ronald Sweatman
July 30	Arlander W. Reeves Alexandria D. Walker Denise M. Wilder
July 31	Dametris L. Albea Margaret L. Daniels Cynthia L. Dean Lawanda Noble Thelma F. Williams

HAPPY Birthdays!



Don't forget your PPD!

ECRH Incident Management Hotline Procedure

The purpose of this Hotline is to establish an alternate means of reporting incidents in a timely manner. The Hotline is to be utilized by any employee, contractor, family member, visitor and volunteer that may feel uncomfortable reporting an incident or allegation of abuse, exploitation or neglect in person. This is an **alternate** reporting system and by no means replaces the current protocol outlined in the Incident Management Policy.

Hotline Number:

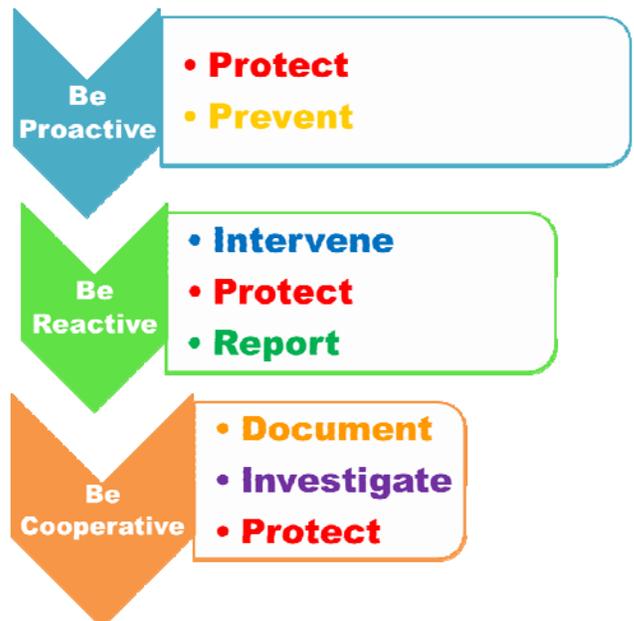
(706) 945-7150



PRIDE IN PLACE - It Starts with Me

"If you change the way you look at things, the things you look at change." - Wayne Dyer

Our Role in Protecting Our Individuals from Harm



What's in a Month?

July is...

National Blueberry Month
 National Anti-Boredom Month
 National Cell Phone Courtesy Month
 National Hot Dog Month
 National Ice Cream Month
 Unlucky Month for Weddings

And...

<u>July 1</u> Canada Day Creative Ice Cream Flavor Day International Joke Day Build a Scarecrow Day Praise a Postal Worker Day	Cherry Pit Spitting Day Chocolate Day <u>July 8</u> Video Games Day Don't Put All Your Eggs in One Omelette Day <u>July 9</u> Blonde Day National Sugar Cookie Day <u>July 10</u> Teddy Bear Picnic Day Pina Colada Day Hot Diggity Dog Day <u>July 11</u> Swimming Pool Day Cheer Up the Lonely Day World Population Day <u>July 12</u> Different Colored Eyes Day Pecan Pie Day <u>July 13</u> Ice Cream Day French Fries Day Beans and Franks Day Barbershop Music Appreciation Day Embrace Your Geekness Day Fool's Paradise Day <u>July 14</u> Pandemonium Day National Nude Day Bastille Day <u>July 15</u>	Cow Appreciation Day Ice Cream Cone Day Respect Canada Day Tapioca Pudding Day <u>July 16</u> International Juggling Day Fresh Spinach Day <u>July 17</u> Wrong Way Corrigan Day Peach Ice Cream Day Yellow Pig Day <u>July 18</u> Caviar Day Chrysanthemum Day <u>July 19</u> National Raspberry Cake Day <u>July 20</u> Ugly Truck Day Lollipop Day Moon Day <u>July 21</u> Peaches and Cream Day National Junk Food Day <u>July 22</u> Spoonerism Day Hammock Day Ratcatcher's Day <u>July 23</u> National Hot Dog Day Vanilla Ice Cream Day <u>July 24</u>	Amelia Earhart Day Coffee Day Cousin's Day <u>July 25</u> Act Like A Caveman Day Threading The Needle Day Culinarians Day <u>July 26</u> All or Nothing Day Aunt and Uncle Day <u>July 27</u> Take Your Plants for a Walk Day Hula Hoop Day <u>July 28</u> National Milk Chocolate Day National Parent's Day Accountant's Day Hamburger Day <u>July 29</u> NASA's Anniversary Rocket Day Rain Day National Lasagna Day <u>July 30</u> Father-In-Law Day National Cheesecake Day International Day of Friendship <u>July 31</u> Mutt's Day System Administrator Appreciation Day
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East Central Regional



<p>Paul Brock Regional Hospital Administrator</p>
<p>Matt McCue Interim Associate Regional Hospital Administrator, Gracewood</p>
<p>Dr. Vicky Spratlin Clinical Director</p>
<p>Mickie Collins Chief Operating Officer</p>
<p>Augusta Campus 3405 Mike Padgett Highway Augusta, Georgia 30906 Gracewood Campus 100 Myrtle Boulevard Gracewood, Georgia 30812</p>
<p>Harold "Skip" Earnest Editor/Photographer Kristen Burdett Publisher</p>
<p>NOTICE</p> <p>Items for publication must be submitted in written form. The upcoming issue's deadline is July 8, 2016. All articles and notices submitted for publication in the East Central Regional Hospital Bulletin are subject to editorial discretion. Please contact the Bulletin editor if you have questions regarding editorial decisions.</p>

Our Mission

The mission of East Central Regional Hospital is to provide safe, competent and compassionate services to persons with mental illness and/or developmental disabilities.

Our Vision

The vision of our Facility is to be a center of excellence in the provision of comprehensive, responsive and compassionate care for consumers and their families.

Our Values

East Central Regional Hospital is caring and therefore, responsive to our consumers, their families, stakeholders and our employees through commitment to our core values:

- I**ntegrity
- C**ommunication & Collaboration
- A**ccountability
- R**ecognition through Relationships
- E**mpowerment through Excellence



Accredited
by
The Joint Commission

Campus Marquees

Deadline for submission of
AUGUST MESSAGES
July 22, 2016

Submit information to Skip Earnest
Gracewood Campus
Extension 2102

(Information must be submitted on or before the indicated date to be placed on Marquees for the following month.)

DBHDD Vision and Mission

Vision
Easy access to high-quality care that leads to a life of recovery and independence for the people we serve



Mission
Leading an accountable and effective continuum of care to support Georgians with behavioral health challenges, and intellectual and developmental disabilities in a dynamic health care environment

Gracewood Post Office

Window Hours

M-F 10:00 am-12:30 pm

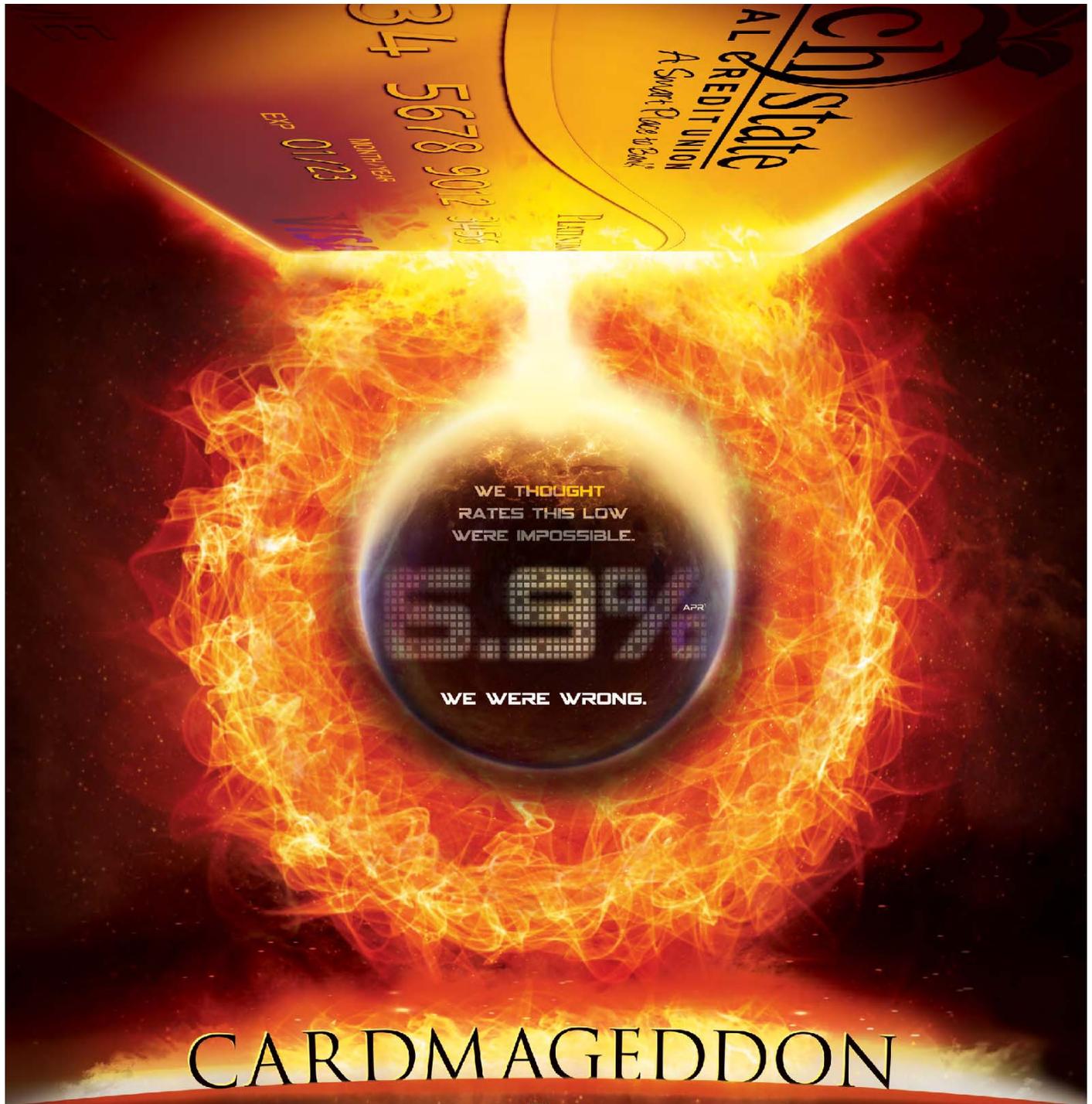
1:30 pm-4:30 pm

Sat 9:00 am-10:45 am



Visit the Gracewood Post Office today and ask Frank Deas about renting a Post Office Box!





WE THOUGHT
RATES THIS LOW
WERE IMPOSSIBLE.

WE WERE WRONG.

CARDMAGEDDON



SUMMER 2016

1. APR - ANNUAL PERCENTAGE RATE, SUBJECT TO CREDIT APPROVAL. RATES SUBJECT TO CHANGE, WITHOUT NOTICE, AND MAY BE REHEARD BASED ON QUALIFICATION. CARD RATES RANGE FROM 6.99% TO 14.99%. CARDS WITH 0% APR ARE EXCLUDED FROM REDEMPTION REWARDS AND CARDENTIVES PROGRAM. MEMBER MUST QUALIFY FOR PEACH STATE MEMBERSHIP AND CREDIT CARD. A \$38 APPLICATION FEE IS CHARGED FOR PROCESSING. WHEN THE CARD IS ISSUED, THE FEE WILL BE REFUNDED BACK TO YOUR ACCOUNT.

2. APR - ANNUAL PERCENTAGE RATE. THE 0% INTRODUCTORY APR APPLIES TO PURCHASES, CASH ADVANCES AND BALANCE TRANSFERS. 0% APR APPLIES TO NEW VISA CREDIT CARD ACCOUNTS ONLY AND MAY EXPIRE AT ANY TIME. DOES NOT APPLY TO ACCOUNT UPDATES. IF YOU ARE UPGRADING FROM A REWARDS CARD TO A NON-REWARDS CARD, THEN YOUR POINTS WILL EXPIRE AT THE TIME OF THE UPGRADE. THE 0% APR IS EFFECTIVE FOR THE FIRST SIX STATEMENT PERIODS FOLLOWING THE OPENING OF YOUR ACCOUNT. THE APR WILL RETURN TO THE ANNUAL PERCENTAGE RATE OF YOUR APPROVED CARD TYPE AFTER THE PROMOTIONAL PERIOD, OR IF YOU FAIL TO MAKE A MINIMUM PERIODIC PAYMENT DURING THE PROMOTIONAL PERIOD WITHIN 90 DAYS FROM THE DUE DATE FOR THAT PAYMENT. MEMBER MUST QUALIFY FOR AND MAINTAIN AN ACTIVE PEACH STATE CHECKING ACCOUNT. RATES RANGE FROM 6.99% TO 14.99%. A \$38 APPLICATION FEE IS CHARGED FOR PROCESSING. WHEN THE CARD IS ISSUED, THE FEE WILL BE REFUNDED BACK TO YOUR ACCOUNT.

THIS CREDIT UNION IS FEDERALLY INSURED BY THE NATIONAL CREDIT UNION ADMINISTRATION.

Issue 68

June 2016

Taking Flight

A Briefing from Project GREAT
Georgia Recovery-Based Educational Approach to Treatment

A RECOVERY STORY –When she was 8 years old, Dr. Temple Grandin recalls a time when her mother made her host a party in their home. She talks about having to greet their visitors with a handshake and take their coats. This seemingly small gesture may not seem noteworthy; however Dr. Grandin credits socializing activities like this with her ability to act as a fully functioning adult today. Dr. Grandin was diagnosed with autism in 1950 and has expressed how her diagnosis of Autism made things more challenging for her growing up. She has stated many times that being raised during the 1950s served her well as many social graces were formally taught to children at a young age as a standard. Social skills were “pounded into every single child”¹ during that time. She credits early interventions including speech and ABA therapy in helping her function in society; however her experiences in building her social skills through work and interaction with people were also key.

As a child, Dr. Grandin reported that for a long time she did not realize that her thinking was any different than anyone else. As an adult, she earned a PhD in animal sciences and credits her unique way of visual thinking with providing insight into the animal mind. In a recent interview, Dr. Grandin referred to Autism as a gift and stated, “Too often there’s too much emphasis on the deficit and not enough emphasis on building the area of strength. Mine was visual thinking”². It is this thinking that fuels her passion to decrease the stigma and expand public knowledge of the condition.

Today, Temple Grandin, PhD is one of the most well-known adults with Autism in the world. She has authored several books both in

the area of animal science and autism. She has worked as a consultant for several major firms including Burger King and McDonald’s and her designs for cattle handling facilities are used extensively in the beef industry here in the United States.

Learning Points:

Dr. Grandin has found a way to inspire hope as well as a sense of identity beyond her diagnosis of Autism through her academic endeavors and work designing cattle handling facilities. She uses her visual mind to distinguish herself in the field of animal science; however her work in helping to improve the public’s understanding of Autism is the most noteworthy. It’s important for people with mental health diagnoses to have a sense of identity beyond their diagnosis. When it comes to a diagnosis like autism, too often we as a society focus extensively on the deficits without much consideration being given to the potential contributions that people with autism can make. Dr. Grandin’s life endeavors are a testament to that and inspires hope in all of us.

By Claire Slocumb, M.D.

1. Temple Grandin <http://www.templegrandin.com/>
2. “Ten Minutes with Temple”- An Autism Hangout Beyond the Headlines” Report. Jun 11, 2010. <https://youtu.be/Ok6jkDjFAQ>
3. Temple Grandin: The world needs all kinds of minds. Feb. 24, 2010. <http://www.ted.com>
4. “My Experience with Autism” Feb. 7, 2008. <https://youtu.be/2wt1Y3ffoU>

ECRH Jobs List

For further information regarding these positions, please go to the DBHDD webpage at www.dbhddjobs.com.

[Activity Therapist - ECRH Forensics Treatment Mall - Days 198544](#)

[Activity Therapy Leader - ECRH Camellia Unit - 69154](#)

[Activity Therapy Leader - Treatment Mall - 199661](#)

[Automotive Mechanic - ECRH Plant Operations - 70743](#)

[Behavioral Health Counselor \(Forensic Treatment Team\) - 196207](#)

[Behavioral Health Counselor - AMH Treatment Team FT Days - 196208](#)

[Behavioral Health Counselor 3 - MH/DD Team Leader - 69222](#)

[Carpenter - 76890](#)

[Clerical Worker 12p-8:30p - ECRH MHS Admission - 194428](#)

[Clinical Dietitian - AMH Treatment Team - 70120](#)

[CNA - ECRH SNF - FT 3rd Shift - 69639](#)

[CNA 1 \(Certified Nursing Assistant\) - ECRH Gracewood](#)

[CNA 2 \(Lead\) - 2nd shift - Gracewood Campus](#)

[CNA 2 \(Lead\) - 3rd shift - Gracewood Campus](#)

[Corporal - ECRH Hospital Security - 70799](#)

[Dental Assistant 2 - ECRH - 68888](#)

[Dental Worker - ECRH - 69076](#)

[Dentist - Gracewood Campus 7:30am - 4:00pm](#)

[Dentist, Part-time hourly - ECRH - 201050](#)

[Director of Clinical Information Systems](#)

[Electrician](#)

[Food Service Operation Worker - ECRH](#)

[Groundskeeper - ECRH Plant Operations - 155607](#)

[Health Service Technician - General Mental Health 2nd Shift - 200362](#)

[Health Service Technician - General Mental Health 3rd Shift - 76569](#)

[Health Service Technician 1 - Adult Mental Health - 1st Shift](#)

[Health Service Technician 1 - Adult Mental Health - 2nd Shift](#)

[Health Service Technician 1 - Forensic Inpatient 1 - 69391](#)

[Health Service Technician 1 - General Mental Health 1st Shift - 194967](#)

[Health Service Technician 2 - Forensic Inpatient 1 - 76522](#)

[Health Service Technician 2 Lead - Gracewood Camellia - 69493](#)

[Health Services Technician 1 - 1st shift - Gracewood Campus](#)

[Health Services Technician 1 - 2nd shift - Gracewood Campus](#)

[Health Services Technician 1 - 3rd shift - Gracewood Campus](#)

[Health Services Technician 1 - 3rd shift - Gracewood Campus](#)

[Health Services Technician 2 \(Lead\) - 2nd shift - Gracewood Campus](#)

[Health Services Technician 2 \(Lead\) - 3rd shift - Gracewood Campus](#)

[Housekeeper - ECRH - 70171](#)

[HVAC Repair Technician - ECRH Plant Operations - 70740](#)

[Instructor 1 - Intermediate Care Facility/MR Treatment Mall - 69061](#)

[Laundry Worker - 69935](#)

[LPN - Gen Mental Hlth](#)

[LPN - Infection Control - ECRH 8am-5pm](#)

[Maintenance Worker - Plant Operations](#)

[Maintenance Worker Parttime Hourly - Plant Operations/ Groundskeeping - 6593](#)

[Maintenance Worker Parttime Hourly - Plant Operations/ Groundskeeping - 7590](#)

[Mechanic Foreman - ECRH Plant Operations - 70748](#)

[Motor Vehicle Operator](#)

[Painter](#)

[Park Manager \(Historic Site\) - ECRH Plant Operations - 70807](#)

[Plumber - ECRH Plant Operations - 70755](#)

[Program Assistant \(1st shift\) - ECRH GMH - 198535](#)

[Program Assistant \(1st shift\) ECRH GMH - 00069710](#)

[Program Assistant - Admissions - 2nd Shift](#)

[Program Assistant - ECRH - Redbud - 69437](#)

[Program Assistant - ECRH Plant Operations - 70791](#)

[Program Associate - Augusta Campus PSR Treatment Mall - 74119](#)

[Quality Management Specialist - 195162](#)

[Recovery Team Facilitator \(Behav Hlth Couns\) - ECRH AMH Treatment Teams - 200900](#)

[Recovery Team Facilitator \(Team Leader\) - Forensic Treatment Teams - 69051](#)

[Registered Nurse - FT 2nd Shift - Camellia SNF - 69491](#)

[Registered Nurse - GMH Part-time Hourly - 77005](#)

[Registered Nurse - Part-time Hourly - 70282](#)

[Registered Nurse - Part-time Hourly 2nd Shift - AMH -163327](#)

[Respiratory Therapist - Camellia PT Evenings - 171112](#)

[Service Director / RN](#)

[Shift Supervisor - ECRH Forensics - 3rd shift - 198731](#)

[Shift Supervisor - ECRH General Mental Health - 3rd shift - 198729](#)

[Shift Supervisor Developmentally Disabled - ECRH](#)

[Skilled Utility Worker ECRH Plant Oper - Carpentry/Upholstery - 76913](#)

[Social Work Auditor - ECRH Quality Mgmt - 197542](#)

[Social Worker \(Licensed\) Wknd PRN - Mental Hlth Team/Soc Work - ECRH](#)

[Social Worker, Licensed - 198540](#)

[Social Worker, NonLicensed 2 - ECRH DD Services - 69508](#)

[Steam Plant Operator](#)

[Support Services Worker Part time 29hrs - Warehouse - 205694](#)

[Training Coordinator 2 - ECRH HR Development - 76422](#)