

Special points of interest:

Blood Drive

- DD Services Info
- Art Show Schedule
- Tornado Drill
- Language Line Access
- Out & About
- · What's in a Month
- · February Menus

"There is a kind of victory in good work, no matter how humble."

Jack Kemp

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Georgia Department of

Behavioral Health & Developmental Disabilities

ECRH Bulletin

VOLUME 11, ISSUE 14

JANUARY 30, 2015

East Central Regional Hospital

From the Desk of the Interim RHA - Dr. Vicky Spratlin



It is rather amazing that we have already wrapped up a full month of 2015! As I look back over the month, I thought about all the times I've been rooting for the underdog in sporting events. Unfortunately, the underdog did not win very often ... I guess that may be why they were the underdog. Then I started to think about things much more important than football.

We just celebrated Martin Luther King's birthday. Talk about a fantastic example of the underdog achieving great things. Had he not been killed by a coward's bullet, he would have achieved much more. In the years leading up to the Civil Rights Act of 1964, every African American was essentially an underdog based solely on the color of his/her skin. Martin Luther King, Jr., did not accept this. He used his charismatic charm and skillful oratorical prowess to put forth the notion of equality and freedom, not only for African Americans but for all people. I hope each and every one of you thought about this on January 19th. I hope it wasn't just a day off for ECRH employees, but a true reminder of the greatness of the man and his struggle.

I thought a great deal about how each of us have the same capacity to exact change if we stop feeling like underdogs who will never be able to make a difference. Think about what we were able to accomplish last November. We could have given up, but with the help of DBHDD we overcame seemingly insurmountable odds to keep the ICF-IID program of Gracewood certified. Together, we were able to "turn things around" to the point that the lead CMS surveyor said it was an honor to put the program back into compliance. I could not have been more proud when she said those words.

(Continued on page 5)

Tidbits of ECRH History



On the ECRH Augusta Campus, the perimeter road around the hospital is named 'TOM HESTER DRIVE' in honor of Tom Hester, a former Georgia Mental Health Division Director who did a wonderful job in supporting the hospital's needs.

It is interesting to know the drive is exactly one mile long. Was it planned that way or did it just happen?

Contributed by Brian Mulherin

New Employees



Front Row (L-R): Lillian Gordon, CNA; Taniqua Anthony, HST; Shelisa Lee, CNA

<u>Back Row (L-R):</u> Joi Holmes, Health Aide; Lauren Taggett, Activity Therapist; **Keondra Tanksley**, HST

<u>Front Row (L-R):</u> Yakira Richardson, CNA; Valencia Robinson, HST; Jonice Williams, HST

<u>Back Row (L-R):</u> Quwanna Billings, Health Aide; Wille Tucker, CNA; Christia Freeman, HST





<u>Front Row (L-R):</u> Brenda Farmer, Laundry Worker; Jennette Dennis, Food Service Worker; Adeola Oke, Pharmacist

<u>Back Row (L-R):</u> Tiorna Ahmed Coulibaly, Health Aide; Khiry Albea, CNA; Wayne Jamerson, Food Service Employee; Audrey Parks, Food Service Employee

Diane Manghram, Nurse Practitioner





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HR Partners

Town Hall Meetings - Save the Date

Thursday February 19, 2015 – 8-9 AM and 3-4 PM Augusta, Gymnasium

Friday, February 20, 2015 - 6:30-7:30 AM and 2:30-3:30 PM Gracewood Building 22 Auditorium



The Quality Corner - News & Information From Quality Management



Joint Commission

Intracycle Monitoring General Profile Due in March



As most of you hopefully are aware by now, two years ago the Joint Commission changed the annual review of standards process from the Periodic Performance Review (PPR) to the Intracycle Monitoring General Profile. The integral piece of the change is now known as the Focus Standards Assessment (FSA). QM is currently in the process of putting the 2015 standards in pdf files for review by department heads as appropriate. The purpose of the annual review is to give our hospital an internal self-check mechanism to insure ongoing compliance with the Joint Commission Standards. It is not sufficient for us just to say we are compliant. We have to offer proof of how we are compliant, and we all have to be on the same page when explaining compliance to auditors. Some portions of the Standards that had been scored before are not scored now, and these items will have to be addressed. Quality Management will be contacting hospital departments during the next several weeks to make sure that this task gets accomplished in time for the FSA to be submitted by our deadline.



Pharmacy Update



"Pharmacy for Nurses" Class

All nurses are encouraged to attend the "Pharmacy for Nurses" class:



Gracewood Campus - Building 103B:

during Nursing Orientation

February 2, 2015

1:30pm - 2:30pm

Topics Discussed in Classes Include:

- 1. The Availability of "After Hours" Medications
- 2. Medications Available in Code Carts
- 3. Online Floor Stock Ordering Process
- 4. Controlled Drug Documentation/Delivery Process
- 5. High Risk Medications
- 6. Pharmacy Hours of Operation

Please contact Casandra Roberts in the Pharmacy for more information (ext. 2496)

Controlled Drugs and Par Levels

Please submit all floor-stock orders (controlled and noncontrolled) before 11:00 am on Monday through Friday. Any floor-stock orders received after 11:00 am on Friday will be filled the following Monday. No floor-stock orders should be expected to be fill

the following Monday. No floor-stock orders should be expected to be filled on the weekends.

Each controlled drug has been given a "par level" for each living area based on current orders for the medications. The "par level" has been set for approximately a 14 day supply. If significant changes in orders for controlled drugs occur, please notify the Pharmacy and request an adjustment of the drug's "par level".

Pharmacy Update



Attention Nursing Staff

Please make sure that all bags removed from the After-Hours Cabinet are labeled with the Individual's Identification information.



This is essential for the proper charging and crediting of the medication. The bags should be **sent back promptly** after the Pharmacy re-opens. If the bags are held on the unit and the Individual is discharged, the Pharmacy may not be able to credit the medications due to the Individual's information no longer being available in the computer system. Your assistance with this issue will be greatly appreciated.

From the Desk of the Interim RHA - Dr. Vicky Spratlin

(Continued from page 1)

What we do each and every day is to support a group of individuals who were underdogs, but are now champions. Each time one of our individuals with intellectual disabilities learns a new skill or moves toward a transition to the community, he or she has overcome tremendous odds. Without the Gracewood campus, this may not be true. Every day our individuals have a "good day," it is a victory for them and those of us privileged to support them. I hope that is how each employee on both campuses feels. The Augusta Campus serves a challenged population, as well. The challenges are different, but very real. The individuals served on that campus have been labelled underdogs, also. I think they will all be champions.

As we move into February, which is Black History month, I hope we all embrace the challenge to overcome the odds, as did each African American whose legacies we will be celebrating.

> Sincerely, Dr. Vicky Spratlin



DD Services

ECRH Incident Management Hotline Procedure

The purpose of this Hotline is to establish an alternate means of reporting incidents in a timely manner. The Hotline is to be utilized by any employee, contractor, family member, visitor and volunteer that may feel uncomfortable reporting an incident or allegation of abuse, exploitation or neglect in person. This is an <u>alternate</u> reporting system and by no means will it replace the current protocol outlined in the Incident Management Policy.

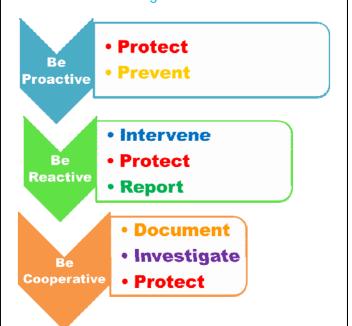
Hotline Number: (706) 945-7150

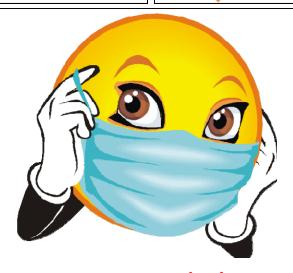


PRIDE IN PLACE - It Starts with Me

"If you change the way you look at things, the things you look at change." - Wayne Dyer

Our Role in Protecting Our Individuals from Harm





Remember!

On the Gracewood Campus only, when on the living areas, a mask will be worn by EVERYONE (Investigators, Security, Plant Ops, Environmental Services, PAs, Dietary, Visitors, Staff....)

who did not receive the Flu shot.

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Safety Shop

WINTER FORECAST PROJECTS COLDER AND WETTER WEATHER CONDITIONS

Georgia's winter weather outlook shows chance of colder weather and heavier precipitation than previous years.



Over recent years, Georgia's winter seasons have consisted of progressively colder temperatures, heavier amounts of snow and thicker layers of ice. Since 1929, Atlanta has averaged 2 inches of snow per year, but the average has increased to 3.4 inches over the past five years.

According to the NOAA Climate Prediction Center winter outlook, the pattern of colder temperatures and above normal chances of precipitation is likely to continue during the upcoming winter.

"The overwhelming majority of forecasts out there point to colder than normal temperatures in the east and above normal precipitation across the southern states," said Keith Stellman, meteorologist-in-charge at the National Weather Service in Peachtree City. "This doesn't necessarily mean that it's going to snow more, but the potential for snow may exist more often since the conditions would be in place."

While research continues into what the upcoming winter season might have in store, one key factor meteorologists examine when creating long-range outlooks is the existing snowpack in Siberia. Research shows a relationship between the size of the Siberian snowpack in October and the amount of arctic air buildup and its accompanying impact on the Jetstream flow. The October 2014 Siberian snowpack was the second highest on record since 1967 with only the winter of 1976 having more. That could mean a cold, wet winter is in store.

Safety Shop

(Continued from page 7)

Polar vortex describes a very large low pressure system over the Hudson Bay region in Canada that sinks south into the Great Lakes region, ushering arctic air southward into the United States, particularly the central or eastern half.

"The term polar vortex has been widely used – and misused -- over the course of the past year," Stellman said. "Georgians can rest assured, though, that if they hear that term in a forecast that cold or very cold temperatures are on the way."

Columbia County has been preparing for the possibility of winter weather, just as we are asking our citizens to prepare. Below is a list of a few of preps we've been working on:

- County Emergency Operations Plan Updated
- Debris Management Plan Updated
- Hazard Mitigation Grants submitted to GEMA/FEMA for Generators at five Critical Facilities
- Preparing Resource Management Software RFQ for EOC Data
- Upgraded EOC monitor displays and computers
- Snow Chain Inventory check completed
- Emergency Generators are fueled and inspected
- Appling contingency fueling site levels at 70% (gasoline & diesel); Back-up generator test run under full load
- 4X4 trucks fueled and inspected and serviced for use as required; fuel service truck filled and ready
- 100 gallon portable mobile fuel tanks (two) remote generators and pumps checked and ready to be installed as needed.
- Salt/Gravel stored; local vendors for additional supplies, if needed
- Three snow plows and several salt and gravel spreaders ready to install, as needed

If you need assistance with anything Fire Safety, Life Safety, Radio Communications, MSDS, HazMat, Medical Equipment, or Emergency Management, please contact Jennifer Sosebee, Safety Manager, at 706-790-2400/2401 or by e-mail at jgsosebee@dhr.state.ga.us.

HELP ME HELP YOU make ECRH a safe place for our individuals, visitors, and staff.



Infection Control

Measles Outbreak Linked to California Amusement Park:

Measles is a highly infectious, airborne disease that typically begins with fever, cough, runny nose and red eyes, and within a few days a red rash appears, usually first on the face and then spreading downward to the rest of the body. Vaccination is the most important strategy to prevent measles. Two doses of measles-containing vaccine (MMR vaccine) are more than 99 percent effective in preventing measles. Measles vaccines have been available in the United States since 1963, and two doses have been recommended since 1989. If you are unsure of your vaccination status, check with your doctor to have a test to check for measles immunity or to receive vaccination. Measles is still common in many parts of the world including some countries in Europe, Asia, the Pacific, and Africa. Travelers with measles continue to bring the disease into the U.S. Measles can spread when it reaches a community in the U.S. where groups of people are unvaccinated.



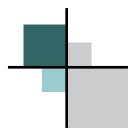
From January 1 to January 16, 2015, more than 50 people from six states were reported to have measles. Most of these cases are part of a large, ongoing outbreak linked to an amusement park in California. The United States experienced a record number of measles cases during 2014, with 644 cases from 27 states (Alabama, California, Colorado, Connecticut, Hawaii, Illinois, Kansas, Massachusetts, Michigan, Minnesota, Missouri, Nebraska, New Jersey, New Mexico, New York, North Carolina, Ohio, Oregon, Pennsylvania, South Dakota, Tennessee, Texas, Utah, Virginia, Washington and Wisconsin) reported to CDC's National Center for Immunization and Respiratory Diseases (NCIRD). This is the greatest number of cases since measles elimination was documented in the U.S. in 2000. The majority of the people who got measles are unvaccinated. The California measles patients

reside in 11 local health jurisdictions (Alameda, Los Angeles, Orange, Riverside, San Bernardino, San Diego, San Mateo, Santa Clara and Ventura Counties and the cities of Long Beach and Pasadena). Patients range in age from seven months to 70 years. Vaccination status is documented for 34 of the 59 cases. Of these 34, 28 were unvaccinated, one had received one dose and five had received two or more doses of MMR vaccine.

Health care providers treating patients with fever and a rash should consider measles, and ask patients about travel to international destinations and domestic venues that are popular with international visitors. People who are unvaccinated should know that there is presently a risk for acquiring measles in California.

Reference:

http://www.cdc.gov/measles/cases-outbreaks.html http://www.cdph.ca.gov/Pages/NR15-008.aspx



Occupation Health - Thyroid Disease

Through the hormones it produces, the thyroid gland influences almost all of the metabolic processes in your body. Thyroid disorders can range from a small, harmless goiter (enlarged gland) that needs no treatment to lifethreatening cancer. The most common thyroid problems involve abnormal production of thyroid hormones. Too much thyroid hormone results in a condition known as hyperthyroidism. Insufficient hormone production leads to hypothyroidism. Although the effects can be unpleasant or uncomfortable, most thyroid problems can be managed well if properly diagnosed and treated.

All types of hyperthyroidism are due to an overproduction of thyroid hormones, but the condition can occur in several ways: Graves' disease (production of too much thyroid hormone; toxic adenomas (nodules in the thyroid gland which secrete thyroid hormones that upsets the body's chemical

Thyroid Gland

Thyroid gland

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balance); subacute thyroiditis (inflammation of the thyroid gland which causes the gland to leak excess hormones); Subacute thyroiditis (resulting in temporary hyperthyroidism that generally lasts a few weeks but may persist for months); Pituitary gland malfunctions or cancerous growths in the thyroid gland: Although rare, hyperthyroidism can also develop from these causes.

Hypothyroidism, by contrast, stems from an underproduction of thyroid hormones. Since your body's energy production requires certain amounts of thyroid hormones, a drop in hormone production leads to lower energy levels. Causes of hypothyroidism include: Hashimoto's thyroiditis: In this autoimmune disorder, the body attacks thyroid tissue. The tissue eventually dies and stops producing hormones; Removal of the thyroid gland (the thyroid may be surgically removed or chemically destroyed); Exposure to excessive amounts of iodide (Cold and sinus medicines, the heart medicine amiodarone, or certain contrast dyes given before some X-rays may expose you to too much iodine. You may be at greater risk for developing hypothyroidism, especially if you have had thyroid problems in the past; Lithium (This drug has also been implicated as a cause of hypothyroidism.) Untreated for long periods of time, hypothyroidism can bring on a myxedema coma, a rare but potentially fatal condition that requires immediate hormone injections.

Hypothyroidism poses a special danger to newborns and infants. A lack of thyroid hormones in the system at an early age can lead to the development of cretinism (mental retardation) and dwarfism (stunted growth). Most infants now have their thyroid levels checked routinely soon after birth. If they are hypothyroid, treatment begins immediately. In infants, as in adults, hypothyroidism can be due to these causes: a pituitary disorder, a defective thyroid or lack of the gland entirely. A hypothyroid infant is unusually inactive and quiet, has a poor appetite and sleeps for excessively long periods of time.

Cancer of the thyroid gland is quite rare and occurs in less than 10% of thyroid nodules. You might have one or more thyroid nodules for several years before they are determined to be cancerous. People who have received radiation treatment to the head and neck earlier in life, possibly as a remedy for acne, tend to have a higher-than-normal risk of developing thyroid cancer.

Your doctor can diagnose hyperthyroidism and hypothyroidism by testing the levels of thyroid hormones in your blood. Doctors measure hormones secreted by the thyroid itself, as well as thyroid-stimulating hormone (TSH), a chemical released by the pituitary gland that triggers hormone production in the thyroid. When you are hypothyroid, higher quantities of TSH are circulating in your blood as your body attempts to increase production of thyroid hormones. The reverse is true with hyperthyroidism, in which TSH levels are below normal and circulating thyroid-hormone levels are high.

For thyroid disorders stemming from the over- or underproduction of thyroid hormones, both conventional and alternative treatments offer varied methods to restore hormone levels to their proper balance. Conventional treatments rely mainly on drugs and surgery. Alternative treatments attempt to relieve some of the discomfort associated with thyroid problems, or to improve the function of the thyroid gland through a variety of approaches ranging from diet supplements and herbal remedies to lifestyle changes and special exercises. Treating hyperthyroidism requires suppressing the manufacture of thyroid hormone, while hypothyroidism demands hormone replacement. Conventional medicine offers extremely effective techniques

Occupation Health - Thyroid Disease

(Continued from page 10)

for lowering, eliminating, or supplementing hormone production. Before deciding which treatment is best for you, your doctor will make an evaluation based on your particular thyroid condition, as well as your age, general health, and medical history.

Information Taken From: WebMD

East Central Regional Hospital is proud to host the 26th Annual Multi-Media Art Show



East Central Regional Hospital is proud to host the 26th Annual Multimedia Art Show this year. The display of the individuals art work will be held in the Gracewood Campus gym. All individuals from both campuses are encouraged to participate. There are two separate competitions-one with the MR/DD individuals and one with the MH/Forensic individuals, with award ribbons given out for each competition level. There are three divisions of competition: Assisted, Independent, and Family Group. Following the Awards Ceremony, individuals, family members, and staff are invited to stay for a reception and Open House to view the entries. Mark your calendars now so you don't miss all the fun, fellowship and fantastic art!

February 23rd - 25th: Set up & decorating

February 26th - March 2nd: Art Show Intake

March 3rd: Judging and set up for Awards Ceremony

March 4th: Multimedia Art Show Awards program-10am in the Gracewood Gym.

March 5th & 6th: Open House for Individuals and their families, staff

March 9th: Art Show Take Down and clean up.

For more information contact Heather McCullough at Ext: 2257; Aytiya Scott 2231 or James Walker at Ext: 2234/2051

The Gracewood Gymnasium will be closed for use from February 23rd – March 9th due to the Art Show.

Language Line Services

ECRH's Language Access Coordinator is Lisa Kuglar. The LAC ensures that both language and sensory impairment needs of the consumers and families of East Central Regional Hospital are addressed. Did you know that Spanish is the second most spoken language in the United States? East Central Regional Hospital has two certified staff that speak Spanish. The hospital contracts with Latin American Translators Network, Inc. (LATN) for interpreting services for both language and sensory impairment needs.

If you have a consumer or family that needs interpreting services please notify the Language Access Coordinator, Lisa Kuglar, at 706-792-7140 for assistance. After hours, contact the Admitting/Receiving staff at 706-792-7006 so that arrangements can be made for interpreting. You can also e-mail Lisa Kuglar at <u>Lisa.Kuglar@dbhdd.ga.gov</u>.

The Notice of Free Interpretation Services should be posted in all public and consumer areas. Language Line services may be used in emergency cases or when you have an immediate need for interpreting. To access the language line, follow the instructions below:

When receiving a call:

- 1. Tell the Limited English speaker to please hold.
- 2. Press the "Tap" button on the phone.
- 3. Dial 9-1- (866) 874-3972.
- 4. Enter on the telephone keypad or provide to the representative the 6 digit Client ID below:
 - * 6-digit Client ID: 5 1 3 3 0 8
 - * Press 1 for Spanish
 - * Press 2 for all other Languages (Speak the name of the language at the prompt) an interpreter will be connected to the call.

You may press 0 or stay on the line for assistance.

- 5. Brief the Interpreter. Summarize what you wish to accomplish and give any special instructions.
- 6. Press "Tap" button to connect the Limited English speaker.

When placing a call to a Limited English speaker, begin at Step 2 above.

When a Limited English speaking person is present in the workplace:

- 1. Use the Gold Language Identification Card showing the geographical region where you believe the limited speaker may come from. The message underneath each language says: "Point to your language. An Interpreter will be called. The interpreter is provided at no cost to you."
- 2. Refer to the Quick Reference Guide to access an interpreter through Language Line Services.
- 3. If unable to identify the language, the representative will help you.

For more information you may visit the Language Line Services website at www.languageline.com.



State-Wide Tornado Drill

ECRH will be participating in the State-wide Tornado Drill on

Tuesday, February 3rd at 9 AM

Training at a Glance - February 2015

Class	Date	Time	Place
NEO Principles of Recovery	2/2/2015	9:30 a.m10:30 a.m.	BLDG 103-C C-23
NEO EMR Nursing	2/2/2015	8:00 a.m1:30 p.m.	BLDG 103-C Room C-18
Updated PNS Professional	2/2/2015	1:00 p.m3:00 p.m.	BLDG 103-C Lab
Updated Seizure Management	2/2/2015	8:00 a.m9:30 a.m. 10:00 a.m11:30 a.m.	BLDG 103-C Room C-23
Updated Safety Care Level #2	2/2/2015 2/3/2015	8:00 a.m4:30 p.m. 8:00 a.m12:00 p.m.	BLDG 99L
NEO Infection Control and Prevention+Handwashing	2/3/2015	9:00 a.m10:30 a.m.	BLDG 103-D E&R
Ostomy DD Services	2/3/2015	8:00 a.m10:00 a.m. 10:00 a.m12:00 p.m.	BLDG 103-C Lab
CPRA	2/3/2015	1:00 p.m4:30 p.m.	BLDG 103-C Room C-23
First Aid	2/3/2015	8:00 a.m12:00 p.m.	BLDG 103-C Room C-23
NEO PBS Training	2/3/2015	8:00 a.m4:30 p.m.	BLDG 20 Gracewood
MH-Updated Incident Management	2/3/2015	1:00 p.m2:30 p.m. 3:00 p.m4:30 p.m.	BLDG 103-C C-23
NEO Safety Care Level #1	2/4/2015	8:00 a.m2:30 p.m.	BLDG 99F
Updated PNS End User	2/4/2015	8:00 a.m9:00 a.m. 9:00 a.m10:00 a.m. 10:00 a.m11:00 a.m.	BLDG 103-C Room C-23
NEO Safety Care Level #2	2/4/2015 2/5/2015	8:00 a.m4:30 p.m. 8:00 a.m4:30 p.m.	BLDG 99L
CPRC	2/4/2015	8:00 a.m12:00 p.m.	BLDG 103-C Room C-23
Updated Seizure Management	2/4/2015	1:00 p.m2:30 p.m. 3:00 p.m4:30 p.m.	BLDG 103-C C-23
Ostomy DD Services	2/5/2015	12:30 p.m2:30 p.m. 2:30 p.m4:30 p.m.	BLDG 103-C Lab
Updated PNS Professional	2/6/2015	1:00 p.m3:00 p.m.	BLDG 103-C Lab
NEO CPRA	2/6/2015	8:00 a.m11:30 a.m.	BLDG 103-D E&R
NEO CPRC	2/6/2015	8:00 a.m12:00 p.m.	BLDG 103-D E&R
NEO First Aid	2/6/2015	12:30 p.m4:30 p.m.	BLDG 103-C Room C-23
Updated Safety Care Level #2 (Weekend)	2/7/2015 2/8/2015	8:00 a.m4:30 p.m. 8:00 a.m12:00 p.m.	BLDG 99L
NEO DD-Incident Management	2/9/2015	8:00 a.m12:00 p.m.	BLDG 103-D E&R
NEO Medical Emergency Response System	2/9/2015	12:30 p.m4:30 p.m.	BLDG 103-D E&R
Ostomy DD Services	2/9/2015	8:00 a.m10:00 a.m. 10:00 a.m12:00 p.m.	BLDG 103-C Lab
CPRA	2/9/2015	1:00 p.m4:30 p.m.	BLDG 103-C Room Lab

Training at a Glance - February 2015

Class	Date	Time	Place
Updated Safety Care Level #2	2/9/2015 2/10/2015	8:00 a.m4:30 p.m. 8:00 a.m12:00 p.m.	BLDG 99L
NEO Observation of Individual to Ensure Safety	2/10/2015	8:00 a.m10:30 a.m.	BLDG 103-C Room C-23
NEO Seclusion and Restraint	2/10/2015	1:30 p.m4:30 p.m.	BLDG 103-C Room C-23
MH-Updated Incident Management	2/10/2015	1:00 p.m2:30 p.m. 3:00 p.m4:30 p.m.	BLDG 103-C Lab
Updated PNS Professional	2/10/2015	9:00 a.m11:00 a.m.	BLDG 103-C Room Lab
Updated Safety Care Level #2	2/10/2015 2/11/2015	12:30 p.m4:30 p.m. 8:00 a.m4:30 p.m.	BLDG 99L
NEO Therapeutic Incentive Program	2/11/2015	8:30 a.m10:00 a.m.	BLDG 103-C Room C-23
NEO Seizure Management	2/11/2015	10:00 a.m12:00 p.m.	BLDG 103-C Room C-23
CPRC	2/11/2015	8:00 a.m12:00 p.m.	BLDG 103-C Lab
Ostomy DD Services	2/11/2015	2:00 p.m4:00 p.m.	BLDG 103-C Lab
Updated PNS End User	2/11/2015	1:00 p.m2:00 p.m. 2:00 p.m3:00 p.m. 3:00 p.m4:00 p.m.	BLDG 103-C C-23
Updated Safety Care Level #2	2/11/2015 2/12/2015	8:00 a.m4:30 p.m. 8:00 a.m12:00 p.m.	BLDG 99B
NEO PNS Professional	2/12/2015	8:00 a.m12:00 p.m.	BLDG 103-C Room Lab
NEO PNS End User	2/12/2015	12:30 p.m4:30 p.m.	BLDG 103-D E&R
First Aid	2/12/2015	8:00 a.m12:00 p.m.	BLDG 103-D E&R
Updated Safety Care Level #1	2/12/2015	8:00 a.m2:30 p.m.	BLDG 99L
Infection Control and Prevention+Handwashing	2/13/2015	1:00 p.m2:30 p.m.	BLDG 103-D E&R
Updated Seizure Management	2/13/2015	3:00 p.m4:30 p.m.	BLDG 103-D E&R

Safety Care classes will be as follows:
Safety Care Level #2- 16 hours
Updated Safety Care Level #2- 12 hours
Safety Care Level # 1- 6 hours
Updated Safety Care Level #1- 6 hours

Out & About



Marcus Trimmingham putting a fresh coat of paint on the rear gate of the Augusta Campus.



AT&T works on upgrades to the ECRH phone system.



A cadet from the Youth Challenge Academy fills cups in Central Kitchen.



Plant Operations replacing windows as they transform an activities room into a bedroom.



Workers continue to replace the roof on Building 15 on the Gracewood Campus.



Agnes Doyle waits for supplies in the Augusta Campus Central Kitchen.



Contractors do some spot repairs to the gym roof on the Augusta Campus.



That bedroom transformation requires a worker on the inside too.



Face masks are important tools to prevent the spread of the flu, but need to be disposed of properly.



Stripping, mopping, and waxing the dining room floors in Augusta Campus's CK.



Central Kitchen workers prepare the food trays for the Redbud Unit.



City of Augusta Utilities Department is replacing an 8-inch water line on North Campus.

February Birthdays

Gloria Hammond	February 10	Dariece J. Bartlett
Jason R. Henle	II	Janice L. Key
Mary H. Martin	II	Ulonda D. Lett
Amanda L. Pattillo	II	Betty A. Miller
Elaine Perkins	II	Jack Scott
Alisha A. Sanders	II	Bonnie Jean Sikes
Frankie L. Creech	February 11	Tyrone Bernard Goodwin
Jennifer G. Sosebee	II	Victoria Griffin
Debbie C. Jordan	II	Barbara L. Kenon
Sierra M. Merriweather	February 12	Gregory C. Hall
Juakena O'Neal	II	Allyssa M. Walker
Myeshia T. Palmer	II	Darrell B. Walker
Tarrance Tyrone Robbins	February 14	Cheryl S. Bragg
Tanya M. Benjamin-Wilson	II	Veronica M. Brown
Charles L. McIlwain	II	Nancy H. Felder
Faith A. Mincey	II	Tamika L. Smith
Deloise A. Perkins	February 15	Bill F. Carter
Larice R. Willis-Houck	II	Elizabeth Chapman
Delores M. Bell	II	Nikki Morris
Shannon D. Childs	II	Kandra SHAW Seng
Gloria Johnson	February 16	Bridgett Kimberley Garnett
Lisa Ann Montano	II	Carla A. Johnson-Ferguson
Shane Watson	II	Tammi M. Kenner
Michael A. Williams	II	Elizabeth Carlene Lazenby
Altaf Hussain	II	Joyce B. Richards
Ronald H. Smith	February 17	Lucious Abrams, Jr.
Mickie M. Collins	February 18	Lynda W. Bell
Benita M. Thurmond	II	Stacy Wynona Hughes
Solomon L. Williams	II	La Tarnesha M. Martin
Heather L. Wyatt	II	Dawkevia M. Russell
Jennifer A. Campbell	February 19	Valerie Johnson Calloway
Beverly Hester	II	Hae K. Park
Laverne Lee Johnson	II	Farrah Stallings
Lisa Tucker Sanford	II	Yolanda H. Terry
Donyale E. Brown	February 21	Beverly Kay Holloway
Itanga M. Hughes	II	Dorthy Ann Lambert
Brenda L. Thomas	February 22	Kimberly McCumbers Ball
Cierra L. Williams	II	Patricia O. Horsford
Jamal A. Baron	February 23	Betty Ann Jones
	Jason R. Henle Mary H. Martin Amanda L. Pattillo Elaine Perkins Alisha A. Sanders Frankie L. Creech Jennifer G. Sosebee Debbie C. Jordan Sierra M. Merriweather Juakena O'Neal Myeshia T. Palmer Tarrance Tyrone Robbins Tanya M. Benjamin-Wilson Charles L. McIlwain Faith A. Mincey Deloise A. Perkins Larice R. Willis-Houck Delores M. Bell Shannon D. Childs Gloria Johnson Lisa Ann Montano Shane Watson Michael A. Williams Altaf Hussain Ronald H. Smith Mickie M. Collins Benita M. Thurmond Solomon L. Williams Heather L. Wyatt Jennifer A. Campbell Beverly Hester Laverne Lee Johnson Lisa Tucker Sanford Donyale E. Brown Itanga M. Hughes Brenda L. Thomas Cierra L. Williams	Jason R. Henle Mary H. Martin Amanda L. Pattillo Elaine Perkins Alisha A. Sanders Frankie L. Creech Jennifer G. Sosebee Debbie C. Jordan Sierra M. Merriweather Juakena O'Neal Myeshia T. Palmer Tarrance Tyrone Robbins Tanya M. Benjamin-Wilson Charles L. McIlwain Faith A. Mincey Deloise A. Perkins Larice R. Willis-Houck Delores M. Bell Shannon D. Childs Gloria Johnson Lisa Ann Montano Shane Watson Michael A. Williams Altaf Hussain Ronald H. Smith Mickie M. Collins Benita M. Thurmond Solomon L. Williams Heather L. Wyatt Jennifer A. Campbell Beverly Hester Laverne Lee Johnson Lisa Tucker Sanford Donyale E. Brown Itanga M. Hughes Brenda L. Thomas Cierra L. Williams February 22 Cierra L. Williams

More February Birthdays

1		
	February 23	Natanya F. Young
	February 24	Shuan-Tia D. Jones
		Shanta Dunnum Searles
	February 25	Felicia R. Mitchell
		Clara Lue Walker
	February 26	Alvin C. Roberson
		Carrie F. Stevenson
		Cassandra D. Williams
	February 27	Patricia Fuller Brown
		Carole B. Harmon
		Willie M. Harris
		Towanna D. Hicks
		Cassandra L. Jackson
	February 28	Cynthia Elaine Collier



Douglas E. Fedrick



2BR, 1BA House

Monthly Rent: \$550.00
Deposit: \$550.00
Application fee: \$45.00
Available: 03/09/2015
indoor / house pe

No indoor / house pets References Required

Location: 1948 Williams Drive (off Old Louisville Rd.), Augusta GA 30906

Condition: Newly remodeled, ceramic tile, new windows, fenced yard, central heating & air

Contact (706) 840-4409 or (706) 840-4139 for additional information.



BLOOD DRIVE

FRIDAY, FEBRUARY 13TH

1:00 PM - 5:30 PM

GRACEWOOD CAMPUS



WE NEED YOUR HELP!PLAN TO GIVE!!!

REMEMBER: ONE UNIT OF BLOOD CAN SAVE UP TO THREE LOCAL LIVES!

Gracewood Post Office

New Window Hours

M-F 9:00 am-12:00 noon

1:30 pm-4:30 pm

Sat 9:00 am-10:45 am





Visit the Gracewood Post Office today and ask Frank Deas about renting a Post Office Box!





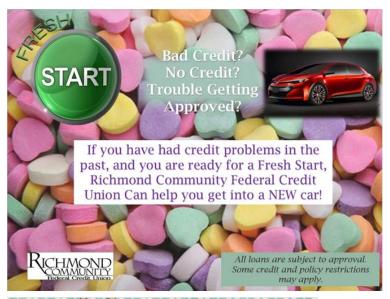
RCFCU Newsletter

February 2015

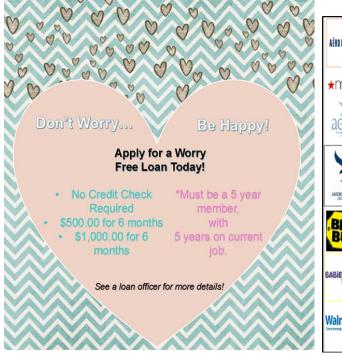
2048 Tobacco Rd. Augusta, Ga. 30906

www.richmondcommunityfcu.org











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What's in a Month?

February is...

National Black History Month
American Heart Month
National Weddings Month
Back for Family Fun Month
International Boost Self-Esteem Month
International Expect Success Month
National Bird Feeding Month
National Caffeine Addiction Awareness Month
National Cherry Month
National Children's Dental Health Month
National Hot Breakfast Month
National Single and Searching Month

Plant the Seeds of Greatness Month
Publicity for Profit Month
Potato Lover's Month
Return Shopping Carts to the Supermarket Month
Spiritual Teachers Month
Wise Health Care Consumer Month
An Affair to Remember Month
Canned Food Month
Creative Romance Month
Great American Pie Month
National Grapefruit Month

And...

February 1

National Freedom Day

February 2

Groundhog Day

Sneeze Day

February 3

The Day the Music Died

February 4

Create a Vacuum Day

Thank a Mailman Day

February 5

National Weatherman's Day

February 6

Lame Duck Day

February 7

Ballet Day

Greet Your Neighbor Day

Eat Ice Cream for Breakfast Day

Send a Card to a Friend Day

February 8

Boy Scout Day

Kite Flying Day

February 9

Toothache Day

Clean Out Your Computer Day

February 10

Umbrella Day

February 11

Don't Cry Over Spilled Milk Day

Make a Friend Day

White T-Shirt Day

February 12

Plum Pudding Day

Abraham Lincoln's Birthday

February 13

Blame Someone Else Day

Get a Different Name Day

February 14

Valentine's Day

Ferris Wheel Day

National Organ Donor Day

February 15

National Gum Drop Day

Singles Awareness Day

Susan B. Anthony Day

Candlemas

February 16

President's Day

Do a Grouch a Favor Day

February 17

Random Acts of Kindness Day

February 18

National Battery Day

February 19

National Chocolate Mint Day

Chinese New Years

February 20

Love Your Pet Day

Cherry Pie Day

Hoodie Hoo Day

Tioodic Tioo Day

February 21

Card Reading Day

February 22

George Washington's Birthday

International World Thinking Day

Be Humble Day

Walking the Dog Day

February 23

Tennis Day

International Dog Biscuit Appreciation Day

February 24

National Tortilla Chip Day

February 25

Pistol Patent Day

February 26

Carnival Day

National Pistachio Day

Tell a Fairy Tale Day

February 27

Polar Bear Day

No Brainer Day

February 28

National Tooth Fairy Day

Floral Design Day

Public Sleeping Day



East Central Regional



Dr. Vicky Spratlin

Interim Regional Hospital Administrator

Matt McCue

Interim Associate Regional Hospital Administrator

Dr. Vicky Spratlin

Clinical Director

Mickie Collins

Chief Operating Officer

Augusta Campus

3405 Mike Padgett Highway

Augusta, Georgia 30906

Gracewood Campus

100 Myrtle Boulevard

Gracewood, Georgia 30812

Teresa Crouch

Publisher

Harold "Skip" Earnest

Editor/Photographer

NOTICE

Items for publication must be submitted in written form. The upcoming issue's deadline is January 23, 2015. All articles and notices submitted for publication in the East Central Regional Hospital Bulletin are subject to editorial discretion. Please contact the Bulletin editor if you have questions regarding editorial decisions.



Our Mission

The mission of East Central Regional Hospital is to provide safe, competent and compassionate services to persons with mental illness and/or developmental disabilities.

Our Vision

The vision of our Facility is to be a center of excellence in the provision of comprehensive, responsive and compassionate care for consumers and their families.

Our Values

East Central Regional Hospital is caring and therefore, responsive to our consumers, their families, stakeholders and our employees through commitment to our core values:

Integrity

Communication & Collaboration

Accountability

Recognition through Relationships

Accredited by

The Joint Commission

Empowerment through Excellence

Campus Marquees

Deadline for submission of

MARCH MESSAGES

February 20, 2015

Submit information to Skip Earnest

Gracewood Campus

Extension 2102

(Information must be submitted on or before the indicated date

to be placed on Marquees for the following month.)

ECRH Jobs List

This is a list of job openings currently available at East Central Regional Hospital. For further information regarding these positions, please go to the DBHDD webpage at www.dbhddjobs.com.

Activity Therapist - Augusta Campus

Activity Therapy Leader - Gracewood Campus

Associate Regional Hospital Administrator - Developmental Disabilities

Auditor - Nursing

Auditor - Psychology

Auditor - Social Work

Behavioral Health Counselor

Behavioral Health Social Worker (MSW) - Redbud

Budget Assistant

Carpenter

Certified Nursing Assistant - Lead

Clerical Worker - Hourly - Admissions

Clerk - Part Time - Property Control

Client Support Worker (AL) / Instructor 3 / AMH Mall

Client Support Worker - Community Integration Home

Client Support Worker - Gracewood

Clinical Dietitian

CNA - Skilled Nursing Facility

<u>Craftsman Foreman</u>

DD Campus Supervisor - 2nd & 3rd Shift

DD Shift Supervisor - Gracewood Campus

Director of Risk Management

Facility Safety Officer - Corporal

Food Service Manager

Food Service Worker (WL)

General Trades Craftsman

Health Care Worker (Part-time) - Community Integration Home

Health Service Technician 1 - Augusta Mental Health Campus

Health Service Technician 1 - Gracewood Campus

Health Services Technician 2 - Gracewood Campus

Health Services Technician 2 / Lead - Augusta Mental Health Campus

Housekeeping Director

Housekeeping Team Leader

HVAC Repair Technician

Incident Management Technician

Institutional Locksmith

Laundry Supervisor

Laundry Worker

Laundry Worker (Part time weekends)

Licensed Practical Nurse (LPN) - Gracewood Campus

Licensed Practical Nurse (LPN) - Augusta Mental Health Campus

LPN - Skilled Nursing Facility

Maintenance Craftsman 3rd Shift

Mechanic

Nurse Administrator - (E/N) Gracewood and Augusta Campus

Nurse Investigator

Nurse Manager (RN) - Forensics

Nurse Practitioner - Skilled Nursing Facility

Occupational & Physical Therapy Technician

Occupational Therapist

Pharmacist - Advanced Level

Pharmacy Technician

Procurement Officer

Program Assistant - Camellia - Gracewood Campus

Program Assistant - Dietary Services

Program Associate - Dental Services

Psychiatric Nurse Practitioner - Augusta Mental Health Campus

Qualified Intellectual Disabilities Professional

Quality Management Technician

Regional Hospital Administrator

Registered Nurse (RN) - Augusta Mental Health Campus

Registered Nurse (RN) - Augusta Mental Health Campus

Registered Nurse (RN) - Charge Nurse - Augusta Campus

Registered Nurse (RN) - Charge Nurse - Gracewood Campus

Registered Nurse (RN) - Forensic Mall

Registered Nurse (RN) - Gracewood Campus

Registered Nurse - Skilled Nursing Facility

Shift Supervisor - Augusta Mental Health Campus

Work Instructor 1 - Gracewood Campus

Work Therapist - Augusta Campus

Work Therapy Instructor 2 - Augusta Campus

Work Therapy Instructor 2 - Forensic - Augusta Campus

February Menus

SUNDAY 2-1-2015	MONDAY 2-2-2015	TUESDAY 2-3-2015	<i>WEDNESDAY</i> 2-4-2015	THURSDAY 2-5-2015	FRIDAY 2-6-2015	SATURDAY 2-7-2015
Cranberry Juice Scrambled Eggs w/Ham Bits Dry Cereal Toast/Marg/Jelly Coffee/2% Milk	Banana Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Pancakes Sliced Bacon Dry Cereal Margarine/Syrup Coffee/2% Milk	Grape Juice Scrambled Eggs Sausage Patty Grits Biscuit/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Ham Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs Sliced Bacon Hash Brwn Potatoes Toast/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sausage Links Dry Cereal Toast/Marg/Jelly Coffee/2% Milk
Chuckwagon Steak w/Cream Gravy Mashed Potatoes Collard Greens Sli Tomato Salad Roll/Margarine Peaches Iced Tea/2% Milk	Pepper Steak Steamed Rice Squash Tossed Salad/Drsg Roll/Margarine Brownie/Icing Iced Tea/2% Milk	Roast Beef w/Gravy Egg Noodles Carrots Applesauce Wheat Roll/Marg Cake w/ Icing Iced Tea/2% Milk	Hamburger w/Bun Must/Catsup/Mayo Dill Chip/SI Onion French Fries Sli Tom/Lett Salad w/Mayonnaise Gingerbread Iced Tea/2% Milik	Red Beans & Rice Mixed Vegetables Lettuce Sld w/Drsg Bread/Margarine Vanilla Pudding Iced Tea/2% Milk	Baked Chicken Rissole Potatoes Broccoli Carrot/Raisin Salad Roll/Margarine Heavenly Hash Ice Tea/2% Milk	Meatloaf w/Brown Gravy Snowflake Potato Green Peas Pineapple Tidbits Roll/Margarine Ice Cream Iced Tea/2% Milk
Chicken Tetrazzini Carrots Tossed Salad w/Drsg Garlic Bread P'Butter Cookies Iced Tea	Bkd Rigatoni/Beef Broccoli Pickled Beet Salad Bread/Margarine Apple Crisp Iced Tea	Fried Chicken Au Gratin Potatoes Green Beans Shred Lettuce/Drsg Bread/Margarine Apricots Iced Tea	Roast Turkey w/Gravy Sweet Potatoes Seas Turnip Greens Copper Penny Sld Cornbread/Marg Fresh Fruit Iced Tea	Vegetable Soup Cold Cuts: Turkey Roll Bologna Sliced Cheese Must/Mayonnaise Sliced Tomato Potato Salad Bread/Crackers Banana Pudding Iced Tea	*Fried Fish w/Tartar Sauce Spanish Rice Okra Green Salad w/Drsg Bread/Margarine Apple Crisp Iced Tea *Broiled Pollock as 2 nd choice in Employee Cafeteria ONLY	Turkey Salad Saltine Crackers Pickled Beet Salad Bread/Margarine Apricot Halves Iced Tea

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2-8-2015	2-9-2015	2-10-2015	2-11-2015	2-12-2015	2-13-2015	2-14-2015
Banana Scrambled Eggs w/Sausage Bits Dry Cereal Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Scrambled Eggs Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs w/Cheese Grits Toast/Marg/Jelly Coffee/2% Milk	Cranberry Juice Scrambled Eggs Sliced Ham Grits Biscuit/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Pancakes Sausage Links Dry Cereal Margarine/Syrup Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk
Baked Ham	Fried Chicken Au Gratin Potatoes Mixed Vegetables Lettuce/Tomato Sld w/Drsg Wheat Roll/Marg Oatmeal/Raisin Cookies Iced Tea/2% Milk	Roast Pork w/Gravy	Spaghetti w/Meat Sauce	Baked Chicken	Roast Beef w/Gravy	Pepper Steak
Corn		Cnd Swt Potatoes	Parmesan Cheese	Macaroni/Cheese	Mashed Potatoes	Rice
Collard Greens		Field Peas	Calif Mixed Vegt	Seas Turnip Greens	Seasoned Squash	Broccoli
Carrot/Raisin Salad		Pickled Beet/Onion Salad	Tossed Sld w/Drsg	Sliced Peaches	Peach/Pear Mix	Pear/Cheese Salad
Bread/Margarine		Combread/Marg	Bu Garlic Toast	Cornbread/Marg	Roll/Margarine	Bread/Margarine
Peach Slices		Cake/Icing	Pineapple Upside Down Cake	Ice Cream	Bread Pudding	Chocolate Pudding
Iced Tea / 2% Milk		Iced Tea/2% Milk	Iced Tea /2% Milk	Iced Tea/2% Milk	Iced Tea/2% Milk	Iced Tea/2% Milk
Fried Fish 'N Bun w/Tartar Sauce Spanish Rice Green Beans Coleslaw Sherbet Iced Tea	Hamburger 'n Bun Sliced Cheese Catsup/Must/Mayo Sliced Pickles Fried Onion Rings Baked Beans Lett/Tomato Sld w/Drsg Pound Cake Iced Tea	Chuckwagon Steak w/Cream Gravy Mashed Potatoes Calif Miked Vegt Shredded Lett/Drsg Bread/Margarine Pears Iced Tea	BBQ Pork w/Bun Spinach Potato Salad Peach/Pear Mix Iced Tea	Turkey Pot Pie Steamed Carrots Shred Lett w/Drsg Bread/Margarine Brownie Iced Tea	Ham Ndl Casserole Garden Peas Copper Penny Sld Bread/Margarine Sugar Cookies Iced Tea	Hot Dog 'n Bun Must/Catsup/Onion Baked Beans Coleslaw P'Butter Cookies Iced Tea

SUNDAY 2-15-2015	MONDAY 2-16-2015	TUESDAY 2-17-2015	WEDNESDAY 2-18-2015	THURSDAY 2-19-2015	FRIDAY 2-20-2015	SATURDAY 2-21-2014
Cranberry Juice Scrambled Eggs Sausage Links Oatmeal Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs w/Cheese Grits Toast/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Pancakes Sliced Ham Dry Cereal Syrup/Margarine Coffee/2% Milk	Cranberry Juice Scrambled Eggs w/Sausage Bits Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Scrambled Eggs Sausage Patty Grits Toast/Marg/Jelly Coffee/2% Milk
Baked Ham Oven Browned Potatoes Seas Turnip Greens Cucumber/Vinegar Salad Bread/Marg Ice Cream Iced Tea/2% Milk	Roast Turkey w/Cravy Cranberry Sauce Baked Dressing Green Beans Potato Salad Roll/Margarine Coconut Cake Iced Tea/2% Milk	Baked Chicken Rice w/Gravy Broccoil Sliced Tomato Salad Roll/Margarine Sweet Potato Pie Iced Tea/2% Milk	Roast Beef w/Gravy Egg Noodles Carrots Tossed Sld w/Drsg Wheat Roll/Marg Banana Cake Iced Tea/2% Milk	*Fried Fish w/Tartar Sauce Scalloped Potatoes Steamed Cabbage Sliced Tomato w/Mayo Combread/Marg Cake w/Icing Iced Tea/2% Milk *Broiled Pollock as 2 nd choice in Employee Cafeteria ONLY	BBQ Pork 'N Bun French Fries Green Beans Coleslaw Pineapple Upside Down Cake Iced Tea/2% Milk	Hamburger Steak w/Gravy Snowflake Potato Green Peas Tomato Sid/Drsg Roll/Margarine Vanilla Pudding/Topping Iced Tea/2% Milk
Chili Con Carne Rice Corn Shred Lettuce/Drsg Saltine Crackers Sliced Peaches Iced Tea	Beef Noodle Cass. w/Cheese Topping Seasoned Squash Tossed Salad/Drsg Bread/Margarine Sherbet Leed Tea	Sloppy Joe 'n Bun French Fries Green Peas Green Salad w/Drsg P'Butter Cookies Iced Tea	Hot Dog/Bun Baked Beans Coleslaw Chocolate Pudding Iced Tea	Turkey Noodle Cass Sea Collard Greens Tossed Salad Bread/Margarine Ice Cream Iced Tea	Fried Chicken Macaroni / Cheese Broccoli Lett/Tom Sld/Drsg Roll/ Margarine Sugar Cookies Iced Tea	Chicken Salad Saltine Crackers Copper Penny Sld Bread/Margarine Fruit Cup Iced Tea

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2-22-2015	2-23-2015	2-24-2015	2-25-2015	2-26-2015	2-27-2015	2-28-2015
Orange Juice	Banana	Cranberry Juice	Orange Juice	Grape Juice	Apple Juice	Grape Juice
Scrambled Eggs w/Ham	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs w/Cheese	Waffles	Scrambled Eggs w/
Bits	Sliced Bacon	Sausage Patty	Bacon	Grits	Sausage Links	Cheese
Oatmeal	Dry Cereal	Grits	Hash Brwn Potatoes	Cinnamon Roll	Dry Cereal	Grits
Toast/Marg/Jelly	Toast/Marg/Jelly	Biscuit/Marg/Jelly	Toast/Marg/Jelly	Margarine	Margarine/Syrup	Toast/Marg/Jelly
Coffee/2% Milk	Coffee/2% Milk	Coffee/2% Milk	Coffee/2% Milk	Coffee/2% Milk	Coffee/2% Milk	Coffee/2% Milk
Spaghetti w/Meat Sauce Parmesan Cheese Green Beans Tossed Salad w/Drsg Garlie Bread Pears Iced Tea/2% Milk	Roast Turkey w/Gravy Cramberry Sauce Baked Dressing Peas & Carrots Peaches** Roll/Margarine Oatmeal/Raisin Cookies Iced Tea/2% Milk **Augusta Campus = Fruit Cocktail	Baked Ham Mashed Potatoes Seas. Collard Greens Pears Cornbreadl/Marg Cake/Icing Iced Tea/2% Milk	Lasagna Combination Salad w/ Drsg Garlic Bread Peach Cobbler Iced Tea/2% Milk	Meatloaf w/Mushroom Gravy Mashed Potatoes Carrots Pear/Cheese Salad Roll/Margarine Gingerbread Iced Tea/2% Milk	Roast Pork w/Brown Gravy Steamed Rice Broccoli Lettuce Sld w/Drsg Bread/Margarine Banana Pudding w/Topping Iced Tea/2% Milk	Baked Chicken Oven Brown Potatoes Calif Miked Vegt Coleslaw Roll/Margarine Ice Cream Iced Tea/296 Milk
Polish Sausage/Bun Diced Onion/Relish/ Mustard Baked Beans Coleslaw Pineapple Tidbits Iced Tea	Vegetable Soup Cold Cuts: Turkey Roll, Bologna, Sliced Cheese Must/Mayonnaise, Sliced Tomato Potato Salad Bread/Crackers Sweet Potato Pie Iced Tea	Tuna Ndl Casserole Calif Mixed Vegt Shred Lettuce/Drsg Bread/Margarine Apricot Halves Iced Tea	Hot Dog 'N Bun Must/Catsup/Onion Baked Beans Coleslaw Brownies Iced Tea	Roast Beef w/Gravy Noodles Green Beans Tossed Salad w/Drsg Bread/Margarine Peaches Iced Tea	Chili Mac Corn Pears ** Saltine Crackers Choc Chip Cookies Iced Tea **Augusta Campus = Fruit Cocktail	Taco Pie White Rice Spinach Shred Lettuce/Drsg Bread/Margarine Applesauce Iced Tea