



Special points of interest:

- *Work Therapy*
Valentine's Sale
- *Safety Care Tidbit*
- *What's in a Month*
- *ECRH Jobs List*

"It is not because things are difficult that we do not dare; it is because we do not dare that they are difficult."

Seneca

Inside this issue:

New Employees	2
HR Partners	3
Pharmacy Notes	4,5
Safety Shop	6
Occupational Health	7,8
Training at a Glance	9-11
Out & About	12,13
February Birthdays	14,15
Classifieds	16

From the Desk of the RHA - Paul Brock



ECRH's Nominated Candidates Selected for Management Academy

I am excited to inform you that each of our three nominated candidates for the DBHDD Management Academy were selected to participate in the Cohort 4 Program. Beginning January 14, 2016, Lynn Burke-Reyes, Incident Management Director, Shannon Lariscy, Community Integration Home (CIH) Administrator, and Regenia Harrison, TIP Coordinator, began their management and leadership education journey. As participants in the Academy, each will be engaged in self-study, required readings, self and team assessments, lectures, and interactive classroom activities along with individual and team assignments.

In order for DBHDD to accomplish its vision and mission, it will need a well-equipped and informed workforce, which starts with effective management and leadership. Through this six-month challenging curriculum, leaders will receive excellent instruction from some of the best thought leaders Georgia has to offer in the areas of public sector management and leadership. At the conclusion of the program, graduates will be awarded a management certificate from UGA and be given the opportunity to use his/her newly refined skills to positively affect DBHDD's service delivery and outcomes. Please join me in congratulating Lynn, Shannon and Regenia.

Thank you!

*Sincerely,
 Paul Brock*

Tidbits of ECRH History

One can imagine how busy the HOUSEKEEPING DEPARTMENT of Georgia Regional Hospital at Augusta (now ECRH Augusta Campus) was in 1979 prior to the hospital receiving its first patient. The department staff cleaned 18,538 square yards of carpet, 657 windows, 2,,753 lights . WHEW!

Only one employee complaint: "I can wash the inside windows but not the outside windows. Too many wasps in the bushes!"

Along the way, the Housekeeping Department changed it's name to ENVIRONMENTAL SERVICES and continues to do marvelous work.

REGIONAL HOSPITAL

Contributed by Brian Mulherin

New Employees



Front Row(L-R): Lisa Booker, CNA; Anita Hill, HST; Latoya Cooper, HST; Tiffany Wingate, CNA

Back Row(L-R): Patrice Bowie, CNA; Shurronda Owens, CNA; Jasmine White, HST; Gloria Smith, HST

Front Row(L-R): Chartavia Beal, Food Service Employee; Robin Carodine, Food Service Employee; Ella Bradford, Food Service Employee; Jessica Jones, CNA

Back Row(L-R): James Taylor, CNA; Christine Collins, Food Service Employee; Natalie Herrington, Training Specialist; Monique Lee, CNA



Front Row(L-R): Monica Cole, HST; Brianna Miller, CNA; Jennifer Oellerich, RN; Aquilla Smith, HST

Back Row(L-R): Joseph Myers, HST; John Lovett, CNA; John Utley, Housekeeper; Amber Hayes, HST



WELCOME!

HR Partners



Are you getting close to retirement?

Would you like to know more about your retirement plans?

Are you a GSEPS member?

Interested in learning about Peach State Reserves 401(k) or 457 plans?

ERS will be offering webinars to give you valuable information concerning your retirement plans. These are offered on a first-come-first-served basis. To enroll please use the web address below to schedule your session.

To register for a webinar please go to: <http://www.ers.ga.gov/seminars/webinarschedule.html>

Dates and times are subject to change.

Policy Reminders

Professional Licensure (DBHDD/HR Policy #22-2001)

All employees in positions which require licenses) including driver's licenses), certificates or registrations are responsible for ensuring these documents are current. Employees are responsible for renewing required licenses, certificates or registrations, as necessary. Failure to obtain or maintain valid licenses, certificates or registrations is a basis for separation of employment. Please review this policy via <https://gadbhdd.policystat.com>.

Fair Labor Standards Act (FLSA) (DBHDD/HR Policy #22-1001) *Management of Work Hours

- Supervisors are responsible for monitoring arrival and departure times of non-exempt employees to ensure accurate records are maintained and to minimize over-time worked.
- Supervisors are responsible for ensuring that all modifications and adjustments to employee's schedules are recorded accurately in time and attendance reporting.
- Non-exempt employees are required to accurately sign in and out using the approved time and attendance system when they arrive and leave their work areas. Non-exempt employees who fail to correctly record actual work time in accordance with the approved time and attendance system are subject to disciplinary action up to and including separation.

Other Employment (DBHDD/HR Policy # 22 -1203)

Employees are required to submit the Request for Approval of Other Employment form to their supervisor prior to beginning other employment. You should not begin other employment until you have received written approval from your supervisor, and an authorized official or designee. In addition, employees are required to notify their supervisor of any changes in previously approved other employment. Employees of ECRH are required to request approval of other employment on an annual basis.

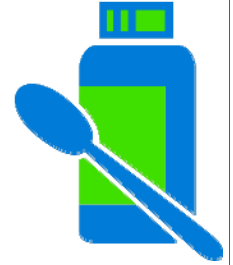
Employee Assistance Program (EAP)

DBHDD has partnered with EAP Consultants. For more details and information, please visit the Website: www.eapconsultants.com and enter Company Code: **DBHDD**.

Pharmacy Notes



"Pharmacy for Nurses" Class:



**ALL nurses are encouraged to attend the
"Pharmacy for Nurses" class:**

Gracewood Campus - Building 103B:

during New Employee Nursing Orientation

February 3, 2016

February 16, 2016

March 2, 2016

March 16, 2016

March 31, 2016

1:30pm – 2:30pm

**Please contact Casandra Roberts or Adeola Oke
in the Pharmacy for more information (ext. 2496)**



Hazardous Drugs
which may be used at
East Central Regional Hospital



1. Antineoplastic drugs with manufacturers' safe handling guidance:

Hydroxyurea (Hydrea) 500mg

Megestrol (Megace) - Liquid

Methotrexate (Rheumatrex) 2.5mg

Tamoxifen (Nolvadex) 10mg

2. Non-antineoplastic drugs that meet one or more of the NIOSH criteria for a hazardous drug including those with manufacturers' safe handling guidance (MSHG):

(Continued on page 5)

Pharmacy Notes

(Continued from page 4)

- Azathioprine (Imuran) 50mg
- Medroxyprogesterone acetate (Provera)
- Mycophenolate mofetil (Cellcept) 500mg
- Progesterone (Prometrium)
- Estrogens (Premarin = Conjugated Estrogens)
- Estrace = Estradiol 1 mg

3. Non-antineoplastic drugs that primarily have adverse reproductive effects:

- Dutasteride (Avodart)
- Finasteride (Proscar) 5mg
- Misoprostol (Cytotec) 100mcg; 200mcg

Medication Administration and Standard Precautions – Nursing utilizes standard precautions prior to, during, and after medication administration of hazardous medication (e.g., washes/sanitizes hands before setting up medications, wears gloves during administration, washes/sanitizes hands after administration, discards safety needles uncapped in approved sharps container immediately after giving injection, etc.). Refer to Medication Administration Policy 03-553.

The list of hazardous drugs will be updated periodically as new drugs are added to the NIOSH website.

ECRH Incident Management Hotline Procedure

The purpose of this Hotline is to establish an alternate means of reporting incidents in a timely manner. The Hotline is to be utilized by any employee, contractor, family member, visitor and volunteer that may feel uncomfortable reporting an incident or allegation of abuse, exploitation or neglect in person. This is an **alternate** reporting system and by no means replaces the current protocol outlined in the Incident Management Policy.

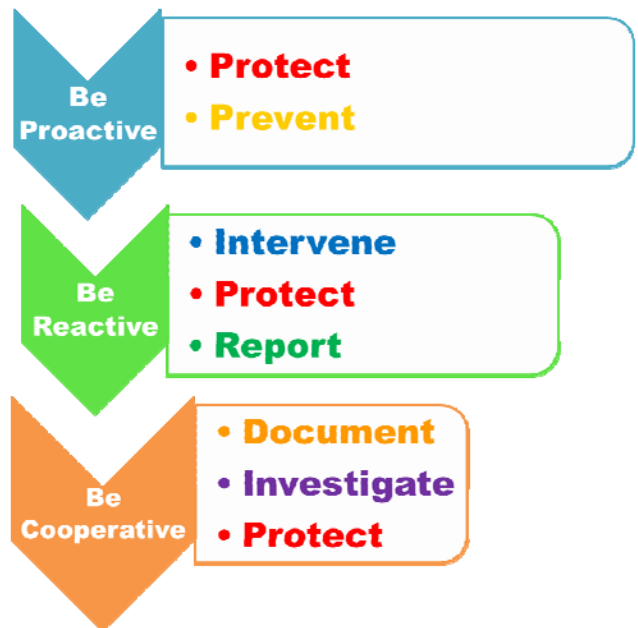
Hotline Number:
(706) 945-7150



PRIDE IN PLACE - It Starts with Me

"If you change the way you look at things, the things you look at change." - Wayne Dyer

Our Role in Protecting Our Individuals from Harm



Safety Shop

Staff Urged to Minimize or Postpone Driving During Severe Winter Weather

We want to remind our staff about the importance of avoiding driving during inclement weather, and also provide some tips on being prepared – in case you must travel.

Being prepared and staying informed about bad driving conditions are the first steps in avoiding potentially life-threatening situations. While it is not recommended to drive during severe winter weather, it's important that you know what to do in case you must get on the road or if you get caught in bad weather unexpectedly.



If you must drive:

- Maintain at least a half tank of gas during the winter season.
- Keep an extra Ready kit in the trunk of your car. In addition to the basic essentials, consider adding a portable cell phone charger, ice scraper, extra blanket, sand for traction and jumper cables.
- Follow directions from local officials about driving during snow and ice storms, and drive with caution.
- SLOW DOWN to at least half your normal speed and use a low gear as you drive.
- Don't stop when going up a hill. Build some momentum on a flat roadway before you take on the hill.
- Do not use cruise control and avoid abrupt steering maneuvers.
- Be mindful of road crews working to clear the snow and ice from the roadway.
- Motorists should not pass a dump truck spreading the salt/gravel mixture, as gravel may bounce up and could break windshields. Follow at least 100 feet behind all vehicles.
- If you come to a traffic signal that is not working, treat it as a four-way stop.
- Beware of black ice, especially on bridges, overpasses and shady areas. Four-wheel-drive may help your vehicle get going in the slushy stuff, but it's of no use when you're trying to steer or safely stop on a slippery road surface.
- Watch for fallen trees or power lines.
- If at any point during your trip you feel that the weather is too bad to continue driving, simply stay put.

Stopped or Stalled?

- Remain in your vehicle where rescuers are most likely to find you. Do not set out on foot unless you can see a building close by where you know you can take shelter.
- Don't idle for a long time with the windows up or in an enclosed space.
- Run the engine and heater about 10 minutes each hour to keep warm and to conserve your battery and gasoline. When the engine is running, open a downwind window slightly for ventilation and periodically clear snow from the exhaust pipe. This will protect you from possible carbon monoxide poisoning.
- Exercise to maintain body heat, but avoid overexertion.

HELP ME HELP YOU make ECRH a safe place for our individuals, visitors, and staff. For safety related issues, contact Kenneth Hillman at 790-2400.

Occupational Health - Glaucoma



Glaucoma is an eye disorder often associated with a dangerous buildup of internal eye pressure (intraocular pressure or IOP), which can damage the eye's optic nerve that transmits visual information to the brain. If untreated or uncontrolled, glaucoma first causes peripheral vision loss and eventually can lead to blindness. The most common type of glaucoma is primary open-angle glaucoma. Open-angle glaucoma is three times more likely to affect African-Americans, compared with non-Hispanic whites in the United States, and blindness from glaucoma is at least six times more prevalent among African-Americans than non-Hispanic whites. Glaucoma is the second leading cause of blindness behind cataracts.

Glaucoma Symptoms: Called the "silent thief of sight,"; most types typically cause no pain and produce no symptoms until noticeable vision loss occurs. It often progresses undetected until the optic nerve already has been irreversibly damaged, with varying degrees of permanent vision loss. With Acute angle-closure glaucoma, symptoms occur suddenly and can include blurry vision, halos around lights, intense eye pain, nausea and vomiting. If you have these symptoms, make sure you see an eye care practitioner or visit the emergency room immediately so steps can be taken to prevent permanent vision loss.

Diagnosis, Screening and Tests for Glaucoma: During routine eye exams, a tonometer is used to measure your intraocular pressure, or IOP. An abnormally high IOP reading indicates a problem with the amount of fluid (aqueous humor) in the eye. Either the eye is producing too much fluid, or it's not draining properly. Normally, IOP should be below 21 mmHg (millimeters of mercury) — a unit of measurement based on how much force is exerted within a certain defined area. If your IOP is higher than 30 mmHg, your risk of vision loss from glaucoma is 40 times greater than someone with intraocular pressure of 15 mmHg or lower.

Other methods of monitoring glaucoma are: scanning laser polarimetry (SLP), optical coherence tomography (OCT) and confocal scanning laser ophthalmoscopy to create baseline images and measurements of the eye's optic nerve and internal structures.



Visual field testing is a tool used at intervals to test peripheral vision to determine vision loss from glaucoma and/or developing blind spots from damage to the optic nerve.

Gonioscopy/Biomicroscopy are tools used to evaluate the structure inside the eye (called the drainage angle) that controls the outflow of aqueous and thereby affects intraocular pressure.

Types of Glaucoma: form of glaucoma is present at birth; difficult to diagnose. Be mindful of a cloudy, white, hazy, enlarged or chronic or primary open-angle glaucoma (gradually reduces your peripheral vision without other symptoms), Angle-closure glaucoma (produces sudden symptoms such as eye pain, headaches, halos around lights, dilated pupils, vision loss, red eyes, nausea and vomiting), Normal-tension glaucoma (can cause visual field loss due to optic nerve damage), Pigmentary glaucoma (rare form, caused by pigment that has broken away from iris that blocks the drainage angle of the eye with may cause inflammation), Secondary glaucoma (may occur following eye injury; infection, inflammation, a tumor or enlargement of the lens due to a cataract), Congenital glaucoma inherited protruding eye in your child

Glaucoma Treatments: May involve glaucoma surgery, lasers or medication (eye drops), depending on the severity. Because glaucoma often is painless, people may become careless about strict use of eye drops that can control eye pressure and help prevent permanent eye damage. In fact, non-compliance with a program of prescribed glaucoma medication is a major reason for blindness caused by glaucoma.

(Continued on page 8)

Occupational Health - Glaucoma

(Continued from page 7)

Glaucoma Prevention: Researchers in the U.K. found that higher levels of physical exercise appear to provide a long-term benefit of reducing the incidence of low ocular perfusion pressure (OPP), an important risk factor for glaucoma. OPP is a mathematical value that is calculated using a person's intraocular pressure and his or her blood pressure. "It appears that OPP is largely determined by cardiovascular fitness. Maintaining an active lifestyle appears to be an effective way for people to reduce their risk of glaucoma and many other serious health problems.



Information Taken From: allaboutvision.com

Safety Care Tidbit - Safety Habits:Distance

The habits we follow while working are important. Here are some tips about maintaining your distance that everyone should use, all the time, when at work near potentially dangerous individuals.



Tips:

- Avoid moving into someone's personal space unexpectedly.
- Everyone has different preferred personal space boundaries, and those can change depending on the situation. If you're not sure, a good rule of thumb is about 2 arm's lengths in front or behind; or 1.5 arm's lengths to the side.
- In order to appear less intrusive, turn your side, rather than your front to the person.

Training at a Glance - February

Class	Date	Time	Place
NEO Principles of Recovery	2/1/2016	9:30 a.m.-10:30 a.m.	BLDG 103-D E&R
NEO PNS Professional	2/1/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO PNS End User	2/1/2016	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated Safety Care Level #2	2/1/2016 2/2/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
NEO Infection Control and Prevention+ Handwashing	2/2/2016	9:00 a.m.-10:30 a.m.	BLDG 103-D E&R
CPRC	2/2/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C ROOM C-23
DD-Incident Management Annual	2/2/2016	7:30 a.m.-9:30 a.m. 9:30 a.m.-11:30 a.m. 12:30 p.m.-2:30 p.m. 2:30 p.m.-4:30 p.m.	Bldg. 20 Gracewood Bldg. 20 Gracewood Bldg. 20 Gracewood Bldg. 20 Gracewood
Updated Seizure Management	2/2/2016	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C Room C-23
NEO Safety Care Level #1	2/3/2016 2/4/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99F
NEO Safety Care Level #2	2/3/2016 2/4/2016 2/5/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
CPRA	2/3/2016	8:00 a.m.-11:30 a.m.	BLDG 103-C ROOM C-23
First Aid	2/3/2016	12:30 p.m.-4:30 p.m.	BLDG 103-C ROOM C-23
EMR Nursing	2/3/2016	8:00 a.m.-1:30 p.m.	BLDG 103-C Room C-18
NEO PBS Training	2/3/2016	8:00 a.m.-12:00 p.m.	BLDG 20 Gracewood
Ostomy DD Training	2/3/2016	12:30 p.m.-4:30 p.m.	BLDG 103-C Lab
DD-Incident Management Annual	2/3/2016	7:30 a.m.-9:30 a.m. 9:30 a.m.-11:30 a.m. 12:30 p.m.-2:30 p.m. 2:30 p.m.-4:30 p.m. 4:30 p.m.-6:30 p.m.	All will be in BLDG 103-D E&R
Infection Control and Prevention+ Handwashing	2/3/2016	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-C Lab
DD-Incident Management Annual	2/4/2016	7:30 a.m.-9:30 a.m. 9:30 a.m.-11:30 a.m. 12:30 p.m.-2:30 p.m. 2:30 p.m.-4:30 p.m.	All will be in BLDG 103-D E&R
Defensive Driving	2/4/2016	8:00 a.m.-2:30 p.m.	BLDG 103-C ROOM C-23
Updated PNS Professional	2/4/2016	9:00 a.m.-11:00 a.m. 1:00 p.m.-3:00 p.m.	BLDG 103-C Lab
First Aid	2/5/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C ROOM C-23

Training at a Glance - February

Class	Date	Time	Place
CPRA	2/5/2016	1:00 p.m.-4:30 p.m.	BLDG 103-C ROOM C-23
Updated PNS End User	2/5/2016	8:00 a.m.-9:00 a.m. 9:00 a.m.-10:00 a.m. 10:00 a.m.-11:00 a.m.	BLDG 103-C Room C-23
Infection Control and Prevention+ Hand-washing	2/5/2016	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-C Lab
DD-Incident Management Annual	2/5/2016	7:30 a.m.-9:30 a.m. 9:30 a.m.-11:30 a.m. 12:30 p.m.-2:30 p.m. 2:30 p.m.-4:30 p.m.	Bldg. 20, Gracewood Bldg. 20, Gracewood Bldg. 20, Gracewood Bldg. 20, Gracewood
NEO CPRA	2/8/2016	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
NEO CPRC	2/8/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO First Aid	2/8/2016	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Infection Control and Prevention+ Hand-washing	2/8/2016	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated Seizure Management	2/8/2016	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-D E&R
DD-Incident Management Annual	2/8/2016	7:30 a.m.-9:30 a.m. 9:30 a.m.-11:30 a.m. 12:30 p.m.-2:30 p.m. 2:30 p.m.-4:30 p.m.	Bldg. 20, Gracewood Bldg. 20, Gracewood Bldg. 20, Gracewood Bldg. 20, Gracewood
Updated Safety Care Level #2	2/8/2016 2/9/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
NEO Medical Emergency Response System	2/9/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
NEO Seizure Management	2/9/2016	12:30 p.m.-2:30 p.m.	BLDG 103-D E&R
DD-Incident Management Annual	2/9/2016	7:30 a.m.-9:30 a.m. 9:30 a.m.-11:30 a.m. 12:30 p.m.-2:30 p.m. 2:30 p.m.-4:30 p.m.	Bldg. 20, Gracewood Bldg. 20, Gracewood Bldg. 20, Gracewood Bldg. 20, Gracewood
CPRC	2/9/2016	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Updated PNS Professional	2/9/2016	1:00 p.m.-3:00 p.m. 3:00 p.m.-5:00 p.m.	BLDG 103-C Lab
Updated Safety Care Level #2	2/9/2016 2/10/2016	12:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99L
NEO Observation of Individual to Ensure Safety	2/10/2016	8:00 a.m.-10:30 a.m.	BLDG 103-D E&R
NEO Seclusion and Restraint	2/10/2016	1:30 p.m.-4:30 p.m.	BLDG 103-D E&R
CPRA	2/10/2016	8:00 a.m.-11:30 a.m.	BLDG 103-C ROOM C-23
First Aid	2/10/2016	12:30 p.m.-4:30 p.m.	BLDG 103-C ROOM C-23

Training at a Glance - February

Class	Date	Time	Place
Infection Control and Prevention+ Hand-washing	2/10/2016	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-C Lab
Updated Safety Care Level #2	2/10/2016 2/11/2016	12:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99B
DD-Incident Management Annual	2/10/2016	7:30 a.m.-9:30 a.m. 9:30 a.m.-11:30 a.m. 12:30 p.m.-2:30 p.m. 2:30 p.m.-4:30 p.m. 4:30 p.m.-6:30 p.m.	Bldg. 20, Gracewood Bldg. 20, Gracewood Bldg. 20, Gracewood Bldg. 20, Gracewood Bldg. 103-D, E&R
NEO Therapeutic Incentive Program	2/11/2016	8:30 a.m.-10:00 a.m.	BLDG 103-D E&R
First Aid	2/11/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
CPRA	2/11/2016	1:00 p.m.-4:30 p.m.	BLDG 103-C Lab
DD-Incident Management Annual	2/11/2016	7:30 a.m.-9:30 a.m. 9:30 a.m.-11:30 a.m. 12:30 p.m.-2:30 p.m. 2:30 p.m.-4:30 p.m.	Bldg. 103-C, C-23 Bldg. 103-C, C-23 Bldg. 103-C, C-23 Bldg. 103-C, C-23
NEO PNS Professional	2/12/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO PNS End User	2/12/2016	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
DD-Incident Management Annual	2/12/2016	7:30 a.m.-9:30 a.m. 9:30 a.m.-11:30 a.m. 12:30 p.m.-2:30 p.m. 2:30 p.m.-4:30 p.m.	Bldg. 20, Gracewood Bldg. 20, Gracewood Bldg. 103-C, C-23 Bldg. 103-C, C-23
Updated Safety Care Level #2 (Weekend)	2/13/2016 2/14/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
DD-Incident Management Annual	2/15/2016	7:30 a.m.-9:30 a.m. 9:30 a.m.-11:30 a.m. 12:30 p.m.-2:30 p.m. 2:30 p.m.-4:30 p.m.	Bldg. 103-D, E&R Bldg. 103-D, E&R Bldg. 20, Gracewood Bldg. 20, Gracewood
CPRA	2/15/2016	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
First Aid	2/15/2016	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Infection Control and Preven- tion+Handwashing	2/15/2016	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	Bldg. 103-D, E&R
Updated Safety Care Level #2	2/15/2016 2/16/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L

Check DBHDD University for training needs and information.



Out & About

Faithful Service



Out & About

Faithful Service



SNOW?



February Birthdays

February 1	Gloria Hammond Jason R. Henle Mary H. Martin Amanda L. Pattillo Elaine Perkins Rehana Saeed	February 10	Ulonda D. Lett Betty A. Miller Jack Scott Bonnie Jean Sikes
February 2	Frankie L. Creech LaTrease B. Pinkney	February 11	Tyrone Bernard Goodwin Barbara L. Kenon
February 3	Ebony S. Burgess Debbie C. Jordan Sierra M. Merriweather Tarrance Tyrone Robbins Juakena O'Neal	February 12	Gregory C. Hall Allyssa M. Walker Darrell B. Walker
February 4	Tanya M. Benjamin-Wilson Charles L. McIlwain Faith A. Mincey Deloise A. Perkins Larice R. Willis-Houck	February 14	Cheryl S. Bragg Veronica M. Brown Nancy H. Felder Tamika L. Smith Betty R. Head
February 5	Shannon D. Childs Gloria Johnson Lisa Ann Montano Michael A. Williams	February 15	Bill F. Carter Elizabeth Chapman Anthony Harris, Jr. Brenda D. Hope Nikki Morris Kandra Shaw Seng
February 6	Altaf Hussain	February 16	Bridgett Kimberley Garnett Carla A. Johnson-Ferguson Elizabeth Carlene Lazenby
February 7	Wendy L. Betts Mickie M. Collins Solomon L. Williams Heather L. Wyatt Lakisha Y. Tarver	February 17	Lucious Abrams, Jr. Natalie Q. Herrington Jasmine E. Winters Robert L. Johnson
February 8	Lillian S. Branham Beverly Hester Lisa Tucker Sanford	February 18	Lynd W. Bell Stacy Wynona Hughes Caprecia V. Ingram Sneha V. Mistry Aquilla T. Smith
February 9	Donyale E. Brown Curtis J. Carey Itanga M. Hughes Brenda L. Thomas Cierra L. Williams	February 19	Valerie Johnson Calloway Hae K. Park Farrah Stallings Yolanda H. Terry
February 10	Jamal A. Baron Dariece J. Bartlett Janice L. Key	February 20	Shante Eunice
		February 21	Beverly Kay Holloway
		February 22	Kimberly McCumbers-Ball

More February Birthdays

- February 23 Clinton R. Terry
 Natanya F. Young
 Laura T. Giles
- February 24 Johnny Dunn
 Shanta Dunnum Searles
 Renza Renee Yarbrough
- February 25 Anita S. Hill
 Felicia R. Mitchell
 Mico B. Turner
 Clara Lue Walker
- February 26 Annessia L. Hilliard
 Alvin C. Roberson
 Carrie F. Stevenson
 Cassandra D. Williams
- February 27 Patricia Fuller Brown
 Carole B. Harmon
 Willie M. Harris
 Towanna D. Hicks
 Cassandra L. Jackson
 Lashona B. White
- February 28 Cynthia Elaine Collier
 Larnice N. Dunton
 Douglas E. Fedrick
 Annette O. Ortiz
 Jassica L. Speer-Cater

Don't forget your PPD!



*Work Therapy's
Valentine's Day Sale*



February 11th- 12th
9:30am – 12:00pm
&
2:00pm – 4:00pm

*Work Therapy
Department Bldg. 22
(Gracewood Campus)*



Classifieds



2BR, 1BA House

Monthly Rent: \$550.00

Deposit: \$550.00

Application fee: \$45.00

Available: 03/15/2016

**No indoor / house pets
References Required**

Location: 1948 Williams Drive (off Old Louisville Rd.), Augusta GA 30906

Condition: Newly remodeled, ceramic tile, new windows, fenced yard, central heating & air

Contact (706) 840-4409 or (706) 840-4139 for additional information.

Language Line Services

ECRH's Language Access Coordinator is Cindy White. The LAC ensures that both language and sensory impairment needs of the consumers and families of East Central Regional Hospital are addressed. Did you know that Spanish is the second most spoken language in the United States? East Central Regional Hospital has two certified staff that speak Spanish. The hospital contracts with Latin American Translators Network, Inc. (LATN) for interpreting services for both language and sensory impairment needs.

If you have a consumer or family that needs interpreting services please notify the Language Access Coordinator, Cindy White, at 706-792-7006 for assistance. After hours, contact the Admitting/Receiving staff at 706-792-7006 so that arrangements can be made for interpreting. You can also e-mail Cindy White at Cynthia.White@dbhdd.ga.gov.

The Notice of Free Interpretation Services should be posted in all public and consumer areas. Language Line services may be used in emergency cases or when you have an immediate need for interpreting. To access the language line, follow the instructions below:

When receiving a call:

1. Tell the Limited English speaker to please hold.
2. Press the "Tap" button on the phone.
3. Dial 9-1- (866) 874-3972.
4. Enter on the telephone keypad or provide to the representative the 6 digit Client ID below:
 - * 6-digit Client ID: **5 1 3 3 0 8**
 - * Press 1 for Spanish
 - * Press 2 for all other Languages (Speak the name of the language at the prompt) an interpreter will be connected to the call.

You may press 0 or stay on the line for assistance.

5. Brief the Interpreter. Summarize what you wish to accomplish and give any special instructions.
6. Press "Tap" button to connect the Limited English speaker.

When placing a call to a Limited English speaker, begin at Step 2 above.

When a Limited English speaking person is present in the workplace:

1. Use the Gold Language Identification Card showing the geographical region where you believe the limited speaker may come from. The message underneath each language says: "Point to your language. An Interpreter will be called. The interpreter is provided at no cost to you."
2. Refer to the Quick Reference Guide to access an interpreter through Language Line Services.
3. If unable to identify the language, the representative will help you.

For more information you may visit the Language Line Services website at www.language.com.

What's in a Month?

February is...

American Heart Month
An Affair to Remember Month
Black History Month
Canned Food Month
Creative Romance Month
Great American Pie Month
National Cherry Month

National Children's Dental Health Month
National Grapefruit Month
National Weddings Month
National Bird Feeding Month
National Hot Breakfast Month
Potato Lovers Month

And...

<u>February 1</u> National Freedom Day	<u>February 11</u> Don't Cry Over Spilled Milk Day Make a Friend Day National Inventors Day White T-Shirt Day	<u>February 21</u> Card Reading Day
<u>February 2</u> Groundhog Day Sneeze Day Candlemas	<u>February 12</u> Plum Pudding Day Abraham Lincoln's Birthday	<u>February 22</u> Washington's Birthday Be Humble Day Walking the Dog Day International World Thinking Day
<u>February 3</u> The Day the Music Died	<u>February 13</u> Get a Different Name Day	<u>February 23</u> International Dog Biscuit Appreciation Day Tennis Day
<u>February 4</u> Create a Vacuum Day Thank a Mailman Day	<u>February 14</u> Valentine's Day Ferris Wheel Day	<u>February 24</u> National Tortilla Chip Day
<u>February 5</u> National Weatherman's Day	<u>February 15</u> National Organ Donor Day	<u>February 25</u> Pistol Patent Day
<u>February 6</u> Lame Duck Day Eat Ice Cream for Breakfast Day	<u>February 16</u> National Gum Drop Day President's Day Singles Awareness Day Susan B. Anthony Day	<u>February 26</u> National Pistachio Day Carnival Day Tell a Fairy Tale Day
<u>February 7</u> Wave All Your Fingers at Your Neighbor Day Send a Card to a Friend Day Superbowl Sunday Ballet Day	<u>February 17</u> Random Acts of Kindness Day	<u>February 27</u> Polar Bear Day No Brainer Day
<u>February 8</u> Boy Scouts Day Clean Out Your Computer Day Kite Flying Day	<u>February 18</u> National Battery Day	<u>February 28</u> Floral Design Day National Tooth Fairy Day Public Sleeping Day Oscar Night
<u>February 9</u> Mardi Gras/Fat Tuesday Toothache Day	<u>February 19</u> National Chocolate Mint Day	<u>February 29</u> Leap Day
<u>February 10</u> Umbrella Day Ash Wednesday	<u>February 20</u> Love Your Pet Day Cherry Pie Day Hoodie Hoo Day	

East Central Regional



Paul Brock Regional Hospital Administrator
Matt McCue Interim Associate Regional Hospital Administrator, Gracewood
Dr. Vicky Spratlin Clinical Director
Mickie Collins Chief Operating Officer
Augusta Campus 3405 Mike Padgett Highway Augusta, Georgia 30906 Gracewood Campus 100 Myrtle Boulevard Gracewood, Georgia 30812
Harold "Skip" Earnest Editor/Photographer Kristen Burdett Publisher
NOTICE Items for publication must be submitted in written form. The upcoming issue's deadline is February 8, 2016. All articles and notices submitted for publication in the East Central Regional Hospital Bulletin are subject to editorial discretion. Please contact the Bulletin editor if you have questions regarding editorial decisions.

Our Mission

The mission of East Central Regional Hospital is to provide safe, competent and compassionate services to persons with mental illness and/or developmental disabilities.

Our Vision

The vision of our Facility is to be a center of excellence in the provision of comprehensive, responsive and compassionate care for consumers and their families.

Our Values

East Central Regional Hospital is caring and therefore, responsive to our consumers, their families, stakeholders and our employees through commitment to our core values:

- I**ntegrity
- C**ommunication & Collaboration
- A**ccountability
- R**ecognition through Relationships
- E**mpowerment through Excellence



Accredited
by
The Joint Commission

Campus Marquees

Deadline for submission of
MARCH MESSAGES
February 22, 2016

Submit information to Skip Earnest
Gracewood Campus
Extension 2102

(Information must be submitted on or before the indicated date to be placed on Marquees for the following month.)

DBHDD Vision and Mission

Vision
Easy access to high-quality care that leads to a life of recovery and independence for the people we serve



Mission
Leading an accountable and effective continuum of care to support Georgians with behavioral health challenges, and intellectual and developmental disabilities in a dynamic health care environment

Gracewood Post Office

Window Hours

M-F 10:00 am-12:30 pm

1:30 pm-4:30 pm

Sat 9:00 am-10:45 am



Visit the Gracewood Post Office today and ask Frank Deas about renting a Post Office Box!

THE CIVIL WAR 1864
A Nation Touched with Fire

...it was a sight that is seldom seen to gaze upon the dead bodies of the enemy and to hear the cries for assistance and water... it was enough to break the heart of the most hardened...
Jeremiah Tate, 5th Alabama

...the *Tecumseh* reeled a little to starboard, her bow settled beneath the surface...her stern lifted high in the air...and the ship pitched out of sight like an arrow twanged from the bow.

You cannot make soldiers of slaves, nor slaves of soldiers... The day you make soldiers of them is the beginning of the end of the revolution.
Howell Cobb, 16th Georgia

Some of these mornings bright and fair
Take my wings and cleave the air
Pharaoh's army got drowned
O Mary, don't you weep
Negro Spiritual

I have given the subject of arming the negro my hearty support...by arming the negro we have added a powerful ally. They will make good soldiers.
Ulysses S. Grant



THE CIVIL WAR 1864
A Nation Touched with Fire

In the spring of 1864, Ulysses S. Grant, General-in-Chief of Union forces, launched an offensive targeting Richmond, Virginia, capital of the Confederacy.

During the first month of the massive operation, the Union sustained crushing losses to Robert E. Lee's Army of Northern Virginia at the Battle of the Wilderness, west of Fredericksburg, and at Cold Harbor, just north of Richmond. Instead of retreating, Grant surprised Lee in early June by moving his forces across the James River in an attempt to approach Richmond from the south, through Petersburg.

Pierre G.T. Beauregard, the general in command of Petersburg's defense, had fewer than 6,000 soldiers and local militia on June 15 when William F. Smith's Eighteenth Corps, some 14,000 strong, stormed the city's fortifications. Two brigades of African-American soldiers spearheaded the assault and were poised to enter the city. But Smith failed to press his advantage before the arrival of Confederate reinforcements, and a dreary siege of ten months ensued.

Beyond Virginia, Grant set his sights on Mobile, Alabama, coordinating an attack on this critical Gulf Coast port with General William T. Sherman's advance further south toward Atlanta, Georgia.

Admiral David G. Farragut, hero of the U.S. Navy's conquest of New Orleans in 1862, headed the operations against Mobile. To reach the city, his fleet would have to face fire from the two forts guarding the main entrance to Mobile Bay, plus the peril of the mines (then called torpedoes) laid at the entrance.

On August 5, the lead ironclad USS *Tecumseh* fired on Fort Morgan. Events turned dire when *Tecumseh* hit a torpedo and sank, losing 94 men. Despite the danger of torpedoes, Farragut gave the order to continue on, and his flagship USS *Hartford* guided the rest of the fleet through the minefield. When Fort Morgan surrendered on August 23, the Confederacy lost the use of the crucial port of Mobile for the rest of the war.

Farragut's capture of Mobile Bay, together with Sherman's conquest of Atlanta in September, restored confidence in President Abraham Lincoln's conduct of the war and helped him win reelection in November.

The Petersburg Campaign and Battle of Mobile Bay stamps are part of the U.S. Postal Service's series commemorating the 150th anniversary of the Civil War.

UNITED STATES POSTAL SERVICE

© 2013 USPS

PLATE POSITION

587300

GREAT RATES AND CASH BACK!

As much as

\$300

with rates as low as

1.9% APR!

Ask us for details!



*APR, Annual Percentage Rate. The lowest rate available is 1.9% APR. Subject to credit approval. Rates subject to change without notice and may be higher based on term and/or qualifications. Must qualify for Peach State membership and loan. Vehicle owners' IP must remain the same. Peach State will finance up to 100% of the NADA vehicle purchase. All auto loans financed with Peach State are with a minimum balance of \$10,000 and a 60-month maximum term. All auto loans financed with Peach State are with a maximum balance of \$50,000. All other loans are subject to credit review. Peach State will finance up to 100% of the purchase price of the vehicle. Loan must remain at Peach State for 12 months, otherwise any rebate paid will be added back into the loan payoff. Offer requires automatic payment and credit check. Rebate may not be used in conjunction with any other offer, and is not valid on existing loans or Peach State loans. A \$30 loan application fee is charged for processing. When the loan is issued, the fee will be refunded back to your account. Offer may expire at any time.

ECRH Jobs List

For further information regarding these positions, please go to the DBHDD webpage at www.dbhddjobs.com.

[Activity Therapist - ECRH Forensics Treatment Mall - Days 198544](#)

[Activity Therapy Leader - ECRH Camellia Unit - 69154](#)

[Activity Therapy Leader - Gracewood Campus](#)

[Assistant Housekeeping Director](#)

[Auditor - Social Work](#)

[Behavioral Health Counselor - ECRH PBS Team - 193820](#)

[Behavioral Health Counselor - ECRH Treatment Mall](#)

[Charge Nurse - ECRH - Redbud 7a-3:30p](#)

[Clerical Worker - MHS Admissions - Parttime 8:00p-4:30a](#)

[Client Support Worker - Gracewood](#)

[CNA - ECRH Camellia - 69505](#)

[CNA - ECRH SNF - FT 3rd Shift - 69639](#)

[Corporal - ECRH Hospital Security - 70799](#)

[Counselor - Group Facilitator](#)

[Dental Assistant](#)

[Dental Assistant 2 - ECRH - 68888](#)

[Dentist - Gracewood Campus](#)

[Director of Clinical Information Systems](#)

[Electrician](#)

[Food Service Operations Worker 1](#)

[Food Service Operations Worker 2/Senior](#)

[Food Service Supervisor \(2 Open Positions\)](#)

[Food Service Supervisor - ECRH - 70105](#)

[General Trades Craftsman](#)

[Groundskeeper - ECRH - 1st Shift - 208498](#)

[Group Facilitator/Counselor - AMH Mall](#)

[Health Service Technician 1 - Augusta Mental Health Campus](#)

[Health Service Technician 1 - Gracewood Campus](#)

[Health Services Technician 2 - Augusta Mental Health Campus](#)

[Health Services Technician 2 - Gracewood Campus](#)

[Housekeeper - ECRH - 70171](#)

[Housekeeping Team Leader](#)

[Houseparent](#)

[HR Assistant - ECRH - 74397](#)

[HVAC Repair Technician - ECRH Plant Operations - 70740](#)

[Instructor 1 - ICF/MR Treatment Mall - ECRH](#)

[Laboratory Services Worker \(part time hourly\)](#)

[Laundry Supervisor - ECRH - 70200](#)

[Laundry Worker - ECRH - 69933](#)

[Laundry Worker - ECRH - 69995](#)

[Licensed Practical Nurse \(LPN\) - Gracewood Campus](#)

[Licensed Practical Nurse \(LPN\) - Augusta Mental Health Campus](#)

[Licensed Practical Nurse - Hourly/Part-time - Gracewood Campus](#)

[Licensed Practical Nurse - Hourly/Part-time - Augusta Campus](#)

[LPN - Gen Mental Hlth - 7a-3:30p](#)

[LPN - Infection Control - ECRH 8am-5pm](#)

[Maintenance Craftsman, General Trades - ECHR - 70750](#)

[Maintenance Worker - 1st Shift](#)

[Mechanic Foreman - ECRH Plant Operations - 70748](#)

[Medical Records Info Tech - ECRH - 76412](#)

[Medical Technologist](#)

[Medical Technologist](#)

[Motor Vehicle Operator](#)

[Nurse Manager - Gracewood Campus](#)

[Nurse Practitioner - Skilled Nursing Facility](#)

[Office Manager Switchboard - Hospital Operations - 68836](#)

[Operations Analyst - Accounting or Finance - ECRH - 68990](#)

[Painter](#)

[Pharmacy Technician - ECRH - 69048](#)

[Program Assistant - Admissions - 12:00p-8:30p](#)

[Program Assistant - Admissions - 2nd Shift](#)

[Program Assistant - Admissions - 70756](#)

[Program Assistant - ECRH Nursing - Redbud 69714](#)

[Program Assistant - Forensic Treatment Mall - FT Days](#)

[Program Assistant - Redbud Unit - Gracewood Campus](#)

[Program Associate - ECRH - SNF Camellia - 208391](#)

[Psychiatric Nurse Practitioner - Augusta Mental Health Campus](#)

[Psychologist - Forensic Outpatient](#)

[Registered Nurse \(RN\) - Augusta Mental Health Campus](#)

[Registered Nurse \(RN\) - Charge Nurse - Augusta Campus](#)

[Registered Nurse \(RN\) - Charge Nurse - Gracewood Campus](#)

[Registered Nurse \(RN\) - Skilled Nursing Facility](#)

[Registered Nurse \(RN\) - Gracewood Campus](#)

[Service Director/Charge Nurse - Gracewood Campus](#)

[Shift Supervisor - Augusta Campus - 3rd Shift](#)

[Shift Supervisor - Augusta Mental Health Campus - 1st Shift](#)

[Shift Supervisor - Gracewood Campus](#)

[Skilled Utility Worker](#)

[Steam Plant Operator](#)

[Vehicle Operator](#)

[Work Instructor 1 - Gracewood Campus](#)