



Georgia Department of Behavioral Health & Developmental Disabilities

ECRH Bulletin

VOLUME 11, ISSUE 16

FEBRUARY 27, 2015

East Central Regional Hospital

Special points of interest:

- DD Services Info
• Art Show
• Language Line Access
• Out & About
• What's in a Month
• March Menus
• MH First Aid

Always do what you say you are going to do. It is the glue and fiber that binds successful relationships.

Jeffrey A. Timmons

Inside this issue:

Table listing contents: New Employees (2), HR Partners (4), Quality Corner (5), Pharmacy Update (6,7), Infection Control (9), Occupational Health (10), Safety Shop (12,13), Training at a Glance (14,15), March Birthdays (17,18)

From the Desk of the Interim RHA - Dr. Vicky Spratlin



First, I would like to thank all of you for the amazing response I received after the mid-month bulletin was released. I was overwhelmed by all of the positive comments and well wishes. I am happy to report my father was released from the hospital on February 16th, and continues with his physical rehabilitation. He also continues to keep a tight grip on the remote control. 😊

Before I launch into the article topic, I wish to commend the following employees for being selected as Clinical Director Choice Award recipients:

Vera Brown, RN-forensics: Ms. Brown's diligence in doing third shift rounds the "right way," saved an individual's life.

Regenia Harrison-Moore-TIP Director: I received a letter from an AMH individual who said the TIP store helped him in his recovery, and he specifically mentioned Ms. Harrison-Moore.

Jeremy Gay-Mental Health Counselor (soon to be PsyD): Mr. Gay has done a fabulous job performing psychological testing on many of our most challenging individuals.

Elaine Biley-HR Specialist: HR Special Forces is a more fitting title. Ms. Biley has come in and taken absolute ownership of the problem of people receiving undeserved payments, and has doggedly tried to save the hospital, DBHDD, and State of GA thousands of dollars. I used the term "doggedly" because I have affectionately nicknamed her "The English Bulldog," as she's English and stalwart in her duty.

(Continued on page 3)

Tidbits of ECRH History

Tidbits recently came across a report from the Association of County Commissioners of Georgia written in 2003. The report addressed the "Mental Health" problem in Georgia. Here is one paragraph from the report:

Currently, the largest state mental health facilities are the county jails. These are not treatment facilities, but rather "holding tanks" that essentially keep the affected people off the street. Often arrested on minor charges, the mentally ill become the wards of the county and they often enter the vicious circle between arrest and living on the street, and back again, indefinitely.

Contributed by Brian Mulherin

New Employees



Front Row (L-R): Dianne Jordan, HST; Shae'Ambria Harper, HST; Latesha Moore, Client Support Worker; Melissa Houpp, RN

Back Row (L-R): Winston McKenzie, HST; Norman Brown, Housekeeping; Patrick Pearson, Craftsman; Charles Kelly, Housekeeping

Front Row (L-R): Ykesha Evans, CNA; Harriett Jones, LPN; Renza Yarbrough, Activity Leader; Yolanda Hurley, LPN

Back Row (L-R): Ida Collier, CNA; Melody Williams, CNA; Daneika Mims, CNA; Shenita Smith, CNA



Front Row (L-R): Mikki Odell, CNA; Rosa Rosier, LPN; Florence Wynn, CNA; Michelle Knapp, CNA

Back Row (L-R): Johnny Dunn, Housekeeping; Quiandria Johnson, CNA; LaToya Houston, CNA; Jalicisa Shinholster, CNA



Welcome!

From the Desk of the Interim RHA - Dr. Vicky Spratlin

(Continued from page 1)

In this particular Bulletin edition, I would like to speak about inspiration and looking for it in unusual places. I think we all expect to find inspiration from our parents, our teachers, our employers, our military warriors, our national leaders, and those special people who have "beaten the odds", but if you limit yourself to the obvious sources, you may miss out on some of the most inspiring messages.

I had the opportunity to participate in one of the daily briefings with the ICF-IID CMS surveyors. Now, as most of you know, we are, right or wrong, typically expecting to hear all the things we are doing wrong. I have never walked into one of the debriefings or exit conferences expecting to be inspired. I will use one of the good leadership phrases I mentioned in our Leadership Team meeting last week: "I admit that I was wrong." One of the surveyors had looked at a living area and saw a myriad of problems. This is a living area that staff sees every day, yet no one has mentioned anything at all about how unpleasant the surroundings are. There are higher functioning individuals living there, and no one has asked them how they feel about living in such dour surroundings. I think we often forget that we are not here just to provide "custodial" care for our individuals, but also to mentor and coach.

I know we all love Gracewood and our individuals, but just like parents raising their children, we need to prepare our individuals for a transition into the community. It is our job to teach them the skills they will need for the next phase in their development. Listening to that particular surveyor reminded me of that mission. I ask you all to remember for what the letters ICF stand-Intermediate Care Facility. Intermediate means to be situated between two points or stages. Therefore, the Gracewood facility is not intended to be the proverbial "end of the road" for all of our individuals. There are those who, given the proper training and resources, can indeed function well in the community. It is our job to give them that training and those resources. Who is to say that, given the proper circumstances, the Gracewood campus could not be its own community? If that were ever to happen, which is of course unlikely, we would certainly want everyone to have the ability to function as independently as possible.

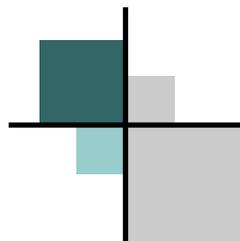
My point is twofold. We need to support our individuals in such a way as to foster independence and we need to always be open to all avenues to become inspired (or re-inspired as the case may be).

*In closing, I am grateful to everyone who worked so hard to have the SNF survey be so wildly successful that there are **NO deficiencies**. Wait, did you catch that? I said **NO** deficiencies! The Commissioner was so impressed that he and Dr. Li came to deliver doughnuts to the SNF staff the very next morning.*

I, also, am very grateful to those of you working so hard during the ICF survey. We are still only about half-way through it and I have seen an abundance of cooperation and excellent leadership. I wish to thank Matt McCue for his amazing tactical coordination. Dr. Li has been a fabulous source of encouragement and support throughout and I cannot thank him enough. Commissioner Berry, Chief of Staff Judy Fitzgerald, Greg Hoyt, and Dr. Risby have also given much support and encouragement throughout the entire process.

Thank you all!

*Sincerely,
Dr. Vicky Spratlin*



HR Partners

Human Resources would like to remind all employees of a revised DBHDD HR policy (22-108) specific to weather-related impact on operations (i.e. office delays, closings, etc.) and associated communication. The policy can be accessed directly on PolicyStat at <https://gadbhdd.policystat.com/policy/164526/latest/>.

NOTE: DBHDD 24-hour facilities that provide direct care for individuals will remain open, and announcements related to administrative closings and/or delayed openings do not apply to East Central Regional Hospital. All employees should be attentive to communication from leadership for weather-related instructions.

NOTE: East Central Regional Hospital is a 24-Hour facility and all employees are expected to report to work as scheduled.

In situations where inclement weather becomes problematic, employees should make a good faith effort to be at work, but use extreme caution and sound, prudent judgment in doing so. And again, all staff at DBHDD 24-hour facilities are expected to report to work.

Please let me know if you have any related questions or concerns.

Thanks in advance for your cooperation.

Doug Fine, HR Manager

Mental Health First Aid

Please note the course time has been reduced from 12 to 8 hours.

Monday, March 9th

12:30 pm-5:00 pm

and

Tuesday, March 10th

8:00 am-12:30 pm

Speaker: Dawn Gantt, MPA

Location: Augusta Campus, Building 15 Classroom



Attendance both days is required to complete the course and obtain a certificate.

Mental Health First Aid is a groundbreaking public education program that helps the public identify, understand, and respond to signs of mental illness and substance use disorders. It is offered in the form of an interactive 2-day course that presents an overview of mental illness and substance use disorders in the U.S. and will introduce participants to risk factors and warning signs of mental health problems, build an understanding of their impact, and provide overviews of common treatments.

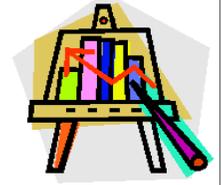
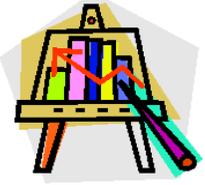
Those who take the 8-hour course learn a 5-step action plan encompassing the skills, resources, and knowledge to help an individual in crisis connect with appropriate professional, peer, social, and self-help care. A certificate is awarded to each individual who successfully completes the course.

Clinical staff, especially HSTs, who are interested in completing this course should contact their Nurse Manager to reserve a place in one of these classes.

Contact Lorraine Jackson, RN, Clinical Nurse Specialist, via email for further information.

Lorraine.W.Jackson@dbhdd.ga.gov

The Quality Corner - News & Information From Quality Management



Don't forget to wash your hands!

Results from a recent nationwide survey show that 85% of people wash their hands after using the toilet.

ARE YOU AMONG THE 15% OF PEOPLE WHO DON'T WASH UP?

ALWAYS wash your hands after the following activities:
Caring for an individual - feeding, grooming, dressing, etc.

Sneezing or coughing

Consuming food or beverage

USING THE RESTROOM

Thank you very much for helping to keep our individuals
healthy and safe!



Pharmacy Update



"Pharmacy for Nurses" Class



All nurses are encouraged to attend the "Pharmacy for Nurses" class:

Gracewood Campus - Building 103B:
during Nursing Orientation

March 2, 2015

1:30pm – 2:30pm

Topics Discussed in Classes Include:

1. The Availability of "After Hours" Medications
2. Medications Available in Code Carts
3. Online Floor Stock Ordering Process
4. Controlled Drug Documentation/Delivery Process
5. High Risk Medications
6. Pharmacy Hours of Operation

Please contact Casandra Roberts
in the Pharmacy for more information (ext. 2496)

Review of Instructions for the Controlled Drug Process



There are 3 forms:

- (1) ECRH CLN025 Controlled Drugs - Verification of Seal Number of Medication Security Bag,
- (2) ECRH CLN028 Controlled Drug Perpetual Inventory Log (Nursing Unit), and
- (3) ECRH CLN033 Nursing Supervisor's Routine Inspection of Controlled Medications

1) ECRH CLN025 Controlled Drugs - Verification of Seal Number of Medication Security Bag

The purpose of this document is to ensure that the medications are secure between the time that the Pharmacist places the medications in the bag until they are received and verified by the Nursing Staff.

The date, unit, bag seal #, pink card #, and Pharmacist's signature is completed by the Pharmacist. The Pharmacy

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Pharmacy Update

(Continued from page 6)

Courier ensures that the information is documented accurately on the form and places his/her signature on the document. When the medications are delivered to the Nursing Staff, the Nursing Staff verifies the accuracy of the information on the form and places his/her signature on the form.

2) ECRH CLN028 Controlled Drug Perpetual Inventory Log (Nursing Unit)

The purpose of this document is to provide a perpetual inventory of the pink controlled drug cards from when they are delivered to the Unit until they are removed from the unit.

The left side of the thick black line on the log is completed when the medications are delivered to the Unit. The right side of the thick black line on the log is completed when the pink card or pink card plus medication is returned to the Pharmacy.

Left Side - includes the date received, the name of the drug, quantity received, pink card number, Pharmacy Staff delivering medication, and Nurse receiving medication from Pharmacy Staff.

Right Side - includes the date returned to Pharmacy, quantity returned, Nursing Staff returning medication or pink card, and the Pharmacy Staff receiving medication with pink card.

3) ECRH CLN033 Nursing Supervisor's Routine Inspection of Integrity of Controlled Medications

The purpose of this document is to document the Nursing Supervisor's routine inspection of the integrity of the controlled medications on the unit.

The packaging of the controlled medications should not be opened, taped or otherwise compromised. If the packaging has been compromised, the Chief Nurse Executive (Ms. Andrea Brooks-Tucker) or her designee and the Pharmacy Director (Cindy Kucela) or her designee should be notified immediately. The inspection should occur at least 3 times weekly and be documented on the form. The form should be faxed to the Pharmacy at least once weekly.

The Nursing Supervisor will document the date and time of the inspection. The Unit Nurse and the Nursing Supervisor will sign the document and place any appropriate comments in the comments section of the form.

Augusta Campus Community Reintegration Efforts

Did you know?

⇒ In collaboration with multiple disciplines, individuals from various units have been participating in Community Reintegration Outings to a variety of locations to support individuals' recovery goals:

- In January, individuals and staff from GMH and Forensic I volunteered at Golden Harvest's Faith Food Factory to assemble **560 weekend food packages** for school-age children to receive.
- In February, individuals and staff from Forensic I and Forensic II volunteered again at the Faith Food Factory to sort and box **1,847 pounds of assorted food items** to be distributed to various agencies.

⇒ The individuals and staff enjoyed this time in giving back to our community. This was a great therapeutic experience for our Augusta Campus individuals to explore their interests, learn positive ways to be involved in their community, and exercise the skills they have learned in a community setting.

THANK YOU to all the staff collaborating to make these therapeutic experiences possible for ECRH individuals!



*Contributed by Tiffany Snow,
Work Therapy Coordinator*

DD Services

**ECRH Incident Management
Hotline Procedure**

The purpose of this Hotline is to establish an alternate means of reporting incidents in a timely manner. The Hotline is to be utilized by any employee, contractor, family member, visitor and volunteer that may feel uncomfortable reporting an incident or allegation of abuse, exploitation or neglect in person. This is an alternate reporting system and by no means will it replace the current protocol outlined in the Incident Management Policy.

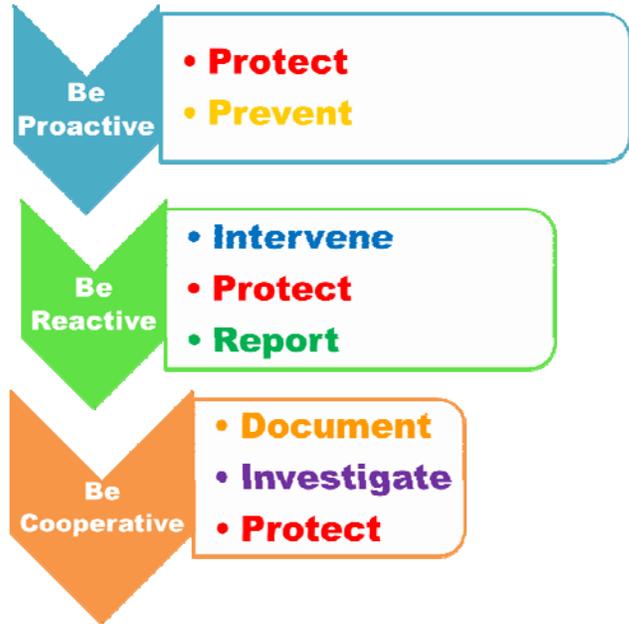
Hotline Number:
(706) 945-7150



PRIDE IN PLACE - It Starts with Me

"If you change the way you look at things,
the things you look at change." - Wayne Dyer

Our Role in Protecting Our Individuals from Harm



Remember!

On the Gracewood Campus only, when on the living areas, a mask will be worn by EVERYONE (Investigators, Security, Plant Ops, Environmental Services, PAs, Dietary, Visitors, Staff....) who did not receive the Flu shot.

Infection Control

Patients Face More Lethal Infections from CRE

Some germs are beating even our strongest antibiotics. Rapid action by clinicians and healthcare leaders is needed to stop the rise of lethal CRE infections. A 2013 Vital Signs report shows that antibiotics are being overpowered by lethal germs called carbapenem-resistant Enterobacteriaceae (CRE). These germs cause lethal infections in patients receiving inpatient medical care, such as in hospitals, long-term acute care facilities, and nursing homes.

In their usual forms, germs from the Enterobacteriaceae family (e.g. E. coli) are a normal part of the human digestive system. However, some of these germs have developed defenses to fight off all or almost all antibiotics we have today. When these germs get into the blood, bladder or other areas where germs don't belong, patients suffer from infections that are difficult, and sometimes impossible, to treat.

While CDC has warned about CRE for more than a decade, new information shows that these germs are now becoming more common. One type of CRE has been detected in medical facilities in 42 states. Even more concerning, this report documents a seven-fold increase in the spread of the most common type of CRE during the past 10 years.

Why are CRE so alarming? Even though these infections are not common, their rise is alarming because they kill up to half of people who get severe infections from them. In addition to causing lethal infections among patients, CRE are especially good at giving their antibiotic-fighting abilities to other kinds of germs. This means that in the near future, more bacteria will become immune to treatment, and more patients' lives could be at risk from routine bladder or wound infections. Without serious efforts to stop CRE in medical facilities, and without rapid improvement in the way doctors everywhere prescribe antibiotics, CRE will likely become a problem in the community, among otherwise healthy people not receiving medical care.

How can CRE be stopped? There have been major successes in stopping CRE in medical facilities in the United States, and nationally in other countries. Stopping CRE will take a rapid, coordinated, and aggressive "Detect and Protect" action that includes intense infection prevention work and antibiotic prescribing changes. CDC released a CRE prevention toolkit reiterating practical CRE prevention and control steps. Leadership and medical staff in hospitals, long-term acute care hospitals, nursing homes, health departments, and even outpatient practices must work together to implement these recommendations to protect patients from CRE.

For More Info: <http://www.cdc.gov/Features/vitalsigns/hai/cre/index.html>



Occupation Health - Healthy Hearts



Why do you need to keep a healthy heart? - Heart disease is the #1 cause of death in men and women, greater than the next five causes of death combined! According to the latest estimates by the American Heart Association, over 64 million Americans have one or more forms of cardiovascular disease (CVD).

There are ways to significantly lower your chances of developing heart disease and reverse the effects of a current heart condition you may or may not be aware of. Lower cholesterol, triglycerides, homocysteine and CRP levels are a start to promoting healthy hearts. With a few lifestyle changes along with a heart healthy diet and exercise regimen, you can maintain a healthy heart for life!

Risk Factors Heart Disease - Learning the risk factors of heart disease is the first step towards lowering your chances of having a heart attack, stroke or similar health condition. Although you may have a genetic predisposition, there are many dietary and lifestyle changes you can implement to not only reduce the risk, but actually reverse the damage of heart disease.

Heart Disease Risk Factors - There are four blood indicators you need to be concerned with, and all are important risk factors for heart disease. The next time you get a blood test, insist that your doctor also check your triglycerides, homocysteine and CRP levels in addition to your cholesterol...it could save your life!



High cholesterol: High cholesterol, specifically LDL, which can clog your arteries and lead to a heart event. Interestingly, only 20% of your body's cholesterol comes from your diet...the other 80% is manufactured by your liver. So even if you follow a low cholesterol diet, you might still have high LDL, which is why you need to have your levels checked.

Triglycerides: Triglycerides, or fats, which are directly influenced by what you eat, and are one of the major heart disease risk factors. Triglycerides thicken your blood, increasing the risk of clotting and blockage.

Homocysteine: An abnormal protein that can damage your arteries if not cleared out of your system properly. This risk of heart disease is caused by a lack of B Vitamins (Folic Acid, B6, B12) in your diet. Most of us get an ample supply of B Vitamins, and needn't worry too much about high homocysteine levels. However, vegetarians should be concerned about this condition.

C Reactive Protein: C Reactive Protein, known as CRP, which is a measure of inflammation in the blood. Studies show that CRP is a very accurate predictor of future heart problems, and may double your chances of having a stroke. Anti-inflammatories can treat elevated CRP levels.

Ways to Lower Your Risk of Heart Disease: 1. FOLLOW A HEART HEALTHY DIET - (Limit intake of trans fats and hydrogenated oils found in margarine, fast food, fried food, etc.. Limit refined sugar intake from cakes, cookies, candy, etc.. Use extra virgin olive oil and garlic in cooking - they can lower cholesterol, and add Omega 3 Fatty Acids to your diet - the best source is Fish Oil.) 2. EXERCISE REGULARLY - (Try to exercise 3-4 times per week, for at least a half hour at a time. Keep your routine going and start off slow - always stretch before and after training. Keep yourself hydrated/rest between sets.) 3. LEAD A HEALTHY LIFESTYLE - (You should also try to do the following: stop smoking/avoid second hand smoke, limit intake of alcohol - excessive alcohol can deplete your body's supply of vitamins and other nutrients. Reduce stress and anxiety, keep your weight within recommended limits.) 4. KEEP TABS ON THE FOUR BLOOD INDICATORS OF DEVELOPING HEART DISEASE - (Make sure you get tested for increased cholesterol, triglycerides(fat), homocysteine and C Reactive Protein levels, and follow protocols to reduce, if elevated.)

Information Taken From: healthy-heart-guide.com



26th
Annual Multi-Media Art
Show



When: March 4th 2015

Where: ECRH Gymnasium

Time: 10am - 12pm



Safety Shop

CODE RED!!! Now what?



Rescue any person(s) in immediate danger (only if safe to do so).

Alarm the building by activating the fire alarm, call Emergency number (2211/7034), and call a Code Red using the Radios.

Contain the fire by closing doors and confining the fire to the room of origin.

Extinguish / Evacuate if, and only if, you are comfortable attempting to extinguish the fire. If you are not comfortable then evacuate the building.

Gracewood Campus Emergency #: 2211

Augusta Campus Emergency #: 7034

Pull pin (pull and twist)

Aim extinguisher at base of fire

Squeeze handle

Sweep back and forth



If you need assistance with anything Fire Safety, Life Safety, Radio Communications, MSDS, HazMat, Medical Equipment, or Emergency Management, please contact Jennifer Sosebee, Safety Manager, at 706-790-2400/2401 or by e-mail at jgsosebee@dhr.state.ga.us.

HELP ME HELP YOU make ECRH a safe place for our individuals, visitors, and staff.

Language Line Services

ECRH's Language Access Coordinator is Lisa Kuglar. The LAC ensures that both language and sensory impairment needs of the consumers and families of East Central Regional Hospital are addressed. Did you know that Spanish is the second most spoken language in the United States? East Central Regional Hospital has two certified staff that speak Spanish. The hospital contracts with Latin American Translators Network, Inc. (LATN) for interpreting services for both language and sensory impairment needs.

If you have a consumer or family that needs interpreting services please notify the Language Access Coordinator, Lisa Kuglar, at 706-792-7140 for assistance. After hours, contact the Admitting/Receiving staff at 706-792-7006 so that arrangements can be made for interpreting. You can also e-mail Lisa Kuglar at Lisa.Kuglar@dbhdd.ga.gov.

The Notice of Free Interpretation Services should be posted in all public and consumer areas. Language Line services may be used in emergency cases or when you have an immediate need for interpreting. To access the language line, follow the instructions below:

When receiving a call:

1. Tell the Limited English speaker to please hold.
2. Press the "Tap" button on the phone.
3. Dial 9-1- (866) 874-3972.
4. Enter on the telephone keypad or provide to the representative the 6 digit Client ID below:
 - * 6-digit Client ID: **5 1 3 3 0 8**
 - * Press 1 for Spanish
 - * Press 2 for all other Languages (Speak the name of the language at the prompt) an interpreter will be connected to the call.

You may press 0 or stay on the line for assistance.

5. Brief the Interpreter. Summarize what you wish to accomplish and give any special instructions.
6. Press "Tap" button to connect the Limited English speaker.

When placing a call to a Limited English speaker, begin at Step 2 above.

When a Limited English speaking person is present in the workplace:

1. Use the Gold Language Identification Card showing the geographical region where you believe the limited speaker may come from. The message underneath each language says: "Point to your language. An Interpreter will be called. The interpreter is provided at no cost to you."
2. Refer to the Quick Reference Guide to access an interpreter through Language Line Services.
3. If unable to identify the language, the representative will help you.

For more information you may visit the Language Line Services website at www.languageline.com.

Safety Shop

Contraband that I found while with the Fire Marshal:

Portable heater
Home extension cord
Door stops
Chafer fuel
Home plug extensions
Plug-in air freshener



Training at a Glance - March

Class	Date	Time	Place
NEO Principles of Recovery	3/2/2015	9:30 a.m.-10:30 a.m.	BLDG 103-C C-23
NEO EMR Nursing	3/2/2015	8:00 a.m.-1:30 p.m.	BLDG 103-C Room C-18
NEO PBS Training	3/2/2015	8:00 a.m.-4:30 p.m.	BLDG 20 Gracewood
MH-Updated Incident Management	3/2/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C C-23
Updated Safety Care Level #2	3/2/2015 3/3/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
NEO Infection Control and Prevention+Handwashing	3/3/2015	9:00 a.m.-10:30 a.m.	BLDG 103-D E&R
NEO PBS Training	3/3/2015	8:00 a.m.-4:30 p.m.	BLDG 20 Gracewood
CPRA	3/3/2015	1:00 p.m.-4:30 p.m.	BLDG 103-C Room C-23
First Aid	3/3/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
Ostomy DD Services	3/4/2015	8:00 a.m.-10:00 a.m. 10:00 a.m.-12:00 p.m.	BLDG 103-C Lab
Updated PNS Professional	3/4/2015	1:00 p.m.-3:00 p.m.	BLDG 103-C Lab
NEO Safety Care Level #1	3/4/2015 3/5/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99F
NEO Safety Care Level #2	3/4/2015 3/5/2015 3/6/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
Updated PNS End User	3/5/2015	8:00 a.m.-9:00 a.m. 9:00 a.m.-10:00 a.m. 10:00 a.m.-11:00 a.m.	BLDG 103-C Room C-23
Infection Control and Prevention+Handwashing	3/6/2015	1:00 p.m.-2:30 p.m.	BLDG 103-C Lab
Updated Seizure Management	3/9/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-D E&R
NEO CPRA	3/9/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
NEO CPRC	3/9/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO First Aid	3/9/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
NEO DD-Incident Management	3/10/2015	8:00 a.m.-12:00 p.m.	BLDG 103-D E&R
NEO Medical Emergency Response System	3/10/2015	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated Seizure Management	3/9/2015	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
CPRC	3/9/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Room Lab
Updated Safety Care Level #2	3/9/2015 3/10/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L

Training at a Glance - March

Class	Date	Time	Place
NEO Observation of Individual to Ensure Safety	3/11/2015	8:00 a.m.-10:30 a.m.	BLDG 103-C Room C-23
NEO Seclusion and Restraint	3/11/2015	1:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Ostomy DD Services	3/10/2015	12:30 p.m.-2:30 p.m. 2:30 p.m.-4:30 p.m.	BLDG 103-C Lab
Updated Safety Care Level #2	3/10/2015 3/11/2015	12:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99L
CPRA	3/11/2015	8:00 a.m.-11:30 p.m.	BLDG 103-C Room C-23
Updated PNS Professional	3/11/2015	9:00 a.m.-11:00 a.m.	BLDG 103-C Room Lab
Updated Safety Care Level #2	3/11/2015 3/12/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99B
NEO Therapeutic Incentive Program	3/12/2015	8:30 a.m.-10:00 a.m.	BLDG 103-D E&R
NEO Seizure Management	3/12/2015	10:00 a.m.-12:00 p.m.	BLDG 103-D E&R
CPRA	3/12/2015	1:00 p.m.-4:30 p.m.	BLDG 99
Updated Safety Care Level #1	3/12/2015	8:00 a.m.-2:30 p.m.	BLDG 20 Gracewood Campus
Infection Control and Prevention+ Handwashing	3/12/2015	3:00 p.m.-4:30 p.m.	BLDG 103-C C-23
NEO PNS Professional	3/13/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Room Lab
NEO PNS End User	3/13/2015	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated Safety Care Level #2 (weekend)	3/14/2015 3/15/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L

Safety Care Level #2- 16 hours

Updated Safety Care Level #2- 12 hours

Safety Care Level # 1- 6 hours

Updated Safety Care Level #1- 6 hours

Decubitus Skin Saver Competency Fair

March 3rd, 5th, and 6th

Times 8 AM-11 AM and 2 PM-5 PM

Building 22 DDS

Out & About



Shepard Blood Center sets up for our recent Blood Drive.



SNF employees enjoyed a treat in celebration of their deficiency-free survey.



Redbud Unit held their Valentine's party in the rotunda of Building 15, Gracewood Campus.



Augusta Campus Central Kitchen staff preparing lunch trays.



A little touch-up work in the Camellia Unit.



A few shots from the Camellia unit's Black History celebration.

March Birthdays

March 1	Barbara A. Martin	March 14	Christina N. Hall
March 2	Amanda C. Brooke		Mattie Lou Lyons
	Tracey L. Evans		John Douglas Pearson
	Ronald H. Johnson		Thelma M. Ross
	Milledge Tyler		Javante L. Thompson
March 3	Sharon Martin	March 15	Jeffrey W. Carson
	Rhonda Michele Winns	March 16	Robyne Denise Jackson
March 4	Vincent B. Averhart		Carletta Michelle Lewis
	Lola S. Hopkins		Nechelle O. Logan
	Susie Catherine Pixley	March 17	Tony Brooks
March 5	Jeanette Burdett		Chelsea M. Carson
March 6	Debra E. Chenault		Sequoia Elite Hatcher Graham
	Summer R. Steele		Gregory L. Kenny
March 7	Kenneth T. Clay		Elizabeth C. Porter
March 8	Teresa N. Bruce	March 18	Deron Moncriste Mims
	Malika J. Lodge		Michelle Osborne
	Bethany L. Nixon		Danny J. Robinson
	Brunilda Sanders	March 19	Stephanie N. Armand
March 9	Tracy L. Evans		Terri D. Hattaway
March 10	Angela D. Cunningham	March 20	Paul Edward Benjamin
	Yvonne M. Hicks		Chanda R. Coleman
	Geri Agneta Kemp		Joyce Ann Gathers
	Jimmie Small		Nessie M. McGee
	Damon J. Stewart		Omaira Estela Raiford
March 11	Claudia Marie Frazier		Annette Devoe Walker
	Donald Lee Pyles		Velma H. Goodson
	Kenneth D. Williams	March 21	James Edward Allen
	Sherry Louise Wilson		Nina M. Kemp
March 12	Quincey L. Flowers		Karen Walker
	Lucile L. Folks	March 22	Natalie M. Brinson
	Steven L. Miller		Freda M. Hughes
March 13	Janell M. Brayboy	March 23	Fannie P. Chester
	Earnest W. Brown		Teresa A. Morgan
	Yolanda Jenkins	March 24	Caron J. Beasley
	Nitarshi S. Landburg		Yolanda K. Evans
	Marcia Martinez		Tracy D. Howard
	Jennifer D. Sacrboro		Ranardia Caroline Gaillard
March 14	Gertrude Cato	March 25	Christina D. Appling
	Marvin Dunnom		Lawanda M. Collins

More March Birthdays

March 25	Lizzie B. Henry Annie M. Hill Tina A. Landy Georgene Mashel Tolbert Victoria R. Walker Damien R. Willis
March 27	Jessica D. Garrison Joni Lee Gill Mary Anne Nero
March 28	Juanita Allen Atalie L.B. Brown Erin M. Klosson
March 29	Marsha L. Mayes Bennett Alfred E. Brooks Marcus D. Callender Clara T. Jenkins Jerry Carswell Mansfield Monica L. Wilson
March 30	Robert W. Adams Mary A. Bennett Carol Coleman-Dougherty Uzella Jackson Felicia Dubose Jenkins Daisy Wiggins Cynthia Liller Doss
March 31	Alexander E. Brinson Kenya Dennison Eric L. Williams



**March
is
National Nutrition Month**

**March 11, 2015
is
Dietitian and Nutritionist Day**

**Our theme is
" Bite In To A Healthy Lifestyle"**

**Your Dietitians and Nutritionists
at East Central Regional Hospital are:**

- Cheryl Bragg, Dietitian/Food Service Director**
- Aaron Newberry, Clinical Dietetic Manager**
- Keith Ward Dietitian, Camellia Unit**
- Christopher Nesbitt, Dietitian, Redbud Unit**
- TeAndrea Dallas, Nutritionist, Gracewood- Campus**

Our charge to you is for you to change one undesirable eating habit that will have an impact on your quality of life. Are you up for the challenge?

When you meet one of these employees, thank them for the nutrition services provided to our individuals on a daily basis.



Gracewood Post Office

New Window Hours

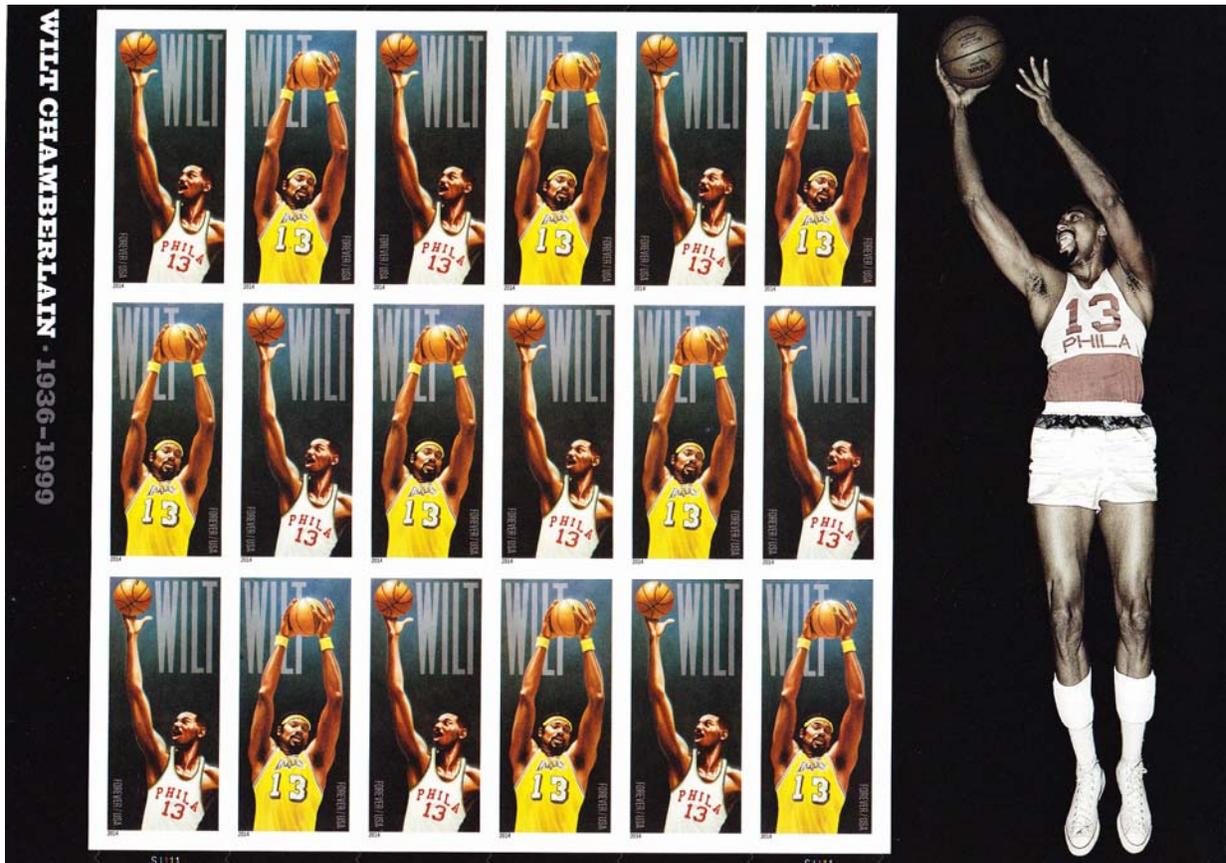
M-F 9:00 am-12:00 noon

1:30 pm-4:30 pm

Sat 9:00 am-10:45 am



Visit the Gracewood Post Office today and ask Frank Deas about renting a Post Office Box!



RCFCU Newsletter

March 2015

2048 Tobacco Rd.
Augusta, Ga. 30906

www.richmondcommunityfcu.org



FRESH START

Bad Credit?
No Credit?
Trouble Getting Approved?

If you have had credit problems in the past, and you are ready for a Fresh Start, Richmond Community Federal Credit Union Can help you get into a NEW car!

RICHMOND COMMUNITY
Federal Credit Union

All loans are subject to approval. Some credit and policy restrictions may apply.

Got some extra Benjamins?

Don't Blow 'Em!

USE THAT TAX REFUND ON A DOWN PAYMENT FOR A NEW CAR. COME SEE US TODAY AND RECEIVE A 1% DISCOUNT OFF YOUR QUALIFYING ANNUAL PERCENTAGE RATE!*

REFUND

**All Loans are Subject to Approval. Some Credit and Policy Restrictions May Apply.*

RICHMOND COMMUNITY
Federal Credit Union

Don't Worry... Be Happy!

Apply for a Worry Free Loan Today!

- No Credit Check Required
- \$500.00 for 6 months
- \$1,000.00 for 6 months

**Must be a 5 year member, with 5 years on current job.*

See a loan officer for more details!

Love shopping online?

Earn money while you shop with Love to Shop!

How it works!

- Register for free at LoveMyCreditUnion.org.
- Shop at over 1,500 of your favorite stores
- Exclusively for Credit Union members
- For every \$15 cash back that you earn, you are mailed a check!

See a loan officer for more details!

AÉROPOSTALE **NFL** **THE POPCORN FACTORY** **Sharia's Berries** **Steak 'n Meat** **Pier 1 Imports** **Advance! Auto Parts** **SPORTS AUTHORITY**

***macy's** **aerie** **AMERICAN EAGLE** **BEST BUY** **BABIES R US** **Walmart** **belk** **carhartt** **Dillard's** **TARGET** **JCPenney** **Harry & David** **NIKE**

GANDER **Mass Pro Shops** **THE HOME DEPOT** **LOWE'S**

What's in a Month?

March is...

Irish American Month
 Music in Our Schools Month
 National Craft Month
 National Frozen Food Month
 National Nutrition Month
 National Peanut Month
 National Women's History Month
 Red Cross Month
 Social Workers Month
 Colorectal Cancer Awareness Month
 Umbrella Month
 Noodle Month

Mirth Month
 Spring Month
 Hoops Madness
 Poetry Month
 Youth Art Month
 Ethics Awareness Month
 Help Someone See Month
 National Kite Month
 Optimism Month
 Poison Prevention Awareness Month
 Play the Recorder Month
 Honor Society Awareness Month

And...

<u>March 1</u> National Pig Day St. David's Day Peanut Butter Lovers' Day	<u>March 10</u> Money Day Middle Name Pride Day	St. Patrick's Day Submarine Day	<u>March 26</u> Make Your Own Holiday Day National Spinach Day
<u>March 2</u> Old Stuff Day	<u>March 11</u> Johnny Appleseed Day Worship of Tools Day	<u>March 18</u> National Agriculture Day Goddess of Fertility Day Supreme Sacrifice Day	<u>March 27</u> National "Joe" Day
<u>March 3</u> If Pets Had Thumbs Day I Want You to be Happy Day National Anthem Day Peach Blossom Day	<u>March 12</u> Stop Smoking Day Girl Scouts Day Plant a Flower Day Popcorn Lover's Day	<u>March 19</u> Poultry Day	<u>March 29</u> Something on a Stick Day
<u>March 4</u> Holy Experiment Day Hug a GI Day	<u>March 13</u> Ear Muff Day Jewel Day	<u>March 20</u> St. Joseph's Day International Earth Day Extraterrestrial Abductions Day	<u>March 29</u> National Mom & Pop Business Owners Day Smoke and Mirrors Day
<u>March 5</u> Multiple Personality Day	<u>March 14</u> National Pi Day Lear About Butterflies Day National Potato Chip Day	<u>March 21</u> Flower Day Fragrance Day National Quilting Day	<u>March 30</u> National Doctor's Day I am in Control Day Take a Walk in the Park Day
<u>March 6</u> Dentist's Day National Frozen Food Day Employee Appreciation Day National Salesperson Day	<u>March 15</u> Incredible Kid Day Everything You Think is Wrong Day	<u>March 22</u> National Goof Off Day	<u>March 31</u> Bunsen Burner Day National Clam on the Half Shell Day
<u>March 7</u> National Crown Roast of Pork Day	<u>March 16</u> Dumbstruck Day Ides of March	<u>March 23</u> National Chip and Dip Day	
<u>March 8</u> Be Nasty Day International Women's Day	<u>March 17</u> Everything You Do is Right Day Freedom of Information Day	<u>March 24</u> Near Miss Day National Chocolate Covered Raisin Day	
<u>March 9</u> Panic Day		<u>March 25</u> Pecan Day Waffle Day	



East Central Regional



Dr. Vicky Spratlin Interim Regional Hospital Administrator
Matt McCue Interim Associate Regional Hospital Administrator
Dr. Vicky Spratlin Clinical Director
Mickie Collins Chief Operating Officer
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NOTICE Items for publication must be submitted in written form. The upcoming issue's deadline is March 6, 2015. All articles and notices submitted for publication in the East Central Regional Hospital Bulletin are subject to editorial discretion. Please contact the Bulletin editor if you have questions regarding editorial decisions.

Our Mission

The mission of East Central Regional Hospital is to provide safe, competent and compassionate services to persons with mental illness and/or developmental disabilities.

Our Vision

The vision of our Facility is to be a center of excellence in the provision of comprehensive, responsive and compassionate care for consumers and their families.

Our Values

East Central Regional Hospital is caring and therefore, responsive to our consumers, their families, stakeholders and our employees through commitment to our core values:

- I**ntegrity
- C**ommunication & Collaboration
- A**ccountability
- R**ecognition through Relationships
- E**mpowerment through Excellence



Accredited
by
The Joint Commission

Campus Marquees

Deadline for submission of

APRIL MESSAGES

March 24, 2015

Submit information to Skip Earnest

Gracewood Campus

Extension 2102

(Information must be submitted on or before the indicated date to be placed on Marquees for the following month.)

[ECRH Jobs List](#)

This is a list of job openings currently available at East Central Regional Hospital. For further information regarding these positions, please go to the DBHDD webpage at www.dbhddjobs.com.

[Activity Therapist - Augusta Campus](#)

[Activity Therapy Leader - Gracewood Campus](#)

[Auditor - Nursing](#)

[Auditor - Psychology](#)

[Auditor - Social Work](#)

[Behavior Specialist - Forensics](#)

[Behavioral Health Counselor](#)

[Behavioral Health Social Worker \(MSW\) - Redbud](#)

[Carpenter](#)

[Certified Nursing Assistant - Lead](#)

[Clerical Worker - Hourly - Admissions](#)

[Client Support Worker \(AL\) / Instructor 3 / AMH Mall](#)

[Client Support Worker - Community Integration Home](#)

[Client Support Worker - Gracewood](#)

[Clinical Dietitian](#)

[CNA - Skilled Nursing Facility](#)

[Craftsman Foreman](#)

[DD Campus Supervisor - 2nd & 3rd Shift](#)

[DD Shift Supervisor - Gracewood Campus](#)

[Director of Clinical Information Systems](#)

[Director of Risk Management](#)

[Food Service Manager](#)

[Food Service Worker \(WL\)](#)

[General Trades Craftsman](#)

[HCW \(Part-time\) - Community Integration Home](#)

[HST 1 - Augusta Mental Health Campus](#)

[HST 1 - Gracewood Campus](#)

[HST 2 - Augusta Mental Health Campus](#)

[HST 2 - Gracewood Campus](#)

[Housekeeper](#)

[Housekeeping Director](#)

[Housekeeping Team Leader](#)

[HVAC Repair Technician](#)

[Institutional Locksmith](#)

[Instructor 3 - Forensic Treatment Mall - Augusta Campus](#)

[Laundry Supervisor](#)

[Laundry Worker](#)

[Laundry Worker \(Part time weekends\)](#)

[LPN - Gracewood Campus](#)

[LPN - Augusta Mental Health Campus](#)

[LPN - Skilled Nursing Facility](#)

[Maintenance Craftsman 3rd Shift](#)

[Mental Health Counselor](#)

[Nurse Administrator-\(E/N\) Gracewood & Augusta Campus](#)

[Nurse Investigator](#)

[Nurse Manager \(RN\) - Forensics](#)

[Nurse Practitioner - Skilled Nursing Facility](#)

[Occupational & Physical Therapy Technician](#)

[Occupational Therapist](#)

[Pharmacist - Advanced](#)

[Procurement Officer](#)

[Program Assistant - Admissions](#)

[Program Assistant - Dietary Services](#)

[Program Assistant - Forensic](#)

[Program Associate - Dental Services](#)

[Psychiatric Nurse Practitioner - Augusta Campus](#)

[Qualified Intellectual Disabilities Professional](#)

[Quality Management Technician](#)

[RN - Augusta Mental Health Campus](#)

[RN - Charge Nurse - Augusta Campus](#)

[RN - Charge Nurse - Gracewood Campus](#)

[RN - Forensic Mall](#)

[RN - PRN](#)

[RN -Gracewood Campus](#)

[RN - Skilled Nursing Facility](#)

[Service Director \(Charge Nurse\) - Gracewood Campus](#)

[Shift Supervisor - Augusta Mental Health Campus](#)

[Training Coordinator 1](#)

[Work Instructor 1 - Gracewood Campus](#)

[Work Therapist - Augusta Campus](#)

[Work Therapy Instructor 2 - Augusta Campus](#)

[Work Therapy Instructor 2 - Forensic - Augusta Campus](#)

March Menus

SUNDAY 3-1-2015	MONDAY 3-2-2015	TUESDAY 3-3-2015	WEDNESDAY 3-4-2015	THURSDAY 3-5-2015	FRIDAY 3-6-2015	SATURDAY 3-7-2015
Cranberry Juice Scrambled Eggs w/Ham Bits Dry Cereal Toast/Marg/Jelly Coffee/2% Milk	Banana Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Pancakes Sliced Bacon Dry Cereal Margarine/Syrup Coffee/2% Milk	Grape Juice Scrambled Eggs Sausage Patty Grits Biscuit/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Ham Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs Sliced Bacon Hash Brwn Potatoes Toast/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sausage Links Dry Cereal Toast/Marg/Jelly Coffee/2% Milk
Chuckwagon Steak w/Cream Gravy Mashed Potatoes Collard Greens Sli Tomato Salad Roll/Margarine Peaches Iced Tea/2% Milk	Pepper Steak Steamed Rice Squash Tossed Salad/Drsg Roll/Margarine Brownie/Icing Iced Tea/2% Milk	Roast Beef w/Gravy Egg Noodles Carrots Applesauce Wheat Roll/Marg Cake w/ Icing Iced Tea/2% Milk	Hamburger w/Bun Must/Catsup/Mayo Dill Chip/Sl Onion French Fries Sli Tom/Lett Salad w/Mayonnaise Gingerbread Iced Tea/2% Milk	Red Beans & Rice Mixed Vegetables Lettuce Sld w/Drsg Carrot/Raisin Salad Bread/Margarine Vanilla Pudding Iced Tea/2% Milk	Baked Chicken Rissolo Potatoes Broccoli Carrot/Raisin Salad Roll/Margarine Heavenly Hash Ice Tea/2% Milk	Meatloaf w/Brown Gravy Snowflake Potato Green Peas Pineapple Tidbits Roll/Margarine Ice Cream Iced Tea/2% Milk
Chicken Trazzini Carrots Tossed Salad w/Drsg Garlic Bread PButter Cookies Iced Tea	Bkd Rigatoni/Beef Broccoli Pickled Beet Salad Bread/Margarine Apple Crisp Iced Tea	Fried Chicken Au Gratin Potatoes Green Beans Shred Lettuce/Drsg Bread/Margarine Apricots Iced Tea	Roast Turkey w/Gravy Sweet Potatoes Seas Turnip Greens Copper Penny Sld Cornbread/Marg Fresh Fruit Iced Tea	Vegetable Soup Cold Cuts: Turkey Roll Bologna Sliced Cheese Must/Mayonnaise Sliced Tomato Potato Salad Bread/Crackers Banana Pudding Iced Tea	*Fried Fish w/Tartar Sauce Spanish Rice Okra Green Salad w/Drsg Bread/Margarine Apple Crisp Iced Tea *Broiled Pollock as 2nd choice in Employee Cafeteria ONLY	Turkey Salad Saltine Crackers Pickled Beet Salad Bread/Margarine Apricot Halves Iced Tea

SUNDAY 3-8-2015	MONDAY 3-9-2015	TUESDAY 3-10-2015	WEDNESDAY 3-11-2015	THURSDAY 3-12-2015	FRIDAY 3-13-2015	SATURDAY 3-14-2015
Banana Scrambled Eggs w/Sausage Bits Dry Cereal Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Scrambled Eggs Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs w/Cheese Grits Toast/Marg/Jelly Coffee/2% Milk	Cranberry Juice Scrambled Eggs Sliced Ham Grits Biscuit/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Pancakes Sausage Links Dry Cereal Margarine/Syrup Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk
Baked Ham Corn Collard Greens Carrot/Raisin Salad Bread/Margarine Peach Slices Iced Tea / 2% Milk	Fried Chicken Au Gratin Potatoes Mixed Vegetables Lettuce/Tomato Sld w/Drsg Wheat Roll/Marg Oatmeal/Raisin Cookies Iced Tea/2% Milk	Roast Pork w/Gravy Cnd Swt Potatoes Field Peas Pickled Beet/Onion Salad Cornbread/Marg Cake/Icing Iced Tea/2% Milk	Spaghetti w/Meat Sauce Parmesan Cheese Calif Mixed Vegt Tossed Sld w/Drsg Bu Garlic Toast Pineapple Upside Down Cake Iced Tea /2% Milk	Baked Chicken Macaroni/Cheese Seas Turnip Greens Sliced Peaches Cornbread/Marg Ice Cream Iced Tea/2% Milk	Roast Beef w/Gravy Mashed Potatoes Seasoned Squash Peach/Pear Mix Roll/Margarine Bread Pudding Iced Tea/2% Milk	Pepper Steak Rice Broccoli Pear/Cheese Salad Bread/Margarine Chocolate Pudding Iced Tea/2% Milk
Fried Fish 'N Bun w/Tartar Sauce Mashed Potatoes Green Beans Coleslaw Sherbet Iced Tea	Hamburger 'n Bun Sliced Cheese Catsup/Must/Mayo Sliced Pickles Fried Onion Rings Baked Beans Lett/Tomato Sld w/Drsg Pound Cake Iced Tea	Chuckwagon Steak w/Cream Gravy Mashed Potatoes Calif Mixed Vegt Shredded Lett/Drsg Bread/Margarine Pears Iced Tea	BBQ Pork w/Bun Spinach Potato Salad Peach/Pear Mix Iced Tea	Turkey Pot Pie Steamed Carrots Shred Lett w/Drsg Bread/Margarine Brownie Iced Tea	Ham Ndl Casserole Garden Peas Copper Penny Sld Bread/Margarine Sugar Cookies Iced Tea	Hot Dog 'n Bun Must/Catsup/Onion Baked Beans Coleslaw PButter Cookies Iced Tea

SUNDAY 3-15-2015	MONDAY 3-16-2015	TUESDAY 3-17-2015	WEDNESDAY 3-18-2015	THURSDAY 3-19-2015	FRIDAY 3-20-2015	SATURDAY 3-21-2015
Cranberry Juice Scrambled Eggs Sausage Links Oatmeal Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs w/Cheese Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Pancakes Sliced Ham Dry Cereal Syrup/Margarine Coffee/2% Milk	Cranberry Juice Scrambled Eggs w/Sausage Bits Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Scrambled Eggs Sausage Patty Grits Toast/Marg/Jelly Coffee/2% Milk
Baked Ham Oven Browned Potatoes Seas Turnip Greens Cucumber/Vinegar Salad Bread/Marg Ice Cream Iced Tea/2% Milk	Roast Turkey w/Gravy Cranberry Sauce Baked Dressing Green Beans Potato Salad Roll/Margarine Coconut Cake Iced Tea/2% Milk	Baked Chicken Rice w/Gravy Broccoli Sliced Tomato Salad Roll/Margarine Sweet Potato Pie Iced Tea/2% Milk	Roast Beef w/Gravy Egg Noodles Carrots Tossed Sld w/Drsg Wheat Roll/Marg Banana Cake Iced Tea/2% Milk	*Fried Fish w/Tartar Sauce Scalloped Potatoes Steamed Cabbage Sliced Tomato w/Mayo Cornbread/Marg Cake w/Icing Iced Tea/2% Milk *Broiled Pollock as 2nd choice in Employee Cafeteria ONLY	BBQ Pork 'N Bun French Fries Green Beans Coleslaw Pineapple Upside Down Cake Iced Tea/2% Milk	Hamburger Steak w/Gravy Snowflake Potato Green Beans Tomato Sld/Drsg Roll/Margarine Vanilla Pudding/Topping Iced Tea/2% Milk
Chili Con Carne Rice Corn Shred Lettuce/Drsg Saltine Crackers Sliced Peaches Iced Tea	Beef Noodle Cass. w/Cheese Topping Seasoned Squash Tossed Salad/Drsg Bread/Margarine Sherbet Iced Tea	Sloppy Joe 'n Bun French Fries Green Peas Green Salad w/Drsg PButter Cookies Iced Tea	Hot Dog/Bun Baked Beans Coleslaw Chocolate Pudding Iced Tea	Turkey Noodle Cass Sea Collard Greens Tossed Salad Bread/Margarine Ice Cream Iced Tea	Fried Chicken Macaroni / Cheese Broccoli Lett/Tom Sld/Drsg Roll/ Margarine Sugar Cookies Iced Tea	Chicken Salad Saltine Crackers Copper Penny Sld Bread/Margarine Fruit Cup Iced Tea

SUNDAY 3-22-2015	MONDAY 3-23-2015	TUESDAY 3-24-2015	WEDNESDAY 3-25-2015	THURSDAY 3-26-2015	FRIDAY 3-27-2015	SATURDAY 3-28-2015
Orange Juice Scrambled Eggs w/Ham Bits Oatmeal Toast/Marg/Jelly Coffee/2% Milk	Banana Scrambled Eggs Sliced Bacon Dry Cereal Toast/Marg/Jelly Coffee/2% Milk	Cranberry Juice Scrambled Eggs Sausage Patty Grits Biscuit/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs Bacon Hash Brwn Potatoes Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Scrambled Eggs w/Cheese Grits Cinnamon Roll Margarine Coffee/2% Milk	Apple Juice Waffles Sausage Links Dry Cereal Margarine/Syrup Coffee/2% Milk	Grape Juice Scrambled Eggs w/ Cheese Grits Toast/Marg/Jelly Coffee/2% Milk
Spaghetti w/Meat Sauce Parmesan Cheese Green Beans Tossed Salad w/Drsg Garlic Bread Pears Iced Tea/2% Milk	Roast Turkey w/Gravy Cranberry Sauce Baked Dressing Peas & Carrots Peaches** Roll/Margarine Oatmeal/Raisin Cookies Iced Tea/2% Milk **Augusta Campus= Fruit Cocktail	Baked Ham Mashed Potatoes Seas. Collard Greens Pears Cornbread/Marg Cake/Icing Iced Tea/2% Milk	Lasagna Combination Salad w/ Drsg Garlic Bread Peach Cobbler Iced Tea/2% Milk	Meatloaf w/Mushroom Gravy Mashed Potatoes Carrots Pear/Cheese Salad Roll/Margarine Gingerbread Iced Tea/2% Milk	Roast Pork w/Brown Gravy Steamed Rice Broccoli Lettuce Sld w/Drsg Bread/Margarine Banana Pudding w/Topping Iced Tea/2% Milk	Baked Chicken Oven Brown Potatoes Calif Mixed Vegt Coleslaw Roll/Margarine Ice Cream Iced Tea/2% Milk
Polish Sausage/Bun Diced Onion/Relish/ Mustard Baked Beans Coleslaw Pineapple Tidbits Iced Tea	Vegetable Soup Cold Cuts: Turkey Roll, Bologna, Sliced Cheese Must/Mayonnaise, Sliced Tomato Potato Salad Bread/Crackers Sweet Potato Pie Iced Tea	Tuna Ndl Casserole Calif Mixed Vegt Shred Lettuce/Drsg Bread/Margarine Apricot Halves Iced Tea	Hot Dog 'N Bun Must/Catsup/Onion Baked Beans Coleslaw Brownies Iced Tea	Roast Beef w/Gravy Noodles Green Beans Tossed Salad w/Drsg Bread/Margarine Peaches Iced Tea	Chili Mac Corn Pears ** Saltine Crackers Choc Chip Cookies Iced Tea **Augusta Campus = Fruit Cocktail	Taco Pie White Rice Spinach Shred Lettuce/Drsg Bread/Margarine Applesauce Iced Tea