



DBHDD

Georgia Department of Behavioral Health & Developmental Disabilities

ECRH Bulletin

VOLUME 11, ISSUE 15

FEBRUARY 13, 2015

East Central Regional Hospital

Special points of interest:

- Blood Drive Today
Town Hall Meeting
Biometric Screening
Auto Fire Extinguisher Check
Black History Celebration
Multimedia Art Show Info

"If at first you don't succeed, don't try skydiving."

Eric Marriott

Inside this issue:

Table listing contents: New Employees (3), HR Partners (4), Noticed by the Gnome (5), Out & About (9), Training at a Glance (10,11), Infection Control (12), Hospital Security (13), Safety Shop (14,15)

From the Desk of the Interim RHA—Dr. Vicky Spratlin



I know we have all heard how communication is a problem at ECRH. We have all answered the questionnaires about internal communication, external communication, good communication, bad communication, and no communication. I, however, had a great lesson in communication today.

My father had a cardiac catheterization and stent placement on Monday. Everything seemed to go fine until he returned to his hospital room. He suddenly became short of breath, and was immediately transferred to the ICU, and placed on a ventilator. For those of you that have either been on a ventilator, or have visited or cared for individuals on a ventilator, you know effective communication is almost impossible. If a person is heavily sedated, there is, of course, only one-way communication. Everyone in the room speaks to the ventilated person, but we have no idea what she/he comprehends, and there are certainly no responses. That was the situation for my father on ICU Day 1. On ICU Day 2, his sedation was less because he was able to breathe on his own, but was left intubated because he needed continuous CPAP therapy. Apparently, when he was less sedated, he decided to start pulling out lines and tried to get out of bed. Therefore, he had soft restraints on both wrists, both ankles, and a soft "waist restraint" which had been pulled down rather tight across his lower legs. Needless to say, he was pretty helpless to move.

Add to his iatrogenic "paralysis," the inability to communicate, and you have someone who is "trapped." He tried to say things which could not be heard. I tried to read his lips, but reading lips is very difficult if tubes are preventing the lips from coming together. He could not write, because he was restrained. He valiantly tried to say things and ask questions and I playing guessing games with him. Most topics were eventually touched on to his satisfaction. However, when I was about to leave, he became somewhat agitated. I asked if it was because I was leaving, and he shook his

(Continued on page 2)

Tidbits of ECRH History

Do you think the weather is hot in Augusta in the summertime? You know it is! How would you like to work in a hospital kitchen that's not air conditioned? Well, that is exactly what the kitchen staff did at Georgia Regional Hospital, now ECRH (Augusta Campus) from the hospital's opening in 1969 until 1981 when the Central Kitchen Work Area was air conditioned.

Senator Jimmy Lester of Augusta obtained legislative support and funding for the air conditioning. Thank you Senator! Whew!

Contributed by Brian Mulherin

## From the Desk of the Interim RHA—Dr. Vicky Spratlin

*(Continued from page 1)*

*head in the negative. After about five minutes of his trying to get his point across, and my failing to get it, we took a break. I could tell he did not want me to leave until I understood his concern. We played the next round of charades, and after many attempts, I finally understood the word “call.” I told him I would call later and check on him, although he would not be able to speak to me. That wasn’t it either. Finally, when I said the nurse would check in on him, he adamantly began nodding his head and moving his right hand as much as the restraint would allow. I knew the word nurse was important. He then began to look as if he would be screaming if sound would come out. Scream?? No. Shout?? No. Yell?? No. Then he started trying to point. It looked like he was pointing at the sink because the restraint was in place and his ability to point was limited. Finally, I realized he could see the nurse’s station through a small window beside the sink. THEN I KNEW!! He had no way to call for help if he had an emergency. His restraints kept him from being able to push either of the call buttons located on the bed rails, and the call button which is part of the TV remote was nowhere to be seen.*

*Finally, I knew the problem. He had no way to communicate his needs once I left the room. I found the remote hanging off the opposite side of the bed, and put it in his hand. He was immediately relieved and relaxed. He then gestured goodbye with a small wave of his restrained hand. The other hand, also restrained, had a tight grip on the remote. He knew that was the only way he could call for help.*

*I teared up as I left the room, suddenly aware of how similar he currently is to many of our individuals. Hopefully, he will be extubated in a day or so (hopefully on ICU Day 3), and will be able to speak again. This is untrue for many of our individuals. I hope each of us appreciates our ability to speak for ourselves, and takes the extra time to make sure those who cannot have everything possible to make them comfortable and safe. I no longer think there is such a thing as bad communication because having the ability to communicate can never be a bad thing. I will take miscommunication over no communication any day of the week.*

*Sincerely,  
Dr. Vicky Spratlin*



## New Employees



**Front Row(L-R):** Valeria Middleton, HST; Michelle Flonnory, CNA; LaShona White, HST; Atterol Harris, HST

**Back Row(L-R):** Wayne Jackson, Laundry Worker; Ivey Holmes, Activity Therapy Leader; Gregory Roberts, HST; Calvin Norman, HST

**Front Row(L-R):** Tuere Sheppard, HST; Shanaye Jones, HST; Regina Jones-Burton, HST; Christopher Barnes, Activity Therapist

**Back Row(L-R):** Felicia Harvell, HST; Steffany Fallen, HST; Samuel Whitten, HST; Torron Homes, HST



**(L-R):** Shanice McKinney, HST; Montrell Williams, HST; Krystal Singleton, HST; Antonio Jimperson, HST

**Front Row(L-R):** Verhsina Scarborough, Agency HST; Veronica Simonton, Agency CNA; Renota Flounory, Agency CNA; Paula Mitchell, Agency CNA

**Back Row(L-R):** Linda Field, Agency LPN; Jennifer Matthews, Agency RN; Shaclinta Williams, Agency CNA



**Front Row(L-R):** Theresa Evans, Agency CNA; Lillian Paige, Agency CNA; Teandrea Ramos, Agency CNA

**Back Row(L-R):** Regina Dishmond, Agency LPN; Angela Williams, Agency CNA; Christine Hooks, Agency CNA

# WELCOME!

## HR Partners

**Thursday February 19, 2015 – 8-9 AM and 3-4 PM**

**Augusta, Gymnasium**

**Friday, February 20, 2015 - 6:30-7:30 AM and 2:30-3:30 PM**

**Gracewood Building 22 Auditorium**

# TOWN HALL MEETING



## 2015 Onsite Biometric Screening

**BE PREPARED.**

And get the most accurate screening results.



Follow these simple steps to prepare for your screening.

- Drink plenty of water.
- Although not required, we recommend fasting for at least nine (9) hours; this includes all food and drinks except for water. Failure to properly fast may result in inaccurate blood test results. (If you have a health condition, such as diabetes or pregnancy, or any other medical concerns, consult a doctor before fasting)
- Take medication as prescribed by your doctor the day of your screening (with food if necessary).
- Arrive five minutes early to complete registration.

Your screening should take about 15 quick minutes.

**Afterward, take your next step.**

After your screening, complete your Healthways Well-Being Assessment survey to get an even bigger picture of your current well-being.

**Need a screening appointment?**

Visit the website below and look for the screening link.

Date:

Wed, March 11, 2015

Time:

8:00 AM - 12:30 PM

Location:

ECRH—Gracewood Gym

Contact:

BeWell SHBP

1-888-616-6411 or HR

Benefits @ 706-792-7177

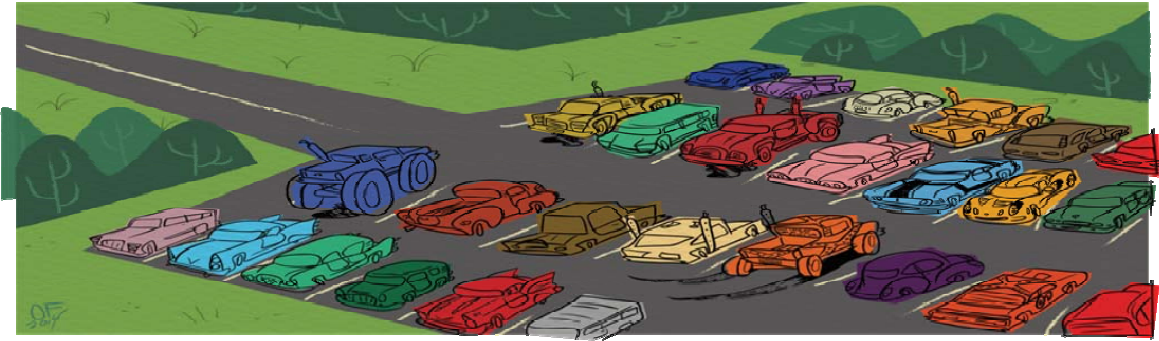
Be Well SHBP · BeWellSHBP.com · 888-616-6411



# Fire Extinguisher Inspections for ALL ECRH State Vehicles

**Monday, 2/16/15 8 am – 10 am**

**Gracewood Motor Pool**



**Please bring all state vehicles by Motor pool between 8 am – 10 am to have the fire extinguisher inspected.**

## Noticed by the Gnome - January

During the month of January, 2015, we received 2 nominations for our employees to be Noticed by the Gnome. A big THANK YOU goes out to these employees and to those who took the time to recognize the good work that was being done.



**Redbud Unit-J-Wing**

**LaTrice Willis-Houck**

*"Ms. LaTrice Houck is a dependable, creative team player. She problem solves on a daily basis when planning and conducting activities for our individuals. She strives to set a positive example to individuals and staff and has a can-do attitude and gentle nature. Ms. Houck is willing to go the extra mile to assure the work of DBHDD is accomplished. During ECRH/Gracewood Campus's challenging time, she served with the ECRH Audit team for Incident Management. Currently, she is the only MH Activity Therapist on her assigned unit and is diligent in assuring that the unit has many activities scheduled and that her other assigned duties are completed. Ms. Houck is often called upon to de-escalate individuals before a crisis begins. She goes above and beyond to assure that the individuals are treated with dignity and respect."*

*"During busy times it is easy to remember how hard some things are and difficult to remember to take a moment to tell someone how easy they have made your job. I just wanted to take a moment to commend J-Wing in Redbud Unit for a job well done! When the Flu tests were ordered for their unit, I went over to do the tests for them and offer any other assistance they might need. They were already on top of things with only a moment's notice! The nurses had the lab forms filled out for me and all the bags and stickers I needed. The CNA's had the individuals ready to be taken to the treatment room to be tested and were pleasant and helpful. Everyone worked together as a team. The staff on J-Wing made my job so much easier! Then, when another test was ordered, I went back thinking I would do the paperwork and run with it, but the nurses and staff were ready again! I was greeted with a smile and a "Let's go!" attitude! I tested the individual and all went smoothly again. I don't know why I am surprised. J-Wing has always risen to the occasion when I have asked. Housekeeping, CNA's, and Nurses are a joy to work with."*

DD Services

## ECRH Incident Management Hotline Procedure

The purpose of this Hotline is to establish an alternate means of reporting incidents in a timely manner. The Hotline is to be utilized by any employee, contractor, family member, visitor and volunteer that may feel uncomfortable reporting an incident or allegation of abuse, exploitation or neglect in person. This is an **alternate** reporting system and by no means will it replace the current protocol outlined in the Incident Management Policy.

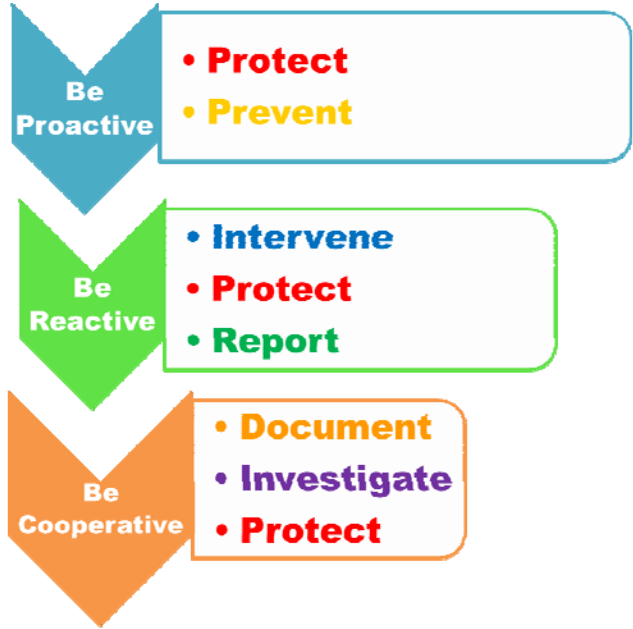
Hotline Number:  
(706) 945-7150



**PRIDE IN PLACE - It Starts with Me**

"If you change the way you look at things,  
the things you look at change." - Wayne Dyer

### Our Role in Protecting Our Individuals from Harm



**Remember!**

**On the Gracewood Campus only**, when on the living areas, a mask will be worn by **EVERYONE** (Investigators, Security, Plant Ops, Environmental Services, PAs, Dietary, Visitors, Staff....) **who did not receive the Flu shot.**

**Blood Drive Today!!!**

**EAST CENTRAL**  
REGIONAL HOSPITAL  
**BLOOD DRIVE**



Friday, February 13  
1:00 PM - 5:30 PM  
On the bloodmobile

Present your Donor ID Card or Photo ID



s h e p e a r d b l o o d . o r g

**FOR RENT**

**2BR, 1BA House**

Monthly Rent: \$550.00

Deposit: \$550.00

Application fee: \$45.00

Available: 03/09/2015

**No indoor / house pets**

**References Required**

Location: 1948 Williams Drive (off Old Louisville Rd.), Augusta GA 30906

Condition: Newly remodeled, ceramic tile, new windows, fenced yard, central heating & air

Contact (706) 840-4409 or (706) 840-4139 for additional information.



# East Central Regional Hospital is proud to host the 26th Annual Multi-Media Art Show



East Central Regional Hospital is proud to host the 26th Annual Multimedia Art Show this year. The display of the individuals art work will be held in the Gracewood Campus gym. All individuals from both campuses are encouraged to participate. There are two separate competitions-one with the MR/DD individuals and one with the MH/Forensic individuals, with award ribbons given out for each competition level. There are three divisions of competition: Assisted, Independent, and Family Group. Following the Awards Ceremony, individuals, family members and staff are invited to stay for a reception and Open House to view the entries. Mark your calendars now so you don't miss all the fun, fellowship and fantastic art!

**February 23<sup>rd</sup> - 25<sup>th</sup>**: Set up & decorating

**February 26<sup>th</sup> – March 2<sup>nd</sup>**: Art Show Intake

**March 3<sup>rd</sup>**: Judging and set up for Awards Ceremony

**March 4<sup>th</sup>**: Multimedia Art Show Awards program-10am in the Gracewood Gym.

**March 5<sup>th</sup> & 6<sup>th</sup>**: Open House for Individuals and their families, staff

**March 9<sup>th</sup>**: Art Show Take Down and clean up.

For more information contact Heather McCullough at Ext: 2257; Aytia Scott at Ext: 2231  
or James Walker at Ext: 2234/2051

Keep in mind the Gracewood Gymnasium will be closed for use from  
February 23<sup>rd</sup> – March 9<sup>th</sup> due to the Art Show.



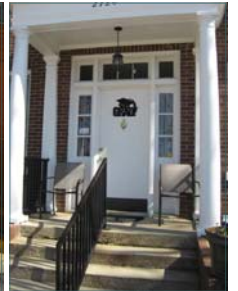


Out & About

# Augusta Campus Superbowl Party Prep



# CIH Graduation



# Sweetheart Ball



# Skilled Unit Valentine Party



## Training at a Glance - February

Class	Date	Time	Place
NEO EMR Nursing	2/16/2015	8:00 a.m.-1:30 p.m.	BLDG 103-C Room C-18
Updated PNS Professional	2/16/2015	1:00 p.m.-3:00 p.m.	BLDG 103-C Lab
NEO Principles of Recovery	2/16/2015	9:30 a.m.-10:30 a.m.	BLDG 103-D E&R
Updated Safety Care Level #2	2/16/2015 2/17/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
CPRA	2/17/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C Lab
First Aid	2/17/2015	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
NEO Infection Control and Prevention+Handwashing	2/17/2015	9:00 a.m.-10:30 a.m.	BLDG 103-D E&R
MH-Updated Incident Management	2/17/2015	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
NEO PBS Training	2/17/2015	8:00 a.m.-4:30 p.m.	BLDG 20 Gracewood
NEO Safety Care Level #1	2/18/2015	8:00 a.m.-2:30 p.m.	BLDG 99F
Ostomy DD Services	2/18/2015	8:00 a.m.-10:00 a.m. 10:00 a.m.-12:00 p.m.	BLDG 103-C Lab
Updated Seizure Management	2/18/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C C-23
NEO Safety Care Level #2	2/18/2015 2/19/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 pm.	BLDG 99L
CPRC	2/19/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
Updated PNS End User	2/19/2015	1:00 p.m.-2:00 p.m. 2:00 p.m.-3:00 p.m. 3:00 p.m.-4:00 p.m.	BLDG 103-D E&R
NEO CPRA	2/20/2015	8:00 a.m.-11:30 a.m.	BLDG 103-D E&R
NEO CPRC	2/20/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
NEO First Aid	2/20/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Ostomy DD Services	2/20/2015	2:00 p.m.-4:00 p.m.	BLDG 103-C Lab
Safety Care Level #2 (Weekend)	2/21/2015 2/22/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 pm.	BLDG 99L
NEO DD-Incident Management	2/23/2015	8:00 a.m.-12:00 p.m.	BLDG 103-D E&R
CPRC	2/23/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Lab
Updated Seizure Management	2/23/2015	1:00 p.m.-2:30 p.m.	BLDG 103-C Room C-23
NEO Medical Emergency Response System	2/23/2015	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated Safety Care Level #2	2/23/2015 2/24/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
Infection Control and Prevention+Handwashing	2/24/2015	1:00 p.m.-2:30 p.m.	BLDG 103-C Room C-23

## Training at a Glance - February

Class	Date	Time	Place
NEO Observation of Individual to Ensure Safety	2/24/2015	8:00 a.m.-10:30 a.m.	BLDG 103-D E&R
NEO Seclusion and Restraint	2/24/2015	1:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Ostomy DD Services	2/24/2015	8:00 a.m.-10:00 a.m. 10:00 a.m.-12:00 p.m.	BLDG 103-C Lab
Updated Safety Care Level #2	2/24/2015 2/25/2015	12:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99B
NEO Therapeutic Incentive Program	2/25/2015	8:30 a.m.-10:00 a.m.	BLDG 103-D E&R
NEO Seizure Management	2/25/2015	10:00 a.m.-12:00 p.m.	BLDG 103-D E&R
First Aid	2/25/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
CPRA	2/25/2015	1:00 p.m.-4:30 p.m.	BLDG 103-C Room Lab
MH-Updated Incident Management	2/25/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C C-23
Updated Safety Care Level #2	2/25/2015 2/26/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 pm.	BLDG 99L
NEO PNS Professional	2/26/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Room Lab
NEO PNS End User	2/26/2015	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated Safety Care Level #2	2/26/2015 2/27/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 pm.	BLDG 99L
Infection Control and Prevention+Handwashing	2/27/2015	10:00 a.m.-11:30 a.m.	BLDG 103-D E&R
Updated Seizure Management	2/27/2015	1:00 p.m.-2:30 p.m.	BLDG 103-D E&R

**Unit designated scheduler should e-mail all CPR/First Aid to Jackie Huff and all other class requests to Runtha Giddens.**

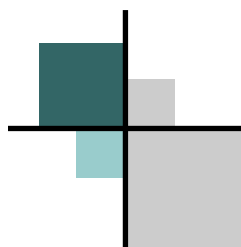
**Effective Friday 2/6/15 Safety Care classes will be as follow:**

**Safety Care Level #2- 16 hours**

**Updated Safety Care Level #2- 12 hours**

**Safety Care Level # 1- 12 hours**

**Updated Safety Care Level #1- 6 hours**



## Infection Control - Heart Health Awareness Month

This American Heart Month, the Centers for Disease Control and Prevention (CDC) and Million Hearts®—a national effort to prevent 1 million heart attacks and strokes in the United States by 2017—are encouraging Americans to know their blood pressure, and if it's high, to make control their goal. Uncontrolled high blood pressure is a leading cause of heart disease and stroke. In fact, more than 67 million Americans have high blood pressure. People with high blood pressure are 4 times more likely to die from a stroke and 3 times more likely to die from heart disease, compared to those with normal blood pressure. High blood pressure often shows no signs or symptoms, which is why having your blood pressure checked regularly is important. It's easy to get your blood pressure checked. You can get screened at your doctor's office and drugstores or even check it yourself at home, using a home blood pressure monitor.

### **Make Control Your Goal**

If you know you have high blood pressure, take these steps to help get it under control

- Ask your doctor what your blood pressure should be. Set a goal to lower your pressure with your doctor and talk about how you can reach your goal. Work with your health care team to make sure you meet that goal. Track your blood pressure over time.
- Take your blood pressure medicine as directed. Set a timer on your phone to remember to take your medicine at the same time each day. If you are having trouble taking your medicines on time or paying for your medicines, or if you are having side effects, ask your doctor for help.
- Quit smoking—and if you don't smoke, don't start. You can find tips and resources at CDC's Smoking and Tobacco website.
- Reduce sodium intake. Most Americans consume too much sodium, which can raise blood pressure. Read about ways to reduce your sodium and visit the Million Hearts® Healthy Eating & Lifestyle Resource Center for heart-healthy, lower-sodium recipes, meal plans, and helpful articles.

For more information: <http://www.cdc.gov/Features/HeartMonth/>



The Camellia Unit's Annual Black History Program will be held on Friday, February 20, 2015, at 10:30 AM on the 76-5 patio. Please come and celebrate the accomplishments of so many individuals who contributed their time, talent, and gifts to improve our quality of life.



### 24 Hour Computer Help Desk Number: 1-877-482-3233

Use this number to report any computer issues such as with computers, network printers, monitors, mice, keyboards, laptops, GroupWise, Avatar, Worx, Sunquest Down and Network down. Helpdesk covers items that were previously working and are not working or not working properly. Always keep ticket number and the name of the person you speak with for necessary follow up. NOTE: **Broken Mice & Keyboards** are replaced by helpdesk. Please keep info and report any issues with this process to Service Delivery Staff. Desktop printer issues may be phoned into Service Delivery at **2444** but will not be serviced. Replacement or alternative printing options will be reviewed.

**Phone issues:** Contact Switchboard at **2011** or e-mail **Tomica Willingham** (Use this number for repairs, problems, requesting new lines or jacks) Include the following: Telephone # with trouble, Building #, Type of phone (name on the phone), Room #, Station # if phone has one, problem with phone, & contact person. When requesting LAN jack please place work order with Plant Operations to run the cable prior to requesting the jack be installed. Always request 2x2 when having new voice (phone) & data (LAN) jacks added.

**Avatar Password Resets:** Contact Unit Nurse Manager between 7:30 am & 5 pm or e-mail [dbhdditappsupport@dhr.state.ga.us](mailto:dbhdditappsupport@dhr.state.ga.us). After normal business hours, clinical staff may contact Admission Office at 7006 for Avatar password resets. **Note: Novell passwords** should be reset using the Password Change Icon located on your desktop or go to <https://password.dhr.state.ga.us>. **You may also contact Help Desk.**  
\*Additional Avatar issues should e-mail [dbhdditappsupport@dhr.state.ga.us](mailto:dbhdditappsupport@dhr.state.ga.us)

**New User Request or Computer Access Changes:** Continue to fill out Access form and mail signed form to Service Delivery. Call **2444** with questions. Access changes include access to new software of specific folders and drives on our network.

**Computer Equipment Moves:** Fill out Computer Move request and submit to Service Delivery Staff. Call **2444** or e-mail EC\_ServiceDelivery with questions. This takes approximately 30 days so allow time in planning.

**Computer/Software Request:** Continue to fill out Request for new Technology form and submit completed signed form to Service Delivery. Call **2444** or e-mail EC\_ServiceDelivery with questions.

**Avatar Reporting Needs:** If you are in need of specific data for reporting from Avatar please contact Hospital Reporting staff at **2568**.



## Hospital Security - Vehicle Registration

Employees are reminded that all personal vehicles parked on our campuses must be registered and must display ECRH parking decals as per the hospital Security Management Plan. Citations are issued for failing to display parking decals and corrective action may result.

Decals, as well as temporary parking permits for short term use, are issued at Gracewood Campus Building 13 and at the Augusta Campus Gatehouse, and are available on a 24/7 basis. If an officer is not present at the moment, simply call and we will be happy to accommodate you.



## Safety Shop - Severe Weather Driving

*I would like to thank everyone for their participation in the Statewide Tornado Drill on 2/4/15. ECRH did a great job and followed procedure and took shelter. Thank you again for all your hard work and dedication to our individuals, visitors and staff.*

In Georgia, the average number of days with reported tornadoes is six. Tornadoes have been reported throughout the year, but are most likely to occur from March to May. Tornadoes are also most likely in the mid afternoon to early evening time frame, but can occur any time of the day or night. 37 percent of all tornadoes are classified as strong or violent, and these tornadoes are most likely to occur in the month of April. In Georgia, tornadoes are often hard to see as they are wrapped in areas of rain and hail. The hilly terrain can also limit your ability to see a tornado.

Tornadoes are violently rotating columns of air, extending from the thunderstorm that is in contact with the ground. Tornadoes can vary in shape, size and intensity. Most tornadoes are weak, lasting a few minutes and producing winds of less than 100 mph. However, a few tornadoes are strong or even violent. These tornadoes last from 20 minutes to over an hour and can produce winds of between 100 and 300 mph.

### So, what can you do to protect yourself and your family:

*The best thing to do is to have a plan of action in place before threatening weather develops.* Know what the difference is between a watch and warning are. **A Tornado Watch** means conditions are favorable for tornadoes to develop, but there is not an imminent threat. **A Tornado Warning** means a tornado has been detected and an imminent threat to life and property has developed.

*Know your area so you can track storms, listen to a NOAA Alert Radio, local TV or radio reports*

*At East Central Regional Hospital we have an Emergency Operations Plan (EOP) that tells us what we need to do if an emergency happens here at ECRH. In the EOP you can look at Annex 1 – Severe Weather Plan and you will find the following procedure for a Tornado Warning.*

#### 1. Individual Living Areas/Mental Health Units:

a. Individuals will be moved to the designated shelter areas (inner room or hallway of building without windows). An individual count will be taken.

b. Emergency medical equipment such as first aid kits, flashlights, blankets, etc. if not already there will be moved to the designated shelter areas.

c. Staff will turn off as many utilities in the building (including lights) as possible. This may prevent fires if building is damaged.

d. Maintain good crowd control in the shelter area and do not allow anyone to leave that area until an "All Clear" is received.

e. Unless instructed otherwise, individuals and staff should remain in their designated shelter areas or building until advised that it is safe to resume normal activities.

#### 2. Employees/Work Areas:

a. Employees will move to their designated shelter areas.



Tornado damage in Adairsville, GA on Jan 30, 2013

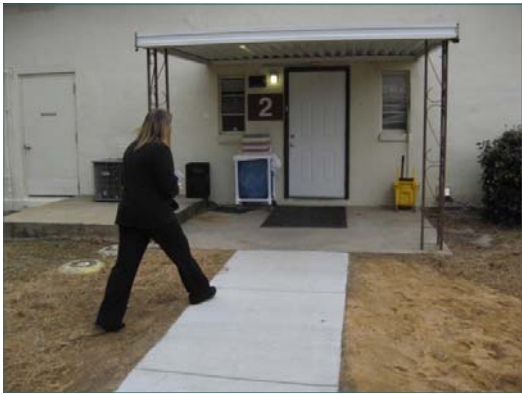


100 vehicles were tossed around by a tornado in Adairsville, GA on Jan 30, 2013

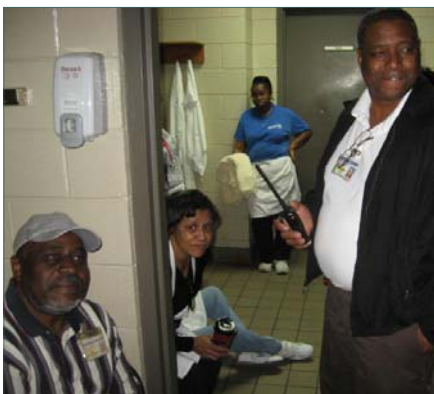
## Safety Shop - Severe Weather Driving

- b. Employees will assist the individuals in moving to the designated shelter areas.
- c. Employees will turn off as many utilities in the buildings as possible prior to moving to the shelter areas.
- d. Maintain good crowd control in the shelter area and do not allow anyone to leave that area until an "All Clear" is received.
- e. Should the building or designated shelter areas be damaged by the emergency, everyone should be very cautious after the severe weather emergency has passed. Employees will assist the individuals in moving to a safe area.

*If you are notified of a Code Grey by the intercom, radio, sirens or by phone you need to take shelter immediately. If you are driving or are outside on Gracewood campus and you hear the sirens you need to immediately go inside a building and take shelter. You must stay in your shelter location until you receive the "All Clear" announcement.*



Safety Manager Jennifer Sosebee makes her rounds during the Tornado Drill to ensure that the steam whistle is working and that employees in Building 99 are reacting appropriately.



She also checked in on Laundry employees, Central Kitchen employees, and Administration staff.

If you need assistance with anything Fire Safety, Life Safety, Radio Communications, MSDS, HazMat, Medical Equipment, or Emergency Management, please contact Jennifer Sosebee, Safety Manager, at 706-790-2400/2401. Or e-mail at [jgsosebee@dhr.state.ga.us](mailto:jgsosebee@dhr.state.ga.us).

**HELP ME HELP YOU make ECRH a safe place for our individuals, visitors, and staff.**

**Gracewood Post Office**

**Window Hours**

M-F 9:00 am-12:00 noon  
1:30 pm-4:30 pm  
Sat 9:00 am-10:45 am



**Visit the Gracewood Post Office today and ask Frank Deas about renting a Post Office Box!**



**Available  
Now!**



# RCFCU Newsletter

February 2015

2048 Tobacco Rd.

Augusta, Ga. 30906

[www.richmondcommunityfcu.org](http://www.richmondcommunityfcu.org)



**FRESH START**

Bad Credit?  
No Credit?  
Trouble Getting Approved?

If you have had credit problems in the past, and you are ready for a Fresh Start, Richmond Community Federal Credit Union Can help you get into a NEW car!

**RICHMOND COMMUNITY**  
Federal Credit Union

All loans are subject to approval. Some credit and policy restrictions may apply.

**Sweetheart OF A DEAL**

- New and used Cars
- Model Years 2010-2015
- 2.01% APR\*
- 60 months
- Credit Score of 660+

See a Loan Officer Today!

\*Annual Percentage Rate. All Loans are subject to Approval. Some Credit and Policy Restrictions May Apply.

**Don't Worry... Be Happy!**

**Apply for a Worry Free Loan Today!**

- No Credit Check Required
- \$500.00 for 6 months
- \$1,000.00 for 6 months

\*Must be a 5 year member, with 5 years on current job.

See a loan officer for more details!

**Love shopping online?**

Earn money while you shop with Love to Shop!

How it works:

- Register for free at [LoveMyCreditUnion.org](http://LoveMyCreditUnion.org).
- Shop at over 1,500 of your favorite stores
- Exclusively for Credit Union members
- For every \$15 cash back that you earn, you are mailed a check!

Participating stores include:

- Aéropostale
- NFL
- THE POPCORN FACTORY
- Share A Vision
- Stein Mart
- Pier 1 Imports
- Advance Auto Parts
- SPORTS AUTHORITY
- macy's
- aerie
- AMERICAN EAGLE
- BEST BUY
- BABIES R US
- Walmart
- belk
- carhart
- Dillard's
- TARGET
- JCPenney
- Harry & David
- LOWE'S
- GANDER UNITS
- PRO SHOP
- NIKE

Published Twice Monthly



Dr. Vicky Spratlin Interim Regional Hospital Administrator
Matt McCue Interim Associate Regional Hospital Administrator
Dr. Vicky Spratlin Clinical Director
Mickie Collins Chief Operating Officer
Augusta Campus 3405 Mike Padgett Highway Augusta, Georgia 30906
Gracewood Campus 100 Myrtle Boulevard Gracewood, Georgia 30812
Teresa Crouch Publisher
Harold "Skip" Earnest Editor/Photographer
NOTICE Items for publication must be submitted in written form. The upcoming issue's deadline is January 23, 2015. All articles and notices submitted for publication in the East Central Regional Hospital Bulletin are subject to editorial discretion. Please contact the Bulletin editor if you have questions regarding editorial decisions.



Our Mission

The mission of East Central Regional Hospital is to provide safe, competent and compassionate services to persons with mental illness and/or developmental disabilities.

Our Vision

The vision of our Facility is to be a center of excellence in the provision of comprehensive, responsive and compassionate care for consumers and their families.

Our Values

East Central Regional Hospital is caring and therefore, responsive to our consumers, their families, stakeholders and our employees through commitment to our core values:

**I**ntegrity

**C**ommunication & Collaboration

**A**ccountability

**R**ecognition through Relationships

**E**mpowerment through Excellence



Accredited  
by  
The Joint Commission

Campus Marquees

Deadline for submission of

**MARCH MESSAGES**

**February 20, 2015**

Submit information to Skip Earnest

Gracewood Campus

Extension 2102

**(Information must be submitted on or before the indicated date to be placed on Marquees for the following month.)**

## ECRH Jobs List

This is a list of job openings currently available at East Central Regional Hospital. For further information regarding these positions, please go to the DBHDD webpage at [www.dbhddjobs.com](http://www.dbhddjobs.com).

[Activity Therapist - Augusta Campus](#)

[Activity Therapy Leader - Gracewood Campus](#)

[Associate RHA - Developmental Disabilities](#)

[Auditor - Nursing](#)

[Auditor - Psychology](#)

[Auditor - Social Work](#)

[Behavioral Health Counselor](#)

[Behavioral Health Social Worker \(MSW\) - Redbud](#)

[Budget Assistant](#)

[Carpenter](#)

[Certified Nursing Assistant - Lead](#)

[Certified Peer Specialist](#)

[Clerical Worker - Hourly - Admissions](#)

[Clerk - Part Time - Property Control](#)

[Client Support Worker \(AL\)/Instructor 3/AMH Mall](#)

[Client Support Worker - Community Integration Home](#)

[Client Support Worker - Gracewood](#)

[Clinical Dietitian](#)

[CNA - Skilled Nursing Facility](#)

[Craftsman Foreman](#)

[DD Campus Supervisor - 2nd & 3rd Shift](#)

[DD Shift Supervisor - Gracewood Campus](#)

[Director of Clinical Information Systems](#)

[Director of Risk Management](#)

[Facility Safety Officer - Corporal](#)

[Food Service Manager](#)

[Food Service Worker \(WL\)](#)

[General Trades Craftsman](#)

[Health Care Worker \(Part-time\) - Community Integration Home](#)

[HST 1 - Augusta Mental Health Campus](#)

[HST 1 - Gracewood Campus](#)

[HST 2 - Gracewood Campus](#)

[HST 2/Lead - Augusta Mental Health Campus](#)

[Housekeeper](#)

[Housekeeping Director](#)

[Housekeeping Team Leader](#)

[HVAC Repair Technician](#)

[Institutional Locksmith](#)

[Instructor 3 - Forensic Treatment Mall - Augusta Campus](#)

[Laundry Supervisor](#)

[Laundry Worker](#)

[Laundry Worker \(Part time weekends\)](#)

[LPN - Gracewood Campus](#)

[LPN - Augusta Mental Health Campus](#)

[LPN - Skilled Nursing Facility](#)

[Maintenance Craftsman 3rd Shift](#)

[Mechanic](#)

[Nurse Administrator - \(E/N\) Gracewood and Augusta Campus](#)

[Nurse Investigator](#)

[Nurse Manager \(RN\) - Forensics](#)

[Nurse Practitioner - Skilled Nursing Facility](#)

[Occupational & Physical Therapy Technician](#)

[Occupational Therapist](#)

[Pharmacist - Advanced](#)

[Procurement Officer](#)

[Program Assistant - Admissions](#)

[Program Assistant - Dietary Services](#)

[Program Associate - Dental Services](#)

[Psychiatric Nurse Practitioner - Augusta Mental Health Campus](#)

[Qualified Intellectual Disabilities Professional](#)

[Quality Management Technician](#)

[Regional Hospital Administrator](#)

[RN - Augusta Mental Health Campus](#)

[RN - Charge Nurse - Augusta Campus](#)

[RN - Charge Nurse - Gracewood Campus](#)

[RN - Forensic Mall](#)

[RN - Gracewood Campus](#)

[RN - Skilled Nursing Facility](#)

[Service Director - Gracewood Campus](#)

[Shift Supervisor - Augusta Mental Health Campus](#)

[Storekeeper - Hourly](#)

[Work Instructor 1 - Gracewood Campus](#)

[Work Therapist - Augusta Campus](#)

[Work Therapy Instructor 2 - Augusta Campus](#)

[Work Therapy Instructor 2 - Forensic - Augusta Campus](#)