

From the Desk of the RHA - Paul Brock



Management Academy Cohort #5 Graduates

Twice a year, DBHDD selects employees to participate in its prominent Management Academy, which was established through a partnership with the University of Georgia's Carl Vinson Institute of Government. The Academy was created to nurture the leadership skills of current managers within the Department in support of its vision and mission of providing

easy access to high quality, accountable, and effective care within a dynamic healthcare environment.

The Cohort #5 DBHDD Management Academy commenced in July, 2016 with three nominated ECRH leaders. In addition to the program curriculum, which covers topics such as "leading in the public sector" and "enhancing organizational effectiveness", each of the participants were tasked with a capstone project spearheaded by a member of leadership within DBHDD. There were five projects: Day Services and Supported Employment in Intellectual and Developmental Disabilities, Human Rights Advisory Councils, Informed Choice, Performance Management System and DBHDD Provider Network Analysis.

The Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) distinguished and recognized Kim Willingham, ECRH Dental Director, Cassandra Roberts, Clinical Pharmacist and Shanta Searles, Program Director as emerging leaders for their successful participation and completion of the Department's fifth Management Academy. Twenty five managers throughout the state received certificates from DBHDD Commissioner, Judy Fitzgerald along with inducting each of the graduates into the DBHDD Management Academy Alumni Association. The Management Academy, one of the many training programs for state government employees, follows a curriculum that the University of Georgia's Carl Vinson Institute of Government and DBHDD developed to address needs and challenges specific to the department. Please congratulate Kim, Cassandra and Shanta for their remarkable accomplishment.

Special points of interest:

- Blood Drive Info
Pharmacy Holiday Schedule
What's in a Month
Out & About
ECRH Holiday Activity

Pictures

"Keep your face always to the sunshine—and shadows will always fall behind you."

Walt Whitman

Inside this issue:

Table listing contents: New Employees (2), HR Partners (3,4), Employee of Month (4,5), Quality Corner (7), Occupational Health (8,9), Training at a Glance (10,11), January Birthdays (17,18)

Happy New Year!
Paul Brock



New Employees



Front Row (L-R): Autumn Roberts, Health Service Technician; Montrell Travis, Health Service Technician; Glenn Taylor, Behavioral Health Counselor; Brian Roberts, Behavioral Health Counselor

Back Row (L-R): Pateriea Heath, Health Service Technician; Andrea Tyson, Certified Nursing Assistant; Ashford Weston, Health Service Technician; Jerome Rouse, Behavioral Health Counselor

Front Row (L-R): Dexter Merriweather, Housekeeper; DeAnn Jackson, Food Service Employee

Back Row(L-R): Ashley Williams, Health Service Technician; Alexis Bates, Certified Nursing Assistant; Angela Jackson, Licensed Practical Nurse; Latavia Ward, Certified Nursing Assistant



Front Row (L-R): Ashley Williams, Health Service Technician; Alexis Bates, Certified Nursing Assistant; Angela Jackson, Licensed Practical Nurse; Latavia Ward, Certified Nursing Assistant



Front Row (L-R): Kenya Lawrence, Certified Nursing Assistant; Shawna Jackson, Certified Nursing Assistant; Keondra Parker,

Back Row (L-R): Amanda Black, Certified Nursing Assistant; Senora Whitehead, Licensed Practical Nurse; Samantha Ervin, Health Service Technician



WELCOME!

HR Partners

Attention — Managers, Leave keepers and Employees please note the expiration date of recent holidays:

October 10, 2016 – Expires 2/7/17 (120 days)

November 11, 2016 – Expires 3/11/17 (120 days)

November 24, 2016 – Expires 3/24/17 (120 days)

November 25, 2016 – Expires 3/25/17 (120 days)

December 26, 2016 – Expires 4/25/17 (120 days)

December 27, 2016 – Expires 4/26/17(120 days)

Managers please schedule employees time off if they earned the holidays listed above prior to the expiration date. If assistance is needed please contact HR – Benefits

ECRH Human Resources Team Doug Fine - HR Manager

Elaine Biley – HR Generalist/Operations Manager– Oversees HR Operations, Payroll/Kronos, and Personnel Records Management. Assist with Leave-keeping Issues/Audits, Benefits, Management Training, Workers' Compensation program and Special Projects.

Rhonda Vivor – Employee Relations Specialist – Coordinates Employee Relations including: employee/manager issues and concerns, HR Investigations, Grievances, Unemployment, Performance Management , Management Training and EAP information, oversees criminal background process.

Ron Watson Recruiter – Oversees the local Recruitment Process: Maintains/updates job vacancy website. Coordinates Resume Review, Phone Screens, Reference Checks, Selection/New Hire Processing, HR Training, and supports Criminal Background Process.

Bonita Wilson -- Benefits and Leave Coordinator Coordinates and assists with: Employee Benefits, Leave of Absences (LOA), Family and Medical Leave (FMLA), Retirement, HR Training.

Melanie Harris- Recruitment Technician- Coordinates and assists with: Selection/New Hire Processing, Hire Packet Processing Pre-Employment Processing and HR Training. Assists and supports the Recruiter as a back-up as needed. Facilitates Criminal Background Check Process.

Dameka Garner – HR Transactions and Payroll Specialist - Coordinates Payroll and Transactions, Kronos, HR Training, Performs audits and special projects.

Vacant – HR Transactions and Payroll Specialist – Coordinates Payroll and Transactions, Kronos, HR Training, Performs audits and special projects.

Sharyle Courtney-Garrett – HR Assistant 2 – Critical Hire Coordinator, Drug Screening Coordinator, Employment Verifications, Out-Processing, Staffing and compensation research and reporting. Assistant to the HR Manager.

Chiquita Young – Workers' Compensation Coordinator

Marquita Anderson – HR Assistant - Manages the HR Front Desk/Lobby Area, Assistant to the HR Team and HR Manager, Faithful Service Awards.

**ECRH
Human Resources Department
Main Office Telephone Number 706-792-7177
Main Office Fax Number 706-792-7328
Office: Gracewood Campus Building 103-A**

HR Partners

Financial Literacy Training for ECRH Staff

Queensborough Bank and ECRH Human Resources are happy to partner to provide financial literacy training to ECRH staff. Classes will begin on January 13 and end on April 28. It is strongly recommended that you register for all 8 sessions. This training is **FREE** for all ECRH staff and there will be NO sales presentations. This training is provided as a community service by Queensborough Bank. Each session will be in the HR Training Area in Building 103-A on the Gracewood Campus. Time in the training is not paid time and the program is strictly voluntary. Each topic will be presented 3 times on the following dates. **Training will be at 8:00 AM (3rd Shift), 1:45 PM (2nd Shift) and 4 PM (1st Shift.)**



Reduce your financial stress



Get better with the money you make



Become more financially savvy

- | | | |
|----------|----------------------|---------------------------|
| 1 | Understanding Credit | Friday, January 13, 2017 |
| 2 | Budgeting | Friday, January 27, 2017 |
| 3 | Investing | Friday, February 10, 2017 |
| 4 | Retirement | Friday, February 24, 2017 |
| 5 | Insurance | Friday, March 17, 2017 |
| 6 | Homeownership | Friday, March 31, 2017 |
| 7 | Education | Friday, April 14, 2017 |
| 8 | Estate Planning | Friday, April 28, 2017 |

Sponsors



Registration is required: First Come First Served. Contact Marquita Anderson in HRM to Register. X 7177 or by email: Marquita.Anderson@dbhdd.ga.gov

Employee of the Month



R-L: Paul Brock, RHA; James Wright, HST; Skip Earnest, Audio/Visual Specialist

December

James Wright, HST

The amazing support, commitment, persistence and ability to handle severe psychiatric situations by Mr. Wright has made it possible to have the individual on the unit receive the treatment that is crucial for his recovery. We all should commend Mr. Wright for his commitment.

Nominated by: Sandarsh Surya MD

Employee of the Month—continued



Augusta Campus Dietary Staff



Cheryl Bragg, Director of Dietary Services



Gracewood Campus Dietary Staff

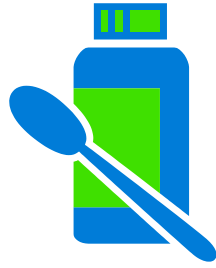
November

Dietary Services

I know you asked for an employee, but I would like to nominate the entire Dietary Services staff. I truly believe there is no one person that stands out because we strive to have a one team, one dream type of environment. They worked tirelessly during the engagement of the hurricane relief, they also ensure that not only are our individuals taken care daily but our staff as well by providing great quality meals and excellent customer service in spite of certain conditions. I know it may be a shot in the dark but I was willing to ask to see if it was possible! Thank you for your consideration.

Nominated by Clarence Johnson

Pharmacy Notes



"Pharmacy for Nurses" Class:

ALL Nurses are encouraged to attend the "Pharmacy for Nurses" class:

Gracewood Campus - Building 103B:

during New Employee Nursing Orientation

**January 5, 2017
1:30pm – 3:00pm**

**Please contact Casandra Roberts or Adeola Oke
in the Pharmacy for more information (ext. 2496)**

**ECRH Incident Management
Hotline Procedure**

The purpose of this Hotline is to establish an alternate means of reporting incidents in a timely manner. The Hotline is to be utilized by any employee, contractor, family member, visitor and volunteer that may feel uncomfortable reporting an incident or allegation of abuse, exploitation or neglect in person. This is an **alternate** reporting system and by no means replaces the current protocol outlined in the Incident Management Policy.

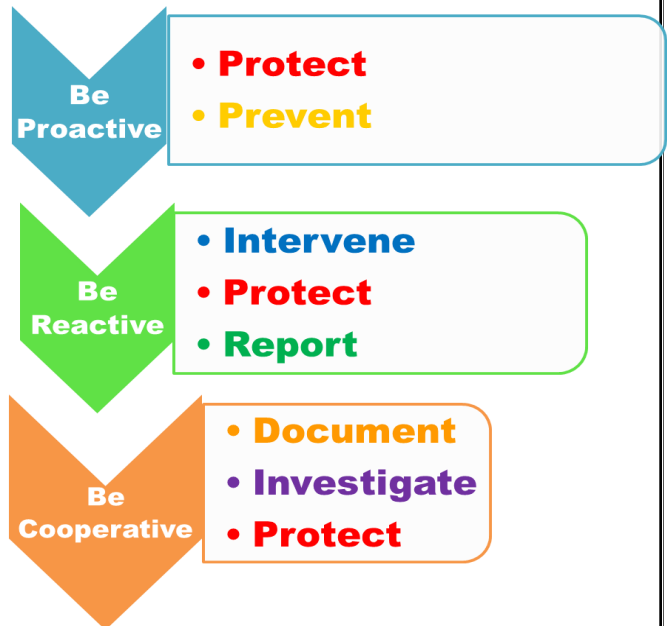
**Hotline Number:
(706) 945-7150**



PRIDE IN PLACE - It Starts with Me

*"If you change the way you look at things,
the things you look at change." - Wayne Dyer*

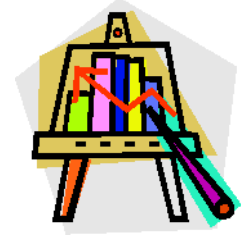
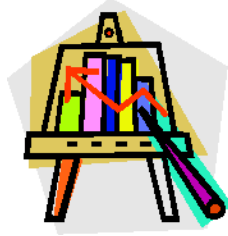
Our Role in Protecting Our Individuals from Harm



Quality Management

THE QUALITY CORNER

NEWS & INFORMATION FROM THE QUALITY MANAGEMENT DEPARTMENT



2017 Joint Commission National Patient Safety Goals

Below please find the new poster for 2017. This poster is available from Quality Management. The poster should be displayed in all patient care areas in a prominent place where staff can readily access the information.

PLEASE NOTE THAT THERE ARE NO CHANGES TO THE NATIONAL PATIENT SAFETY GOALS FOR 2017



Modified National Patient Safety Goals Effective January 1, 2017

Appropriate Standard Sets are abbreviated as follows:
HAP = Hospital/BHC = Behavior Health Care/LTC = Long Term Care/Lab = Laboratory



Please note that there are NO CHANGES to the NPSG's for 2017

Ⓢ: Improve the accuracy of patient identification.

- Use at least two ways to identify patients. For example, use the patient's name and picture. Do this to make sure that the patient gets the medicine and treatment meant for them.
- Label containers used for blood and other specimens in the presence of the patient.

HAP/BHC/LTC/Lab

Ⓢ: Improve the effectiveness of communication among caregivers.



- Report critical results of tests and diagnostic procedures on a timely basis.

HAP/Lab

Ⓢ: Improve the safety of using medications

- Label all medications, medication containers, and other solutions on and off the sterile field in perioperative and other procedural settings (Note: medication containers include syringes, medicine cups, and basins). Specifically for our Dental Clinic. HAP
- Maintain and communicate accurate patient medication information: Obtain information on the medications the patient is currently taking upon admission. Compare the medication information the patient brought to the hospital with the medications order by the hospital in order to identify and resolve discrepancies. Provide the patient (or family as needed) with written information on the medications the patient should be taking when he or she is discharged from the hospital. Explain the importance of managing medication information to the patient when he or she is discharged from the hospital. HAP/BHC/LTC

Ⓢ: Reduce the risk of healthcare-associated infections.



- Comply with hand cleaning guidelines.
- Use alcohol-based hand wash or soap and water.
- Wash hands for 20 seconds
- Do NOT use alcohol-based hand sanitizer for C-diff consumers
- Sanitize hands before and after procedures, medications, consumer contact.

HAP/BHC/LTC/Lab

Ⓢ: Reduce the risk of resident harm resulting from falls.

Find out which consumers are most likely to fall. For example, is the consumer taking any medicines that might make them weak, dizzy, or sleepy? Take action to prevent falls for these patients. LTC



Ⓢ: Prevent health care-associated pressure ulcers. LTC

Ⓢ: The hospital identifies safety risk inherent in it's patient population

- Identify safety risks inherent in our consumer population, especially:
- Those at risk for suicide HAP/BHC

**To Contact The Joint Commission For Patient Safety Concerns, please call 1-800-994-6610 or at the following website:
http://www.jointcommission.org/report_a_complaint.aspx**



Occupational Health - Seasonal Depression

Seasonal affective disorder (SAD) is a type of depression that is tied to seasons of the year. Most people with SAD are depressed only during the late fall and winter (sometimes called the "winter blues") and not during the spring or summer. A small number, however, are depressed only during the late spring and summer. SAD is most common in young adult women, although it can affect men or women of any age. Another 10-20% of people may have a milder form of seasonal mood change. Like all types of depression, SAD can have a devastating effect on a person's life. Fortunately, almost all people with SAD can be helped with available therapies.



Causes - The exact causes of seasonal affective disorder (SAD) are unknown. Chemical changes in the brain caused by changes in the amount of sunlight are probably involved. People who live in geographical locations that are dark or cloudy during the winter are most likely to have SAD. A tendency to have SAD may run in some families.

Symptoms - Seasonal affective disorder (SAD) may have some of the same symptoms as other types of depression. Most people have only some of these symptoms, not all. Examples: Depressed mood, Loss of interest in usually enjoyable activities, Fatigue or loss of energy, Feelings of worthlessness or hopelessness, Poor concentration, indecisiveness, and Recurrent thoughts of death or suicide.

Winter SAD: Sleeping more than usual, Craving for sugar, starchy foods, or alcohol, Weight gain, Irritability, Conflicts with other people, Heaviness of arms and legs, and Behavior disturbances (in children). People with winter SAD may seek out light places or sunlight, or like to have lots of artificial lights on. **Summer SAD:** Insomnia, Poor appetite, Weight loss, Agitation, and Anxiety.

The symptoms of SAD come back every year, and for any specific person, they tend to come and go at about the same time each year.

When to Seek Medical Care: Seek when you have feelings of extreme sadness, hopelessness, or emptiness, inability to get out of bed or carry on normal activities, persistent loss of energy or increased need for sleep, unexplained change in appetite for food, changes in behavior that cause problems with family, friends, or work, and feelings of wanting to die, wanting to commit suicide, or hurting yourself. There are no tests available to detect seasonal affective disorder. Your health care provider will make the diagnosis from your symptoms, medical interview, and examination.



Self-Care at Home: You can spend at least 30 minutes outside every day, set a timer on a light to go on early in the morning in the bedroom, use a dawn simulator for a more naturalistic artificial dawn, take daily walks outside, and Increase indoor lighting with regular lamps and fixtures.

Medical Treatment: Bright-light therapy: This is exposure to bright artificial light, brighter than usual home or office lighting. Bright-light therapy relieves symptoms for about two thirds of people with seasonal affective disorder. Bright-light therapy products are available for sale and range in cost from \$200-500. Only devices that filter out harmful ultraviolet waves should be used. Types of devices include light panels or boxes, blankets, and visors. The bright-light source should be placed at eye level. Although staring at the light source is not recommended, the light must enter the eyes if it is to work. An approved bright-light therapy device should not harm the eyes if used as recommended. About 30 minutes of exposure to 10,000 lux each day is enough to relieve symptoms in most people. Others require greater exposure, as long as 45 minutes twice a day. You may need some trial and error to find the right amount. Your health care provider will guide you. Properly used, bright-light therapy has few side effects. A few people have reported eyestrain, headache, fatigue, irritability, sensitivity to light, or inability to sleep (only if therapy is used late in the day). Certain medications make you more sensitive to light. If you are taking any of these, you cannot use light therapy. Be sure to inform your health care provider of all the medications you are taking, including nonprescription medications and dietary supplements. Tanning beds should not be used for bright-light therapy as they do not filter out harmful ultraviolet waves. You may notice improvement in symptoms within a few days, or it may take as long as 3-4 weeks after starting therapy

(Continued on page 9)

Occupational Health - Seasonal Depression

(Continued from page 8)

Medications: Antidepressant medications are useful for people who need further treatment because their symptoms improve only slightly or not at all with bright-light therapy. Most of these people are treated with antidepressant medication. The medications used most frequently are the selective serotonin reuptake inhibitors, or SSRIs (for example, Prozac and Zoloft). These agents may take 2-4 weeks to improve symptoms. Unwanted side effects depend on which medication is used. Your health care provider can tell you about side effects. Do not stop your medication abruptly. Stop or change dose only after consulting your health care provider.

Other Therapy: St. Johns wort: It is unclear whether this herb will improve some of the symptoms of seasonal affective disorder (SAD), but it increases sensitivity to light, which may rule out bright-light therapy. Researchers are still looking at whether this treatment is appropriate for people with SAD.

Follow-up: Learn as much as you can about seasonal affective disorder (SAD). Do not feel guilty—understand that SAD is caused by a chemical abnormality that you have little control over. Explore support groups to help you cope with the disorder. Follow the treatment recommendations of your health care provider.

Prevention: Spending at least 30 minutes outdoors every day may help prevent seasonal affective disorder (SAD). Approach the season of depression with a positive attitude. Plan activities you enjoy. Try to spend time outdoors every day, especially during the months when SAD affects you most. Midday, when the light is strongest, is the best time to be outdoors. Physical activities, such as walking, may also help relieve symptoms.

Outlook: If left untreated, seasonal affective disorder can become more severe. Severe depression can cause damage to physical and mental health, relationships with others, job effectiveness, and enjoyment of life. Very severe depression can cause a person to commit suicide or other self-harm.

Support Groups and Counseling: Counseling may be necessary to help you cope with fear or guilt about seasonal affective disorder (SAD). It may help you relax, accept the disorder, and cope with the limits SAD puts on you. Complementary activities such as meditation, relaxation, and aerobic exercise may have similar effects.



Information Taken From: EmedicineHealth.com



Training at a Glance - January

Class Title	Date	Time	Place
NEO Principles of Recovery	1/3/2017	10:00 a.m.-11:00 a.m.	BLDG 103-D E&R
NEO PNS End User	1/3/2017	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
NEO PNS Professional	1/3/2017	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
Identifying & Reporting Abuse, Neglect and Exploitation (POC)	1/3/2017	1:00 p.m.-3:00 p.m. 1:00 p.m.-2:00 p.m. (Retest)	BLDG 103-C Room C-23
NEO Infection Control and Prevention+Handwashing	1/4/2017	10:30 a.m.-12:00 p.m.	BLDG 103-D E&R
Identifying & Reporting Abuse, Neglect and Exploitation (POC)	1/4/2017	8:00 a.m.-10:00 a.m. 8:00 a.m.-9:00 a.m. (Retest)	BLDG 103-C Room C-23
EMR Nursing	1/4/2017	8:00 a.m.-1:30 p.m.	BLDG 103-C Room C-18
Updated PNS End User	1/4/2017	11:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
First Aid	1/5/2017	8:00 a.m.-12:00 p.m.	BLDG 103-C C-23
Updated Seizure Management	1/5/2017	3:00 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated PNS Professional	1/5/2017	1:00 p.m.-3:00 p.m.	BLDG 103-C Lab
Identifying & Reporting Abuse, Neglect and Exploitation (POC)	1/5/2017	3:30 p.m.-5:30 p.m. 3:30 p.m.-4:30 p.m. (Retest)	BLDG 103-D E&R
Infection Control Prevention + Handwashing	1/6/2017	8:00 a.m.-9:30 a.m.	BLDG 103-C Room C-23
Updated Seizure Management	1/6/2017	10:00 a.m.-11:30 a.m.	BLDG 103-C ROOM C-23
Identifying & Reporting Abuse, Neglect and Exploitation (POC)	1/6/2017	8:00 a.m.-10:00 a.m. 8:00 a.m.-9:00 a.m. (Retest) 1:00 p.m.-3:00 p.m. 1:00 p.m.-2:00 p.m. (Retest)	BLDG 103-D E&R
Updated PNS End User	1/6/2017	1:00 p.m.-2:00 p.m.	BLDG 103-C ROOM C-23
Updated PNS End User	1/9/2017	8:00 a.m.-9:30 a.m.	BLDG 103-C Room C-23
Identifying & Reporting Abuse, Neglect and Exploitation (POC)	1/9/2017	8:00 a.m.-10:00 a.m. 8:00 a.m.-9:00 a.m. (Retest) 1:00 p.m.-3:00 p.m. 1:00 p.m.-2:00 p.m. (Retest)	BLDG 103-D E&R
Infection Control Prevention + Handwashing	1/9/2017	1:00 p.m.-2:30 p.m.	BLDG 103-C Lab
NEO PBS Training	1/9/2017	8:00 a.m.-12:00 p.m.	BLDG 20
Updated Safety Care Level #2	1/9/2017 1/10/2017	8:00 a.m.-4:30 p.m. 8:00 a.m.-11:00 a.m.	BLDG 99L

Training at a Glance - January

Updated PNS Professional	1/10/2017	1:00 p.m.-3:00 p.m.	BLDG 103-C Lab
Updated Seizure Management	1/10/2017	3:00 p.m.-4:30 p.m.	BLDG 103-C Lab
NEO CPRA	1/10/2017	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
NEO CPRC	1/10/2017	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO First Aid	1/10/2017	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Identifying & Reporting Abuse, Neglect and Exploitation (POC)	1/10/2017	3:30 p.m.-5:30 p.m. 3:30 p.m.-4:30 p.m. (Retest)	BLDG 103-D E&R
NEO Medical Emergency Response System	1/11/2017	8:00 a.m.-12:00 p.m.	BLDG 103-D E&R
NEO Seizure Management	1/11/2017	12:30 p.m.-2:30 p.m.	BLDG 103-D E&R
CPRA	1/11/2017	1:00 p.m.-4:00 p.m.	BLDG 99F
Infection Control and Prevention+Handwashing	1/11/2017	8:00 a.m.-9:30 a.m.	BLDG 103-C Room C-23
Identifying & Reporting Abuse, Neglect and Exploitation (POC)	1/11/2017	1:00 p.m.-3:00 p.m. 1:00 p.m.-2:00 p.m. (Retest)	BLDG 103-C Room C-23
Updated PNS End User	1/11/2017	3:00 p.m.-4:00 p.m.	BLDG 103-C Room C-23
Updated Safety Care Level #2	1/11/2017 1/12/2017	8:00 a.m.-4:30 p.m. 8:00 a.m.-11:00 a.m.	BLDG 99L
Updated Seizure Management	1/12/2017	8:00 a.m.-9:30 a.m.	BLDG 103-C Room C-18
Updated PNS End User	1/12/2017	10:00 a.m.-11:00 a.m.	BLDG 103-C Room C-18
NEO Observation of Individual to Ensure Safety	1/12/017	8:00 a.m.-10:30 a.m.	BLDG 103-D E&R
Identifying & Reporting Abuse, Neglect and Exploitation (POC)	1/12/2017	8:00 a.m.-10:00 a.m. 8:00 a.m.-9:00 a.m. (Retest)	BLDG 103-C Room C-23
NEO Seclusion and Restraint	1/12/2017	1:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Safety Care Level #1	1/13/2017	8:00 a.m.-12:00 p.m.	BLDG 99F
CPRC	1/13/2017	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Identifying & Reporting Abuse, Neglect and Exploitation (POC)	1/13/2017	8:00 a.m.-10:00 a.m. 8:00 a.m.-9:00 a.m. (Retest)	BLDG 103-C Room C-23
Updated PNS Professional	1/13/2017	9:00 a.m.-11:00 a.m.	BLDG 103-C Lab

Training at a Glance - January

NEO Therapeutic Incentive Program	1/13/2017	8:30 a.m.-10:00 a.m.	BLDG 103-D E&R
Infection Control and Prevention+Handwashing	1/13/2017	1:00 p.m.-2:30 p.m.	BLDG 103-C Lab
Identifying & Reporting Abuse, Neglect and Exploitation (POC) (Weekend)	1/14/2017	8:00 a.m.-10:00 a.m. 8:00 a.m.-9:00 a.m. (Retest)	BLDG 103-C Room C-23

Email to enroll: hrd.training@dbhdd.ga.gov

Effective Thursday 6/1/16 Safety Care classes will be as follow:

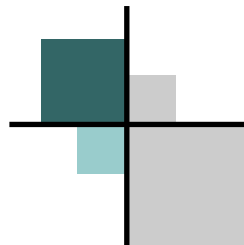
Safety Care Level #2- 16 hours

Updated Safety Care Level #2- 11 hours

Safety Care Level # 1- 4 hours

Updated Safety Care Level #1- 4 hours

Check DBHDD University for training needs and information.



*Happy
New
Year*

Out & About

Christmas Ball



Macedonia Baptist Church Party



Out & About

Christmas Play



Leadership Team Holiday Meeting



Out & About

More Christmas at ECRH



Out & About

Teresa and Skip's Retirement Party



ECRH "Family",

First of all, I want to say "Thank you!" to all who had a part in putting together the retirement party. It was beyond expectations and the beach theme was perfect! I always said that I wanted to retire one day and wake up the next with my "feet in the sand" (beach sand that is). Well ... it didn't turn out that way, but I'm hoping to take a beach trip soon!

Working here at ECRH has been such a wonderful experience and I am blessed to have been a part of this great staff. Thank you for the retirement well-wishes, your words of kindness and for all your support through the years.

(Continued on page 19)

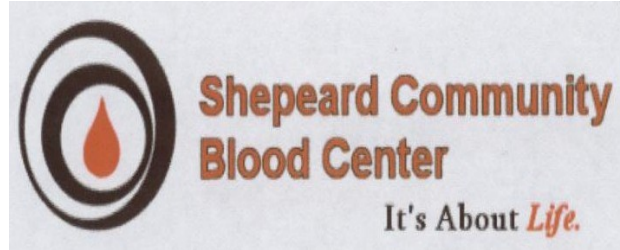
January Birthdays

January 1	Audrey Duffy Harden Patricia Hilton Stacy Wurst	January 12	Anjaleique Riggs
January 2	Janar Quiller Alexis Sanders-Harvey	January 13	Lawrence Lewis Daniel Neller
January 3	Tommy Dougherty Erin East Runesha Holmes Ki'undra Jeffers Devon Henry Julie Thomas LaTonya Eckford	January 14	Gemmot Cox Stephanie Wynn
January 4	Angela Aduri Kondra Selvie Eric Turner Michaela Watkins	January 15	Patrice Fryer Debra Claiborne Troy Jones Tracy Lee Courtney Mickens Pauline Pacheco Sharon Raymond
January 5	Tiffany Barron Rosemary Villemain Bonita Wilson Briana Williams	January 17	Jonathan Brannon Brittany Freeman Veronica Harris Timothy Stock Caprice Kipp
January 6	Jovanii Rodriguez-Sanchez Shontiece Mcfadden Shaquonta Bostic Aytiya Scott	January 18	Lakeesha Gould Rhonda Huff Chandelier Walls
January 7	Patricia Gant Marqease Hilson	January 19	Kendra Griffin Keith Isaacs-Cambridge Jamisha Moody Chance Kelly
January 8	Delphenia Emory Nechelle Merriweather Theresa Newkirt	January 20	Paul Brock
January 9	Adrian Clifford Renate Nail Natasha Reid Marquis Williams Jhonesia Bunyon Tina Boswell	January 21	Sonjia Bush Ivey Holmes Cassandra Williams
January 10	Wilhemina Anthony	January 22	Ingrid Barker Kristal Holmes Alberta Wrice Albani Formey Lois Jane Gulley Myra L. Parrish
January 11	Latoya Mitchell	January 23	Valerie Ross Tihelia Hunter George Holland Jessie Hubbard
January 11	Johnnie Simmons Katresa Grissom	January 24	Lynda Benefield

More January Birthdays

January 25	Sonja Smith Steven Collins Janet Washington
January 26	Jewell Beard Jenelle Leggett Courtney Green Jacqueline Lewis
January 27	Castara Garnett Sharonda Logan Veronica Drayton Yvonne Singleton
January 28	Mary Lambert Veronica Simonton Teiaira Lawrence Laura Shields
January 29	Derrick Elam
January 30	Marsha King Julian Moffett, Sr. Jovan Pooser Fatemia Ruff Phyllis C. Zimmerman
January 31	Diane Boyd Joyce Ivey Cheyenne Lodge Madgelyn Polk Rachel Cowley

Don't forget your PPD!



NEXT BLOOD DRIVE
January 4th, 2017
 at the
Peach State Federal
Credit Union

Language Line Services

ECRH's Language Access Coordinator is Cindy White. The LAC ensures that both language and sensory impairment needs of the consumers and families of East Central Regional Hospital are addressed. Did you know that Spanish is the second most spoken language in the United States? East Central Regional Hospital has two certified staff that speak Spanish. The hospital contracts with Latin American Translators Network, Inc. (LATN) for interpreting services for both language and sensory impairment needs.

If you have a consumer or family that needs interpreting services please notify the Language Access Coordinator, Cindy White, at 706-792-7006 for assistance. After hours, contact the Admitting/Receiving staff at 706-792-7006 so that arrangements can be made for interpreting. You can also e-mail Cindy White at Cynthia.White@dbhdd.ga.gov.

The Notice of Free Interpretation Services should be posted in all public and consumer areas. Language Line services may be used in emergency cases or when you have an immediate need for interpreting. To access the language line, follow the instructions below:

When receiving a call:

1. Tell the Limited English speaker to please hold.
2. Press the "Tap" button on the phone.
3. Dial 9-1- (866) 874-3972.
4. Enter on the telephone keypad or provide to the representative the 6 digit Client ID below:
 - * 6-digit Client ID: **5 1 3 3 0 8**
 - * Press 1 for Spanish
 - * Press 2 for all other Languages (Speak the name of the language at the prompt) an interpreter will be connected to the call.

You may press 0 or stay on the line for assistance.

5. Brief the Interpreter. Summarize what you wish to accomplish and give any special instructions.
6. Press "Tap" button to connect the Limited English speaker.

When placing a call to a Limited English speaker, begin at Step 2 above.

When a Limited English speaking person is present in the workplace:

1. Use the Gold Language Identification Card showing the geographical region where you believe the limited speaker may come from. The message underneath each language says: "Point to your language. An Interpreter will be called. The interpreter is provided at no cost to you."
2. Refer to the Quick Reference Guide to access an interpreter through Language Line Services.
3. If unable to identify the language, the representative will help you.

For more information you may visit the Language Line Services website at www.language.com.

Note continued from page 16

Please take care of the individuals we serve by treating them with dignity and respect, and take a moment to say "thank you" to a co-worker/peer.

I wish you the best in the coming New Year and remember ... "Be kinder than necessary because everyone you meet is fighting some kind of battle."

Teresa Crouch
Incident Manager

Thanks to all who planned and attended Teresa Crouch's and my Retirement Celebration. It was wonderful. Thanks, too, for all of the gifts and kind words shared with me as I head into retirement. I will miss all of you.

Sincerely,
Skip Earnest

What's in a Month?

January is...

National Bath Safety Month
 National Blood Donor Month
 National Braille Literacy Month
 National Hobby Month
 Hot Tea Month
 National Oatmeal Month
 National Soup Month

And...

January 1

New Year's Day

January 2

Run Up the Flagpole and See if Anyone Salutes Day

January 3

Festival of Sleep Day

Fruitcake Toss Day

Humiliation Day

January 4

National Spaghetti Day

Trivia Day

January 5

National Bird Day

January 6

Bean Day

Cuddle Up Day

January 7

Old Rock Day

January 8

Bubble Bath Day

January 9

Play God Day

January 10

Houseplant Appreciation Day

Peculiar People Day

January 11

Step in a Puddle and Splash Your Friends Day

January 12

Feast of Fabulous Wild Men Day

National Pharmacist Day

January 13

International Skeptics Day

Make Your Dream Come True Day

January 14

Dress Up Your Pet Day

January 15

National Hat Day

January 16

National Nothing Day

Appreciate a Dragon Day

January 17

Ditch New Year's Resolutions Day

January 18

Martin Luther King, Jr. Birthday

Thesaurus Day

Winnie the Pooh Day

January 19

National Popcorn Day

January 20

National Buttercrunch Day

Penguin Awareness Day

January 21

Squirrel Appreciation Day

National Hugging Day

January 22

National Blonde Brownie Day

January 23

National Pie Day

National Handwriting Day

Measure Your Feet Day

January 24

Beer Can Appreciation Day

Compliment Day

January 25

Bubble Wrap Appreciation Day

Opposite Day

January 26

Spouse's Day

January 27

Chocolate Cake Day

Punch the Clock Day

January 28

Fun at Work Day

National Kazoo Day

January 29

National Puzzle Day

National Cornchip Day

January 30

National Insane Answering Message Day

January 31

Backward Day

Inspire Your Heart with Art Day

East Central Regional



DBHDD

Paul Brock Regional Hospital Administrator
Matt McCue Interim Associate Regional Hospital Administrator Gracewood
Dr. Jason Henle Dr. Sarita Sharma Dr. Terri Lawless Interim Clinical Directors
Mickie Collins Chief Operating Officer
Augusta Campus 3405 Mike Pagett Highway Augusta, Georgia 30906 Gracewood Campu100 Myrtle oulevard Gracewood, Georgia 30812
Kristen Moran Editor/Publisher
NOTICE Items for publication must be submitted in written form. The upcoming issue's deadline is January 6, 2017. All articles and notices submitted for publication in the East Central Regional Hospital Bulletin are subject to editorial discretion. Please contact the Bulletin editor if you have questions regarding editorial



Our Mission

The mission of East Central Regional Hospital is to provide safe, competent and compassionate services to persons with mental illness and/or developmental disabilities.

Our Vision

The vision of our Facility is to be a center of excellence in the provision of comprehensive, responsive and compassionate care for consumers and their families.

Our Values

East Central Regional Hospital is caring and therefore, responsive to our consumers, their families, stakeholders and our employees through commitment to our core values:

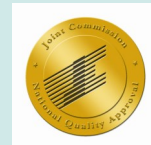
Integrity

Communication & Collaboration

Accountability

Recognition through Relationships

Empowerment through Excellence



Accredited
by
The Joint Commission

Campus Marquees

Deadline for submission of

FEBRUARY MESSAGES

January 23, 2017

Submit information to Kristen Moran

Gracewood Campus

kristen.moran@dbhdd.ga.gov

(Information must be submitted on or before the indicated date to be placed on Marquees for the following month)

DBHDD Vision and Mission

Vision

Easy access to high-quality care that leads to a life of recovery and independence for the people we serve



Mission

Leading an accountable and effective continuum of care to support Georgians with behavioral health challenges, and intellectual and developmental disabilities in a dynamic health care environment

Gracewood Post Office

Window Hours

M-F 9:30 am-12:30 pm

1:30 pm-4:30 pm

Sat 9:00 am-10:45 am



Visit the Gracewood Post Office today and ask Frank Deas about renting a Post Office Box!



ECRH Jobs List

For further information regarding these positions, please go to the DBHDD webpage at www.dbhddjobs.com.

[Activity Therapy Instructor - ECRH ADD ICF/MR Treatment Mall - 69363](#)

[Activity Therapy Leader - ECRH Camellia Unit - 69154](#)

[Activity Therapy Leader - ECRH Redbud Unit - 69235](#)

[Activity Therapy Supervisor - ICF/MR Treatment Mall - EC - 69675](#)
[Assistant Maintenance Director - Plant Operations - 68940](#)

[Automotive Mechanic - ECRH Plant Operations - 70743](#)

[Barber \(part-time, as needed\) - East Central Regional Hospital](#)

[Beautician \(part-time, as needed\) - East Central Regional Hospital](#)

[Behavioral Health Counselor - \(AMH Treatment Teams\) - 69858](#)

[Behavioral Health Counselor 3 - MH/DD Team Leader - 69222](#)

[Carpenter - 76890](#)

[Certified Nursing Assistant - Second Shift](#)

[Certified Nursing Assistant - Third Shift](#)

[Client Support Worker \(Houseparent * Part-time 3rd shift * No Benefits\) - 194835](#)

[Clinical Dietitian - AMH Treatment Team - 70120](#)

[CNA 2 \(Lead\) - 3rd shift - Gracewood Campus](#)

[CNA Health Aide Shift Supervisor \(SNF\)](#)

[Craftsman - Park Operations - 76900](#)

[Custodial Service Worker - Part-time Hourly Housekeeping - 70678](#)

[Custodial Services Worker \(part-time, up to 29hrs\) - ECRH Laundry - 70361](#)

[Custodial Services Worker \(up to 29hrs\) - ECRH Laundry - 151853](#)

[Custodial Services Worker \(up to 29hrs\) - ECRH Laundry - 70360](#)

[Dental Worker - ECRH - 69076](#)

[Director of Clinical Information Systems](#)

[Electrician](#)

[Food Service Manager - ECRH Dietary Services \(Augusta Campus\) - 70052](#)

[Food Service Operation Worker - ECRH](#)

[Groundskeeper 1](#)

[Health Service Technician - General Mental Health 2nd Shift - 200362](#)

[Health Service Technician - General Mental Health 3rd Shift - 76569](#)

[Health Service Technician - Redbud - 2nd Shift - 69378](#)

[Health Service Technician - Redbud - 3rd Shift - 69905](#)

[Health Service Technician 1 - Adult Mental Health - 1st Shift](#)

[Health Service Technician 1 - Adult Mental Health - 2nd Shift](#)

[Health Service Technician 1 - Forensic Inpatient 1 - 69391](#)

[Health Service Technician 1 - General Mental Health 1st Shift - 194967](#)

[Health Service Technician 2 - Forensic Inpatient 1 - 76522](#)

[Health Services Technician 2 \(Lead\) - 2nd shift - Gracewood Campus](#)

[Health Services Technician 2 \(Lead\) - 3rd shift - Gracewood Campus](#)

[Housekeeper - ECRH](#)

[Housekeeping Team Leader - 1st shift - Gracewood - 70182](#)

[Human Resources - Benefits and Leave Specialist](#)

[Incident Manager - ECRH Risk/Incident Management - 68856](#)

[Instructor 1 - Intermediate Care Facility/MR Treatment Mall - 69061](#)

[Laundry Worker - 69935](#)

[Licensed Nursing Home Administrator - Skilled Nursing Facility - East Central Regional Hospital](#)

[LPN - Gen Mental Hlth](#)

[LPN - Hourly - ECRH Camellia](#)

[LPN - Infection Control - ECRH 8am-5pm](#)

[Maintenance Worker - Plant Operations](#)

[Maintenance Worker Parttime Hourly - Plant Operations/Groundskeeping - 6593](#)

[Maintenance Worker Parttime Hourly - Plant Operations/Groundskeeping - 7590](#)

[Mental Health Counselor - ICF/MR Treatment Teams - 178358](#)

[Mental Health Counselor - SNF Treatment Teams - 68906](#)

[Mental Health Team Leader - ECRH ICF/IID - 69233](#)

[Nurse Manager \(Inpatient\) - Redbud Nursing - 69863](#)

[Nurse Manager - Inpatient \(ECRH - Redbud\)](#)

[Pharmacy Tech - Full-time Days - 76663](#)

[Plumber - ECRH Plant Operations - 70755](#)

[Program Assistant \(secretarial\) - Safety and Emergency Management - 70721](#)

[Program Assistant - ECRH - Redbud - 69437](#)

[Program Assistant - Redbud - 69688](#)

[Program Associate \(administrative\) - ECRH Hospital Security - 70801](#)

[Recruiter](#)

[Registered Nurse - FT 2nd Shift - Camellia SNF - 69491](#)

[Registered Nurse - GMH Part-time Hourly - 77005](#)

[Registered Nurse - Part-time Hourly - 70282](#)

[Registered Nurse - Part-time Hourly 2nd Shift - AMH -163327](#)

[Service Director / RN](#)

[Shift Supervisor - ECRH Forensics - 3rd shift - 198731](#)

[Shift Supervisor - ECRH General Mental Health - 3rd shift - 198729](#)

[Shift Supervisor - Redbud - 1st Shift - 69288](#)

[Social Worker, Licensed - 198540](#)

[Social Worker, Licensed - ICF/MR Treatment Teams - 69315](#)

[Social Worker, Licensed ICF/MR Treatment Teams - 69862](#)

[Social Worker, NonLicensed - ECRH AMH Treatment Team - 194983](#)

[Social Worker, NonLicensed - SNF Treatment Team - 69966](#)

[Steam Plant Operator](#)

[Storekeeper \(Warehouse\) - 70033](#)

[Training Coordinator 1 - HR Development - 68858](#)

[Training Coordinator 2 - ECRH HR Development - 76422](#)

[Training Specialist - HR Development - 69791](#)

[Training Specialist - HR Development - ECRH - 76427](#)

Everyone has a story.



Lisa needed a car but was facing some challenges... Peach State helped her get back on her feet with a Fresh Start Auto Loan!



Read Lisa's story
and share your own at
[www.PeachStateFCUStories.coop!](http://www.PeachStateFCUStories.coop)