



*Georgia Department of*  
**Behavioral Health & Developmental Disabilities**

# ECRH Bulletin

VOLUME 12, ISSUE 4

AUGUST 31, 2015

East Central Regional Hospital

**Special points of interest:**

- *Community Reintegration*
- *Work Therapy*
- *Blood Drive Honor Roll*
- *What's in a Month*
- *CIH T-Shirts*
- *Out & About*

*"There are only two days that nothing can be done. One is called yesterday and the other is called tomorrow. Today is the right day to love, believe, do, and mostly live."*

**Dali Lama XIV**

.....  
**Inside this issue:**

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September Birthdays	15,16

**From the Desk of the RHA - Paul Brock**



*It was an honor to have had the opportunity to participate in the Faithful Service Awards Program that was held July 29-30. A total of 73 employees on the Gracewood and Augusta Campuses were recognized for the valuable services they have provided to the individuals we serve in Region 2 and ECRH. Annually, this state wide program will recognize approximately 13,000 state employees, beginning with five years of service and every five years thereafter.*

*I felt great pride to be gathered together with a group of employees that have demonstrated such loyalty and dedicated service. We can only achieve our vision and mission through faithful and committed humanitarian employees which each one of these employees exemplify. Only through this type of commitment can we ensure individuals the ease of access to a continuum of care, high quality, and compassionate services in an environment that protects the health and safety of everyone. Each one of these employees is helping to ensure and promote a life of independence and recovery for the individuals we serve.*

*With sincere appreciation, I again want to thank each one of you for your devoted and faithful service to DBHDD, ECRH, and the citizens of Georgia. Thank you!*

*Sincerely,  
 Paul Brock*

**Tidbits of ECRH History**

Lately, a lot has been reported in the local news media about JAMES BROWN, "The Godfather of Soul", and the enhancement of his statue on Broad Street and the wonderful display in the Augusta Museum of History on Reynolds Street. James Brown was caring and kind and here's a story that ECRH folks can be proud of.

On February 8, 1993, thirty-six Gracewood clients decked out in their "party best", with their escorts, attended Unit 5/9's annual Valentine Banquet at the Sheraton Hotel. James Brown and company were also dining at the Sheraton. Hearing that Gracewood clients were in the next room, Mr. Brown and the band, THE AMAZING STRANDERS, joined the Gracewood party and treated the audience to a rousing rendition of "I FEEL GOOD". Mr. Brown's entourage had to pull him from the room, as he "made rounds" to greet each client personally. What an evening!

Thanks to Skip Earnest for this interesting TIDBIT!

**Contributed by Brian Mulherin**

## New Employees



**Front Row (L-R):** Ariel Harris, Housekeeper; Shirley Solomon, LPN; Gloria Zimmerman, CNA; Mary Vann, Client Support Worker

**Back Row (L-R):** Melissa Robinson, CNA; Leroy Jenkins, HST

**Front Row (L-R):** Britney Hearn, CNA; Tyesha Boone, Housekeeper; Kimberly Evans, Food Service Worker; Priscilla Frederick, HST

**Back Row (L-R):** Rodriegus Gardner, Staff Development Training Coordinator; Tracy Hamilton, Program Assistant; Karen Ackerman, LPN; Ikea Williams, HST



**Front Row (L-R):** Candace Hall, HST; Charlotte McQueen, CNA; Starr Jordan, HST; LaTanya Johnson, LPN

**Back Row (L-R):** Ronald Nurse, HST; Norman Hill, RN; Robert Stolf, Groundskeeper; Stuart Waller, Groundskeeper



**Front Row (L-R):** Clinton Terry, HST; Bik Yee Wong, RN; Jennie Maxwell, Pharmacy Worker; Freda Todd, HST

**Back Row (L-R):** Melissa Kaufman, PHCW; William Moon, Food Service Worker; Vivian Drenth, LPN; Daniella Rollen, Food Service Worker



# Welcome!

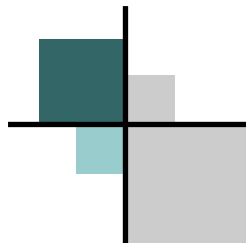
**Monday, September 7, 2015**

**is a State Holiday**

**Labor Day**



**HR Partners**



**Human Resources Department  
ECRH**  
 Main Office Telephone Number- 706-792-7177  
 Main Office Fax Number 706-792-7328  
 Office: Gracewood Campus Building 103-A



**ECRH Human Resources Team  
Doug Fine - HR Manager**

**Elaine Biley - HR Generalist/Operations Manager-** Oversees HR Operations, Payroll/Kronos, and Personnel Records Management. Assist with Leave-keeping Issues/ Audits, Benefits, Management Training, Workers' Compensation program and Special Projects

**Rhonda Vivor - Employee Relations Specialist-** Coordinates Employee Relations including : employee/ manager issues and concerns, HR Investigations, Grievances, Unemployment, Performance Management , Management Training and EAP information, oversees criminal background process.

**Carsha Mumpfield - Recruiter-** Oversees the local Recruitment Process: Maintains/updates job vacancy website. Coordinates Resume Review, Phone Screens, Reference Checks, Selection/New Hire Processing, HR Training, and supports Criminal Background Process

**Brenda Fedrick - Benefits and Leave Coordinator-** Coordinates and assists with: Employee Benefits, Leave of Absences (LOA), Family and Medical Leave (FMLA), Retirement, HR Training

**Bonita Wilson - Benefits and Leave Coordinator-** Coordinates and assists with: Employee Benefits, Leave of Absences (LOA), Family and Medical Leave (FMLA), Retirement, HR Training

**Melanie Harris - Recruitment Technician-** Coordinates and assists with: Selection/New Hire Processing, Hire Packet Processing Pre-Employment Processing and HR Training. Assists and supports the Recruiter as a back-up as needed. Facilitates Criminal Background Check Process

**Dameka Garner - HR Transactions and Payroll Specialist-** Coordinates Payroll and Transactions, Kronos, HR Training, Performs audits and special projects.

**Nadine Williams - HR Transactions and Payroll Specialist-** Coordinates Payroll and Transactions, Kronos, HR Training, Performs audits and special projects.

**Jassica Speer-Cater - HR Assistant-** Manages the HR Front Desk/Lobby Area, Assistant to the HR Team and HR Manager, Faithful Service Awards.

**Sharyle Courtney-Garrett - HR Assistant-** Random Drug Screening Coordinator, Salary Analyses, Critical Hires Verifications, Position Management, PeopleSoft Queries, Faithful Service Awards support, HR Training Class Registrations, Primary backup team member at the Front Office.

## Performance Improvement

### West Central Regional Hospital Observation Visit at East Central Regional Hospital

**Purpose:** West Central Regional Hospital-Columbus visited ECRH to observe the active treatment programs of our dual-diagnosed individuals. Their QM P.I. Coordinator, Heather Smith, was a part of the audit team during the Gracewood IJ POC and was impressed with the programming and therefore wanted to bring a P.I. team to observe, in order to gain ideas. The West Central team was escorted by Amber Franklin-Lacey, QM PI Coordinator during the visit.

#### **West Central Regional Hospital Attendees:**

Heather Smith, PI Coordinator

Amber Hart, PSR Clinician

Valerie Lake, PSR Facilitator

Litoshia Conner, LPNS



#### **Agenda**

<b>9:00am</b>	Arrived at Gracewood Administration Building 8-Quality Management Dept.
<b>9:15am</b>	Traveled to Augusta Campus
<b>9:30am-10:30am</b>	Work Therapy Observation: Tiffany Snow
<b>10:35am-11:30am</b>	Phoenix Center Observation (Life Skills): Tonya Holmes
<b>11:45am-12:45pm</b>	Lunch
<b>1:00pm</b>	Community Reintegration Program: Tiffany Snow, Dr. Rollock, Bianca McIntosh
<b>2:00pm</b>	Q&A
<b>2:30pm</b>	Departed to West Central



## Community Reintegration Program - Augusta Campus

The Community Reintegration Program initiative continues to grow and provide opportunities and support to individuals on multiple units. Staff from various disciplines collaborate to implement Recovery-oriented Cognitive Therapy approaches, as learned through the Beck Initiative, through off-campus outing experiences. There is now a planning meeting held every Monday at 3:30pm in Building #13 for staff interested in being a part of this initiative. Please contact us if you are interested in being a part of the weekly planning.

### **Upcoming Community Reintegration outings include:**

8/26/15 – Greenjackets game [GMH and Forensic II]

8/27/15 – Faith Food Factory food sorting for Golden Harvest [GMH and Forensics] – *2 pictures of last month's outing below*

9/12/15 – Recovery Rally at Augusta Common-flyer attached [any unit] – *Flyer on Page 20*

9/18/15 – Arts in the Heart [any unit]

You may contact Bianca McIntosh, Dr. Michael Rollock, or Tiffany Snow for information about referring individuals to the Community Reintegration Program or how to implement these approaches.



## Work Therapy - Augusta Campus

The Work Therapy Program on the Augusta Campus had made revisions to group's schedules in order to incorporate a variety of groups at the beginning of the last quarter. This was done through wonderful recommendations and ideas of the Work Therapists, Demerital McNeil and Bill Carter, and all of the Work Therapy Instructors. As a result of this team effort, several Work Therapy Instructors have been working diligently to incorporate more hands-on approaches in the Job Skills, Career Exploration, and Hobbies groups within the Work Therapy Program.

Instructor Christopher Hawes has successfully implemented the new Job Skills group, where he has been able to assist a number of individuals in creating cover letters and resumes. He has also begun to incorporate the hands-on experience of using of the computer to further assist individuals with job-seeking skills.

The Hobbies group has begun exploring cooking as a hobby, in addition to a variety of craft activities. Instructor Elizabeth Schoultz got creative in incorporating the expressed interests of the individuals in the group in a hands-on way. So, individuals were able to make and enjoy a delicious pudding dessert during one group.

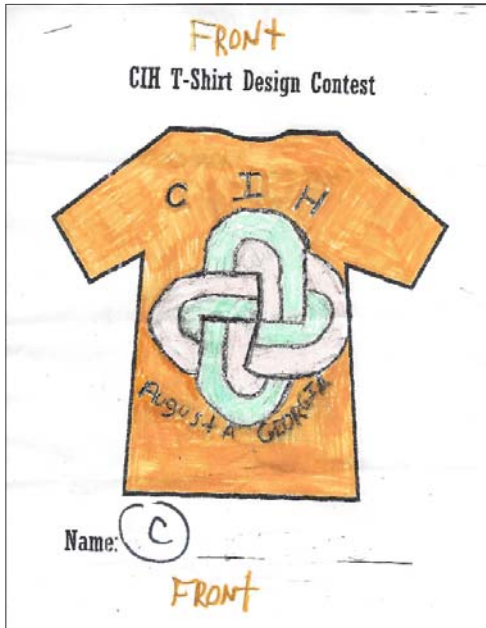


Individuals in the Career Exploration group have expressed an interest in learning about various equipment. Instructors John Sapp and Darryl Rowe have incorporated various hands-on experiences to include operating and properly maintaining equipment.

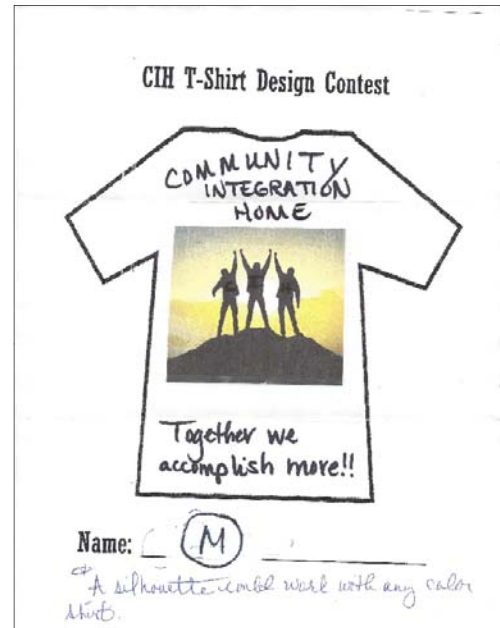
## Community Integration Home

We had our first ever CIH T-shirt design contest...with designs submitted by both residents and staff. We had lots of great creations. Five volunteers from around the community were the judges.

The residents will be given a T-shirt. Staff will have the opportunity to purchase one, if they would like one.



Tony Washington's logo won "Most Creative Logo"...it is an "interlocking piece coming together as one."



The winning design was from our staff member, Latesha Moore. Her idea was developed into an official design.

<b>URGENT: PROOF APPROVAL NEEDED</b>			Proof #:	Page:	Order By:
			1	1	10/01
<small>Call Us: CIH Order #: 72857 Artist: Latesha Moore Email: A1132@communityintegration.com</small>					
Please reply with approval or changes to continue production. Your order is on HOLD until approved. Colors may appear slightly different from computer to computer than on final product.					
<small>Item order in box:</small> 	<small>Item specific description area:</small> <b>FULL FRONT</b>	<small>Item specific color area:</small> BLACK	<small>Total quantity:</small> APPROX. 25	<small>Item art size in:</small> 20 <small>(Blackletter art size for every 20 items ordered. See 848 Notes)</small>	

Final winning design!

## Forms Update

Form Number	Title of Form	Comment
ADM516	Leave Request Form (Rev. 8-15)	
CLN105	Primary Contact (7-15)	
CLN123A	Daily Vital Signs Record (7-15)	
CLN909	Stat Medication Intervention for Psychiatric Symptoms (Rev. 8-15)	
DD650	QIDP Review Progress Note (8-15)	
<b>Obsolete</b>		
ADM449	D.W. Oellerich Recreation Area Registration	Obsolete from Everyone Drive. Form is now in Policy Stat 03-260 – DW Oellerich Memorial park at Clarks Hill.
ADM450	D.W. Oellerich Park Outside Group Agreement	Obsolete from Everyone Drive. Form is now in Policy Stat 03-260 – DW Oellerich Memorial park at Clarks Hill.
HR Form	I-9	Obsolete from Everyone Drive. Located in Policy Stat 22-501 Employee Orientation Attachment A
<p><b>Please destroy all blank forms on hand when form is revised or becomes obsolete.</b></p> <p><b>PLEASE destroy all blank forms with GSSH or old GRHA MH numbers on them!!!</b></p>		

### ECRH Incident Management Hotline Procedure

The purpose of this Hotline is to establish an alternate means of reporting incidents in a timely manner. The Hotline is to be utilized by any employee, contractor, family member, visitor and volunteer that may feel uncomfortable reporting an incident or allegation of abuse, exploitation or neglect in person. This is an **alternate** reporting system and by no means replaces the current protocol outlined in the Incident Management Policy.

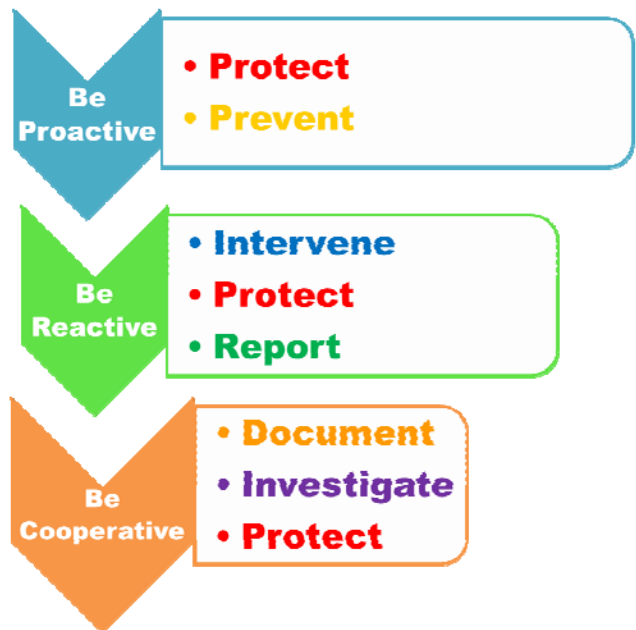
Hotline Number:  
(706) 945-7150



**PRIDE IN PLACE - It Starts with Me**

"If you change the way you look at things, the things you look at change." - Wayne Dyer

#### Our Role in Protecting Our Individuals from Harm



## **Infection Control - Contact Lens Health Week**

"Good vision contributes to overall well-being and independence for people of all ages, so it's important not to cut corners on healthy contact lens wear and care," says CDC Medical Epidemiologist Jennifer Cope, M.D., M.P.H. "We are finding that many wearers are unclear about how to properly wear and care for contact lenses."

August 24 through 28, 2015, marked the second annual Contact Lens Health Week. To celebrate the week, CDC promoted its campaign for contact lens and eye health, developed in collaboration with doctors, public health, eye care industry, and regulatory partners. By focusing attention on good contact lens hygiene steps, CDC hoped to help reduce the risk of eye infections and complications in people who wear contacts.

Almost all of the 41 million estimated contact lens wearers in the United States may be engaging in at least one behavior known to increase their risk of eye infections, according to a report published today by the Centers for Disease Control and Prevention. Nearly one-third of contact lens wearers who participated in a national survey reported going to the doctor for red or painful eyes related to wearing contact lenses.

More than 99 percent of survey respondents reported at least one risky behavior. The majority of wearers reported:

- Keeping their contact lens cases for longer than recommended (82.3 percent);
- "Topping off" solution in the case—adding new solution to the existing solution instead of emptying the case out fully before adding new solution (55.1 percent); or
- Wearing their lenses while sleeping (50.2 percent).

To prevent eye infections, contact lens wearers should:

- Wash hands with soap and water and dry them well before touching contact lenses;
- Take contacts out before sleeping, showering or swimming;
- Rub and rinse contacts in disinfecting solution each time they remove them;
- Rub and rinse the case with contact lens solution, dry with a clean tissue and store it upside down with the caps off after each use;
- Replace contact lens cases at least once every three months;
- Avoid "topping off" solution in lens case (adding fresh solution to old solution); and
- Carry a backup pair of glasses in case contact lenses have to be taken out.

For more information on preventing eye infections and proper contact lens wear, please visit: [www.cdc.gov/contactlenses](http://www.cdc.gov/contactlenses).





## Safety Shop



## When Thunder Roars, Go Indoors!

### Lightning: What You Need to Know

- **NO PLACE** outside is safe when thunderstorms are in the area!!
- If you hear thunder, lightning is close enough to strike you.
- When you hear thunder, immediately move to safe shelter: a substantial building with electricity or plumbing or an enclosed, metal-topped vehicle with windows up.
- Stay in safe shelter at least 30 minutes after you hear the last sound of thunder.

### Indoor Lightning Safety

- Stay off corded phones, computers and other electrical equipment that put you in direct contact with electricity.
- Avoid plumbing, including sinks, baths and faucets.
- Stay away from windows and doors, and stay off porches.
- Do not lie on concrete floors, and do not lean against concrete walls.

### Last Resort Outdoor Risk Reduction Tips

If you are caught outside **with no safe shelter anywhere nearby** the following actions may reduce your risk:

- Immediately get off elevated areas such as hills, mountain ridges or peaks
- Never lie flat on the ground
- Never shelter under an isolated tree
- Never use a cliff or rocky overhang for shelter
- Immediately get out and away from ponds, lakes and other bodies of water
- Stay away from objects that conduct electricity (barbed wire fences, power lines, windmills, etc.)

**HELP ME HELP YOU** make ECRH a safe place for our individuals, visitors, and staff. For safety related issues, contact Kenneth Hillman at 790-2400.

## Occupational Health - Cataracts

**What Causes Cataracts:** The eye functions much like a camera. Light rays enter the eye, passing through the cornea, the aqueous humor -- transparent fluid in the front of the eye -- and then the pupil and into the lens. The lens bends the light rays to focus objects onto the retina lining the back of the eye. From there, the image passes through the retinal cells, into the optic nerve, and finally to the back of the brain which process the images. Cataracts occur when there is a buildup of protein in the lens that makes it cloudy. This prevents light from passing clearly through the lens, causing some loss of vision. Since new lens cells form on the outside of the lens, all the older cells are compacted into the center of the lens resulting in the cataract. Other factors that can increase a person's risk of developing cataracts include cigarette smoke, air pollution, and heavy alcohol consumption.



Types of cataracts include: Age-related, Congenital, Secondary, and Traumatic.

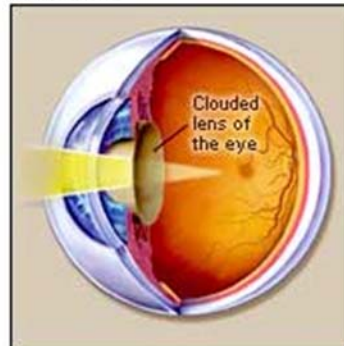
**What Are the Symptoms of Cataracts:** Cataracts usually form slowly and cause few symptoms until they noticeably block light. When symptoms are present, they can include: vision that is cloudy, blurry, foggy, or filmy; progressive nearsightedness in older people; changes in the way you see color because the discolored lens acts as a filter; problems driving at night such as glare from oncoming headlights; problems from glare during the day; double vision; and sudden changes in glasses prescription.

**How Are Cataracts Diagnosed:** An eye exam will be given to test how well you can see (remember to bring your glasses or wear your contacts to the appointment). Your doctor will also dilate your pupil in order to examine the condition of the lens and other parts of the eye.

**How Are Cataracts Treated:** If your vision can be corrected to an acceptable level with a change in prescription, eyeglasses, including bifocals or contacts, may be prescribed, eliminating the need for surgery at that time. If your vision loss cannot be corrected with new glasses and cataracts interfere with your daily life, you may be a candidate for cataract surgery, which involves removing the clouded lens and replacing it with a clear, artificial one. Cataract surgery is usually conducted on an outpatient basis and is very successful in restoring vision. It is the most frequently performed surgery in the U.S. Better than nine out of 10 people who have cataract surgery have improvement in vision. Talk to your doctor to see which treatment is right for you.

**Can Cataracts Be Prevented:** Because the exact cause of cataracts is uncertain, there is no proven method of preventing them. Because cataracts and other conditions such as glaucoma are common in older adults, it's important to have your eyes examined on a regular basis. This is particularly important if you have risk factors or a family history of eye problems. Adults should see an eye doctor at least every two years and annually after age 50. People with a history of eye problems or other medical conditions that increase the risk of eye disease -- such as diabetes -- may need eye exams more frequently. Be sure to ask your doctor if you have any risk factors or indications that cataracts or other conditions may affect your vision.

Cataract



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Information Taken From: WebMD

## Training at a Glance - September

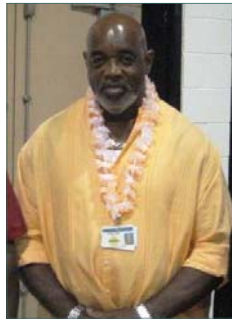
Class	Date	Time	Place
NEO Principles of Recovery	9/1/2015	9:30 a.m.-10:30 a.m.	BLDG 103-D E&R
NEO PBS Training	9/1/2015	8:00 a.m.-4:30 p.m.	BLDG 20 Gracewood
Updated Safety Care Level #2	9/1/2015 9/2/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
EMR Nursing	9/1/2015	8:00 a.m.-1:30 p.m.	BLDG 103-C Room C-18
CPRC	9/1/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
NEO Infection Control and Prevention+ Handwashing	9/2/2015	9:00 a.m.-10:30 a.m.	BLDG 103-D E&R
CPRA	9/2/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
First Aid	9/2/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Lab
Ostomy DD Training	9/2/2015	8:00 a.m.-10:00 a.m.	BLDG 103-C Lab
Infection Control and Prevention+ Handwashing	9/3/2015	1:00 p.m.-2:30 p.m.	BLDG 103-C Room C-23
NEO Safety Care Level #1	9/3/2015 9/4/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99F
NEO Safety Care Level #2	9/3/2015 9/4/2015 9/8/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
Updated PNS Professional	9/4/2015	9:00 a.m.-11:00 a.m.	BLDG 103-C Lab
Updated Seizure Management	9/4/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C Room C-23
First Aid	9/4/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C ROOM C-23
CPRA	9/4/2015	1:00 p.m.-4:30 p.m.	BLDG 103-C Lab
Updated Seizure Management	9/8/2015	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-C ROOM C-23
Updated PNS End User	9/8/2015	8:00 a.m.-9:00 a.m. 9:00 a.m.-10:00 a.m. 10:00 a.m.-11:00 a.m.	BLDG 103-D E&R
Safety Care Level #2	9/8/2015 9/9/2015 9/10/2015	12:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99L
Comprehensive Contraband	9/9/2015	7:30 a.m.-9:30 a.m. 9:30 a.m.-11:30 a.m.	BLDG 103-D E&R
Updated PNS Professional	9/9/2015	1:00 p.m.-3:00 p.m.	BLDG 103-C Lab
NEO CPRA	9/9/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
NEO CPRC	9/9/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab

## Training at a Glance - September

Class	Date	Time	Place
NEO First Aid	9/9/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
MH-Updated Incident Management	9/10/2015	8:00 a.m.-9:30 a.m.	BLDG 103-C Lab
Comprehensive Contraband	9/10/2015	1:00 p.m.-3:00 p.m. 3:00 p.m.-5:00 p.m.	BLDG 103-C ROOM C-23
Updated Safety Care Level #2	9/10/2015 9/11/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
NEO Medical Emergency Response System	9/10/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
NEO Seizure Management	9/10/2015	12:30 p.m.-2:30 p.m.	BLDG 103-D E&R
CPRA	9/10/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
First Aid	9/10/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Lab
Infection Control and Prevention+ Handwashing	9/11/2015	1:00 p.m.-2:30 p.m.	BLDG 103-C Room C-23
CPRC	9/11/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
Updated PNS Professional	9/11/2015	8:00 a.m.-10:00 a.m. 10:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO Observation of Individual to Ensure Safety	9/11/2015	8:00 a.m.-10:30 a.m.	BLDG 103-D E&R
NEO Seclusion and Restraint	9/11/2015	1:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated Safety Care Level #2 (Weekend)	9/12/2015 9/13/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
Updated Safety Care Level #2	9/14/2015 9/15/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
Infection Control and Prevention+ Handwashing	9/14/2015	9:00 a.m.-10:30 a.m.	BLDG 103-C Room C-23
MH-Updated Incident Management	9/14/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C C-23
Updated PNS End User	9/14/2015	8:00 a.m.-9:00 a.m. 9:00 a.m.-10:00 a.m. 10:00 a.m.-11:00 a.m.	BLDG 103-C Lab
NEO Therapeutic Incentive Pro- gram	9/14/2015	8:30 a.m.-10:00 a.m.	BLDG 103-D E&R
NEO PNS Professional	9/15/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO PNS End User	9/15/2015	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Safety Care Level #2	9/15//2015 9/16/2015 9/17/2015	12:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99L

Out & About

# Augusta Campus Hawaiian Party



Working on the boilers at the Steam Plant.



Getting those pesky steam leaks fixed.



Putting in a new ramp at Building 76.



Progress continues on the new parking lot at AMH.



Excellent response to a couple of recent Code Blue calls.



Out & About

# ECRH Gracewood Talent Show



## Blood Drive Honor Roll



Our recent Blood Drive was quite impressive!!! We had 18 presenting to donate and 14 who were able to give the gift of life. Your efforts and selflessness resulted in the saving of up to 42 local lives! Our next drive is scheduled for October 2nd, so make plans to come on out and help at this worthy event. Thanks for your continued support of this program.

**LOUISA M SENNETT  
ERIC A TURNER  
VICTORIA THURMOND  
FELICIA MITCHELL  
KRISTEN BURDETT  
SHANNON LARISCY**

**KELLY J ZIPPERER  
KATHERINE GRIFFIN  
BREEA L GRIFFIN  
WILLIE R SCOTT  
QUINTESSA D WILCOX  
WANDA J BOONE**

**SUSIE M MOSLEY  
MARILYN M MURDAUGH  
LATASHA T MENDENHALL  
TERESSA D TAYLOR  
SHANTEL J JONES  
PAMELA V JOHNSON**

## September Birthdays

September 1	Tineka Charene Booker Paula Ann Bostwick Decnices Caldwell Pamela Patrice Wimberly
September 2	Dorian A. Brown-Sibert Franshon S. Hollis Mary K. May James L. Ross Wilbert Wilson, Jr. Thomas W. Wood
September 3	Clyde Dennis Davis
September 4	Brenda Ann Boyd Loretta K. Heard Christine Nelson
September 5	Sylena D. Johnson Fredericka Smith Gloria Jean Williams
September 6	Mozella Flournoy Bobbie J. Lester Carsunya L. Smith
September 7	Allen Onesimus Cook Cynthia Bass Kucela Pierre Senat Joseph F. Sharp Natasha M. Whiten Mia D. Williams
September 10	Karen G. Butler Shannon G. Lariscy
September 11	Rosalind D. Carson Douglas J. Fine Deahnauyndrea Griffin
September 12	Joyce G. Cox Loretty Leona Edwards Farzana S. Hussaini Crystal M. Jenkins Charles E. Kelly Kevvin Lewis Darnell Martin
September 13	Julia Davis

September 13	Lora Engelberg Patina Eileen Hillman Joann L. Madden Shasta E. Madden
September 14	Mary A. Gardenhire Turkessa L. Robinson
September 15	Breea Lashon Griffin Delicia Holmes Larry Mitchell Christopher R. Nesbitt Tasanya Ross Sondra Lavern Williams
September 16	Theresa Rochelle Cooper Lesley Retae Crawford Vilma M. Koontz Tammie S. Martin Cassie L. Riner Stephanie R. Sturgis Demetrice I. Washington
September 17	Agnes Doyle Lisa Gail Folsom Tracy Jordan Freeman Marqueze D. Garmon Shameka Lachelle Henderson Robin Lee Brittany L. Marks David R. Westmark
September 18	Belita D. Lafavor Gregory D. Roberts, Jr. Rosa Anita Walters
September 19	Nancy E. Jones Sarah Jane Whinghter
September 20	Kimberly L. Harris Arleen Jackson Diana Renee Jackson Carolyn Lawson Fredericka J. Murray
September 21	Teresa Ann Baldy Leroy Allen Dontrell Jenkins II

## More September Birthdays

September 21	Pamela L. McCladdie Patricia A. Salter Cecile Stuart
September 22	Anthony B. Acree Latacia Campbell Vanessa Dunton John R. Esaw Darren B. Fraser Edrell K. Green Leanne M. Row Licheng Tian Hikair H. Wills
September 23	Steven L. Amos, Jr. Deon L. Blount Melanie Y. Reid Brenda J. Veasley
September 24	Tanya Y. Bryant Kassondra R. Hovde Kimberly M. Singley David W. Smith II Paul T. Toole Dianne B. Clark Olivia Joyce Mack
September 25	Laquawndria N. Cowart Louise Lowe
September 26	Glenn W. Aaron II Cindy Brown Chivonne K. Davis Danny Lee Gowers Shaina R. Johnson Melissa C. Simpkins
September 27	Christopher D. Barnes Rodney Hawkins Angela M. LeBlanc Gina K. Lyons Intisah S. Whitfield Helen L. Wright Cassandra Yvonne Ewing
September 28	Melissa K. Headen

September 28	Quenell D. Roberts Daniella J. Rollen
September 29	James J. Powell Toi L. Williamson Cyrus Emmanuel Veale
September 30	Debra Y. Barnes Sandra Jean Moss Katherine H. Riley Brittany L. Veasley

**Don't forget your PPD!**



**GIVE A HOOT, DON'T POLLUTE**



Many employees are throwing trash out of their cars onto the parking lots. Many are also missing the dumpsters. Trash is piling around the dumpsters, creating a rodent and snake problem. It also makes more work for our Housekeepers and/or Grounds Crew and leaves our hospital looking bad. Please clean up behind yourself and help keep our campuses beautiful. Take pride in where you work !



## Classifieds

**FOR SALE:** 2006 Nissan Sentra; Engine 1.8; 91000 miles ; First owner, Very Good Condition.  
Asking: \$ 3900. OBO  
Phone: 706-627-3762 ( call or text)



## Language Line Services

ECRH's Language Access Coordinator is Cindy White. The LAC ensures that both language and sensory impairment needs of the consumers and families of East Central Regional Hospital are addressed. Did you know that Spanish is the second most spoken language in the United States? East Central Regional Hospital has two certified staff that speak Spanish. The hospital contracts with Latin American Translators Network, Inc. (LATN) for interpreting services for both language and sensory impairment needs.

If you have a consumer or family that needs interpreting services please notify the Language Access Coordinator, Cindy White, at 706-792-7006 for assistance. After hours, contact the Admitting/Receiving staff at 706-792-7006 so that arrangements can be made for interpreting. You can also e-mail Cindy White at [Cynthia.White@dbhdd.ga.gov](mailto:Cynthia.White@dbhdd.ga.gov).

The Notice of Free Interpretation Services should be posted in all public and consumer areas. Language Line services may be used in emergency cases or when you have an immediate need for interpreting. To access the language line, follow the instructions below:

### **When receiving a call:**

1. Tell the Limited English speaker to please hold.
2. Press the "Tap" button on the phone.
3. Dial 9-1- (866) 874-3972.
4. Enter on the telephone keypad or provide to the representative the 6 digit Client ID below:
  - \* 6-digit Client ID: **5 1 3 3 0 8**
  - \* Press 1 for Spanish
  - \* Press 2 for all other Languages (Speak the name of the language at the prompt) an interpreter will be connected to the call.

***You may press 0 or stay on the line for assistance.***

5. Brief the Interpreter. Summarize what you wish to accomplish and give any special instructions.
6. Press "Tap" button to connect the Limited English speaker.

**When placing a call to a Limited English speaker, begin at Step 2 above.**

### **When a Limited English speaking person is present in the workplace:**

1. Use the Gold Language Identification Card showing the geographical region where you believe the limited speaker may come from. The message underneath each language says: "Point to your language. An Interpreter will be called. The interpreter is provided at no cost to you."
2. Refer to the Quick Reference Guide to access an interpreter through Language Line Services.
3. If unable to identify the language, the representative will help you.

**For more information you may visit the Language Line Services website at [www.language.com](http://www.language.com).**

**Gracewood Post Office**

**New Window Hours**

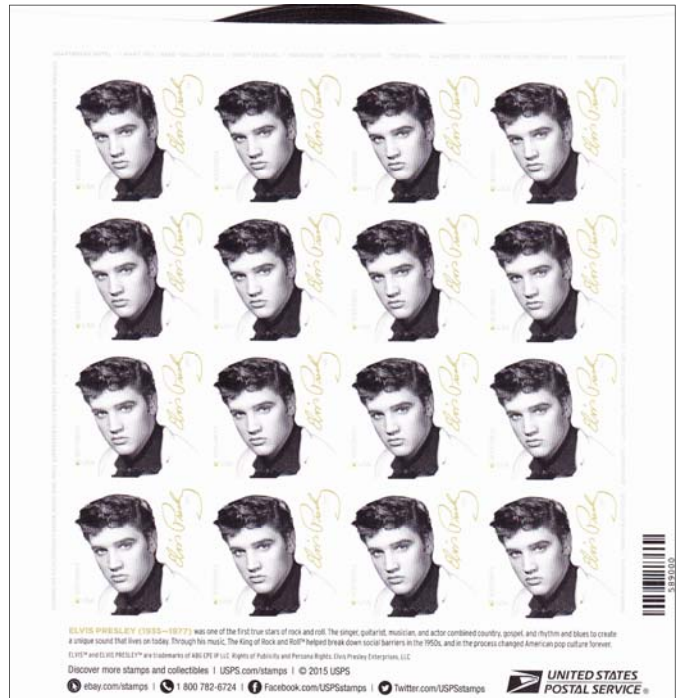
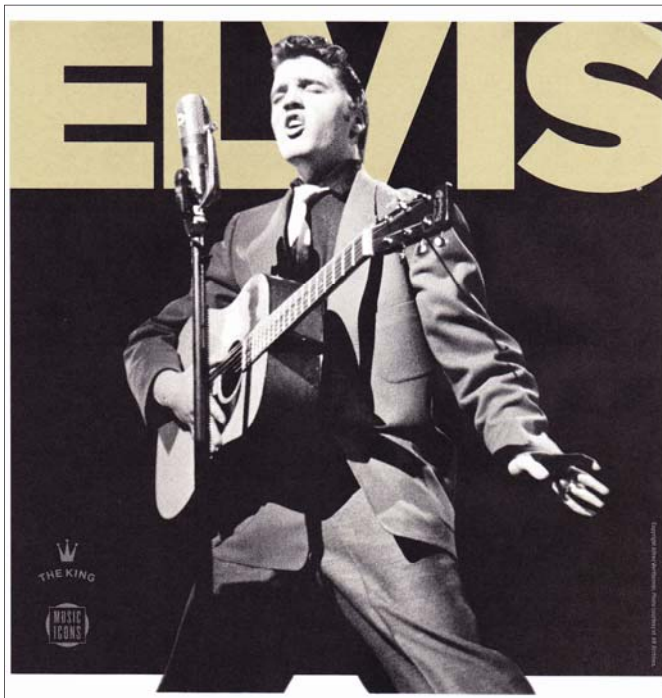
**M-F 9:00 am-12:00 noon**

**1:30 pm-4:30 pm**

**Sat 9:00 am-10:45 am**



**Visit the Gracewood Post Office today and ask Frank Deas about renting a Post Office Box!**



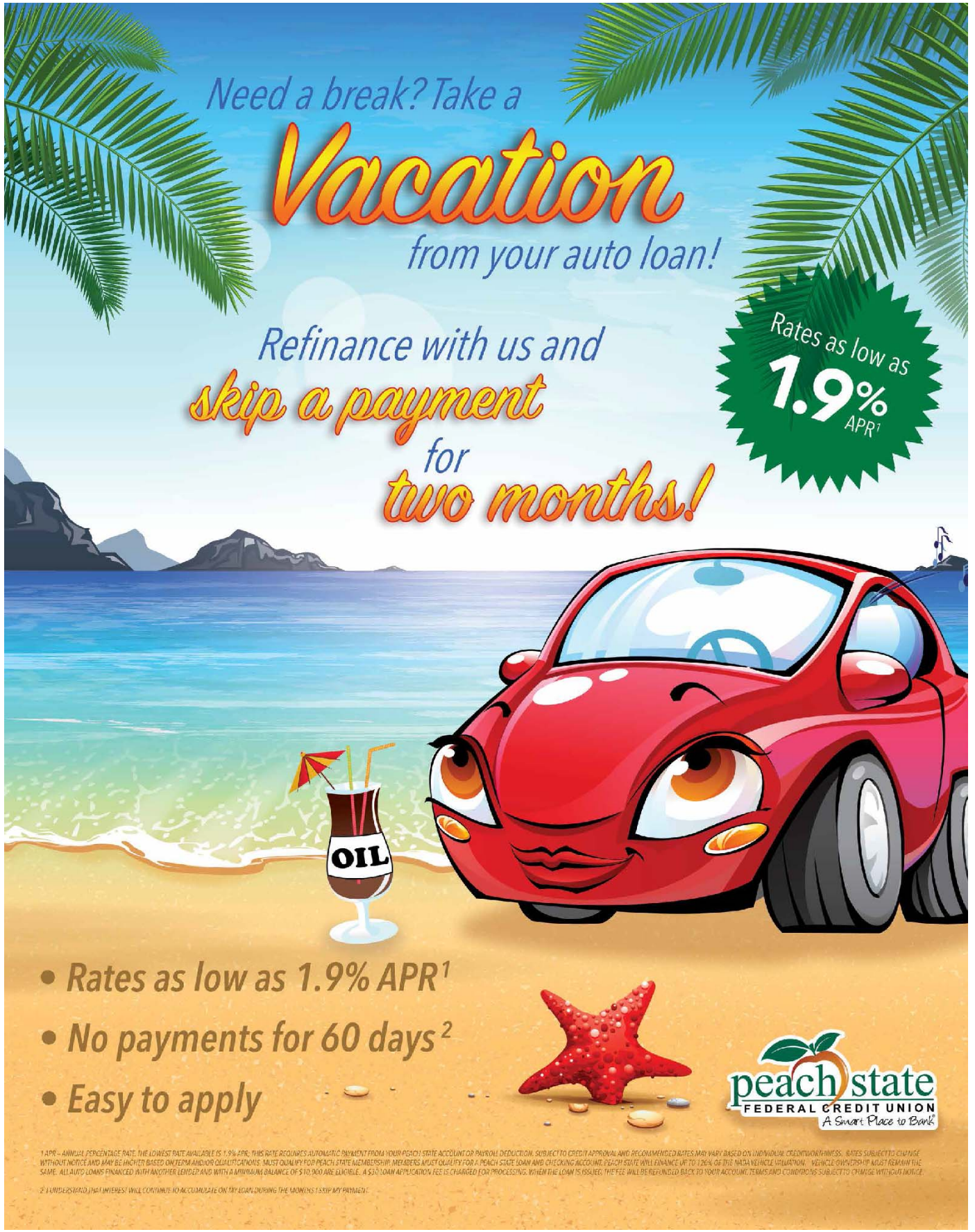
Need a break? Take a

# Vacation

from your auto loan!

Refinance with us and  
*skip a payment*  
for  
*two months!*

Rates as low as  
**1.9%**  
APR<sup>1</sup>



- Rates as low as 1.9% APR<sup>1</sup>
- No payments for 60 days<sup>2</sup>
- Easy to apply



<sup>1</sup> APR - ANNUAL PERCENTAGE RATE. THE LOWEST RATE AVAILABLE IS 1.9% APR. THIS RATE REQUIRES AUTOMATIC PAYMENT FROM YOUR PEACH STATE ACCOUNT OR PAYROLL DEDUCTION. SUBJECT TO CREDIT APPROVAL AND RECOMMENDED RATES MAY VARY BASED ON INDIVIDUAL CREDITWORTHINESS. RATES SUBJECT TO CHANGE WITHOUT NOTICE AND MAY BE HIGHER BASED ON TERM AND/OR QUALIFICATIONS. MUST QUALIFY FOR PEACH STATE MEMBERSHIP. MEMBERS MUST QUALIFY FOR A PEACH STATE LOAN AND CHECKING ACCOUNT. PEACH STATE WILL FINANCE UP TO 126% OF THE NADA VEHICLE VALUATION. VEHICLE OWNERSHIP MUST REMAIN THE SAME. ALL AUTO LOANS FINANCED WITH ANOTHER LENDER AND WITH A MINIMUM BALANCE OF \$10,000 ARE ELIGIBLE. A \$30 LOAN APPLICATION FEE IS CHARGED FOR PROCESSING. WHEN THE LOAN IS ISSUED, THE FEE WILL BE REFUNDED BACK TO YOUR ACCOUNT. TERMS AND CONDITIONS SUBJECT TO CHANGE WITHOUT NOTICE.

<sup>2</sup> UNDERSTAND THAT INTEREST WILL CONTINUE TO ACCUMULATE ON MY LOAN DURING THE MONTHS I SKIP MY PAYMENT.



# iCan 4 iPads

## THIRD ANNUAL FUNDRAISER



- 5k Run / Walk -  
- 10k Cycle -  
or  
- 10k Kayak -

**September 26, 2015**  
**7am - 1pm**  
**Savannah Rapids**

**events, vendors,  
food, & raffle!**

iCan 4 iPads is an annual fundraiser to provide tools and training for adults in our community with cognitive and communication challenges. Come out and support a great cause.

**"Help Find a Voice!"**



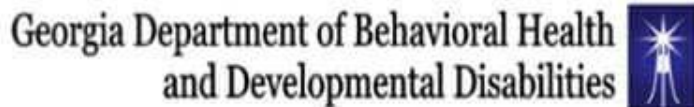
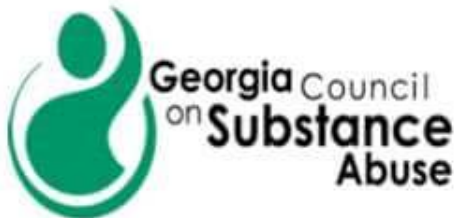
[www.ican4ipads.org](http://www.ican4ipads.org)



# FREE EVENT

**SEPT 12** | **Augusta Commons DOWNTOWN** | **10am-3pm**  
 836 Reynolds Street, Augusta, GA 30901

## A Special Thanks to Our Sponsors:



**10am** | **Recovery Walk Kick Off**  
**12pm** | **Graduation & Lunch**  
**1pm** | **Concert with Orlino Rocks!**

This event allows for public education and engagement in a strong and visual method - a picture is worth a thousand words - come SEE people in recovery. The event is family friendly, FREE, and open to the public.

Visit [www.hopehouseaugusta.org](http://www.hopehouseaugusta.org) for more information


## What's in a Month?

### September is...

Honey Month  
 Piano Month  
 Little League Month  
 Fall Hat Month  
 National Hispanic Heritage Month  
 Subliminal Marketing Month  
 Kids Good Manners Month  
 Chicken Month

Autumn Fun Month  
 Classical Music Month  
 International Square Dancing Month  
 National Blueberry Popsicle Month  
 National Courtesy Month  
 Baby Safety Month  
 Self Improvement Month  
 Better Breakfast Month

### And...

<a href="#"><u>September 1</u></a> Emma M. Nutt Day Chicken Boy Day	<a href="#"><u>September 12</u></a> Chocolate Milkshake Day National Video Games Day	National Cheeseburger Day POW/MIA Recognition Day Thank You Day	Johnny Appleseed Day <a href="#"><u>September 27</u></a> Crush a Can Day
<a href="#"><u>September 2</u></a> VJ Day	<a href="#"><u>September 13</u></a> Defy Superstition Day Fortune Cookie Day	<a href="#"><u>September 19</u></a> National Butterscotch Pudding Day International Talk Like a Pirate Day	<a href="#"><u>September 28</u></a> Ask a Stupid Question Day National Good Neighbor Day
<a href="#"><u>September 3</u></a> Skyscraper Day	Grandparent's Day National Peanut Day	Oktoberfest <a href="#"><u>September 20</u></a> National Punch Day	<a href="#"><u>September 29</u></a> Confucius Day
<a href="#"><u>September 4</u></a> Newspaper Carrier Day Teacher's Day	National Pet Memorial Day Positive Thinking Day Uncle Sam Day	<a href="#"><u>September 21</u></a> Biosphere Day International Peace Day	<a href="#"><u>September 30</u></a> National Mud Pack Day
<a href="#"><u>September 5</u></a> Be Late for Something Day Cheese Pizza Day	<a href="#"><u>September 14</u></a> National Cream-Filled Donut Day	Miniature Golf Day World Gratitude Day	
<a href="#"><u>September 6</u></a> Fight Procrastination Day Read a Book Day	<a href="#"><u>September 15</u></a> Make a Hat Day Felt Hat Day	<a href="#"><u>September 22</u></a> Business Women's Day Elephant Appreciation Day	
<a href="#"><u>September 7</u></a> Labor Day Neither Rain nor Snow Day	<a href="#"><u>September 16</u></a> National Play Doh Day American Legion Day	Ice Cream Cone Birthday <a href="#"><u>September 23</u></a> Checkers Day	
<a href="#"><u>September 8</u></a> International Literacy Day National Date Nut Bread Day	Collect Rocks Day Step Family Day Mayflower Day	Dog in Politics Day "Inner"gize Day	
<a href="#"><u>September 9</u></a> Teddy Bear Day	Mexican Independence Day Working Parents Day Stay Away From Seattle Day	<a href="#"><u>September 24</u></a> National Cherries Jubilee Day	
<a href="#"><u>September 10</u></a> Sewing Machine Day Swap Ideas Day	Preserve the Ozone Day	<a href="#"><u>September 25</u></a> One Hit Wonder Day Native American Day	
<a href="#"><u>September 11</u></a> 911 Remembrance Day Patriot Day	<a href="#"><u>September 17</u></a> National Apple Dumpling Day Citizenship Day Constitution Day	<a href="#"><u>September 26</u></a> National Comic Book Day International Rabbit Day	
	<a href="#"><u>September 18</u></a>		

**East Central Regional**



Paul Brock Regional Hospital Administrator
Rick Starr Associate Regional Hospital Administrator, Gracewood
Dr. Vicky Spratlin Clinical Director
Mickie Collins Chief Operating Officer
Augusta Campus 3405 Mike Padgett Highway Augusta, Georgia 30906 Gracewood Campus 100 Myrtle Boulevard Gracewood, Georgia 30812
Harold "Skip" Earnest Editor/Photographer Kristen Burdett Publisher

**NOTICE**

Items for publication must be submitted in written form. The upcoming issue's deadline is September 8, 2015. All articles and notices submitted for publication in the East Central Regional Hospital Bulletin are subject to editorial discretion. Please contact the Bulletin editor if you have questions regarding editorial decisions.

**Our Mission**

The mission of East Central Regional Hospital is to provide safe, competent and compassionate services to persons with mental illness and/or developmental disabilities.

**Our Vision**

The vision of our Facility is to be a center of excellence in the provision of comprehensive, responsive and compassionate care for consumers and their families.

**Our Values**

East Central Regional Hospital is caring and therefore, responsive to our consumers, their families, stakeholders and our employees through commitment to our core values:

- I**ntegrity
- C**ommunication & Collaboration
- A**ccountability
- R**ecognition through Relationships
- E**mpowerment through Excellence



Accredited  
by  
The Joint Commission

**Campus Marquees**

Deadline for submission of  
**OCTOBER MESSAGES**  
**September 23, 2015**

Submit information to Skip Earnest  
Gracewood Campus  
Extension 2102

**(Information must be submitted on or before the indicated date  
to be placed on Marquees for the following month.)**

## [ECRH Jobs List](#)

This is a list of job openings currently available at East Central Regional Hospital. For further information regarding these positions, please go to the DBHDD webpage at [www.dbhddjobs.com](http://www.dbhddjobs.com).

[Activity Therapist - Augusta Campus](#)

[Activity Therapy Leader - Gracewood Campus](#)

[Assistant Housekeeping Director](#)

[Auditor - Psychology](#)

[Auditor - Social Work](#)

[Behavior Health Counselor \(AL\)](#)

[Behavioral Health Counselor](#)

[Budget/Accounting Supervisor](#)

[Client Support Worker - Community Integration Home](#)

[Client Support Worker - Gracewood](#)

[CNA - Skilled Nursing Facility](#)

[Counselor - Group Facilitator](#)

[Dental Assistant](#)

[Director of Clinical Information Systems](#)

[Executive Secretary - DD Services - Gracewood Campus](#)

[Food Service Supervisor \(2 Open Positions\)](#)

[Food Service Worker](#)

[General Trades Craftsman](#)

[Groundskeeper](#)

[Group Facilitator/Counselor - AMH Mall](#)

[Health Service Technician 1 - Augusta Mental Health Campus](#)

[Health Service Technician 1 - Gracewood Campus](#)

[Health Services Technician 2 - Augusta Mental Health Campus](#)

[Health Services Technician 2 - Gracewood Campus](#)

[Housekeeper](#)

[Housekeeping Manager](#)

[Housekeeping Team Leader](#)

[HVAC Repair Technician](#)

[Incident Management Analyst \(WL\)](#)

[Incident Management Technician](#)

[Instructor 3 - AMH Treatment Mall - Augusta Campus](#)

[Laundry Worker](#)

[Licensed Nursing Home Administrator](#)

[Licensed Practical Nurse \(LPN\) - Gracewood Campus](#)

[Licensed Practical Nurse \(LPN\) - Augusta Mental Health Campus](#)

[Licensed Practical Nurse - Hourly/Part-time - Gracewood Campus](#)

[Licensed Practical Nurse - Hourly/Part-time -Augusta Campus](#)

[Mechanic](#)

[Mechanic Foreman](#)

[Nurse Administrator - \(E/N\) Gracewood and Augusta Campus](#)

[Nurse Manager - Gracewood Campus](#)

[Nurse Practitioner - Skilled Nursing Facility](#)

[Occupational Therapist](#)

[Pharmacist - Advanced](#)

[Pharmacy Technician](#)

[Psychiatric Nurse Practitioner - Augusta Mental Health Campus](#)

[Psychology Services Coordinator](#)

[Qualified Intellectual Disabilities Professional](#)

[Registered Nurse \(RN\) - Augusta Mental Health Campus](#)

[Registered Nurse \(RN\) - Charge Nurse - Augusta Campus](#)

[Registered Nurse \(RN\) - Charge Nurse - Gracewood Campus](#)

[Registered Nurse \(RN\) - Hourly/Part-time - Augusta](#)

[Registered Nurse \(RN\) - Hourly/Part-time - Gracewood](#)

[Registered Nurse \(RN\) - Skilled Nursing Facility](#)

[Registered Nurse \(RN\) -Gracewood Campus](#)

[Service Director/Charge Nurse - Gracewood Campus](#)

[Shift Supervisor - Gracewood Campus](#)

[Skilled Utility Worker](#)

[Steam Plant Operator](#)

[Therapeutic Incentive Program - Storekeeper](#)

[Training Coordinator 1](#)

[Training Specialist 1](#)

[Work Instructor 1 - Gracewood Campus](#)

[Workers' Compensation Coordinator](#)



# September Menus

SUNDAY 8-30-2015	MONDAY 8-31-2015	TUESDAY 9-1-2015	WEDNESDAY 9-2-2015	THURSDAY 9-3-2015	FRIDAY 9-4-2015	SATURDAY 9-5-2015
Orange Juice Scrambled Eggs w/Ham Bits Oatmeal Toast/Marg/Jelly Coffee/2% Milk	Banana Scrambled Eggs Sliced Bacon Dry Cereal Toast/Marg/Jelly Coffee/2% Milk	Cranberry Juice Scrambled Eggs Sausage Patty Grits Biscuit/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs Bacon Hash Brwn Potatoes Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Scrambled Eggs w/Cheese Grits Cinnamon Roll Margarine Coffee/2% Milk	Apple Juice Waffles Sausage Links Dry Cereal Margarine/Syrup Coffee/2% Milk	Grape Juice Scrambled Eggs w/ Cheese Grits Toast/Marg/Jelly Coffee/2% Milk
Spaghetti w/Meat Sauce Parmesan Cheese Green Beans Tossed Salad w/Drsg Garlic Bread Pears Iced Tea/2% Milk	Chinese Five Spice Chicken Steamed Rice Buttered Cauliflower Peaches** Roll/Margarine Oatmeal/Raisin Cookies Iced Tea/2% Milk <b>**Augusta Campus= Fruit Cocktail</b>	Baked Ham Mashed Potatoes Seas. Collard Greens Pears Cornbread/Marg Cake/Icing Iced Tea/2% Milk	Lasagna Combination Salad w/ Drsg Garlic Bread Peach Cobbler Iced Tea/2% Milk	Pineapple Chicken Orange Rice Prince Edw Veggies. Pear/Cheese Salad Roll/Margarine Gingerbread Iced Tea/2% Milk	Roast Pork w/Brown Gravy Steamed Rice Broccoli Lettuce Sld w/Drsg Bread/Margarine Banana Pudding w/Topping Iced Tea/2% Milk	Baked Chicken Oven Brown Potatoes Calif Mixed Veg Coleslaw Roll/Margarine Ice Cream Iced Tea/2% Milk
Polish Sausage/Bun Diced Onion/Relish/ Mustard Baked Beans Coleslaw Pineapple Tidbits Iced Tea	Jaegerschnitel (veal) w/Brown Gravy O'Brien Potatoes Seasoned Carrots Waldorf Salad Bread/Crackers Cherry Crisp Iced Tea	Tuna Ndl Casserole Calif Mixed Veg Shred Lettuce/Drsg Bread/Margarine Apricot Halves Iced Tea	Pork Chop Suey Steamed Rice Seasoned Succotash- Coleslaw Brownies Iced Tea	Roast Beef w/Gravy Noodles Green Beans Tossed Salad w/Drsg Bread/Margarine Peaches Iced Tea	Chili Mac Corn Pears ** Saltine Crackers Choc Chip Cookies Iced Tea <b>**Augusta Campus = Fruit</b>	Taco Pie White Rice Spinach Shred Lettuce/Drsg Bread/Margarine Applesauce Iced Tea

SUNDAY 9-6-2015	MONDAY 9-7-2015	TUESDAY 9-8-2015	WEDNESDAY 9-9-2015	THURSDAY 9-10-2015	FRIDAY 9-11-2015	SATURDAY 9-12-2015
Cranberry Juice Scrambled Eggs w/Ham Bits Dry Cereal Toast/Marg/Jelly Coffee/2% Milk	Banana Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Pancakes Sliced Bacon Dry Cereal Margarine/Syrup Coffee/2% Milk	Grape Juice Scrambled Eggs Sausage Patty Grits Biscuit/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Ham Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs Sliced Bacon Hash Brwn Potatoes Toast/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sausage Links Dry Cereal Toast/Marg/Jelly Coffee/2% Milk
Chuckwagon Steak w/Cream Gravy Mashed Potatoes Collard Greens Sli Tomato Salad Roll/Margarine Peaches Iced Tea/2% Milk	Chicken Cordon Bleu Seasoned Corn Steamed Broccoli Waldorf Salad Roll/Margarine Blueberry Crunch Iced Tea/2% Milk	Italian Style Veal Stk Pasta Carrots Tossed Salad/Drsg Wheat Roll/Marg Peach Crunch Iced Tea/2% Milk	Hamburger w/Bun Must/Catsup/Mayo Dill Chip/SI Onion French Fries Sli Tom/Lett Salad w/Mayonnaise Gingerbread Iced Tea/2% Milk	Red Beans & Rice Mixed Vegetables Lettuce Sld w/Drsg Bread/Margarine Vanilla Pudding Iced Tea/2% Milk	Baked Chicken Rissolo Potatoes Broccoli Carrot/Raisin Salad Roll/Margarine Heavenly Hash Iced Tea/2% Milk	Meatloaf w/Brown Gravy Snowflake Potato Green Peas Pineapple Tidbits Roll/Margarine Ice Cream Iced Tea/2% Milk
Chicken Tetrazzini Carrots Tossed Salad w/Drsg Garlic Bread PButter Cookies Iced Tea	Bkd Rigatoni/Beef Broccoli Pickled Beet Salad Bread/Margarine Apple Crisp Iced Tea	Fried Chicken Au Gratin Potatoes Green Beans Shred Lettuce/Drsg Bread/Margarine Apricots Iced Tea	Roast Turkey w/Gravy Sweet Potatoes Seas Turnip Greens Copper Penny Sld Cornbread/Marg Fresh Fruit Iced Tea	Vegetable Soup Cold Cuts: Turkey Roll Bologna Sliced Cheese Must/Mayonnaise Sliced Tomato Potato Salad Bread/Crackers Banana Pudding Iced Tea	*Fried Fish w/Tartar Sauce Spanish Rice Okra Green Salad w/Drsg Bread/Margarine Apple Crisp Iced Tea <b>*Broiled Pollock as 2<sup>nd</sup> choice in Employee Cafeteria ONLY</b>	Cantonese Sparrerbbs Filipino Fried rice Shir Fried Cabbage Seasoned Limas Pineapple Cole Slaw Bread/Margarine Apricot Halves Iced Tea

SUNDAY 9-13-2015	MONDAY 9-14-2015	TUESDAY 9-15-2015	WEDNESDAY 9-16-2015	THURSDAY 9-17-2015	FRIDAY 9-18-2015	SATURDAY 9-19-2015
Banana Scrambled Eggs w/Sausage Bits Dry Cereal Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Scrambled Eggs Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs w/Cheese Grits Toast/Marg/Jelly Coffee/2% Milk	Cranberry Juice Scrambled Eggs Sliced Ham Grits Biscuit/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Pancakes Sausage Links Dry Cereal Margarine/Syrup Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk
Baked Ham Macaroni/Cheese Collard Greens Egg Salad Bread/Margarine Peach Slices Iced Tea / 2% Milk	Fried Chicken Au Gratin Potatoes Mixed Vegetables Lettuce/Tomato Sld w/Drsg Wheat Roll/Marg Oatmeal/Raisin Cookies Iced Tea/2% Milk	Roast Pork w/Gravy Cnd Swt Potatoes Field Peas Pickled Beet/Onion Salad Cornbread/Marg Cake/Icing Iced Tea/2% Milk	Spaghetti w/Meat Sauce Parmesan Cheese Calif Mixed Veg Tossed Sld w/Drsg Bu Garlic Toast Pineapple Upside Down Cake Iced Tea /2% Milk	Chicken Parmesan Green Beans Baked Potato Sliced Peaches Roll/Margarine Ice Cream Iced Tea/2% Milk	Fr Catfish Fillets French Fries Southern Gr Beans Hushpuppies/Marg Bread Pudding Iced Tea/2% Milk	Pepper Steak Rice Broccoli Pear/Cheese Salad Bread/Margarine Chocolate Pudding Iced Tea/2% Milk
Fried Fish 'N Bun w/Tartar Sauce Spanish Rice Green Beans Coleslaw Sherbet Iced Tea	Hamburger 'n Bun Sliced Cheese Catsup/Must/Mayo Sliced Pickles Fried Onion Rings Baked Beans Lett/Tomato Sld w/Drsg Pound Cake	Chuckwagon Steak w/Cream Gravy Mashed Potatoes Calif Mixed Veg Shredded Lett/Drsg Bread/Margarine Pears Iced Tea	BBO Pork w/Bun Spinach Potato Salad Peach/Pear Mix Iced Tea	Turkey Pot Pie Steamed Carrots Shred Lett w/Drsg Bread/Margarine Brownie Iced Tea	Chicken Fajitas Spanish Rice Refried Beans Combination Salad Tortilla/Margarine Sugar Cookies Iced Tea	Hot Dog 'n Bun Must/Catsup/Onion Baked Beans Coleslaw PButter Cookies Iced Tea

SUNDAY 9-20-15	MONDAY 9-21-15	TUESDAY 9-22-15	WEDNESDAY 9-23-15	THURSDAY 9-24-15	FRIDAY 9-25-15	SATURDAY 9-26-15
Cranberry Juice Scrambled Eggs Sausage Links Oatmeal Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs w/Cheese Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Pancakes Sliced Ham Dry Cereal Syrup/Margarine Coffee/2% Milk	Cranberry Juice Scrambled Eggs w/Sausage Bits Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Scrambled Eggs Sausage Patty Grits Toast/Marg/Jelly Coffee/2% Milk
Baked Ham Oven Browned Potatoes Seas Turnip Greens Cucumber/Vinegar Salad Bread/Marg Ice Cream Iced Tea/2% Milk	Beef Noodle Soup Grilled Steak w/ Sce Baked Potato Green Beans Golden Glow Salad Oatmeal Raisin Cookie Iced Tea/2% Milk	Baked Chicken Rice w/Gravy Broccoli Sliced Tomato Salad Roll/Margarine Sweet Potato Pie Iced Tea/2% Milk	Smothered Pk Chop Rice Green Beans Tossed Sld w/Drsg Wheat Roll/Marg Banana Cake Iced Tea/2% Milk	*Fried Fish w/Tartar Sauce Scalloped Potatoes Steamed Cabbage Sliced Tomato w/Mayo Cornbread/Marg Cake w/Icing Iced Tea/2% Milk <b>*Broiled Pollock as 2<sup>nd</sup> choice</b>	Fried Chicken Macaroni & Cheese Broccoli Lett/Tom Sld/Drsg Roll/Margarine Sugar Cookies Iced Tea/2% Milk	Hamburger Steak w/Gravy Snowflake Potato Green Peas Tomato Sld/Drsg Roll/Margarine Vanilla Pudding/Topping Iced Tea/2% Milk
Chili Con Carne Rice Corn Shred Lettuce/Drsg Saltine Crackers Sliced Peaches Iced Tea	Parmesan Fish Oven Glow Potatoes Seas Lima Beans Seas Mixed Veg Bread/Margarine Sherbet Iced Tea	Sloppy Joe 'n Bun French Fries Green Peas Green Salad w/Drsg PButter Cookies Iced Tea	Hot Dog/Bun Baked Beans Coleslaw Chocolate Pudding Iced Tea	Turkey Noodle Cass Sea Collard Greens Tossed Salad Bread/Margarine Ice Cream Iced Tea	Yakisoba Hamburger w/Spaghetti Turnip Greens Potato Wedges Sliced tomato on lettuce leaf Cake with Icing Iced Tea	Vegetable Soup Cold Cuts: Turkey Bologna Sliced Cheese Must/Mayo Sliced Tomato Bread/Crackers Potato Salad Sweet Potato Pie