



**DBHDD**

*Georgia Department of*  
**Behavioral Health & Developmental Disabilities**

# ECRH Bulletin

VOLUME 13, ISSUE 3

AUGUST 15, 2016

East Central Regional Hospital

**Special points of interest:**

- *EAP Information*
- *GMH Info*
- *Noticed by the Gnome*
- *Personal Notes*
- *ECRH Jobs List*



To all DBHDD staff:

It is with great sorrow that I announce the passing of Dr. Vicky Spratlin, clinical director at East Central Regional Hospital (ECRH). Dr. Spratlin served the hospital as clinical director since May 2011, providing excellent care and leadership during her time of service. Our thoughts and prayers go out to her family and to the ECRH staff.

Effective immediately, our state medical director Dr. Emile Risby will provide interim clinical support for ECRH.

Frank W. Berry  
Commissioner

## Clinical Director's Corner - Dr. Vicky Spratlin

*"You don't get to choose how you're going to die. Or when. You can only decide how you're going to live. Now."*

*Joan Baez*

ECRH Family,

I am sad to report the passing of Dr. Vicky Spratlin who passed away today. Dr. Spratlin was a member of our Sr. Leadership Team, and served for more than 5 years in the role of Chief Medical Officer at East Central Regional Hospital. Dr. Spratlin will be deeply missed by all. No information is yet available regarding memorial services. Please keep her family in your thoughts and prayers.

We will keep you informed as details become available on memorial services.

Respectfully,

Mickie M. Collins

ECRH Staff: Dr. Spratlin was a beloved member of the ECRH team and those who knew her and worked with her are very sad that she has passed. Human Resources at DBHDD in Atlanta has reached out to me and offered any support necessary to help our hospital in the days ahead. I have attached an information sheet from our Employee Assistance Program, "Coping With Grief and Loss." Please take some time to look at it. It will be helpful to some. Managers, please make the information available to your staff that do not have email. Our EAP has been notified about our loss of Dr. Spratlin. They are available 24/7 by calling 1-800-869-0276.

Take care of yourselves and take care of each other in this time of sadness.

I would be happy to speak to any of you if you would like. I can be reached at 706-792-7177.

Thank you. Doug Fine



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## Clinical Director's Corner - Dr. Vicky Spratlin

Dear East Central Regional Hospital Family:

On yesterday, our Commissioner notified the DBHDD community of the untimely death of your beloved Clinical Director, Dr. Vicky Spratlin. While words cannot accurately describe her performance over the past 5 years, I will try a few anyway: REMARKABLE, OUTSTANDING, EXTRAORDINARY, IMPRESSIVE, PHE-NOMONAL, EXCEPTIONAL, MERITORIOUS, COMMENDABLE.

Vicky worked passionately to ensure the highest quality of care for the patients at both the main Augusta campus and the Gracewood campus. She took seriously the concept of Recovery and made sure that philosophy permeated throughout ECRH. She led by example. When there were medical staff shortages, she worked the units and took care of patients. When the forensics service was short of providers, she saw the forensic patients who were on conditional release. When there were gaps in the call schedule, well you know the rest of the story, Vicky covered those gaps. I guess I should add COMPETENT and PROFICIENT to the list of words in my first paragraph.

While there are many highlights, including her role in guiding ECRH through the grueling challenges of CRIPA settlement agreement, nothing stands out more than when Vicky was not only the Clinical Director, she was also the acting RHA. It was during a time that could only be described as the most stressful months in the history of ECRH. Faced with major staffing challenges on the Augusta campus plus the threat of CMS decertification on the Gracewood campus, Vicky, not only held ECRH together, she was the leadership that we needed during that critical time. Unquestionably, it was her energetic persona that allowed ECRH to stand tall, overcome the crisis, impress external surveyors and grow stronger than it has ever been. At no time during that stressful period, did she lose focus on the everyday clinical and operational demands of four distinct programs that were spread across two geographically separate campuses. Oh, I forgot to mention SEDULOUS and ASSIDUOUS to the list in the first paragraph.

Vicky had options but she chose to stay at ECRH. There were times when the weight of being the Clinical Director felt heavy on her shoulders. She would call me to vent. Each of those conversations ended with her saying: "I love my job. I love the folks I work with. I love the individuals we serve. I love the mission of DBHDD. I've kept you on the phone long enough. I have work to do, so I'll talk to you later." Yes she loved ECRH. Let's add EXEMPLARY and INDEFATIGABLE to the list.

On a personal note, Vicky was a wonderful colleague and friend. When we were not talking shop, we would talk about family and life in general; and sometimes the Falcons (she had season tickets). Like many of you, I will miss her smile and her laughter. She was uncompromising on her commitment to do the right thing, both clinically and ethically. While we will eventually have to hire another Clinical Director, Vicky will never be replaced. OK, let's add CONSCIENTIOUS to the list.

If anyone who did not know her, ask you what type of person was Dr. Spratlin? You can simply tell them that she was the consummate professional, whose passionate service to some of Georgia's most vulnerable citizens, brought great credit to the profession of psychiatry and to the Department of Behavioral Health and Developmental Disabilities. Beyond that, there are no words.

Emile Risby, M.D.

Medical Director

Department of Behavioral Health and Developmental Disabilities



## Clinical Director's Corner - Dr. Vicky Spratlin



As I am writing this, I am still in disbelief of the passing of Dr. Vicky Spratlin, our Clinical Director. I have only been employed at East Central Regional Hospital for one year, two months, and 10 days, but every single day for the last one year, two months, and 10 days I have sought out and relied on the guidance of this incredible person.

She was an employee, psychiatrist, and person of many strengths. She corrected wrongs and applauded rights. She had endless responsibilities, but remained open and accepting to the many people who required her attention. She was passionate about this hospital and the individuals we have the opportunity to care for and serve.

She chose to celebrate employees every month by handing out her Clinical Director's Choice awards. She didn't have to give out these awards, but she did. As one of the recipients of that award, it made me feel so special to have someone recognize me. The generosity she displayed with her awards, pizza parties, and contributions during the Employee Appreciation Week are examples of her selflessness I will not forget.

Her spirit was amazing.

I will miss Dr. Spratlin in ways and for reasons I can't put into words. She was open and gave of herself to the hospital in countless ways. She talked often and warmly of her family and I hope they know that DBHDD and ECRH's thoughts and prayers are with them as they go through this difficult trial.

Life is precious, and it seems like we have been reminded of that a lot this year at East Central.

Look around at work, notice your co-workers, tell them the ways you appreciate them. Correct the wrongs and applaud the rights.

Look around your life, notice your loved ones, tell them the ways you appreciate them. Correct the wrongs and applaud the rights.

I would like to take this opportunity to remind everyone of the incredible resource we have as employees of the State of Georgia - the Employee Assistance Program. They provide access to a mental health professional 24 hours per day, 7 days per week and the service is absolutely free. The contact information is [www.eapconsultants.com](http://www.eapconsultants.com) or 855-584-3855.

I will end this message in a way that would make Dr. Spratlin proud – by announcing her Clinical Director's Choice Awards.

Melissa Simpkins – for all of her hard work during the Furniture Refresh on the Augusta campus.

Carletta Johnson – for her quick wit and lively participation in the Executive Committee meetings,

Candace Walker and Crystal Jenkins – for emergency shopping to stock the TIP store.

Cindy White – who does an excellent job in Admissions and 23-hour.

Mary Lutin – who helped Dr. Henle deescalate a situation.

Loretta Ray – she helped Regenia Harrison-Moore when she had no one else to help her.

Karen Walker, Lenora Moss, Carol Daughtry and Nikki Vaughns – who helped an individual returning from Augusta University.

And finally, a quote from Dr. Spratlin's June *Bulletin* article: **“Live today as if it is your last and show kindness to others as if it is the last thing for which you will be remembered.”**

**Contributed by Kristen Burdett  
Administrative Assistant to the RHA**

## HR Partners



WELL-BEING RESTORED™

# COPING WITH GRIEF AND LOSS

## Tips for Coping with Grief

- Take your time. Grief is often not a quick process. Coping doesn't mean you no longer feel pain, but rather that you feel the grief and also find ways to move forward.
- Don't judge or measure your reactions by those of other people. Each person is unique and experiences losses differently than others.
- Talk with others. Share your feelings and the meaning this loss has for you.
- Surround yourself with friends and family who love and support you. Avoid isolation.
- Tears may come unexpectedly and at times when you thought you were finished grieving. Be patient with yourself. Their intensity and frequency should diminish with time.
- Allow yourself to grieve as well as giving yourself breaks from the grieving process.
- If you follow a religious faith, this can be a time for prayer and quiet meditation. Seek out your faith mentors.
- Exercise if you are able and eat a balanced diet. Avoid alcohol and the use of other mood-altering drugs.
- Learn to be sensitive and flexible with your needs and lifestyle.
- Seek professional help if feelings of grief persist, intensify, or seem severe.

## What is grief?

Grief is the normal response of sorrow, emotion, and confusion that comes from losing someone or something important to you. It is a natural part of life. Grief is a typical reaction to death, divorce, job loss, a move away from family and friends, or loss of good health due to illness.

## How does grief feel?

Just after a death or loss, you may feel empty and numb, as if you are in shock. You may notice physical changes such as trembling, nausea, trouble breathing, muscle weakness, dry mouth, or trouble sleeping and eating.

You may become angry—at a situation, a particular person, or just angry in general. Almost everyone in grief also experiences guilt. Guilt is often expressed as “I could have, I should have, and I wish I would have” statements.

People in grief may have strange dreams or nightmares, be absent-minded, withdraw socially, or lack the desire to return to work. While these feelings and behaviors are normal during grief, they will pass.

## How long does grief last?

Grief lasts as long as it takes you to accept and learn to live with your loss. For some people, grief lasts a few months. For others, grieving may take years.

The length of time spent grieving is different for each person. There are many reasons for the differences, including personality, health, coping style, culture, family background, and life experiences. The time spent grieving also depends on your relationship with the person lost and how prepared you were for the loss.



## HR Partners



# COPING WITH GRIEF AND LOSS

### How does grief differ from depression?

Depression is more than a feeling of grief after losing someone or something you love. Clinical depression is a whole body disorder. It can take over the way you think and feel. Symptoms of depression include:

- A sad, anxious, or "empty" mood that won't go away
- Loss of interest in what you used to enjoy
- Low energy, fatigue, feeling "slowed down"
- Changes in sleep patterns
- Loss of appetite, weight loss, or weight gain
- Trouble concentrating, remembering, or making decisions
- Feeling hopeless or gloomy
- Feeling guilty, worthless, or helpless
- Thoughts of death or suicide or a suicide attempt

### How will I know when I'm done grieving?

Every person who experiences a death or other loss must complete a four-step grieving process: 1) Accept the loss. 2) Work through and feel the physical and emotional pain of grief. 3) Adjust to living in a world without the person or item lost. 4) Move on with life. The grieving process is over only when a person completes the four steps. Each person is unique and moves through these steps at their own pace. Often this is not a quick process.

### What if these feelings won't go away?

If you recently experienced a death or other loss, feelings of grief are part of a natural and normal reaction. However if these feelings persist, intensify, or seem severe, please seek help. Resources you may turn to include your doctor or primary health care provider, community-based bereavement programs, counseling services, a faith-based group, or the Employee Assistance Program (EAP). EAP services are confidential and are provided by your employer at no cost to you. Employees and their dependent family members are eligible for EAP services.

For further assistance through the EAP, please contact EAP Consultants, LLC at 800-869-0276. You may speak with an EAP counselor or arrange in-person EAP counseling. You may also securely request EAP services from the website: [www.eapconsultants.com](http://www.eapconsultants.com) More information about the Employee Assistance Program is also available at this web site.

## HR Partners

### ECRH Human Resources Team Doug Fine - HR Manager

**Elaine Biley – HR Generalist/Operations Manager**– Oversees HR Operations, Payroll/Kronos, and Personnel Records Management. Assist with Leave-keeping Issues/Audits, Benefits, Management Training, Workers' Compensation program and Special Projects

**Rhonda Vivor – Employee Relations Specialist** – Coordinates Employee Relations including: employee/manager issues and concerns, HR Investigations, Grievances, Unemployment, Performance Management, Management Training and EAP information, oversees criminal background process.

**Ron Watson Recruiter** – Oversees the local Recruitment Process: Maintains/updates job vacancy website. Coordinates Resume Review, Phone Screens, Reference Checks, Selection/New Hire Processing, HR Training, and supports Criminal Background Process

**Bonita Wilson -- Benefits and Leave Coordinator** Coordinates and assists with: Employee Benefits, Leave of Absences (LOA), Family and Medical Leave (FMLA), Retirement, HR Training

**Melanie Harris- Recruitment Technician**- Coordinates and assists with: Selection/New Hire Processing, Hire Packet Processing Pre-Employment Processing and HR Training. Assists and supports the Recruiter as a back-up as needed. Facilitates Criminal Background Check Process

**Dameka Garner – HR Transactions and Payroll Specialist** - Coordinates Payroll and Transactions, Kronos, HR Training, Performs audits and special projects.

**Nadine Williams – HR Transactions and Payroll Specialist** – Coordinates Payroll and Transactions, Kronos, HR Training, Performs audits and special projects.

**Sharyle Courtney-Garrett** – HR Assistant 2 – Critical Hire Coordinator, Drug Screening Coordinator, Employment Verifications, Out-Processing, Staffing and compensation research and reporting. Assistant to the HR Manager.

**Chiquita Young – Workers' Compensation Coordinator**

**Annunetta Smith – HR Assistant** - Manages the HR Front Desk/Lobby Area, Assistant to the HR Team and HR Manager, Faithful Service Awards

### Human Resources Department ECRH

**Main Office Telephone Number-** 706-792-7177

**Main Office Fax Number** 706-792-7328

**Office:** Gracewood Campus Building 103-A

## Employee of the Month - June FY2016 - Clayton Bryant, HST

This young man is kind, thoughtful, helpful, giving, responsive, understanding, respectful, and most of all very effective at what he does. He has stepped into several serious situations and redirected the individual in such a positive way. The individuals (on H-Wing, House 2, & Building 10) enjoy his presence, are always pleased to see him, and often become disappointed when he has a day off. Mr. Clayton Bryant is straight-forward and honest and maintains a warm and caring relationship with our individuals and staff. He truly enjoys and appreciates by all the people he works with and is a true team player. As you can see, Mr. Bryant meets all characteristics for an Employee of the Month! Thank you Mr. Bryant for having a spirit of always wanting to help and willpower to step up in any situation."



## New Employees



**Front Row(L-R):** Creshenda Corley, CNA; Jimmia Webster, HST; Marquis Williams, Food Service Worker; Crystal Taylor, CNA

**Back Row(L-R):** Lisa Ricketts, Safety Officer; Ronda Wynn, HST; Shirell Bennett, HST; Kenyatta King, HST

**Front Row(L-R):** Brittany Grissom, CNA; Porsha McKie, HST; Donna Carswell, RN; Jemika Brown, Food Service Worker

**Back Row(L-R):** Laura O'Connell, HST; Chance Kelly, Housekeeping; Jermel Myers, Activity Therapy Leader; LaKeshia Mobley, HST



**Front Row(L-R):** Sharon Bivens, CNA; Agegnehu Desta, Respiratory Therapist; Brooke Robertson, Behavioral Health Counselor; Christina Whitfield, CNA

**Back Row(L-R):** Johnesia Bunyon, HST; Paul Fedrick, HVAC Repair Technician; Dwayne Stone II, HST; LaTonya Eckford, HST



**(L-R):** Carolyn Gamble, LPN; LaToyia Jones, LPN



# WELCOME!



## Department Spotlight - Work Therapy

### \*\*\*The ECRH Department Spotlight \*\*\*

**\*A Communication and Hospital Awareness Performance Improvement Initiative\***

<b>Department Name:</b>	Work Therapy
<b>Department Location:</b>	Augusta Campus-Building 9
<b>Department Phone #:</b>	706-792-7253
<b>Department Staff Names:</b>	Todd Fulmer, Instructor Christopher Hawes, Instructor Darryl Rowe, Instructor John Sapp, Instructor Elizabeth Schoultz, Instructor Eric Turner, Instructor  Bill Carter, Work Therapist Elizabeth Hanson, Work Therapist Demerital McNeil, Work Therapist  Tiffany Snow, Work Therapy Coordinator

**What is the function of your department?**

The Work Therapy Program utilizes evidenced-based and recovery-oriented supported employment practices to promote the potential of each individual, encourage productivity, and teach transitional skills that promote movement toward community living.



*#recoverythroughwork*

*#workworkworkworkwork*

*#betterthanRihannalol*

**What is a success story of your department?**

In Work Therapy, we strive to celebrate successes day-by-day because this allows us to create a strengths-based culture throughout our program. So, we have many success stories to share and encourage you to visit our program areas with individuals and experience those success moments for yourself. We find great purpose and meaning in working alongside individuals daily. Presently, the program has 50 active success stories being made each and every week. This includes approximately 35 individuals engaged in paid work experiences and 20 individuals engaged in various groups.





## Department Spotlight - Work Therapy

### Describe a typical day within your department.

Work Therapy is a diverse, community-oriented, results-focused, and high energy environment where the staff are consistently “on the move” around campus and in the community. On any given day, you can find Instructors and various staff working alongside individuals in many areas hospital-wide to include but not limited to: Main Laundry, Credit Union Lawn Contract, Augusta Campus Yard Crew, Warehouse, Greenhouse, and Housekeeping. Instructors and staff in various departments provide job coaching to individuals working in these areas. The staff working with individuals on these job sites work to create an environment that gives individuals opportunities to experience a strong sense of hope about their future, connectedness to their fellow workers (both staff and peers), personal identity and meaning in their employment, and a sense of empowerment to work as independently as possible. In addition, several Instructors also facilitate groups to include: Job Skills, Hobbies, and Career Exploration. Throughout the day, you will find our 3 Work Therapists engaging with individuals on units, at their job sites, and in recovery team meetings to formulate thorough and continuing assessments of individuals’ recovery goals within the program. The Work Therapists engage with individuals and staff in multiple settings to gain multiple perspectives and make work an active part of the recovery process. Work Therapists are highly engaged in, not only on-campus experiences for individuals, but also work to connect individuals to resources for employment and other experiences in the community. Work Therapists often utilize a variety of skill-sets including Individual Placement and Support (IPS) Supported Employment practices and Recovery-oriented Cognitive Therapy (CT-R) to support individuals in meeting recovery goals.

### What is a unique story about your department?



The Work Therapy Program has been a continually evolving program. It was originally established many years ago on the Gracewood Campus and then expanded to the Augusta Campus around 2004. Beginning in 2013, the Work Therapy Program began to focus toward implementing evidenced-based supported employment and recovery-oriented practices within the scope of the program. Additionally, from 2014 to present the ECRH Work Therapy Program has also provided support, guidance, and training to other state hospitals, including West Central and Atlanta Regional, to assist them in developing and expanding Work Therapy Pro-

### What is a success story of your department?

In Work Therapy, we strive to celebrate successes day-by-day because this allows us to create a strengths-based culture throughout our program. So, we have many success stories to share and encourage you to visit our program areas with individuals and experience those success moments for yourself. We find great purpose and meaning in working alongside individuals daily. Presently, the program has 50 active success stories being made each and every week. This includes approximately 35 individuals engaged in paid work experiences and 20 individuals engaged in various groups.

### Any additional information you would like for others to know about your department?

These are the practices and principles we strive to follow when an individual is referred to Work Therapy:

<http://www.dartmouthips.org/wp-content/uploads/2014/04/ips-practice-and-principles.pdf>

More information about “Recovery through Work” can be found in this brochure:

<http://www.dartmouthips.org/wp-content/uploads/2014/12/dprc-recovery-through-work-brochure-2014.pdf>

## Pharmacy Notes



### **“Pharmacy for Nurses” Class:**



**ALL nurses are encouraged to attend the  
“Pharmacy for Nurses” class:**

**Gracewood Campus - Building 103B:**

**during New Employee Nursing Orientation**

**August 16, 2016**

**August 31, 2016**

**1:30pm – 2:30pm**

**Please contact Casandra Roberts or Adeola Oke  
in the Pharmacy for more information (ext. 2496)**

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## GMH



GMH staff members in the GMH Conference Room for a pizza party on 7/27/16, compliments of Dr. Spratlin. GMH won the Clinical Director's Choice Award for the month of June, 2016. Dr. Spratlin shared that "not only has GMH been the hub of the Recovery Oriented Community Reintegration "movement," but they have gotten individuals with very challenging issues into the community." We are proud of our work and of our team, and were excited to be recognized in this way.

*Contributed by Dr. Michael J. Rollock*

## Infection Control - Prevent the Spread of Norovirus

Norovirus causes many people to become ill with vomiting and diarrhea each year. You can help protect yourself and others by washing your hands often and following simple tips to stay healthy. Noroviruses are a group of related viruses that can cause gastroenteritis, which is inflammation of the stomach and intestines which leads to cramping, nausea, vomiting, and diarrhea. CDC estimates that each year Norovirus causes 19 to 21 million illnesses, 56,000 to 71,000 hospitalizations and 570 to 800 deaths. Anyone can get infected with norovirus and you can get it more than once. It is estimated that a person will get norovirus about 5 times during their lifetime. Many people usually get sick with norovirus in cooler months, especially from November to April.

Norovirus spreads quickly. It is found in the vomit and stool of infected people. You can get it by:

- Eating food or drinking liquids that are contaminated with norovirus
- Touching surfaces or objects with norovirus on them and then putting your hand or fingers in your mouth
- Having direct contact with a person who is infected with norovirus, for example, when caring for someone with norovirus or sharing foods or eating utensils with them.

### Norovirus Symptoms

#### Common symptoms:

Cramping  
Nausea  
Vomiting  
Diarrhea

#### Less common symptoms:

Low-grade fever  
Chills  
Headache  
Muscle aches  
Fatigue

People with norovirus illness are contagious from the moment they begin feeling sick and for the first few days after they recover. Some people may be contagious for even longer. There is no vaccine to prevent norovirus infection or drug to treat sick people. Learn how to protect yourself and others by following a few simple steps.

### **Protect Yourself and Others from Norovirus**

- Practice proper hand hygiene

Wash your hands carefully with soap and water, especially after using the toilet and changing diapers and always before eating or preparing food. If soap and water aren't available, use an alcohol-based hand sanitizer. These alcohol-based products can help reduce the number of germs on your hands, but they are not a substitute for washing with soap and water.

- Take care in the kitchen

Carefully rinse fruits and vegetables, and cook oysters and other shellfish thoroughly before eating.

- Do not prepare food while infected

People with norovirus illness should not prepare food for others while they have symptoms and for at least 2 days after they recover from their illness. Also see For Food Workers: Norovirus and Working with Food.

*(Continued on page 12)*

## Infection Control - Prevent the Spread of Norovirus

(Continued from page 11)

- Clean and disinfect contaminated surfaces

After throwing up or having diarrhea, immediately clean and disinfect contaminated surfaces using a bleach-based household cleaner as directed on the product label. If no such cleaning product is available, you can use a solution made with 5 tablespoons to 1.5 cups of household bleach per 1 gallon of water.

- Wash laundry thoroughly

Immediately remove and wash clothing or linens that may be contaminated with vomit or stool. Handle soiled items carefully—try not to shake them—to avoid spreading virus. If available, wear rubber or disposable gloves while handling soiled clothing or linens and wash your hands after handling. Wash soiled items with detergent at the maximum available cycle length and then machine dry.

For more ways to prevent the spread of Norovirus please go to <http://www.cdc.gov/features/norovirus/index.html>

## Stop Norovirus!

Norovirus causes diarrhea and vomiting. It spreads easily from an infected person to others, especially in long-term care facilities. Elderly residents are more likely to become very sick or die from norovirus.

**Protect yourself and elderly residents from norovirus.**

<b>WASH YOUR HANDS</b> 	<b>CLEAN SURFACES</b> 	<b>WASH LAUNDRY</b> 
<p>Wash your hands often with soap and water for at least 20 seconds each time and avoid touching your mouth.</p>	<p>Use a bleach-based cleaner or other approved product* to disinfect surfaces and objects that are frequently touched.</p>	<p>Remove and wash soiled clothes and linens immediately, then tumble dry.</p>
<b>USE GOWN AND GLOVES</b> 	<b>STAY HOME WHEN SICK</b> 	
<p>Use gown and gloves when touching or caring for patients to reduce exposure to vomit or fecal matter.</p>	<p>If you're sick, stay home and don't take care of or visit people in long-term care facilities for at least 2 days after your symptoms stop.</p>	

For more information, visit [www.cdc.gov/norovirus](http://www.cdc.gov/norovirus)



**U.S. Department of Health and Human Services**  
Centers for Disease Control and Prevention

\*Use a chlorine bleach solution with a concentration of 1000-5000 ppm (5-25 tablespoons of household bleach [5.25%] per gallon of water) or other disinfectant registered as effective against norovirus by the Environmental Protection Agency(EPA) at [http://www.epa.gov/oppad001/list\\_g\\_norovirus.pdf](http://www.epa.gov/oppad001/list_g_norovirus.pdf)

CS258219-A



## Hospital Security - Back to School Traffic Safety

As we all know, it's back to school time. Please follow these simple suggestions to help make school zones safer for everyone:

- Slow down and obey all traffic laws and speed limits.
- Always stop for a school bus that has stopped to load/unload children. In Georgia, this applies to all lanes of traffic.
- Be alert and ready to stop.
- Watch for children, especially where there are no sidewalks.
- Don't impede traffic by dropping children off in the middle of the street.
- Don't double park.
- Don't block intersections or driveways if you park your vehicle.
- Don't make U-turns.
- Always make sure that you and your children are wearing seatbelts.



**Watch out for our neighbors at Gracewood Elementary School !!!**

## Safety Shop

**Watch out for...**



**slips**



**trips**



**and**

**falls**

- **Sweep the floor regularly**
- **Ensure there are no power cords left hanging suspended**
- **Keep the walkways and floor clear of rubbish, boxes, tools, equipment and materials**
- **Take extra care when lighting is poor**
- **Clean all spills immediately**

## Noticed by the Gnome - July

During the month of July, 2016, we received 4 nominations for our employees to be Noticed by the Gnome. A big THANK YOU goes out to these employees and to those who took the time to recognize the good work that was being done by others.

- Bonita Wilson-HR Tech**
- Tonya Jones-Housekeeper**
- Clayton Bryant-**
- Susan Deas-Nurse Mgr**




*"Ms. Tonya Jones is a dedicated employee. She is enthusiastic, devoted, and steadfast regarding her housekeeping duties. She is also a courteous, pleasant, and thoughtful person. She completes her duties with a smile and greets others when she sees them. Great job Ms. Jones!"*

*"Ms. Wilson has been awesome assisting with leave time and the new Kronos update. She also took the time to come to the office and explain "leave" for an officer who is being deployed out of the country for military service. She was patient and gave clear and concise answers to our questions."*

*"Mr. Clayton Bryant is straight forward and honest and maintains a warm and caring relationship with our individuals and staff. He truly enjoys and appreciates by all the people he works with, by showing he's a true team player."*

*"I want to nominate Susan Deas, Nurse Manager for GMH, for notice by the Gnome. She did an excellent job in her unit during the furniture refresh for GMH. During this period she was able to keep her staff overtime below the cutoff point."*


## Personal Notes

 *"I would like to thank all of my extended family at ECRH for all the love and support you all showed during the death of my mom. I will never forget it. Thanks."*

*Claude Harris and Family*

*On behalf of the ECRH lifeguards...*

*"All three of us have worked at East Central Regional Hospital for about two in a half months as lifeguards. From June until August. Our experience here working under Mrs. Moore has been quite the experience. She can sometimes be very strict, but all-in-all she had our best interest at heart. She wanted us to understand the importance of the individuals' safety and health. Whether they were by the pool or in the gym playing. She also taught us key factors of having and keeping a job. This was only a summer job, but we learned things that we can take with us to a real job in order to be successful. We all will be going our separate ways come the second week in August, but we look forward to possibly coming back next summer and being lifeguards under Mrs. Moore again."*



**DD Services**

**ECRH Incident Management  
Hotline Procedure**

The purpose of this Hotline is to establish an alternate means of reporting incidents in a timely manner. The Hotline is to be utilized by any employee, contractor, family member, visitor and volunteer that may feel uncomfortable reporting an incident or allegation of abuse, exploitation or neglect in person. This is an **alternate** reporting system and by no means will it replace the current protocol outlined in the IM Policy.

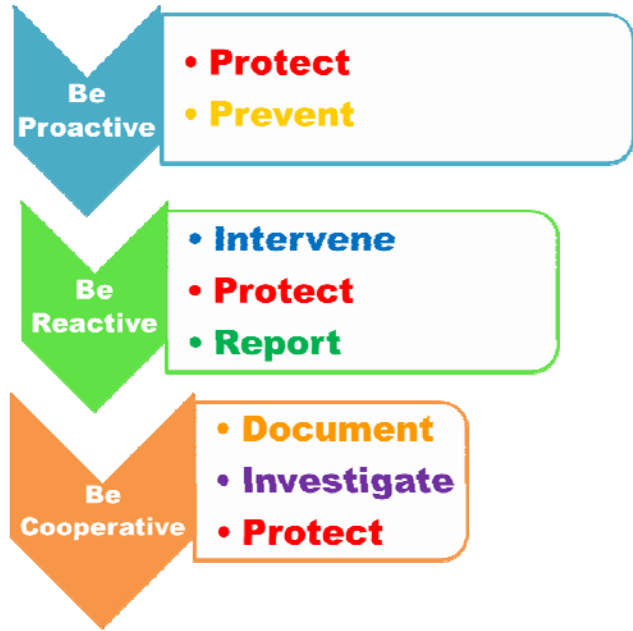
Hotline Number:  
(706) 945-7150



**PRIDE IN PLACE - It Starts with Me**

"If you change the way you look at things,  
the things you look at change." - Wayne Dyer

**Our Role in Protecting Our Individuals from Harm**



**24 Hour GETS Computer Help Desk Number: 1-877-482-3233**

<https://sts.gets.georgia.gov> – using SOG ID and Password

Contact the GETS Helpdesk Online at <https://login.gets.georgia.gov/portal> using SOG ID (computer sign on) and password to login or Call 1-877-482-3233 to report issues when your computer is not working correctly, when you need your SOG password reset, need access to or report issues with network drives, report network connectivity issues (no internet/slow internet), report outages (system/network), report a suspected computer virus, report laptop encryption issues. Contact Service Delivery Staff @ 706-790-2444/2445 if you have questions on this process.

Request Additional IT support on the DBHDD Intranet Support page: <https://gets.sharepoint.com/sites/DBHDDIntranet/support/Pages/default.aspx> Use your Office 365 ID and Password to login. Report the following issues through this site: Request a SharePoint site, Reset Office 365 password, Request access to application, Request security and system access, Request computer or telecom equipment, Report a problem with an application, request new printer or move of existing printer, Connect to network printer, Onboard new DBHDD employee (Manager only), Offboard departing DBHDD employee (Manager only), or if you are not sure what you need and wish to ask a question please use the above support page. Contact Service Delivery Staff @ 706-790-2444/2445 if you have questions on this process.

To assist in moving through the process quicker, please also provide the following forms to the [ECRH\\_ServiceDelivery@dbhdd.ga.gov](mailto:ECRH_ServiceDelivery@dbhdd.ga.gov) for the following issues with proper signatures. This will allow all necessary information to process your request in a timely manner:

- New User or change request for computer access – ADM-002A (Approximately 7 days)
- New Technology request (Hardware/Software) – ADM-001 (Approximately 30 days)
- Computer Equipment Move – ADM-351 (Approximately 30 days)

**Phone issues:** Contact Switchboard at 2011 or e-mail **Monica Wilson** (Use this number for repairs, problems, requesting new lines or jacks) Include the following: Telephone # with trouble, Building #, Type of phone (name on the phone), Room #, Station # if phone has one, problem with phone, & contact person. When requesting LAN jack please place work order with Plant Operations to run the cable prior to requesting the jack be installed. Always request 2x2 when having new voice (phone) & data (LAN) jacks added.

**Avatar Password Resets and Issues:** Contact Unit Nurse Manager, Charge Nurse or Department Head \*Additional Avatar issues should e-mail [dbhdditappsupport@dhr.state.ga.us](mailto:dbhdditappsupport@dhr.state.ga.us). Contact Apps Support staff at 706-790-2446 for Avatar questions.

**Avatar Reporting Needs:** If you are in need of specific data for reporting from Avatar please contact Hospital Reporting staff at 2568.



Out & About

# Furniture Refresh



Annual Infection Control and Prevention and Handwashing class.



Cutting grass on two campuses during the summer is a never-ending job.



The geese have stopped for a summer visit to the Augusta Campus.

# Dr. Vicky Spratlin



# You will be missed.



## Training at a Glance - August

Class	Date	Time	Place
NEO Principles of Recovery	8/16/2016	9:30 a.m.-10:30 a.m.	BLDG 103-D E&R
EMR Nursing	8/16/2016	8:00 a.m.-1:30 p.m.	BLDG 103-C Room C-18
Ostomy DD Training	8/16/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
Updated Safety Care Level #2	8/16/2016 8/17/2016	1:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99L
NEO Infection Control and Prevention+ Handwashing	8/17/2016	9:00 a.m.-10:30 a.m.	BLDG 103-D E&R
CPRC	8/17/2016	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Updated PNS Professional	8/18/2016	9:00 a.m.-11:00 a.m. 1:00 p.m.-3:00 p.m.	BLDG 103-C Lab
DD-Incident Management Annual	8/18/2016	8:00 a.m.-10:00 a.m. 10:00 a.m.-12:00 p.m.	BLDG 103-D E&R
NEO Safety Care Level #1	8/18/2016	8:00 a.m.-12:00 p.m.	BLDG 99F
NEO Safety Care Level #2	8/18/2016 8/19/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99L
CPRA	8/19/2016	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
First Aid	8/19//2016	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Updated PNS End User	8/19/2016	8:00 a.m.-9:00 a.m. 9:00 a.m.-10:00 a.m.	BLDG 103-D E&R
Infection Control and Prevention+ Handwashing	8/19/2016	10:00 a.m.-11:30 a.m. 1:00 p.m.-2:30 p.m.	BLDG 103-D E&R
NEO PBS Training	8/22/2016	8:00 a.m.-12:00 p.m.	BLDG 99L
MH-Incident Management Annual	8/22/2016	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-D E&R
Updated Safety Care Level #2	8/22/2016 8/23/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-11:00 am.	BLDG 99L
NEO CPRA	8/23/2016	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
NEO CPRC	8/23/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO First Aid	8/23//2016	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Updated Seizure Management	8/23/2016	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated Safety Care Level #2	8/23/2016 8/24/2016	1:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99L
NEO Medical Emergency Response System	8/24/2016	8:00 a.m.-12:00 p.m.	BLDG 103-D E&R
NEO Seizure Management	8/24/2016	12:30 p.m.-2:30 p.m.	BLDG 103-D E&R
Updated PNS End User	8/24/2016	8:00 a.m.-9:00 a.m. 9:00 a.m.-10:00 a.m. 10:00 a.m.-11:00 a.m.	BLDG 103-D E&R

## Training at a Glance - August

Class	Date	Time	Place
Updated Safety Care Level #1	8/24/2016	8:00 a.m.-11:30 a.m.	BLDG 99F
First Aid	8/25/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
CPRA	8/25/2016	1:00 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Infection Control and Prevention+ Handwashing	8/25/2016	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C Lab
Updated PNS Professional	8/25/2016	9:00 a.m.-11:00 a.m.	BLDG 103-C Lab
Updated Safety Care Level #2	8/25/2016 8/26/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-11:00 a.m.	BLDG 99L
NEO Observation of Individual to En- sure Safety	8/25/2016	8:00 a.m.-10:30 a.m.	BLDG 103-D E&R
NEO Seclusion and Restraint	8/25/2016	1:30 p.m.-4:30 p.m.	BLDG 103-D E&R
NEO Therapeutic Incentive Program	8/26/2016	8:30 a.m.-10:00 a.m.	BLDG 103-D E&R
CPRC	8/26/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Room C-23
Updated PNS Professional	8/26/2016	8:00 a.m.-10:00 a.m. 10:00 a.m.-12:00 p.m.	BLDG 103-C Lab
Updated Safety Care Level #2 (weekend)	8/27/2016 8/28/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-11:00 a.m.	BLDG 99L
NEO PNS End User	8/29/2016	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
NEO PNS Professional	8/29/2016	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
Updated Safety Care Level #2	8/29/2016 8/30/2016	8:00 a.m.-4:30 p.m. 8:00 a.m.-11:00 a.m.	BLDG 99L
Updated Seizure Management	8/30/2016	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-D E&R
CPRC	8/30/2016	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Updated Safety Care Level #2	8/30/2016 8/31/2016	1:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99L
Updated Safety Care Level #1	8/31/2016	8:00 a.m.-11:30 a.m.	BLDG 99F
CPRA	8/31/2016	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
First Aid	8/31/2016	12:30 p.m.-4:30 p.m.	BLDG 103-C Room C-23
Updated PNS End User	8/31/2016	8:00 a.m.-9:00 a.m. 9:00 a.m.-10:00 a.m. 10:00 a.m.-11:00 a.m.	BLDG 103-D E&R
Infection Control and Preven- tion+Handwashing	8/31/2016	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-D E&R

Check DBHDD University for training needs and information.

Published Twice Monthly



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NOTICE Items for publication must be submitted in written form. The upcoming issue's deadline is August 24, 2016. All articles and notices submitted for publication in the East Central Regional Hospital Bulletin are subject to editorial discretion. Please contact the Bulletin editor if you have questions regarding editorial decisions.



Our Mission

The mission of East Central Regional Hospital is to provide safe, competent and compassionate services to persons with mental illness and/or developmental disabilities.

Our Vision

The vision of our Facility is to be a center of excellence in the provision of comprehensive, responsive and compassionate care for consumers and their families.

Our Values

East Central Regional Hospital is caring and therefore, responsive to our consumers, their families, stakeholders and our employees through commitment to our core values:

Integrity

Communication & Collaboration

Accountability

Recognition through Relationships

Empowerment through Excellence



Accredited  
by  
The Joint Commission

Campus Marquees

Deadline for submission of

**SEPTEMBER MESSAGES**

**August 24, 2016**

Submit information to Skip Earnest

Gracewood Campus

Extension 2102

**(Information must be submitted on or before the indicated date to be placed on Marquees for the following month.)**

DBHDD Vision and Mission

Vision

Easy access to high-quality care that leads to a life of recovery and independence for the people we serve



Mission

Leading an accountable and effective continuum of care to support Georgians with behavioral health challenges, and intellectual and developmental disabilities in a dynamic health care environment

**Gracewood Post Office**

**Window Hours**

M-F 10:00 am-12:30 pm

1:30 pm-4:30 pm

Sat 9:00 am-10:45 am



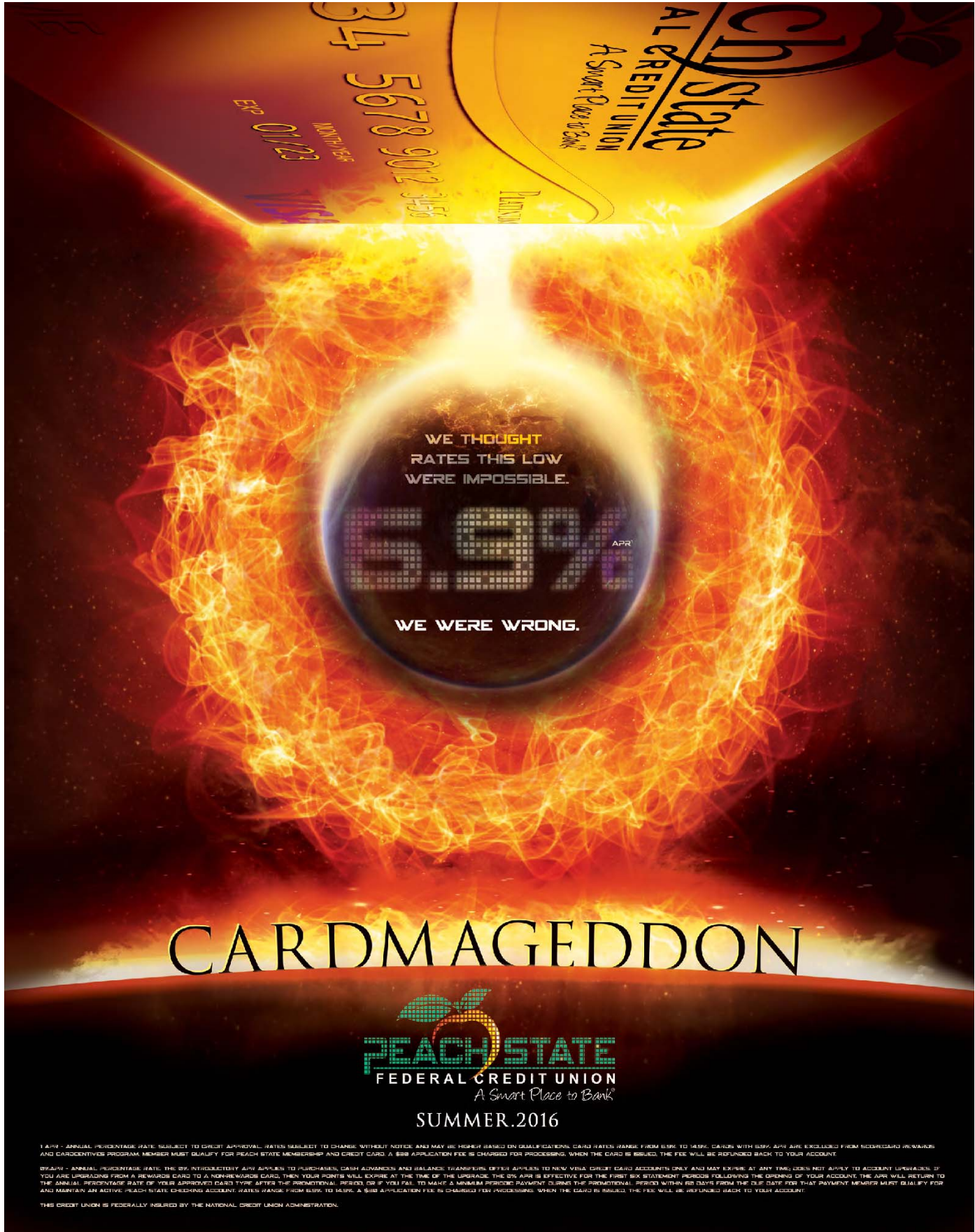
**Visit the Gracewood Post Office today and ask Frank Deas about renting a Post Office Box!**

**NATIONAL PARKS**

Our national parks tell distinctly American stories. Whether they inspire you to marvel at grand vistas, travel along scenic waterways and winding paths, or visit historic buildings and homes, discovery and exploration await.







WE THOUGHT  
RATES THIS LOW  
WERE IMPOSSIBLE.

WE WERE WRONG.

# CARDMAGEDDON



SUMMER 2016

1.49% - ANNUAL PERCENTAGE RATE SUBJECT TO CREDIT APPROVAL. RATES SUBJECT TO CHANGE WITHOUT NOTICE AND MAY BE HIGHER BASED ON QUALIFICATION. CASH RATES RANGE FROM 0.50% TO 1.00%. CARDS WITH 0.00% APR ARE EXCLUDED FROM SCORECARD REWARDS AND CARDREWARDS PROGRAM. MEMBER MUST QUALIFY FOR PEACH STATE MEMBERSHIP AND CREDIT CARD. A \$88 APPLICATION FEE IS CHARGED FOR PROCESSING. WHEN THE CARD IS ISSUED, THE FEE WILL BE REFUNDED BACK TO YOUR ACCOUNT.

0.00% APR - ANNUAL PERCENTAGE RATE. THE 0.00% INTRODUCTORY APR APPLIES TO PURCHASES, CASH ADVANCES AND BALANCE TRANSFERS. OFFER APPLIES TO NEW VISA CREDIT CARD ACCOUNTS ONLY AND MAY EXPIRE AT ANY TIME. DOES NOT APPLY TO ACCOUNT OVERDRAWS. IF YOU ARE UPGRADING FROM A REWARDS CARD TO A NON-REWARDS CARD, THEN YOUR POINTS WILL EXPIRE AT THE TIME OF THE UPGRADE. THE 0.00% APR IS EFFECTIVE FOR THE FIRST SIX STATEMENT PERIODS FOLLOWING THE OPENING OF YOUR ACCOUNT. THE APR WILL RETURN TO THE ANNUAL PERCENTAGE RATE OF YOUR APPROVED CARD TYPE AFTER THE PROMOTIONAL PERIOD. IF YOU FAIL TO MAKE A MINIMUM PAYMENT DURING THE PROMOTIONAL PERIOD WITHIN 60 DAYS FROM THE DUE DATE FOR THAT PAYMENT MONTH, YOU MUST QUALIFY FOR AND MAINTAIN AN ACTIVE PEACH STATE CHECKING ACCOUNT. RATES RANGE FROM 0.50% TO 1.00%. A \$88 APPLICATION FEE IS CHARGED FOR PROCESSING. WHEN THE CARD IS ISSUED, THE FEE WILL BE REFUNDED BACK TO YOUR ACCOUNT.

THIS CREDIT UNION IS FEDERALLY INSURED BY THE NATIONAL CREDIT UNION ADMINISTRATION.

## ECRH Jobs List

For further information regarding these positions, please go to the DBHDD webpage at [www.dbhddjobs.com](http://www.dbhddjobs.com).

[Activity Therapy Leader - ECRH Camellia Unit - 69154](#)

[Activity Therapy Leader - ECRH Redbud Unit - 69235](#)

[Activity Therapy Leader - Treatment Mall - 199661](#)

[Assistant Maintenance Director - Plant Operations - 68940](#)

[Automotive Mechanic - ECRH Plant Operations - 70743](#)

[Behavioral Health Counselor \(Campus Supervisor\) - ECRH DD Camellia - 69301](#)

[Behavioral Health Counselor \(Forensic Treatment Team\) - 196207](#)

[Behavioral Health Counselor - \(AMH Treatment Teams\) - 69858](#)

[Behavioral Health Counselor - Community Integration Home - 194840](#)

[Behavioral Health Counselor 3 - MH/DD Team Leader - 69222](#)

[Carpenter - 76890](#)

[Client Support Worker \(Houseparent\) - 192146](#)

[Client Support Worker - Houseparent - 181467](#)

[Clinical Dietitian - AMH Treatment Team - 70120](#)

[Clinical Dietitian - Redbud - 70104](#)

[CNA - ECRH SNF - FT 3rd Shift - 69639](#)

[CNA 1 \(Certified Nursing Assistant\) - ECRH Gracewood](#)

[CNA 2 \(Lead\) - 2nd shift - Gracewood Campus](#)

[CNA 2 \(Lead\) - 3rd shift - Gracewood Campus](#)

[Dental Assistant 2 - ECRH - 68888](#)

[Dental Worker - ECRH - 69076](#)

[Dentist - Gracewood Campus 7:30am - 4:00pm](#)

[Director of Clinical Information Systems](#)

[Electrician](#)

[Food Service Operation Worker - ECRH](#)

[Health Service Technical - Camellia - 3rd Shift](#)

[Health Service Technician - General Mental Health 2nd Shift - 200362](#)

[Health Service Technician - General Mental Health 3rd Shift - 76569](#)

[Health Service Technician - Redbud - 1st Shift - 69162](#)

[Health Service Technician - Redbud - 2nd Shift - 69378](#)

[Health Service Technician - Redbud - 3rd Shift - 69905](#)

[Health Service Technician 1 - Adult Mental Health - 1st Shift](#)

[Health Service Technician 1 - Adult Mental Health - 2nd Shift](#)

[Health Service Technician 1 - Forensic Inpatient 1 - 69391](#)

[Health Service Technician 1 - General Mental Health 1st Shift - 194967](#)

[Health Service Technician 2 - Forensic Inpatient 1 - 76522](#)

[Health Service Technician 2 Lead - Gracewood Camellia - 69493](#)

[Health Services Technician 1 - 1st shift - Gracewood Campus](#)

[Health Services Technician 1 - 2nd shift - Gracewood Campus](#)

[Health Services Technician 1 - 3rd shift - Gracewood Campus](#)

[Health Services Technician 1 - 3rd shift - Gracewood Campus](#)

[Health Services Technician 2 \(Lead\) - 2nd shift - Gracewood Campus](#)

[Health Services Technician 2 \(Lead\) - 3rd shift - Gracewood Campus](#)

[Housekeeper - ECRH](#)

[Instructor 1 - Intermediate Care Facility/MR Treatment Mall - 69061](#)

[Laundry Worker - 69935](#)

[LPN - Gen Mental Hlth](#)

[LPN - Hourly - ECRH Camellia](#)

[LPN - Infection Control - ECRH 8am-5pm](#)

[Maintenance Worker - Plant Operations](#)

[Maintenance Worker Parttime Hourly - Plant Operations/ Groundskeeping - 6593](#)

[Maintenance Worker Parttime Hourly - Plant Operations/ Groundskeeping - 7590](#)

[Mechanic Foreman - ECRH Plant Operations - 70748](#)

[Mental Health Counselor - ICF/MR Treatment Teams - 178358](#)

[Mental Health Counselor - SNF Treatment Teams - 68906](#)

[Nurse Manager \(Inpatient\) - Redbud Nursing - 69863](#)

[Nurse Manager - Inpatient \(ECRH - Redbud\)](#)

[Painter](#)

[Park Manager \(Historic Site\) - ECRH Plant Operations - 70807](#)

[Pharmacy Tech - Full-time Days - 69048](#)

[Pharmacy Tech - Full-time Days - 76663](#)

[Plumber - ECRH Plant Operations - 70755](#)

[Program Assistant \(1st shift\) - ECRH GMH - 198535](#)

[Program Assistant - Communications \(Switchboard\) - 68835](#)

[Program Assistant - ECRH - Redbud - 69437](#)

[Program Assistant - ECRH Plant Operations - 70791](#)

[Program Associate - Augusta Campus PSR Treatment Mall - 74119](#)

[Quality Management Specialist - 195162](#)

[Recovery Team Facilitator \(Behav Hlth Couns\) - ECRH AMH Treatment Teams - 200900](#)

[Registered Nurse - FT 2nd Shift - Camellia SNF - 69491](#)

## ECRH Jobs List

For further information regarding these positions, please go to the DBHDD webpage at [www.dbhddjobs.com](http://www.dbhddjobs.com).

[Registered Nurse - GMH Part-time Hourly - 77005](#)

[Registered Nurse - Part-time Hourly - 70282](#)

[Registered Nurse - Part-time Hourly 2nd Shift - AMH -163327](#)

[Respiratory Therapist Lead - Camellia - 204943](#)

[Service Director / RN](#)

[Shift Supervisor - ECRH Forensics - 3rd shift - 198731](#)

[Shift Supervisor - ECRH General Mental Health - 3rd shift - 198729](#)

[Shift Supervisor - Redbud - 1st Shift - 69288](#)

[Shift Supervisor - Redbud - 1st Shift - 69447](#)

[Shift Supervisor - Redbud - 1st Shift - 69925](#)

[Skilled Utility Worker ECRH Plant Oper - Carpentry/Upholstery - 76913](#)

[Social Work Auditor - ECRH Quality Mgmt - 197542](#)

[Social Worker \(Licensed\) Wknd PRN - ECRH Admission 23hr Observation - 208442](#)

[Social Worker \(Licensed\) Wknd PRN - Mental Hlth Team/Soc Work - ECRH](#)

[Social Worker, Licensed - 198540](#)

[Social Worker, NonLicensed 2 - ECRH DD Services - 69508](#)

[Steam Plant Operator](#)

[Support Services Worker Part time 29hrs - Warehouse - 205694](#)

[Training Coordinator 1 - HR Development - 68898](#)

[Training Coordinator 2 - ECRH HR Development - 76422](#)

[Training Specialist - HR Development - 69791](#)

[Treatment Mall Coordinator - ECRH](#)