DBHDD Community-Based Services Awareness Initiative

# DBHDD Region Three

Adult Behavioral Health Services As of **July 1, 2012**  Georgia Department of Behavioral Health & Developmental Disabilities **Regional Map with Community Service Areas** Effective July 1, 2011



- Lookout Mountain Community Services
- Avita Community Partners 4
- 5 - Cobb Community Service Board
- Douglas Community Service Board 6
- Fulton County MHDDAD 7
- 12 DeKalb Community Service Board
- 15 View Point Health
- 16 Clayton Community Service Board
- 17 Advantage Behavioral Health Systems
- 18 Pathways Center for Behavioral & Developmental Growth
- 19 McIntosh Trail Community Service Board
- 20 River Edge Behavioral Health Center
- 21 Phoenix Center Behavioral Health Services
- 22 Oconee Community Service Board
- 23 CSB of East Central Ga (Serenity Behavioral Health)
- 24 Ogeechee Behavorial Health Services
- 25 New Horizons Community Service Board
- 26 Middle Flint Behavorial Healthcare

- 27 Community Service Board of Middle Georgia
- 28 Albany Area Community Service Board
- 29 Georgia Pines Community MHMRSA Services
- 30 Behavioral Health Services of South Georgia
- 31 Pineland Area Community Service Board
- 32 Satilla Community Service Board
- 34 Gateway Community Service Board
- 36 Highland Rivers Community Service Board

### **Region Three DBHDD Office**

The Region Three office for the Department of Behavioral Health and Developmental Disabilities (DBHDD) is one of six regional offices across the state.

The Region Three office is an administrative field office of the Department of BHDD regional system. The purpose of the Regional Office is to develop a community based system of care and to oversee contracts and monitor the performance of providers who serve people needing mental health or addictive disease treatment from the public sector. It is envisioned that the community based system of care will be one that can meet the needs of the eligible people without out of home placement or having to access high-end inpatient programs. In addition, the Regional Office provides planning and coordination of its provider network, provides technical assistance, and serves as the point of contact for consumers who may have questions about the service system or if they are unable to access services.

Region Three covers six counties surrounding the Metropolitan Atlanta area in Georgia. It has a Planning Board comprised of citizens from each of the six counties. The Regional Planning Board is a volunteer Board and appointments to the board are made by the various county commissions in the region. The Regional Planning Board serves as the formal process for identifying needs, gaps in services and developing recommendations to the Department of DBHDD. Their role in gathering information and informing the State officials of the critical needs of the region is very important to the system.

The Region Three office is currently located in Tucker, Georgia.

DBHDD Region Three Office 100 Crescent Center Parkway, Suite 900 Tucker, GA 30084 Phone: (770) 414-3052 Fax: (770) 414-3048



## Region 3 Emergency Receiving Facilities July 1, 2012



## Region 3 Adult Behavioral Health Intensive Community Services July 1, 2012



# Region 3 Adult Behavioral Health Continuum of Care July 1, 2012



# Region 3 CORE Services July 1, 2012



## **Region Three Core Clinics**

Dekalb CSB	Viewpoint Health	Clayton CSB
445 Winn Way	175 Gwinnett Drive	112 Broad Street
Decatur, GA 30031	Lawrenceville, GA 30046	Jonesboro, GA 30236
Phone: (404) 508-7963	Phone: (770) 339-5079	Phone: (770) 478-2280
Grady (Fulton / Dekalb Hospital	Northside Community Mental	
Authority)	Health	
10 Park Place, NE	1140 Hammond Dr., NE	
Atlanta, GA 30303	#J1075	
Phone: (404) 616-4444	Atlanta, GA 30328	

#### Behavioral Health Service Descriptions:

Adult mental health CORE services are provided to individuals on an outpatient basis for individuals with a serious mental illness or addictive disease. Those services include behavioral health assessment, diagnostic assessment, community support, community transition planning, crisis intervention, individual counseling, group counseling, family counseling, individual/ group/ family training, medication administration, nursing assessment and health services, pharmacy and lab work, psychiatric treatment, psychological testing, and service plan development.

**Crisis Stabilization Unit (CSU)** is a short-term residential program operated for the purpose of providing psychiatric stabilization and detoxification services in a community based setting rather than inpatient hospitalization. This brief, intensive crisis service operates 24 hours a day, seven days a week.

Region Three has 2 crisis stabilization units (CSU) for adults and 1 CSU for children and adolescents. Dekalb Community Service Board operates a 36 bed adult CSU and Viewpoint Health operates the other 16 bed adult CSU. Occupancy of these beds averages 90 - 100% on any given day. Approximately 20 percent of all admissions have a diagnosis of substance abuse only, approximately 50 percent are diagnosed co-occurring and 30 percent have a diagnosis of mental illness only.

The CSU for children and adolescents is also operated by Viewpoint Health and has 27 beds. Occupancy of these beds averages 90 - 95% on any given day. Approximately 100 percent of all children and adolescents admitted are admitted for mental health issues.

**Mobile crisis** services currently exist in Clayton and Fulton counties only. Behavioral Health Link is the provider of mobile crisis in Region 3. This service is provided by mobile clinicians who assess individuals at their residences, social service agency, emergency room or other community settings using the least intrusive intervention to maximize the recovery while minimizing involvement with law enforcement, emergency rooms or hospitals. BHL provides these mobile crisis services and are averaging 74 assessments per month in FY12. Mobile Crisis services in Region 3 will be rebid in FY13.

**Detoxification** services in region 3 are provided by 2 private providers and 1 CSB with the total number of beds being 73. Specifically, these detoxification services are ASAM level I-D and Level III.2D to III.7 D.

Assertive Community Treatment (ACT) is an evidence based practice that is individualcentered, recovery oriented, and highly intensive community based service for individuals with severe and persistent mental illness. Referrals for ACT are commonly made by CSU's, hospitals, jails or through homeless shelters and street outreach teams. Region Three has a total of 16 ACT providers working throughout the region. Of these, 3 providers are funded with Medicaid and state dollars (awarded through RFP in FY11) and the remaining 13 teams are Medicaid only providers. Currently the state funded ACT providers are serving approximately 250 individuals and the Medicaid only providers are serving approximately 100 individuals in ACT. **Intensive Case Management (ICM)** is a community based service that consists of mental health rehabilitative services and supports necessary to assist the adult in achieving rehabilitative and recovery goals. Region Three has one ICM team. This team also receives referrals from CSU's, hospitals, jails, prisons, and homeless shelters and street outreach teams. Staff to individual ratio must not exceed 1:30 in urban areas. ICM was implemented in October of 2011 and currently has 60 individuals enrolled in the service.

Supportive Housing services are currently defined by 3 levels; intensive, semi-independent and independent. An intensive service provides individuals with 24/7 staff supervision. Semiindependent is defined as individuals having their own apartment with staff on-site for at least 36 hours per week. Independent residential service provides residential assistance to individuals who require a low level of residential structure. Region Three has 15 providers of supportive housing for people with a mental health issue and/or people with addiction. Region Three has a total of 605 state contracted residential beds for behavioral health consumers. As a result of the ADA settlement and in an effort to expand supportive housing throughout the state, the Department began administering the Georgia Housing Voucher Program (GHVP). This program supplies state funded housing vouchers to those meeting ADA criteria for 12 months. At the end of the GHV, the individual would transition to their own tenant based section 8 housing voucher, a shelter plus care placement or other residential options within the region. In addition the GHVP voucher, the Department is making available Bridge Funding of up to \$3000.00 for each signed lease. Bridge funding can be used for rent deposits, utility deposits, moving expenses initial food and apartment supplies and furniture. Currently Region Three leads the state in number of vouchers/signed leases at 126 with an additional 85 having been approved and are awaiting the individual and his/her provider to locate, secure and set up the apartment. Region Three has approved bridge funding for all individuals enrolled in GHVP and bridge funding for those who are pending.

**Supportive Employment** assists individuals with job development, placement, training and support to get and keep jobs. Region Three provides supported employment services to 126 individuals through 5 different providers. Through the ADA settlement Region Three received supported employment funding for an additional 28 individuals who meet the ADA criteria.

**Peer Support and Wellness** programs provide day services which include structured activities to promote socialization, recovery, wellness, self-advocacy, development of natural supports and maintenance of community living skills. These programs occur within a peer support center. Region Three is home to 5 peer support centers and the Peer Wellness Center in Decatur operated by the Georgia Mental Health Consumer Network.

**Projects for Assistance in Transition from Homelessness (PATH) Programs** serve individuals who are disaffiliated from mainstream culture and/or who have had negative experiences with service providers. These services are designed to identify, engage and link those homeless individuals who are unable or unwilling to seek services on their own from mainstream treatment resources. Currently in Region 3 the PATH dollars are funding outreach services for people with serious and persistent mental illness and co-occurring substance use or abuse who are also experiencing homelessness. This outreach service is being provided by 6 different providers through outreach teams referred to as PATH teams. Along with this outreach service Region 3 also funds an organization to provide expertise in filing SSI/SSDI applications and following these applications until approval of benefits is received using the SOAR model.

**Treatment Court Services** are offered through City of Atlanta Municipal Court and DeKalb County Government for citizens with addiction issues who are arrested as a result of the addiction. Mandatory addictive disease treatment is offered as an alternative to incarceration for those citizens whom are assessed to be good candidates for recovery and agree to participate. City of Atlanta Municipal Court also offers a mental health court where citizens with mental health issues are given the opportunity to engage in treatment as an alternative to incarceration after an arrest.

#### Emergency Receiving Facilities DBHDD Region 3 February 22, 2013

for entrance into any of these facilities contact BHL at 1-800-715-4225				
Community Service Board	Crisis Stabilization Unit (CSU) Name and Address	CSU Director, Medical Director and Contact Number		
		Director: Maggie Shelby, RN		
Dekalb Community Service Board	Contact Person: Maggie Shelby, RN	Email Address: josephb@dekcsb.org		
445 Winn Way	Dekalb Community Service Board	Phone: 404-508-7963		
Decatur, GA 30031	Decatur, GA 30031	Medical Director: Joseph Bona		
	Contact Person: Versie Davis, RN			
View Point Health	View Point Health	Director: Versie Davis, RN		
175 Gwinnett Drive	175 Gwinnett Drive	Phone: 770-339-5079		
Lawrenceville, GA 30046	Lawrenceville, GA 30046	Medical Director: Dr. C. Morgan		
State Hospital	Admissions Contact Information	Clinical Contact Information		
Georgia Regional Hospital/Atlanta				
3073 Panthersville Road				
Atlanta, Georgia 30037	Contact Person: Dr. Mendoza	Social Services Chief: Fred Coleman		
Phone: 404-243-2216	Phone: 404-243-2216	Regional Hospital Administrator: Rick Gray, MD		

#### DBHDD Region 3 New Community Based Services

Adult Mental Health & Addictive Disease				
Service	Provider	Area Covered		
Assertive Community Treatment (ACT)	Grady Mental Health	Fulton, Dekalb		
Assertive Community Treatment (ACT)	Georgia Rehabilitation Outreach	Fulton, Clayton		
Assertive Community Treatment (ACT)	Viewpoint Health	Gwinnett, Newton, Rockdale, Dekalb		
Intensive Case Management	Community Friendship	Fulton, Dekalb		
Case Management	Grady Community Mental Health Center	Fulton		
Case Management	Clayton CSB	Clayton		
Supported Employment	Briggs & Associates	All six counties		
	Community Friendship	Fulton, Clayton		
	Viewpoint	Gwinnett, Newton, Rockdale		
	Dekalb CSB	Dekalb		

#### **Developmental Disabilities Services Definitions**

All services are designed to encourage and build on existing social networks and natural sources of support and promote inclusion in the community or increase the individual's safety in the home environment.

Providers are required to have the capacity (by staff expertise or through contract) to support individuals with complex behavioral and or medical needs.

- **Behavioral Supports** Behavioral Supports Services provide for the development of Behavior Supports plans for the acquisition or maintenance of appropriate behaviors for community living and behavioral intervention for the reduction of maladaptive behaviors.
- **Community Access Services** Community Access Services are designed to assist the individual in acquiring, retaining, or improving self-help, socialization, and adaptive skills required for active community participation and independent functioning *outside* the individual's home or family home.

The services typically occur during the day but may also take place in the evenings and weekends. Community Access services are individually planned to meet the individual's needs and preferences for active community participation. These services are provided in either community-based or facility-based settings but not in the Individual's home, family home, or any other residential setting. The intended outcome of these services is to improve the individual's access to the community through increased skills and/or less paid supports.

• Community Residential Alternative (CRA) Services – CRA services are targeted for Individuals who require intense levels of support. These services are a range of interventions with a particular focus on training and support in one or more of the following areas: eating and drinking, toileting, personal grooming and health care, dressing, communication, interpersonal relationships, mobility, home management, and use of leisure time. CRA Services are individually planned and tailored to meet the specific needs of the Individual and to accommodate fluctuations in his or her needs for various services.

The services provided, the frequency and intensity of services are specific to the individual receiving services as detailed in his/her Individual Services Plan (ISP). Provider shall have the capacity (by staff expertise or through contract) to support individuals with complex behavioral and or medical needs.

• **Community Living Support (CLS) Services** – CLS services are individually tailored supports that assist with the acquisition, retention, or improvement in skills related to an Individual's continued residence in his or her own or family home. Personal care/assistance may be a component part of CLS services but may not be the only service provided to an Individual. CLS services are offered to Individuals who live in their own or family home.

A personal assistance retainer is a component of Community Living Support Services. This retainer allows continued payment to personal caregivers under the waiver for the following: (1) up to seven (7) days from the date of each admission to a general hospital or nursing facility, including ICF/MR and skilled nursing facilities; and (2) up to thirty (30) days per year for other absences of the individual from his or her home, such as vacations and family/relative visits.

CLS services are only for individuals who live in their own or family home. The types and intensity of services provided are specific to the individual and detailed in his or her Individual Service Plan.

• **Supported Employment Services** - Supported Employment services are ongoing supports that enable individuals, for whom

competitive employment at or above the minimum wage is unlikely absent the provision of supports, and who, because of their disabilities, need supports, to perform in a regular work setting. Supported Employment services are conducted in a variety of settings, particularly work sites where individuals without disabilities are employed.

The planned outcomes of these services are to increase the hours worked by each individual toward the goal of forty hours per week and to increase the wages of each individual toward the goal of increased financial independence.

- **Respite Services** Respite Services provide brief periods of support or relief for caregivers of individuals with disabilities. Respite is provided in the following situations:
  - When families or the usual caretakers are in need of additional support or relief;
  - When the individual needs relief or a break from the caretaker;
  - When a individual is experiencing a crisis and needs structured, short-term support;
  - When relief from care giving is necessitated by unavoidable circumstances, such as a family emergency.

Respite Services may be provided in the individual's own or family home, or outside the individual's home in a private residence of a Respite Services provider (i.e., a home that is owned or rented by the provider or an employee of the provider) or in a licensed Personal Care Home. Respite Services include short-term services during a day or overnight services.

