DBHDD Community-Based Services
Awareness Initiative

DBHDD Region Five

Adult Behavioral Health Services
As of
July 1, 2012
Region Five DBHDD Office

The Region Five office for the Department of Behavioral Health and Developmental Disabilities (DBHDD) is one of six regional offices across the state.

The Region Five office is an administrative field office of the Department of BHDD regional system. The purpose of the Regional Office is to develop a community based system of care and to oversee contracts and monitor the performance of providers who serve people needing treatment from the public sector mental illness or addictive diseases. It is envisioned that the community based system of care will be one that can meet the needs of the eligible people without out of home placement or having to access high-end inpatient programs. In addition, the Regional Office provides planning and coordination of its provider network, provides technical assistance, and serves as the point of contact for consumers who may have questions about the service system or if they are unable to access services.

Region Five covers 34 counties in Southeast Georgia. It has a Planning Board comprised of citizens from each of the counties. The Regional Planning Board is a volunteer Board. The main role of the Planning Board is to identify community needs and gaps in the current service system and to prepare a plan annually. The Regional Planning Board serves as the formal process for identifying needs and developing recommendations to the Department of DBHDD. Their role in gathering information and informing the State officials of the critical needs of the region is very important to the system.

The Region Five office is currently located in Savannah, Georgia.

DBHDD Region Five Office
1915 Eisenhower Drive, Building 7
Savannah, GA 31406
Phone: (912) 303-1670
Fax: (912) 303-1681
Toll Free: 1-800 348-3503
Full Array of Behavioral Health Services

CORE Behavioral Health:
- Beh Health Assmt & Serv Plan Development
- Psychological Testing
- Diagnostic Assessment
- Crisis Intervention
- Psychiatric Treatment
- Nursing Assessment & Care
- Medication Administration
- Community Support
- Individual Outpatient Services
- Group Outpatient Services
- Family Outpatient Services
- Pharmacy

SPECIALTY Behavioral Health:
- Crisis Stabilization Program
- ACT
- Peer
- CST
- PSR
- CM
- ICM
- Supportive Employment
- Housing Vouchers
- Residential
- HIV
- MCT

SPECIALTY Addictive Diseases:
- Social Detox
- Residential
- Intensive Outpatient
- Treatment Court (6)
- Group
- SA Prevention
Region 5 Adult Behavioral Health Intensive Community Services
July 1, 2012
Region 5 Adult Behavioral Health Continuum of Care
July 1, 2012
Service Descriptions:

**Adult Core Services**
The basic out-patient services for people with a serious mental illness or with an addictive disease. It consists of being evaluated by a psychiatrist and a nurse, and the development of a treatment plan. The treatment plan may include a prescription for medication, a schedule of appointments for out-patient counseling, supported employment, and home visits by a community service worker. These services are provided by 4 CSB's, and 2 private providers.

**Adult Crisis Stabilization Services**
Services provided in residential settings to rapidly stabilize the behaviors and symptoms of a person in an acute phase of mental illness, or to provide detoxification services to people high on drugs or alcohol. People are usually discharged in 5 days or less and are referred to a Core Provider for out-patient services. There are 4 CSU's in Region Five and they are operated by 4 CSB's. They have a combined capacity of 60 beds and admit an average of 320 people per month.

**Adult In-patient Hospitalization Services**
These are services for people whose behaviors or symptoms are too acute to be effectively managed in a CSU. These services are provided through a state hospital in Savannah, GA: Georgia Regional Savannah (GRHS) which have 78 beds. During the first quarter of this fiscal year, there has been an average of 108 admissions per month with an average daily census of 42 people. People being discharged from GRHS are referred to a Core Provider for out-patient care.

**Adult Residential Services**
Services range from intensive treatment in a small residential setting with the goal of the person recovering to the point of moving to independent living; to providing rent supplements to help a person in recovery live as independently as possible. There are 274 slots available that serve an estimated 390 people per year. These residential services are provided by 2 CSB's and 2 private providers.

**Housing Voucher’s**
To provide Supported Housing and Bridge Funding to persons with Serious and Persistent Mental Illness in the Settlement Agreement’s Target Population. The Supported Housing will assist such individuals in attaining and maintaining safe and affordable housing and support their integration into the community. The program is designed to provide housing supports for approximately 2,000 tenants statewide that are deemed ineligible for any other benefits.

**Peer Support Services**
This service provides structured activities within a peer support center that promote socialization, recovery, wellness, self-advocacy, development of natural supports, and maintenance of community living skills. Activities are provided between and among individuals, who have common issues and needs, are consumer motivated, initiated and/or managed, and assist individuals in living as independently as possible.
**Supported Employment**
In line with current best practice, this service emphasizes that a rapid job search and placement approach be prioritized above traditional prevocational training or traditional vocational rehabilitation. Job development, placement and training are for people who, due to the severity of their disabilities, need support to locate, choose, obtain, learn and maintain a job. Services include supports to choose and obtain paid employment in competitive wage, individual-based community jobs, as well as brief training support to learn the specific job skills/tasks necessary to perform and retain a particular job.

**Assertive Community Treatment (ACT)**
Has all of the service types of a Core Provider except the building, and it has smaller case loads in order to provide more intense services in the person's community, including 24/7 support. Region Five has two teams provided by 1 CSB and 1 Private provider. One team covers Chatham County while the other covers Glynn and Camden Counties. In a year each team can serve up to 100 people consisting of people with a serious mental illness and who are most at risk of re-hospitalization, or of being homeless or jailed are eligible for this service.

**Intensive Case Management(ICM), Case Management(CM), and Community Service Teams(CST)** are other forms of community based care that goes to the person in their home or other places in the community to support their efforts to recovery. Caseloads are usually no more than 30 people per staff member. These services are an adjunct to the Core Services the person is receiving and are designed to help the person be successful in their community. ICM is provided by 1 CSB, CM is provided by two different CSBs, and CST is provided by a fourth CSB.

**Mobile Crisis Team (MCT)**
A service that has staff on call 24/7 to respond to any crisis call that may be related to a mental illness or substance abuse issue. They conduct a face to face evaluation where ever the person is located and will make recommendations for further treatment if indicated. This service is available in 4 of the 34 counties of region five, and offered by 2 CSBs and GRHS. These teams conduct an average of 130 evaluations per month.
### Emergency Receiving Facilities
**DBHDD Region 5**
**September 2012**

<table>
<thead>
<tr>
<th>Community Service Board</th>
<th>Crisis Stabilization Unit (CSU) Name and Address</th>
<th>CSU Director, Medical Director and Contact Number</th>
</tr>
</thead>
</table>
| Community Service Board of Middle Georgia                    | Quentin Price, MD Crisis Stabilization Program                        | Director: Jenny Yancey  
Email: jyancey@csbmg.com  
Phone: (478) 275-6811 x1175  
Medical Director: Dr. Thomas Rumble |
| 2121A Bellevue Road                                           | 118 Thomas Lane  
Dublin, GA  31021                                                     |                                                                       |
| Dublin, GA  31021                                             |                                                                      |                                                                       |
| Gateway Behavioral Health Services                            | Gateway Crisis Stabilization Unit                                    | Director: Cathy Thompson  
Email: cthompson@gatewaybhs.org  
Phone: (912) 554-8455  
Medical Director: Dr. Faulk |
| 700 Coastal Village Drive                                     | 121 Burgess Road  
Brunswick, GA  31523                                                   |                                                                       |
| Brunswick, GA  31523                                          |                                                                      |                                                                       |
| Pineland MH/DD/AD                                             | John's Place Crisis Stabilization Unit                               | Director: Tami Russo  
Email: trusso@pinelandcsb.org  
Phone: (912) 764-6127  
Medical Director: Dr. Joel Bray |
| 5 West Altman Street                                          | 4 West Altman Street  
Statesboro, GA  30458                                                  |                                                                       |
| Statesboro, GA  30458                                         |                                                                      |                                                                       |
| Satilla Community Services                                    | St. Illa Crisis Stabilization Program                                | Director: Eva Fedd  
Email: efedd@satillacs.org  
Phone: (912) 449-7203  
Medical Director: Dr. Lionel Bryan |
| 1007 Mary Street                                              | 3455 Harris Road  
Waycross, GA  31503                                                    |                                                                       |
| Waycross, GA  31503                                            |                                                                      |                                                                       |

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<thead>
<tr>
<th>State Hospital</th>
<th>Admissions Contact Information</th>
<th>Clinical Contact Information</th>
</tr>
</thead>
</table>
| Georgia Regional Hospital at Savannah                         | Phone: (912) 356-2030  
Fax: (912) 356-2573                                                    | Acting Regional Hospital Administrator:  
Reemon Bishara, M.D.  
Nurse Executive: Cynthia Jackson, RN, MSN  
Social Services Chief:  
Stephanie Hines Warren, LCSW |
| 1915 Eisenhower Drive                                         |                                                                      |                                                                       |
| Savannah, GA  31406                                            |                                                                      |                                                                       |
| Phone: (912) 356-2011                                           |                                                                      |                                                                       |
| Fax: (912) 356-2691                                             |                                                                      |                                                                       |
## DBHDD Region 5

### New Community Based Services

<table>
<thead>
<tr>
<th>Service</th>
<th>Start Date</th>
<th>Provider</th>
<th>Location</th>
<th>Area Covered</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assertive Community Treatment (ACT)</td>
<td>04/01/11</td>
<td>AmericanWork</td>
<td>Savannah</td>
<td>Chatham</td>
</tr>
<tr>
<td>Assertive Community Treatment (ACT)</td>
<td>07/01/11</td>
<td>Gateway Behavioral Health Services</td>
<td>Brunswick</td>
<td>Glynn, Camden</td>
</tr>
<tr>
<td>Community Support Team (CST)</td>
<td>07/01/12</td>
<td>Pineland MH/DD/AD</td>
<td>Statesboro</td>
<td>Bulloch, Candler, Toombs</td>
</tr>
<tr>
<td>Intensive Case Management (ICM)</td>
<td>07/01/12</td>
<td>Savannah Counseling Services</td>
<td>Savannah</td>
<td>Chatham</td>
</tr>
<tr>
<td>Case Management (CM)</td>
<td>07/01/12</td>
<td>Community Service Board of Middle GA</td>
<td>Dublin</td>
<td>Bleckley, Dodge, Johnson, Laurens, Montgomery, Pulaski, Telfair, Treutlen, Wheeler, Wilcox</td>
</tr>
<tr>
<td>Case Management (CM)</td>
<td>07/01/12</td>
<td>Satilla Community Services</td>
<td>Waycross</td>
<td>Atkinson, Bacon, Brantley, Charlton, Clinch, Coffee, Pierce, Ware</td>
</tr>
<tr>
<td>Supported Employment (SE)</td>
<td>07/01/11</td>
<td>AmericanWork</td>
<td>Savannah</td>
<td>Chatham</td>
</tr>
<tr>
<td>Social Detox</td>
<td>07/01/09</td>
<td>Recovery Place</td>
<td>Savannah</td>
<td>Chatham</td>
</tr>
<tr>
<td>Addictive Disease Pilot Programs:</td>
<td>07/01/11</td>
<td>Pineland MH/DD/AD</td>
<td>Statesboro</td>
<td>Appling, Bulloch, Candler, Evans, Jeff Davis, Tattnall, Toombs, Wayne</td>
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<tr>
<td>Intensive Outpatient and Transitional Housing</td>
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Adult Mental Health & Addictive Disease