What is Recovery?
There are numerous definitions of Recovery. Several elements are common: care is self-directed, takes place in communities of choice, people strive toward wellness, movement toward the individual’s full potential. We’ll spend time discussing Georgia’s definition of recovery, developed through focused conversations across the state.

What are elements of a ROSC?
In addition to self-directed care, a ROSC involves inclusion of families and allies, support by peers with similar lived experiences and faith communities, individualized services across a life-span, based on an individual’s strengths and is culturally responsive.

What does this mean for our community and us as individuals and families?
A ROSC respects many pathways to recovery and supports choice by individuals. You can start by looking at what is currently working in your life, in your family and in your community and building on the strengths you find. From there, you can look for ways to enhance the support and services currently provided.

Let’s have a lively discussion about building on our strengths for supporting recovery in North Georgia

WHO SHOULD ATTEND?

- Youth—Students—Adults—Seniors
- Our Families and Friends
- Educators
- Members of our faith communities

- People in Recovery
- Court Officials
- Persons providing us services
- Law Enforcement Officials

Georgia Mental Health Consumer Network

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