



Talking About Recovery

In this workshop we'll explore ways in which we can talk about and advocate for Recovery for ourselves and others.

**June 14, 2014
10:00—2:30 PM**

**Lunch &
Refreshments
will be provided**

Location:
North Decatur
Presbyterian Church
611 Medlock Road
Decatur, GA 30033
Click [HERE](#) to register

For more information contact
info@gasubstanceabuse.org
Or 404-523-3440

Think about your audience. As we describe and talk about our path to wellness from substance use or mental health challenges, we want to consider who we are talking with, what it's important for them to know and how we want to influence them. We might want to talk to family members, friends, school-mates, legislators, policy-makers, doctors or behavioral health care providers.

Consider principles that work. From public opinion research, we know that it's effective to make it personal, keep it simple, focus on recovery—not our addiction or mental health challenges, and help others to know that recovery is not just about taking medications or not using alcohol or other drugs. Applying these principles to your message can result in greater impact.

Find your own voice. Use impactful experiences from your life and find a way to talk about them that will have the greatest impact on your audience. Make sure to let people know that recovery matters and is real.

**We will work with you to help you find your voice for
promoting recovery in Georgia**

WHO SHOULD ATTEND?

Youth—Adults—Seniors
Families and Friends
Persons providing us services

Anyone who considers her/himself an ally of recovery

People in Recovery
Educators
Members of our faith communities



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