

West Central Georgia Regional Hospital Regional Reflections

May 2015



Since opening in 1974, West Central Georgia Regional Hospital (WCGRH) has stood as a beacon of hope for consumers in need of behavioral healthcare services in the State of Georgia

QUALITY MANAGEMENT The Joint Commission Corner

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Memorial Day



SAFETY - What you should know:

What is your role in Patient Safety?

- To be familiar with the WCGRH Safety Plan, the Emergency Operations Plan and your department/unit's role.
- To complete all mandatory training related to patient safety.
- To report all safety concerns to your supervisor, Environment of Care Team (EOC) or WCGRH Safety Officer.
- Be familiar with the National Patient Safety Goals (NPSGs) and how they are implemented at WCGRH. The 2015 NPSGs can be found posted on your unit and also there is a link to them on the WCGRH Employee Intranet <http://www.wcgrh.org/Intranet> as well as on the J drive:J:\National Patient Safety Goals\00-NPSG 2015

Know how to describe your role or participation in hospital wide disaster drills.

- Please read **Policy 110-07** and **Plan # 7** and know your role in an emergency.

Be able to describe how you would conduct an evacuation of patients and visitors.

- Know the emergency exits in your work area.
- Know what patient information and equipment will be taken if evacuation is necessary.
- Know the proper techniques for transporting patients if they are unable to ambulate unassisted.

Quality Management

The Joint Commission Corner (contin)

Two examples of actual disaster drills follow:

- The most recent two hospital wide disaster drills or real events were:
 - On 4-19-2015 at 10:18 AM the Columbus Emergency Management sounded the Tornado Watch Alert due to a tornado touching down in Fort Benning. WCGRH Security announced over the 5310 system for all units to move clients to the safe areas on each unit. The “all clear” notice was received.
 - On 7-14-2014 at one of our Forensic Community Homes (CIH), the A/C unit failed. The house was extremely hot. The staff followed the WCGRH Emergency Operation Plan (EOP) and relocated the clients to a hotel for the night.

FMEA?? WHAT'S THAT?

A **FAILURE MODE AND EFFECTS ANALYSIS (FMEA)** is a process to identify how and why a patient care process may fail and what can be done to make the process safer. We want to prevent problems **BEFORE** they occur – such as giving the wrong medication to the wrong patient. ***The most recent FMEA conducted at WCGRH was an Elopement.***

MEDICAL EQUIPMENT MANAGEMENT

What do you do with broken medical equipment?

- Remove the equipment from the patient care area.
- Notify your Supervisor and Program Assistant.
- They will submit a work order to Engineering for repair.
- Also, they will contact Procurement and Infection Control Nurse.

How do you know medical equipment is safe to use?

- All new medical equipment is inspected by a Biomedical Engineer twice a year.
- Records are kept by the biomedical engineer and by WCGRH's Medical Equipment Coordinator.
- Stickers are placed on the equipment with the last date of inspection and the next date of inspection.
- Staff are trained on safe use and proper cleaning of medical equipment prior to using the equipment.

Does WCGRH have policies on medical equipment?

- WCGRH Policy 110-06 Medical Equipment Management Program.
- WCGRH Medical Equipment Management Plan is part of the EOC plans.
- These two policies will soon be replaced by a state-wide Medical Equipment Policy.

West Central Georgia Regional Hospital

2015 Nursing Conference

Manipulating the Brain

From Lobotomy to Deep Brain Stimulation



All Disciplines
Welcome

Keynote Speaker
Nzinga A. Harrison, M.D.

Approved for 4
Nursing CE
Contact Hours

May 7, 2015

9:00a -1:15p

Registration starts at 8:30a

West Central GA Regional Hospital

Honor Hall

The purpose of this conference is to enable the learner to apply knowledge of past and present interventions involving brain manipulation to identify patients who may benefit from these treatments.

This continuing nursing education activity was approved by the Georgia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Registration Form Fee: \$50.00 **Cash or Check only**
Name: _____

Registration Deadline: May 4, 2015***
Mailing Address: _____

Email Address: _____

Phone: _____

Please make checks payable to:
WCGRH Foundation
3000 Schatulga Road
Columbus, GA 31907
Columbus, GA 31907

Please indicate on check "For Nursing Conference"

For more information please contact:
Malcolm Booker- 706-568-5177

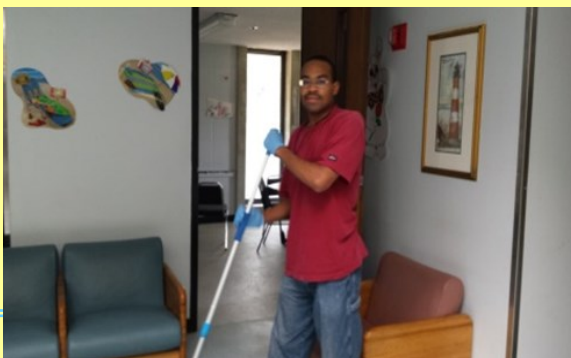
Spring Fling at West Central



Were you wondering why on Thursday, April 2, 2015 our individuals seemed a little more tired and maybe not as hungry as usual? I might have the answer!

It has been somewhat of a tradition for some type of mega activity to be held during some of the down weeks between mall quarters. To carry on that tradition, AT, PSR and TIP services held a "Spring Fling" in building six for our Forensic and Mental Health Individuals. Serving popcorn from the popcorn machine (a wonderful smell), snow cones with such pretty colored ice, nachos with chili and cheese (probably more cheese than Chucky ever saw), various beverages and, of course, those delicious cupcakes. Various games were offered; to include bowling, spades, indoor and outdoor basketball, beanbag toss, musical chairs, tic-tac-toe and ring toss. Individuals visited the Nail Shop, Tattoo Shop, or had their face painted by our skilled staff. By using tickets earned participating in games, the Individuals were able to select from a room full of prizes; varying from watches, purses, wallets, flip flops, pajama pants, earrings, bracelets, hair ties, Frisbees, sunglasses, caps, hand held games, lip gloss and hygiene products. Some prizes were from various cities that donated to our Mayor's Motorcade for the Individuals. Everyone seemed to enjoy the food, games and fellowship.

A special "thank you" to Kim Gallimore for planning the activities, food, prizes; making this such a great event. We could not have done this without the wonderful organizational skills of Monika Rivera (she kept everyone moving in the right direction.) A special "thank you" to Food Services staff for providing such wonderful assistance with the food and serving supplies. Also a special "thank you" to Richard Byrd, Housekeeping Services, who had a mound of work to do following the big event. If the fun was measured by the cleanup needs, then the Spring Fling was more successful than anything we could have imagined.



Again, thanks to everyone for helping to put smiles on the faces of our Individuals. Your continued support of Rehabilitation Services will allow us to provide more and more of these type activities.

By Dianna Byrd, Rehabilitation Services Chief

The Great Wall on Unit 3

After two days of hard work and dedication, individuals on Unit 3 completed a wall of Creative Art work. Each individual shared his or her thoughts and as a team they all agreed upon **“Spring Is Showering on Unit 3”** as the theme. Here is how it all happened:

► After having a full week of rain, the individuals drew and cut out blue rain drops and clouds. One individual who enjoys looking out the window daily shared that he saw rain drops falling from the fluffy, dark clouds. Another individual added that the sun shined, brightly on one of those days during the rainy week, so he created the sun. Another artistic individual that loves to draw flowers suggested we add flowers to the scene because it’s spring. Again, all the individuals agreed as a team. Lastly, the wonderful idea of the colorful butterflies was thought of by an individual that strongly emphasized the feeling of happiness when a butterfly is in her presence.

Upon completion of their art work on the Great Wall, the individuals smiled and stated, “the wall will brighten up their day in every way.” They shared they felt no signs of distress, they were proud of themselves for using positive coping skills, and they enjoyed working together during the week of the rainy weather.



This Creative Art activity was completed under the supervision and assistance of Aisha Thornton of the AT Department, Angela Miles and Michol Brooks of the PSR Department.

Supplies used: Construction Paper, Markers, Colored Pencils, Glue, Glitter, Scissors, and Paint provided by Clifford Pass, PSR Department Coordinator and Garrett Vance, Activity Therapy Department Coordinator.



Staff—Unit 3

Knowledge College

UNDERSTANDING MENTAL ILLNESS (PART 2)

Depression

Major Depression, also known as clinical depression, is a mood disorder that goes beyond feeling sad or having the “blues”. It is a serious medical illness that affects an Individual’s thoughts, feelings, behavior, mood and physical health. Depression is a condition with alternating periods of wellness and recurrences of illness.

Who’s at Risk?

All age groups, races, ethnic and socioeconomic groups can experience depression; men, women, Veterans, Cultural groups, GLBT, children, adolescents and Seniors. When left untreated episodes of depression can last from a few months to many years. The following are signs and symptoms of depression:

- ◆ Changes in sleep, some Individuals have difficulty falling/staying asleep, while others sleep excessively
- ◆ Changes in appetite
- ◆ Poor concentration, the inability to concentrate and/or make decisions
- ◆ Loss of energy and fatigue
- ◆ Lack of interest in usual activities
- ◆ Low self-esteem
- ◆ Feelings of hopelessness or guilt

What do we need to do?

- ◆ Monitor for side effects and therapeutic effects of medications
- ◆ Provide medication education
- ◆ Encourage expression of emotion
- ◆ Provide an outlet for anger



Depression affects all ages, races, ethnic & socioeconomic groups



Recovery is Possible

SD&T KNOWLEDGE COLLEGE

Building 12
706-568-5309

www.dbhdduniversity.com/

State of Georgia and
Developmental Disabilities

*West Central Georgia
Regional Hospital
3000 Schatulga Road
Columbus, Georgia 31907
(706) 568-5000*

Web Page
www.wcgrh.org



EMPLOYEE NEWS

“Welcome New Employees”

April 1st.



*Left to Right: Row 1: John Robertson, RHA, Brittany Underwood,
Flora McBride, Maisey Edenfield, Shamonica Dorsey
Row 2: Nancy Woodson, George Sutton, Sheree Kenen, Charlene Garner*

State of Georgia and
Developmental Disabilities

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EMPLOYEE NEWS

“Welcome New Employees”

April 16 th.



Left to Right: Row 1: Francine Howard, Catherine Peterson

Row 2: Jessie Cuff, Leonard Myles, Jane Albrecht

Not Pictured: Kevin Hood



News From Human Resources

FAITHFUL SERVICE AWARDS

10 Years

Delores Allen

THANK YOU FOR YOUR CONTINUED SERVICE TO OUR HOSPITAL AND THE STATE OF GEORGIA

Human Resources Monthly

May 4th. Manager Approval by Noon
Please reconcile and move FSLA to OT Premium
May 15th. Pay Day
May 18th. Manager Approval by Noon
Please reconcile and move FSLA to OT Premium
May 29th. Pay Day

Did You Know? E-Performance:

Every employee has access to their e-performance documents thru their self-service which is located at www.team.ga.gov. Your employee I.D. and Social Security or password created will allow you entry. If you have forgotten your password or do not remember your questions—Call 1-888-896-7771. All employees who have an I.D. issued to them when hired have access to all of their personal information and the ability to make any necessary changes without having to come to H.R. However, H.R. is always available if you need assistance or have trouble with the site.

Orientation is on May 1st. and May 18th. In HR from 1:00-5:00 PM

HAVE YOU ACCESSED YOUR SELF-SERVICE INFORMATION LATELY?

Any Questions please do not hesitate to call Human Resources (706) 568-2260

Goodbye and Farewell

Dallas Adkins
Mercy Aina
Thyra Brown
Shinika Clark
Mae Dixon

Fabian Farley
Angela None-Reed
Caren Nuetzel
Melanie Register
Betty Richardson

Dominique Rowell
Jessica Shelton
Patricia Thompson
Christopher Wooten
Tracey Yarborough

Human Resources Department

HR Representatives:

Peri Johnson, Human Resources Manager
Sandra Brown, Employee Relations Specialist
Vonceil Plump, Personnel Tech II
Paul Fahnstock, Recruiter
Shannon Hearn, Recruiting Tech
Pat Altman, Benefits and Worker's Comp
Michele Trowers, Leave/Payroll Specialist
Alexis Soller, Program Associate

Suggestions or Questions:

Any questions? Please contact HR at (706) 568-2260

If you have any ideas or topics you would like to see featured in the Human Resources section, please submit them to the Human Resources Department

Holiday Monday May 25, 2015 (Memorial Day Observance)

Staff Development & Training



ANNUAL UPDATE CLASS SCHEDULE:

Classes fill up fast. Please don't wait to schedule your Annual updates!

CPR—BLS

Monday, May 4 8:00—12:00
Monday, May 18 8:00—12:00

CPR & FIRST AID—HEARTSAVER

Monday, May 11 8:00— 3:00

ANNUAL PNS—PRO

Tuesday, May 12 1:00— 3:00
Tuesday, May 19 1:00— 3:00
Tuesday, May 26 9:30—11:30

ANNUAL PNS—END USER

Tuesday, May 12 7:30— 9:30
Tuesday, May 19 1:00— 3:00
Tuesday, May 26 9:30—11:30

ANNUAL SEIZURE MANAGEMENT

Tuesday, May 19 7:30— 9:30
Tuesday, May 26 1:00— 3:00

ANNUAL INCIDENT MANAGEMENT

Wednesday, May 6 3:00—4:00
Wednesday, May 20 3:00—4:00

SAFETY CARE RECERTIFICATION

Thursday, May 14 8:00—5:00
Thursday, May 21 8:00—5:00
Thursday, May 28 8:00—5:00

ANNUAL INFECTION CONTROL

Friday, May 1 8:00—9:30
Friday, May 8 3:00—4:30
Friday, May 15 8:00—9:30
Friday, May 22 3:00—4:30

POSITIVE BEHAVIOR SUPPORTS

Thursday, May 21 8:00—5:00

Staff Development & Training

Now offering evening classes:

Wed, May 13, 3:00pm: Safety Care Recert

Thurs, May 14, 3:00pm: Seizure Annual

Thurs, May 14, 5:00pm: PNS End User Annual

Thurs, May 14, 5:00pm: PNS Pro Annual

Fri, May 15, 3:00pm: Incident Annual

Mon, May 18, 3:00pm: BLS CPR

Mon, May 18, 3:00pm: Heartsaver CPR & First Aid

Register online today!!

Staff Development & Training



You can register for any of your classroom trainings in 3 easy steps:

1. Login to your LMS (my.learning.dbhdduniversity.com)
2. Click on the class you need to take
3. Choose the date/time by clicking “Enroll” beside it.

****Please make sure it is a “WCGRH” class****

Automated emails will be sent to you and to your supervisor when you register.

Please Note: the ONLY class you cannot register yourself for is Safety Care.

Please look at your transcript to see when you attended Safety Care last year, then email Crystal Robbins or CarrieAnn Pizarro to register.



Leadership You Asked, We Listened!

You asked that we establish a trained crisis team to de-escalate aggressive or upset individuals.

We listened: The Office of Learning and Organizational Development in Atlanta is currently working on a trained crisis team to do this exact thing.

May Birthdays

1 Matthew Hall
 1 Andra Shipp
 1 Ranae Tolbert
 2 Anthony Daniels
 3 Gwendolyn Brazell
 3 Oladayo Oludimimu
 3 Ingeborg Harris
 4 Dorinda Grimes
 5 Thuy Dougherty
 5 Ikechukwu Akunwanne
 5 Mitchell Singletary
 5 Timothy Tate
 7 Gale Ford
 7 Nijee Henley
 7 April Glover
 8 Litisha Harris
 8 Anthony Jackson
 9 Tammy Dimsdale
 9 Tanya Hardaway
 10 Darrien Lewis
 10 Lakesha Rivers
 11 Jacqueline Jacobs
 11 Nargis Fakhri
 11 Valda Gadsden

13 Cecelia Dixie
 14 Catherine Boyer
 16 Tameika Brooks
 17 Angela Cantrell
 17 Shamonica Dorsey
 17 Charles Collins
 18 Brianna Freeman
 19 Shannon Hearn
 19 Debra Clark
 20 Ennis Harris
 20 Ulrica Lawson
 20 Rickey Upshaw
 21 Michael Fite
 21 DeTisha Tinsley
 22 Murray Riggins
 25 Ali Fakhri
 26 Gail Huddleston
 27 Samantha Riley
 27 Ricky Jackson
 29 Tianna Hutchins
 30 Timothy Green
 31 Tammii Walker
 31 Tanisha Willis
 31 Jerrie Allen



Attention All Employees

Reminder! Annual Tuberculosis Screening

All WCGRH employees must complete the Georgia State Hospital Employee Health Screening Form **during the month of their birthday**

TB screening is required during each employee's Birthday month

Tuberculosis screening is conducted in Nursing Services, Building 1, Room 25

Skin Tests are given on Monday, Tuesday and Wednesday

Please follow these guidelines for completing the
Annual Employee Health Screening:

- If you have the skin test performed off campus, you still must return the results to Nursing Services and complete the Employee Health Screening Form.
- If you have another job also requiring PPD Testing, we will provide you with a copy of your results.
- If you have had a positive skin test in the past, you are still required to complete the Employee Health Screening Form.

Please Note: If Annual Tuberculosis is not completed within your birth month, Employee cannot work until the screening is completed.

Questions? Please contact Nursing Services at (706) 568-5109

West Central Georgia Regional Hospital & Department of Behavioral Health and Developmental Disabilities



Values: Dedication, Integrity, Excellence, Knowledge Accountability, Collaboration, Safety, Innovation, Respect

Mission Statement: Provide and promote local accessibility and choice of services and programs for individuals, families and communities through partnerships, in order to create a sustainable, self-sufficient and resilient life in the community.

Vision Statement: "Every person who participates in our services leads a satisfying, independent life with dignity and respect."

Regional Reflections is published monthly. The mission of the newsletter is to provide a forum to educate and inform its readership on issues in behavioral health, strengthen teamwork, and archive hospital events and activities.

Regional Reflections staff welcomes items including articles, article ideas, news items, letters and photos submitted for publication. However, all items are subject to editorial discretion and will be printed on a "space available" basis. Please contact the editor if you have any questions or concerns regarding the newsletter. Thank you for your support.

Visit us on the internet: <http://www.wcgrh.org>.



J

John L. Robertson, Regional Hospital Administrator
Phone: (706) 568-5000
FAX: (706) 568-2257



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WCGRH is an equal Opportunity employer



WCGRH Foundation, Inc. is a tax-exempt, non-profit organization established in 1993 under Internal Revenue Code 501(c)(3), 509(a), and 170(b)(1)(A)(vi) by individuals interesting in enhancing the services and programs provided for the clients and staff of WCGRH.

Your tax deductible gift supports the Hospital's mission as stated above.
Website: <http://www.wcgrh.org/scfoundation.htm>



Accredited by the Joint Commission

Fraud Abuse Hotline: To report concerns regarding fraud and/or abuse, call the WCGRH Compliance Hotline at (706) 569-3082 or the Office of Inspector General Corporate Compliance Hotline at 1-800-447-8477. You may e-mail questions or concerns to WCGRH Compliance Office@dhr.state.ga.us or call The WCGRH Compliance Officer, Felicia Hardaway at (706) 568-2471



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