



What is TF-CBT?

Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) is an evidence-based treatment for children who have experienced sexual abuse or other serious traumatic events. It was developed and tested by Drs. Esther Deblinger, Judy Cohen, and Anthony Mannarino, and has been found in multiple research studies to be an effective treatment for children with trauma-related problems and their families.

What is TF-CBTWeb?

TF-CBTWeb is a web-based training course for learning Trauma-Focused Cognitive-Behavioral Therapy, sponsored by the Medical University of South Carolina. It covers all of the procedures of TF-CBT, and includes streaming video demonstrations, clinical scripts, cultural considerations, clinical challenges and many other learning resources.

TF-CBTWeb is designed to allow you to learn at your own pace, and use the learning experiences when it is convenient for you. Once you have completed **TF-CBTWeb**, you can return as often as you like to “brush up” on the techniques, watch the demonstrations, download the resources, or learn about upcoming training events.

TF-CBTWeb offers:

- Web-based learning
- Learn at own pace
- Concise explanations
- Video demonstrations
- Clinical scripts
- Cultural considerations
- Clinical Challenges
- Resources
- Links
- 10 hours of CE
- Free of charge

Who is TF-CBTWeb designed for?

TF-CBTWeb was developed for busy mental health professionals who want to learn the best evidence-based treatments, but who need a flexible, cost-effective, and convenient way of learning on their own schedule. The web-based format allows you to learn when it's best for you, at home or at work, and you can refresh your knowledge whenever you want.

How will I learn from TF-CBTWeb?

Each of the **TF-CBTWeb** components teaches a specific procedure, explains the technique in a concise manner, provides streaming video demonstrations of the procedure, includes printable scripts that can be used in treatment, has homework suggestions, discusses cultural considerations when using the technique, and describes common clinical challenges you might encounter. Material is presented in a concise format designed for busy professionals.

Can I get Continuing Education credit by taking TF-CBT*Web*?

Yes you can. Professionals who complete the full TF-CBT*Web* course receive a Certificate of Completion for **10** continuing education contact hours from the Medical University of South Carolina. MUSC is an approved provider of continuing education for all mental health professions.

Access TF-CBT*Web* at:

www.musc.edu/tfcbt

How much does TF-CBT*Web* cost?

TF-CBT*Web* is **free** to all users.

**Free of
Charge**

Does TF-CBT*Web* work with any computer?

TF-CBT*Web* is compatible with both PC and Macintosh computers, and with most major web browsers such as Internet Explorer, Firefox, Mozilla, and Netscape. A high speed Internet connection and Windows Media Player are required to view the streaming video demonstrations.

How do I register for TF-CBT*Web*?

To register, go to TF-CBT*Web* at:

www.musc.edu/tfcbt

Click on the **Register** tab, and follow the directions. All registration information is kept private and not shared.

The screenshot shows the TF-CBT*Web* website interface. At the top, there are logos for MUSC (Medical University of South Carolina), Allegheny General Hospital, CARES Institute, and NCTSN (National Child Traumatic Stress Network). Below the logos is a navigation bar with tabs for Register, Login, Introduction, Resources, and Contact Us. The main content area features a large image of a young girl looking out a window. To the right of the image, the text reads "TF-CBT*Web* A web-based learning course for TRAUMA-FOCUSED COGNITIVE-BEHAVIORAL THERAPY". Below this text is a list of course topics: Psychoeducation, Stress Management, Affect Expression and Modulation, Cognitive Coping, Creating the Trauma Narrative, Cognitive Processing, Behavior Management Training, Parent-Child Sessions, and Evaluation. At the bottom of the page, there are small images of people and the text "A Strategy to Help" and "System Requirements | Credits".

Who developed TF-CBT*Web*?

TF-CBT*Web* was developed and is maintained by the faculty and staff of the National Crime Victims Research and Treatment Center at the Medical University of South Carolina, in cooperation with the developers of TF-CBT at the New Jersey Child Abuse Research Education and Service (CARES) Institute, University of Medicine and Dentistry of New Jersey – School of Osteopathic Medicine, and the Center for Traumatic Stress in Children and Adolescents, Allegheny General Hospital.

Other contributing and cooperating centers include:

Center for Sexual Assault and Traumatic Stress, Harborview Medical Center
Seattle, WA

Charleston-Dorchester Community Mental Health Center
Charleston, SC

Dee Norton Lowcountry Children's Center
Charleston, SC

Child Trauma Treatment Network-Intermountain West
Primary Children's Medical Center
Salt Lake City, UT

**10 Hours of
Continuing
Education**

To learn more about **TF-CBT*Web***, go to
www.musc.edu/tfcbt
and click on the **Introduction** tab.

If you have questions about **TF-CBT*Web***,
e-mail them to: tfcbt@musc.edu

Development and maintenance of **TF-CBT*Web*** is supported under grant award No. 1-UD1-SM56070 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies and opinions expressed in **TF-CBT*Web*** are those of the authors, and do not necessarily reflect those of SAMHSA or HHS.

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