

Cultural Adaptations to Trauma-focused Treatment

Review the cases below and answer the following questions:

1. What are the important cultural issues or challenges relevant to doing trauma-focused treatment?
2. How can you address or integrate these cultural issues or challenges in treatment?

Case #1: Sami is a 17 year old female – she was sexually assaulted by a close male friend. She was committed to remaining a virgin until she was married. She now feels as though she isn't worthy of any man or marriage because she did not uphold her promises.

Case #1: Louis is a 10 year old boy whose father was recently killed in a drunk driving accident. Louis was extremely close to his father. He feels that G_d has deserted him. He refuses to attend religious services, says that he no longer believes in G-d and is angry and aggressive towards others. His mother is also grieving the loss of her husband, but, in contrast to Louis, finds her church to be a source of comfort and cannot understand the change in Louis.