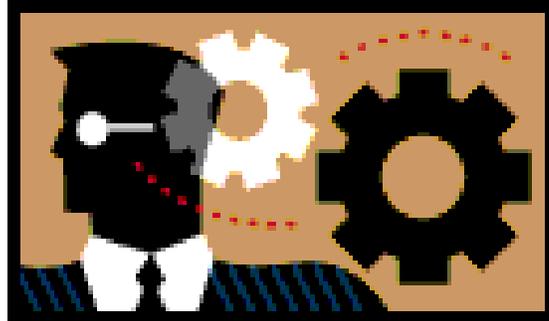


A Life in the
Community Through
Person-Centered
Thinking



For the people who use services, their families and supporters.

What is person centered planning?

Person-centered planning is about:

Listening to and Learning about what people want from their lives.

Helping people to think about what they want now and in the future

Family, friends, professionals and services working together with the person to make this happen

A commitment to keep learning about the person

FOR EVERYONE WHO WANTS ONE!!!

Person-centered planning is not:

The same as an assessment and care planning

The same as a review

Owned by the service provider

Just another meeting

Only for children or adults who are easy to work with.

*Person Centered is
“A Life Well Lived”*

How can it help me?

PRESENCE TO CONTRIBUTION



™ Helen Sanderson and associates

Recognizing my family member's or friend's gifts, talents and aspirations; communicate the information and share what contributions they can bring to their local community



“Person centered change challenges us to learn new ways of building relationships, finding welcoming spaces in community life and inventing new forms of community experience.” Beth

Changing services for a better quality of Life....

- * Listening to and learning about what people want in their everyday life
- * Working together with a person and their family, friends, and professionals to support them in living the life they want
- * Emphasizing connection and contribution to the community
- * Giving hope for a good life
- * Thinking about what is important to my son or Daughter , what help they need and how this should happen.

Important To

- Books
- Computer Sab
- Food
- Her Belongings
- SPACE
- Sitting IN Recliner
- MOVIES
- Look At Pictures
- Her Doll at Home
- Her appearance - certain outfits



Important For

Space

Monitoring around other people food & drinks.

- * Medication
- FAMILY

Her friends @ CP - Paula

~~DO NOT~~ let her overeat -
She will eat til she gets sick
cut food into bite size pieces

What I Like & Admire about Erica...

- a beautiful smile
- Recognizes Peers/staff
- She is stylish
- Smile
- Funny
- GREAT Sense of Humour ✓



How To Help

Become Involved

Lending a hand by actively listening to what supports are needed for my family member/friend to participate in their community.

Assisting the family member to stay in control of their life

- * Train others on the use of person centered thinking skills.
- * Work with other families as a mentor
- * Lead the plan for your loved one.
- * Train along the side of the staff
- * Training with other families facing similar Circumstances

Recognizing what has happened in my son/daughters life, their history, what they have experienced.....their journey

- * What is working?
- * What is not working?
- * What do we still need to learn?

“ Person centered planning gave us a way to talk with our brother what was most important to him, and then be sure that his concerns and interests were addressed in his day to day activities.....

Jim and Kevin

Get To Know Me



- * What people like and admire about me
 - * Celebrate success
 - * People who are important to me
 - * Things that are important to keep me healthy and safe
 - * My connections and contributions to the community
- Creating relationship from the circumstances

“For many years, my son was known by his reputation for challenging behaviors. The PC light bulb came on for me when I asked someone “How can we stop these behaviors?” and she answered with other questions, “What makes him happy?, What is important to him?, What does he like to do” From that day on, I began to look at my son as the whole person he is, rather than the behaviors that had defined him for so long.”

- Rob's proud mom, Inez

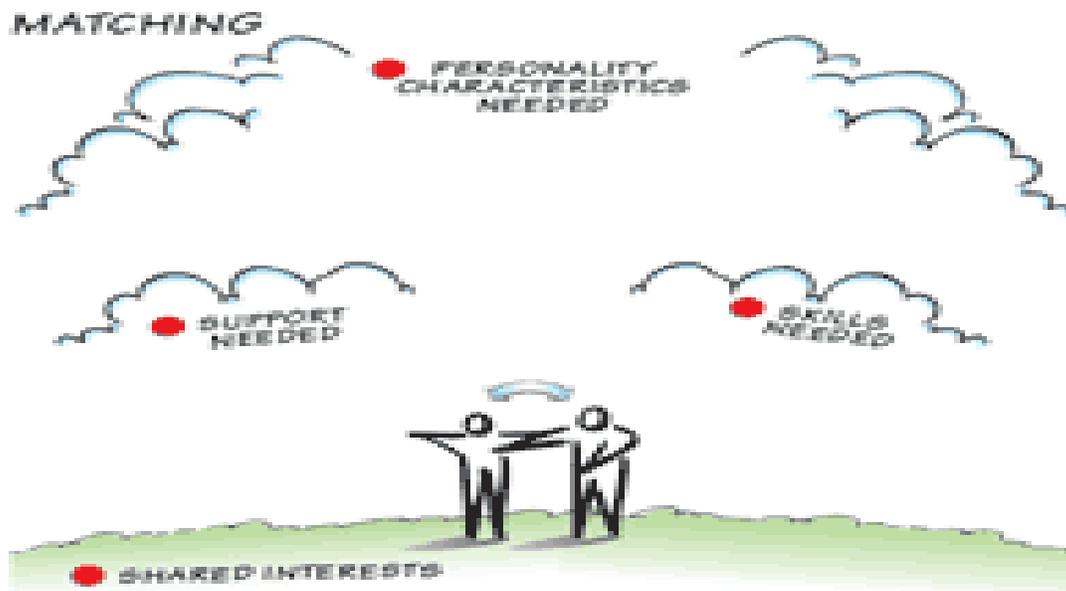
FOUR + ONE QUESTIONS

<input type="checkbox"/> FRIEND	<input type="checkbox"/> LEARNED
<input type="checkbox"/> PLEASED ABOUT	<input type="checkbox"/> CONCERNED ABOUT

DO NOT

Bring all the right people together

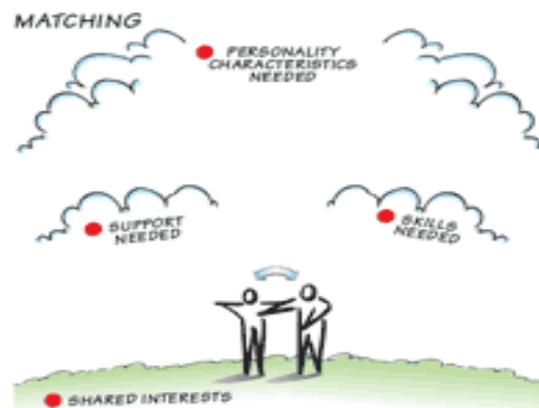
- * Individuals leading and directing their own service planning
- * Who are the individuals that know the individual receiving services
- * Our purpose for meeting
- * What are the roles and responsibility of everyone involved.



Person Centered Thinking agencies.....

- * Support staff that use person centered skills
- * Staff is aware and informed about their core responsibilities
- * Have open communication with the individual they support as well as those who are concerned about the individual
- * Match the staff to the individual they support based on the individual's needs and interests.
- * Recognizes “what is working and what is not working”

“Person centered thinking has changed the culture of our organization to one that is grounded in values, rooted in respect, and empowers people to direct their own services and supports. The organization holds itself to a new level of accountability, which expects people will have a full life that is supported and connected to the community.” - Cross Pains Community Partner Staff member



Person Centered Thinking Leads To.....



- * Individuals being listened to and having a voice
- * Individuals having choices and responsibility for those choices
- * Individuals as valued and respected members of their community
- * Individuals are actively participating in their communities
- * Individuals are able to do the things they want to do
- * Are healthy and safe
- * Individuals have joy, happiness, and a life well lived

RESOURCES



Georgia Department of

Behavioral Health and Developmental Disabilities

<http://www.dbhdd.georgia.gov>

<http://www.helensandersonassociates.co.uk>

Total Communication: Person Centered thinking, planning, and practice. (available online at www.inclusiononline.co.uk)

ACKNOWLEDGEMENTS

Cross Plains Community Partner
Dalton, Georgia

Helen Sanderson Associates

Support Development Associates

Mission

Provide and promote local accessibility and choice of services and programs for individuals, families and communities through partnerships, in order to create a sustainable, self-sufficient and resilient life in the community

For more information please contact the Health & Safety Manager in
the Region of Service Delivery

Contact Information

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