

## **Addiction Recovery Support Centers**

DBHDD in partnership with the Georgia Council for Recovery has been actively impacting Recovery within communities. GCSA has been supported by DBHDD and federal grants to develop recovery communities across Georgia to address the needs of those in or seeking recovery from substance use disorders.

DBHDD began funding Addiction Recovery Support Centers several years ago and has recently added many new ARSCs for a total of 30+ ARSCs across the state.

## What is an Addiction Recovery Support Center?

- ✓ A peer led program that offers non-clinical activities to support individuals and families on their journey in recovery from substance use disorders
- ✓ The recovery activities are community-based services for those in or seeking recovery and their allies
- ✓ Consist of activities that promote recovery, selfdetermination, self-advocacy, well-being, and independence.
- ✓ Activities are individualized, recovery-focused, and based on a relationship that supports a person's ability to promote their own recovery
- Activities include social support, linkage to and coordinating among other service providers, eliminating barriers to independence and continued recovery

These ARSCs regularly hold community listening sessions to determine what their communities think will best support recovery and adjust their activities accordingly.

**ARSCs also welcome Allies of Recovery**, such as family members, friends, and loved ones of people in recovery.

## <u>What kinds of services can an Addiction</u> <u>Recovery Support Center offer?</u>

- ✓ Employment assistance
- $\checkmark$  Transportation
- $\checkmark$  Individual and peer recovery support services
- ✓ Recreational support (Crossfit/Yoga)
- ✓ Prosocial supports
- ✓ Spiritual support
- ✓ Family support
- ✓ Space for independent groups (such as 12 step)
- $\checkmark\,$  Mutual support groups (such as All Recovery) that support multiple pathways to recovery
- ✓ Peers in Emergency Departments

**An ARSC is NOT a treatment program.** There are no diagnoses, assessments, or payments required for people to participate in the ARSC's activities. People in or seeking recovery may utilize this service before entering recovery and to have support in maintaining their recovery.

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