

PROJECT HEALTHY MOMS RESOURCE LIST

FOR PERINATAL MOOD AND ANXIETY DISORDERS (PMADS)

Provided by Project Healthy Moms & Mental Health America of Georgia

Mental Health America of Georgia's Project Healthy Moms provides a resource list of healthcare providers and outlets for self-care that specialize in providing mental health care for pregnant or postpartum women.

The resource list is comprehensive, updated monthly, and includes many resources that may be combined. This list is for reference purposes only. Come check it out today!

TO ACCESS THE RESOURCE LIST, VISIT

WWW.MHAGEORGIA.ORG

PROJECT HEALTHY MOMS > RESOURCE LIST

YOU ARE NOT ALONE. HELP IS AVAILABLE. YOU WILL GET BETTER.

