

your child from harm



REDUCING PRESCRIPTION DRUG ACCESS

- KEEP ONLY** needed drugs in amounts that will not do serious harm if taken all at once.
- LOCK UP** drugs in lock boxes, especially easily abused drugs (strong painkillers, anxiety pills, amphetamines, sedatives, tranquilizers).
- REMOVE** unneeded drugs from the home:
 - **DO NOT FLUSH** drugs down the toilet or drain unless the label says to.
 - **CALL** your local police or sheriff, scan the QR code or visit the website below for drug drop box locations - no questions asked.



<http://stoprxabuseinga.org/prescription-drug-disposal>

MEDICATION
is the leading method of suicide attempt.

GUNS
are the leading method for suicide death.

ALCOHOL
increases the risk of suicidal behavior and the deadliness of drug overdose.

WORRIED? ASK DIRECTLY

“Have you been thinking of suicide?”

Free and confidential help is available 24/7:



For more information:



Prescription Drug
Safe Storage &
Secure Disposal

Georgia Dept. of Behavioral Health & Developmental Disabilities
Office of Behavioral Health Prevention

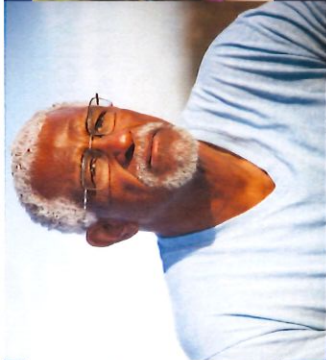
Images are representative stock photos posed by models.



Concerned about
someone who is
depressed
anxious
suicidal?

reduce
the
risks





protect

your family & your

community



WARNING SIGNS

- Thinking a lot about death or suicide
- Social withdrawal or isolation
- Feeling hopeless or trapped
- Increasing alcohol or drug use
- Large mood or personality changes
- Looking for or has weapon for self-harm
- Putting affairs in order or saying goodbye
- Acting risky or self-destructive
- Sudden cheerful mood after depression
- Losing interest in enjoyable things
- Difficulty dealing with life issues (e.g. break-up, family conflict, bullying)



REMOVING GUNS

- CALL** local police or sheriff about storage and disposal options.
 - If none, trusted friends, relatives or gun storage facilities may be options.
- IDENTIFY** yourself and your concerns.
- ASK** for the Officer on Duty
Name: _____
Dept Name: _____
- ARRANGE** a time and location for the officer to pick up the guns.
 - **DO NOT BRING** guns to the police unless told to by the officer.
- UNLOAD** the guns if you know how to safely.
 - **TELL** the officer that guns may be loaded if you cannot.



SECURING GUNS

- Having guns in the home is not as safe, but if removing them is not an option:
- UNLOAD** all guns if you know how to safely.
 - LOCK** the unloaded guns in a lock box, safe, or with trigger or cable locks.
 - STORE & LOCK** ammunition separately from the guns.
 - MAKE SURE** the person at risk cannot access any keys or combinations for locked guns or ammunition.
 - **BE CAUTIOUS** as youth often know their parents' hiding places.

Call 1-800-715-4225
for free and confidential help 24/7.

Removing a suicidal person's access to means - especially guns for youth and young adults - can save a life.