

2016 Unspoken Wounds Conference

- Evidence Based Practices in Forensics
- Criminogenetics
- Recidivism

2016 Unspoken Wounds Conference

- Presented By:

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RE-ENTRY 101

Meaning

The act of entering again

Noun denoting acts or action

The act of going back to a prior location

Workshop Objectives

- 1. Effectively communicate how to let go of, beliefs ,attitudes, and behaviors learned as survival coping skills while incarcerated.
- 2. Describe the necessary resources of a Veteran Returning Citizen
- 3. Describe three ways to implement continued support for Returning Citizens in recovery

Structured Interviews

- Veteran Community Leaders
- Veteran Church Leaders
- Youth Family Members of Veterans

Structured Interviews

- Veteran Town Watch
- Parents of Veterans
- Veteran Merchants

Veteran Focus Groups

- Veteran Returning Citizens Task Force of The Community Coalition
- Veteran Returning Citizens
- Veteran Probation/Parole

Veteran Focus Groups

- Veteran Social Services Workers
- Veteran Job Developers
- Veteran Recovery Supports Providers

Veteran Focus Groups

- Veteran Law Enforcement
- Law Enforcement
- Veteran Returning Citizens
- Veteran Families of Returning Citizens

Needs Assessment

- Veterans Administration
- Re-Entry Programs Administrators
- Drug & Alcohol Providers
- Mental Health Providers

Needs Assessment

- Veteran College Administrators
- College Administrators
- Educational Providers
- Vocational Providers

Community interpretation and validation of results

- Surveys
- Data used by community to drive strategic planning

Veteran 5 Most Needed Services

1. Transition Assistance

2. Benefits Processing

3. Education and Training

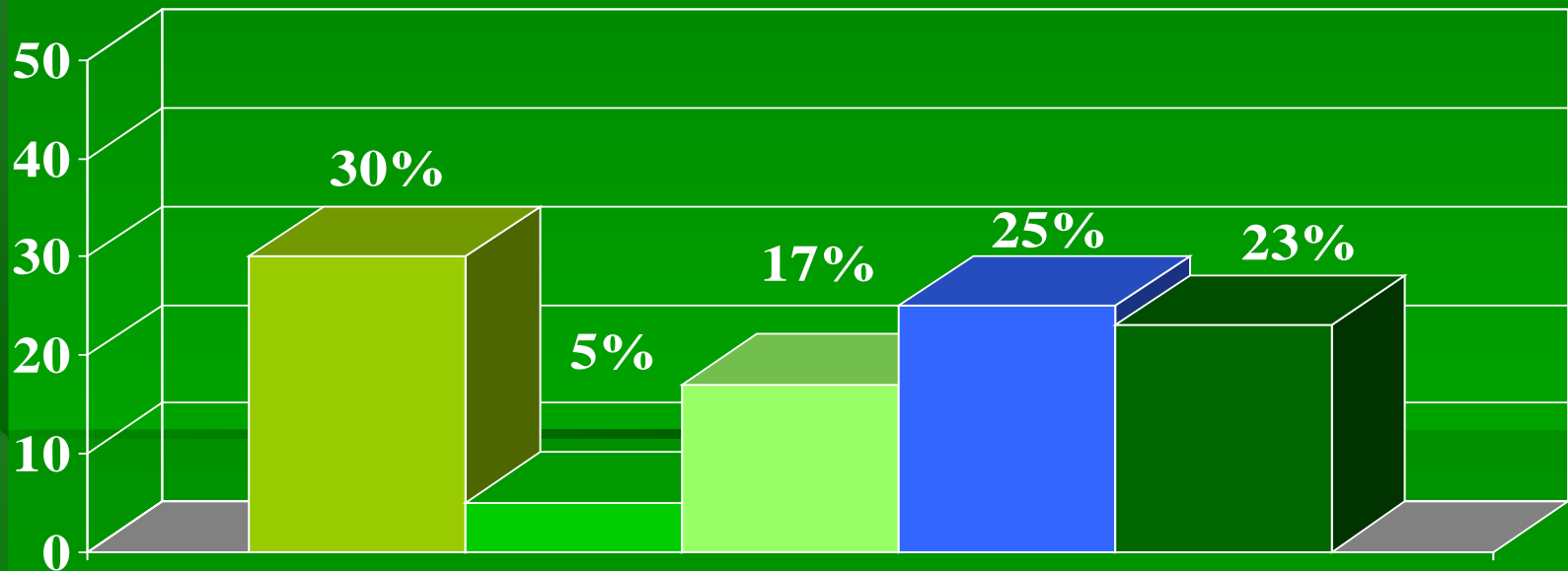
4. Entrepreneurship

5. Homelessness

Results of Open-Ended Questions

“How helpful is your parole officer/corrections officer in helping you locate resources and services?”

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■ Not at all

■ A Little

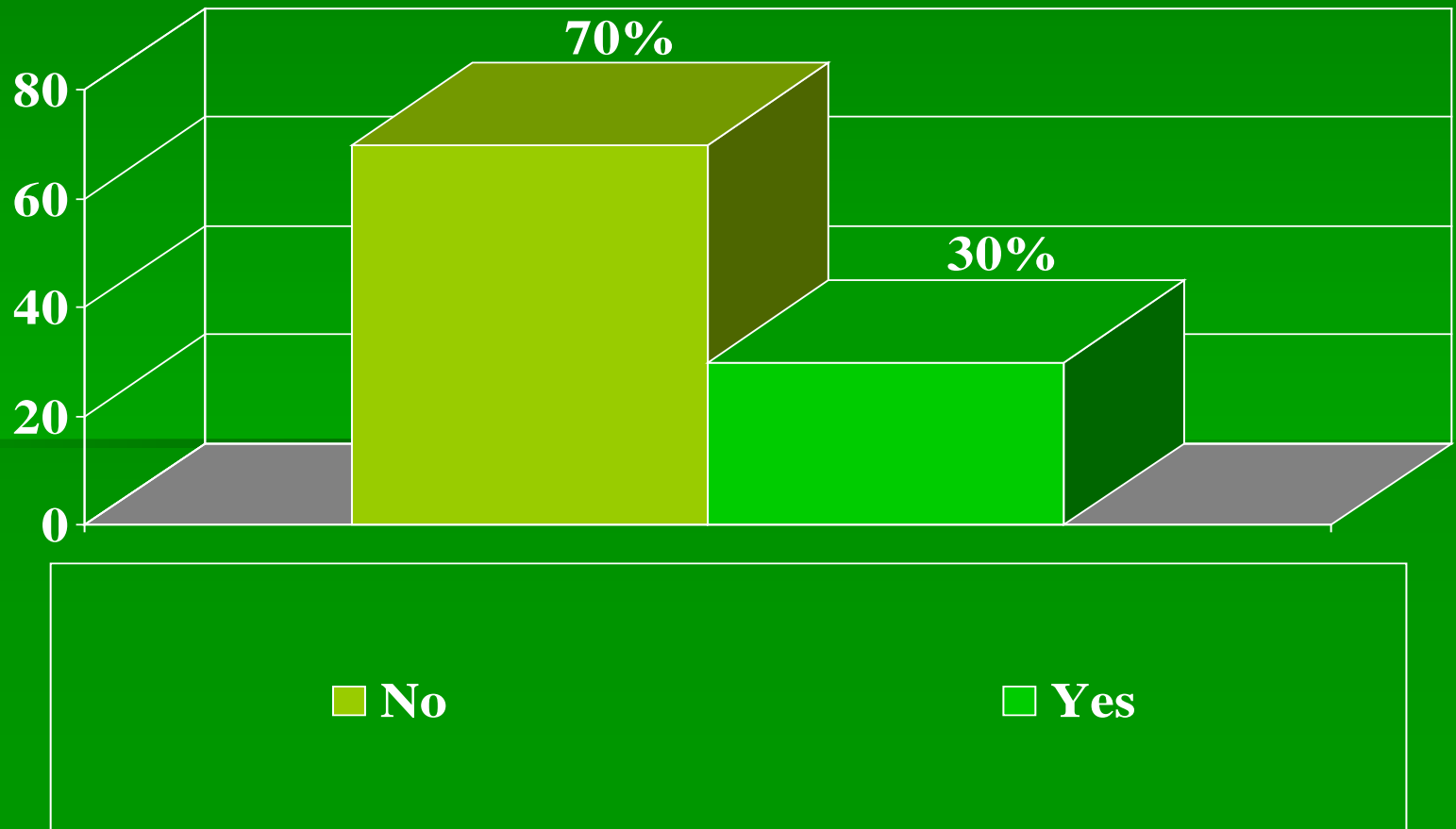
■ Somewhat helpful

■ Very Helpful

■ Don't know/haven't met yet

Results of Open-Ended Questions

“Prior to being released, were you made aware of the types of resources available to you ?”



Beliefs/Attitudes/Behaviors

- Criminal Thinking Patterns
- Victim stance
- Self- Pity
- Good Person Stance
- Zero State
- Lack of time perspective

Victim Stance

- This *criminal* thinking pattern allows you to blame others for situations you usually created for yourself. You make excuses and point your finger at others, claiming you were the one who was really wronged. You Justify your behavior

Self-pity Stance

- This *addictive* thinking pattern makes you think the world is just out to get you. You claim that your life is so miserable and screwed up, why shouldn't you drink or use drugs?

Good Person Stance

-
- You consider yourself to be a good person, no matter what. You work hard to present that image to others. In fact, you may not only consider yourself a good person , but may think you're better than others! And ignore the harm.

Zero State

- You are nothing
- Everyone else believes that you are worthless
- Your worthlessness will last forever and will never change
- Fear that you cannot change

Lack-of-time perspective.

- You do not learn from past experiences or plan for the future. You see behaviors as isolated events. Your philosophy is “I want it, and I want it *now*.” You expect to be a big success with little or no effort. You make choices based on what you *want* to be true, rather than what *is* true.

Fear of Exposure

- You act like you are fearless, yet you're full of fear. You fear that you're nobody and that you'll be found out; you're afraid that you'll be exposed as being full of fear. One of your biggest fears is the fear of fear!

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Career & Life Skills Development
- Cognitive Restructuring Groups
- Housing

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Mental Health Evaluations
- Drug & Alcohol Screening
- Behavioral Health Referrals

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Education Information
- Children & Family Services
- Domestic & Sexual Violence Education

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Employment/Vocational Skills Training
- Finance Workshops
- Budgeting Workshops

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Veteran Recovery House Administrators
- Veteran RE-Entry Services
- Veteran Residential Transitional Services
- Veteran Voters Registration

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Veteran Volunteer Services
- Veteran Health & Wellness Workshops
- Veteran Holistic Care Information

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Veteran Clothing Programs
- Veteran Legal Services Information
- Veteran Forensic Peer Support

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Veteran Pardon Assistance
- Veteran Forensic Services
- Veteran Community Involvement

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Veteran Judges
- Veteran Courts
- Veteran Prison Programs

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Veteran Probation/Parole Workshops
- Veteran HIV/AIDS Providers
- Veteran HIV/AIDS Workshops

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Pscho-Educational Groups
- Therapeutic Interventions
- Forensic Peer Support

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Intimate Partner Violence Education
- Nutrition Education Support Groups
- Parenting Skills Training Groups

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Veteran Short Term Recovery Housing
- Veteran Anger Management Groups

THE ELEMENTS OF VETERAN SUCCESSFUL RE-ENTRY

- Veteran Life Skills Groups
- Veteran Spiritual- Faith Based Coaching
- Veteran Peer Mentoring Groups

LEAVE NO SOLDIERS BEHIND

- Don't Forget About the **FAMILIES**

VETERAN FAMILY MEMBERS

- Grow through their own RECOVERY process
- In their OWN way in their OWN time

Awareness

- Self Awareness, Self-Development, Self-Esteem, Self-Determination = Self-Actualization is understanding the importance of: Family Inclusion and Leadership (FIL)

Transformation” FIL

- FM is not only “including and inviting”, FMs to a meeting, outing, event, etc., but actually means that the entire System helps the FM to develop an active “role” that is meaningful to them and to the other Stakeholders.

Goal of Veteran Family Inclusion Leadership

- Be a “Change Agent”, “Advocate” and “Connector” (in some cases a “Bridge Builder” (in cases where bridges may have been burned and strong mediation may be needed to help “repair” broken bridges (mend relationships); helping the FM to gain “access” to recovery-oriented principles, trainings and opportunities and mostly helping them to “heal. Helping to create a natural “Learning Community” for the FM.

Remove the “barriers” to Family-Member Recovery

- Sign a “Family Friendly Release Form” at every agency you associate with – allowing the FM “access” to be your supporter (at your comfort level). Do not leave them out altogether. Verify with your Provider that they are aware that they should be inviting family to support you and sharing resources and opportunities with FM

Defining Family

- Parents (biological, foster, adoptive, kinship); Siblings (brothers and sisters) Extended Family (Aunts, Uncles, Grand-Parents, Cousins); Spouse or Partner; God-Parents; Play Family; Close Friends, Sponsors; Faith Community, etc. Family means – people biologically connected to you and those you choose to be in your life.

How to

- FM is invited to: Advisory Meetings, Alumni Meetings, Board Meetings, Self-Help Meetings, 12-Step, Co-dependence, Anonymous., etc.
- FM is invited to “co-facilitate” the Recovery-Oriented Meetings at your agency or at another agency
- FM is invited to make “reminder calls”, be “Welcomers” at meetings and help at “Registration” Tables, etc.

The Goal

- Veteran FM becomes and “active” Participant in recovery, not simply left on the outside or on the “margins” of the System (we’ll call you when we need you, when the money runs out and the Member has no where else to go mentality).

The Goal

- Assertively engage” the FM BEFORE a crisis occurs. Help the FM to understand Recovery “in the meantime” – while the person is also learning, un-learning, growing, healing, etc.

Parallel Process

- People learn together
- At their own pace
- 1 person and then the other

Becoming Aware of Veteran Family

- Affirming (sensitive and empowering) Resources
- Sharing Helpful Resources – that you receive (are aware of)
- Reminding People of the Resources Shared

Not giving up on the Veteran Family

- Continuing to help the FM to make “progress” – not be perfect
- Small, consistent steps, eventually lead to success

Where Do We Go From Here

- Continue to Educate Yourself
- Spread the Information at your Agencies
- Assist the Returning Citizen with believing that they can **ACHIEVE**
- Keep Encouraging
- Share Your **RESOURCES**

TREM

- Trauma Recovery & Empowerment Model (TREM)
- Evidence-based Practice designed to facilitate trauma recovery among individuals with histories to sexual mental and physical abuse.
- It addresses both short-term and long-term consequences of violent victimization, including mental health symptoms (i.e. posttraumatic stress disorder, depression, and substance abuse)

Implementation

- Service settings-residential and nonresidential mental health and substance abuse programs, criminal justice and among diverse racial and ethnic populations.
- Urban, inner city areas-Philadelphia, PA, Cleveland, OH, Atlanta, GA and Phoenix, AZ
- Domestic violence and homeless service programs

Areas of Interest

- Mental health treatment
- Substance abuse treatment
- Co-occurring disorders
- Psychological problems/symptoms
- Trauma symptoms
- Young adults and adults

Veteran Forensic Assertive Community Treatment (FACT Model)

- FACT team service individuals whose primary needs pertain to mental health challenges who find themselves cycling through the correctional systems.
- It is a mobile outreach team that has the ability to provide the majority of mental health, rehabilitation, service coordination, housing, vocational and other general services

Veteran FACT Model

- The primary function of the team is to facilitate access to appropriate mental health services by providing assessment, treatment planning and monitoring, medication related services, counseling, skills training, family education, crisis intervention, and transportation.

FACT Model

- The goal of the FACT team is to reduce recidivism of veterans persons with mental health challenges and increase the person's tenure in the community; reduce incarceration and hospitalization, decrease symptoms and the person's quality of life.

Elements of the FACT

- Recidivism Rates- hospital, jail, etc
- Homelessness
- Benefits- reinstated and/or new benefits and resources
- Criminal Justice System
- Discharge Reasons

Recidivism Rates

- Lower levels of Care-Mental Health System
- The provision of intensive case management services will result in diversion from jail/corrective facilities to inpatient hospitalization when mental health symptoms is a factor and reoccurrence is present.
- The goal is to promote progress so a person can remain in the community.

Recidivism Rates

- Least restrictive environment-
Correctional System
- Individuals with intensive case management and an integrated team approach, find themselves returning to correctional system less frequently.
- Individual will learn to better regulate their behavior through techniques and skill building

Veteran Homelessness

- FACT team will secure and insure housing referred to the team and the individual will be linked with landlords, public housing, personal care homes, Section 8 housing, family members in their community.
- Placement-referrals and assistance in contacting housing alternatives in the community.

Veteran Benefits

- Funding- FACT team will assist persons in obtaining benefits and/or resources for treatment including medication obtainment, housing and treatment services.
- Persons exiting institutions often have no and/or suspension of benefits

Criminal Justice System

- Level of legal involvement- with the FACT services, persons will learn and utilize coping and community integration skills to the point of response to stressors, real or perceived. In doing so, the intent is fewer encounters with the justice system
- Parole and probation is lessen
- Overall level of functioning improves

Conclusion

- Through veteran outreach, engagement, and stabilization, veterans in the criminal justice system will be able to progress to lower levels of care. The longer he/she collaborates with the FACT team and the greater the chances of them gaining from the services provided, the less likely he/she will circulate back through the correctional system again.