

MATERNAL MENTAL HEALTH TRAINING

Provider Trainings through
Mental Health America of Georgia

MATERNAL MENTAL ILLNESSES ARE THE LEADING COMPLICATION OF PREGNANCY IN THE US.

It is estimated that 10-15% of childbearing women suffer from perinatal mood and anxiety disorders (PMADs). Without proper treatment, these illnesses can have long-term negative effects on the health of not just the mother, but the child and family as well.

Mental Health America of Georgia's Project Healthy Moms is offering a Maternal Mental Health Training for all health professionals who come in contact with childbearing women.

Take action today for the health of Georgia's mothers by participating in this training.

If you have questions about the training, contact Sarah Yoss at 678-904-1968 or sarahy@mhageorgia.org



TRAINING OBJECTIVES

- ◆ Understand the prevalence of PMADs and their public health impact
- ◆ Become familiar with the symptoms of the various PMADs
- ◆ Learn the methods of administering PMAD screening
- ◆ Learn treatment options and referral methods for PMADs