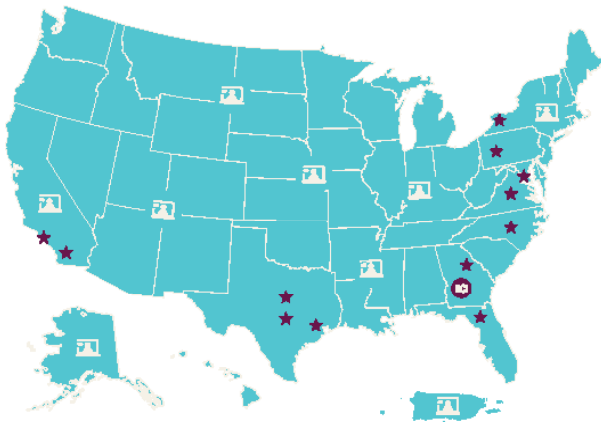




**REACHING OUT IS A  
SIGN OF STRENGTH.  
REACH OUT TODAY.**

**Nationwide Access**

Operation Family Caregiver has coaches in select locations, where they may be available meet you in person. Or we can reach caregivers anywhere in the United States via Skype. To find the right caregiver coach for you, email our national office at [reachout@operationfamilycaregiver.org](mailto:reachout@operationfamilycaregiver.org)



★ **CURRENT OFC SITES**

 **CONNECT WITH OFC ANYWHERE USING SKYPE**

For more information, visit [www.operationfamilycaregiver.org](http://www.operationfamilycaregiver.org)

**THE STRENGTH OF OUR  
MILITARY IS LEGENDARY.  
OUR MILITARY FAMILIES  
ARE STRONG TOO.**

**Operation Family Caregiver (OFC)** coaches the families of returning service members and veterans to manage the difficulties that come with coming home. OFC is a personalized program, tailored specifically to the struggles of each family. Through proven methods, the program teaches military families the skills needed to best navigate their challenges, resulting in stronger and healthier families.

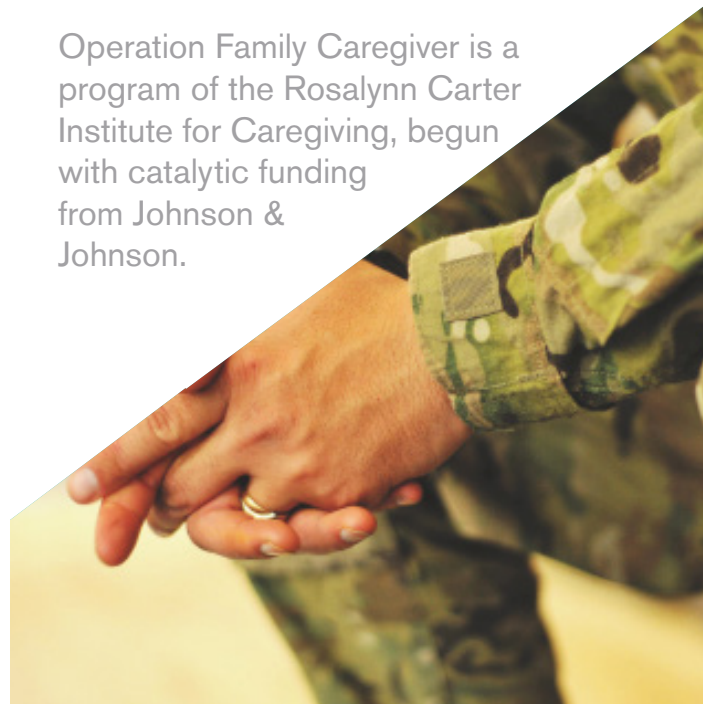
Operation Family Caregiver is a program of the Rosalynn Carter Institute for Caregiving, begun with catalytic funding from Johnson & Johnson.



**STRONG MILITARY  
STRONGER FAMILIES**



**OPERATION  
FAMILY CAREGIVER**





## THE UNSUNG HEROES BEHIND OUR HEROES ARE THEIR FAMILIES.

Coming home can be hard, for both service members and their families. Learning to live with post-traumatic stress, a TBI, or a physical disability takes work – by both those who have been injured and the loved ones who take care of them. Operation Family Caregiver helps the families of returning service members and veterans adjust to the “new normal” by coping more effectively with problems they never imagined.



We provide free and confidential support to the families of those who have served our nation. Our specially trained coaches help military families learn how to overcome the obstacles they face and to manage any challenges that might come along. They work for community organizations, not the military, and will come to your home, or meet by phone/Skype, to customize a 16- to 24-week program that is unique to your family.

EVERY EXPERIENCE CHANGES YOU.

A TOUR OF DUTY — LIKE ANY OTHER  
EXPERIENCE — CAN CHANGE YOU

Together, you will come up with strategies that can help get you through the tough times and make plans for how to manage over the long term. And over time, you will grow stronger, as you learn to cope with problems you never imagined you might confront.

