

## In the Moment

**Client A (1) Target Behavior: Pain Management**

“I need to get my pain under control, so I can be active with my kids again.”

**Client B (1) Target Behavior: Parenting**

“I’m worried about my son. I want him to have a chance at life and get an education.”

**Client C (1) Target Behavior: Marijuana**

“I’m here is because my wife thinks my weed use is a problem.”

**Client D (1) Target Behavior: Weight Management**

“It’s so hard to lose weight and keep it off. Seems like I gain weight if I even look at food.”

**Client A (2) Target Behavior: Pain Management**

“I don’t want to take meds and I hate the side effects, but I can barely work without them.”

**Client B (2) Target Behavior: Parenting**

“My son is hanging with the wrong crowd and I don’t want him to follow in my footsteps.”

**Client C (2) Target Behavior: Marijuana**

“For years, I have been able to function while high with no problem! I used to go to class high, leave class to go smoke, and study while high. Smoking weed made me perform better in class. Plus, people can’t even tell the difference between when I’m high and when I’m not.”

**Client D (2) Target Behavior: Weight Management**

“I hate having to eat salads for dinner while my family eats meals I cook for the week.”

**Client A (3) Target Behavior: Pain Management**

“My family worries me when they tell me I’ll ‘get addicted’ to these meds if I keep taking them.”

**Client B (3) Target Behavior: Parenting**

“We have no money. I can’t afford to offer him a good education. His father is not around to help at all. I don’t know where to begin to help him.”

**Client C (3) Target Behavior: Marijuana**

“Marijuana is my lifeline.”

**Client D (3) Target Behavior: Weight Management**

“Summer fun, football season, and the holiday season really derail my diet.”

**Client A (4) Target Behavior: Pain Management**

“You guys are pushing these pills. If it were up to me, I wouldn’t take these at all!”

**Client B (4) Target Behavior: Parenting**

“You probably think I’m some lazy single mother who just wants to collect the childrens’ checks and spend them on dumb stuff. You don’t know anything about me or about where I come from. You don’t even know what it’s like to live like this.”

**Client C (4) Target Behavior: Marijuana**

“Weed is all natural. There’s a trend toward legalization, so I don’t see the issue with my smoking. At some point, smoking is going to be legal in this state too and a non-issue.”

**Client D (4) Target Behavior: Weight Management**

“I’ve always struggled with weight and I really think it’s just not meant for me to be a size 0. I just want to be healthy, really.”

**Client A (5) Target Behavior: Pain Management**

“I’m willing to give the meds a try, if it means I can be more productive at work and be more active with my kids.”

**Client B (5) Target Behavior: Parenting**

“I might have a rocky past, but know I’m a good mother with good values and good intentions. I know I’ve got to keep my head straight for my kids and do the best I can for them with whatever resources I have. I need to get a job. I just don’t know where to begin.”

**Client C (5) Target Behavior: Marijuana**

“I don’t go to work high. I need money to take care of my family! I definitely don’t smoke around my kids. I don’t want them to see me high, but I slip up from time to time and leave a blunt or pipe around the house...that’s not cool.”

**Client D (5) Target Behavior: Weight Management**

“My friends have had success with Weight Watchers. I’ve tried that a million times, but not in several years. Maybe it’s worth another try.”

**Client A (6) Target Behavior: Pain Management**

***Collecting Summary***

Key Transition Question:

**Client B (6) Target Behavior: Parenting**

***Collecting Summary***

Key Transition Question:

**Client C (6) Target Behavior: Marijuana**

***Collecting Summary***

Key Transition Question:

**Client D (6) Target Behavior: Weight Management**

***Collecting Summary***

Key Transition Question: