



Georgia Department of
Behavioral Health & Developmental Disabilities

ECRH Bulletin

VOLUME 12, ISSUE 10

NOVEMBER 30, 2015

East Central Regional Hospital

Special points of interest:

- *Augusta Tree Lighting Info*
- *Mayors' Motorcade Info*
- *Christmas Parade Info*
- *What's in a Month*
- *Out & About*
- *December Menus*

"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough."

Oprah Winfrey

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From the Desk of the RHA - Paul Brock



Watch Out for Space Heaters

As colder weather arrives in Georgia, keeping each of the facilities warm and cozy for staff is always a challenge. One of the biggest challenges is herding all those portable space heaters that seem to pop up without warning.

Portable space heaters can often be found in the strangest places in hospitals, intermediate care and skilled nursing facilities, even though the Centers for Medicare & Medicaid Services and the Joint Commission prohibit their use. Please note that the use of an electrical appliance such as a portable space heater device is not permitted on either of the ECRH campuses.

Portable space heaters can overload a facility's electrical system. In addition, portable space heaters can become a tripping hazard or be covered with combustible materials such as paper, sheets, blankets, or pillows, which could easily catch fire if any of these materials comes into contact with the heating element of the heater or the appliance tips over. Cords and extension cords for these heaters can be damaged during routine use and possibly become an electrical hazard.

Unfortunately, even with these prohibitions, life safety surveyors and local fire inspectors continue to find these potentially dangerous devices in operation routinely. Each year, hundreds of people die in fires caused by heating equipment, including portable space heaters, according to the National Fire Protection Association. The Consumer Product Safety Commission (CPSC) estimates that more than 25,000 residential fires every year are associated with the use of space heaters. More than 300 people perish in these fires. An estimated 6,000 persons receive hospital emergency room care for burn injuries associated with contacting hot surfaces of space heaters, mostly in non-fire situ-

(Continued on page 2)

Tidbits of ECRH History

One year in the late 1970's, one-third, 56 out of 171, full-time physicians employed in Georgia's State Mental Hospitals had INSTITUTIONAL PERMITS, but not LICENSES to practice off the hospitals' grounds. An attempt to abolish the INSTITUTIONAL PERMIT was made in the 1980 General Assembly. Georgia's pay plan for physicians, particularly those specialty trained and board certified, was inadequate. Other states, notably Alabama and North Carolina, were paying more. Funding improved and the INSTITUTIONAL PERMIT was phased out.

REGIONAL HOSPITAL

Contributed by Brian Mulherin

From the Desk of the RHA - Paul Brock

(Continued from page 1)

ations.

If you are experiencing uncomfortably cold temperatures, please contact Facilities Maintenance at 706-790-2026. They may be able to adjust building settings to meet your needs. Thank you

*Sincerely,
Paul Brock*



ECRH Annual Christmas Tree-Lighting Ceremony

DATE: *Tuesday; December 1, 2015*

LOCATION: *ECRH/Augusta Campus Gym*

TIME: *5:30 PM*

Come enjoy a time of celebration, music of the season, and refreshments.

2015

Mayor's Christmas Motorcade

Thursday, December 10, 2015



*Augusta Campus
GYM*

The Christmas Recognition Program

"For mayors and/or their representatives and other guests, consumers, their families and staff from DD and MH Services".

Everyone is encouraged to attend the afternoon Program.

We look forward to seeing each of you on this very joyous occasion.

New Employees



Front Row(L-R): Kimberley Bennett, RN; Bianca Dorsey, CNA; Donna Bailey, CNA; Taneka Brown, RN

Back Row(L-R): Lisa Dyer, PHCW; Carolnatha Carter, RN; Clayton Andrews, Group Facilitator; Shaneequa Griffin-Lee, HST

Front Row(L-R): Kevin Miller, Housekeeper; Brittany Kitchens, HST; Stephanie Johnson, Laundry Worker; Michael Buchanan, LPN

Back Row(L-R): Dominique Gilchrist, HST; Latasha Rollins, HST; Antionetta Rollins, HST; Vanessa Miller, Behavioral Health Counselor



(L-R): Wayne Scott, HST; Laura Suppa, OT Therapist; Alexis Winfrey, CNA; Chiquita Streetman, Workers Compensation Coordinator



WELCOME!



BLOOD DRIVE
December 4, 2015
at the
Peach State Federal Credit Union



HR Partners



Employee Assistance Program
No-cost, Confidential Counseling and Referral

Provided by the Georgia Department of Administrative Services

eaconsultants.com • Password: DBHDD
855-584-3855

- ♦ Emotional Issues
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- ♦ Substance Abuse
- ♦ Crisis
- ♦ Stress
- ♦ Marital/Family Concerns
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- ♦ Financial Matters
- ♦ Legal Issues
- ♦ Eldercare Resources
- ♦ Childcare Referrals

Put the power of the EAP in your hands.
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Code: DBHDD



TeamWorks 2016 Personal Leave Election

Personal leave election is a yearly process where eligible employees will be able to convert sick leave hours to personal leave. Employees as of November 30th with an excess of 120 sick leave hours can convert up to 24 hours to personal leave hours. This will be based on an employee's balance of their sick leave after the posting of leave accruals and forfeitures for the pay period ending 11/30 of this year.

When is the Personal Leave Election Window?

The employee selection process will begin on December 8th and run through December 31, 2015. Any previous unused personal leave hours will be cleared from all employees balance the night of December 31st. Personal Leave selections become available for employees via Employee Self Service January 8, 2016.

When Personal Leave be Available?

Personal Leave Elections will begin effective 12/8/2015. Personal Leave Elections end December 31, 2015.

What do agencies need to do?

- Enter your agencies desired Personal Leave Message in TeamWorks no later than Friday December 4, 2015. A reminder will be sent under separate cover.
- Agencies should communicate the 2015 Personal Leave Selection Window and the availability of 2016 Personal Leave Elections to their employees.
- If an employee is unable to make their election, agency personnel that have the proper administrative access in TeamWorks can make the selection for the employee.

What if an employee fails to make their selection in the allotted time?

Employees that fail to make elections or make the incorrect elections will have to have an administrator in your agency adjust their personal and sick leave balance to reflect the desired election. Thank you for your ongoing support.

QUESTIONS: SAO Customer Service Center (CSC) - HCM
404-657-3956
888-896-7771
hcm@sao.ga.gov

Employee of the Month



(L-R) RHA Paul Brock, Kaye Woodruff, and Dr. Vicky Spratlin.

September

Kaye Woodruff can do wonders with anyone assigned to her and our individuals all consistently “light up” when they see her. There are few people in the world with the care, compassion, expertise, and sheer magic of Kaye and everyone who has worked with her has benefitted as a result of their relationship with her. She has worked with individuals who have been identified as having very “challenging” behaviors and assisted with making dramatic improvements in their social skills and their relationships with others. She has a true respect for each individual for who they are - she doesn’t need for them to be acting “appropriately” to be able to see their potential and find those qualities that are lovable and can be built upon. She’s a marvel.

October

The Community Integration Home (CIH) staff work with a variety of community providers, volunteers, and agencies. All of them do a great job of representing the CIH and ECRH, but many compliments have been coming in about Michaela Watkins. She is an evening staff member that not only supervises our residents, buy also advocates for them. Recently, we received a phone call from a Sunday School teacher at a local church where a couple of our residents attend. This teacher was very impressed by Ms. Watkins’ interactions with our men. Not only was she compassionate and caring towards them, she also made sure that the people at the church were also treating them with respect. And that’s just one of many phone calls reporting how caring Ms. Watkins is to our individuals.



RHA Paul Brock and Michaela Watkins.

After 42 years, the overnight facility (a.k.a. dormitory or Quonset hut) at Clarks Hill was demolished by Thompson Wrecking on October 23rd.



Patient Safety Goals



Modified National Patient Safety Goals

Effective January 1, 2016

Appropriate Standard Sets are abbreviated as follows:

HAP = Hospital/BHC = Behavior Health Care/LTC = Long Term Care/Lab = Laboratory



Ⓞ: Improve the accuracy of patient identification.

- Use at least two ways to identify patients. For example, use the patient's name and picture. Do this to make sure that the patient gets the medicine and treatment meant for them.
- Label containers used for blood and other specimens in the presence of the patient.

HAP/BHC/LTC/Lab

Ⓞ: Improve the effectiveness of communication among caregivers.



- Report critical results of tests and diagnostic procedures on a timely basis. HAP/Lab

Ⓞ: Improve the safety of using medications

- Label all medications, medication containers, and other solutions on and off the sterile field in perioperative and other procedural settings (Note: medication containers include syringes, medicine cups, and basins). Specifically for our Dental Clinic. HAP
- Maintain and communicate accurate patient medication information:
Obtain information on the medications the patient is currently taking upon admission. Compare the medication information the patient brought to the hospital with the medications order by the hospital in order to identify and resolve discrepancies. Provide the patient (or family as needed) with written information on the medications the patient should be taking when he or she is discharged from the hospital. Explain the importance of managing medication information to the patient when he or she is discharged from the hospital. HAP/BHC/LTC

Ⓞ: Reduce the risk of healthcare-associated infections.



- Comply with hand cleaning guidelines.
- Use alcohol-based hand wash or soap and water.
- Wash hands for 20 seconds
- Do NOT use alcohol-based hand sanitizer for C-diff consumers
- Sanitize hands before and after procedures, medications, consumer contact.

HAP/BHC/LTC/Lab

Ⓞ: Reduce the risk of resident harm resulting from falls.

Find out which consumers are most likely to fall. For example, is the consumer taking any medicines that might make them weak, dizzy, or sleepy? Take action to prevent falls for these patients. LTC



Ⓞ: Prevent health care-associated pressure ulcers. LTC

Ⓞ: The hospital identifies safety risk inherent in it's patient population

Identify safety risks inherent in our consumer population, especially:

- Those at risk for suicide HAP/BHC

To Contact The Joint Commission For Patient Safety Concerns, please call 1-800-994-6610 or at the following website:
http://www.jointcommission.org/report_a_complaint.aspx



Pharmacy Notes



"Pharmacy for Nurses" Class:



ALL nurses are encouraged to attend the "Pharmacy for Nurses" class:

Gracewood Campus - Building 103B:

during New Employee Nursing Orientation

December 3, 2015
December 16, 2015

1:30pm – 2:30pm

Please contact Casandra Roberts or Adeola Oke in the Pharmacy for more information (ext. 2496)

ECRH Incident Management Hotline Procedure

The purpose of this Hotline is to establish an alternate means of reporting incidents in a timely manner. The Hotline is to be utilized by any employee, contractor, family member, visitor and volunteer that may feel uncomfortable reporting an incident or allegation of abuse, exploitation or neglect in person. This is an alternate reporting system and by no means replaces the current protocol outlined in the Incident Management Policy.

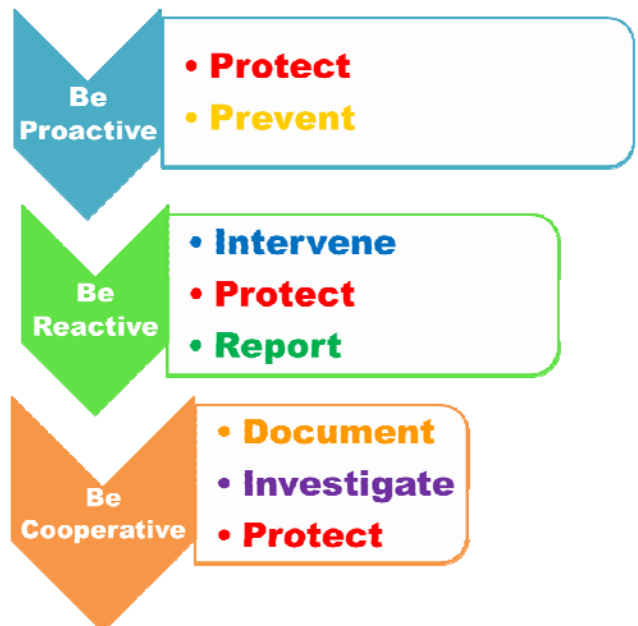
Hotline Number:
(706) 945-7150



PRIDE IN PLACE - It Starts with Me

"If you change the way you look at things, the things you look at change." - Wayne Dyer

Our Role in Protecting Our Individuals from Harm



Safety Shop



Heating Safety

There is something about the winter months and curling up with a good book by the fireplace. But did you know that heating equipment is one of the leading causes of home fire deaths? With a few simple safety tips and precautions you can prevent most heating fires from happening.

BE WARM AND SAFE THIS WINTER!

- ❗ Keep anything that can burn at least three-feet away from heating equipment, like the furnace, fireplace, wood stove, or portable space heater.
- ❗ Have a three-foot "kid-free zone" around open fires and space heaters.
- ❗ Never use your oven to heat your home.
- ❗ Have a qualified professional install stationary space heating equipment, water heaters or central heating equipment according to the local codes and manufacturer's instructions.
- ❗ Have heating equipment and chimneys cleaned and inspected every year by a qualified professional.
- ❗ Remember to turn portable heaters off when leaving the room or going to bed.
- ❗ Always use the right kind of fuel, specified by the manufacturer, for fuel burning space heaters.
- ❗ Make sure the fireplace has a sturdy screen to stop sparks from flying into the room. Ashes should be cool before putting them in a metal container. Keep the container a safe distance away from your home.
- ❗ Test smoke alarms monthly.



Heating Equipment Smarts

Install wood burning stoves following manufacturer's instructions or have a professional do the installation. All fuel-burning equipment should be vented to the outside to avoid carbon monoxide (CO) poisoning.

Install and maintain CO alarms to avoid the risk of CO poisoning. If you smell gas in your gas heater, do not light the appliance. Leave the home immediately and call your local fire department or gas company.



FACT

Half of home heating fires are reported during the months of December, January, and February.



Your Source for SAFETY Information
 NFPA Public Education Division • 1 Batterymarch Park, Quincy, MA 02169

www.nfpa.org/education

HELP ME HELP YOU make ECRH a safe place for our individuals, visitors, and staff. For safety related issues, contact Kenneth Hillman at 790-2400.

Occupational Health - Managing Diabetes

Eat Right

Eat smaller portions. Learn what a serving size is for different foods and how many servings you need in a meal. Eat less fat. Choose fewer high-fat foods and use less fat for cooking. You especially want to limit foods that are high in saturated fats or trans fat, such as: fatty cuts of meat, fried foods, whole milk and dairy products made from whole milk, cakes, candy, cookies, crackers, pies, salad dressings, lard, shortening, stick margarine, and nondairy creamers.

Be Active

Physical activity can help you control your blood glucose, weight, and blood pressure, as well as raise your "good" cholesterol and lower your "bad" cholesterol. It can also help prevent heart and blood flow problems, reducing your risk of heart disease and nerve damage, which are often problems for people with diabetes. Experts recommend moderate-intensity physical activity for at least 30 minutes on 5 or more days of the week. Some examples of moderate-intensity physical activity are walking briskly, mowing the lawn, dancing, swimming, or bicycling.

If you are not accustomed to physical activity, you may want to start with a little exercise, and work your way up. As you become stronger, you can add a few extra minutes to your physical activity. Do some physical activity every day. It's better to walk 10 or 20 minutes each day than one hour once a week.

Talk to your health care provider about a safe exercise plan. He or she may check your heart and your feet to be sure you have no special problems. If you have high blood pressure, eye, or foot problems, you may need to avoid some kinds of exercise.

Be Prepared

During natural disasters, emergencies, and hazards, people with diabetes face particular challenges to their health care. If you are an evacuee or are in an emergency situation, it is of prime importance to identify yourself as a person with diabetes and any related conditions, so you can obtain appropriate care. It is also important to prevent dehydration by drinking enough fluids, which can be difficult when drinking water is in short supply. In addition, it is helpful to keep something containing sugar with you at all times, in case you develop hypoglycemia (low blood glucose). To prevent infections, which people with diabetes are more vulnerable to, pay careful attention to the health of your feet, and get medical treatment for any wounds.

Prevent Complications

Diabetes can affect any part of your body. The good news is that you can prevent most of these problems by keeping your blood glucose (blood sugar) under control, eating healthy, being physically active, working with your health care provider to keep your blood pressure and cholesterol under control, and getting necessary screening tests.

Stay Healthy

It's very important for you to take your diabetes medicines exactly as directed. Not taking medications correctly may lower the level of glucose and cause the insulin your body to go up. The medicines then become less effective when taken. Some people report not feeling well as a reason for stopping their medication or not taking it as prescribed. Tell your doctor if your medicines are making you sick. He or she may be able to help you deal with side effects so you can feel better. Don't just stop taking your medicines, because your health depends on it. Visit your physician regularly and get a dental checkup twice a year, a dilated eye exam once a year, an annual flu shot, and a pneumonia shot.



Information taken from CDC

Infection Control - Joint Commission Survey Prep

Helpful Reminders from the office of Infection Control



Hand hygiene is the first step in breaking the chain of infection!

Please remember that we only use Purell Hand Sanitizer here at ECRH. Using another non approved sanitizer may not be as effective. Store bought, good-smelling, gel may cost more, but it is not as effective.



Good handwashing for at least 20 seconds will help stop the spread of infection. It is also your first line of defense! Don't forget that this is a patient safety goal!

Take a minute to think of all the moments you could and should wash your hands while at work.



Do you know where your eye wash stations are located? Can you find it quickly in an emergency? Do you know how to properly use the eye wash? Do you know where to order the refills? Have you checked the expiration date?



PPE (Personal Protective Equipment) includes everything that is needed to keep you safe from exposure. Gowns, goggles, masks, gloves, face shields, etc. That also includes your barriers for CPR. Do you know where your PPE is kept? Take the time to search and ask questions if you don't. Joint Commission may ask you where to find it.

Don't forget about your Refrigerator Temperature logs. They should be filled out every day. Temps should be recorded. This should be part of shift report. Each unit should be sure the log is filled out and that the refrigerator is clean and the freezer has been defrosted, if needed.

Every day is Survey Day! If we prep daily, we are always ready!

Training at a Glance - December

Class	Date	Time	Place
NEO PNS Professional	12/1/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
CPRA	12/1/2015	1:00 p.m.-4:30 p.m.	BLDG 99F
NEO PNS End User	12/1/2015	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
NEO Principles of Recovery	12/1/2015	9:30 a.m.-10:30 a.m.	BLDG 103-D E&R
Updated Safety Care Level #2	12/1/2015 12/2/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99F
CPRA	12/2/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C ROOM C-23
First Aid	12/2/2015	12:30 p.m.-4:30 p.m.	BLDG 99F
NEO Infection Control and Prevention+ Handwashing	12/2/2015	9:00 a.m.-10:30 a.m.	BLDG 103-D E&R
EMR Nursing	12/3/2015	8:00 a.m.-1:30 p.m.	BLDG 103-C Room C-18
NEO PBS Training	12/3/2015	8:00 a.m.-4:30 p.m.	BLDG 20 Gracewood
NEO Safety Care Level #1	12/3/2015 12/4/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99F
NEO Safety Care Level #2	12/3/2015 12/4/2015 12/7/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
First Aid	12/4/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C ROOM C-23
CPRC	12/4/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C ROOM C-23
Ostomy DD Training	12/4/2015	8:00 a.m.-10:00 a.m.	BLDG 103-C Lab
First Aid	12/7/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
Infection Control and Prevention+ Handwashing	12/7/2015	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 103-C E&R
NEO CPRA	12/8/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C Room C-23
NEO CPRC	12/8/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO First Aid	12/8/2015	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated PNS End User	12/8/2015	1:00 p.m.-2:00 p.m. 2:00 p.m.-3:00 p.m. 3:00 p.m.-4:00 p.m.	BLDG 103-D E&R
Updated PNS Professional	12/8/2015	1:00 p.m.-3:00 p.m. 3:00 p.m.-5:00 p.m.	BLDG 103-C Lab
Updated Safety Care Level #2	12/8/2015 12/9/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
Updated Seizure Management	12/8/2015	8:00 a.m.-9:30 a.m. 10:00 a.m.-11:30 a.m.	BLDG 99F

Training at a Glance - December

Class	Date	Time	Place
CPRA	12/9/2015	1:00 p.m.-4:30 p.m.	BLDG 103-C Lab
CPRC	12/9/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
Defensive Driving	12/9/2015	8:00 a.m.-2:30 p.m.	BLDG 99F
NEO Medical Emergency Response System	12/9/2015	8:00 a.m.-12:00 p.m.	BLDG 103-D E&R
NEO Seizure Management	12/9/2015	12:30 p.m.-2:30 p.m.	BLDG 103-D E&R
Updated Safety Care Level #2	12/9/2015 12/10/2015	12:30 p.m.-4:30 p.m. 8:00 a.m.-4:30 p.m.	BLDG 99L
Infection Control and Prevention+ Handwashing	12/10/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 103-C Lab
NEO Observation of Individual to Ensure Safety	12/10/2015	8:00 a.m.-10:30 a.m.	BLDG 103-D E&R
NEO Seclusion and Restraint	12/10/2015	1:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Updated Safety Care Level #1	12/10/2015	8:00 a.m.-2:30 p.m.	BLDG 99F
Updated Safety Care Level #2	12/10/2015 12/11/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 20 Gracewood
CPRA	12/11/2015	8:00 a.m.-11:30 a.m.	BLDG 103-C ROOM C-23
First Aid	12/11/2015	12:30 p.m.-4:30 p.m.	BLDG 103-C Lab
NEO Therapeutic Incentive Program	12/11/2015	8:30 a.m.-10:00 a.m.	BLDG 103-D E&R
Updated PNS End User	12/11/2015	8:00 a.m.-9:00 a.m. 9:00 a.m.-10:00 a.m. 10:00 a.m.-11:00 a.m.	BLDG 99F
Updated PNS Professional	12/11/2015	8:00 a.m.-10:00 a.m. 10:00 a.m.-12:00 p.m.	BLDG 103-C Lab
Updated Seizure Management	12/11/2015	1:00 p.m.-2:30 p.m. 3:00 p.m.-4:30 p.m.	BLDG 99F
Updated Safety Care Level #2 (Weekend)	12/12/2015 12/13/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L
NEO PNS Professional	12/14/2015	8:00 a.m.-12:00 p.m.	BLDG 103-C Lab
NEO PNS End User	12/14/2015	12:30 p.m.-4:30 p.m.	BLDG 103-D E&R
Scheduling Classes	12/14/2015	1:00 p.m.-3:00 p.m.	BLDG 103-C Room C-23
Updated Safety Care Level #2	12/14/2015 12/15/2015	8:00 a.m.-4:30 p.m. 8:00 a.m.-12:00 p.m.	BLDG 99L

Check DBHDD University for training needs and information.

Out & About

Gracewood Tree Lighting



Augusta TIP Thanksgiving



December Birthdays


December 1	Valerie P. Phillips	December 15	Shmiker L. Brown
December 2	Zakkary T. Stock		Clarence A. Ellis
December 3	James Arthur Fitts		Tracelle R. Finney
December 4	Debra P. Brizius	December 16	Crystal Ann Bowie
	Whitney J. Bush		Antonio D. Jimperson
	Demarkus B. Houck		Thea O. Turner
	Terrell L. Ruffin		Glene D. Williams
	Eddie L. Scurry	December 17	LeAnne K. Bowie
December 5	Tanya D. Brown		Ella M. Brigham
	Regenia Harrison-Moore		Charvia Dysshell Manor
December 6	Margarita Garrett	December 18	Ladana S. Hall
	Barbara Ann McClary		Teresa L. McGahee
	Victor Tyrone Peterson	December 19	Harold W. Earnest
	Melinda Smith-Grant		Johnathan E. Gray II
	Steven L. Webb		Ranita Evans Keener
December 7	Angela J. Fralix		Rhonda Faye Phillips
December 8	Dorothy N. Buchanan		Mary A. Vann
	Loretta P. Ray		Chiquita Yashiba Young
	Tabitha R. Snellings	December 21	Ronda L. Cooper
	Carl E. Williams		Nicole Holloman
December 9	Leroy A. Mack		Shana J. Howard
	Audrey D. Parks		Regina B. Jones
	Zelma Turner		Mary R. Murray
	Judith L. Wolfe		Charity Alexandria Sims
December 10	Heather H. Henry		Yolanda V. Thornhill
	Kordell A. Oliphant	December 22	Rosemary Beard
December 11	Carol D. Waller		Linda Sue Doyle
	Stuart R. Waller		Tonia F. Gilmore
December 12	Bessie Butler	December 23	Adrienne Francis Oakman
	Almedia D. Johnson		Patricia A. James
	Tisia M. Larsuel	December 24	Addie D. Griffin
	Mary Alice Luton		Cynthia Andrews Nelson
	Eula Mae Woodruff		Bridget M. Simpkins
December 13	Robert P. Camanini		Lynette L. Walton
	Elizabeth M. McCorkle	December 25	Murphy N. Harrell
	LaFawn S. Pinkney		Gisela M. Rosa Del Moral
	Catorry J. Smith	December 27	Jennifer Leigh May
	Stacey L. Welch		Brittany M. Ross
December 14	Jonathan L. Graham	December 28	Jarvig L. Gaiters

More December Birthdays

December 28	Valeria A. Middleton Lauren W. Williams Linda Y. Evans
December 29	Claude F. Harris Erica D. Albea
December 30	Diedre Brown Robin Lee Chavous Atira Donache Cotman Paige R. Ingram Demetrius L. Kelly Evelyn G. Lawrence Judy F. Middleton
December 31	Melanie Denise Harris William H. Moon Joshua E. Mountain Andrea Elaine Williams-Mays

Don't forget your PPD!





Last Chance to Attend


ECRH ANNUAL SKILLS FAIR FOR NURSES

December 2, 2015

7am to 11am and 1pm to 5pm

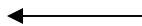
Gracewood Campus, Building 20 (Gym)

All nurses must attend.
See your Nurse Manager for details or email:
Kathey.Rawson@dbhdd.ga.gov

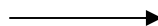




A new generator for Redbud Unit is being installed.



Setting up for a Thanksgiving luncheon in Redbud Unit.



Thank You!

"Today I attended two lovely programs on the Gracewood campus – one in the morning and one in the afternoon. These shows were a joy to watch and wonderful entertainment for the individuals and the staff who attended. The individuals who performed were excited about their parts in the show and obviously had a wonderful time. There have been a number of similar shows recently, and I have greatly enjoyed them, as have the individuals and the staff who have attended and participated. I would like to commend some of the staff who I have seen who have been involved in putting these shows together: Erik Washington, Renza Yarbrough, Sabrina Sherrod, Tony Brooks, Ivey Holmes, Tasha Mendenhall, and Jennifer Mass. I apologize if I have left anyone out. Anyway, I wanted to express my appreciation for the creative and entertaining shows that have been presented and hope to see many more. What a great demonstration of active treatment!"

"Last week Redbud put on a lovely Thanksgiving luncheon for their individuals. They did a great job of staggering groups so that everyone had a chance to enjoy their holiday meal, the decorations were lovely, and everyone had a fabulous time. I would like to note that several individuals took time out of their schedules to volunteer to help dish up the meals for over a hundred people, each of whom has very specific dietary requirements. Those volunteers would be Sharonda Logan, Runesha Holmes, Barbara Martin, Dr. Parks, Erik Washington, Semeonitra Brookins, and Sharmin Daniels. These are the sort of cooperative events designed to enhance the lives of the individuals who live here that really make me proud to be a part of the Gracewood team."

Editor's Note: Both of the above comments were sent in by Lynne Daurelle, Ph.D., Psychologist.

Language Line Services

ECRH's Language Access Coordinator is Cindy White. The LAC ensures that both language and sensory impairment needs of the consumers and families of East Central Regional Hospital are addressed. Did you know that Spanish is the second most spoken language in the United States? East Central Regional Hospital has two certified staff that speak Spanish. The hospital contracts with Latin American Translators Network, Inc. (LATN) for interpreting services for both language and sensory impairment needs.

If you have a consumer or family that needs interpreting services please notify the Language Access Coordinator, Cindy White, at 706-792-7006 for assistance. After hours, contact the Admitting/Receiving staff at 706-792-7006 so that arrangements can be made for interpreting. You can also e-mail Cindy White at Cynthia.White@dbhdd.ga.gov.

The Notice of Free Interpretation Services should be posted in all public and consumer areas. Language Line services may be used in emergency cases or when you have an immediate need for interpreting. To access the language line, follow the instructions below:

When receiving a call:

1. Tell the Limited English speaker to please hold.
2. Press the "Tap" button on the phone.
3. Dial 9-1- (866) 874-3972.
4. Enter on the telephone keypad or provide to the representative the 6 digit Client ID below:
 - * 6-digit Client ID: **5 1 3 3 0 8**
 - * Press 1 for Spanish
 - * Press 2 for all other Languages (Speak the name of the language at the prompt) an interpreter will be connected to the call.

You may press 0 or stay on the line for assistance.

5. Brief the Interpreter. Summarize what you wish to accomplish and give any special instructions.
6. Press "Tap" button to connect the Limited English speaker.

When placing a call to a Limited English speaker, begin at Step 2 above.

When a Limited English speaking person is present in the workplace:

1. Use the Gold Language Identification Card showing the geographical region where you believe the limited speaker may come from. The message underneath each language says: "Point to your language. An Interpreter will be called. The interpreter is provided at no cost to you."
2. Refer to the Quick Reference Guide to access an interpreter through Language Line Services.
3. If unable to identify the language, the representative will help you.

For more information you may visit the Language Line Services website at www.language.com.

EAST CENTRAL REGIONAL HOSPITAL

2015

Christmas Parade

GRACEWOOD CAMPUS

(Off Tobacco Road)

DECEMBER 9, 2015

12:00 PM - LINE UP

1:00 PM - PARADE

NOTE: RAIN DATE - DECEMBER 10 = 1:00 PM

FOR MORE INFORMATION CONTACT:

JAMES WALKER

706-755-6948



What's in a Month?

December is...

Made in America Month
Bingo Month
Write a Friend Month
Hi Neighbor Month
National Stress Free Month
Family Holiday Month

Read a New Book Month
Holiday Thank You Month
Interfaith Month
Safe Toys and Gifts Month
Universal Human Rights Month

And...

<u>December 1</u> Eat a Red Apple Day World AIDS Awareness Day	<u>December 11</u> National Noodle Ring Day	Humbug Day Look on the Bright Side Day
<u>December 2</u> National Fritters Day	<u>December 12</u> Poinsettia Day	<u>December 22</u> National Date Nut Bread Day
<u>December 3</u> National Roof Over Your Head Day	<u>December 13</u> International Children's Day Ice Cream Day Violin Day	<u>December 23</u> Festivus Feast of the Radishes Day Roots Day
<u>December 4</u> Santa's List Day Wear Brown Shoes Day	<u>December 14</u> National Bouillabaisse Day Roast Chestnuts Day	<u>December 24</u> Christmas Eve National Chocolate Day National Egg Nog Day
<u>December 5</u> Bathtub Party Day Repeal Day	<u>December 15</u> Bill of Rights Day National Lemon Cupcake Day Underdog Day	<u>December 25</u> Christmas Day National Pumpkin Pie Day
<u>December 6</u> St. Nicholas Day Mitten Tree Day Put on Your Own Shoes Day	<u>December 16</u> National Chocolate Covered Anything Day	<u>December 26</u> Boxing Day Kwanzaa
<u>December 7</u> Pearl Harbor Day International Civil Aviation Day Letter Writing Day National Cotton Candy Day Teacher's Appreciation Day	<u>December 17</u> National Maple Syrup Day Pan American Aviation Day Wright Brothers Day	<u>December 27</u> Make Cut Out Snowflakes Day National Fruitcake Day
<u>December 8</u> National Brownie Day Take It in the Ear Day	<u>December 18</u> Bake Cookies Day National Roast Suckling Pig Day	<u>December 28</u> Holiday Breather Day Card Playing Day
<u>December 9</u> Christmas Card Day National Pastry Day	<u>December 19</u> Look for an Evergreen Day Oatmeal Muffin Day	<u>December 29</u> Pepper Pot Day
<u>December 10</u> Human Rights Day Sister-friend Day	<u>December 20</u> Go Caroling Day	<u>December 30</u> National Bicarbonate of Soda Day
	<u>December 21</u> Forefather's Day National Flashlight Day	<u>December 31</u> New Year's Eve Make Up Your Mind Day Unlucky Day

East Central Regional



Paul Brock Regional Hospital Administrator
Matt McCue Interim Associate Regional Hospital Administrator, Gracewood
Dr. Vicky Spratlin Clinical Director
Mickie Collins Chief Operating Officer
Augusta Campus 3405 Mike Padgett Highway Augusta, Georgia 30906 Gracewood Campus 100 Myrtle Boulevard Gracewood, Georgia 30812
Harold "Skip" Earnest Editor/Photographer Kristen Burdett Publisher
NOTICE Items for publication must be submitted in written form. The upcoming issue's deadline is December 8, 2015. All articles and notices submitted for publication in the East Central Regional Hospital Bulletin are subject to editorial discretion. Please contact the Bulletin editor if you have questions regarding editorial decisions.

Our Mission

The mission of East Central Regional Hospital is to provide safe, competent and compassionate services to persons with mental illness and/or developmental disabilities.

Our Vision

The vision of our Facility is to be a center of excellence in the provision of comprehensive, responsive and compassionate care for consumers and their families.

Our Values

East Central Regional Hospital is caring and therefore, responsive to our consumers, their families, stakeholders and our employees through commitment to our core values:

- I**ntegrity
- C**ommunication & Collaboration
- A**ccountability
- R**ecognition through Relationships
- E**mpowerment through Excellence



Accredited
by
The Joint Commission

Campus Marquees

Deadline for submission of
JANUARY MESSAGES
December 23, 2015

Submit information to Skip Earnest
Gracewood Campus
Extension 2102

(Information must be submitted on or before the indicated date to be placed on Marquees for the following month.)

DBHDD Vision and Mission

Vision
Easy access to high-quality care that leads to a life of recovery and independence for the people we serve



Mission
Leading an accountable and effective continuum of care to support Georgians with behavioral health challenges, and intellectual and developmental disabilities in a dynamic health care environment

MAKING SPIRITS

Twice as Bright



DON'T HAVE A PEACH STATE CREDIT CARD? **APPLY TODAY** AND START EARNING DOUBLE REWARDS!

EARN 2X THE REWARDS ON ALL PURCHASES THIS SHOPPING SEASON

with your

**PEACH STATE FCU
VISA PLATINUM *plus* REWARDS CARD!***

*You will earn two points for every \$1 in net purchases. Promotion effective October 1, 2015 through December 31, 2015. Double Rewards not available on cash advances or balance transfers. Promotion applies to new and existing card holders. Double Rewards Limited-Time Offer Card must be opened by December 31, 2015 to qualify. Subject to credit approval. Not applicable for Student Platinum. Must qualify for Peach State membership. A \$30 loan application fee is charged for processing. When the card is issued, the fee will be refunded back to your account. Terms and conditions are subject to change without notice. Please refer to credit card terms and conditions online.

Gracewood Post Office

New Window Hours

M-F 10:00 am-12:30 noon
1:30 pm-4:30 pm
Sat 9:00 am-10:45 am



Visit the Gracewood Post Office today and ask Frank Deas about renting a Post Office Box!

GLOBAL FOREVER



ECRH Jobs List

For further information regarding these positions, please go to the DBHDD webpage at www.dbhddjobs.com.

[Activity Therapist - Augusta Campus](#)

[Activity Therapy Leader](#)

[Activity Therapy Leader - Gracewood Campus](#)

[Assistant Housekeeping Director](#)

[Auditor - Psychology](#)

[Auditor - Social Work](#)

[Billing Specialist](#)

[Budget/Accounting Supervisor](#)

[Charge Nurse - ECRH - Redbud 7a-3:30p](#)

[Clerical Worker - MHS Admissions - Parttime 8:00p-4:30a](#)

[Client Support Worker - Gracewood](#)

[CNA - ECRH SNF - FT 3rd Shift - 69639](#)

[CNA - Skilled Nursing Facility](#)

[Counselor - Group Facilitator](#)

[Dental Assistant](#)

[Dentist](#)

[Director of Clinical Information Systems](#)

[Executive Secretary - DD Services - Gracewood Campus](#)

[Food Service Operations Worker 1](#)

[Food Service Operations Worker 2/Senior](#)

[Food Service Supervisor \(2 Open Positions\)](#)

[Food Service Supervisor - ECRH - 70105](#)

[General Trades Craftsman](#)

[Groundskeeper - ECRH - 1st Shift - 208498](#)

[Group Facilitator/Counselor - AMH Mall](#)

[Health Service Technician 1 - Augusta Mental Health Campus](#)

[Health Service Technician 1 - Gracewood Campus](#)

[Health Services Technician 2 - Augusta Mental Health Campus](#)

[Health Services Technician 2 - Gracewood Campus](#)

[Housekeeper](#)

[Housekeeping Manager](#)

[Housekeeping Team Leader](#)

[Houseparent](#)

[HVAC Repair Technician](#)

[Incident Management Analyst \(WL\)](#)

[Instructor 1 - ICF/MR Treatment Mall -ECRH](#)

[Laboratory Services Worker \(part time hourly\)](#)

[Laundry Worker](#)

[Licensed Nursing Home Administrator](#)

[Licensed Practical Nurse \(LPN\) - Gracewood Campus](#)

[Licensed Practical Nurse \(LPN\) - Augusta Mental Health Campus](#)

[Licensed Practical Nurse - Hourly/Part-time - Gracewood Campus](#)

[Licensed Practical Nurse - Hourly/Part-time -Augusta Campus](#)

[LPN - Gen Mental Hlth - 7a-3:30p](#)

[LPN - Infection Control - ECRH 8am-5pm](#)

[Maintenance Worker - 1st Shift](#)

[Mechanic Foreman](#)

[Medical Technologist](#)

[Medical Technologist](#)

[Motor Vehicle Operator](#)

[Nurse Manager - Gracewood Campus](#)

[Nurse Practitioner - Skilled Nursing Facility](#)

[Occupational Therapist](#)

[Operations Analyst - Accounting or Finance - ECRH - 68990](#)

[Painter](#)

[Pharmacist - Advanced](#)

[Pharmacy Technician](#)

[Program Assistant - Admissions - 12:00p-8:30p](#)

[Program Assistant - Admissions - 2nd Shift](#)

[Program Assistant - Forensic Treatment Mall - FT Days](#)

[Program Assistant - Plant Operations - Administrative Support](#)

[Program Assistant - Redbud Unit - Gracewood Campus](#)

[Psychiatric Nurse Practitioner - Augusta Mental Health Campus](#)

[Psychologist - Forensic Outpatient](#)

[Qualified Intellectual Disabilities Professional](#)

[Registered Nurse \(RN\) - Augusta Mental Health Campus](#)

[Registered Nurse \(RN\) - Charge Nurse - Augusta Campus](#)

[Registered Nurse \(RN\) - Charge Nurse - Gracewood Campus](#)

[Registered Nurse \(RN\) - Hourly/Part-time - Augusta](#)

[Registered Nurse \(RN\) - Hourly/Part-time - Gracewood](#)

[Registered Nurse \(RN\) - Redbud - Part-time Evening](#)

[Registered Nurse \(RN\) - Skilled Nursing Facility](#)

[Registered Nurse \(RN\) -Gracewood Campus](#)

[Registered Respiratory Therapist - Camellia - PT](#)

[RN - Redbud Unit - 7a-3:30p](#)

[Service Director/Charge Nurse - Gracewood Campus](#)

[Shift Supervisor - Augusta Mental Health Campus - 1st Shift](#)

[Shift Supervisor - Gracewood Campus](#)

[Skilled Utility Worker](#)

[Steam Plant Operator](#)

[Steam Plant Operator](#)

[Training Coordinator 1](#)

[Training Specialist 1](#)

[Work Instructor 1 - Gracewood Campus](#)

[Workers' Compensation Coordinator](#)

December Menus

SUNDAY 11-29-2015	MONDAY 11-30-2015	TUESDAY 12-1-2015	WEDNESDAY 12-2-2015	THURSDAY 12-3-2015	FRIDAY 12-4-2015	SATURDAY 12-5-2015
Cranberry Juice Scrambled Eggs w/Ham Bits Dry Cereal Toast/Marg/Jelly Coffee/2% Milk	Banana Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Pancakes Sliced Bacon Dry Cereal Margarine/Syrup Coffee/2% Milk	Grape Juice Scrambled Eggs Sausage Patty Grits Biscuit/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Ham Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs Sliced Bacon Hash Brwn Potatoes Toast/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sausage Links Dry Cereal Toast/Marg/Jelly Coffee/2% Milk
Chuckwagon Steak w/Cream Gravy Mashed Potatoes Collard Greens Sli Tomato Salad Roll/Margarine Peaches Iced Tea/2% Milk	Chicken Cordon Bleu Egg Noodles/Gravy Steamed Broccoli Waldorf Salad Roll/Margarine Blueberry Crunch Iced Tea/2% Milk	Italian Style Veal Stk Rice Pilaf Carrots Tossed Salad/Drsg. Wheat Roll/Marg Peach Crunch Iced Tea/2% Milk	Hamburger w/Bun Must/Catsup/Mayo Dill Chip/St Onion French Fries Sli Tom/Lett Salad w/Mayonnaise Gingerbread Iced Tea/2% Milk	Red Beans & Rice Mixed Vegetables Lettuce Sld w/Drsg Bread/Margarine Vanilla Pudding Iced Tea/2% Milk	Baked Chicken Rissolo Potatoes Broccoli Carrot/Raisin Salad Roll/Margarine Heavenly Hash Ice Tea/2% Milk	Meatloaf w/Brown Gravy Snowflake Potato Green Peas Pineapple Tidbits Roll/Margarine Ice Cream Iced Tea/2% Milk
Chicken Tetrazzini Carrots Tossed Salad w/Drsg Garlic Bread P'Butter Cookies Iced Tea	Bkd Rigatoni/Beef Broccoli Au Gratin Potatoes Pickled Beet Salad Bread/Margarine Apple Crisp Iced Tea	Fried Chicken Au Gratin Potatoes Green Beans Shred Lettuce/Drsg Bread/Margarine Apricots Iced Tea	Roast Turkey w/Gravy Sweet Potatoes Seas Turnip Greens Copper Penny Sld Cornbread/Marg Fresh Fruit Iced Tea	*Fried Fish w/Tartar Sauce Spanish Rice Okra Green Salad w/Drsg Bread/Margarine Apple Crisp Iced Tea *Broiled Pollock as 2nd choice in Employee Cafeteria ONLY	Vegetable Soup Cold Cuts: Turkey Roll Bologna Sliced Cheese Must/Mayonnaise Sliced Tomato Potato Salad Bread/Crackers Banana Pudding Iced Tea	Cantonese Spareribs Filipino Fried rice Stir Fried Cabbage Seasoned Limas Pineapple Cole Slaw Bread/Margarine Apricot Halves Iced Tea

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY 12-11-2015	SATURDAY
Banana Scrambled Eggs w/Sausage Bits Dry Cereal Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Scrambled Eggs Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs w/Cheese Grits Toast/Marg/Jelly Coffee/2% Milk	Cranberry Juice Scrambled Eggs Sliced Ham Grits Biscuit/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Pancakes Sausage Links Dry Cereal Margarine/Syrup Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk
Baked Ham Corn Collard Greens Carrot/Raisin Salad Bread/Margarine Peach Slices Iced Tea / 2% Milk	Fried Chicken Au Gratin Potatoes Mixed Vegetables Lettuce/Tomato Sld w/Drsg Wheat Roll/Marg Oatmeal/Raisin Cookies Iced Tea/2% Milk	Roast Pork w/Gravy Cnd Swt Potatoes Field Peas Pickled Beet/Onion Salad Cornbread/Marg Cake/Icing Iced Tea/2% Milk	Chicken Fajitas Spanish Rice Refried Beans Combination Salad Tortilla/Margarine Sugar Cookies Iced Tea	Spaghetti w/ Meat Sauce Parmesan Cheese Calif Mixed Vegt Tossed Sld w/Drsg Bu Garlic Toast Pineapple Upside Down Cake Iced Tea	Fr Calfish Fillets French Fries Southern Gr Beans Hushpuppies/Marg Bread Pudding Iced Tea/2% Milk	Pepper Steak Rice Broccoli Pear/Cheese Salad Bread/Margarine Chocolate Pudding Iced Tea/2% Milk
Fried Fish 'N Bun w/Tartar Sauce Spanish Rice Green Beans Coleslaw Sherbet Iced Tea	Hamburger 'n Bun Sliced Cheese Catsup/Must/Mayo Sliced Pickles Fried Onion Rings Baked Beans Lett/Tomato Sld w/Drsg Pound Cake Iced Tea	Chuckwagon Steak w/Cream Gravy Mashed Potatoes Calif Mixed Vegt Shredded Lett/Drsg Bread/Margarine Pears Iced Tea	BBQ Pork w/Bun Spinach Potato Salad Peach/Pear Mix Iced Tea	Turkey Pot Pie Steamed Carrots Shred Lett w/Drsg Bread/Margarine Brownie Iced Tea	Chicken Parmesan Buttered Squash Baked Potato Sliced Peaches Roll/Margarine Ice Cream Iced Tea/2% Milk	Hot Dog 'n Bun Must/Catsup/Onion Baked Beans Coleslaw P'Butter Cookies Iced Tea

SUNDAY 12-13-15	MONDAY 12-14-15	TUESDAY 12-15-15	WEDNESDAY 12-16-15	THURSDAY 12-17-15	FRIDAY 12-18-15	SATURDAY 12-19-15
Cranberry Juice Scrambled Eggs Sausage Links Oatmeal Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs w/Cheese Grits Toast/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Pancakes Sliced Ham Dry Cereal Syrup/Margarine Coffee/2% Milk	Cranberry Juice Scrambled Eggs w/Sausage Bits Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Scrambled Eggs Sausage Patty Grits Toast/Marg/Jelly Coffee/2% Milk
Baked Ham Oven Browned Potatoes Seas Turnip Greens Cucumber/Vinegar Salad Bread/Marg Ice Cream Iced Tea/2% Milk	Beef Noodle Soup Grilled Steak w/Sce Baked Potato Green Beans Golden Glow Salad Oatmeal Raisin Cookie Iced Tea/2% Milk	Baked Chicken Rice w/Gravy Broccoli Sliced Tomato Salad Roll/Margarine Sweet Potato Pie Iced Tea/2% Milk	Smothered Pk Chop Rice w/Gravy Green Beans Tossed Sld w/Drsg Wheat Roll/Marg Banana Cake Iced Tea/2% Milk	*Fried Fish w/Tartar Sauce Scalloped Potatoes Steamed Cabbage Sliced Tomato w/Mayo Cornbread/Marg Cake w/Icing Iced Tea/2% Milk *Broiled Pollock as 2nd choice	Fried Chicken Macaroni & Cheese Broccoli Lett/Tom Sld/Drsg Roll/Margarine Sugar Cookies Iced Tea/2% Milk	Hamburger Steak w/Gravy Snowflake Potato Green Peas Tomato Sld/Drsg Roll/Margarine Vanilla Pudding/Topping Iced Tea/2% Milk
Chili Con Carne Rice Corn Shred Lettuce/Drsg Saltine Crackers Sliced Peaches Iced Tea	Parmesan Fish Oven Glow Potatoes Seas Lima Beans Seas Mixed Veg Bread/Margarine Sherbet Iced Tea	Sloppy Joe 'n Bun French Fries Green Peas Green Salad w/Drsg P'Butter Cookies Iced Tea	Hot Dog/Bun Baked Beans Coleslaw Chocolate Pudding Iced Tea	Turkey Noodle Cass Sea Collard Greens Tossed Salad Bread/Margarine Ice Cream Iced Tea	Yakisoba Hamburger w/Spaghetti Turnip Greens Potato Wedges Sliced tomato on lettuce leaf Cake with Icing Iced Tea	Vegetable Soup Cold Cuts: Turkey Bologna Sliced Cheese Must/Mayo Sliced Tomato Bread/Crackers Potato Salad Sweet Potato Pie

SUNDAY 12-20-2015	MONDAY 12-21-2015	TUESDAY 12-22-2015	WEDNESDAY 12-23-2015	THURSDAY 12-24-2015	FRIDAY 12-25-2015	SATURDAY 12-26-2015
Orange Juice Scrambled Eggs w/Ham Bits Oatmeal Toast/Marg/Jelly Coffee/2% Milk	Banana Scrambled Eggs Sliced Bacon Dry Cereal Toast/Marg/Jelly Coffee/2% Milk	Cranberry Juice Scrambled Eggs Sausage Patty Grits Biscuit/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs Bacon Hash Brwn Potatoes Toast/Marg/Jelly Coffee/2% Milk	Grape Juice Scrambled Eggs w/Cheese Bacon Cinnamon Roll Margarine Coffee/2% Milk	Apple Juice Waffles Sausage Links Dry Cereal Margarine/Syrup Coffee/2% Milk	Grape Juice Scrambled Eggs w/ Cheese Grits Toast/Marg/Jelly Coffee/2% Milk
Spaghetti w/Meat Sauce Parmesan Cheese Green Beans Tossed Salad w/Drsg Garlic Bread Pears Iced Tea/2% Milk	Chinese Five Spice Chicken Steamed Rice Buttered Cauliflower Peaches** Roll/Margarine Oatmeal/Raisin Cookies Iced Tea/2% Milk **Augusta Campus= Fruit Cocktail	Roast Pork w/ Brown Gravy Steamed Rice Broccoli Lettuce Sld w/Drsg Bread/Margarine Banana Pudding w/ Topping Iced Tea/2% Milk	Lasagna Combination Salad w/ Drsg Garlic Bread Peach Cobbler Iced Tea/2% Milk	Pineapple Chicken Orange Rice Prince Edw Vegt. Pear/Cheese Salad Roll/Margarine Gingerbread Iced Tea/2% Milk	Baked Ham Mashed Potatoes Seas. Collard Greens Pears Cornbread/Marg Cake/Icing Iced Tea/2% Milk	Baked Chicken Oven Brown Potatoes Calif Mixed Vegt Coleslaw Roll/Margarine Ice Cream Iced Tea/2% Milk
Polish Sausage/Bun Diced Onion/Relish/ Mustard Baked Beans Coleslaw Pineapple Tidbits Iced Tea	Jaegerschnitel (veal) w/Brown Gravy O'Brien Potatoes Seasoned Carrots Waldorf Salad Bread/Crackers Cherry Crisp Iced Tea	Tuna Ndi Casserole Calif Mixed Vegt Shred Lettuce/Drsg Bread/Margarine Apricot Halves Iced Tea	Pork Chop Suey Steamed Rice Seasoned Succotash- Coleslaw Roll/ Margarine Brownies Iced Tea/2% Milk	Roast Beef w/Gravy Noodles Green Beans Tossed Salad w/Drsg Bread/Margarine Peaches Iced Tea	Turkey Noodle Cass. Broccoli Pears ** Saltine Crackers Choc Chip Cookies Iced Tea **Augusta Campus = Fruit	Taco Pie White Rice Spinach Shred Lettuce/Drsg Bread/Margarine Applesauce Iced Tea

December Menus

SUNDAY 12-27-2015	MONDAY 12-28-2015	TUESDAY 12-29-2015	WEDNESDAY 12-30-2015	THURSDAY 12-31-2015	FRIDAY 1-1-2016	SATURDAY 1-2-2016
Cranberry Juice Scrambled Eggs w/Ham Bits Dry Cereal Toast/Marg/Jelly Coffee/2% Milk	Banana Scrambled Eggs Sliced Bacon Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Pancakes Sliced Bacon Dry Cereal Margarine/Syrup Coffee/2% Milk	Grape Juice Scrambled Eggs Sausage Patty Grits Biscuit/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sliced Ham Grits Toast/Marg/Jelly Coffee/2% Milk	Orange Juice Scrambled Eggs Sliced Bacon Hash Brwn Potatoes Toast/Marg/Jelly Coffee/2% Milk	Apple Juice Scrambled Eggs Sausage Links Dry Cereal Toast/Marg/Jelly Coffee/2% Milk
Chuckwagon Steak w/Cream Gravy Mashed Potatoes Collard Greens Sli Tomato Salad Roll/Margarine Peaches Iced Tea/2% Milk	Chicken Cordon Bleu Egg Noodles/Gravy Steamed Broccoli Waldorf Salad Roll/Margarine Blueberry Crunch Iced Tea/2% Milk	Italian Style Veal Stk Rice Pilaf Carrots Tossed Salad/Drsg. Wheat Roll/Marg Peach Crunch Iced Tea/2% Milk	Hamburger w/Bun Must/Catsup/Mayo Dill Chip/St Onion French Fries Sli Tom/Lett Salad w/Mayonnaise Gingerbread Iced Tea/2% Milk	Red Beans & Rice Mixed Vegetables Lettuce Sld w/Drsg Bread/Margarine Vanilla Pudding Iced Tea/2% Milk	Baked Chicken Rissolo Potatoes Broccoli Carrot/Raisin Salad Roll/Margarine Heavenly Hash Ice Tea/2% Milk	Meatloaf w/Brown Gravy Snowflake Potato Green Peas Pineapple Tidbits Roll/Margarine Ice Cream Iced Tea/2% Milk
Chicken Tetrzzini Carrots Tossed Salad w/Drsg Garlic Bread P'Butter Cookies Iced Tea	Bkd Rigatoni/Beef Broccoli Pickled Beet Salad Bread/Margarine Apple Crisp Iced Tea	Fried Chicken Au Gratin Potatoes Green Beans Shred Lettuce/Drsg Bread/Margarine Apricots Iced Tea	Roast Turkey w/Gravy Sweet Potatoes Seas Turnip Greens Copper Penny Sld Cornbread/Marg Fresh Fruit Iced Tea	*Fried Fish w/Tartar Sauce Spanish Rice Okra Green Salad w/Drsg Bread/Margarine Apple Crisp Iced Tea *Broiled Pollock as 2nd choice in Employee Cafeteria ONLY	Vegetable Soup Cold Cuts: Turkey Roll Bologna Sliced Cheese Must/Mayonnaise Sliced Tomato Potato Salad Bread/Crackers Banana Pudding Iced Tea	Cantonese Spareribs Filipino Fried rice Stir Fried Cabbage Seasoned Limas Pineapple Cole Slaw Bread/Margarine Apricot Halves Iced Tea