



# Behavioral Health Forum 2014

## Description of 4 Mental Health Service areas

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Disabilities

# Core

## Eligibility

- psychiatric disorder and/or substance related disorder primary diagnosis (or diagnostic impression) on Axis I
- An individual must be over the age of 18 years old
- The functional/risk assessment must yield information that supports a behavioral health diagnosis (or diagnostic impression) on Axis I

The following individuals are the priority for ongoing support services:

- 1. Individuals currently in a state operated psychiatric facility (including forensic individuals), state funded/paid inpatient services, a crisis stabilization unit or crisis residential program;

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The second priority group for services is:

- Individuals with a history of one or more hospital admissions for psychiatric/addictive disease reasons within the past 3 years;
- Individuals with a history of one or more crisis stabilization unit admissions within the past 3 years;
- Individuals with a history of enrollment on an Assertive Community Treatment team within the past 3 years;
- Individuals with court orders to receive services (especially related to restoring competency);
- Individuals under the correctional community supervision with mental illness or substance use disorder or dependence;
- Individuals released from secure custody (county/city jails, state prisons, diversion programs, forensic inpatient units) with mental illness or substance use disorder or dependence;
- Individuals aging out of out of home placements or who are transitioning from intensive C&A services, for whom adult services are clinically and developmentally appropriate.
- Pregnant women;
- Individuals who are homeless; or,
- IV drug Users.

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## Service Components

- **Behavioral Health Assessment**
- **Addictive Diseases Support Services**
- **Case Management**
- **Community Transition Planning**
- **Crisis Intervention**
- **Diagnostic Assessment**
- **Family Outpatient Services:**
- **Family Counseling ,Family Training**
- **Group Outpatient Services:**
- **Group Counseling, Group Training**
- **Individual Counseling**

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- **Legal Skills / Competency Training**
- **Medication Administration**
- **Nursing Assessment and Health Services**
- **Pharmacy & Lab**
- **Psychiatric Treatment**
- **Psychological Testing: Psychological Testing – Psycho-diagnostic assessment of emotionality, intellectual abilities, personality and psychopathology**
- **Psychosocial Rehabilitation-Individual**
- **Service Plan Development**

# Psychosocial Rehabilitation - Individual

## **Service Overview**

Psychosocial Rehabilitation Individual consists of rehabilitative skills building, the personal development of environmental and recovery supports considered essential in improving a person's functioning, learning skills to promote the person's self-access to necessary services and in creating environments that promote recovery and support the emotional and functional improvement of the individual.

# Psychosocial Rehabilitation - Individual

Service activities of PSR-I include but are not limited to;

- Providing skills support in the person's self-articulation of personal goals and objectives;
- Assisting the person in the development of skills to self-manage or prevent crisis situations
- Collaborative identification of strengths,
- Supporting skills development to build natural supports
- Assisting the person in the development of interpersonal, community coping, and functional skills, wellness self-management,

# Psychosocial Rehabilitation - Individual

## Admission Criteria

1. Individuals with one of the following: MH Dx, Substance-Related Dx, Co-Occuring Substance Related Rx and MH Dx, Co-Occuring MH Dx and DD Dx., or Co-Occuring Substance-Related Dx and DD

AND one or more of the following;

2. Individual may need assistance with developing, maintaining or enhancing social supports or other community coping skills OR
3. Individual may need assistance with daily living skills including coordination to gain access to necessary rehabilitative and medical services



# Psychosocial Rehabilitation - Individual

- PSR-I will promote stability of functioning as evidenced by decreased psychiatric re-admissions, increased participation in community and/or vocational activity

# Psychosocial Rehabilitation-Group

## Service Overview

A therapeutic, rehabilitative, skill building and recovery promoting service for individuals to gain the skills necessary to allow them to remain in or return to naturally occurring community settings. Services include but are not limited to;

- Individual or group skills building activities that focus on the development of skills to be used by individuals in their living, learning, social and working environments;
- Social, problem solving and coping skills development,
- Illness and medication self-management,
- Prevocational/Vocational skills
- Recreational/leisure skills

# Psychosocial Rehabilitation-Group

## Admission Criteria

1. Individual must have primary BH issues ( including Co-Occurring SA or MR/D) and present a low or no risk of danger to themselves or others

AND one or more of the following;

2. Individual lacks many functional and essential like skills such as daily living, social skills, vocational/academic skills and/or community/family integration;

OR

3. Individual needs frequent assistance to obtain an use community resources

# Psychosocial Rehabilitation-Group

- Promotion of individual's use of resources to integrate into the community
- Facilitation of consumer driven skills development

# Peer Support

## **MH Peer Support Services-Group**

- Structured activities within a peer support center that promote socialization, recovery, wellness, self-advocacy, development of natural supports, and maintenance of community living skills,
- Skill-building and recovery activities developed and led by consumers
- The providing practitioner is a Georgia-Certified Peer Specialist (CPS)

A Consumer Peer Support Center may be a stand-alone center or housed as a “program” within a larger agency, and must maintain adequate staffing support to enable a safe, structured recovery environment in which consumers can meet.

# Peer Support

## **MH Peer Support Services-Individual**

- Interventions which promote socialization, recovery, wellness, self-advocacy, development of natural supports, and maintenance of community living skills,
- The providing practitioner is a Georgia-Certified Peer Specialist (CPS).
- Services are reflective of recovery as defined by SAMHSA and psychiatric rehabilitation principles published by USPRA

# Peer Support

## Admission Criteria

- Must have a primary mental health issue; and one or more of the following:
  - Individual requires and will benefit from support of peer professionals for the acquisition of skills needed to manage symptoms and utilize community resources;
- or
- Individual may need assistance to develop self-advocacy skills to achieve decreased dependency on the mental health system;
- or
- Individual may need assistance and support to prepare for a successful work experience;
- or
- Individual may need peer modeling to take increased responsibilities for his/her own recovery;
- or
- Individual needs peer supports to develop or maintain daily living skills

# Peer Support Whole Health & Wellness

- one-to-one service in which the Whole Health & Wellness Coach (CPS) assists the individual with setting his/her personal expectations, introducing health objectives as an approach to accomplishing overall life goals, helping identify personal and meaningful motivation, and health/wellness self-management.
- Health engagement and health management for the individual are key objectives of the service , Another major objective is promoting access to health supports



# Peer Support Whole Health & Wellness

## Admission Criteria

- Must have two co-existing serious health conditions (hypertension, diabetes, obesity, cardiovascular issues, pulmonary issues, etc.), **one** of which is a mental health condition;

### **and one or more of the following:**

- Individual requires and will benefit from support of Whole Health & Wellness Coaches (CPSs) for the acquisition of skills needed to manage health symptoms and utilize/engage community health resources;

or

- Individual may need assistance to develop self-advocacy skills in meeting health goals, engaging in health activities, utilizing community-health resources, and accessing health systems of care;

or

- Individual may need peer modeling to take increased responsibilities for his/her own recovery and wellness

PROVIDER MANUAL FOR  
COMMUNITY BEHAVIORAL HEALTH  
PROVIDERS  
FOR  
THE DEPARTMENT OF BEHAVIORAL HEALTH  
&  
DEVELOPMENTAL DISABILITIES

[http://dbhdd.org/files/Provider-  
Manual-BH.pdf](http://dbhdd.org/files/Provider-Manual-BH.pdf)