

REGIONAL Reflections

October 2016

West Central Georgia Regional Hospital

JOINT COMMISSION

Compliance Quick Tips: Environment of Care Edition

**Work
Therapy** 2

Patient safety, quality care, and continuous compliance should always be our main priorities. Below are some quick tips/facts to remember so you can always be Joint Commission or CMS Survey ready:

**Human
Resources** 3

1. It is important to always inspect all medical equipment in your department and report broken medical equipment immediately to Ken Akerman in Nursing Services.

New Staff 4

2. ALL exits need to be free from clutter and need to be in working order. ** Is there an exit door in your department that is hardly, if ever used? Even if it's rarely used, you need to inspect it regularly to ensure you can still make a quick exit if you needed to.

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3. Do you know what our six Emergency/Safety Plans are? Safety Management Plan, Security Management Plan, Hazardous Materials and Waste Plan, Fire Safety Plan, Medical Equipment Plan, and Utilities Management Plan. It is extremely important that you are familiar with these plans.

4. What if a surveyor asks, "how do you know what to do in the event of an emergency related to the plans listed above?"

Each department has paper copies of all of these plans in the event the Internet is down. All employees also receive an annual online training regarding our safety and security plans. Make sure to stay up-to-date on all training to stay familiar with these plans and their contents.



WORK THERAPY

By Dianna Byrd

For years there has been talk about bringing a Work Therapy Program to our Hospital. Why not? We were the only State Hospital that did not offer individuals the opportunity to improve their self-esteem, make money, enhance their work skills and improve their marketability should they want to seek employment once discharged back into the community. With the support of West Central Leadership this all changed on July 11th, 2016. Starting with just one work therapy site in our hospital clothing bank and four individuals, we began another step towards community re-integration. Individuals started off sorting clothes to determine if they were appropriate for our setting and also if the clothing was in good condition. All washable clothes were then washed and dried, sorted by type and placed on the clothing racks to be distributed to those Individuals in need. From four individuals, we grew to a force of six, then seven. Although we have lost three individuals, this is great news. All were discharged to the community to begin a new journey, one for which they are better prepared thanks to participating in the Work Therapy Program. We are currently recruiting more individuals to join the program which has recently added housekeeping, landscaping, and car detailing. Food Service (Dining Room) is the next site that we would like to focus on. In addition to having work sites on campus, community opportunities are being explored. Although there are no dedicated work therapy staff, Zack Sparks (AT Assistant Supervisor), Tina Middleton (RTF and Acting Tip Coordinator), Cliff Pass (PSR Coordinator) and Dianna Byrd (RSC) have developed the existing program. However, the real forces behind the day-to-day operations are Angela Miles and Bunita Johnson. These two staff members ensure that the individuals are developing the work skills that will encourage their success in the community. Not only are values, ethics and behaviors discussed, money management and the importance of saving are also a part of the work conversation. Pictured at left are some of our Work Therapy Participants, Work Therapy Staff and some members of our Hospital Leadership who have been instrumental in making this program a reality.



Faithful Service Awards

5 Years:

Crystal T. Williams Glenn A. Morgan Jaqueline L. Morgan Jaqueline W. Blue

10 Years:

Hannelore Perkins

October Birthdays

10/1	Jennifer M. Driskell	10/9	Zandra B. Walker	10/21	Jenae N. Bandy
10/1	Shielia Felton-Moton	10/10	Leona Dorsey	10/21	Rosie Hamilton
10/1	Candice M. Harley	10/10	Lindsey Jones	10/21	Craig A. Johnson
10/1	Nelsondria E. Brown	10/10	Joseph J. Richards	10/21	Phellizzaya Martin
10/2	Towanda R. Hodge	10/11	Tobie D. Hill	10/21	Dorothy M. Phillips
10/2	Sonya A. Adams	10/11	Jacqueline L. Morgan	10/22	Nettie P. Young
10/3	Cheryl J. Dresser	10/11	Jasma D. Williams	10/23	Lakenya S. Colbert
10/3	Christopher Holloway	10/12	Sandra K. Buczek	10/23	Akela A. Fordham
10/3	Jewel Scott	10/12	Derrick Flowers	10/23	Gavin B. Glasgow
10/3	Nikki Q. Smith	10/12	Suprena D. Wyatt	10/25	Syed T. Rahman
10/3	Jennifer Harris	10/13	Bernadette McGhee	10/25	Nickia S. Stone
10/4	Tamaria Babb-Chukwu	10/13	Dawanna Young	10/26	Shekira M. A. Davis
10/4	Michiel W. Jackson	10/14	Shawanica T. Brooks	10/26	Joseph M. Mixon
10/4	Mai Y. Tan	10/14	Cythelyn Z. Sanders	10/27	Courtney R. Deyampert
10/5	Tishan Jackson	10/15	Famata R. Batista	10/27	Justin L. Gross
10/6	Courtney Bell	10/15	Arthur J. Jordan	10/27	Anisha R. Scott
10/6	Brittany Roberts	10/15	Hannelore M. Perkins	10/27	Felicia H. Williams
10/6	Jeannette M. Scott	10/16	Tina N. Byars	10/28	Maria E. Mieles
10/7	Tarshia L. Gordon	10/17	Elizabeth K. Donegan	10/28	Lakeitha L. Walker
10/7	Andriea Washington	10/17	William E. Thaxton	10/29	Tobias E. Davis
10/8	Ansley R. Poythress	10/18	Sandra D. Hurst	10/30	Joshua T. Spivey
10/9	Malcolm C. Booker	10/18	Lotonia S. Lewis	10/31	Angelica Gonzalez-Echevarria
10/9	Carolyn J. Thomas	10/20	Amy L. Rapp	10/31	Armestras Sanders

Farewell...

Devron J. Wright	Aphroditise C. Edge
Whitney R. Langford	LeTricia A. Marshall
Gloria A. Nalls	Jimmy R. Medley
Kendell D. Scott	Leonard Myles
Windy E. Frander	Chris Newland
Tremaine Jordan	Ortraill D. Russell
Jo T. Kinavey	Eric B. Williams
Mitchell C. Singletary	

Important Dates:

Pay Days:

October 14th & 31st

Kronos: Manager Approval days: October 3rd & 17th (subject to change). Please reconcile and move all FSLA to OT premium.

Orientation:

Oct. 3rd & 17th | 1 PM to 5 PM | HR Conference Room

New Hires: Welcome to WCGRH!



First Photo (L to R): John Robertson, RHA; Ricardo Martin, Activity Therapist; Dominique Sutton, HCW; Keith Thompson, FST I; Kelly Crawford, Houseparent; Courtney Deyampert, Activity Therapist; Dianna Gonzalez Echevarria, FST; Editbrayan Ortiz, FST

Second Photo (L to R, Front Row): John Robertson, RHA; Sierra Fannin, FST; Katie Dean, APRN; Kimberly Kears, FST Driver; Jherell Horace, Housekeeper (L to R, Second Row): Tobias Davis, FST Floater; Jasmine Jacobs, FST; Linda Harris, Activity Therapist; Joseph Jones, RN



(L to R) Denese Marin-Bell, BHC; Phoebe Hampton, Housekeeper; Dainisecia Pessoa, Charge Nurse; Tarisha Gordon, Housekeeper; Tishan Jackson, FST; Sharon Tarus, RN; LaDonna Hove-Peters, SSP; David Burston, LPN

STAFF DEVELOPMENT NEWS

October Block Schedule for Annual Updates

You will attend according to your Safety Care date, and must attend the entire block. You will then be current for the next year! Unit PA's will register Unit Staff.

Block 1:

Mon, Oct 3:	8:00 Safety Care Re-cert
Tues, Oct 4:	8:00-10:00 Infection Control and Incident Management 10:00-12:00 Seizure, and 1:00-3:00 PNS
Wed, Oct 5:	8:00 CPR and First Aid
Thurs, Oct 6:	8:00 Safety Care Re-cert

Block 2:

Mon, Oct 17:	8:00 Safety Care Re-cert
Tues, Oct 18:	8:00-10:00 Infection Control and Incident Management 10:00-12:00 Seizure, and 1:00-3:00 PNS
Wed, Oct 19:	8:00 CPR and First Aid
Thurs, Oct 20:	8:00 Safety Care Re-cert

Safety Care Initial Dates: October 6-7 and October 20-21

Positive Behavior Supports (PBS) Dates: October 17 and October 28

Annual TIP Blitz Training

Dates: 10/19/16, 10/20/16 and 10/21/16

Times: 8 am, 8:30 am, 3 pm, 3:30 pm, 6:30 pm and 7 pm

Location: TIP store

You do not need to register through the DBHDD University Learning Portal but can show for the training on one of the dates and times. Signature pages will be turned into the training department.

NATIONAL PHARMACY WEEK



October 16-22 is National Pharmacy Week. Make sure to let our hard-working Pharmacy Staff know how much you appreciate them! Our pharmacists and pharmacy technicians work to ensure safe and effective medication use for our individuals, and play a vital role in their care. Their input is not only important while receiving care at WCGRH, but also when a patient's condition has improved and he or she is close to discharge. The pharmacist talks to caretakers about medicines and will try to liaise with GPs and community pharmacists about concordance and compliance. Pharmacists have a role at every stage of the patient journey, whether patients are being cared for in an acute setting or the community.



Flu Vaccine:

Why Get Vaccinated?

Influenza (“flu”) is a contagious disease that spreads around the United States every year, usually between October and May. Flu is caused by influenza viruses, and is spread mainly by coughing, sneezing, and close contact. Anyone can get flu. Flu strikes suddenly and can last several days. Symptoms vary by age, but can include fever/chills, sore throat, muscle aches, fatigue, cough,

headache, and/or runny or stuffy nose. Flu can also lead to pneumonia and blood infections, and cause diarrhea and seizures in children. If you have a medical condition, such as heart or lung disease, flu can make it worse. Flu is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk. Each year thousands of people in the United States die from flu, and many more are hospitalized. Receiving the flu vaccine can: (1) keep you from getting flu, (2) make flu less severe if you do get it, and (3) keep you from spreading flu to your family and other people. If you have not already received your immunization shot on campus from Nursing Services, we encourage you to visit your local doctor or pharmacy. Stay healthy and protected!

All Aboard the Joint Commission Junction!

Food, games, and prizes all
while learning about Joint
Commission Standards.

Friday, October 28
7:30 AM to 5:30 PM
Honor Hall, Bldg. 12

For more information, contact Brooke Devlin or Ezra Jackson
brooke.devlin@dbhdd.ga.gov or ezra.jackson@dbhdd.ga.gov

POLICY **update**

The following new and revised hospital policies are now available in PolicyStat at <http://gadbhdd.policystat.com>. All changes take immediate effect.

NEW

Rehabilitation Therapy Competency Plan, 03-805,

<https://gadbhdd.policystat.com/policy/2818217/latest/>

- This policy provides standardized staff competency assessments for occupational therapists, physical therapists, speech-language pathologists, and respiratory therapists working in DBHDD hospitals. No training is required for this policy and it is in immediate effect for future staff competency assessments.

Inpatient Dental Services, 03-620, <https://gadbhdd.policystat.com/policy/2849230/latest/>

REVISED

Clozapine (Clozaril) Testing and Monitoring, 03-431

<https://gadbhdd.policystat.com/policy/2776010/latest/>

Transition Process for Individuals with Intellectual and/or Developmental Disabilities Moving from State Hospitals to Their Family Home or Community Residences, 04-120,

<https://gadbhdd.policystat.com/policy/2818188/latest/> (in part applicable to hospitals, coordinated by the Division of DD).



Join the WCGRH Foundation today!

Make checks payable to WCGRH Foundation, Inc.

Your tax-deductible, charitable contribution to the West Central Georgia Regional Hospital Foundation helps to provide for the special needs of our clients that may not be covered by other funding sources. The Foundation Board, Hospital Staff, and Clients greatly appreciate your continued support of our efforts.

For more info on how to join, contact Kayra Velez at 706.568.5207.



FACILITATING A FACILITATOR

By: Tina Middleton

Someone once asked me how I became a Team Facilitator at West Central Georgia Regional Hospital. My response was "It just kinda happened." Growing up predominately in Columbus and living very close to the hospital, WCGRH always held a fascination for me. This fascination directed my career path, which included a Bachelor's degree in Social Work and a Master's degree in Agency Counseling, complete with an internship here at West Central in 1986 on what used to be the Griffin-LaGrange unit. After graduation, employment at WCGRH eluded me so I began working with Direct Service Corporation in their Community Care Program helping the elderly, blind, and disabled population. After a few years, I moved on to State employment where I was taken down a different path. Over the course of 17 years, I held 3 different positions at the Office of Child Support Enforcement, but eventually my thoughts drifted back to the mental health field, resulting in another career detour to New Horizons CSB. While pursuing my professional counseling license I got my feet wet working with the adolescent population in the Therapeutic Foster Care program and working part-time in the after school program at New Horizons' clinic. By this point WCGRH had two community programs: Bridgeway, a mobile crisis team for adolescents, and the Adult Mobile Crisis team. This was definitely a new challenge for me. Since I was able to work in both programs I gained a good deal of knowledge about the current day WCGRH and its goals for their individuals. About the time the State of Georgia decided to contract out the programs, the team facilitator positions were created, which seemed to be a good transition. For the last 5 years this job has had its ups and downs, but has provided me the opportunity for professional growth in so many areas. Currently, I am tasked with overseeing the team facilitators and the TIP program as well as given the opportunity to assist the hospital with other special projects. I guess in short with all my career changes it is safe to say this job found me. The next time I'm asked how I became a Team Facilitator at West Central Georgia Regional Hospital I'll simply say, "I was facilitated into it."

Regional Reflections is published monthly. The mission of the newsletter is to provide a forum to educate and inform its readership on issues in behavioral health, strengthen teamwork, and archive hospital events and activities. Regional Reflections staff welcomes items including articles, news items, and photos submitted for publication. However, all items are subject to editorial discretion and will be published on a "space available" basis. Please contact the editor if you have any questions or concerns regarding the newsletter. Thank you for your support.

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