

REGIONAL Reflections

July 2016

West Central Georgia Regional Hospital

SUMMER IS FOR FISHING!

Joint Commission	2
Human Resource	3
New Hires	4
Staff Development	5
E-Learning	6
Policy Corner	7
BeWell Seminar	7
Clothing Bank Donations	8
WCGRH Foundation	8



Discharge planning and recovery begins when individuals enter our doors. Those we serve arrive with various levels of challenges that must be overcome or managed in order to be discharged and ultimately *maintain recovery for a lifetime*. Activity Therapy takes this to heart by offering more leisure and community reintegration activities than ever before. AT and PSR are now working together on some of the specialized groups and activities driven by the ideas of the Rehab Services Chief. Fishing is one of our newer activities that has expanded with the help of PSR staff support and our RHA's vision. Now some individuals with appropriate skills and staff help are able to walk around the lake perimeter and participate in a relaxing pastime. This expansion of territory has increased the catch potential and motivated those who fish. As you can see, our fishermen

have caught some large bass and nice sized brim this season. We even had a gentleman catch our largest recorded catfish to date weighing in at 5 lbs! They say, "you give a man a fish he will eat for the day, but if you teach a man to fish he will eat for a lifetime." What a great example of a **Wellness and Recovery Model**. It does not get any better than this!

JOINT COMMISSION JUNCTION

Are you ready to be assessed? The following tips can help you keep your departments maintained for Joint Commission Accreditation.

GET IT RIGHT: The 6 Rights of Medication Administration

You can help medication administration errors by reinforcing the 8 R's:

<i>Right Patient</i>	<i>Right Time/Frequency</i>
<i>Right Medication</i>	<i>Right Documentation</i>
<i>Right Dose</i>	<i>Right Position</i>
<i>Right Route</i>	<i>Right to Refuse</i>

INFORMED CONSENT: Rights of The Individual

Informed Consent is More Than A Signature: It is a conversation between the care provider and the patient about the risks and benefits of treatment.

PERFORMANCE IMPROVEMENT: What Are You Working On?

The patient and their family are at the heart of our performance improvement projects. Know the projects that are being worked on in your area.

PAIN ASSESSMENT: No Pain Should Be Ignored

Asses—Intervene—Reasons—Document

EXPIRATION DATES

Always check all supply expiration dates using the corresponding symbol.

USE BY (use by the date indicated)

MFG (this item was manufactured on this date)

EXP (this item expires on this date)

CODE CART: Current Month Only

Only the current month of the code cart log should be in the notebook. Archive completed logs on the unit.

STAFF COMPETENCIES

Make sure your staff competencies are up to date.

ENVIRONMENT OF CARE

Don't forget to label and date your patient's food. If not eaten within that day discard.

POINT-OF-CARE TESTING

Label point-of-care testing control solutions correctly and avoid medical errors.

EMERGENCY MANAGEMENT

In the event of an emergency, be prepared to care for your patients and yourself. Do you know where to find the West Central Emergency Management?

EMERGENCY EVACUATION

Emergency evacuation could occur at any time. Help make sure facility entrances and exits, doorways, hallways and stairwells are free of obstruction and easily accessible for patient, visitors and caregivers.

A SAFE WORK AREA: How Does Your Work Area Look?

If you notice inefficiencies with any of the following, call our facilities team to request a work order: (1) Scratched or marked walls, windows, doorways (2) Inadequate flooring/carpet or ceiling tiles (3) Dusty air vents sprinkler heads, light fixtures (4) Wear-and-tear on mattresses, stretchers or wheelchairs.



HUMAN RESOURCE NEWS

Faithful Service Awards June - July 2016



5 Years:

Tinisha Bolden
Takisha Haynes

10 Years:

Julian M. Walker

July Birthdays

7/1 Battle, Kentton L	7/12 Trowers, Michele E	7/25 Pollard, Jamine R
7/1 Pass, Henry M	7/13 Lawson, Anika S	7/26 King, Tammy R.
7/3 Williams, Crystal T	7/13 Uneanya, Frances N	7/26 Moses, Tony
7/3 Wilcox, Lisa	7/13 Mills, Christina A	7/26 McLendon Jr, Richard
7/3 Campbell, Paula M.	7/14 Williams, Eric B	7/27 Martin-Hutchins, Cassandra
7/3 Thompson, Karin D	7/14 Parks, Lawonna	7/27 Holguin, Laci
7/3 Lockhart, Candice L	7/15 Grier, Carolyn Estella	7/28 Donovan, Wanda
7/3 Pugh, Brandon D	7/16 Stevens, Carl E.	7/28 Collington, Daphne
7/5 Hatchett, Kendra L	7/17 Thompson-Jones, Caryn	7/29 Stokes-Williamson, Sharon
7/5 Gray, Shelia M.	7/17 Walton, Lessie Lee	7/29 Gallimore, Kim
7/5 Mills, Tony	7/17 Jackson, Leslie C	7/29 Luzum, Chancie
7/6 Long, Lisa K	7/17 Bordeaux, Cornelia	7/29 Boles, Rosemary
7/9 Bryant, Tasha L	7/19 Parris, Markeshia L	7/29 Plump, Vonceil
7/9 Johnson, Evon	7/21 Semper, Mable R	7/30 Hardaway, James
7/9 Streeter, TeAnna	7/22 Byrd, Richard K	7/31 Fountaine, Willean
7/10 Grant, Charles L.	7/23 Hardy, Phillip Wayne	7/31 Lyn, Tamara
7/12 Tanner-Jones, ConTassa	7/23 Rice, Venus R	7/31 Murrell, Mario
7/12 Crawford, Myriam	7/25 Phillips, David J	

Farewell...

Johnson, China K	Hill, Alvin E
Lucas, Kendra R	Floyd, Shannon
Picado, Erin R	Switzer, Kyle D
Williams, Shaquille A	Tolliver JR, Horace James
Miles, Justin M	Stevens, Carl E.
Jackson, Taneichia S	Sims, Travis D
Riley, Curtis Dale	Mons, Jacqueline P.
Johnson, Laura B	Jones, Jonathan L
North, Teresa L	Tarboro, Karie G
Thomas, Sabreena D	

Important Dates:

Pay Days:

July 15th & July 29th.

Kronos: Manager Approval days: July 5th & July 19th
(subject to change). Please reconcile and move all FSLA
to OT premium.

Orientation:

July 1st & 18th | 1 PM to 5 PM
Human Resources Conference Room

New Hires: Welcome to WCGRH!



(L to R): John Robertson (Regional Hospital Administrator), Vanessa Elder (SSP), Brittany Lewis (FST), Deadre Nolton (LPN), Teanna Streeter (FST), Joseph Hernandez (FST), Gregory Rose (LPN), Toni Huff (SSP), Brian Cox (Housekeeper)



(L to R): Deanna Riley (Housekeeper), James Hill (FST), Ashley Fearson (FST), Shawnita Prentice (FST), Dwight Phillips (FST), David Robinson (FST)

STAFF DEVELOPMENT NEWS

July Block Schedule for Annual Updates

Here is our “Block” Schedule for Annual Updates in July! You will attend according to your Safety Care date, and must attend the entire block. You will then be current for the next year! Unit PA’s will register Unit Staff.

Block 1:

Tues, July 5: 8:00-10:00 Infection Control and Incident Management
10:00-12:00 Seizure
1:00-3:00 PNS

Wed, July 6: 8:00 CPR and First Aid

Thurs, July 7: 8:00 Safety Care Recert

Block 2:

Mon, July 18: 8:00 Safety Care Recert

Tues, July 19: 8:00-10:00 Infection Control and Incident Management
10:00-12:00 Seizure
1:00-3:00 PNS

Wed, July 20: 8:00 CPR and First Aid

Block 3:

Tues, July 26: 8:00-10:00 Infection Control and Incident Management
10:00-12:00 Seizure
1:00-3:00 PNS

Wed, July 27: 8:00 Safety Care Recert

Thurs, July 28: 8:00 CPR and First Aid

Safety Care Initial Dates: July 7-8 and 21-22

Positive Behavior Supports (PBS) Dates: Friday, July 15 and Friday, July 29



ANNUAL COMPETENCIES:

If you missed the Annual Competency checks in May and June, please make sure you attend on the following dates. No registration needed, and it only takes 20-30 minutes of your time.

FSTs – Thursday, July 21st, 7:00am-5:00pm, in Honor Hall

Nurses – Monday, July 25th, 7:00am-5:00pm, in Honor Hall

E-Learning

Don't forget your e-learning!

You can login by going to:
www.MyLearning.DbhddUniversity.com

NEW:
Active Shooter All Hospital Staff 2016 is due by August 30th

Bowel Management 101 and 201 have been replaced by:
DBHDD Bowel Management 2015 Initial HST-FST-CNA
DBHDD Bowel Management 2015 Initial Training RNs-LPNs
DBHDD Bowel Management 2015 Physician Initial

If you have not already done so, please make sure to **complete these read and signs:**

Emergency Management Program and Operations Plan Read and Sign
Fire Safety Program and Fire Safety Management Read and Sign
Tobacco Use Treatment Practical Counseling Read and Sign (for RNs only)

This new Annual Online training should have been completed by now:
Safety Program and Safety Management Plans in DBHDD Hospitals Annual

And don't forget your Annual online classes:
WCGRH –HIPAA and Client Rights
MERS Annual SIP

If you need any assistance with your e-learning or LMS password, please call CarrieAnn in Staff Development at 706-565-3527, or email CarrieAnn.Pizarro@dbhdd.ga.gov.



POLICY CORNER



Stop what you're doing and pay close attention to the new *ACTIVE SHOOTER* DBHDD policies.

Be sure to tell others of the new updates.

Working with Law Enforcement to Prepare for an Active Shooter in DBHDD Hospitals, 03-293: <https://gabhdd.policystat.com/policy/1559171/latest/>

Code Silver (Active Shooter Alert) for DBHDD Hospitals: Steps for Staff, 03-294: <https://gabhdd.policystat.com/policy/1557352/latest/>

Actions to be Taken After an Active Shooter Incident, 03-295: <https://gabhdd.policystat.com/policy/1722925/latest/>

BE WELL SEMINAR

On June 23, several staff from the Regional Field Office as well as staff from West Central Georgia Regional Hospital attended a State Health Benefit BeWell seminar presented by our regional Wellness Coordinator, Carrie Oliver. They enjoyed a 30 minute presentation from Carrie on healthy eating and then participated in making their own "salad in a jar". The Juice Bar (The Landings, Columbus) also sent over samples of some of their juices, smoothies, and healthy snacks for the participants to enjoy. Door prizes included healthy snacks, BeWell drink bottles, cooler bags, and even a Juice Bar gift card! Activity Therapy has already hosted one of these presentations for their staff this year and we hope to get more involvement campus-wide for these FREE wellness presentations! Please contact Heather Smith at the Regional Office (706-325-2455 or email Heather.Smith@dbhdd.ga.gov) if you are interested in being involved in the next presentation.





CLOTHING BANK DONATIONS

Summertime is here, but before we blink our eyes it will be winter and cold again. This unpredictable weather has our clothing bank in need of gently used clothing items for both the summer and winter months. Our clothing bank has dwindled to a limited few sizes and few items. Summer clothes are needed for both our ladies and gentlemen now and all adult sizes are welcome. Gently used shoes are also needed in various sizes as well. Only new undergarments and socks will be accepted. Winter will be here soon and our ladies and gentlemen will be needing coats, sweaters, long pants, long sleeve shirts and sweats. Without your help it will not be possible to

make our clothing bank a success. The Rehabilitation Services Department would like to ask everyone to join in and bring their gently used clothes and shoes to us so that our individuals will be cool for the summer and warm in the winter. Get to cleaning out your closets and deliver all your unwanted clothing to the gym.

Thank you for helping us get our clothing bank stocked.

GET INVOLVED. GIVE HOPE. MAKE A DIFFERENCE.

Join the WCGRH today!

The WCGRH Foundation seeks to help the community by bringing awareness of mental health to area citizens and providing opportunities for others to get involved. Understanding mental illness and the needs of individuals seeking help is crucial to the hospital and foundation's success. In order to meet our goals, we need your support. We aim to raise and administer private funds not provided through other funding sources to help meet special needs of WCGRH. To do this, we need your help and support. There are many ways to get involved with the WCGRH Foundation. Your help and support will fund If you would like to make a monetary donation, or give of your time and talents, please contact us today.



Make checks payable to WCGRH Foundation, Inc.

Your tax-deductible, charitable contribution to the West Central Georgia Regional Hospital Foundation helps to provide for the special needs of our clients that may not be covered by other funding sources. The Foundation Board, Hospital Staff, and Clients greatly appreciate your continued support of our efforts.

For more info on how to join, contact Kayra Velez at kayra.velez@dbhdd.ga.gov or call 706.568.5207.

Regional Reflections is published monthly. The mission of the newsletter is to provide a forum to educate and inform its readership on issues in behavioral health, strengthen teamwork, and archive hospital events and activities. Regional Reflections staff welcomes items including articles, news items, and photos submitted for publication. However, all items are subject to editorial discretion and will be published on a "space available" basis. Please contact the editor if you have any questions or concerns regarding the newsletter. Thank you for your support.

Editor: Kayra Velez, Administrative Assistant, RHA Office
Contact: 706.568.5207 OR kayra.velez@dbhdd.ga.gov

West Central Georgia Regional Hospital
3000 Schatulga Rd.
Columbus, GA 31907-3117

John Robertson,
Regional Hospital Administrator
Phone: 706.568.5203
Fax: 706.568.2257
john.robertson@dbhdd.ga.gov

