

Board of Behavioral Health and Developmental Disabilities

BE D·B·H·D·D

Georgia Department of Behavioral Health & Developmental Disabilities



December 7, 2023

Agenda

Roll Call

Call to Order

Introduction of Recovery Speaker

Action Items:

- Board Meeting Minutes
- Proposal of 2024 Board Meeting Schedule

Commissioner's Report

- NOW and COMP Waiver Update
- C.A.R.E.S. Cottage
- 988 Faith and Farm Update
- Flame of Hope Award Ceremony

Chair's Report

Public Comment

Roll Call

Courtney Gay

Administrative Assistant

Call to Order

Ellice Martin, Ed.D.

Vice-Chair

Recovery Speaker

Andrea Beasley

Action Items

- Board Meeting Minutes – October 12, 2023
- Proposal of 2024 Board Meeting Schedule

Action Item

- Board Meeting Minutes – October 12, 2023

Action Item

- Proposal of 2024 Board Meeting Schedule

Commissioner's Report

Kevin Tanner

Commissioner

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Georgia Department of Behavioral Health & Developmental Disabilities

Ashleigh Caseman

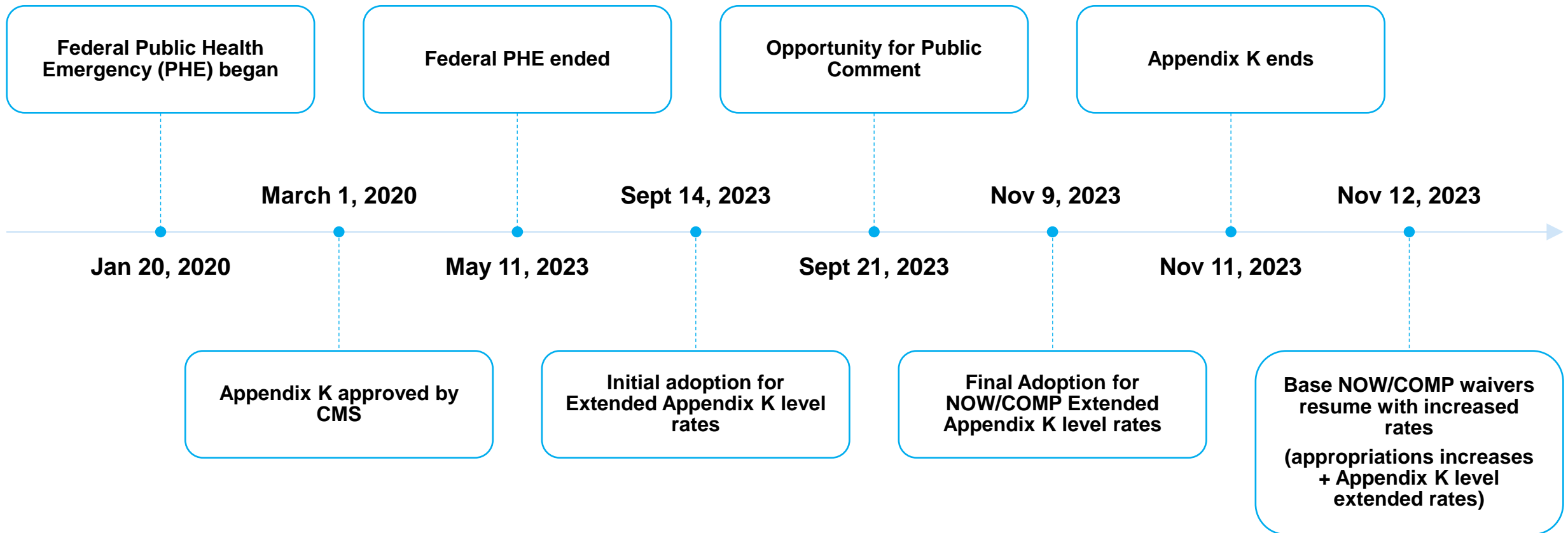
Director of Waiver Services, Office of Waiver Services Division of
IDD

December 7, 2023



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Timeline of PHE (Public Health Emergency) and Appendix K



Provisions Post Appendix K and PHE-Status

Maintained Post Appendix K

- ✓ Rate Increases
 - ✓ Appropriations Increase (5% FY22 and 2% FY23)
 - ✓ Other Appendix K Level Rates
- ✓ Telehealth for specific services
 - ✓ Adult Therapies (OT,PT/SLP, Nutrition)
 - ✓ Interpreter Services
 - ✓ Behavior Supports Services (some tasks)
 - ✓ Supported Employment Group and Individual (some tasks)
- ✓ Family Caregiver Hire

Discontinued Post Appendix K

- X Alternate Settings
- X Telehealth for RN, SC/ISC, Community Access
- X Staffing patterns flexibilities
- X All other items as distinguished in the Appendix K and DBHDD Operational Guidelines

Questions/Comments

Questions or Comments can be sent to:

Ashleigh Caseman

Director of Waiver Services

Ashleigh.Caseman@dbhdd.ga.gov

ph. 470-352-2571



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Georgia Department of Behavioral Health & Developmental Disabilities

C.A.R.E.S Cottage

Mr. Gilbert Sutton, Jr.

Regional Hospital Administrator/Central State Hospital

December 7, 2023



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C.A.R.E.S. Cottage



C Compassionate
A Assistance to
R Responsive
E Employees and
S Staff

Mission

The C.A.R.E.S. Cottage at Central State Hospital aims for the following:

- **Provide** a nurturing and secure environment for employees and staff facing workplace violence, heightened stress, or crises, aiming to encourage self-care.
- **Enhances** the resiliency of employees and staff who utilize it, empowering them to proactively manage crises before any adverse effects on their functioning occur.
- **Offers and promotes** resources provided by D.B.H.D.D. that may help with coping and promote self-empowerment.
- **Demonstrates** Central State Hospital's leadership commitment to supporting employees and staff who experience vicarious trauma (fatigue, burnout, stress), or workplace violence.

Objectives

- Provide a safe and serene environment for our employees and staff.
- Fulfill DBHDD Policy and Joint Commission Standard requirement to incorporate processes to follow up and support victims and witnesses affected by workplace violence, including the provisions of resources.

Relaxation Suite

This room will serve as a quiet space/relaxation space utilized for sensory overload. This area will be provided to employees as a serenity environment.

- Yoga/Meditation Classes.
- Breakfast/Lunch and learn classes.
- Seating, (massage chair/pod chair - Egg), lighting, sound system, podcasts, media offering relaxation/grounding exercises, stress management interventions, and materials.



Engagement Resource Suite

The area will provide the following resources:

- Employee Assistance Program (EAP)
- Smoking Addiction
- Health and Wellness
- Substance Abuse
- Stress Management
- Education Assistance
- Veteran Assistance



Care Suite

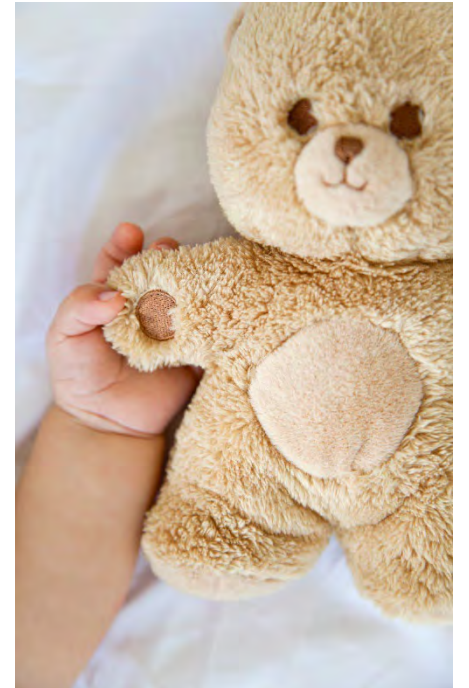
A quiet area for staff to debrief.

The area will provide the following resources:

- Georgia Crisis and Access Line (GCAL)
- Sexual Harassment
- Workplace Violence Prevention
- 988 National Suicide and Crisis Line

Lactation Suite

- Accessible area for new mother's needing support and assistance away from the workplace.
- The area will have a storage area and a refrigerator.



Comfort Care Suite

- Provides an area to just exhale and debrief away from the workplace.
- Provides a change of scenery before the workplace becomes overwhelming.



Safety and Security of the C.A.R.E.S. Cottage

Installation of six security surveillance camera network to security with limited access.

- Two-way radios are assigned to the area (1- General use & 1-Weather)
- Card access system for securing doors
- Install exterior lighting on the perimeter of the center
- Remodify the parking area to accommodate staff during their visit

Outside Area

- Use of the exterior space for employees' appreciation or recognition
- Zen Garden
- Have areas where staff can plant shrubs/rose tree in recognition of lost CSH staff
- Memory rocks for lost CSH staff
- Water fountain
- Bird baths



Central State Hospital C.A.R.E.S. Cottage Protocol

The following criteria must be met to use the CSH C.A.R.E.S. Cottage:

- Employee must be a current CSH employee.
- Employee must be on duty at time of use.
- Employee must present to Nurse Administrator's Office before having access to the C.A.R.E.S. Cottage.

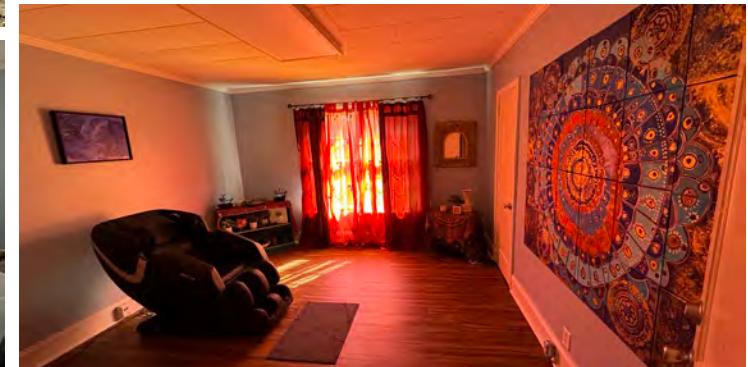
Process for 24/7 Employee and Staff Access

- The employee must present need for access to Nurse Administrator's Office.
- The Nurse Administrator will assess the employee's need and determine appropriate steps.
- Based on employee's need, referral from support source will be obtained.
- If the C.A.R.E.S. Cottage is determined to be appropriate, the employee will be transported by designated staff or Security.
- Assigned staff at the C.A.R.E.S. Cottage will support employee's need and provide appropriate resources.
- Follow-up will be provided by the Supervisor the next day.

Process for Victims of Workplace Violence

- CSH Incident Management utilizes data from incident reports to identify victims of workplace violence.
- On the first Monday of each month, the Quality, Risk, and Incidents Director shares the data with the Central State Hospital Executive Leadership Team (ELT).
- Upon reviewing the data, the ELT schedules a “CSH Building Bonds” event at the CSH C.A.R.E.S. Cottage.
- Employees or staff identified as victims of workplace violence will be given the option to participate in the Building Bonds event.
- During the event, staff will have the opportunity to discuss workplace violence prevention with hospital leadership, provide or receive suggestions for preventing workplace violence, and access appropriate resources if needed.
- Refreshments will be provided, and staff can enjoy the amenities offered at the cottage.

C.A.R.E.S. Cottage Photos



Faith & Farms Initiative

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Georgia Department of Behavioral Health & Developmental Disabilities

Ashley Fielding

Assistant Commissioner for Agency Affairs

Sheree Ralston

Community Outreach Manager



Georgia Department of Behavioral Health and Developmental Disabilities

988 Faith & Farms Initiative FY 2024



988 FAITH & FARMS INITIATIVE

GOALS & OBJECTIVES



GOALS

KEY OBJECTIVES

CURRENT

01

Increase awareness of 988 and its use among rural populations in Georgia

- 1.1 Partner with trusted agriculture organizations and leaders in farming communities
- 1.2 Partner with faith organizations and faith leaders
- 1.3 Use strategic, targeted media placements to amplify partnerships and partner-led messages

02

Reduce barriers and stigma for rural populations to connect with behavioral health services in Georgia

- 2.1 Partner with trusted community organizations and leaders to host open dialogues and public forums
- 2.2 Integrate into existing faith and farm gatherings and events with local partners with meaningful content, experiences and activities

FUTURE

03

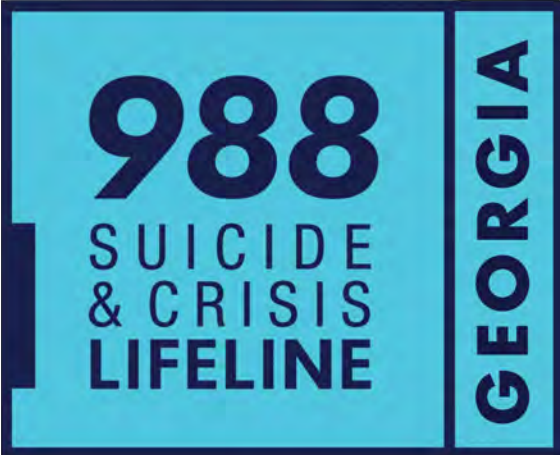
Collaborate with rural communities to develop effective messaging for prevention and crisis care

- 3.1 Leverage public forums to capture dialogue and feedback in shareable formats
- 3.2 Host qualitative interviews and focus groups
- 3.3 Publish a message framework in partnership with trusted community institutions

04

Develop and deliver training for behavioral health professionals on how to best serve rural communities

- 4.1 Form a steering committee of trusted clinicians and organizations
- 4.2 Leverage message framework and interviews to inform a published guide and/or curriculum
- 4.3 Integrate feedback and input from rural communities on drafts prior to publication



988 FAITH & FARMS INITIATIVE

FUNDED ACTIVITIES

1.1 Partner with trusted agriculture organizations and leaders in farming communities

A range of partners are collaborating in new and exciting ways through these projects

- Georgia Foundation for Agriculture
- UGA Ag Extension
- Mercer University
- Large animal veterinarians
- Fertilizer suppliers

1.3 Use strategic, targeted media placements to amplify partnerships and partner-led messages

Georgia Foundation for Agriculture partnership

- Newspaper ads
- Audio ads
- Placing billboards
- Social media boosted posts of forum content

2.1 Partner with trusted community organizations and leaders to host open dialogues and public forums

Video content captured at forums also being shared socially and among partners

SAMPLE EVENTS

- SunBelt Ag Expo
- Georgia National Fair
- Georgia Grown Symposium
- Southeast Fruit and Vegetable Growers conference
- Farm Stress Summit

2.2

Integrate into existing faith and farm gatherings and events with local partners with meaningful content, experiences and activities

SAMPLE EVENTS

- SunBelt Ag Expo
- Georgia National Fair
- Georgia Grown Symposium
- Southeast Fruit and Vegetable Growers conference
- Farm Stress Summit

UPCOMING

1.2 Partner with faith organizations and faith leaders

There is a larger statewide faith outreach effort alongside a targeted rural "faith and farms" outreach

- Partner with InterFaith organizations to create & share 988 content
- Retain a Faith and Farms Faith Liaison



988 FAITH & FARMS INITIATIVE

FUTURE PROPOSED ACTIVITIES

03

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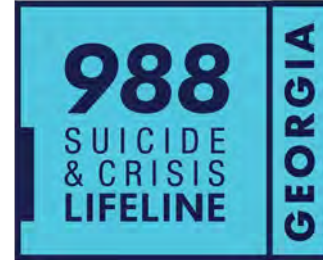
POTENTIAL PARTNERS

- **Farmers and Farming Spouses**
- **University of Georgia**
- **Mercer University**
- **Equipment Manufacturers**
- **Farm Suppliers**
- **Rollins School of Public Health**
- **Clinicians and clinician organizations**
- **Community Service Boards and Certified Community Behavioral Health Clinics**



988 FAITH & FARMS INITIATIVE

FARM STRESS FORUMS



988 FAITH & FARMS INITIATIVE

FARM STRESS FORUMS



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Georgia Department of Behavioral Health & Developmental Disabilities

Camille Taylor
Senior Communications Manager





FLAME OF HOPE

Inaugural Award Ceremony



DBHDD's Flame of Hope Awards recognize individuals throughout the state who “fan the flames of hope” and further our mission and values.

The Department selected seven award recipients out of 160 nominations from community leaders, board members, staff, affiliated organizations and providers.

**VIDEO RECORDING:
FACEBOOK.COM/GEORGIADBHDD**



Flame of Hope Awards

“Hope won...Countless Georgians will know that we have heard their despair and frustration. We have set Georgia on a path to lifting up and reforming a failed mental health care system.”

- Speaker David Ralston



Flame of Hope Awards



2023 Flame of Hope Awards - Recipients



Champion of Hope Honorees



Champion of Hope Honorees





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Chair's Report

Ellice Martin, Ed.D.

Vice-Chair

Public Comment





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