

Board of Behavioral Health and Developmental Disabilities

BE D·B·H·D·D

Georgia Department of Behavioral Health & Developmental Disabilities

October 14, 2021



Agenda

Roll Call / Call to Order

Recovery Speaker

Action Items

Commissioner's Report

- Behavioral Health Update
 - COVID-19 Update
-

Chair's Report

Public Comment

Next Meeting Date

Roll Call

David Sofferin

Director, Office of Public Affairs

Call to Order

David Glass

Chair

Recovery Speaker

Jeff Breedlove

Georgia Council on Substance Abuse

Action Item:

- Board Meeting Minutes – August 26, 2021
- Motion to Publish Proposed Rules and Regulations in the following areas:
 - Patient Rights
 - Patient Cost of Care
 - Emergency Receiving, Evaluating, and Treatment Facilities
- Request to Surplus Property Located at Central State Hospital
- Request for Reclamation of Central State Hospital Property
- Request to Surplus 7209 Seawright Drive Property, Chatham County

Commissioner's Report

Judy Fitzgerald
Commissioner

Division of Behavioral Health Update

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Georgia Department of Behavioral Health & Developmental Disabilities

Jill D. Mays, MS, LPC

Director, Office of Behavioral Health
Prevention and Federal Grants



October 14, 2021

Impact of COVID-19 on Behavioral Health

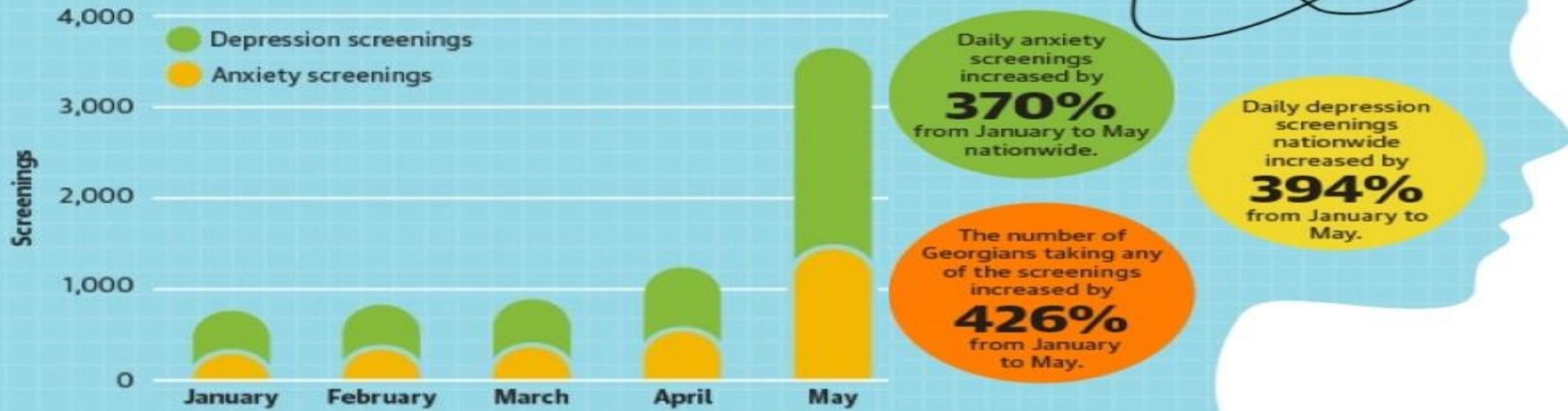
- The pandemic has significantly impacted people with mental illness. Public health recommendations are necessary to reduce the spread of COVID-19, however, these public health recommendations can negatively impact those with SMI/SED.
 - **Increased stress, anxiety, feelings of isolation and loneliness, and other symptoms of underlying mental illness.**

Impact of COVID-19 on Behavioral Health

- The coronavirus pandemic has had a marked impact on substance use disorder delivery systems. Nationally:
 - **Overdoses increased up to 42% per month**
 - Fentanyl use has increased 32%, methamphetamine use increased by 20%, heroin use increased by 13% and cocaine use increased by 10% (Millennium Health Signals Report, 2020).
 - **Alcohol sales in retail stores increased by 21%** while **online purchases of alcohol increased by 234%** when compared to the same period in 2019. (Nielson, 2020).

Impact of COVID-19 on Behavioral Health

The unseen tolls of COVID-19



COVID-19 Block Grant Supplements

➤ Consolidated Appropriations Act:

- In December 2020, Congress approved, and then-President Trump signed the Consolidated Appropriations Act of 2021 (P.L.116-260).
- **\$1.65 billion to the states** for the Substance Abuse Block Grant/Substance Abuse Prevention and Treatment (SABG/SAPT) and **\$825 million to the states** through the Community Mental Health Services Block Grant (MHBG)

➤ The American Rescue Plan

- In March 2021, Congress approved, and President Biden signed the American Rescue Plan Act of 2021 (P.L. 117-2). ARPA.
- **\$1.5 billion** for MHBG and **\$1.5 billion** for SABG/SAPT grants to the states.

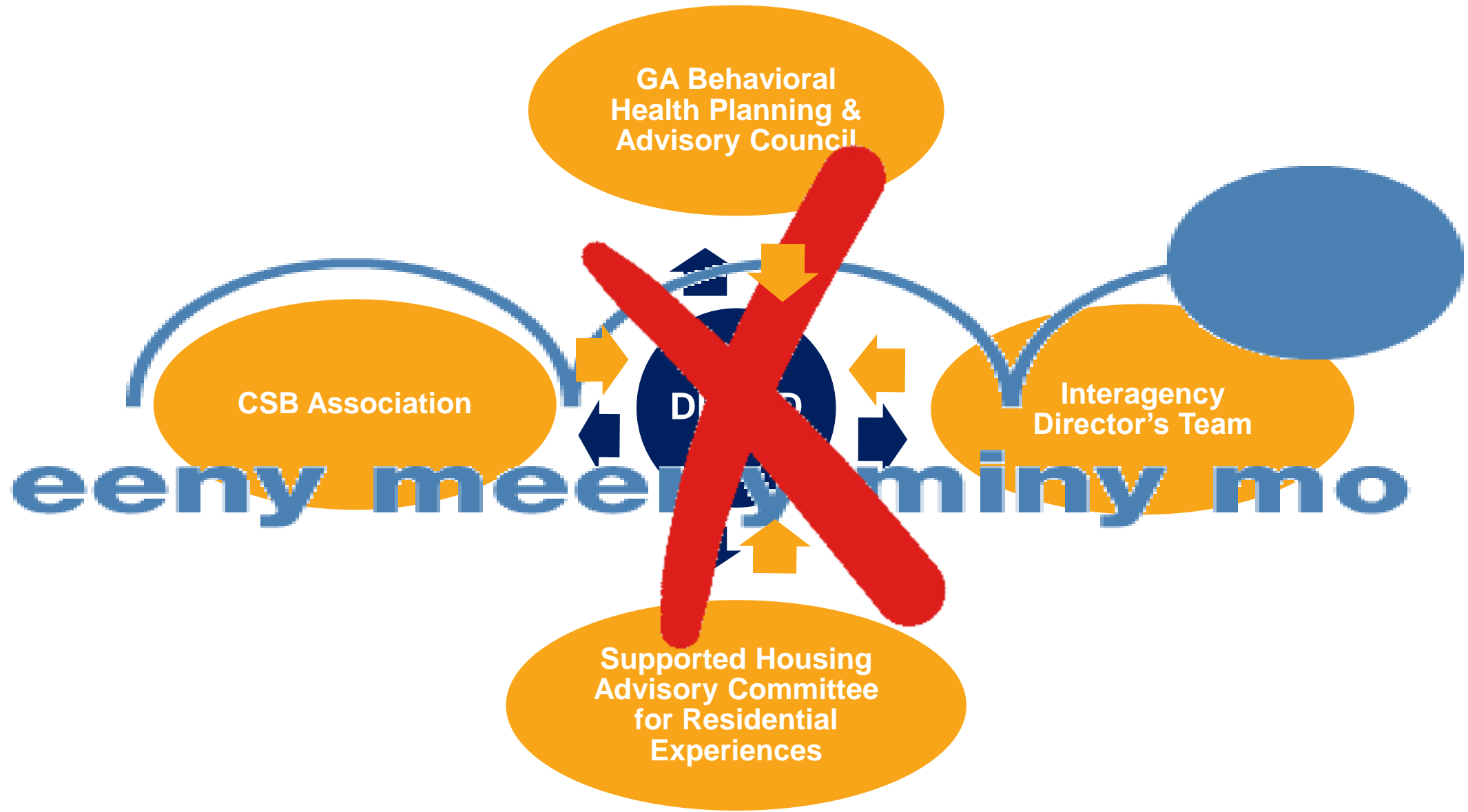
COVID-19 Block Grant Supplements

What are the benefits of multi-year investments in the block grants?

- As Congress considered COVID-19 packages and appropriations, states noted that longer-term, multi-year increased investments that are **sustainable** and **predictable** would assist states with planning in some of the following ways:
 - A multi-year investment helps States **plan with consistency**.
 - Allows providers to hire staff or expand programs with confidence that resources will be maintained.



Our Process: Input from External Partners/Peers



Substance Abuse Block Grant (SABG/SAPT)

- **Annual Allocation Amount** (two-year spending cycle)
 - \$57,155,304
- **COVID-19 Relief Funding**
 - \$53,569,236
 - March 15,2021-March 14, 2023
- **American Rescue Act Plan Funding**
 - \$46,264,340
 - Sept 1, 2021-Sept 30, 2025
- **The SABG requires the following:**
 - 20% primary prevention set-aside
 - 5% HIV set aside for early intervention testing of those with SUD
 - Women's set aside based on historical funding level

COVID Relief Funding Highlights

Substance Abuse Treatment

- High utilization management (HUM) program staff
- MAT
- Expansion of Addiction Recovery Support Centers to include support for substances in addition to opioids
- Immersion training for Emory healthcare professions students (medicine, nursing, public health)
- Intimate partner violence and SUD training to improve provider response
- Medication/pharmacy benefit assistance
- Intensive residential programs
- Fentanyl test strips to reduce prevalence of overdoses

Primary Prevention

- Check-It Retailer Training Reward Program
- Statewide Alcohol Prevention Media Campaign for Hispanic and Asian American population
- Create online Media Library to house Prevention Media materials (PSAs, Audio Messaging, Pictures, Posters, & Brochures) for providers and public sharing/lending.
- Prevenagers© media campaign for elementary and middle school students
- Sustainability for 25 ASAPP Providers
- Expand Georgia Colleges & Universities program
- GA Confess Project

Behavioral Health System

- BH workforce development training
- Certified Community Behavioral Health Clinics (CCBHC)
- Training for ASL Peer Specialists
- Increased staffing for GCAL Call Center

ARPA Funding Highlights

Substance Abuse Treatment

- NE GA Vivitrol Project
- Intensive residential treatment
- MAT
- Deaf/hard of hearing substance abuse services
- Residential Withdrawal Management (Detox) services
- Youth Co-occurring BH disorders provider technical assistance community of practice
- HIV early intervention services
- Pregnant/Post-partum women with dependent children residential treatment services

Primary Prevention

- Comprehensive Needs Assessment/Social Indicator Study and county-level epidemiologic profiles
- Veterans, Active-Duty Military and Families Prevention Initiative
- Expansion of SPF Partners in Prevention sites
- Faith-based prevention initiatives
- Statewide alcohol and marijuana prevention campaigns
- Youth Vaping prevention campaign
- Prevention Clubhouse expansion (3 additional sites)
- Expand Red Ribbon Campaign activities
- Mental health promotion and substance use prevention expansion for Apex school program
- COVID-19 Mental Health Promotion campaign

Behavioral Health System

- BH workforce training
- Certified Community Behavioral Health Clinics (CCBHC)
- 988 Program Manager

Mental Health Block Grant (MHBG)

- **Annual Allocation Amount** (two-year spending cycle)
 - \$23,006,325
- **COVID-19 Relief Funding**
 - \$26,439,839
 - March 15,2021-March 14, 2023
- **American Rescue Act Plan Funding**
 - \$45,668,812
 - Sept 1, 2021-Sept 30, 2025
- **The MHBG requires the following:**
 - 5% crisis services set-aside
 - 10% early serious mental illness (ESMI)/first episode psychosis (FEP) set aside

COVID Relief Funding Highlights

Adult Mental Health & Crisis Services

- Increased GCAL call center staff
- Medication/prescription assistance for MAP ineligible individuals
- Workforce hazard pay incentives
- Transitional community-based residential treatment
- Supported employment
- Co-responder programs in 8 counties
- Homeless outreach case managers
- Peer Wellness Respite Center in Augusta

Children's Mental Health

- Growth of CPS-P/CPS-Y Workforce
- Transition age youth housing support pilot
- DFCS Embedded System of Care liaison
- Apex school-based mental health internship program
- Workforce hazard pay incentives
- Mental health resiliency support clubhouses
- Expansion of FEP program in Region 1

Behavioral Health System

- BH workforce training
- Peer support workforce crisis system training
- Certified Community Behavioral Health Clinics (CCBHC)
- 988 Program Manager

ARPA Funding Highlights

Adult Mental Health & Crisis Services

- GPS Mobile Dispatch for all MCT providers
- Increased GCAL call center staff
- Intensive wraparound services
- AOT Pilot
- Muscogee & Chatham reentry initiatives
- Housing Support Services for City of Atlanta Housing Surge project
- Zero Suicide Institute National Academy

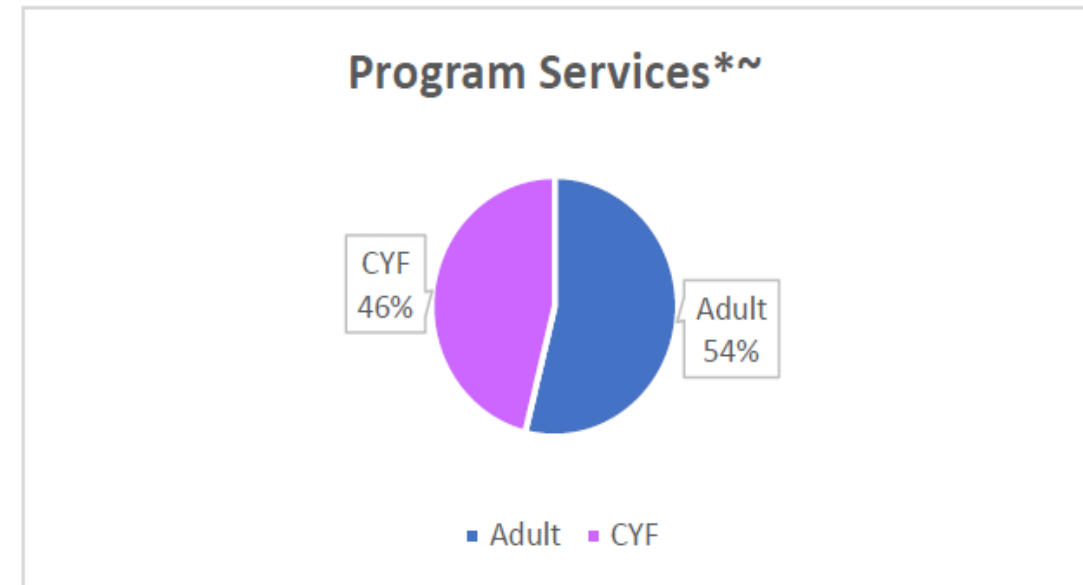
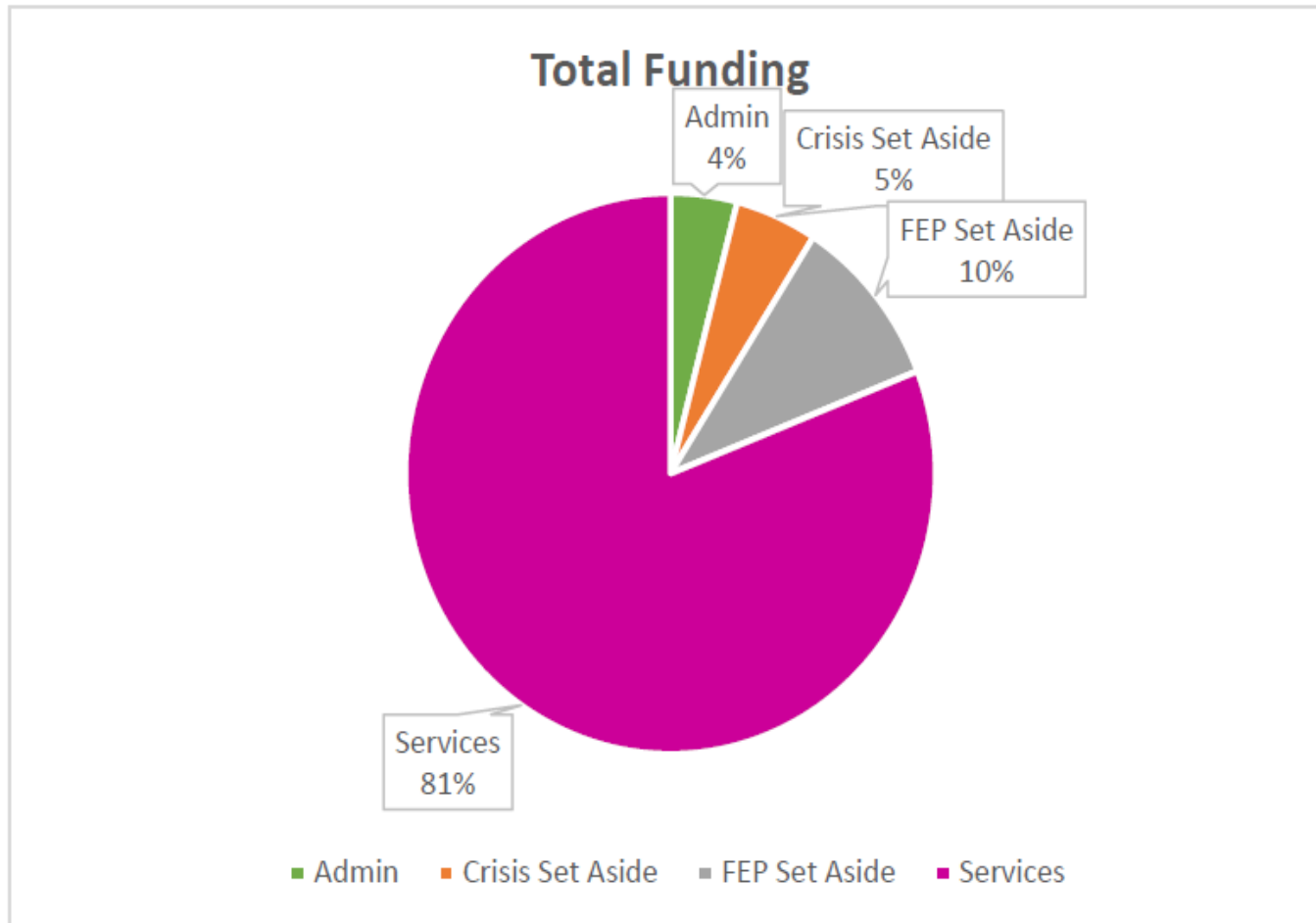
Children's Mental Health

- Gateway C & A Crisis Stabilization Unit
- Morehouse School of Medicine Psychiatric Fellowship Project
- Apex school-based mental health expansion
- DFCS Embedded System of Care liaison
- Youth Human Trafficking treatment and support
- First Episode Psychosis expansion in Regions 2, 3, and 6

Behavioral Health System

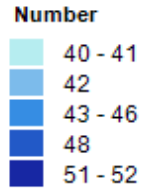
- Peer support workforce development training
- Certified Community Behavioral Health Clinics (CCBHC)

ARPA Funding Distribution (MHBG)

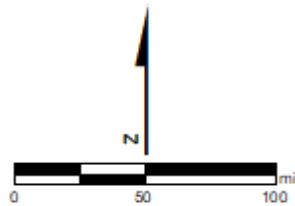
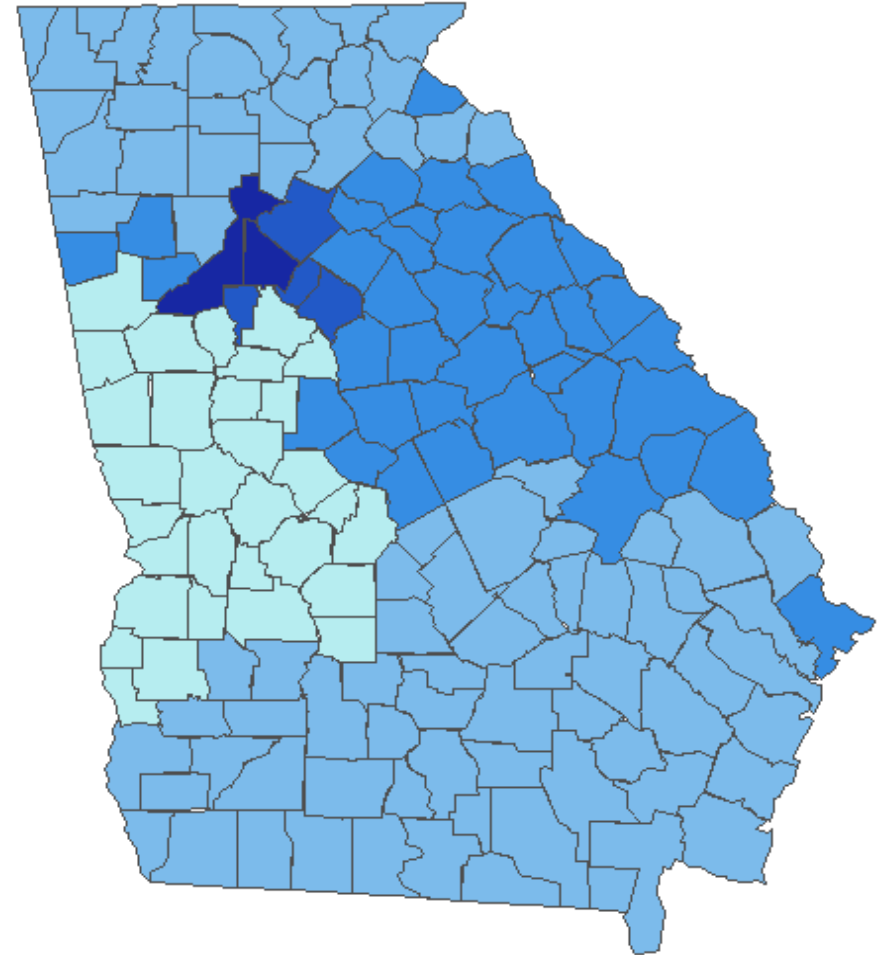


- **Crisis Set-aside is split 50/50 between Adult & CYF**
- ~ **CYF includes FEP/ESMI Set-aside**

Distribution of ARPA MH + SA Services & Supports by County



Legend
County



Created using the OASIS Map-Your-Own-Data Mapping Tool
Georgia Department of Public Health
Office of Health Indicators for Planning (OHIP)
Data supplied by Map Author

Map Created: 10/14/2021 12:11:38 AM
Data Classification Method: Quantile

Note: This is a color map
Map author: Jill Mays, DBHDD

Suicide Prevention 2021 Girls Summit



BE KIND TO YOUR MIND GIRLS SUMMIT

SATURDAY SEPTEMBER 11TH AT 10 AM- 3PM
THE DOTTIE AT TRIUMPH STATION

ALL GIRLS 13 TO 17 ARE WELCOME TO ATTEND THE SUMMIT
TO PROMOTE WELLNESS AND MENTAL HEALTH WITH A
PERFORMANCE BY

ALESSIA CARA!



DBHDD

Georgia Department
of Behavioral Health &
Developmental Disabilities

REGISTER AT [RESILIENCYTOOLKIT.ORG/EVENTS](https://resiliencytoolkit.org/events)

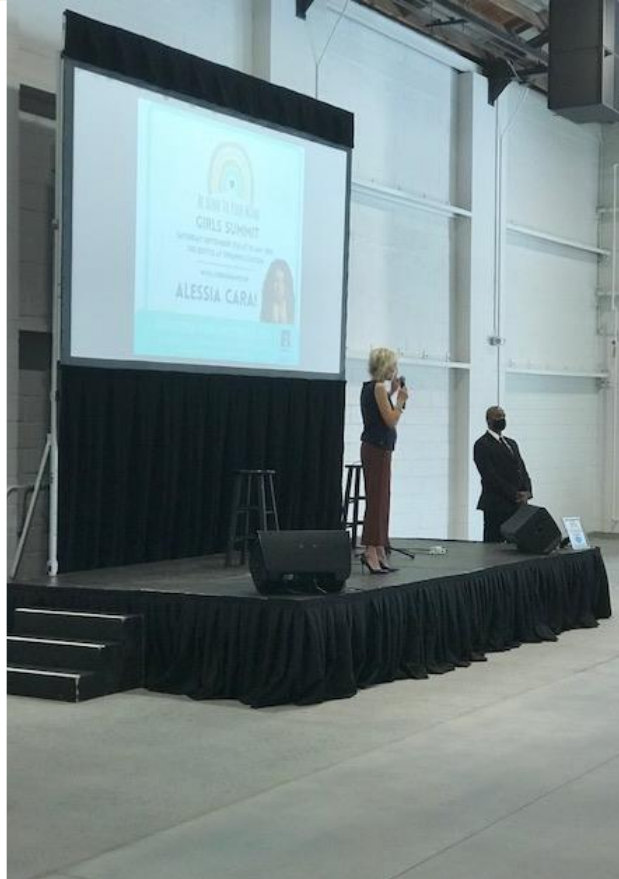
ALL GIRLS 13 TO 17 ARE WELCOME TO ATTEND THE SUMMIT TO
PROMOTE WELLNESS AND MENTAL HEALTH

TICKETS ARE LIMITED

Media Coverage



A screenshot of the FOX5 website's video player. The browser address bar shows the URL "https://www.fox5atlanta.com/video/976267". The website's navigation menu includes "FOX5", "Live", "News", "Weather", "Good Day", "Sports", "Contests", and "Email". The video player displays a news broadcast with three anchors: a woman in a black top on the left, a woman in a white lace top in the center, and a woman with blonde hair on the right. A news ticker at the bottom of the page reads "10:36 73° WASTE OF MARIETTA POSTPONED UNTIL SPRING DUE TO LABOR SHOR" and includes "FORECASTS" and "xfinity" logos.



Scenes from the Summit

Paying It Forward

- In light of her own recovery story, Alessia Cara donated the majority of her fee to Girls Rock Camp ATL--a six-day summer camp for girls ages 10-16.
- Campers are instructed in guitar, bass, keyboards, or drums, and participate in workshops geared toward encouraging freedom of expression, self-esteem, collaboration, and respect for community.



Division of Behavioral Health Annual Symposium

(Workforce Development)

2021 Behavioral Health Summit October 6-8



GRAND RISING
WHERE THERE IS **CHALLENGE**,
VIRTUALLY **EVERYTHING** IS POSSIBLE

- 3 days
- 896 attendees
- 3 Keynote Plenaries
- 28 Workshops
- 38 Provider Awards (Provider of the Year = Highland Rivers Health)
- Commissioner's Award (The Honorable David Ralston, Speaker of the House)
- Lifetime Achievement Award (Frank Berry, former Commissioner DBHDD and DCH)



**Question and
Answer?**

COVID-19 Coexistence Update from DBHDD Hospitals

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Georgia Department of Behavioral Health & Developmental Disabilities

Madhu Gundlapalli, MD
Deputy Medical Director
Div. Of Hospital Services



October 14, 2021

“We are what we repeatedly do; excellence, then is not an act but a habit.”

Aristotle

COVID Coexistence in our hospitals



Leadership

Active engagement - with the staff, encouraging decision making based on information, managing staffing resources

Effective use of Data - Understanding the data and its implications
Such as local community spread and impact on hospital, in hospital transmission

Sustained Risk mitigation efforts -- Countering fatigue

Access to necessary resources - Ensuring supply is readily available, predicting future needs

Tools

Effective infection control practices – hand hygiene, risk assessments, quarantining and isolation protocol

Environmental cleaning – regular deep cleaning and high touch areas

PPE compliance – mandatory mask and eye wear, monitoring

Modified activities to accommodate social distancing – planning entrance, exits, use of treatment malls

Vaccination campaign

Hospital	Staff 1 st dose 2 nd dose	Rate %	Previous reported rate April 14th	Patient 1 st dose 2 nd dose
GRHA	870 804	84.2	68.69	172 172
ECRH	657 636	57.2	46.64	225 221
GRHS	379 328	65.5	52.58	117 108
CSH	496 468	65.4	51.00	200 194
WCRH	507 478	67.5	53.50	184 174
Total	2909 2714	68.1	54.92	897 869

As of Oct 13th, 2021

Perspective of COVID Vaccinations

	Percentage who have received at least 1 dose	Percentage who are fully vaccinated
Country	66	57
Georgia	56	47
DBHDD hospital staff	68	63

COVID coexistence

Visitation

Protocols remain in place – no transmission

Scheduled visits with support of family members, opportunity to inform, educate on access to vaccines.

Continuing access to virtual visitation

Modification to visitation depending on community spread

Active treatment

Continuing access to active treatment.

Limited co-mingling.

Staggered use of treatment mall.

Activities brought to living units

Thoughtful Community activities

COVID coexistence

Achieved by the sustained and heroic efforts of the hospital staff under the supportive guidance of hospital leadership and Departmental support.



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Georgia Department of Behavioral Health & Developmental Disabilities



Chair's Report

David Glass

Chair

Public Comment

Next Board Meeting

Thursday, December 9, 2021

1:00 p.m.