

Behavioral Health Coordinating Council Meeting

BE D·B·H·D·D

Georgia Department of Behavioral Health & Developmental Disabilities

November 18, 2020



Agenda

Roll Call / Call to Order

Recovery Speaker

Action Items

BHCC Initiatives

Commissioner's Report

Next Meeting Date

Roll Call

David Sofferin

Director, Public Affairs

Call to Order

Judy Fitzgerald
Commissioner

Recovery Speaker

Curtis Hall

RESPECT Institute of Georgia

Action Items:

August 12, 2020 Meeting Minutes

BHCC 2021 Meeting Dates

FY21 – FY23 Georgia System of Care
State Plan

BHCC Initiatives

Interagency Director's Team

Renee Johnson, MPA

System of Care Director

Center of Excellence for Children's Behavioral Health



D·B·H·D·D

Georgia
Department of
Behavioral Health
& Developmental
Disabilities

Current Updates

- FY21-FY23 SOC State Plan
- 11 New Workgroups Created
- Upcoming Kickoff Meetings
- New LIPT Manual Developed & Distributed

Behavioral Health Coordinating Council Transition Re-entry Committee

Terri Timberlake, Ph.D.

Director,
Office of Adult Mental Health
Division of Behavioral Health
DBHDD

Co-Chairperson

Michelle Stanley

Deputy Director,
Office of Reentry Services
Field Operations Division
DCS

Co-Chairperson



D·B·H·D·D

Georgia
Department of
Behavioral Health
& Developmental
Disabilities

BHCC transition reentry committee current areas of focus

- 1 Access to Respect Institute speakers for partnering agencies
- 2 Forensic Peer Mentor Program
- 3 Employment for returning citizens
- 4 Family Reunification Project

Georgia Department of Corrections

Returning Citizens with Behavioral Health Classification

Returning citizens who paroled from GDC back into the community with classification Mental Health Level's 2, 3 and 4

Level	Aug 2020	Sept 2020	Oct 2020
Level 2- Outpatient Treatment	110	95	116
Level 3- Inpatient Moderate	8	8	6
Level 4- Inpatient Intensive	1	0	2
TOTALS	119	103	124

Forensic Peer Mentor Program Locations and Number of Peers Served (as of October 2020)

Department of Corrections Facilities Day Reporting Centers

7 State Prisons (5-Positions filled)

- Lee Arrendale State
- Pulaski State
- Baldwin State
- Phillips State
- Rutledge State
- Metro Atlanta
- Phillips Transitional Center

Current Census

63

8 Day Reporting Centers (5-Positions filled)

- Atlanta DRC,
- Athens DRC
- Griffin DRC
- Morrow DRC
- Gainesville DRC
- Gwinnett DRC
- Columbus DRC
- Rome DRC

Current Census

71

State Hospitals Mental Health Treatment Courts

2 State Hospitals (0-Positions filled)

- Georgia Regional (Atlanta) process in place to reallocate to Philips State Prison and Transition Center
- Central State (Milledgeville)

Current Census

0

6 Mental Health Treatment Courts (5-Positions filled)

- Avita (Hall/Dawson Co.)
- Cobb CSB (Cobb Co.)
- Highland Rivers (Fannin/Gilmer/Pickens Co)
- River Edge CSB (Bibb Co)
- McIntosh Trail (Spalding Co.)

Current Census

105

Peers Served/Enrolled

Department of Corrections Facilities Day Reporting Centers

DBHDD State Hospitals Mental Health Treatment Courts

State Prisons

FY20
Total Peers Served
289

FY21 TD
Total Peers Served-
63

Day Reporting Centers

FY20
Total Peers Served-
244

FY21 TD
Total Peers Served-
119

State Hospitals

FY20
Total Peers Served- 24

FY21 TD
Total Peers Served- 17

Mental Health Treatment Courts

FY20
Total Peers Served- 294

FY21 TD
Total Peers Served- 143

Total Peers served: FY20- 851

FY21TD- 342

Forensic Peer Mentor Program Outcomes

Recidivism/Re-arrest Readmissions

Post-Prison Release in Community

	<u>FY20</u>	<u>FY21TD</u>
Peers Served	27	12
Psychiatric hospital readmission:	(3) 11%	0
Re-arrest:	(0)	0
Re-Conviction:	(0)	0
Probation/Parole Revocations:	(0)	0

Daily Report Centers:

Peers Served	242	119
Psychiatric hospital admission:	(2) <1%	(2) 2%
Re-arrest:	(3) 1% (2-Simple Battery, 1-Burglary)	(1) 1% (Shoplifting)
Re-Conviction:	0	0
Probation/Parole Revocations:	(1) <1%	0

Forensic Peer Mentors in Treatment Courts

Program Outcome Highlights

Participants Served by AMH Funded FPM

	<u>FY20</u>	<u>FY21TD</u>
Participants Served by FPM	137	143

On Current Caseload

Permanently Housed	92%	88%
Employed/Benefits/Student	83%	95%
Episodes of Homelessness	(1) <1%	(1) <1%
Re-arrests (new charges)	(6) 3.6%	(0)
Admission CSU/Psyc Hosp.	(5) 4.4%	(3) 3%

All Courts AMH Funded

	<u>FY20</u>	<u>FY21TD</u>
Individuals served-	289	192
Graduates-	42	29



Ramona (right) with The Honorable Judge Mary Staley, Cobb County Superior Court

“Having been in the system as a convicted felon in that revolving door of substance use, illness, and trouble with law enforcement, as well as my experience with homelessness, despair, estrangement from family and profound loneliness [gives] me a perspective that comes with that lived experience. I know that if I can recover, anyone can. I try to offer unconditional positive regard and carry hope for others until people find it for themselves, because Recovery is Real and Possible and available to All.”

--Ramona Burkett, Forensic Peer Mentor
Cobb County Mental Health Court/Cobb Douglas CSB

BHCC – Transition Re-entry committee

Employment for returning citizens

Engage

- Individuals with criminal justice involvement and an SPMI with opportunities for gainful employment
- Employers in dialogue that leads to employing talent from this pool

Educate

- Individuals on strategies for maintaining employment (including soft skills)
- Employers about the benefits of recruiting and hiring from this rehabilitated talent pool
- Service providers on resources available to Returning Citizens

Connect

- Individuals with opportunities
- Employers to benefits and recruitment resources
- Agencies doing similar work

BHCC – Transition Re-entry committee

Employment for returning citizens

Current Project and Focus

Town Hall Meeting

Date: Tentative 12/1/2020

Who: Providers of Supported Employment services across the state

Purpose: Sharing and exchanging resources.

Partners Involved

Ga Department of Community Supervision
Ga Vocation and Rehabilitation Agency
Ga Dept of Labor
Georgia Justice Project
Urban League
Department of Justice, U. S. Attorney's Office
Worksource Atlanta
Technical College System of GA

Family Reunification Initiative

FREE

**Family Reunification, Education, & Empowerment Project
*Psychoeducation, Counseling, and Peer Support to Facilitate Successful Re-Entry for Georgia's Returning Citizens***

New initiative that will be a family focused-peer facilitated multi-session project

- Forensic Peer Mentors and *Certified* Peer Specialist-Parent
- Returning Citizens and their family/support network
- Improving communication
- Strengthen family support
- Supporting successful transition into the community



Proposed Pilot sites: Metro Atlanta Reentry Center- FPM is in place, next step is training on the curriculum.

Central State Prison- still awaiting response

Proposed 20 Returning Citizens in first Cohort

Commissioner's Report:

Judy Fitzgerald
Commissioner

Georgia Recovery Project: FEMA Crisis Counseling Program

BE D·B·H·D·D

Georgia Department of Behavioral Health & Developmental Disabilities

Jeannette David
November 18, 2020



Georgia Recovery Project

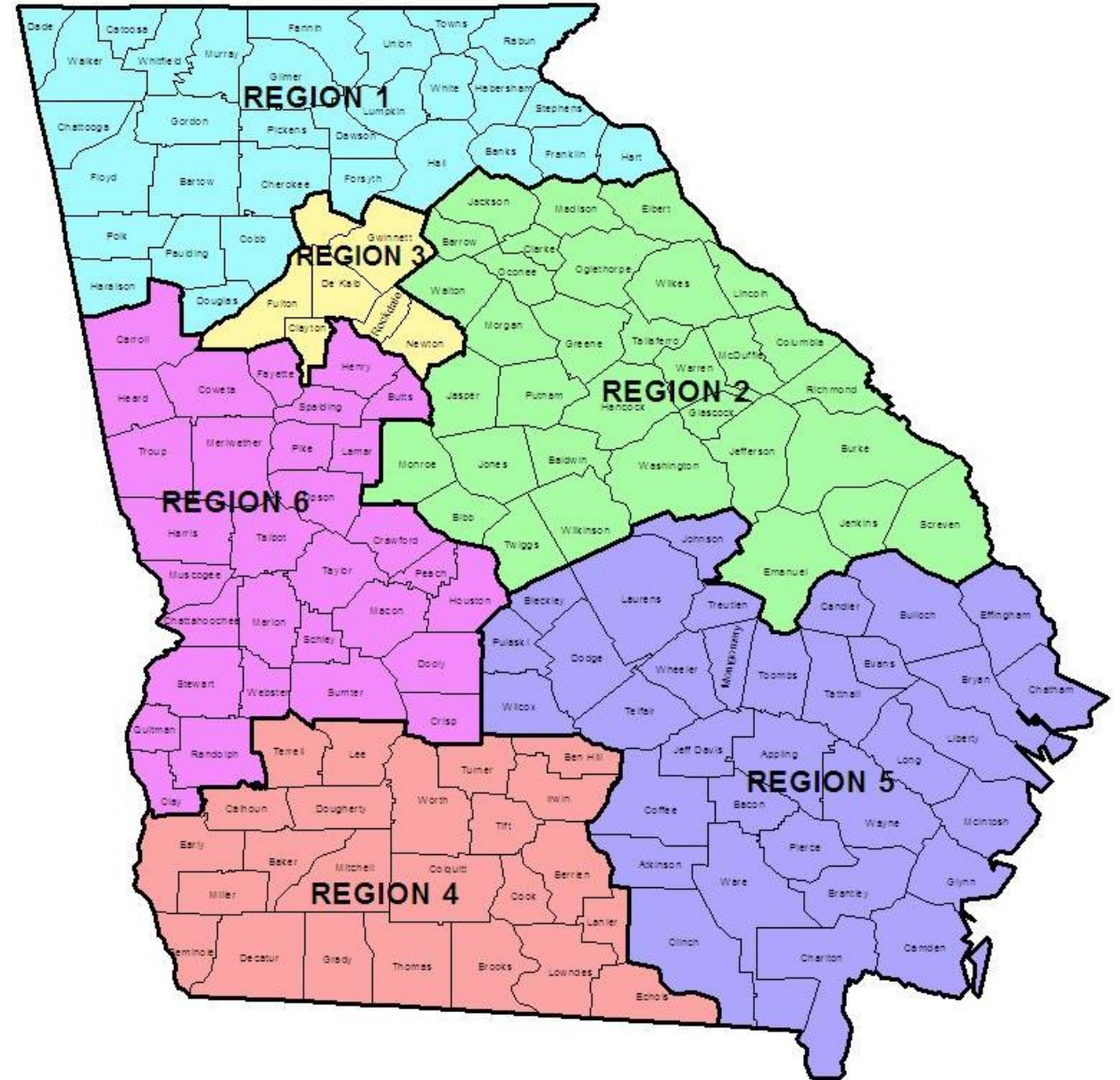
- FEMA-funded, SAMHSA-informed Crisis Counseling Program grant that provides supplemental mental health funding in the wake of a disaster
- Supports Georgians with emotional disaster-related needs brought on by the COVID-19 pandemic
 - Non-therapeutic mental health support with links to more intense support as needed and referrals to community resources
- Program Manager
- SOG COVID-19 Emotional Support Line 866-399-8938
- Provides crisis counseling teams in each DBHDD region
- Media Liaison



Georgia
Department of
Behavioral Health
& Developmental
Disabilities
Georgia Recovery Project

Regional Liaison contact list

Region 1 - Rebecca Coursey	706-331-3133
Region 2 - Jimmy Harris	706-284-6770
Region 3 - Jean Prophete	404-654-2850
Region 4 - Tanya Welch	229-201-9612
Region 5 - Tim Strickland	404-276-2765
Region 6 – Jeannine Lumpkin	706-505-6257



Key Concepts

The CCP model is:

- Strengths-based
- Anonymous
- Outreach-oriented
- Culturally aware
- Conducted in nontraditional settings
- Designed to strengthen existing community support systems
- Based on an assumption of natural resilience and competence



Key Concepts

Traditional Treatment

- Is office-based
- May involve diagnosis and treatment of mental illness, as well as identification of strengths and coping skills
- May focus on longer-term issues
- Validates experiences associated with distress that has brought the person to treatment
- Keeps records, charts, case files, etc.

Crisis Counseling

- Is home- and community-based
- Involves identification of strengths and coping skills
- Counsels on disaster-related issues
- Validates common disaster reactions and experiences
- Does not collect identifying information

Range of Crisis Counseling Services

- Typical Partners



Georgia Recovery Project Services

- Regional Crisis Counseling teams are available to
 - Community networking
 - Provide public education webinars on stress management
 - Virtual group counseling
 - Written material on stress management
 - Individual counseling by phone or WebEx
- Covid-19 Emotional Support Line
- Media outreach

Georgia Recovery Project Services (cont.)

CCP Immediate Services Program May 1 – September 15, 2020

Primary Service	Population Served	Percentage
Individual Crisis Counseling	268	55.7 %
Group Counseling/Public Education	174	36.2 %
Brief Educational/Supportive Contact	39	8.1 %

CCP Regular Services Program September 16- November 16, 2020

Primary Service	Population Served	Percentage
Individual Crisis Counseling	389	10.1 %
Group Counseling/Public Education	2530	65.8 %
Brief Educational/Supportive Contact	927	24.1 %

Georgia COVID-19 Emotional Support Line 866-399-8938



DBHDD

Georgia
Department of
Behavioral Health
& Developmental
Disabilities



beacon
health options

Contact Me

Jeannette David

678-616-7972

Jeannette.David@dbhdd.ga.gov

Partnering to Save Lives:
DBHDD & the Georgia Public
Safety Training Center (GPSTC)

BE D·B·H·D·D

Georgia Department of Behavioral Health & Developmental Disabilities

Office of Behavioral Health Prevention
and Federal Grants

November 18, 2020



Good Morning



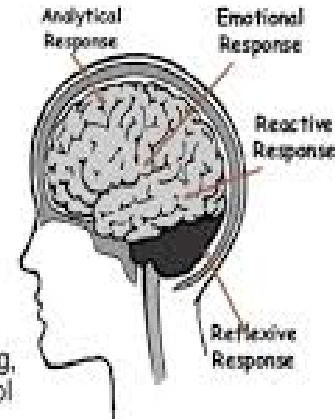
Jill Mays

Director, Office of Behavioral
Health Prevention & Federal
Grants (OBHPFG)

“Between stimulus and response there is a space. In that space is our power to choose our **RESPONSE**. In our response lies our growth and our freedom.”
— Viktor E. Frankl

UPSTAIRS/DOWNSTAIRS BRAIN

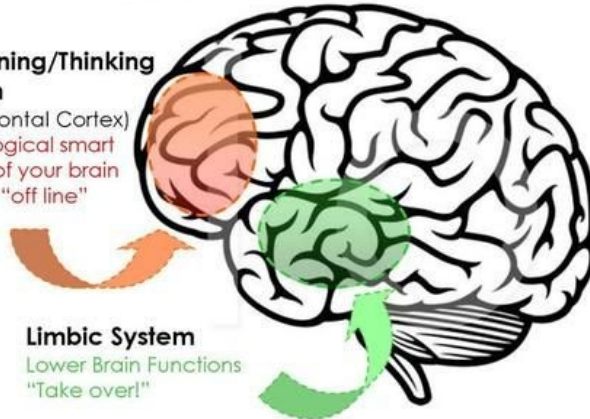
- ★ Downstairs brain:
 - Brain stem and limbic region
 - Basic bodily functions, emotional reactivity, attachment, fight/flight/freeze
- ★ Upstairs brain:
 - Cerebral cortex
 - Decision making, planning, self-understanding, control over emotions and body, empathy, morality, executive functioning



Anatomical diagram of the brain in profile, showing the cerebral cortex (upstairs) and the brain stem/limbic region (downstairs). Labels point to Analytical Response, Emotional Response, Reactive Response, and Reflexive Response.

FIGHT - FLIGHT - FREEZE

What's really happening when we go into "Survival Mode"



Learning/Thinking Brain (Prefrontal Cortex)
The logical smart part of your brain goes "off line"

Limbic System
Lower Brain Functions "Take over!"

Illustration for The Greenhouse KC LLC www.TheGreenhouseKC.com Brain Image courtesy of Illustrations of.com #121489

State Opioid Response



GEORGIA PREVENTION

State Opioid Response (SOR)

1. **Opioidresponse.info** interactive website
2. ***Your Fantastic Mind*** GPB Documentary
3. **"It Takes A Village"** Opioid Prevention Media Campaign
4. **The State Opioid Adapted Response (SOAR)**--newly developed training for GA Law Enforcement and other First Responders

State Opioid Adapted Response (SOAR)



1. Partnership among DBHDD, Georgia Public Safety Training Center (GPSTC), and Georgia Public Broadcasting (GPB)
2. 4-hour interactive training with three video segments; officer safety, de-escalation techniques, proper administration of Narcan to reverse overdose
3. Participants completing the training receive free Narcan and can receive additional kit if they inform DBHDD of reversal attempts

State Opioid Adapted Response (SOAR)

- **Goal**

- ❖ Provide opioid-related trainings to law enforcement officers across Georgia to safely respond to opioid related crises.

- **Trainings include:**

- ✓ building effective relationships among officers and communities to increase awareness and prevent substance abuse
 - ✓ identifying symptoms of opioid use
 - ✓ using conflict de-escalation tactics during encounters with individuals who may be using substances
 - ✓ methods for protecting themselves from accidental exposure to dangerous opioids, particularly fentanyl
 - ✓ Proper use of Narcan to reverse overdoses and **SAVE LIVES**



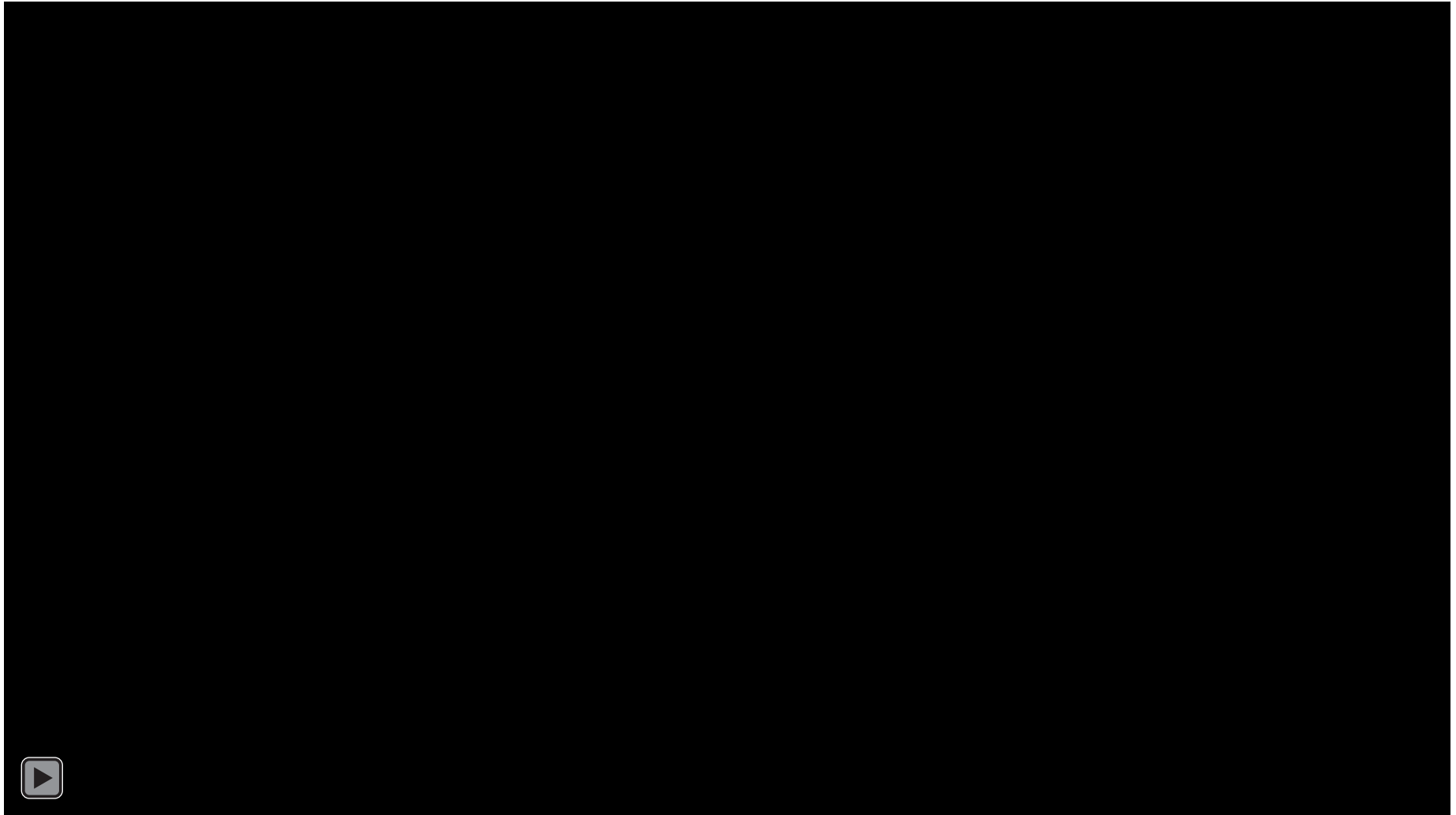
The First to Arrive



It Takes a Village Media Campaign



GEORGIA PREVENTION



Questions

Next BHCC Meeting

February 10, 2021