

# Agenda

## Roll Call

#### Call to Order

# Recovery Speaker

#### **Action Items**

- August 6, 2024 Meeting Minutes
- BHCC 2025 Meeting Schedule

# **BHCC Initiative Updates**

- Mindworks Georgia
- MATCH
- Forensic Initiatives
- DJJ Behavioral Health and Substance Use Updates
- Comprehensive Child and Adolescent Behavioral Health Strategic Plan

# **Next Meeting Date**

# Roll Call

Chelsee Nabritt

Board and Special Project Manager

# Call to Order

Kevin Tanner Commissioner

# Recovery Speaker

Robin McCown

Executive Director, Georgia Professionals Health Program, Inc.

# Action Items:

August 6, 2024 Meeting Minutes

# Action Items:

• BHCC 2025 Meeting Schedule

# BHCC Initiatives

# Mindworks Georgia

# Renee Johnson, Executive Director, Mindworks GA Center of Excellence for Children's Behavioral Health November 5, 2024



Georgia Department of Behavioral Health & Developmental Disabilities

## **Overview**

Strategic Plan &
Implementation
Highlights

AHRQ
Funding
Opportunity

Mass Casualty Incident Project

# Strategic Plan & Implementation Highlights (2024-2026)

#### Data Sharing

- Updated DUA with DCH in progress
- Data crosswalk to show capacity across agencies (e.g., Unite Us, GAHIN, APCD, etc.)

#### Action Plans/KPIs

 Accenture will be supporting Mindworks workgroups with the development of specific action plans and key performance indicators (KPIs), including specific recommendations for decision-makers.





WORKFORCE



HEALTH





#### Agency for Healthcare Research and Quality (AHRQ) Funding Opportunity

- AHRQ's Mission: to ensure that healthcare evidence is effectively used to promote safe, equitable, and accessible high-quality services.
- Opportunity Focus: to address health disparities and enhance the quality of care for medically underserved populations using Patient-Centered Outcomes Research (PCOR).
- Award Budget \$25M 5yr project period

# Georgia's Approach

#### Program Partners

- Lead Agency Georgia Dept. of Community Health (DCH)
- Advisory Board: Mindworks
- Agency Partners:
  - Georgia Dept. of Behavioral Health (DBHDD)
  - Georgia Dept. of Education (GA-DOE)
  - Georgia Dept. of Early Care and Learning (DECAL)
  - Georgia Health Policy Center (GHPC)
  - Emory University

#### Vision

 To enhance the whole health and wellbeing of young families through elementary schools and elementary school-health programming

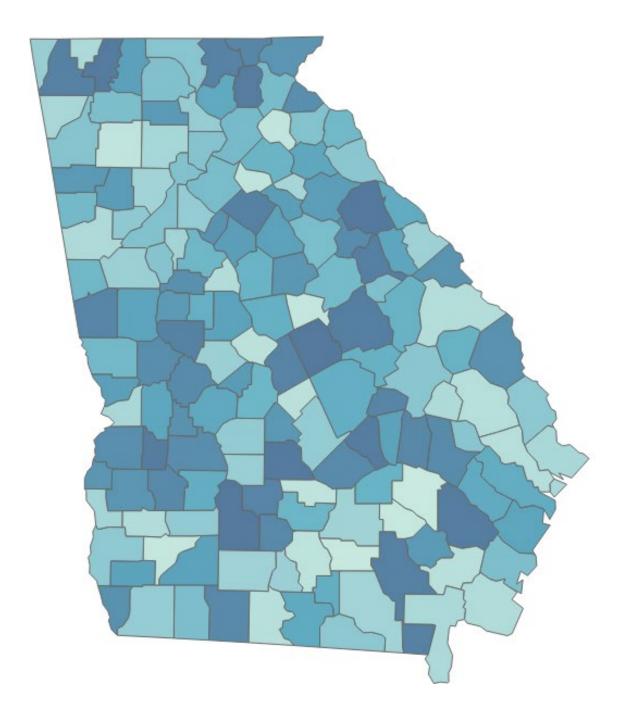
#### Approach

- Application
- Implementation
- Evaluation
- Enhancement

# Georgia's Areas of Focus

- Enhance collaboration with member's primary care and other providers. Increased focus
  on health-related service needs
- Improve well-being of families/caregivers of members through assessment and coordination of services.
- Increased focus on meeting health-related service needs, mitigating intergenerational trauma, and addressing intergenerational presence of chronic disease, when possible.
- Improve maternal and infant and early childhood well-being outcomes, including mental health of mother/child/children dads.
- Focus on achievement of above in rural communities and those with historically unmet needs and poor outcomes.
- Focus on health equity, culturally responsive programming and approach, and family/member voice.

# MCI and Disaster Response in Georgia



# **Background**

- Mass Casualty Incidents (MCI)
  - man-made or natural disaster or mass violence
  - characterized by a level of severity, quantity, and diversity of victims that often exceeds local healthcare capacity
- Almost everyone who experienced the MCI will exhibit a wide variety of psychological, behavioral, physical, and emotional reactions
  - Survivors and responders, especially those with pre-existing conditions, may experience psychological distress and trauma such as:
    - PTSD
    - Acute Stress Disorder

- Depression
- Complicated grief

Anxiety

# **Objectives**

- Evaluate and map the readiness of Georgia's state agencies to respond to the behavioral health needs of individuals and communities impacted during a disaster or mass casualty incident
- Identify strengths and barriers across Georgia
- Provide recommendations to improve response readiness across the state

# **Approach**

#### Literature Review

# Environmental Scan

# Key Informant Interviews

# Agency and Provider Surveys

Purpose: Identify best practices in preparing for and responding to behavioral health needs during Mass Casualty Incidents

Result: The Disaster
Behavioral Health
Capacity Assessment
Tool developed by
the Department of
Health and Human
Services served as
the framework for
completing the
readiness
assessment

#### Purpose:

Understand
Georgia's overall
disaster emergency
response
infrastructure

Result: Roles, responsibilities, policies, and procedures related to Georgia's disaster emergency response were characterized

#### Purpose:

Understand how disaster behavioral health services are incorporated into Georgia's disaster emergency and identify resources for completing readiness assessment

Result: Policies, practices, and people critical to the disaster behavioral health response in Georgia were identified

Purpose: Assess awareness and understanding of disaster behavioral health response policies, practices, and personnel in Georgia and gather information about local response resources and practices

Result: Awareness and understanding of disaster behavioral health practices were assessed at state and local levels

# Disaster Response Infrastructure

GEMA

#### Georgia Emergency Management and Homeland Security Agency

- Coordinates MCI response efforts in Georgia
- Works with local directors to support emergency management activities like hazard mitigation, planning, and training exercises

**GEOP** 

#### Georgia Emergency Operations Plan

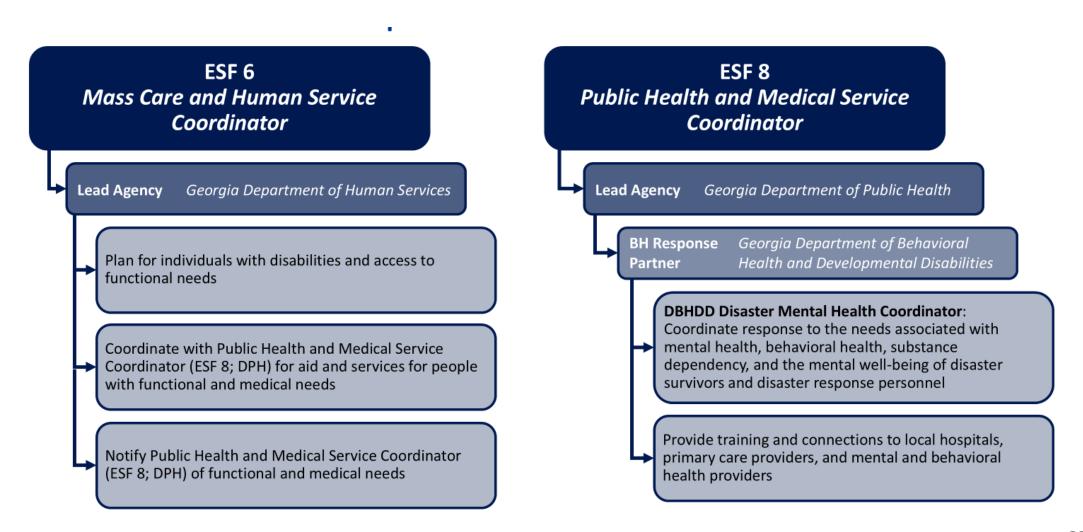
- Provides the operational structure to integrate across ESF facilities, equipment, personnel, procedures, and communications
- Reflects Georgia's focus on protecting lives and property, emphasizing local emergency management agencies and communities

**ESF** 

#### **Emergency Support Functions**

- Set of plans in the GEOP to help communities return to normal following domestic incidents
- Details the agencies responsible for response services

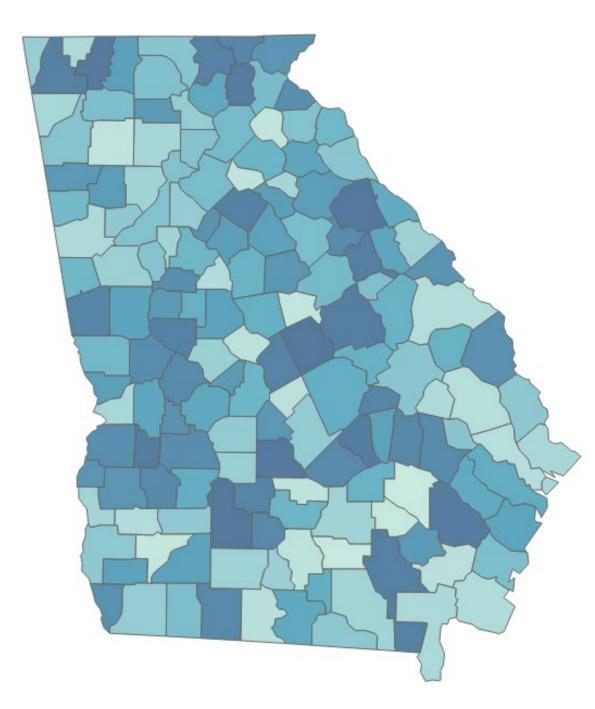
## Georgia Disaster Behavioral Health Response Infrastructure



# **Summary of Findings**

- Georgia meets or exceeds most of the recommendations set by the Department of Health and Human Services for a state level disaster behavioral health response
- Regional differences were observed in readiness to respond to behavioral health needs during a disaster response
- Surveys of GEMA and DPH personnel at the state and regional levels revealed considerable variability in knowledge and awareness of disaster behavioral health plans, policies and practices

# Recommendations and Next Steps



#### Recommendations to Enhance State Response to Readiness

#### **Planning and Authorities**

- Review and update all state response plans at least every two years
- Ensure state plans address how **behavioral health** needs and supports will be provided at **recommended service delivery sites** not currently specified in state plans:
  - Family assistance centers
  - Emergency first aid stations

- Hospitals and emergency room settings
- Respite centers

#### Partnerships and Integration

- Establish mutual aid agreements, or other such written agreements, between state and regional disaster behavioral health response partners
- Develop partnerships or cooperative relationships to meet the behavioral health needs of children and other at-risk populations during a disaster
- Utilize **newer technologies**, such as the SAMHSA Disaster Behavioral Health Application or texting services, **to disseminate information and materials** during a disaster response

## Recommendations to Enhance State Response to Readiness (Cont.)

#### **Training**

- Ensure that **post-acute phase intervention training** is recommended by **all agencies** supporting disaster behavioral health response in Georgia
- Identify or develop and implement tools to evaluate disaster behavioral health components of exercises and drills
- Partner with community organizations to provide Mental Health First Aid trainings to communities
- Increase awareness and knowledge of disaster behavioral health response policies, plans, and practices

#### **Response Capacity**

- Identify and utilize deployable disaster behavioral health responders that are trained and licensed
- Establish mechanism to call upon contracted or private providers of behavioral health services for deployment in a major emergency
- Identify or develop and utilize system for tracking deployment of disaster behavioral health responders in the state

#### Recommendations for Next Steps in Assessing Readiness across Georgia

- Confirm and fully characterize suggested regional differences
  - Complete readiness assessments at county, region, or district level
  - Identify strengths, challenges, and gaps in disaster behavioral health response readiness across counties, regions, or districts
- Compile organization-level information for state and local responses



# **MATCH Pilot Updates**

The Hillside In Community DBT pilot started in mid-October. The evaluation and Hillside teams have met, the referral form has been created, and the Hillside team is ready for referrals.



The Wellroot Functional Family Therapy pilot has enrolled 20 youth to date, and the evaluation team has completed the BAA to begin collecting data on the individual level, not just the aggregate level.



Murphy-Harpst Respite pilot started at the beginning of October and has not received any referrals



VPH/CHOA Emergency Department Coordination Pilot started mid-September; they have received 46 referrals and are averaging eight youth engagements a week.

## **Youth Voice**

- The MATCH State Committee is in partnership with Voices for Georgia's Children to create focus groups
- Using Youth-Participatory Action Research (YPAR) focus groups, the research project will create a reliable initial avenue for MATCH to incorporate youth voice into its processes and services, by helping to answer the following research question:
  - What services and supports do behaviorally complex, multi-system-involved youth and young adults need to live in the community and achieve their highest attainable health and social well-being?

for Georgia's Children

# **MATCH Updates**

- MATCH Staff presented gaps identified through the MATCH Clinical
   Team staffing to the Child and Adolescent subgroup
- Three categories of gaps have been identified:
  - 1st Service Gaps
  - 2<sup>nd</sup> Support Gaps
  - 3<sup>rd</sup> Growth Opportunities

# **Service Gaps**

#### Intense Trauma-Focused Care

In community and residential

#### ASD Crisis Services

- Expanded age ranges and services for
- Crisis
   Stabilization Units
   and Crisis homes

#### In-state Residential Services

- IDD/ASD diagnosed
- Co-occurring complex medical issues.

#### Intensive Community-Based Therapeutic Services

- Expanded coverage areas
- New evidencebased practices available

# **Support Gaps**

Housing/temporary shelter options for teens and families

Educating families
on legal
guardianship
process for
ASD/IDD
individuals who are
approaching 18

Specialized
childcare for
families with
children/teens with
complex behavioral
health concerns
(BH/ASD/IDD)

# **Growth Opportunities**

Follow up

Identify and implement a process once recommendations are made at the MATCH Clinical Team (MCT)

Quick Access

Ability for MCT to access urgent care funds to create unique treatment options for complex individuals

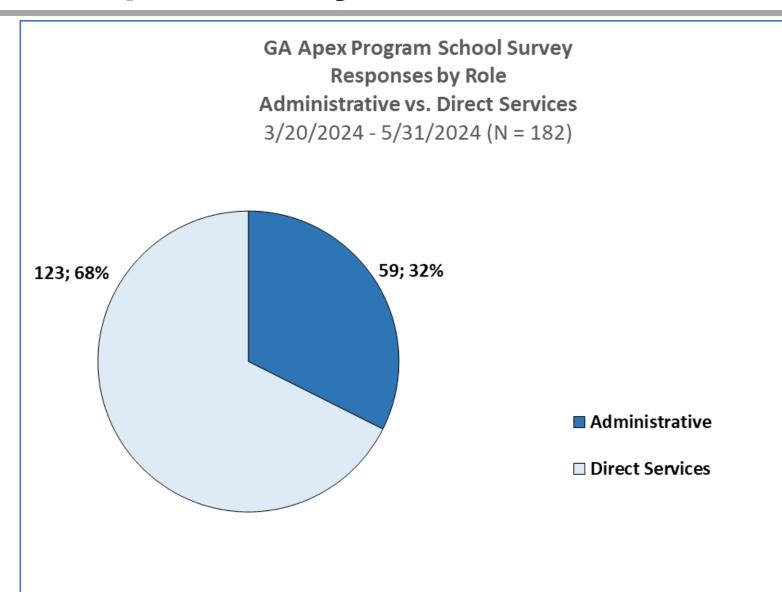
Expedited Contracting

Need for expedited contracting process for MATCH providers/pilots

Sustainability

Identify long-term capacity and sustainability for MCT

# **Responses by Current Role**



#### Administrative:

- Principal
- Assistant Principal
- Other School Staff
- Director of Student Support Services
- District Level Administrator
- Superintendent
- Other School District Staff

#### **Direct Services:**

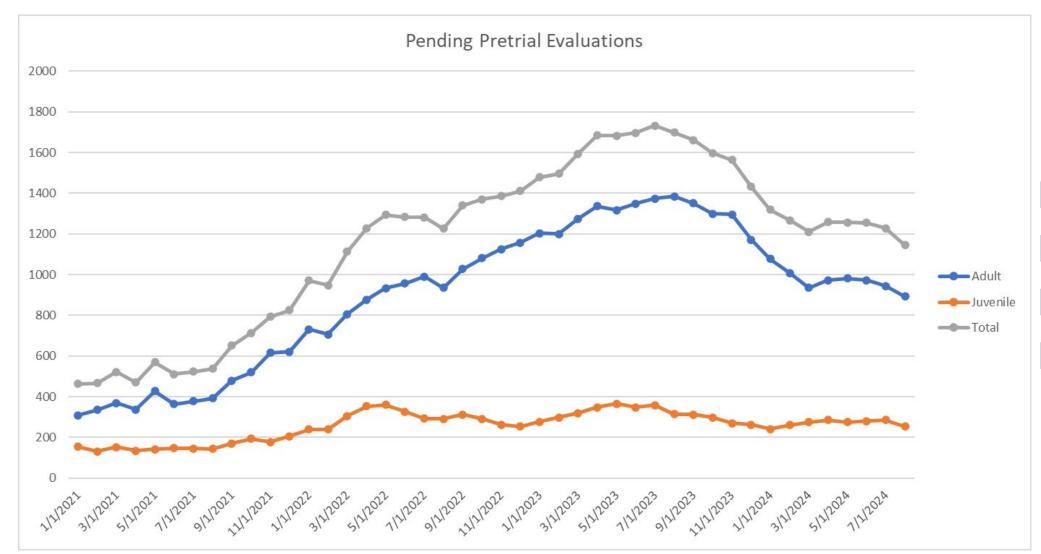
- School Counselor
- School Social Worker
- Teacher / Paraprofessional



## **DBHDD Forensic Services**

- Completes court-ordered evaluations for competency to stand trial and degree of criminal responsibility
- Provides restoration services to those adjudicated incompetent to stand trial (IST)
  - Community
  - Jail
  - Hospital
- Provides treatment for eventual community transition
- Forensic residential services
  - Community Integration Homes & Forensic Apartments
- Monitors people outpatient civilly committed by State and Superior Courts

# Forensic Services Pretrial Evaluations Pending



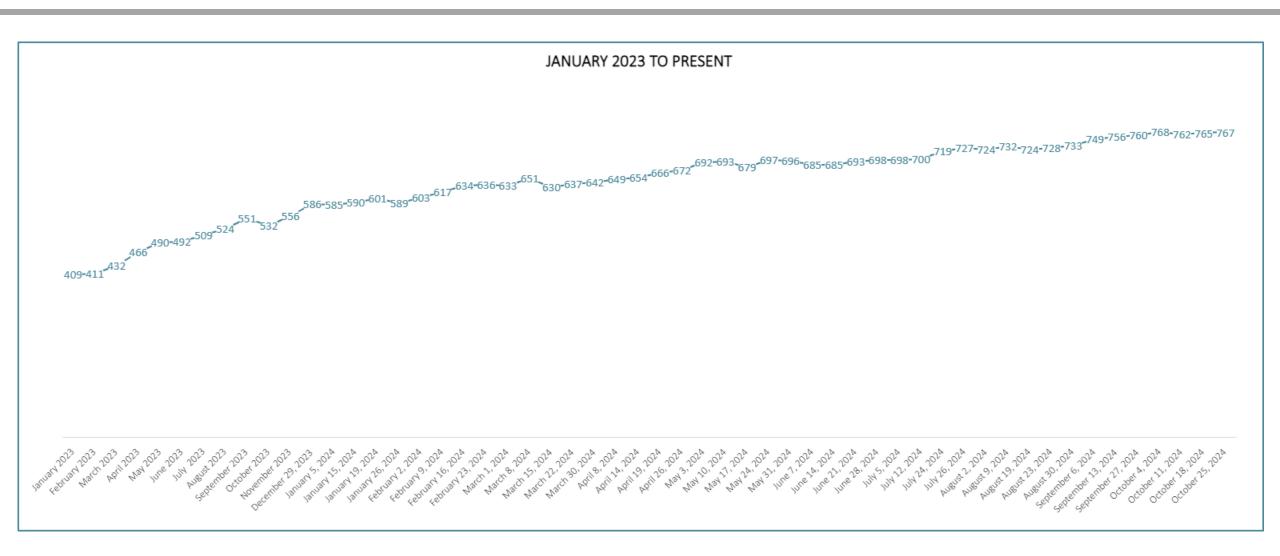
FY21 = 2070

FY22 = 2714

FY23 = 2722

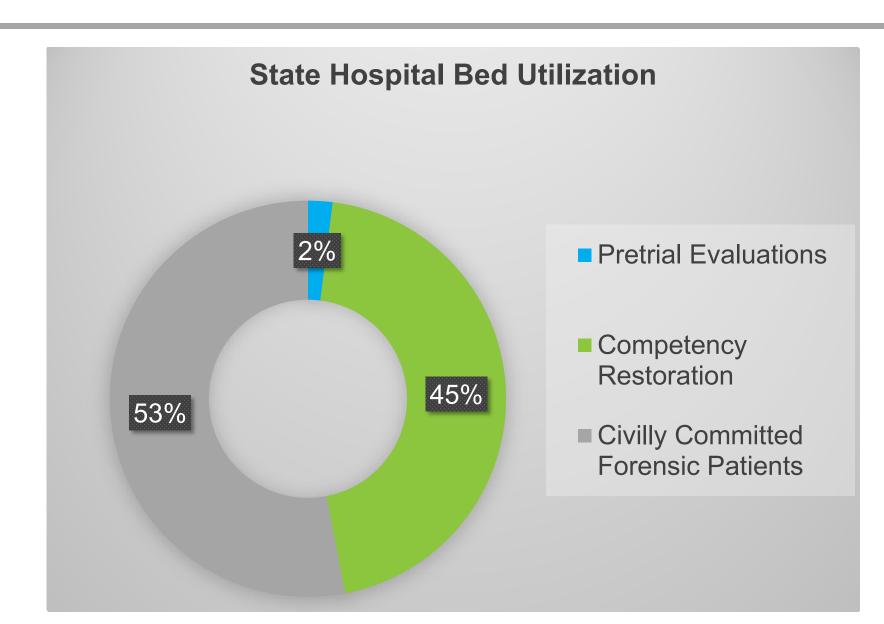
FY24 = 2611

# **Admission Waiting List 10.25.24**



#### **Forensic Bed Utilization**

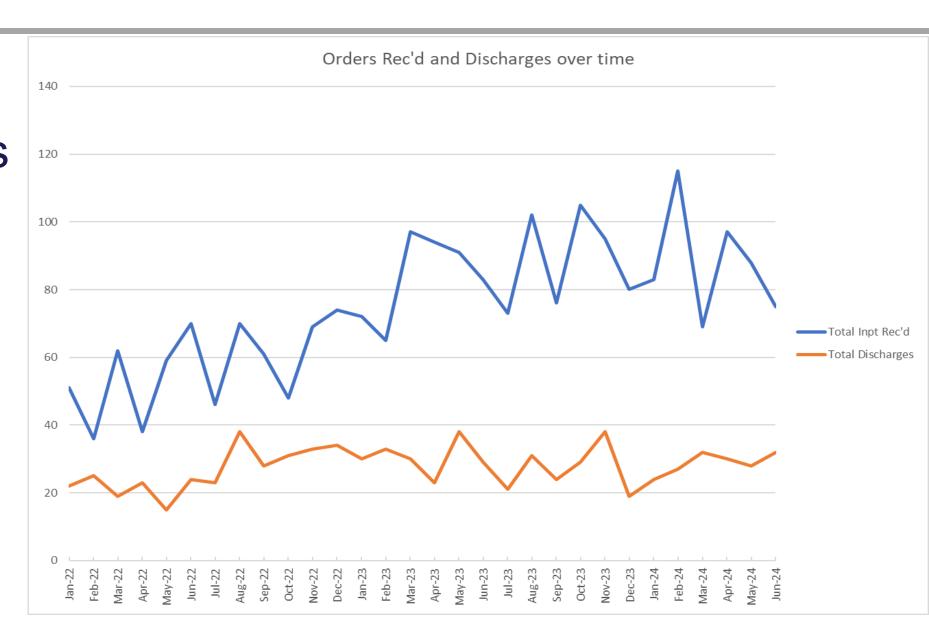
641 forensic beds in
 5 state hospitals



## Inpatient Orders Received

VS.

# Hospital Discharges



# **Jail-Based Restoration Programs**

- Collaboration with Sheriff and County
- Increased bed capacity for restoration services
- For males adjudicated IST who do not require hospital level of care
- Clinical services provided in therapeutic jail environment
- Clinical staff devoted to restoration pod

## **Jail-Based Restoration Programs**

- Chatham (CARES) February 2024
  - 14 beds Chatham County only
  - Current census = 12
- Cobb (RISE) January 2023
  - 20 beds All GA counties
  - Current census = 20

# **Jail-Based Restoration Programs**

- Dodge County Restoration Center
  - Opening November 2024
  - 30 beds All GA counties
- Fulton
  - 16 beds Fulton County only
  - Current census = 16

#### **Forensic Admissions**

- Admission by date court order received
  - Priority admission for those in significant clinical need
  - Forensic order does not prevent 1013 process
- Males = 328 days (as of 10/1/24)
- Females = 249 days

#### **Need For Diversion**

- Focus on pretrial evaluations will increase admission WL
- Expansion of bed capacity is slow
- Not all people require hospitalization

#### **Diversion Pilots**

# Gwinnett County Pretrial – misdemeanor

GRHA and View Point Health

# Henry County Admission Waiting List

 Behavioral Health/Forensic Services and McIntosh Trail

# Fulton County\* – misdemeanor

- Fulton County Solicitor General
- JBA Justice and Mental Health Collaboration Grant
- Court Clinic Model

# Richmond County - Forensic Jail Liaison

Richmond
 County Jail and
 Forensic
 Services

#### **Initiatives – Adult Evaluations**

- Georgia Toolkit
  - Eliminate the Wait Texas
  - BJA grant Center for Justice Innovation
  - Goal outline best practices to reduce referrals/wait times for individuals who are justice involved
- Court Clinics
  - BJA grant Center for Justice Innovation
    - Hall County
  - Piloting in other counties
    - Abbreviated report
    - Focus on diversion recommendations when appropriate
    - Examine evaluation model and productivity requirements
    - Identified day for jails to share information

#### **Initiatives – Adult Evaluations**

- Contract evaluators
- Hospital "moonlight" evaluations
- Incentive pay for increased productivity

#### **Initiatives – Juvenile Evaluations**

- Juvenile Evaluation Manager started December 2024
  - Updated court order
    - Clarify what courts want/need
    - Direct families to participate in interview/scheduling
    - Order in lieu of ROI, specify who should release records
  - Parent questionnaire completed at time of court order
  - Priority assignment of cases to meet courts' needs
  - Evaluator training & updated report format
  - Collaborate with DJJ staff for scheduling decrease RYDC LOS
  - Equalize wait times for evaluations across the state
  - NGRI policy
- Morehouse School of Medicine/Dr. Vinson Contract July 2024
  - Complete up to 100 juvenile evaluations in Fulton and Metro Atlanta
  - Recruit and train Forensic Psychiatry Fellow

# **Initiatives - Hospital**

LOS Reduction Initiative

- Continue with FCC check-ins and re-evaluation
  - "Informal" jail-based restoration
- Operation New Hope at GRHS
  - Opening November 2024
  - 30 bed transition unit
  - Vocational and life skills training

# **Initiatives – New Bed Capacity**

- Dodge County
  - 30 beds
- Project New Hope at GRHS
  - 30 beds
- Allen Building at Central State Hospital
  - 17 beds
- GRHA Skilled Nursing Home possibility of 17 beds
- 2<sup>nd</sup> Project New Hope at West Central 30 beds
  - In addition to beds from new building that could not be staffed
- New hospital building requested

# **Initiatives – Hospital Discharges**

- Discharge Planning
  - Forensic Functional Assessment
  - Discharge Planning Worksheet
  - Updated Discharge Planning policy
- Community Integration Home & Forensic Apartments
  - Video introduction to placements for staff and future residents
  - Behavioral interventions/de-escalation training for staff
- Alternative funding sources to overcome significant SS delays

# Initiatives – Hospital & CIH Discharges

- Hospital Bed Analysis
- CIH Bed Analysis
- Timing Out
- A&M Bed Study

#### **Initiatives - Communication**

Notification Letters to Judges

- ForensicAdmissions@dbhdd.ga.gov
- Admission wait times on website
  - https://dbhdd.georgia.gov/forensic-services
  - Updated monthly

#### **Initiatives - Communication**

- Updated Website
  - Juvenile orders & parent questionnaire
  - Adult referral form
    - Would diversion be considered if appropriate?
  - Community restoration/remediation pamphlets available to stakeholders

# **Strategic Planning**

- Artificial Intelligence
  - Risk Assessments & Forensic Evaluations
- Circuit/County-Specific Planning
  - Forensic data by circuit/county/judge
- State Justice Statistics Grant
  - Examine cost of restoration
  - Case outcome after restoration

#### **Behavioral Health Reform and Innovation Commission**

Chaired by Commissioner Tanner

- Forensic Competency Advisory Committee
  - Chaired by Judge Kathleen Gosselin, Hall County Superior Court

# **Competency Advisory Committee**

- Examine Pathway for Misdemeanor vs. Felony cases
  - Non-violent vs. violent cases
  - Decrease restoration time?
  - Require status hearing prior to ordering evaluation
  - Burden on prosecutor to pursue restoration
  - Collecting information from other states
    - Location of restoration, reduced restoration period

# **Competency Advisory Committee**

- Education
  - Bench Card
  - Standard Court Orders
  - GA Toolkit
  - Forensic Data to Judges
  - Community Restoration Materials now online
  - DD Services Information
  - Diversion Process Map
  - Special Populations dementia, IDD

# Adapting Our Work – Diversion at All Intercepts

- Competency Crisis
  - Requires different way to focus on cases
  - Judges & attorneys agree, so we need to adapt
- Diversion Focus
- Community Restoration Recommendations
- Court Clinics
- Adapting Scheduling
- Recommendations to the Court for special populations

#### **DBHDD** Initiatives

- Jail In-Reach
- New Crisis Center in Fulton
- DD Crisis Center in Macon coming soon
- DD Homes at EC accepting from ERs and Jails
- Provider Rate Increase
- Approval for 3 placements or intensive Tx needs





# Update of Behavioral Health Services in Department of Juvenile Justice Secure Facilities

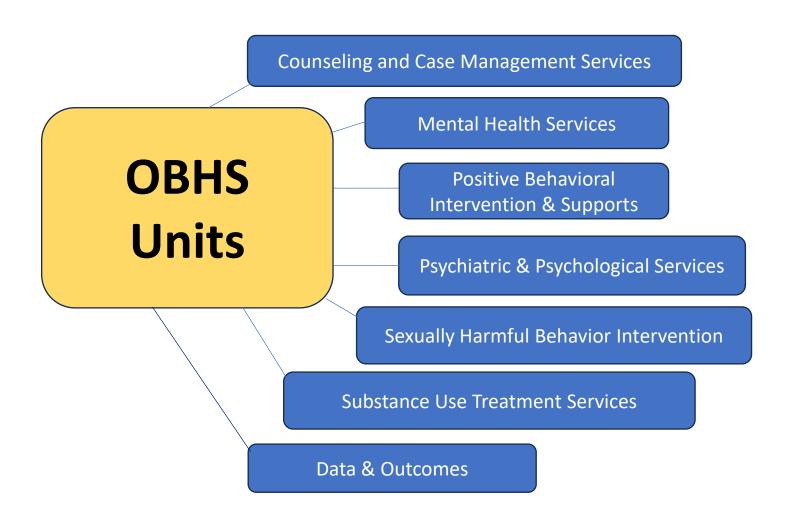
John Izzo, LPC, Assistant Director, Office of Behavioral Health Services Lisa Mantz, Deputy Commissioner Division of Treatment and Care

Behavioral Health and Coordinating Council Meeting November 5, 2024

#### The Office of Behavioral Health Services

- The OBHS is committed to ensuring youth in DJJ facilities receive the services they need and manages and administers the behavioral health service programs in all DJJ facilities (25).
  - These services include mental health, general counseling, case management, sexually harmful behaviors, and substance abuse treatment. In addition, OBHS oversees the implementation and fidelity of Positive Behavioral Intervention and Supports program in DJJ schools.
  - Services offered to youth adhere to current best practices and meet the identified needs of the youth in DJJ secure facilities, utilizing evidence-based interventions.
  - Services offered are driven through individualized treatment and service plans developed individually for each youth.







#### Behavioral Health Services Offered to Youth at all Facilities





**Mental Health Screenings and Assessments** 





**Suicide and Safety Protocols** 

**Individual and Group Counseling** 



**Family Education and Counseling** 

**Crisis Intervention and Support** 



**Service and Treatment Planning** 

# **OBHS Highlights**

- OBHS Treatment and Care works diligently to provide, track, and measure success and challenges regarding program services, which are commonly made possible through tracking program participation and completion rates of youth who receive services in our DJJ facilities.
- The OBHS has improved its quality assurance processes by creating a new Data and Outcomes Unit. This unit will provide OBHS with essential outcome data which will allow us to enhance our services.
- The OBHS has sustained and continued to grow its Evidence Based Programming for several years.
  - Dialectical Behavioral Therapy (DBT)
  - TARGET (Trauma Affect Regulation Guide for Education and Therapy)
  - The Seven Challenges
  - Aggression Replace Training (ART)
  - SAVRY (Structured Assessment of Violent Risk in Youth)



		Youth Served in RYDC			Youth Served in YDC		
		Total	Mental Health	% Mental Health	Total	Mental Health	% Mental Health
SEX	Male	4,403	1,503	34.10%	353	224	63.50%
	Female	1,294	605	46.80%	80	78	97.50%
	Total	5,697	2,108	37.00%	433	302	69.70%

# Youth in Secure Facilities Mental Health

(Out of 2,212 Youth)

Top 10 DSM-5 diagnoses received by youth in Secure Facilities in FY2023

Diagnosis	Count	Percentage
Disruptive, Impulse-Control, and Conduct Disorders	1,050	62.50%
Substance-Related and Addictive Disorders	863	51.37%
Neurodevelopmental Disorders	809	48.15%
Other Conditions That May Be a Focus of Clinical Attention	626	37.26%
Trauma and Stressor Related Disorders	670	39.88%
Depressive Disorders	641	38.15%
Sleep-Wake Disorders	270	16.07%
Anxiety Disorders	156	0.00%
Bipolar and Related Disorders	112	6.67%
Schizophrenia Spectrum and Other Psychotic Disorders	61	3.63%



#### **Substance Abuse Treatment (Youth Development Campuses)**

- Youth in YDC identified as having significant Substance Abuse issues and referred for services.
- 46 Youth served in Substance Abuse treatment programs.
- 25 Youth completed Substance Abuse treatment programs.

# Office of Behavioral Health Services FY2024 in ACTION

Completed Substance Use Intervention & Treatment

255

Sex Offender Services
Received

923

Total Help Requests 25,967



Completed Mental Health Screenings

6,604

Completed Psychodiagnostic Evaluations

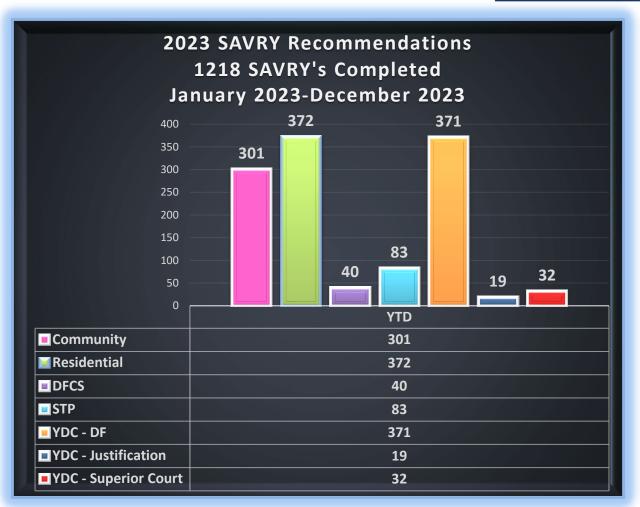
1,857

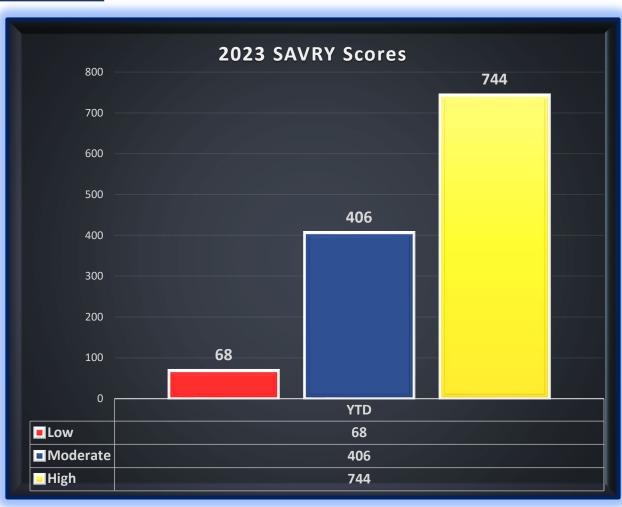
Completed Mental Health Assessments

3,784



#### **SAVRY Data**





# SAVRY Risk Needs Areas

**Emotional Stability** 

Disruptive Behavior/Personality

**Substance Abuse** 

Family Circumstances / Parenting

**Education / Employment** 

**Negative Peer Relations** 

Attitudes / Orientation SAVRY Risk Needs Areas:

#### **Current Challenges & Future Needs**

- **Behavioral health staffing limitations** → OBHS will need to continue to provide competitive salaries based on nationwide analysis to attract qualified treatment providers.
- Departmental training funds → OBHS will need to continue to support ongoing professional development of behavioral health services, leadership and behavioral health field staff.
- High mental health needs → OBHS has seen an increase in neurodevelopmental disorders to include autism and intellectual disabilities with significant behavior problems. Juvenile Justice facilities are not designed to meet the needs of these youth.

## **Current Challenges & Needs (Cont.)**

Identifying best practice for behavioral health staffing patterns → Recent exemplar agencies visited by DJJ leadership had staffing ratios of 6 to 10 youth per mental health clinician, and similar ratios for general counselors.

- Current staffing levels in DJJ facilities:
  - RYDCs operate with caseloads of roughly 30 youth to 1 full time staff member (30:1) for both mental health and general counseling.
  - YDCs operate with caseloads of roughly 11:1 for mental health and general counseling.

#### **Current Challenges & Needs (Cont.)**

Access to crisis stabilization services → The agency has a difficult time
accessing crisis stabilization services for the youth whose treatment needs
exceed facility resources. In the past 18 months, less than 10 % of youth for
whom the agency attempted to access stabilization services received those
services.

#### Reasons for denial:

- Lack of space
- Concerns about youth violence (whether the youth was exhibiting violent behavior or not)
- Youth was "too sick for crisis stabilization."

# Ongoing Collaborations and Partnerships

RSAT Funding –Criminal Justice Coordinating Council

**Training Opportunities** 

DCH & DHS CSM Medicaid for Justice Involved Youth

DBHDD Forensic Peer Mentors Pilot

Forensic Evaluation Pilot

Statewide Clinical MATCH Committee and Steering Committee Members

# **Questions & Answers**



#### Contact Information

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# Closing Comments

# Next BHCC Meeting:

February 11<sup>th</sup>, 2025

