

Behavioral Health Coordinating Council Meeting

BE D·B·H·D·D

Georgia Department of Behavioral Health & Developmental Disabilities

August 15, 2018



Agenda

Call to Order

Recovery Speaker

Action Items

BHCC Initiatives

Commissioner's Report

Next Meeting Date

Call to Order

Judy Fitzgerald
Commissioner

Recovery Speaker

Emily Ribblett

Georgia Council on Substance Abuse

Action Items

- Minutes (May 16, 2018)

BHCC Initiatives

Interagency Directors Team

Danté McKay, JD, MPA

Director, Office of Children, Young
Adults, and Families

Overview

Georgia
System of
Care
Framework

Interagency
Directors
Team

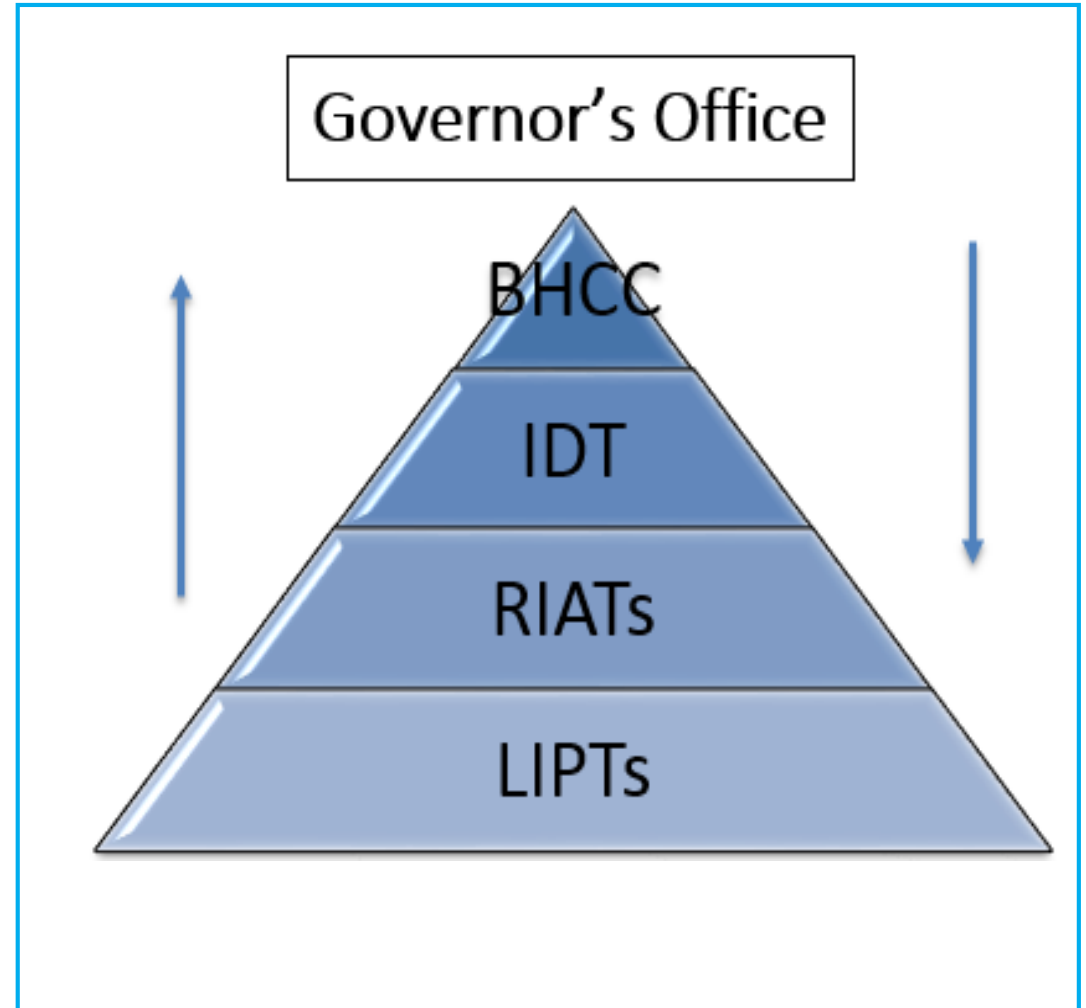
Georgia
System of
Care
State Plan

11th Annual
System of
Care
Academy

System of Care Values, Principles & Infrastructure

SAMHSA:

- Spectrum of effective, community-based services and supports;
- Organized into a coordinated network that;
- Builds meaningful partnerships with families and youth; and
- Addresses cultural and linguistic needs, in order to improve functioning at home, in school, in the community.



Interagency Directors Team

The IDT receives monthly updates and informs the following:

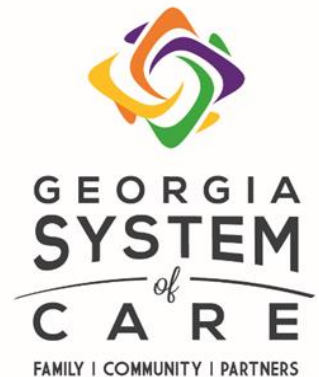
- System of Care Expansion Grant (DBHDD)
- Project LAUNCH (DPH)
- Project AWARE (DOE)
- Local Interagency Planning Teams
- Regional Interagency Action Teams
- Commission on Children's Mental Health (DBHDD)

System of Care State Plan Update

- School-based mental health data collection
- Public-facing references
 - Navigation guide for families and young adults
 - https://gacoeonline.gsu.edu/files/2018/08/Booklet-Families_7-23-18-5.pdf
 - https://gacoeonline.gsu.edu/files/2018/08/Booklet-Emerging_Adults_7-23-18.pdf
 - Pocket behavioral health glossary
 - https://gacoeonline.gsu.edu/files/2018/07/SOC_Pocket_Guide_7-3-18.pdf
 - Evidence-based practices webpage
 - <https://gacoeonline.gsu.edu/evidence-based-registries-clearinghouses>
 - System of Care Posters
- Telemedicine services and equipment map

11th Annual System of Care Academy

- Attendees: 450 attendees with 373 professionals; 96 youth, young adults, and family attendees; and 31 exhibitors
- Workshops: 41
- App Downloads: 72% of our attendees downloaded
- 2018 SOCA Award Recipients:
 - SOC Youth Merit Awards: Javanese Williams (Aspire) & Dave Quashie (DBHDD)
 - SOC Individual Merit Award: Lisa Spears (Aspire)
 - SOC Organization Merit Award: Care Partners of Georgia
 - SOC Grantee Merit Award: Georgia Pines GAP Program
 - SOC Lifetime Achievement Award: DCH Commissioner Frank Berry
- Video & Photos: [DBHDD Facebook Page](#)



Transition and Re-entry Committee

Terri Timberlake, Ph.D.
Director, Office of Adult Mental Health

Michelle Stanley
Deputy Director (Department of
Community Supervision)

Returning Citizen Releases by GDC Mental Health Classification Levels

	May 2018	June 2018	July 2018
Level 2 Outpatient Tx	173	171	163
Level 3 Inpatient Moderate	15	18	17
Level 4 Inpatient Intensive	5	4	1
Total	193	193	181

The “Prison to Purpose” Video

The Transition Re-entry Committee has been focusing on strategies to extend messaging about the Forensic Peer Mentor Program throughout the state and beyond.

We have completed production of a video that can be shared on each of the partnering agency websites as well as social media sites to highlight how the program is key in interrupting the cycle of recidivism among returning citizens with mental health and substance use disorders.



Forensic Peer Mentor Program Outcomes FY 2018

- FPMs provided 16,059 transition planning sessions
- 380 returning citizens were enrolled
- 3 returning citizens required psychiatric inpatient admissions
- 30.5% employment rate (see ongoing employment strategies)
- 25% stable housing rate (see ongoing housing strategies)
- 2 re-arrests
- 0 reconvictions
- 1 probation/parole revocation
- **Functional 0% recidivism since program inception (.02%)**

Family Reunification Project

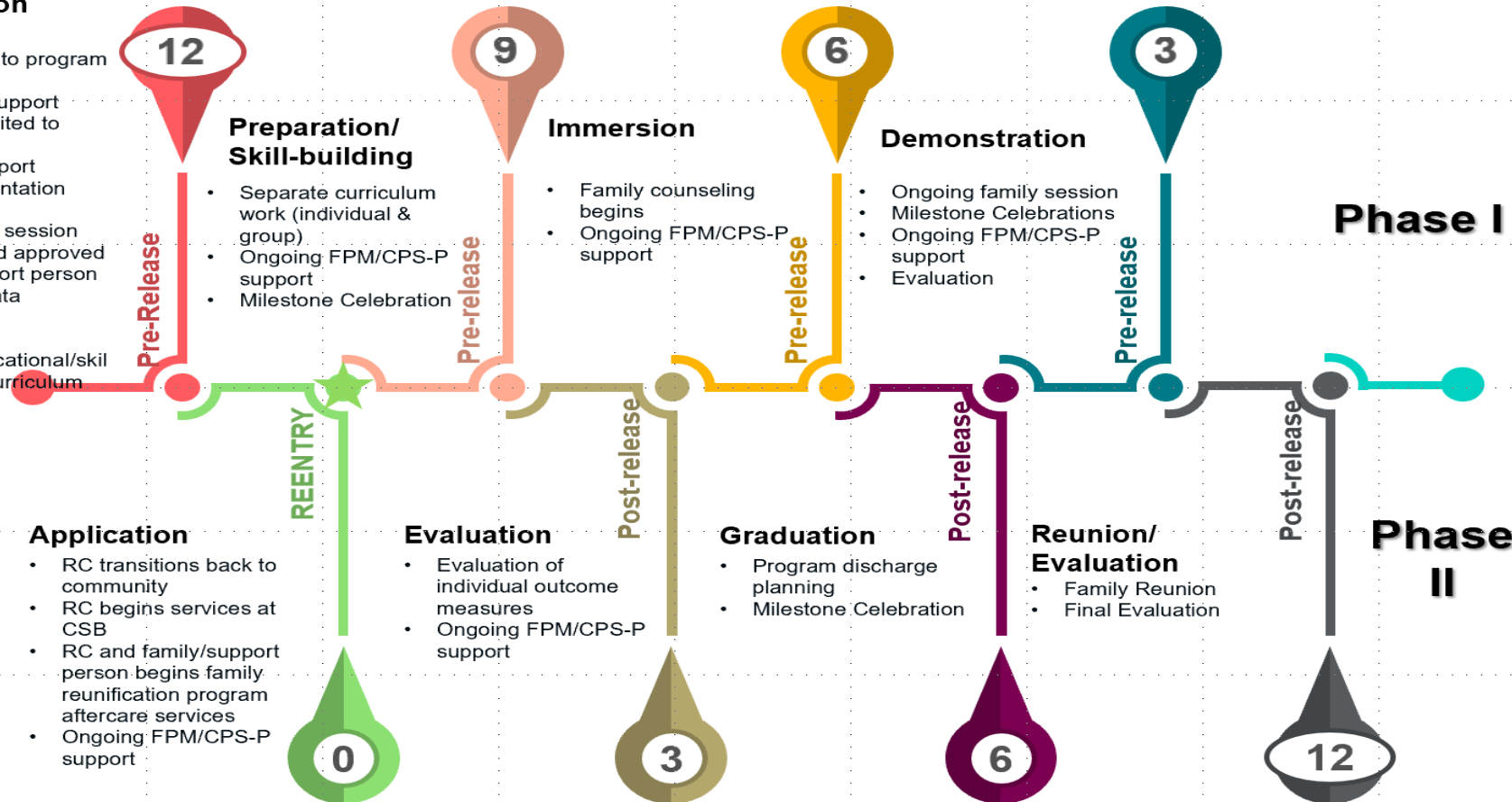
- Target Population: Metro, Phillips, and Lee Arrendale State Prisons
- Subcommittee Representation:
 - DBHDD
 - Department of Corrections
 - Department of Community Supervision
 - State Board of Pardons and Paroles
 - National Incarceration Association
- Description: a family-focused reentry curriculum, six months of family counseling that will be co-facilitated by licensed therapists, certified FPMs and certified peer specialist parents (CPS-P) who will function as family peer mentors and will be specifically trained to support family members of incarcerated individuals.
 - These family sessions will be delivered in-person (Metro) and via telehealth technology.

Family Reunification Project

Program Timeline

Introduction

- RC applies to program
- Family members/support persons invited to participate
- Family/Support Person orientation session
- Initial video session with RC and approved family/support person
- Baseline data gathered
- 6 session psychoeducational/skill-building curriculum begins



Supported Housing for Returning Citizens

- Addressing barriers that impede access to housing for people with a serious mental illness who are transitioning from prison back into the community.
- Letitia Robinson (DBHDD) and Randy Sauls (GDC) are working to develop a process for sharing data for eligible individuals in need of supported housing as part of the release/transition planning.
- Need to connect DBHDD housing outreach coordinators with appropriate GDC transition re-entry specialists for greater coordination of housing placements.

Employment Subcommittee

- Employment Work Group for Returning Citizens is looking closely at the issues of employment for returning citizens.
- Collaborative partners include:
 - DBHDD
 - Georgia Vocational Rehabilitation Agency
 - Department of Community Supervision
 - U.S. Department of Justice (U.S. Attorney's Office)
 - Georgia Justice Project
 - Private Sector
 - Individuals with Lived Experience
- Identifying and strategically planning to develop initiatives that will address employment barriers (e.g., policies, laws, discriminatory employment practices, etc.) faced by returning citizens diagnosed with mental health and/or substance use disorders.
- Initiatives via the U.S. Attorney's Office and the Urban League (e.g., the *Released: When Does the Sentence End* documentary) may advance this work.

On the Horizon

- Our committee is hopeful and awaiting updates from DCH regarding the initiative of having Medicaid benefits suspended rather than terminated during incarceration to aid in the reactivation of benefits once a returning citizen is released.
- 2018 Respect in Recovery 5K Race/Walk
 - “Removing Hurdles. Raising Hope.”
 - October 12, 2018
 - Grant Park



Respect in Recovery 5K Race/Walk

Thank you for helping to end stigma!

Interagency Partnership



Georgia Department of Community Affairs



DBHDD



Georgia Department of Human Services



Georgia DOL
DEPARTMENT OF LABOR



GVRA
GEORGIA VOCATIONAL REHABILITATION AGENCY

Georgia Mental Health Consumer Network



Commissioner's Report

Judy Fitzgerald
Commissioner

Forensic Services Overview

Karen Bailey, Ph.D.

Director, Office of Forensic Services

Forensic Services

- Forensic Evaluation and Expert Testimony
- Competency Restoration
- Inpatient Evaluation and Treatment
- Community Forensic Services
- Juvenile Forensic Services

Forensic Evaluation

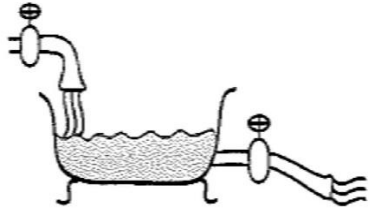
Competency to Stand Trial: present ability

Criminal Responsibility: mental state at time of alleged offense

- 2,500 Evaluations (3,500 court orders)
 - Opine 70% competent
 - >95% criminally responsible
- 95% at the Jail
- Demand for testimony increasing
- 400 additional evaluations (community restoration, community monitoring)
- Customer: Court
- 😊 Front door to our system – state evaluators
- 😊 Certification Program
- 😞 Timeliness

Competency Restoration

Prior to 2011: Court Adjudicates Incompetent  Hospital Admission
 Wait List for Admission



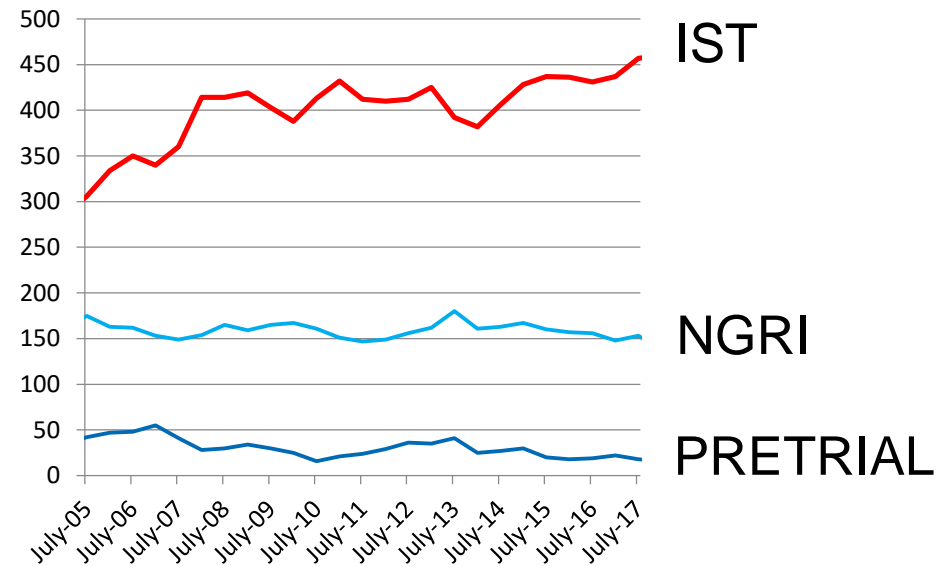
Now:

- Outpatient (if non-violent felony)
- Jail (Fulton County)
- Inpatient

35% of Forensic Beds

Restoration Rate: 80 to 70%

Average LOS: 120 days



641 Beds on Dedicated Units across 5 State Hospitals (70%)

5% Pretrial Evaluations; 35% Competency Restoration

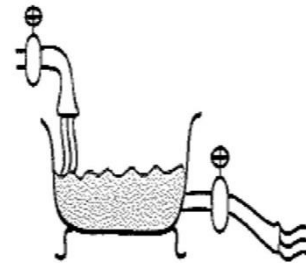
60% Civilly Committed Forensic Patients

- NGRIs (insanity acquittees) and ISTs (not restored >1 year)
 - Release determined by Court
 - ISTs – uniquely Georgia
 - Average LOS: 7 years (impact on wait list)
- Treatment focus: recovery oriented & risk reduction
 - Goal: Community Re-integration
 - Recovery-Based Programs
 - Trauma Informed, Sexual Behavior, Technology
 - Annual Comprehensive **Risk Assessment**
 - Another 1,000 Evaluations

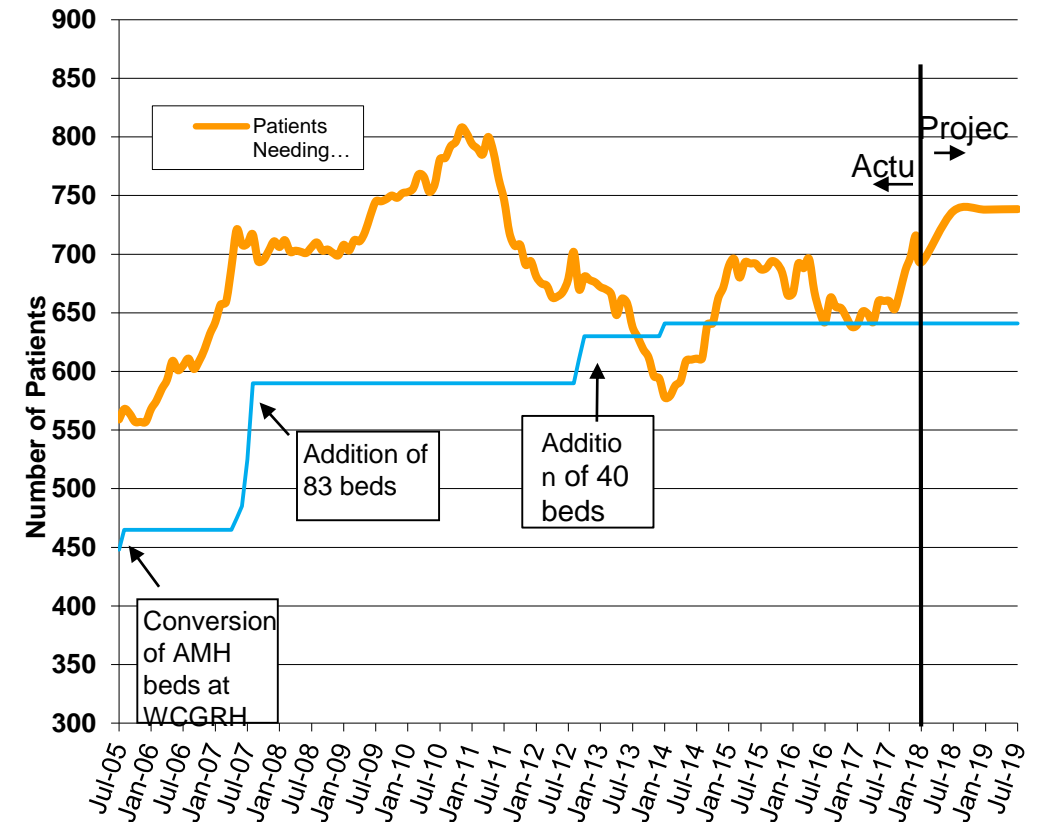


Forensic Community Services

- Community Integration Homes
 - 9 (10) locations across state; 61 (66) beds
- Forensic Apartments
 - 4 locations, 60 beds
- Forensic Community Coordinators
 - 17 (areas assigned by judicial districts)



Forensic Census, Beds v. Need (including Waiting List)



Juvenile Forensics

- 1,500 Evaluations
 - Behavioral Health Evaluations
 - Competency to Stand Trial
 - Other – transfer; designated felonies
- Outpatient Restoration
- 14-bed facility (kids tried as adults)
- 6 bed capacity at Devereux (incompetent kids in juvenile)

Challenges

- Wait Lists and Continued Growth
 - Eliminate Misdemeanants
- Obtaining reports from Georgia Crime Information Center (GCIC) for adequate evaluations and risk assessments
- Testifying at geographically distant locations
- Balancing Security and Recovery
- Staffing
 - Psychiatric fellowships at all state hospitals; formal Emory & Augusta University

More Challenges

- Aging and medically compromised population
- Translation
- Undocumented persons
- Delays in Benefits
- Cost of Personal Care Homes

What Makes Us Most Proud

- Recovery-Oriented Programs
- Certification Program and Forensic Training
- Relationship with the Courts and Sheriffs
- Continuum of Forensic Services
- Success of the People we Serve
- Other States Modeling us 😊

Contact Information

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Cell: 404.725.6209

Opioid Overview

Cassandra Price, GCADC II, MBA
Director, Office of Addictive Diseases

State Targeted Response (STR) Grant Overview

Funding Amount and Requirements

- \$11,782,710 per year for two years
- Funds cannot supplant any existing opioid services
- At least 80% has to be used on treatment and recovery services

Population to be Served

- Treatment funds will serve uninsured and underinsured
- Naloxone trainings for first responders and stakeholders

Goals and Objectives

- Increase awareness
- Provide various trainings
- Expand detox services
- Expand access/bed capacity
- Certified peers in ED
- Implement Warm Line
- Develop MAT clinic-based capacity

Project Initiatives

Prevention

- Media campaigns
- Naloxone trainings
- Peer-Assisted Student Transition (PAST) Project
- Implementation of Strategic Prevention Framework

Treatment

- Providing MAT services through twelve providers with some residential capacity

Recovery

- Placed peer recovery coaches in ED
- Implemented a warm line
- Expanded recovery community organizations

Prevention Service Providers (Years 1 and 2)

Provider	DBHDD Region
Current brand (media development)	Statewide
NCM and WSB (media campaign)	Statewide
Augusta University Research Institute, Inc.	2
GUIDE, Inc.	3
Bulloch County Alcohol and Drug Council	5
Association of Village Pride, Inc.	6
Peer-Assisted Student Transition (PAST Project)	TBD

Treatment Service Providers (Year 1)

Provider	DBHDD Region
Advantage Behavioral Health Systems	2
Avita Community Partners	1
Grady Memorial Hospital Corporation	3
Newport Integrated Behavioral Healthcare	3
Recovery Place Community Services, Inc.	5
St. Jude's Recovery Center	3
Southside Medical Center	3
Unison Behavioral Health	5
River Edge Behavioral Health	2

Treatment Service Providers (Year 2 additions)

Provider	DBHDD Region
Highland Rivers Behavioral Health	1
HUGS Recovery Center	3
McIntosh Trail Community Service Board	6

Recovery Service Providers (Year 1)

Provider	DBHDD Region
Georgia Council on Substance Abuse	Statewide
Navigate Recovery Gwinnett	3
Georgia Association of Recovery Residences	1, 2, 3, 4, 5

Recovery Service Providers (Year 2 additions)

Provider	DBHDD Region
iHOPE, Inc. (Intentional Houston Opportunities to Promote Empowerment)	6
PLR, Inc. (People Living in Recovery)	2
OASIS, Inc. (Overcoming Addiction with Sobriety, Information and Support)	4

Hybrid Service Provider

Atlanta Harm Reduction Coalition, Inc.

- Provides Narcan and training administration to citizens throughout Georgia (2,117 citizens trained; 3,736 kits distributed)
- Provides Narcan and training administration to CSBs (1,175 kits provided to CSBs)



State Opioid Response (SOR) Grant

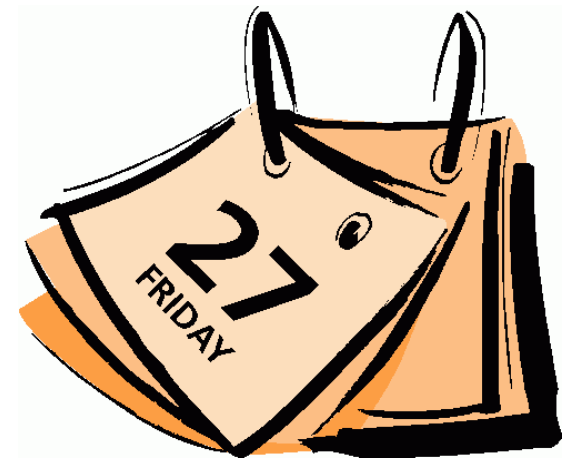
Funding opportunity released June 14, 2018

Application due August 13, 2018

Amount set for Georgia is \$19,593,569

Cannot duplicate any current funding projects, including STR funds

GPRA required to be used for data reporting



State Opioid Response Projections



Other Noteworthy Information

- The Prevention team has trained 506 first responders and distributed 500 kits
- 695 self-reported overdose reversals since June 1, 2017
- 250+ people receiving MAT services through the STR grant
- DBHDD hosted three collaboratives to train more than 400 providers and stakeholders

How Can You Help?

**Know the
Amnesty Law**

**Properly
Dispose of
Unused or
Expired
Medication**

Spread the Word

Overview

Travis Fretwell

Director, Office of Behavioral Health
Prevention

OFFICE OF BEHAVIORAL HEALTH PREVENTION

OBHP's mission is to lead and support a comprehensive data driven strategic plan for assisting communities in developing, implementing, and evaluating proactive evidence based strategies in their communities that promote well-being and healthy behaviors and lifestyles.

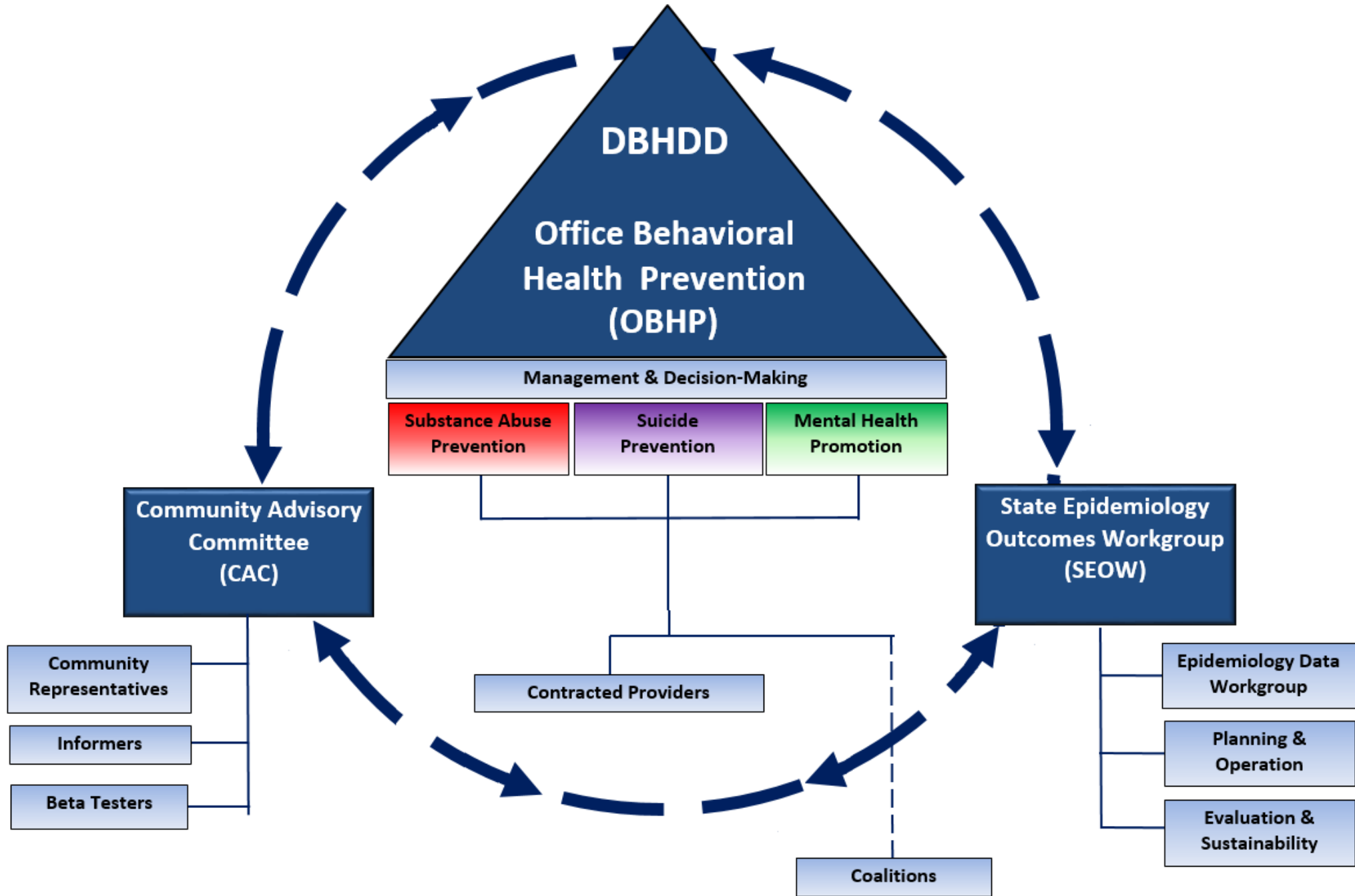
Office of Behavioral Health Prevention Areas of Focus

**Substance
Abuse
Prevention**

**Suicide
Prevention**

**Mental
Health
Promotion**

GEORGIA STRATEGIC PREVENTION SYSTEM (GASPS) INFRASTRUCTURE

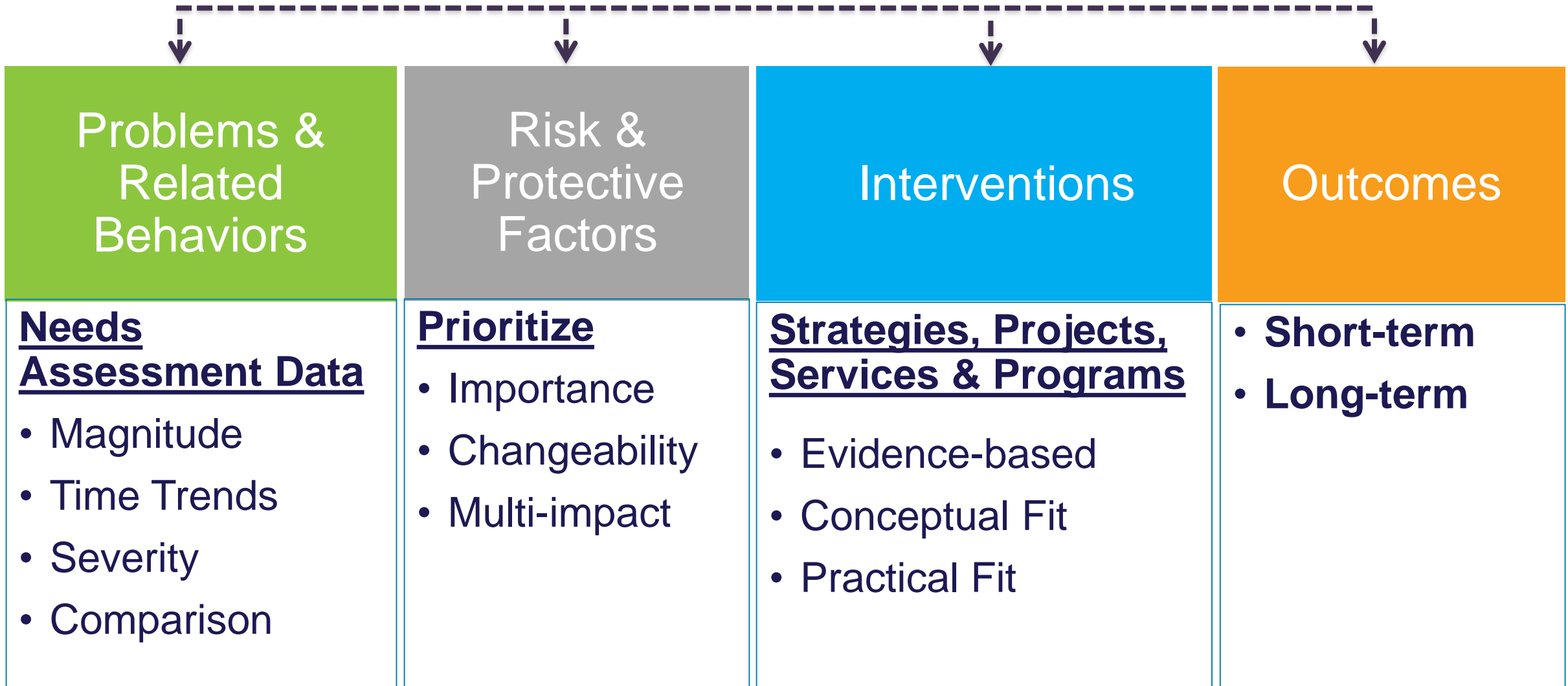


Prevention is Grounded in the Strategic Prevention Framework

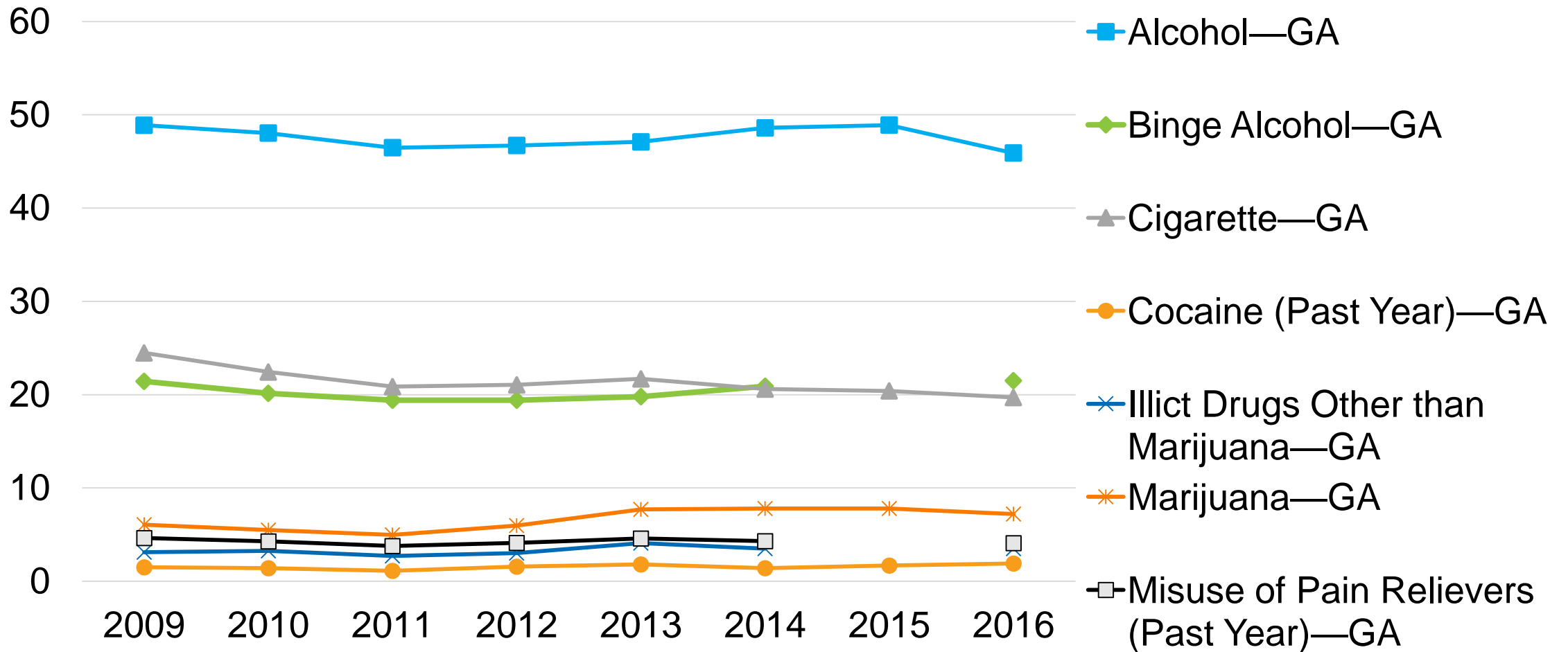


Prevention is Data Driven

Logic Model

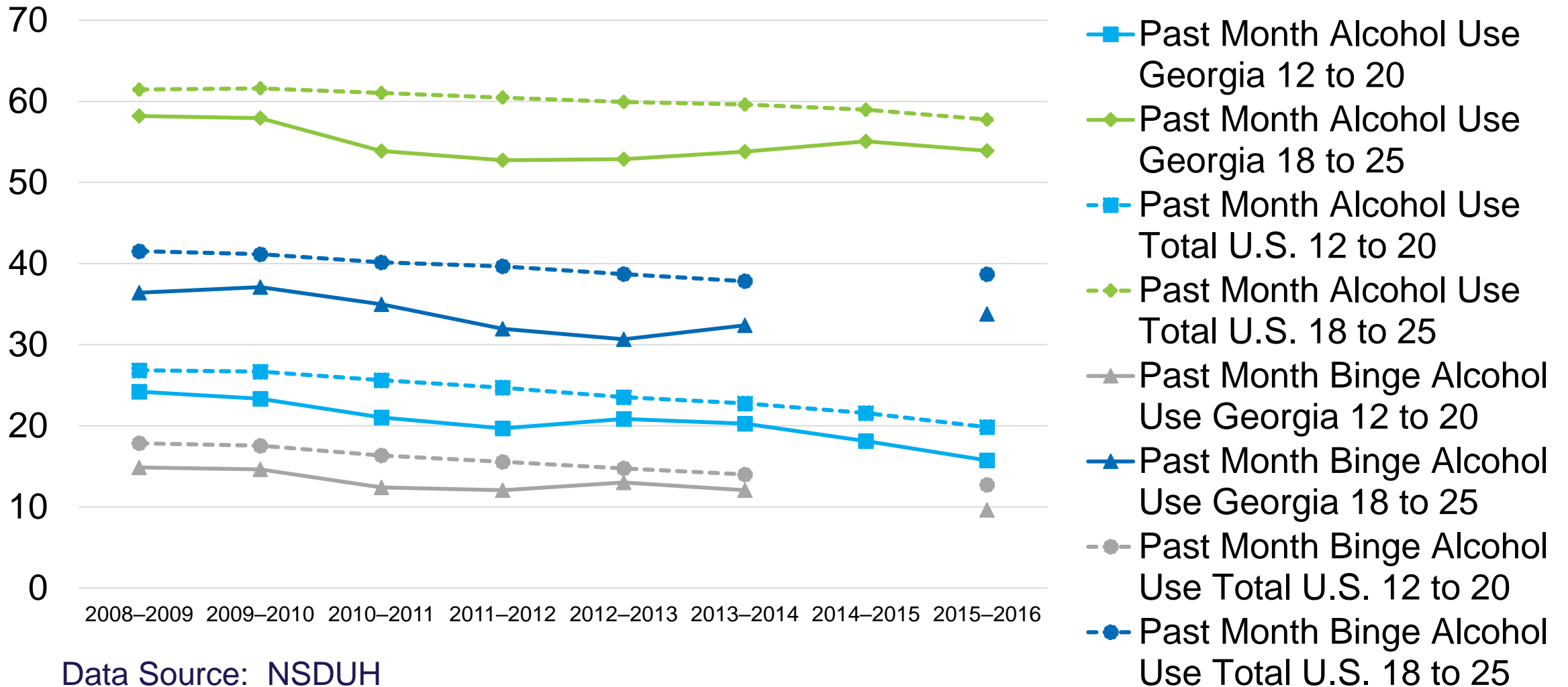


Substance Use in the Past Month/Year in Georgia, Age 12+



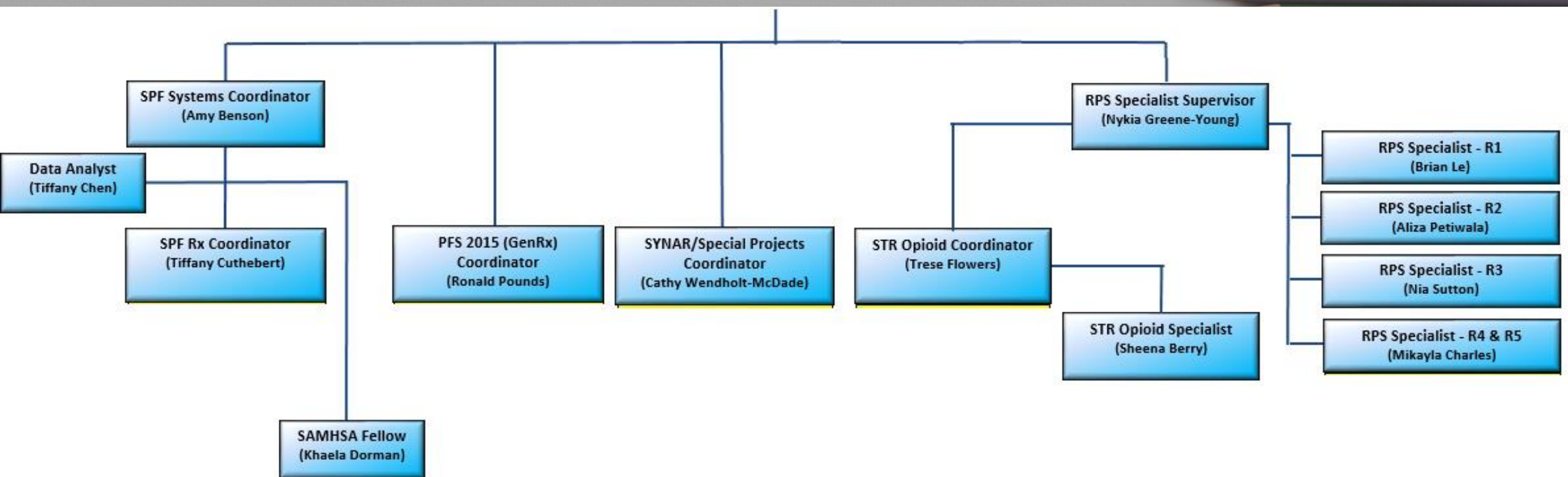
Data Source: NSDUH

Past Month Drinking in Georgia and the U.S., Age 12 to 20 and 18 to 25



Data Source: NSDUH

Substance Abuse Prevention Team



Substance Abuse Prevention Projects

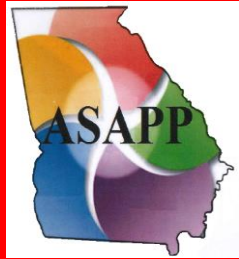
- Targeted Initiatives
- Statewide Initiatives



Substance Abuse Prevention Projects

1

Alcohol & Substance Abuse Prevention Project (ASAPP)



2

Drugs Don't Work & Suicide Prevention Partnership Program



3

Georgia's Colleges Prevention Program (GCPP)

4

Georgia Rx Drug Abuse Prevention Collaborative (GADAPC)



5

PFS 2015 (GenRx) Prescription Drug



Substance Abuse Prevention Projects...

6

GASPS Data Warehouse Project



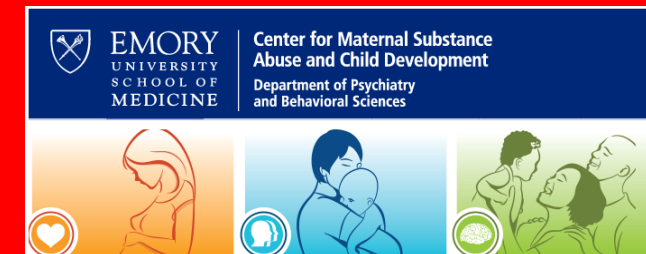
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Georgia Teen Institute



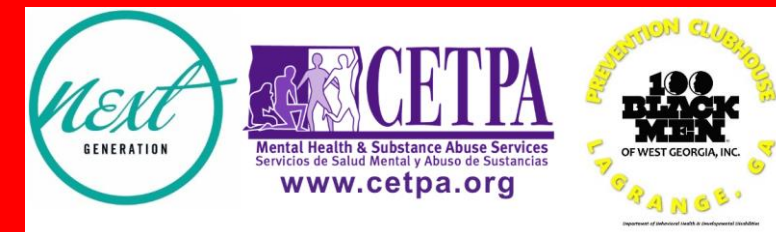
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Maternal Substance Abuse (MSA) Child Development Project



9

Prevention Clubhouses



10

Red Ribbon Campaign



Substance Abuse Prevention Projects...

11

SYNAR (Georgia Department of Revenue) Tobacco Compliance



12

Voices For Prevention (V4P)



13

CLEAR Marijuana Project



14

SPF-Rx Project

Substance Abuse Prevention Projects...

11

STR Opioid Grant

12

***SPF Technical Schools Project**

13

***Gen Rx Expansion (3 additional sites)**

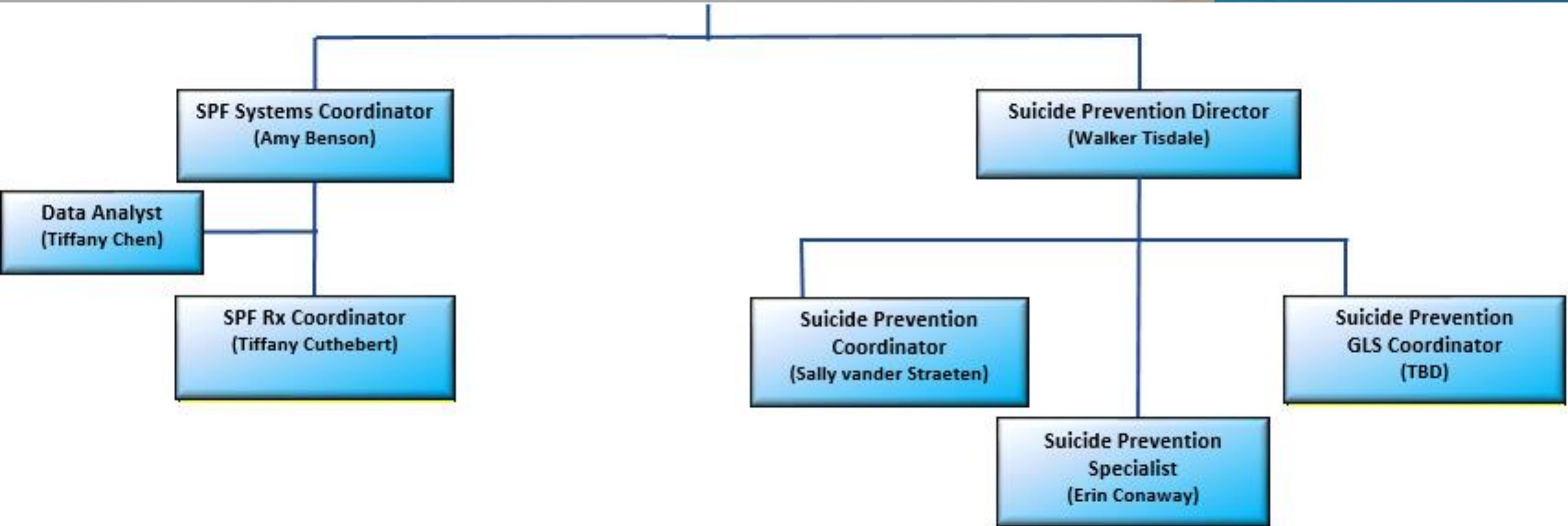
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***Opioid Curriculum Development**



*Note: The asterisked projects are newly funded start-ups.

Suicide Prevention Team



Suicide Prevention Projects

- **Prevention** – Activities/interventions that occur prior to an attempt or death by suicide; intended to prevent or reduce the risk of one occurring.
- **Intervention** – Activities/interventions that occur at the crisis point with indicated individuals.
- **Postvention** – Activities/interventions that occur after a death by suicide. Postvention can also be applied to reduce contagion effects (i.e., risk of additional deaths by suicide) and promote healing.



Suicide Prevention Projects

1

Support Prevention, Intervention, & Postvention Education & Training

- **DBHDD Policy 01-118 Trainings (Establish & Support Standardized Zero Suicide Trainings and suicide risk screening practices within DBHDD's CSBs)**
- **House Bill 198 (Provide Technical Assistance for The Department Of Education for Suicide Prevention Policy Development and safety plans in all Georgia Schools and conduct annual gatekeeper trainings)**
- **SPAN-Georgia Trainings (Provide Prevention, Intervention, Postvention & Survivors Of Suicide Trainings for Community Organizations & Suicide Prevention Coalitions)**
- **Mental Health America Trainings (Provide Mental Health First Aid Adult & Youth Trainings to targeted Stakeholders across the state)**

Suicide Prevention Projects

2

Build Suicide Prevention Community Support & Awareness

- Established a Suicide Prevention Stakeholder Network (Conduct quarterly statewide stakeholder meetings to share resources and information)
- Develop Suicide Prevention Education, Promotion, and Resource Materials (PSAs, Brochures, print materials, etc.)
- <https://youtu.be/2O7MUemrYPs>
- Member of the Georgia Bureau of Investigation (GBI) Task Force
 - Assist in development of series of youth-focused suicide prevention PSAs
- Develop suicide prevention website

Suicide Prevention Projects

3

Garrett Lee Smith Youth Suicide Prevention

- SAMHSA funded five-year grants to support suicide prevention work in campus, state, and tribal communities (youth ages 10-24) in three counties (Bartow, Newton, Oconee)

4

Drugs Don't Work Suicide Prevention Partnership

- Conduct Suicide Prevention gatekeeper trainings in the workplace and publish Suicide Prevention Newsletter Articles

Suicide Prevention Projects

5

Support GCAL

6

Host and Support a Statewide Suicide Prevention Conference

- October 24-25 in Augusta

7

Pilot Suicide Prevention SPF Project

- Establish 6 suicide prevention sites consisting of service provider and coalition partners to implement SPF to reduce death by suicide in high burden areas

Mental Health Promotion



Mental Health Promotion

1

Developing a Strategic Planning for Incorporation throughout OBHP Work

2

Media Campaign (To raise awareness, reduce stigma, and improve communications for appropriate referrals.)

- **Mental Health PSA**
- **<http://dbhdd.georgia.gov/bh-prevention>**

Current OBHP Media Campaigns

1

Mental Health PSA

Spot the Signs

<https://dbhdd.georgia.gov/mental-health-promotion>

<https://www.youtube.com/watch?v=iYh1ZotGK1o>

2

STR Opioid PSAs

Good Samaritan Law

https://www.youtube.com/watch?v=Eo-_Jdgc4_g&feature=youtu.be

Naloxone

https://drive.google.com/file/d/1nmYGSJHDOOr0XBIBq8RzO8Kq8Bcb_f-Nk/view

3

Suicide Prevention

Spot the Signs

<https://youtu.be/2O7MUemrYPs>

References

- ¹**Substance Abuse and Mental Health Services Administration.** (2011). *Leading Change: A plan for SAMHSA's role and actions 2011-2014* (HHS Publication No. (SMA) 11-4629). Rockville, MD: Author.
- ²**National Research Council and Institute of Medicine.** (2009). *Preventing mental, emotional, and behavioral disorders among young people: Progress and possibilities* (O'Connell, M.E., Boat, T., & Warner, K.E., Eds.). Washington, DC: National Academies Press
- ³**World Health Organization.** (n.d.) Health promotion [Website]. Retrieved from www.who.int/topics/health_promotion/en
- ⁴**National Research Council and Institute of Medicine.** (2009). *Preventing mental, emotional, and behavioral disorders among young people: Progress and possibilities* (O'Connell, M.E., Boat, T., & Warner, K.E., Eds.). Washington, DC: National Academies Press

Office of Behavioral Health Prevention

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Director

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<http://dbhdd.georgia.gov/substance-abuse-prevention>

Next BHCC Meeting

Wednesday, November 14, 2018
10:00 a.m.



BE D·B·H·D·D

Georgia Department of Behavioral Health & Developmental Disabilities



D·B·H·D·D