



## Behavior Support Plan Review

Individual Served:

Behavior Analyst:

Date of Review:

Date of BSP:

Purpose of Review: ☐ Enhanced Supports ☐ CABS ☐ BAPRC consult ☐ Other (note below)

Description of purpose *if other*:

Approval Length: ☐ Denial ☐ 30 days ☐ 3 months ☐ 6 months ☐ 9 months ☐ 12 months

☐ Expiration of Plan

### I. BSP Identifying information: This area contains a critical question

|                                                                                                                                                                                                                                                                             |                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| Was the author's name identified?                                                                                                                                                                                                                                           | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were the author's credentials identified?                                                                                                                                                                                                                                   | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Was the author's contact information available?                                                                                                                                                                                                                             | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Was the individual's date-of-birth available?                                                                                                                                                                                                                               | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Was there a statement on competency/guardianship?                                                                                                                                                                                                                           | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Was the individual/guardian involved in the development of the plan?<br><i>Evidence of this could be provided with the preference or reinforcer assessments or verbiage suggesting the person was involved in planning and programming</i>                                  | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were behaviors that could be related to medical need ruled out? *<br><i>If no, which behaviors were not probed and ruled out as medical issues?<br/>N/A only if topographies/descriptions do not suggest medical correlation</i>                                            | <input type="checkbox"/> Yes <input type="checkbox"/> No<br><input type="checkbox"/> N/A |
| Were the relevant disabilities identified?<br><i>"Relevant disabilities" are those which are closely connected to and affect the purpose of the BSP.</i>                                                                                                                    | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Was there a brief psychosocial history described?                                                                                                                                                                                                                           | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were potential psychosocial stressors that influence behavior identified?<br><i>Consider stressors such as change in residence, housemate incompatibility, change in long term staff, death of someone close to the person, change in behaviors, depression and others.</i> | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were previous interventions - either successful or unsuccessful - described?                                                                                                                                                                                                | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were strengths and interests of the individual listed?                                                                                                                                                                                                                      | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| TOTAL                                                                                                                                                                                                                                                                       | <input type="checkbox"/> N/A <input type="checkbox"/> Yes <input type="checkbox"/> No    |

### II. BSP – \*Functional Behavior Assessment (FBA): This is a critical area for consideration with approval period

|                                                                                        |                                                          |
|----------------------------------------------------------------------------------------|----------------------------------------------------------|
| Was there evidence that an FBA was completed?*                                         | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Was there evidence that an FBA was current? * <i>Must provide date within 365 days</i> | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Were direct methods of assessment utilized when developing the intervention? *         | <input type="checkbox"/> Yes <input type="checkbox"/> No |

|                                                                                                                                                                                                                                                                         |                                                                                          |
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| If there is no evidence of in-person, direct methods of assessment, a 30 Day approval MUST BE submitted. Evidence should contain information regarding setting, time, events, presentation of known triggers, presence or absence of target behaviors with ABC analysis |                                                                                          |
| Were potential psychosocial stressors that influence behavior identified?                                                                                                                                                                                               | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were medical and/or psychiatric conditions that influence behavior identified?                                                                                                                                                                                          | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| If applicable, were psychotropic medications listed?                                                                                                                                                                                                                    | <input type="checkbox"/> Yes <input type="checkbox"/> No<br><input type="checkbox"/> N/A |
| Was the person's ability to communicate identified?                                                                                                                                                                                                                     | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were potential setting events identified?<br>If not actual setting events, mark "no"                                                                                                                                                                                    | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were potential antecedents identified?                                                                                                                                                                                                                                  | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were potential consequences identified?                                                                                                                                                                                                                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Was the proposed hypothesis of function(s) of behavior identified?*                                                                                                                                                                                                     | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Did the proposed hypothesis of function(s) of behavior appear valid?*                                                                                                                                                                                                   | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| For example, does the descriptive information suggest that it is one function but the FBA states another; are all behavior simply listed as "multi-functional," are behaviors that are typically tangible or automatic listed as attention, etc.                        |                                                                                          |
| Was there evidence that less restrictive or intrusive interventions had been tried (including results)?                                                                                                                                                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| TOTAL                                                                                                                                                                                                                                                                   | ___ Yes ___ No                                                                           |

**III. BSP – Behaviors for Decrease (i.e., Target Behaviors):** This is a critical area for consideration with approval period

|                                                                                                                                                                                                                                                                                                                                     |                                                          |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| Were target behavior(s) adequately defined (e.g., objective, measurable, etc.)?*                                                                                                                                                                                                                                                    | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Were target behavior(s) appropriate to target (socially significant, age appropriate)?*<br>For example, caregivers may not like cursing, but it may not be an appropriate target for an adult. Similarly, if a person has a medical diagnosis of encopresis, addressing "inappropriate toileting" behaviors may not be appropriate. | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Was there a method of measurement identified for target behaviors?                                                                                                                                                                                                                                                                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Was there baseline data for all target behaviors?<br>In order to answer this "yes" the reviewer must review actual data. Verbal reports are not adequate evidence.                                                                                                                                                                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Was there ongoing and adequate data collection for all target? No large time gaps, missing data points, etc.                                                                                                                                                                                                                        | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| TOTAL                                                                                                                                                                                                                                                                                                                               | ___ Yes ___ No                                           |

**IV. BSP – Behaviors for Increase (i.e., Replacement Behaviors/Alternative Behaviors):**

|                                                                                      |                                                          |
|--------------------------------------------------------------------------------------|----------------------------------------------------------|
| Were replacement behavior(s) based upon the FBA (i.e., functionally equivalent)?     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Were replacement behavior(s) adequately defined (e.g., objective, measurable, etc.)? | <input type="checkbox"/> Yes <input type="checkbox"/> No |

|                                                                                                                                                                                                                                                                       |                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| Was there a method of measurement identified for replacement behaviors?                                                                                                                                                                                               | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Was there baseline data for all replacement behaviors?                                                                                                                                                                                                                | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Were the replacement behavior(s) individualized, based on skill, functioning, and/or diagnosis? <b>For example, a person that is legally blind should not be using picture cards and a person that can speak, should be using verbal language (for the most part)</b> | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Was there ongoing and adequate data collection for all replacement behaviors including graphic display with phase change lines when applicable?                                                                                                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Was the presented data type consistent with the stated goals' data type? <b>For example, are goals were stated as per opportunity but data presents as frequency.</b>                                                                                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| TOTAL                                                                                                                                                                                                                                                                 | ___ Yes ___ No                                           |

**V. BSP – Interventions:** This is a critical area for consideration with approval period

|                                                                                                                                                                                                                                                                                                                 |                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| Were strategies to promote replacement behavior(s) defined?                                                                                                                                                                                                                                                     | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were preventative, proactive and/or antecedent-based strategies identified and individualized? <b>Strategies should show no evidence of copy and paste, but individualized based on the function of target behaviors, the individual's environment, and the communication methods that the individual uses.</b> | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were consequence-based strategies identified?<br><b>Look for strategies that identify appropriately responding to behaviors of concern.</b>                                                                                                                                                                     | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| If applicable, consequence-based strategies, was the criterion for termination of intervention identified? <b>Reactive strategies necessitating calm criteria could include planned ignoring or brief hand-holding.</b>                                                                                         | <input type="checkbox"/> Yes <input type="checkbox"/> No<br><input type="checkbox"/> N/A |
| Was there a detailed schedule(s) of reinforcement based on individual preference?<br><b>Ideally also based on baseline data to be effective. Must include the how, what, where, and when of a reinforcement schedule.</b>                                                                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Do interventions appear to be least intrusive/restrictive and/or most appropriate?                                                                                                                                                                                                                              | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| If applicable, is there a current special circumstance review and approval?*                                                                                                                                                                                                                                    | <input type="checkbox"/> Yes <input type="checkbox"/> No<br><input type="checkbox"/> N/A |
| *If applicable, does the use of restrictive devices meet the requirements in the Special Circumstance Review?*                                                                                                                                                                                                  | <input type="checkbox"/> Yes <input type="checkbox"/> No<br><input type="checkbox"/> N/A |
| Do interventions align with person-centered planning and individual strengths and preferences?*                                                                                                                                                                                                                 | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| TOTAL                                                                                                                                                                                                                                                                                                           | ___ N/A ___ Yes ___ No                                                                   |

**VI. BSP – Treatment Integrity:**

|                                                                                                                   |                                                          |
|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| Was there a description of prescribed competency-based staff training?                                            | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Was there evidence (documentation) that all staff who support the individual had been trained on the current BSP? | <input type="checkbox"/> Yes <input type="checkbox"/> No |

|                                                           |                                                          |
|-----------------------------------------------------------|----------------------------------------------------------|
| Was the documentation of staff training uploaded to IDDC? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| TOTAL                                                     | ___ Yes ___ No                                           |

**VII. BSP – Program Monitoring:**\* This is a critical area for consideration with approval period

|                                                                              |                                                          |
|------------------------------------------------------------------------------|----------------------------------------------------------|
| Were data for target behaviors regularly (at least monthly) summarized?      | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Were data for target behaviors regularly graphically displayed?*             | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Did graphs for target behaviors include phase change lines?                  | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Were data for target behaviors regularly analyzed?*                          | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Were data for replacement behaviors regularly (at least monthly) summarized? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Were data for replacement behaviors regularly graphically displayed?*        | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Did graphs for replacement behaviors include phase change lines?             | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Were data for replacement behaviors regularly analyzed?*                     | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| TOTAL                                                                        | ___ Yes ___ No                                           |

**VIII. BSP – Goals of Treatment:**

|                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| Were objective criteria identified for success (i.e., for target and replacement behaviors)?                                                                                                                                                                                                                                                                                                                                     | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were objective criteria identified for revision (i.e., for target and replacement behaviors)?                                                                                                                                                                                                                                                                                                                                    | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were objective criteria identified for termination of plan?                                                                                                                                                                                                                                                                                                                                                                      | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were objective criteria for the above based on baseline data?                                                                                                                                                                                                                                                                                                                                                                    | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Were objective criteria for the above appropriate measures (ex. Verbal aggression may remain above 0 but suicide attempts should be targeted at 0)? <b>Health dangerous behaviors should be targeted to 0, verbal aggression is almost never appropriate at 0, depending on the definition.</b>                                                                                                                                  | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| If applicable, was there evidence (documentation) that data (frequency & duration) on the use of intrusive or restrictive interventions had been collected, graphed, and analyzed (at least monthly) by the clinician? <b>In order for this question to be marked “N/A”, the clinician must designate reasons (health, guardian or otherwise) why manual restraint or other physical interventions <i>cannot</i> be utilized</b> | <input type="checkbox"/> Yes <input type="checkbox"/> No<br><input type="checkbox"/> N/A |
| TOTAL                                                                                                                                                                                                                                                                                                                                                                                                                            | ___ Yes ___ No                                                                           |

**IX. BSP – Risks and Benefits:**

|                                                                                                                                                                                 |                                                          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| Were the potential risks of physical harm identified?<br><b>Phrases like, “There is no risk” or “risk is minimal” is not acceptable identification of potential risks.</b>      | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Were the potential risks of psychological harm identified?<br><b>Phrases like, “There is no risk” or “risk is minimal” is not acceptable identification of potential risks.</b> | <input type="checkbox"/> Yes <input type="checkbox"/> No |

|                                                                                                       |                                                          |
|-------------------------------------------------------------------------------------------------------|----------------------------------------------------------|
| Were there adequate descriptions of intrusiveness and/or restrictiveness of prescribed interventions? | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Were the potential benefits of interventions identified?                                              | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| TOTAL                                                                                                 | ___ Yes ___ No                                           |

**X. BSP – Review and Approvals\*:** This is a critical area for consideration with approval period

|                                                                                                                                                          |                                                                                          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| Has the BSP been reviewed and approved by the individual or guardian? <b>If the person has been adjudicated as incompetent, it must be the guardian.</b> | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| Has the BSP been reviewed and approved by the clinician designated by the program?                                                                       | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| If necessary or required, has the BSP been reviewed and approved by a human rights committee? <b>Critical</b>                                            | <input type="checkbox"/> Yes <input type="checkbox"/> No<br><input type="checkbox"/> N/A |
| Does the BSP appear to align with the HCBS Settings Rule regarding personal choice and rights of the individual? <b>* Critical</b>                       | <input type="checkbox"/> Yes <input type="checkbox"/> No                                 |
| TOTAL                                                                                                                                                    | ___ Yes ___ No                                                                           |

## XI. BSP – Review Outcome:

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| The BSP met ____/____ Criteria<br>*Critical Areas of Need: <b>Any critical area that is marked “no” should be written here</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Requirements: must be met prior to the end of the approval period</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <ul style="list-style-type: none"> <li>Any critical need</li> <li>Counterindications</li> <li>Data issues- no data, inappropriate measures, no graphs, etc.</li> <li>No signatures, statements of competency, training logs</li> </ul> <ol style="list-style-type: none"> <li>According to the provisions set forth in the Home and Community Based Settings Rule, individuals receiving waiver services are entitled to the same liberties as any and all other adult citizens. While adherence to a doctor's recommendation is highly encouraged, in the end, all citizens have the right to refuse. In a case such as this, restricting food/strict adherence to a diet is highly likely to increase behavioral challenges. Although encouragement, coaching, training, and suggesting are all helpful strategies to increase compliance with medical recommendations, strict adherence and restriction are not appropriate. Where individuals have refused orders or suggestions, ongoing efforts to educate and train on the benefits of adherence should be documented. Individuals in waiver services ultimately have the right to make their own decisions.</li> </ol> |
| <b>Recommendations: general recommendations to improve grammar, readability, etc.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <ul style="list-style-type: none"> <li>Copy-paste issues</li> <li>Wrong name, gender etc.</li> <li>Poor grammar, spelling</li> <li>Basically anything not measured with yes/no in the review tool</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

|                                                                                                                                                                                                                                                  |      |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| RBA Signature and Date:                                                                                                                                                                                                                          |      |
| Name and Credentials<br>Provided to:<br>Date provided:<br>Delivery Method:<br>Provided “Best Practice Standards” (required for all denials, 30 days, and 3-month approvals)<br><input type="checkbox"/> YES <input type="checkbox"/> NO- explain | Date |

## BSP Review Tool Approval Period Guidelines

|                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|-------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 12 months                                                                     | <ul style="list-style-type: none"> <li>• No requirements</li> <li>• Recommendations are minor and do not include wrong name, gender, etc.</li> <li>• Data is fine but could be improved</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                     |
| 9 months                                                                      | <ul style="list-style-type: none"> <li>• No requirements</li> <li>• Recommendations not met on a 12-month approval</li> <li>• Data is missing for replacement behaviors, staff training, etc. but everything else is fine <b>and not harmful.</b></li> </ul>                                                                                                                                                                                                                                                                                                                           |
| 6 months                                                                      | <ul style="list-style-type: none"> <li>• Minor requirements that are not listed as critical</li> <li>• Recommendations not met on a 9-month approval</li> <li>• <b>FBA appears incomplete or needing additional, ongoing analysis</b></li> <li>• Non-individualized schedules of reinforcement, antecedent strategies etc.</li> <li>• <b>Maximum for all Special Circumstance</b></li> </ul>                                                                                                                                                                                           |
| 3 months                                                                      | <ul style="list-style-type: none"> <li>• Minor requirements that are not listed as critical</li> <li>• Requirements and/or recommendations not met on a 6-month approval</li> <li>• Data based on “verbal reports”</li> <li>• Target behaviors that are not well-defined, but do not place the individual at undue risk</li> </ul>                                                                                                                                                                                                                                                     |
| 30-days                                                                       | <ul style="list-style-type: none"> <li>• Human Rights restriction with no evidence of review/approval</li> <li>• Protective/Restrictive Equipment with no special circumstance review</li> <li>• Contraindicated interventions, <b>punishment interventions</b></li> <li>• Target behaviors that place the individual at risk <b>or are not socially acceptable, but are not harmful</b></li> <li>• <b>No evidence of direct, on-site methods during FBA</b></li> </ul>                                                                                                                |
| Denial<br>*Any denial must be sent to Drs. Ford and Foster Marone immediately | <ul style="list-style-type: none"> <li>• Any plan that puts the person in jeopardy, based solely on aversive techniques, <b>behaviors are targeted for reduction that are dangerous or in direct violation of the HCBS Settings Rule regarding individual’s rights, interventions are blatantly out of line with FBA results, FBA results are invalid, and/or individual is high-priority and experiencing a large number of behaviorally-related critical incidents</b></li> <li>• Requirements of 30-days not met</li> <li>• No FBA or FBA does not appear to be accurate</li> </ul> |