

Region 1 Field Office

1230 Bald Ridge Marina Road · Suite 800 · Cumming, Georgia 30041 (678) 947-2818 · Fax (678) 947-2817 · Toll Free (877) 217-4462

DBHDD Region 1 Field Office

The Department of Behavioral Health and Developmental Disabilities (DBHDD) has six regional field offices across Georgia in an effort to be more accessible to the stakeholders involved with the public behavioral health system.

Each field office coordinates a community-based system of care through contracted providers for eligible individuals. The community-based system allows individuals to receive care in the least restrictive setting possible while helping them to obtain a life of recovery and independence.

Each field office provides leadership in building a local collaborative to help inform and communicate about available services; offers technical assistance; and serves as the point of contact for individuals who have difficulty accessing services.

Region 1 Field Office encompasses the following counties in North Georgia: Banks, Bartow, Catoosa, Chattooga, Cherokee, Cobb, Dade, Dawson, Douglas, Fannin, Floyd, Forsyth, Franklin, Gilmer, Gordon, Habersham, Hall, Haralson, Hart, Lumpkin, Murray, Paulding, Pickens, Polk, Rabun, Stephens, Towns, Union, Walker, White, and Whitfield.

The Regional Advisory Council is a volunteer board comprised of citizens from each of the 31 counties in Region 1. The Council identifies community needs and gaps in the current service system and makes recommendations to DBHDD.

The Region 1 Field Office is located in Cumming, Georgia.

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Georgia Department of Behavioral Health & Developmental Disabilities Frank W. Berry, Commissioner

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Region 1 Field Office

Contact Information

Behavioral Health Regional Services Administrator Kimberly Briggs <u>kimberly.briggs@dbhdd.ga.gov</u>

Developmental Disabilities Regional Services Administrator Elise Beumer <u>elise.beumer@dbhdd.ga.gov</u> Georgia Department of Behavioral Health and Developmental Disabilities State Psychiatric Hospitals, Private Hospitals (Contracted) and Community Service Areas



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3 - Avita Co 4 - Cobb Co	Rivers Commun mmunity Partner mmunity Service Community Serv	e Board		11 - CSB of East (12 - River Edge B 13 - Oconee Com 14 - Ogeechee Be	ehaviora munity S	al Health C Service Bo	Center ard	ehavioral Health)	 20 - Albany Area Community Service Board 21 - Georgia Pines Community MHMRSA Services 22 - Behavioral Health Services of South Georgia 23 - Community Service Board of Middle Georgia
6 - Fulton C	ounty MHDDAD			15 - Pathways Ce	nter for	Behaviora	I & Devel	opmental Growth	24 - Pineland Area Community Service Board
	Community Serv Community Servi			16 - Mcintosh Trai 17 - New Horizons					25 - Unison Behavioral Health (formerly Satilla CSB) 26 - Gateway Community Service Board
9 - View Poi	int Health (forme	rly GRN	CSB)	18 - Middle Flint B	Behavior	al Healthc	are	*NOTE: Number	ed Service Areas are for identification purposes only.

DBHDD Office of Decision Support & Information Management (Updated: 06/17/2014)

Georgia Department of Behavioral Health and Developmental Disabilities State Psychiatric Hospitals, Private Hospitals (Contracted) and Community Service Areas



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DBHDD, Office of Decison Support & information Management (Created: 07/29/2013).

Community Service Providers Located in Region 1 Tier 1 and Tier 1 ¹⁄₂

Georgia Crisis & Access Line - (800) 715-4225

Lookout Mountain Community Services

P.O. Box 1027 LaFayette, GA 30728 Phone: (706) 638-5584 Fax: (706) 638-5585

Counties Served: Catoosa, Chattooga, Dade, Walker

Tom Ford, Director tomf@lmcs.org

Counties Served:

Highland Rivers Community Service Board

1401 Applewood Drive, Suite 5 Dalton, GA 30720 Phone: (706) 270-5000 Fax: (706) 270-5124 Toll Free: (800) 923-2305 Bartow, Cherokee, Fannin, Floyd, Gilmer, Gordon, Murray, Paulding, Pickens, Polk, Whitfield

Melanie Dallas, CEO/Executive Director melaniedallas@highlandrivers.org

Haralson Behavioral Health Services

Haralson County Board of Health 1449 Temple Rd Bremen, GA 30110 Phone: (770) 537-2367 Fax: (770) 537-1203

Avita Community Partners

4331 Thurmond Tanner Road Flowery Branch, GA 30542 Phone: (678) 513-5700 Fax: (678) 513-5829

Cobb CSB

3830 S. Cobb Drive, Suite 300 Smyrna, GA 30080 Phone: (770) 429-5000 Fax: (770) 528-9824

County Served: Haralson

Melody Harpe, CEO melodyharpe@haralson-bhs.org

Counties Served:

Banks, Dawson, Forsyth, Franklin, Habersham, Hall, Hart, Lumpkin, Rabun, Stephens, Towns, Union, White

Cindy Levi, CEO cindy.levi@avitapartners.org

Counties Served: Cherokee, Cobb, Douglas

Bryan Stephens, Interim CEO bgstephens@cobbcsb.com

Douglas Community Service Board

680 Thornton Way Lithia Springs, GA 30122 Phone: (770) 949-8082

Counties Served: Douglas

Bryan Stephens, Interim CEO <u>bgstephens@cobbcsb.com</u>

Georgia Hope

1414 Dug Gap Road Dalton, GA 30722 Phone: (706) 279-0405 Fax: (706) 279-4190

Counties Served:

Bartow, Catoosa, Chattooga, Cherokee, Dade, Fannin, Floyd, Gilmer, Gordon, Murray, Pickens, Polk (Child & Adolescent Services Only), Walker, Whitfield

Tanya Smith, CEO tanyasmith@gahope.org

Community-Based Services Available in Region 1

BEHAVIORAL HEALTH

Mental Health Services

Adult Core Services are basic outpatient services for people with a serious mental illness or an addictive disease. Services consist of evaluations by both a psychiatrist and a nurse; the development of a treatment plan, which may include prescription medication; a schedule of appointments for outpatient counseling; supported employment; and home visits by a community service worker. In Region One, these services are provided by four Community Service Boards (CSBs), one county board of health (Haralson County) and one private provider. Behavioral Health Core Services include:

- Behavioral Health Assessment and Service Plan Development
- Psychological Testing
- Diagnostic Assessment
- Crisis Intervention
- Psychiatric Treatment
- Nursing Assessment and Care
- Medication Administration
- Community Support
- Individual Outpatient Services
- Group Outpatient Services
- Family Outpatient Services
- Pharmaceutical Treatment

Adult Inpatient Hospitalization Services support individuals whose behaviors or symptoms are too acute to be effectively managed in a CSU. These services are provided through contracts with seven private psychiatric hospitals. Upon discharge from the hospitals, patients are referred to a core provider for outpatient care.

Adult Residential Services range from intensive treatment in a small residential setting to providing rent supplements to help persons in recovery live as independently as possible. Residential services may be provided in CSB-operated group homes, or by supported housing in HUD or personal care homes. In Region One, approximately 380 residential beds serve an estimated 500 people per year.

Assertive Community Treatment (ACT), also known as "a hospital without walls," provides full service teams, with small caseloads, that offer more intense services in the community. Region One has three ACT teams provided by the CSBs. Each team focuses on individuals with a serious mental illness who are most at risk for re-hospitalization, homelessness or incarceration. This service is specified in the DOJ Settlement Agreement.

Case Management (CM) and Community Service Teams go to individuals in their homes, or other places in the community, to support recovery efforts. Caseloads are usually

limited to 30 individuals per staff member. These services are adjunct to the Core Services individuals receive and are designed to foster successful living in the community.

Crisis Stabilization Units (CSUs) function as emergency receiving facilities and provide crisis services in residential settings to rapidly stabilize the behaviors and symptoms of individuals in acute phases of mental illness, or to provide detoxification services to people high on drugs or alcohol. Individuals are usually discharged in five or fewer days and are referred to a core provider for outpatient services. There are five Crisis Stabilization Units (CSUs) in Region One operated by three CSBs. These CSUs have a combined capacity of 106 beds and admit an average of 515 people per month.

Community Support Team (CST) address the intensive needs of individuals with severe and persistent mental illness living in rural areas who are difficult to engage in treatment and have a history of multiple inpatient hospital admissions or extended stays, multiple discharges from crisis stabilization units, or discharge from correctional facilities or other institutional settings. CST is a restorative, recovery-focused intervention that helps individuals access services, self-manage their illness, develop independent community living skills, and achieve stable living arrangements. A multi-disciplinary team comprised of a licensed clinician, registered nurse, paraprofessional(s), and a certified peer specialist work closely with the individual, physician, and other recovery-supporting service providers to help the individual become as independent as possible, and ensure continuity of care without disruption. Team members deliver the majority of interventions in the individual's home or community. Services include nursing, symptom management, medication administration, referral and linkage, care coordination, individual counseling, skills training, relapse prevention, and crisis planning

Georgia Crisis and Access Line (GCAL) is the central point of entry for all behavioral health services in Georgia. GCAL is a 24 /7 toll free help-line that directs individuals to personalized services to meet their immediate needs.

Housing Vouchers provide supported housing and bridge funding to persons with serious and persistent mental illness. Supported housing helps individuals attain and maintain safe and affordable housing while supporting their integration into the community. The program is designed to provide housing supports for tenants who are deemed ineligible for any other benefits or for whom a HUD voucher is not available.

Intensive Case Management (ICM) provides individualized supports and resource coordination for adults with a mental illness. ICM facilitates independent functioning, access to necessary services and an environment that promotes recovery. ICM interventions help individuals identify service needs; develop strategies and supportive interventions to avoid out-of-home placement or the need for more intensive services; increase social support networks; and coordinate rehabilitative services. Participation in ICM is expected to decrease psychiatric hospitalizations, incarcerations and episodes of homelessness, and increase housing stability and participation in employment activities.

Mobile Crisis Response Services : Mobile Crisis Teams have staff on-call 24/7 to respond to any crisis call related to a mental illness or substance abuse issue. The teams conduct face-to-face evaluations at the site of crisis and make recommendations for further treatment if needed. This service is offered via contracted provider and is available in all 31 counties in Region One.

Peer Support Services provide structured activities within a peer support center that promote socialization, recovery, wellness, self-advocacy, development of natural supports and maintenance of community living skills. Individual Peer Support services are provided in the community by Certified Peer Specialists and help individuals achieve their recovery goals. Peer services are often provided by individuals with lived recovery experience. Activities are consumer motivated, initiated and/or managed and assist individuals in living as independently as possible.

Supported Employment emphasizes that rapid job search and placement should be prioritized above traditional prevocational training or traditional vocational rehabilitation. Job development, placement and training assist people who, due to the severity of their disabilities, need support to locate, choose, obtain, learn and maintain a job. Services include supports to choose and obtain paid employment at competitive wages, individually-based community jobs, and brief training to learn the specific skills necessary to perform and retain a particular job.

Addictive Disease Services

Specialty Services: Intensive Residential Treatment Services provide 24/7 clinically managed medium/high intensity services in residential settings for individuals with a substance use disorder. These services help clients successfully maintain sobriety while transitioning into recovery. Through skill building programming, individuals are able to transition into stable housing in the community and increase self-sufficiency.

DEVELOPMENTAL DISABILTIES

Developmental Disabilities Services

All services are designed to encourage and build on existing social networks and natural sources of support, and to promote inclusion in the community and safety in the home environment. Contracted providers are required to have the capacity to support individuals with complex behavioral and or medical needs.

The services a person receives depends on a professional determination of level of need and the services and other community resources available:

Behavioral Supports Consultation is the professional-level service that assists participants with significant, intensive and challenging behaviors that interfere with activities of daily living, social interaction, work or similar situations.

Community Access is designed to help participants acquire, retain or improve self-help, socialization and adaptive skills required for active participation and independent functioning outside the home.

Community Guide services are only for participants who opt for participant direction. These services help participants to define and direct their own services and supports and to meet the responsibilities of participant direction.

Community Living Support services are individually tailored supports that assist with the acquisition, retention or improvement of skills related to participants' continued residence in their family homes.

Community Residential Alternatives are available to individuals who require intense levels of residential support in small group settings of four or fewer or in host home/life-sharing arrangements. Services include a range of interventions that focus on training and support in one or more of the following areas: eating and drinking, toileting, personal grooming and health care, dressing, communication, interpersonal relationships, mobility, home management and use of leisure time.

Crisis Respite Homes exist in residential settings and provide short-term crisis services. Each home serves up to four individuals who are experiencing an emotional/behavioral change and/or distress that leads to a disruption of essential functions. Placement in Crisis Respite Homes occurs when individuals have not responded to less restrictive crisis interventions.

Environmental Accessibility Adaptation consists of physical adaptations to participants' (or family members') homes which are necessary to ensure the health, welfare and safety, or which enable individuals to function with greater independence in the home.

Financial Support Services are provided to assure that participant-directed funds outlined in Individual Service Plans are managed and distributed as intended.

Group Homes are licensed homes that serve up to four individuals with developmental disabilities who require intense levels of residential support. Group Homes provide a range of interventions that focus on training and support in one or more of the following areas: eating and drinking, toileting, personal grooming and health care, dressing, communication, interpersonal relationships, mobility, home management and use of leisure time.

Host Homes are private homes of individuals or families, whether owned or leased, in which life-sharing, residential supports are provided to one or two adults with developmental disabilities, who are not to be related to the occupant owner or lessee by blood or marriage. The homeowners or lessees may not be employed by the provider agency that subcontracts for the host home services.

Individual Directed Goods and Services that are not otherwise be provided through the NOW or Medicaid State Plan may be identified by individuals, support coordinators and interdisciplinary teams, and include services, equipment and supplies.

Individual Support Plan is the range of services an individual receives based on professional determination of need.

Mobile Crisis Services dispatch Mobile Crisis Teams (MCTs) to crisis locations for individuals with developmental disabilities. MCT members are responsible for completing comprehensive assessments of each crisis situation and mitigating risks to health and safety of individuals in crisis and/or others. MCTs also make referrals to intensive crisis services or hospital emergency rooms if necessary.

Natural Support Training exists for individuals who provide unpaid support, training, companionship or supervision to participants.

Prevocational Services prepare participants for paid or unpaid employment and include teaching concepts such as compliance, attendance, task completion, problem solving and safety.

Respite Services provide brief periods of support or relief for individuals with disabilities or their caregivers and include maintenance respite for planned or scheduled relief or emergency/crisis respite for a brief period of support for participants experiencing crisis (usually behavioral) or in instances of family emergency.

Specialized Medical Equipment consists of devices, controls or appliances specified in the Individual Service Plan, which enable participants to increase their abilities to perform activities of daily living and to interact more independently with their environment.

Specialized Medical Supplies consist of food supplements, special clothing, diapers, bed wetting protective sheets and other authorized supplies specified in the Individual Service Plan.

Support Coordination is a set of interrelated activities that identify, coordinate and review the delivery of appropriate services with the objective of protecting the health and safety of participants while ensuring access to services.

Supported Employment enables participants, for whom competitive employment at or

above the minimum wage is unlikely absent the provision of supports, to work in a regular work setting.

Transportation services enable participants to gain access to waiver and other community services, activities, resources, and organizations typically utilized by the general population. These services do not include transportation available through Medicaid non-emergency transportation or as an element of another waiver service.

Vehicle Adaptation includes adaptations to participants' (or family members') vehicles approved in the Individual Service Plan, such as hydraulic lifts, ramps, special seats and other modifications to allow for access into and out of the vehicle as well as safety while moving.

New Options Waiver (NOW) and Comprehensive Supports Waiver (COMP)

The New Options Waiver (NOW) and Comprehensive Supports Waiver (COMP) are Medicaid programs that provide supports to people living with developmental disabilities who want to live at home or in other kinds of community living arrangements. The services offered through these waivers provide supports 24 hours a day, 7 days a week.

The NOW Waiver provides supports to individuals who need less intensive services and do not need 24-hour care. It was designed for people with disabilities who live with family members or in their own home.

The COMP Waiver was designed for people who need a full range of out-of-home services or intensive in-home services. It is also used for people who are transitioning out of institutions into community living.

The New Options Waiver (NOW) and Comprehensive Supports Waiver (COMP) programs represent Georgia's continuous commitment to improve home and community-based services for persons with developmental disabilities.

Both NOW and COMP provide:

- Supports for community connection building and participant direction
- Significant support coordination services to participants and their families
- A participant-centered assessment process to determine individual support needs
- An Individual Service Plan to address the needs of the individual and their family
- An individual budget and a simplified individual budget process that increases flexibility in service delivery to meet individual needs, including a process for interim modifications to the budget
- Significant safeguards for participants and families to ensure the delivery of quality services and supports; and the use of qualified service providers

Service Delivery Methods: All NOW and COMP program participants have two options for receiving services. Participants may choose the provider managed (traditional) service delivery option, or opt to self direct allowable waiver services under the Participant-Direction Option. Both of these methods give participants and family members flexibility, choice and control over the delivery of the waiver services.

Implementation: The Department of Behavioral Health and Developmental Disabilities (DBHDD), Division of Developmental Disabilities implements and oversees day-to-day operations of the waivers. The Department of Community Health (DCH) is the State Medicaid

Agency and has oversight of the waivers.

DBHDD is responsible for participant/individual needs assessments, level of care (LOC) determinations, Intake and Evaluation of current and potential waiver recipients, and the assignment of support coordination services. The Department also manages provider enrollment, certification and approvals, in conjunction with DCH.

Behavioral Health Emergency Receiving Facilities

CRISIS STABILIZATION UNITS:

Highland Rivers Community Service Board 1401 Applewood Drive, Suite 1 CEO: Melanie Dallas melaniedallas@highlandrivers.org Dalton, GA 30720 **Treatment Services/Crisis Stabilization Program** Tommy Brooks, RN 900 Shugart Road Dalton, GA 30720 tommybrooksstevesisson@highla Phone: (706) 275-5107 Medical Director: Ujwal Siddam Reddy, MD Fax: (706) 270-5102 **Crisis Stabilization Program Residential Treatment Unit** Carmen Robinson/RN 180 Water Oak Drive Cedartown, GA 30125 carmenrobinsonsherriedunaway@hi Medical Director: Nizamuddin Khaja, MD Phone: (770) 748-0030 Fax: (770) 748-0193

Rome Adult Crisis Stabilization Program

1 Woodbine Avenue Manager Rome, GA 30165

Sherrie Dunaway, ASN/RN, Nurse

Phone: (706) 314-0019 Fax: (706) 314-0343

sherriedunawaytommybrooks@highlandrivers.org

Medical Director: Joseph Kent Seal, MD

Avita Community Partners Community Service Board

4331 Thurmond Tanner Parkway Director: Cindy Levi Flowery Branch, GA 30542 cindy.levi@avitapartners.org

Medical Director:

Interim Director:

Avita Crisis Stabilization Program

Phone: (678) 960-2700 Fax: (678) 513-5833

Mary Donna McAvoy, Nurse Manager mary.mcavoy@avitapartners.org Karim Gokal, MD

Cobb-Douglas Community Service Board

3830 S. Cobb Drive, Suite 30 Smyrna, GA 30080

Bryan Stephens bgstephens@cobbcsb.com

Cobb Behavioral Health Crisis Center (BHCC)

1758 County Services Pkwy InterimProgram Director: James Cabble jcabble@cobbcsb.com Marietta, GA 30008 Nurse Manager: Donna Edwards

Phone: (404) 794-4857 Fax: (770) 630-0737

dedwards@cobbcsb.com

PRIVATE HOSPITAL RECEIVING AND EVALUATIONS FACILITIES:

Wellstar Cobb Hospital 3950 Austell Road Austell, GA 30106	Admissions: Clinical/Nurse Manager:	(770) 732-3789 (770) 732-6568
Laurelwood Hospital 743 Spring Street Gainesville, GA 30501	Admissions: Clinical/Nurse Manager:	(770) 219-6037 (770) 219-6533
Summit Ridge Hospital 250 Scenic Highway Lawrenceville, GA 30846	Admissions: Clinical/Nurse Manager:	(678) 442-5858 (678) 442-5903
Anchor Hospital 5454 Yorktown Drive Atlanta, GA 39349	Admissions: Clinical/Nurse Manager:	(770) 991-6044 (770) 219-6533
Willowbrooke at Tanner Health System 20 Herrell Road Villa Rica, GA 30180	Admissions: Clinical/Nurse Manager:	(770) 456-3266 (770) 456-3960
Peachford Hospital 2151 Peachford Road Atlanta, GA 30338	Admissions: Clinical/Nurse Manager:	(770) 454-2302 (770) 454-2327
Floyd Behavioral Health 306 Shorter Avenue Rome, GA 30165	Admissions: Clinical/Nurse Manager:	(706) 509-3500 (706) 509-3529