

# Georgia Department of Behavioral Health & Developmental Disabilities

Frank E. Shelp, M.D., M.P.H., Commissioner

#### Office of Advocacy

Two Peachtree Street NW, Suite 24-495, Atlanta, Georgia 30303-3142 ~ 404-657-2252

# **Training Announcement Peer Specialist Certification Training**

Certified Peer Specialists To:

**Regional Coordinators** 

Executive Directors of Community Service Boards and other MH & AD Providers

Mark Baker, Director of Advocacy, DBHDD From:

> Sherry Jenkins Tucker, CPS, Executive Director GMHCN Bob R. Patterson, CPS - Project Director, CPS Project

CC: **DBHDD Management Team** 

Date: 6/29/2011

Title: **Peer Specialist Certification Training** 

**Description:** We are pleased to announce the upcoming August 2011 certification training for Peer Specialists at The Lodge at Simpsonwood in Norcross, GA, August 8-18, 2011. The Georgia CPS Project is an initiative of the Division of DBHDD in partnership with the Georgia Mental Health Consumer Network. Please note the training schedule, cost, and application procedure below. Attached please also see the required application material for prospective participants.

> The August 2011 training marks our 31st to date. There are approximately 614 Certified Peer Specialists from GA, including those who have joined us for training from 12 other states and 4 Canadian Provinces. Certified Peer Specialists (CPSs) work in a variety of settings both within and outside of the mental health system and are leaders in some of GA's newest initiatives: The Medical College of GA has hired a CPS to bring strengths based recovery and the concept of peer support to student physicians, psychologists and psychiatrists. CPSs in Milledgeville are supporting consumers currently transitioning from long-term hospitalization into the community under the Olmstead Law. A CPS in partnership with clinical providers in a traditional system has created The Peer Support Specialist Program of the Veteran's Administration in Augusta. The presence of one CPS in the lives of Georgia's consumers is a powerful statement of belief in the reality of recovery and the power of peer support to aid in recovery.

> Georgia shines because of its consumer leadership. Carol Coussons de Reyes was the first CPS to serve as Director of the Consumer Relations and Recovery Section of the Division of Behavioral Health and Developmental Disabilities. The Georgia Mental Health Consumer Network continues under the leadership of Executive Director and CPS Sherry Jenkins Tucker. The partnership forged by these organizations has underscored Georgia's determination to be a leader in mental health system transformation.



The National Institute of Medicine promotes the GA CPS Project as a model for other states to emulate. The Annapolis Coalition on Behavioral Health Workforce has also identified the Project as an "innovative and exceptional practice". The Center for Mental Health Services (CMHS), part of the Substance Abuse and Mental Health Services Administration (SAMHSA), released a Resource Kit, <u>Building a Foundation for Recovery:</u>

How States Can Bill Medicaid for Peer Support Services and Train a Workforce of Peers. The Centers for Medicare and Medicaid Services (CMS) recently endorsed peer support services, a milestone accomplishment that will allow other states to tap into a steady funding mechanism for peer support services.

Training graduates are eligible to sit for the certification exam given in Atlanta approximately one month after their training. Certified Peer Specialists are expected to attend continuing education held twice a year. Georgia's CPSs are prepared to meet Medicaid requirements for reimbursement in Peer Supports, ACT, and CPSs also serve in PSR, CSI, and wherever the power of consumer role models can and should be felt.

For more information, go to http://www.gacps.org

**Presenters:** Presenters from Appalachian Consulting, and the Georgia Mental Health Consumer

Network, will conduct the training with guest presenters from APS Healthcare, Georgia

Advocacy Office and other community partners.

**Audience:** This training is for current or former consumers of Mental Health services in Georgia, who

have an interest in peer support for individuals who have been diagnosed with Mental

Illness or a dual diagnosis of Mental Illness and Addictive Disease.

### Date, Time & Location: (Both weeks are required)

Date	Time	Location
Week One:	Beginning at 1:00 PM on Monday August 8 and ending on Friday August	The Lodge at Simpsonwood
August 8-12, 2011	12 at 12:00 PM.	4511 Jones Bridge Circle, NW Norcross, GA 30092
Week Two: August 15-18, 2011	Beginning at 1:00 PM on Monday August 15 and ending on Thursday August 18 at 1:00 PM.	http://www.simpsonwood.org

#### Registration

Fee: \$85.00 (Covers the cost of the Participant's Manual, along with the Wellness Recovery

Action Plan by Mary Ellen Copeland, and other workbooks and materials. If not accepted

to the training, you may request that this fee is refunded.)

**Cost:** Hotel accommodations and meals are included **for the dates of the training only**.

(Those participants wishing to stay over the weekend between the training weeks can do so at an additional cost and must make their own arrangements with The Lodge at

Simpsonwood.)

Single Occupancy: \$798.00 per person (\$114.00 per night) Double Occupancy: \$539.00 per person (\$77.00 per night)

PLEASE NOTE THAT THE PROJECT DOES NOT ASSIGN ROOMMATES OR ASSIST WITH TRANSPORTATION. IT IS EXPECTED THAT PARTICIPANTS ARE ABLE TO MAKE THEIR OWN ARRANGEMENTS.

Deadline:

The deadline for all application materials is **July 25**, **2011**.

(Applications received after this date will be handled on a first come first serve basis as space permits.)

(Training class size is limited to 30-35 persons.)

**Application:** Those wishing to participate should complete and return the Application Form and Pre-Test below according to the following guidelines:

- Candidates must have a diagnosis of mental illness or a dual diagnosis of mental illness and addictive disease and a strong desire to identify themselves as a person with mental illness (current or former consumer of mental health services).
- Applicants must hold a GED or High School diploma. You may be requested to provide a copy of this document.
- In addition, applicants must demonstrate strong reading comprehension and written communication skills as indicated by their responses on the pre-test.
- Applicants must have demonstrated experience with leadership, advocacy, or governance, and be well grounded in your recovery (one year between diagnosis and application to the training).

#### Confirmation:

- If your application is accepted for this training you will be notified by telephone and provided additional information about lodging.
- To facilitate contact regarding your participation, please include an email address, daytime phone number and fax number.

Contact:

For more <u>information</u> on this event, you may contact:

Bob R. Patterson, CPS

**Project Director, GA CPS Project** 

Phone: 404-687-9487

Email: cpsproject@gmhcn.org

\* PLEASE CONTINUE TO THE NEXT PAGE \*

## GA PEER SPECIALIST CERTIFICATION TRAINING APPLICATION August 8-12 - continuing- August 15-18, 2011

#### I. Mail your \$85 Training Registration Fee to:

Georgia Mental Health Consumer Network Attn. Lynn Thogerson, Financial Manager 246 Sycamore Street/Suite 260 Decatur, GA 30030

Please specify name of applicant on your check or money order. For refund of the application fee of \$85.00, notify the CPS project at least five business days prior to the start of the training that you will not be attending. The fee can be refunded for any applicants not accepted upon request.

Please do not attempt to reserve a room until you receive notification that you have been accepted. Your Welcome Packet will contain your room reservation form for The Lodge at Simpsonwood.

II. II. Fax Application and Pretest to: The GA Certified Peer Specialist Project (GA CPS Project)

Fax: 404-687-0772 OR

Mail Application and Pretest to: Attn: Bob R. Patterson, CPS **Project Director** 246 Sycamore St, Suite 260 Decatur, GA

**Email Assistance: Bob Patterson, CPS:** cpsproject@gmhcn.org **Phone Assistance:** Bob R. Patterson 404-687-9487

If you have any difficulties, call Katie Patterson at 404-687-9487

> **Deadline for Applying:** July 25, 2011

If accepted to the training, you will be notified by telephone on or around July 27, 2011

For Internal Use Only: Date Rcvd	Confirmation of Receipt Mailed out: Yes	No
Notes		
Applicants full Name Date		
	alled:	
Please let us know if you red (Accommodations are not be	quire special accommodations and tell us what ac	commodations you need:

(Accommodations are not based on preferences.)

1) I am currently working as a Peer Specialist.  2) I am required by my agency to be certified.  3) I have been told by a mental health agency that I will be hired as a CPS once I pass the certification exam.  4) I am currently receiving services from the agency that is paying for my training  5) Name of agency paying for my training:  6) Voc Rehab is paying for my training  7) I am a self-pay participant  7) I am a self-pay participant  8) I am an out of state applicant.  Yes No			
3) I have been told by a mental health agency that I will be hired as a CPS once I pass the certification exam.  4) I am currently receiving services from the agency that is paying for my training Yes No  5) Name of agency paying for my training:  6) Voc Rehab is paying for my training  Yes No  Name and Phone Number of Voc Rehab counselor  7) I am a self-pay participant  Yes No	1) I am currently working as a Peer Specialist.	Yes	No
certification exam.  4) I am currently receiving services from the agency that is paying for my training  5) Name of agency paying for my training:  6) Voc Rehab is paying for my training  Name and Phone Number of Voc Rehab counselor  7) I am a self-pay participant  Yes No	2) I am required by my agency to be certified.	Yes	No
5) Name of agency paying for my training:  6) Voc Rehab is paying for my training  Name and Phone Number of Voc Rehab counselor  7) I am a self-pay participant  Yes No	·	Yes	No
6) Voc Rehab is paying for my training  Name and Phone Number of Voc Rehab counselor  7) I am a self-pay participant  Yes No	4) I am currently receiving services from the agency that is paying for my training	Yes	No
Name and Phone Number of Voc Rehab counselor  7) I am a self-pay participant  Yes No	5) Name of agency paying for my training:	_	
7) I am a self-pay participant Yes No	6) Voc Rehab is paying for my training	Yes	No
	Name and Phone Number of Voc Rehab counselor		
8) I am an out of state applicant. Yes No	7) I am a self-pay participant	Yes	No
	8) I am an out of state applicant.	Yes	No

If none of the above, please give us a brief description of your current situation:

Page 2. Fill out both columns. Leave blank any information you do not want us to use to contact you:

Your Name:	Home Telephone No.:
Name you prefer to be called:	Home Address:
County in which you work /volunteer/or receive services:	
Current status: (Check all that apply)	Home Email:
I work hereI volunteer hereOther	Cell Phone:
Agency name:	Street Address (if your home address is a P.O. Box):
Current job title:	
Work telephone: Work/volunteer address:	May we leave information regarding the status of your application with someone other than you? If yes, complete:  Name: Phone:
	Best Time to Try:
Work e-mail:	
Country if other than US:	
separately if you wish to remain anonymore responses help us answer questions about so we represent. Thank you for your time.	poses only: Please feel free to send this information ous. Completing this information is optional. Your me of the lived experience of GA CPSs and the diversity
I am (check one):	I have:
African American	High School Grad/GED
Asian	Some College
Caucasian	College Graduate
American Indian/Alaskan Native	Post Graduate Education
Multiracial	Certifications and Diplomas
Other (please specify)	(Specify):
Ethnicity:	
HispanicNon Hispanic	

# GA Peer Specialist Certification Training August 8-12 - continuing— August 15-18, 2011 <u>Deadline July 25, 2011</u> PRE-TEST

Full Name:	Date:
Answer all questions on your own. Your answers can Your handwriting must be legible. You may use a dictio is a brief examination to assess your reading & writing skills become a Certified Peer Specialist in the State of Georgia an Specialists assist consumers they serve in many activities reconsumers, attach a separate sheet of paper.	nary. <u>This is not about right &amp; wrong answers.</u> It as well as your understanding of the requirements to d your lived experience with recovery. Certified Peer
THIS PRE-TEST MUST BE FILLED OUT BY THE APHANDWRITING. TYPED PRE-TESTS WILL BE RET	
Why do you want to become a Certified Peer Specialist (C	PS)?
2. What makes you a good candidate to work with other cor	sumers in the mental health field?
3. What does recovery mean to you?	
4. What were some of the important factors in your own rec	overy?
5. What types of experiences have you had in advocating for in detail, listing efforts in letter-writing, personal advocacy, pare doing now. Be specific.	

6. Why do you think it is important for CPSs to tell their recovery stories?
7. What will be your most difficult challenge in attending this training? How will you deal with this challenge?
8. Describe your current employment situation (or volunteer situation). If neither applies, how do you spend your time?
9. Is there anything else you would like us to know in considering you for the Peer Specialist Certification training

# PROCEED TO THE NEXT PAGE TO COMPLETE YOUR PRE-TEST

# **INITIAL** only those that apply:

I understand that Georgia Certified Peer Specialists work from the perspective of their lived experience with mental illness & recovery. I agree to be open about the fact that I have been diagnosed with a mental illness. I understand that in doing so I help educate others about the reality of recovery.

<u>primary nve</u>	d experience is with: (INITIAL ONLY ONE)
a	Recovery from Mental Illness.
b <u>Diseas</u>	Recovery from Dual Diagnosis (Mental Illness & Addictive se).
	YES, I agree to disclose my history with mental illness & recovery in keeping with the values of the Georgia Certified Peer Specialist Project.
	I understand that the Georgia Certified Peer Specialist Project is unable to provide scholarships/reimbursements for accommodations, travel, meals, etc, I understand that the Certified Peer Specialist Project is not a job placement program.
	I understand that I must make all travel arrangements & that the GA CPS Project will not be able to arrange transportation for me. I will receive directions to the training site once I have been officially accepted.
	It has been at least one year since I was diagnosed with a Mental Illness.
	I completed this pre-test on my own.
	I completed High School & hold a High School Diploma.
	I completed my GED coursework & hold my GED Certificate.
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If you have additional questions, please call Bob R. Patterson, CPS at 404-687-9487. Be sure to leave your name, & phone number with your area code.

Please also *print* your name: \_\_\_\_\_

You will receive a Confirmation Letter within 6-10 business days on receipt of all or part of your Pretest & Application. If you do not, please contact the Project immediately. It may mean we did not receive all or part of your application packet & may be unable to contact you. Thank you for your interest!

Fax #: 404-687-0772

Mail to: GA CPS PROJECT – 246 SYCAMORE ST, SUITE 260, DECATUR, GA 30030

Attn: August 2011 CPS TRAINING APPLICATION