

BE D·B·H·D·D

BE COMPASSIONATE

BE PREPARED

BE RESPECTFUL

BE PROFESSIONAL

BE CARING

BE EXCEPTIONAL

BE INSPIRED

BE ENGAGED

BE ACCOUNTABLE

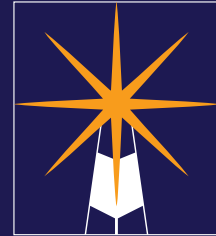
BE INFORMED

BE FLEXIBLE

BE HOPEFUL

BE CONNECTED

BE D·B·H·D·D



D·B·H·D·D

**Georgia Department of
Behavioral Health &
Developmental Disabilities**

**OFFICE OF BEHAVIORAL
HEALTH PREVENTION**

BE PREPARED

Prevention involves interventions that occur prior to a diagnosis of a disorder and are intended to prevent or reduce risk of developing the disorder.

The Office of Behavioral Health Prevention's (OBHP) services promote the health and well-being of individuals, families and communities through a variety of strategies and activities.

Our mission is to lead and support a comprehensive data-driven strategic plan for assisting communities in developing, implementing, and evaluating proactive evidence-based strategies that promote well-being and healthy behaviors and lifestyles.

Behavioral health is a state of mental/emotional being and/or choices and actions that affect wellness

OBHP Infrastructure

Since 2005, the OBHP has established and used a Community Advisory Council (CAC) body of community stakeholders to provide ongoing input and feedback on planning, implementation, and evaluation of prevention initiatives. The OBHP has also established a State Epidemiological Outcomes Workgroup (SEOW) that provides ongoing input and feedback around data, methodologies, and evaluation of activities. They facilitate identification, use, and sharing, of data resources across multiple agencies/organizations related to prevention. The OBHP also uses an Evidence Based Advisory Board of Experts (EBAB) to provide input and technical assistance as needed for planning, implementation of prevention initiatives.

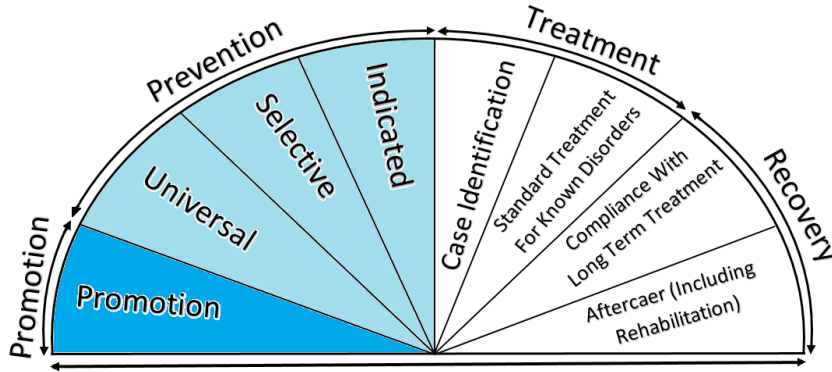
We provide prevention services in 3 main inter-related areas:

**Substance Abuse
Prevention**

**Suicide
Prevention**

**Mental Health
Promotion**

Prevention is a part of a Continuum of Care



OBHP provide services and interventions that target Georgians prior to the onset of a diagnosis of a disorder. The interventions are intended prevent or reduce risk for developing disorders. Prevention services raise awareness of the prevalence and consequences around the issues, increases symptom identification and early access to care, and builds protective factors to prevent development of associated disorders.

Prevention Efforts Target Risk & Protective Factors

RISK FACTORS

Characteristics at the biological, psychological, family, community, or cultural level that precede and are associated with a higher likelihood of problem outcomes

PROTECTIVE FACTORS

Factors that contribute to a lower likelihood of problem outcomes or that reduce the negative effects of a risk factor (National Research Council and Institute of Medicine, 2009)

OBHP uses the **Strategic Prevention Framework** and a data-driven public health approach to implement evidence-based strategies within local communities across Georgia to achieve culturally appropriate and sustainable positive outcomes.



The goal is to match the strategies that work best for the problems identified in those communities and to build the capacity of local communities and their processes to sustain those outcomes. We try and accomplish this through broad statewide prevention initiatives that compliment targeted initiatives (targeting specific issues/substances, high risk/impacted populations, and/or high risk/burden geographic areas).

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NOTES:

[illegible]

Prevention Saves Lives

Prevention is part of a continuum of care. It is an intervention that occurs prior to the onset of a disorder and is intended to prevent or reduce risk for the disorder.

Georgia Department of Behavioral Health & Developmental Disabilities

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(404) 232-1251

Georgia Crisis and Access Line (GCAL) **(800) 715-4225**

My GCAL app available on iOS and Android

Office of the Commissioner

(404) 657-2252

Office of Constituent Services

(404) 657-5964

dbhddconstituentservices@dbhdd.ga.gov

Career Opportunities

dbhddjobs.com

dbhdd.georgia.gov/bh-prevention

gaspsdata.net

facebook.com/GeorgiaDBHDD

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Mental Health Promotion

Mental health promotion involves actions to create living conditions and environments that support mental health and allow people to adopt and maintain healthy lifestyles.

Cross Training

OBHP incorporates mental health promotion throughout all of its substance abuse prevention and suicide prevention efforts; and provides mental health promotion cross-training to staff and providers.

Media Campaign - “Spot the Signs, Talk About It, Get Help”

Developed “Spot The Signs” PSA as part of a media campaign to raise awareness, reduce stigma, and improve communications for appropriate referrals.

Mental Health Promotion



Mental Health Promotion

Determinants of Mental Health

Multiple social psychological and biological factors determine the level of mental health of a person at any point of time.

A Few Ways to Promote Mental Health Include:

- **Support** for children (e.g., skills building programs, child and youth development programs)
- **Programs** targeted toward vulnerable groups, including minorities, indigenous people, migrants, and people affected by conflicts and disasters (e.g. psycho-social interventions after disasters)
- **Mental health** interventions at work
- **Mental health** promotional activities in schools (e.g., programs supporting ecological changes in schools and child-friendly schools)
- **Violence prevention** programs (e.g., reducing availability of alcohol and access to firearms)
- **Promotion** of the rights, opportunities, and care of individuals with mental health challenges

Mental Health Promotion

Substance Abuse Prevention

Alcohol & Substance Abuse Prevention Project (ASAPP)

Forty providers across Georgia use SAMHSA's Strategic Prevention Framework (SPF) process to address alcohol and substance abuse issues identified in each community.

Red Ribbon Campaign

A week-long national drug prevention awareness campaign celebrated October 23 -31. Georgia holds a kick-off event.

PFS II – PFS2015 (GenRx) Prescription Drug (GADAPC)

A targeted initiative in three high-risk communities (Catoosa, Early, and Gwinnett counties) to address the growing health crisis of prescription drug misuse, abuse, and overdose deaths among 12-25 year olds.

Voices For Prevention (V4P)

A statewide contract supporting collaboration, advocacy, and education to build a unified statewide voice for substance abuse prevention.

Prevention Clubhouses

Sites in Norcross, LaGrange, and Dawsonville provide mentoring, family activities, education, employment services, nutrition, physical activities and evidence-based prevention curriculum to youth ages 12-17 at high risk for alcohol and drug abuse.

SYNAR Tobacco Compliance Inspections

States are required to pass laws prohibiting the sale of tobacco products to anyone under the age of 18. These laws must be enforced, and state must conduct annual, unannounced inspections to verify that retailers are not selling tobacco to minors.

Substance Abuse Prevention

Substance Abuse Prevention

Drugs Don't Work Program

Designed to help employers become certified drug-free workplaces by establishing employee assistance programs and drug-free workplace policies.

SPF Rx Project

Use of SPF process to identify five high-needs communities in Georgia and implement strategies to prevent and reduce abuse and misuse of Rx drugs.

Maternal Substance Abuse (MSA) Child Development Project

A statewide contract committed to raising the awareness of alcohol and other substance use among pregnant moms and their devastating effects.

STR Opioid Grant

A state-targeted response to the opioid crisis, the grant includes a media campaign, pilot SPF programs for four sites, a school transition mentoring project, and a naloxone education and training program.

Georgia Teen Institute

A youth leadership program for Youth Action Teams throughout Georgia that begins with a summer training program and continues with year-round support.

GASPS Data Warehouse Project

An innovative online repository containing information on behavioral health issues, their consequences, and related social indicators. It is a one-stop shop for gathering state-and county-level data, as well as other national or external resources, related to substance abuse prevention, suicide prevention, and mental health promotion. www.gasps.data.net

Georgia Rx Drug Abuse Prevention Collaborative (GADAPC)

An initiative focused on the prevention and reduction of prescription drug abuse and substance abuse in Georgia.

Substance Abuse Prevention

Suicide Prevention

Suicide prevention is activities implemented prior to the onset of an adverse health outcome (e.g., dying by suicide) and designed to reduce the potential that the adverse health outcome will take place.

Community and Clinical Education & Training

DBHDD, OBHP staff work with statewide core providers, contractors, and other stakeholders to implement evidence-based trainings like QPR (Question, Persuade, Refer©), Mental Health First Aid, ASIST, and other content.

Public Policy Guidance and Support

Under the Jason Flatt Act, pursuant to code Section 37-1-27, the Department of Behavioral Health and Developmental Disabilities consults with the Department of Education to ensure certificated public school personnel receive annual training in suicide awareness and prevention.

Additionally, DBHDD promotes provides provider guidance on public policy 01-118, entitled, Suicide Prevention, Screening, Brief Intervention and Monitoring. This policy 01-118 provides guidance for comprehensive community providers and community Medicaid Providers to screen, monitor, and intervene for suicide risk.

Youth Suicide

The Garrett Lee Smith Youth Suicide Prevention Grant is a multi-year federal grant for youth suicide prevention activities to reduce deaths and attempts for youth ages 10-24 in high-needs areas in Georgia. The project also promotes suicide prevention as a core component of health-behaviors as well as provides care and support to individuals affected by suicide.

Program and Community Technical Assistance

Through a multi-faceted approach of evidence-based prevention trainings, field visits, intervention activities, coaching, and postvention strategies, the Suicide Prevention Program provides technical assistance to prevention programs, coalitions, clinical units, and the community related to suicide prevention, intervention, and postvention.

Strategic Partnerships

We extend suicide prevention and related training services around the state of Georgia through strategic partnerships with community service boards, other state agencies, not-for-profit organizations, civic groups, faith-based organizations, hospitals, and contractors.

Suicide Prevention



Suicide Prevention



*For 24/7 help with licensed clinicians call the
Georgia Crisis and Access Line 1-800-715-4225*

Spot The Signs

Can you spot the warning signs in someone around you?

Talk About It

Let the person know you see that something is wrong and that you care.

Take Action

Tell a trusted adult or professional. The Georgia Crisis and Access Line is available if you or someone you know is in crisis. Licensed clinicians assist you in getting the help you need, 24/7.

Suicide Prevention