**Health Care Plan**

**Implementation Strategies to Decrease Risk for Transmission of COVID-19 (Based on WHO Guidelines)**

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| **Name:** Click or tap here to enter text.  **Date of Birth:** Click or tap here to enter text.  **Allergies:** Click or tap here to enter text. | **Date created:** Click or tap here to enter text.  **Created by (RN):** Click or tap here to enter text. |
| **Prior to implementing Home Care Isolation Strategies, the individual’s physician was contacted and determined home care isolation is appropriate.**  **Name of physician contacted:** Click or tap here to enter text.  **Date/Time of physician contact:** Click or tap here to enter text.  **Physician recommended Home Care Isolation due to:**  **Suspected of COVID-19 (but not confirmed)**  **Confirmed COVID-19 suffering from mild symptoms but not requiring hospitalization**  **Other:** Click or tap here to enter text.  **Indicated Home Care Isolation Strategies:**  **Hand hygiene**  **Respiratory hygiene**  **Environmental cleaning**  **Limitations on movement around or from the house**  **No visitors allowed until the individual has completely recovered with no signs and symptoms**  **Click the following link for additional guidance in re: *CDC Preventing the Spread of Coronavirus Disease 2019 in Homes and Residential Communities*** [**https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html**](https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html) | |

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| **What should the isolation area look like?**  **Well-ventilated single room if possible**  **Well-ventilated single bathroom if possible**  **Minimal shared space**  **Ability to limit movement of the consumer**  **Ability to maintain 6 feet distance between the individual and caregiver\***  **Other:** Click or tap here to enter text.  **\* This recommendation would not apply when performing direct support**  **(ADLs, assistance with transfers, etc)** |
| **What precautions should the caregiver take?**  **Limit the number of caregivers, ideally assign one caregiver to the individual**  **The caregiver should be in good health**  **The caregiver should practice hand and respiratory hygiene**  **Any type of contact with the individual or their immediate environment**  **Other:** Click or tap here to enter text. |
| **What mask-related precautions the caregiver needs to take?**  **Mask should be tightly fitted, covering the mouth/nose when in the same room as the individual**  **The caregiver should not touch the mask while worn**  **If the mask gets wet or dirty from secretions, it must be replaced immediately with a new clean mask**  **When removing the used mask, do not touch the front of the mask-discard mask immediately**  **Perform hand hygiene immediately after discarding mask**  **Other:** Click or tap here to enter text. |

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| **What precautions should the individual in isolation take?**  **The individual should be asked to wear a medical mask (if possible)**  **Mouth and nose should be covered with disposable paper tissue, when coughing or sneezing**  **Material used to cover the mouth and nose should be discarded or cleaned appropriately after use**  **Use dedicated linen and eating utensils for the individual and clean with soap and water**  **Do not share items such as eating utensils, dishes, drinks, towels, wash clothes etc with others**  **Other:** Click or tap here to enter text. |
| **What environmental precautions should be taken?**  **Wear gloves and protective clothing before cleaning**  **Practice hand hygiene before wearing hand gloves and protective clothing**  **Clean and disinfect daily surfaces that are frequently touched in the room where the individual is**  **Regular household soap or detergent should be used first for cleaning. Then, regular household disinfectant containing 0.5% sodium hypochlorite/1part bleach to 9 parts water, should be applied to the surfaces**  **Clean and disinfect bathroom and toilet surfaces at least once daily (as described above)**  **Place contaminated linen and clothes in a laundry bag**  **Do not shake soiled laundry**  **Clean individual’s clothes, linens and hand towels using regular laundry soap or machine wash at 140 to 195 F**  **Dispose of gloves and protective clothing immediately**  **Perform hand hygiene after removing gloves and protective clothing**  **All used mask, gloves and protective clothing should be disposed of as infectious waste**  **Other:** Click or tap here to enter text. |