**Health Care Plan**

**Implementation Strategies to Decrease Risk for Transmission of COVID-19 (Based on WHO Guidelines)**

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| **Name:** Click or tap here to enter text.**Date of Birth:** Click or tap here to enter text.**Allergies:** Click or tap here to enter text. | **Date created:** Click or tap here to enter text.**Created by (RN):** Click or tap here to enter text. |
| [ ]  **Prior to implementing Home Care Isolation Strategies, the individual’s physician was contacted and determined home care isolation is appropriate.****Name of physician contacted:** Click or tap here to enter text.**Date/Time of physician contact:** Click or tap here to enter text.[ ]  **Physician recommended Home Care Isolation due to:** [ ]  **Suspected of COVID-19 (but not confirmed)**[ ]  **Confirmed COVID-19 suffering from mild symptoms but not requiring hospitalization**[ ]  **Other:** Click or tap here to enter text.[ ]  **Indicated Home Care Isolation Strategies:**[ ]  **Hand hygiene**[ ]  **Respiratory hygiene**[ ]  **Environmental cleaning**[ ]  **Limitations on movement around or from the house**[ ]  **No visitors allowed until the individual has completely recovered with no signs and symptoms****Click the following link for additional guidance in re: *CDC Preventing the Spread of Coronavirus Disease 2019 in Homes and Residential Communities*** [**https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html**](https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html) |

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| **What should the isolation area look like?** [x]  **Well-ventilated single room if possible**[x]  **Well-ventilated single bathroom if possible** [x]  **Minimal shared space**[x]  **Ability to limit movement of the consumer**[x]  **Ability to maintain 6 feet distance between the individual and caregiver\***[ ]  **Other:** Click or tap here to enter text. **\* This recommendation would not apply when performing direct support**  **(ADLs, assistance with transfers, etc)** |
| **What precautions should the caregiver take?** [x]  **Limit the number of caregivers, ideally assign one caregiver to the individual**[x]  **The caregiver should be in good health**[x]  **The caregiver should practice hand and respiratory hygiene**[x]  **Any type of contact with the individual or their immediate environment**[ ]  **Other:** Click or tap here to enter text. |
| **What mask-related precautions the caregiver needs to take?** [x]  **Mask should be tightly fitted, covering the mouth/nose when in the same room as the individual**[x]  **The caregiver should not touch the mask while worn**[x]  **If the mask gets wet or dirty from secretions, it must be replaced immediately with a new clean mask**[x]  **When removing the used mask, do not touch the front of the mask-discard mask immediately**[x]  **Perform hand hygiene immediately after discarding mask**[ ]  **Other:** Click or tap here to enter text. |

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| **What precautions should the individual in isolation take?** [x]  **The individual should be asked to wear a medical mask (if possible)**[x]  **Mouth and nose should be covered with disposable paper tissue, when coughing or sneezing**[x]  **Material used to cover the mouth and nose should be discarded or cleaned appropriately after use** [x]  **Use dedicated linen and eating utensils for the individual and clean with soap and water**[x]  **Do not share items such as eating utensils, dishes, drinks, towels, wash clothes etc with others**[ ]  **Other:** Click or tap here to enter text. |
| **What environmental precautions should be taken?** [x]  **Wear gloves and protective clothing before cleaning**[x]  **Practice hand hygiene before wearing hand gloves and protective clothing**[x]  **Clean and disinfect daily surfaces that are frequently touched in the room where the individual is**[x]  **Regular household soap or detergent should be used first for cleaning. Then, regular household disinfectant containing 0.5% sodium hypochlorite/1part bleach to 9 parts water, should be applied to the surfaces**[x]  **Clean and disinfect bathroom and toilet surfaces at least once daily (as described above)**[x]  **Place contaminated linen and clothes in a laundry bag**[x]  **Do not shake soiled laundry**[x]  **Clean individual’s clothes, linens and hand towels using regular laundry soap or machine wash at 140 to 195 F**[x]  **Dispose of gloves and protective clothing immediately**[x]  **Perform hand hygiene after removing gloves and protective clothing**[x]  **All used mask, gloves and protective clothing should be disposed of as infectious waste** [ ]  **Other:** Click or tap here to enter text. |