

## **Division of Community Mental Health**

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## **CMH Consists of:**

- **×** Adult Mental Health
- × C & A Mental Health
  - \* Housing
  - Deaf Services
- **×** Federal Grant Programs

# ADULT MENTAL HEALTH SERVICES

- Assertive Community Treatment (ACT)
- Supported Employment (SE)
- Case Management/Intensive Case Management (ICM, CM)
- Community Support Team (CST)
- Crisis Stabilization Program (CSU)
- × Core
- Mobile Crisis
- Crisis Respite Apartments
- Crisis Service Center
- Peer Supports
- Residential Supports

## CORE

#### Community based mental health services

- x 121 Adult Core services providers
- Comprehensive assessment
- Therapy/Counseling
- Medication management, lab services
- **×** Community support
- Referral and linkage to supports/services
- Psychosocial rehabilitation
- Case Management
- Crisis Response

## CRISIS SERVICES

- Crisis Stabilization Programs (CSU's)
  - 19 CSU's (+1 FY '14)
  - Community based, short stay 1-10 days
  - Provision of assessment, crisis stabilization, therapeutic education, referral/linkage to appropriate services
- Crisis Services Center
  - 1 (+2 FY '14)
  - Community based, 24/7 walk-in
  - Provision of crisis assessment, stabilization, referral/linkage to services

# CRISIS SERVICES

#### Crisis Respite Apartment

- × 10 (+14 FY '14)
- Brief periods (20 days) of crisis respite, support services, linkage to treatment and other community services
- Instrumental in transition from a higher level of care into the community

#### **Mobile Crisis Services**

- 91 counties (+126 FY '14)
- Community based, team approach
- Time limited, rapid crisis response, assessment, referral/linkage to appropriate services

## **ASSERTIVE COMMUNITY TREATMENT**

- 22 state funded teams
- 15 Medicaid only teams
- Provision of community based, recovery oriented, consumer-driven, multi-disciplinary treatment team delivered, high-level of intensity services
- Assessment, treatment, nursing, psychiatry, social work, substance abuse, vocational rehabilitation, crisis, peer support.

## Community Support Team (CST)

- 4 CST's (4+ in FY '14)
- Rural, Community based, consumer-driven, recovery oriented,
- Assessment, treatment, nursing, social work, substance abuse, crisis intervention, referral and linkage, peer support

## **CASE MANAGEMENT**

- 3 Intensive Case Management teams (5+ in FY '14)
- 15 Case Management Services (10+in FY'14)
- Individual support, care coordination to increase access to community-based services
- Skills building
- Rehabilitative supports
- Recovery oriented

## SUPPORTED EMPLOYMENT

× 21 supported employment providers

Provision of vocational assessment, rapid job search, competitive job placement, support to foster job maintenance, benefits counseling, rehabilitative support

## PEER SUPPORT

- × 72 + Peer Support sites in Georgia
- × 3000 + consumers enrolled in Peer Support
- × 750+ CPS's
- Peer Support Programs are led by Certified Peer Specialists
- Activities and support services provided between and among individuals with common issues and needs.
- Peer Support Programs promote self-directed recovery and support individuals in developing and attaining individualized life, recovery and wellness goals.

## **DBHDD C&A MENTAL HEALTH POPULATION**

#### Georgia's Medicaid System:

- Youth that are disabled and received SSI and those that are DFCS custody youth or receiving Adoption Assistance receive their services through the Department of Behavioral Health and Developmental Disabilities (DBHDD)
- Youth that receive Medicaid in ANY OTHER WAY receive their services through one of three Care Management Organizations (CMOs) that the Department of Community Health (DCH) has contracted with.

## **C&A MENTAL HEALTH SUPPORT SERVICES**

- Behavioral Health Clubhouses (6, 1 per Region)
- Care Management Entities (2, statewide)
- Family Support Organizations / Peer Support (5 Sub-contracts)
- Crisis Respite
- Treatment & Support Services for Uninsured
- Money Follows the Person (Formerly CBAY Program)
- 1915 C Waiver program (Formerly CBAY)
- Community Innovations Grants (Based on funding availability)
- Healthy Transitions (Policy Development and Support Services)
- Suicide Prevention Training & Support
- Special Projects

#### **C&A MENTAL HEALTH TREATMENT SERVICES**

- Core Services
- IFI (Intensive Family Intervention)
- C&A Crisis Stabilization Units
- Outdoor Therapeutic Program
- Mobile Crisis
- Crisis Respite
- Psychiatric Residential Treatment Facilities (PRTF)

#### HOUSING

Goal: To provide Supported Housing and Bridge Funding to persons with Serious and Persistent Mental Illness.

By July 1, 2015 the State will have capacity to provide Supported Housing to any of the 9,000 persons in the target population who need such support.

#### **Priority**

- those currently being served in the State Hospitals
- frequently readmitted to the State Hospitals
- frequently seen in Emergency Rooms
- chronically homeless
- and/or who are being released from jails or prisons.

## **GHVP DATA AS OF MARCH 2013**

- x Total Served
  - + 799
- Total # Approved for Housing
  - + 1,068
- Signed leases
  - + 638
- # in housing > 6 months
  - + 633
- × Terminated
  - + 148
- # of Properties
  - + 346

## OFFICE OF DEAF SERVICES

- Training & Workforce Development
- Culture Competency
- \* Assess to Services & Care
- Policy Planning & Service Development

# Federal Grant Programs

- Oversight and/or collaborative teaming for federal grants received by DBHDD CMH
- Current support to seven grants from SAMHSA and CMS
- Total funding over \$40 million

## **SAMHSA Discretionary Grants**

#### **Healthy Transitions Initiative**

- Georgia 1 of 7 states awarded grant in 2009; over \$2 million for five years
- State/Local partnership with demonstration site implementing Transition to Independence Process Model
- Designed to improve outcomes for 16-24 year olds with mental health challenges
- Focus is on successful transitions to adulthood in the areas of education, employment, housing and access to mental health services

#### **Jail Diversion and Trauma Recovery**

- Georgia one of six states awarded grant in 2008; over \$2 million for five years
- State/local partnership with demonstration site implementing the Evidence Base
   Practice Model, Seeking Safety. The project is designed to decrease recidivism and
   divert Veterans and non-Veterans who have a diagnosed trauma, PTSD and/or
   Substance Use Disorder from continuously having encounters with the Criminal Justice
   System.

## **OTHER GRANTS**

- SAMHSA Mental Health Block Grant; peer support and supported employment for adults and care management entities and resiliency/support services for children and adolescents; also workforce development and family/consumer advocacy organization support
- SAMHSA Projects for Assistance in Transition from Homelessness (PATH); homeless outreach and case management
- FEMA Crisis Counseling Program Grant; emotional supports for persons impacted by disasters
- CMS Alternatives to Psychiatric Residential Treatment Facilities
   Waiver Demonstration (aka CBAY); provides home and community
   based services and supports for youth who would meet PRTF level of
   care
- CMS Children's Health Insurance Reauthorization Program Act; quality improvement initiative evaluating health outcomes for youth receiving Care Coordination through a Care Management Entity approach and development of family/youth peer support

# STAFF

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