

Elizabethan “RUFF”

The ruff, a starched, pleated white linen strip, **originated earlier in the 16th century as a neckcloth (readily changeable, to minimize the soiling of a doublet), as a bib, or as a napkin.** A band could be either a plain, attached shirt collar or a detachable "falling band" that draped over the doublet collar.



