Let's stay Healthy!
There are germs called Corona Virus that can make people sick.
We can all keep healthy by:

- washing our hands
- covering our mouth when we cough
- covering our mouth when we sneeze
- Wearing a face mask
Right now I might need to wear a mask.
Wearing a mask might feel uncomfortable or make me sad. The mask can keep me safe from germs.
People at my house might need to wear a mask.
Masks may seem scary. But it is OK. Masks keep us healthy.
We need to wash our hands a lot to stay healthy.
We need to count to 20 or sing Happy Birthday while we wash our hands.
Let's all help keep each other healthy!