# Board of Behavioral Health and Developmental Disabilities

# BED·B·H·D·D

Georgia Department of Behavioral Health & Developmental Disabilities





# Agenda

Call to Order

Recovery Speaker

New Member Welcome

Commissioner's Report

**Action Items** 

Chair's Report

Public Comment

**Next Meeting Date** 

# Call to Order

Kim Ryan Chair

# Recovery Speaker

Doreen Kennie Georgia Council on Substance Abuse

# Welcome New Board Members

Kim Ryan Chair

# Action Item:

Past Meeting Minutes

# Commissioner's Report

Judy Fitzgerald Commissioner



# BED·B·H·D·D

Georgia Department of Behavioral Health & Developmental Disabilities

Emile Risby, M.D.

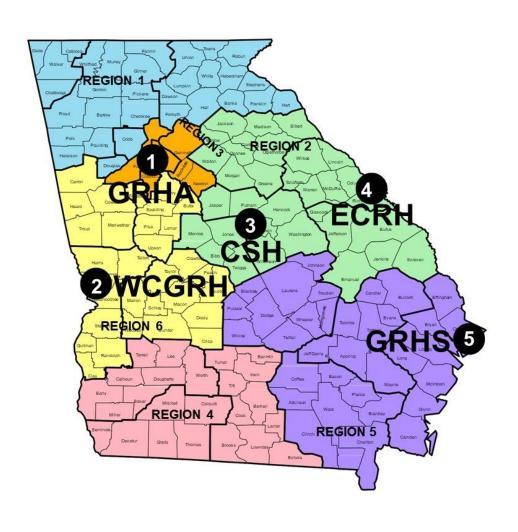
**Medical Director** 

**Director**, Division of Hospital Services

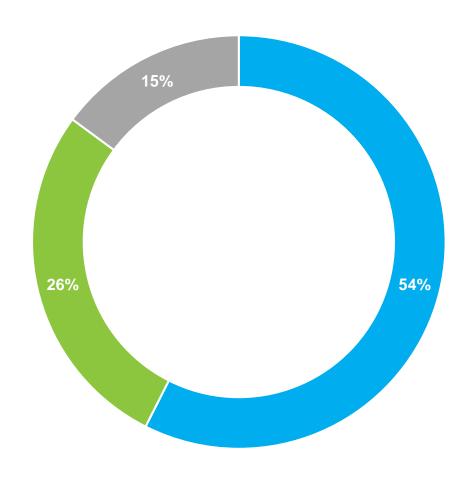
October 17, 2019



# **DBHDD Hospitals**



# **DBHDD** Hospitals



- Adult Mental Health
- Forensic
- Intellectual and Developmental Disabilities (ICF/SNF)

Capacity: ~1,191

As of December 31, 2018

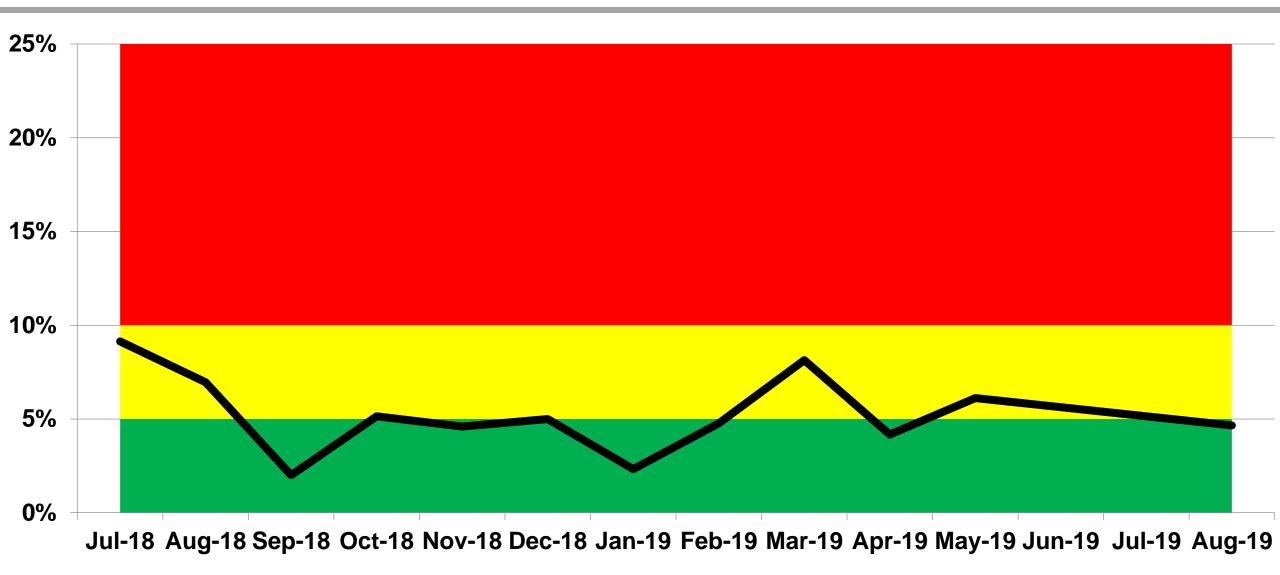
# **DBHDD** Inpatient Bed Capacity

	Adult Mental			Nursing	
Hospital	Health	Forensic	I/DD	Home	TOTAL
GRHA - Atlanta	114	124		24	262
WCGRH - Columbus	40	154			194
CSH - Milledgeville		182			182
ECRH - Augusta	90	71	97	25	283
GRHS - Savannah	66	110			176
Total	310	641	97	49	1,097

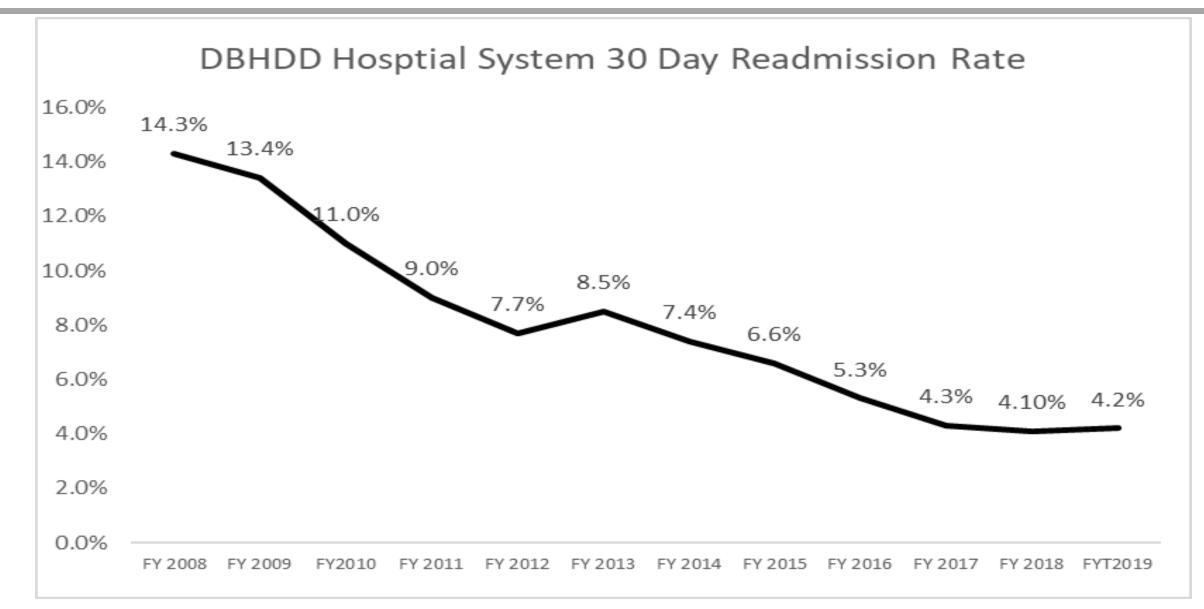
# Adult Mental Health Services – FY 2019

Hospital	Discharges	Median Length of Stay
GRH-Atlanta	811	21
West Central	55	112
East Central	664	14
GRH-Savannah	655	10

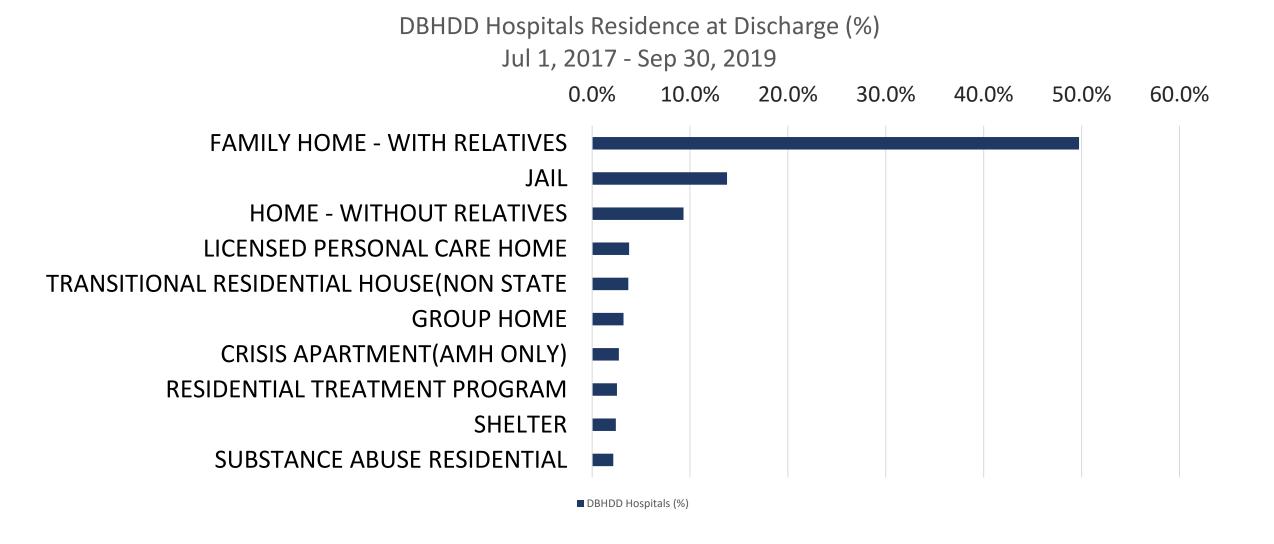
# 30-Day Readmit Rate (AMH not Court Controlled)



# 30-Day Readmit Rate (AMH not Court Controlled)



# Top Ten Residence at Discharge

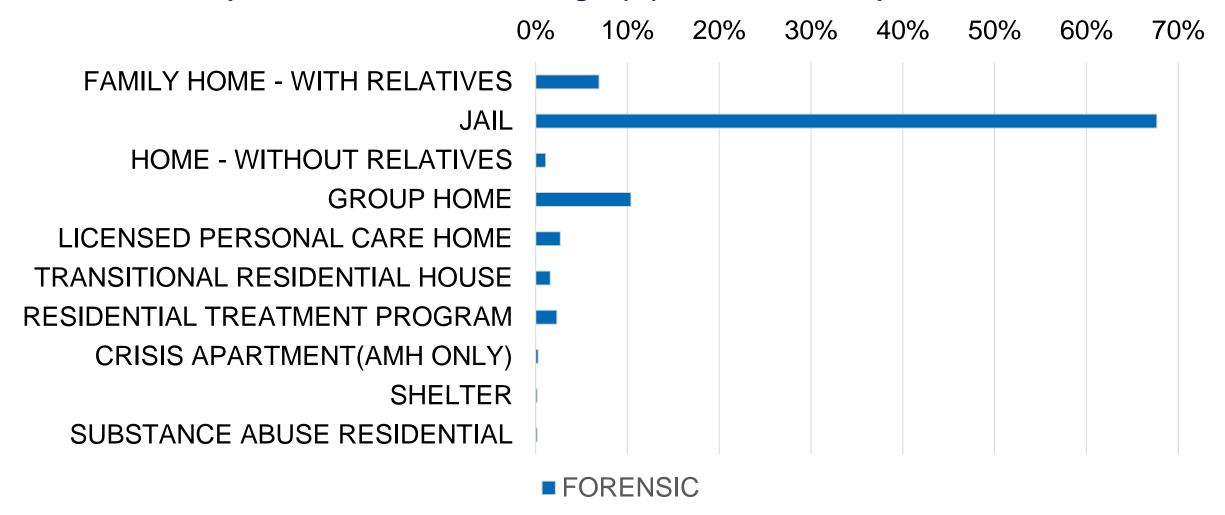


# Forensic Services – FY 2019

Hospital	Discharges	Median Length of Stay
GRH-Atlanta	136	150
West Central	154	102
Central State	181	108
East Central	65	107
GRH-Savannah	129	91

# Top Ten Residence at Discharge

DBHDD Hospitals Residence at Discharge (%) - Jul 1, 2017 - Sep 30, 2019



# Suicide Prevention Training Data

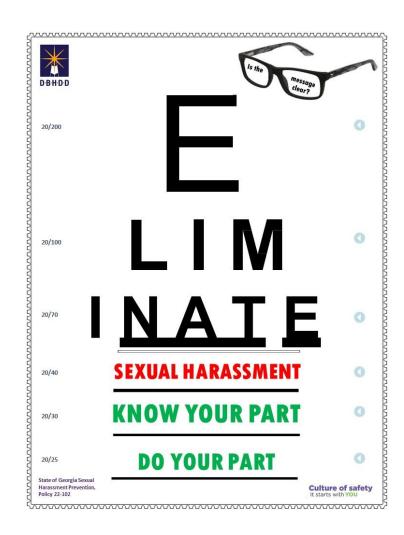
			Number	
Hospital	Total	Incomplete	Trained	% Trained
CSH	458	17	441	96.29%
ECRH	897	199	698	77.81%
GRHA	719	56	663	92.21%
GRHS	375	94	281	74.93%
WCGRH	434	8	426	98.16%
Total	2,883	374	2,509	87.02%

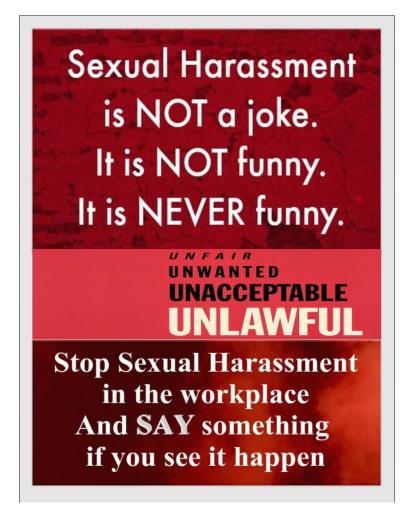
# Sexual Harassment Training

- On January 14, 2019, Governor Kemp issued an Executive Order requiring that staff and employees (3,902 people in the hospital system) complete sexual harassment prevention training by June 30, 2019.
- DBHDD's hospital system led the way in achieving 100% compliance within the identified deadline periods.
- DBHDD required all managers/supervisors (427) to complete the training by April 30, 2019. DBHDD achieved 100% compliance before the deadline.
- All DBHDD new hires receive SHP training via New Staff Orientation within 30 days of employment.

## Sexual Harassment Posters







# Sexual Harassment Training

Hospital	Total Trained	Percent Trained
GRHA - Atlanta	955	100%
WCGRH - Columbus	614	100%
CSH - Milledgeville	717	100%
ECRH - Augusta	1,108	100%
GRHS - Savannah	508	100%
Total	3,902	100%

### Workforce Concerns

# Dentistry

22% Vacancy Rate
Our aging workforce will be very difficult to replace.

Physicians and Extenders

34%
Vacancy Rate

Nursing (RM/LPN) 31% Vacancy Rate

Social Work

14%

Vacancy Rate

Psychology 20% Vacancy Rate

Existing vacancies are mitigated through the use of agency staff and overtime.

# DBHDD Support of Public Health Initiatives

Mandatory Seasonal Influenza Vaccination 03-233

and

The Joint Commission's Tobacco Cessation Performance Measure

# DBHDD-DPH Partnership Nationally Recognized







#### Linking Inpatient Mental Health Consumers to the Georgia Tobacco Quit Line (GTQL) through a Policy, System and Environmental Change Approach for Treating Tobacco Use Dependence

Emma Joyce Bicego<sup>1</sup>, MPH, MA; Kayla Knight Lloyd<sup>1</sup>, MPH, CHES; Alina Chung<sup>1</sup>, MPH; Shana Scott<sup>1</sup>; Colleen Commons<sup>1</sup>; Justin Norton<sup>2</sup>; Evelyn Harris<sup>2</sup>; Maria Martin<sup>3</sup>, MPH; Jean O'Connor<sup>3</sup>, JD, DrPH

[[Georgia Department of Public Health], <sup>2</sup>[Georgia Department of Behavioral Health and Development Disabilities] <sup>3</sup>[Optum Health]

#### BACKGROUND

The Centers for Disease Control and Prevention (CDC) estimates smoking rates among individuals with psychiatric disorders to be 2-4 times higher than the general U.S. population. According to the 2015 Behavior Risk Factor Surveillance Survey (BRFSS), in the state of Georgia, 37-3 percent of adults who reported frequent mental distress were current smokers, and approximately 66.6 percent of these individuals want to quit.

Evidence shows that implementing the US Public Health Services (USPHS) \*5 A's" (Ask, Advise, Assess, Assist, Arrange) in treating tobacco dependence is effective. Following the direction of recent health care reform initiatives that encourage coordination and system changes, the Georgia Department of Behavioral Health and Development Disabilities (DBHDD) coordinated with the Georgia Department of Public Health (DPH) to automate tobacco cessation referrals via DHBDD's electronic medical records system to DPH's quitline serviced by Optum Health, Inc.

#### OBJECTIVE

The objective of this initiative was to coordinate and streamline treatment of mental health patients who use tobacco and are willing to quit by using already existing systems.

#### METHODS

The Centers for Medicare and Medicaid Services' (CMS) health care reform initiative requires state psychiatric hospitals not to only assess tobacco use but to provide referrals at discharge. Under this direction, DBHDD and DPH formed a partnership that used existing systems to coordinate care for psychiatric patients. Within DBHDD, the Hospital Services and Office of Technology staff worked together to modify their electronic medical records to allow staff to simply, electronically, and securely refer discharged patients to Georgia Tobacco Quit Line (GTQL). The GTOL is serviced by Optum Health, Inc. and managed by Georgia Tobacco Use Prevention Program (GTUPP), within DPH. These system changes have enabled integrating cessation services in all the five regional psychiatric hospitals in the state. The five state psychiatric hospital in Georgia are:

- \*Central State Hospital in Milledgeville
- \*East Central Regional Hospital in Augusta
- Georgia Regional Hospital at Atlanta
- \*Georgia Regional Hospital at Savannah
- West Central Georgia Regional Hospital in Columbus

GTQL quit coaches call the referred patients within 48 hours of discharge and send quarterly patient outcome reports and monthly referral and acceptance reports to GTUPP.

GTUPP made available a web-based training to the state psychiatric health care providers on implementing the cAARds-Ask, Advise and Refer cessation protocol to increase their competency in treating tobacco use.

# Patient / care provider consultation E-referral to GTQL at discharge Quit coach reaches out to patient with 45 hours Patient outcome report to DPH

#### Acknowledgements:

The authors would like to acknowledge DBHDD Hospital and Office of Technology staff and Optum IT staff that played a major role in seasuring the success of the development and implementation of the electronic system; and DPH tobacco use prevention program staff coordinated the effort.

This work and the production of this poster was made possible in part with funding from CDC Cooperative Agreement Grant or Cooperative Agreement mumber: 1U58DP005977 and 5 MISSIND005312.

#### RESULTS

All five DBHDD hospitals launched cAARds, reaching approximately 275 discharged patients monthly. Adopting the e-referral system has reduced the amount of time staff spend on the referral process by eliminating the need to manually complete and fax paper forms, while increasing data integrity due to automation. The streamlined process has led to an increase in the number of referrals made to tobacco cessation programs upon discharge.

Additionally, DPH and DBHDD promote smoke-free air policies and prevention initiatives in all Georgia state hospitals.

#### CONCLUSIONS

Implementing the brief cAARds-Ask, Advise and Refer cessation protocol is simple and beneficial to tobacco users.



For additional information please

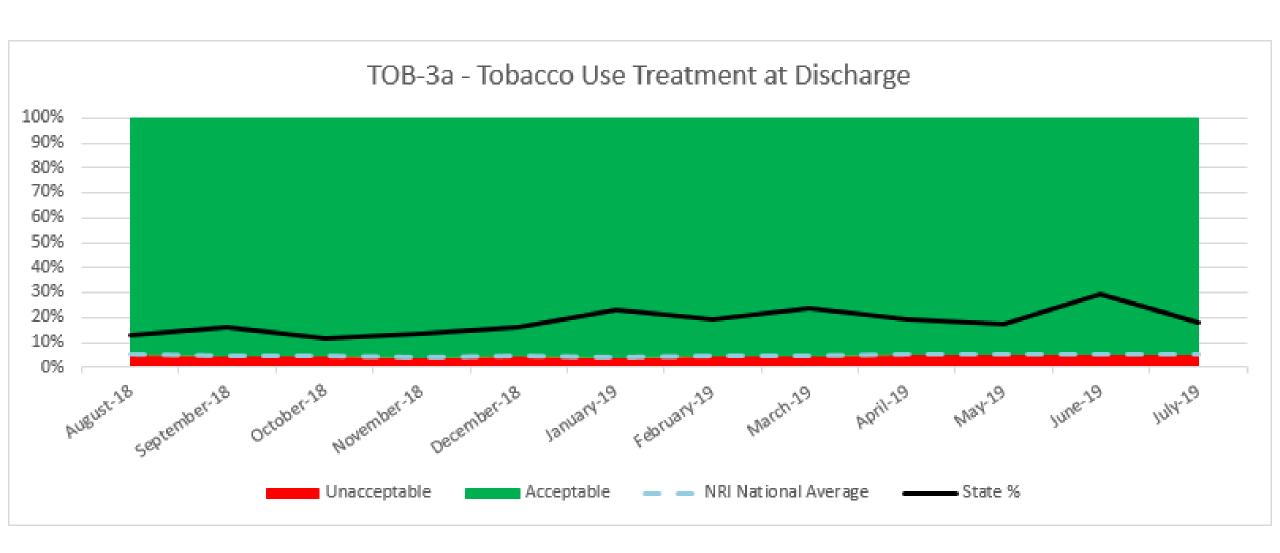
Emma Joyce Bicego, MA, MPH Program Evaluator, Georgia Department of Public Health,

Georgia Department of Public Healt 2 Peachtree St., NW Atlanta, GA 30303 Collen Commone, BS, TTS Tobacco Cassation Coordinator, Georgia Department of Public Health, 2 Peachtree St., NW Atlanta, GA 30303 Ernalt college, componential the assets

## What is DBHDD doing to help those we serve quit using tobacco?

- Operating Tobacco-Free and Smoke-Free facilities (in accordance with DBHDD Policy 20-201)
- Following CMS-recommended best practices: nicotine replacement therapy and 'practical counseling'
- Providing psychosocial rehabilitation mall class: "Learning About Healthy Living: Tobacco and You
- Offering referrals at discharge for ongoing support

# Tobacco Treatment – Referral at Discharge





# Serving Georgia's Most Vulnerable Citizens

Georgia Department of Behavioral Health & Developmental Disabilities

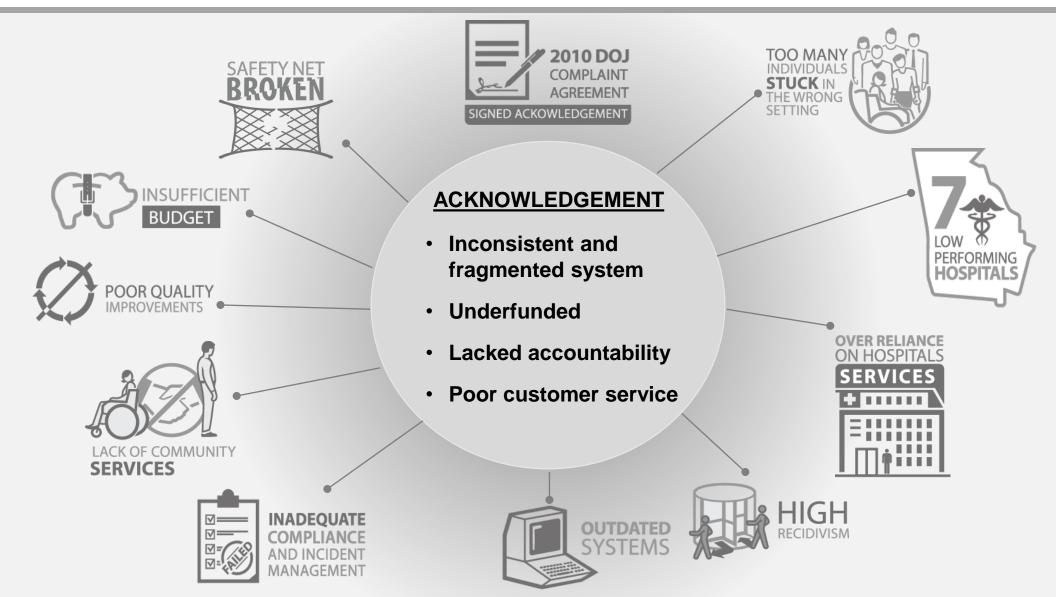
# BED·B·H·D·D

Judy Fitzgerald, Commissioner

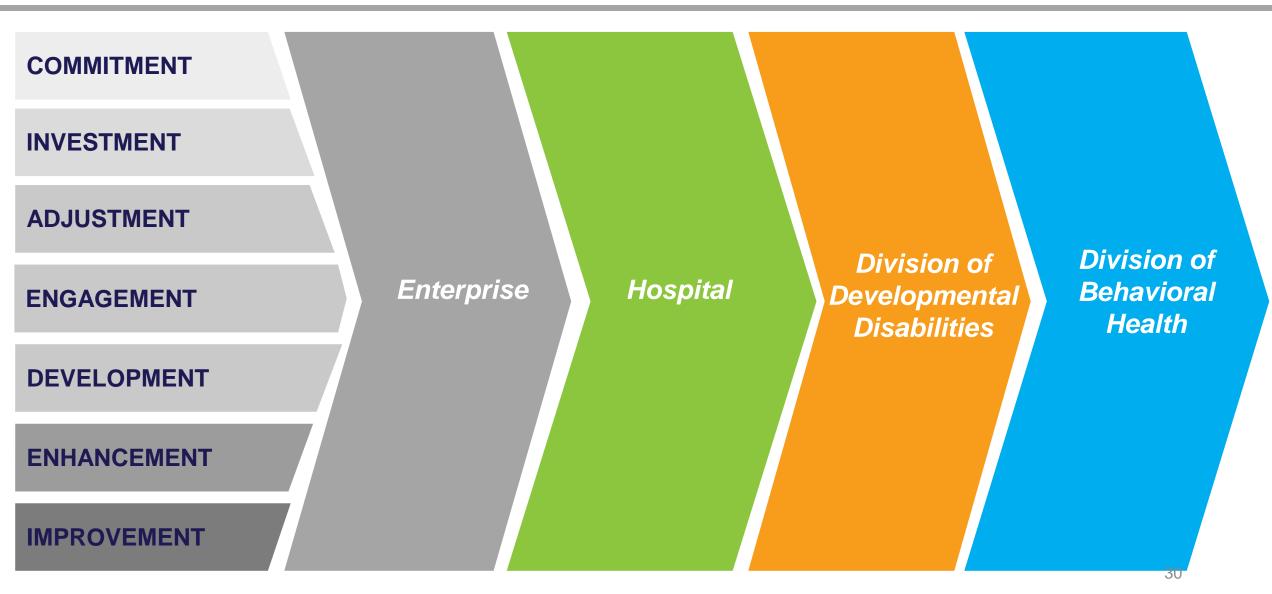
DBHDD in the Health Care Environment of the Future



# Then: 2009...A New Department is Formed



# Transformation: Telling OUR Story



## Now: OUR ACHIEVEMENT



# Advancement: Beyond Compliance — Looking to the Future

#### Urgent and critical priorities warrant additional focus and development



#### **Outpatient "Core" Funding**

Increasing demand; Growing population; Treating before crisis



#### **Opioid Crisis**

Increasing access; Reduce overdose deaths; Prevention, Treatment, and Recovery



#### **Crisis Support**

Integrating, enhancing, and expanding crisis services; Meeting current and addressing forecasted need



#### **Children and Youth Services**

Implementing Children's MH Commission report; Developing innovative programming; Collaborating with child-serving partners



#### **Prevention**

Establishing sustainable prevention programs across the lifespan (Suicide Prevention, SU Prevention, MH Promotion)



#### I/DD Transitions: Planning List and Hospitals

Implementing 5-year plan: Addressing current needs and anticipating future demand; Continue hospital transitions



#### Whole Health for BH and I/DD Population

Coordinating BH and I/DD services within health care system; Promoting the overall well-being of the individual



#### **Value-Based Purchasing**

Preparing the network for alternative payment mechanisms; Rewarding positive outcomes



#### **Forensic Population**

Ensuring viable facilities and workforce; Addressing growing population of individuals involved with court systems



#### **Aging Population**

Facing clinical and fiscal challenges resulting from aging individuals and caregivers



#### **National Workforce Shortage**

Developing short- and long-term strategies; Address impact on Georgia with particular attention to rural areas

## Health Care Environment of the Future

#### We want to move FROM:

- Fee-for-Service
- Siloed from the INDIVIDUAL Standpoint
- Siloed from a DELIVERY Standpoint
- Paper Dependent System (low technology)
- System-driven Services
- Bureaucratic Processes
- Institution/Custodial-based
   Services

#### We want to move TO:

- Value-based Purchasing
- Whole Health and Well-being of Individuals
- Technology-driven Health Care Management
- Consumer-driven Individualized Services
- Recovery-based Services
- Increased Awareness and Understanding of our Patient Populations
- Community-based Services



# Purpose Statement: Why This, Why Now?

Georgia's health care environment is full of risk and opportunity. We believe DBHDD and the Safety Net have an essential role in this environment. We have embraced a framework that establishes a core set of objectives and strategies that unite us in our pursuit of shared success.

# Objective: Why Are We Doing This?

Response: To Create and Ensure



# **DBHDD** Objectives

Successfully fulfill the principles of ADA
Settlement Extension

Influence the design and direction of the health care environment in Georgia

Manage a network of providers

Be a team of individuals who are effective, engaged, empowered and recognized



# Chair's Report

Kim Ryan Chair

# Public Comment

# Next Board Meeting

Thursday, December 12, 2019 1:00 p.m.