



JDTR  
**Unspoken Wounds**  
*Breaking the Silence*

*Defending the Defenders by Promoting the Trauma  
Recovery Needs of Justice-Involved  
Veterans, Active Service Members, & Their Families*

**Pre-Conference Institutes - October 20, 2013**

**Two-Day Conference - October 21-22, 2013**

**Hyatt Regency, Savannah, GA**

*The 2013 Unspoken Wounds: Breaking the Silence Conference is a first-of-its-kind comprehensive, educational, and networking event designed to create synergy among those who defend, advocate, and care for justice-involved Veterans, Active Duty Service Members, and their families.*

GEORGIA DEPARTMENT OF BEHAVIORAL HEALTH AND DEVELOPMENTAL DISABILITIES  
JAIL DIVERSION AND TRAUMA RECOVERY (JDTR) PRIORITY TO VETERANS PROGRAM



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**Join your peers, recognized experts, and leaders for three days of invigorating professional development and networking.**

### **CE Credits and Certificates of Attendance:**

- ★ Four Pre-Conference Institutes will provide 6.0 contact hours each; Conference Day 1 will provide 7.0 contact hours, which includes attending the working luncheon; and, Conference Day 2 will provide 5.0 CE contact hours, which includes attending the working luncheon. Participants will be “scanned into and out of” the Institute attended and each day of the Conference attended in order to be eligible for CE credits. After submitting an on-line evaluation of the Institute attended and each day of the Conference attended, participants can access on-line printable certificates of attendance.
- ★ The Conference will submit applications for approval of CE core credits for social workers, counselors, addiction counselors, and, for specified Pre-Conference Institutes only, for psychologists. Law enforcement participants may submit their Certificates of Attendance to the Georgia POST Council for CE credit.

**Choose from a wide range of workshop topics dispersed across five thematic tracks, presented by top local and national subject-matter experts and distinguished guests.**

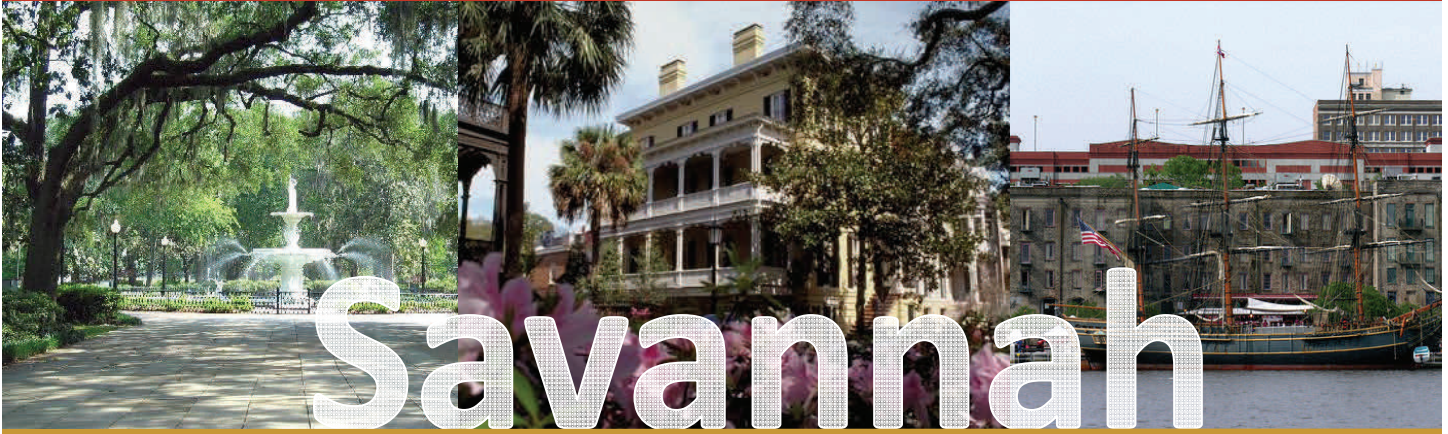
### **Who should attend:**

- ★ Counselors, social workers, marriage & family therapists, addiction professionals, psychologists, community mental health workers, peer specialists, students, physicians, nurses, and other healthcare providers
- ★ Behavioral healthcare organization executive leadership and administrators
- ★ Judges & Accountability Court Personnel
- ★ Law Enforcement
- ★ Elected Officials & Policymakers
- ★ Veterans Affairs Personnel & other government agencies
- ★ Non-profits and universities that serve the needs of veterans and their families
- ★ Mental Health Advocates
  - ★ Faith-Based Organizations
  - ★ Veterans and their Families

### **Conference Goals:**

- ★ To promote a comprehensive System of Care that addresses the treatment, case management, and reintegration needs of veterans and their families.
- ★ To further develop a workforce within the state that has the skills and knowledge needed to provide trauma-informed care and to work collaboratively with local Veterans Courts or other accountability courts to divert veterans away from incarceration and toward the treatment options they need and deserve.
- ★ To help stakeholders across the state understand the correlation between PTSD/trauma and criminal justice involvement and the need to develop programs and resource collaboratives to address this growing public health and safety issue.





### Conference Venue and Lodging

Hyatt Regency Savannah  
2 W Bay St Savannah, GA 31401  
(912) 238-1234  
<http://savannah.hyatt.com/>

Book your room online by **September 27** for the conference rate at:  
[https://resweb.passkey.com/Resweb.do?mode=welcome\\_ei\\_new&eventID=10715652](https://resweb.passkey.com/Resweb.do?mode=welcome_ei_new&eventID=10715652)

Or call:  
U.S., Canada & Caribbean      1 800 233 1234 (toll-free)  
U.S. TDD (for hearing impaired)    1 800 228 9548 (toll-free)

Reserve lodging by **September 27** and mention you're attending the **"JDTR Conference"** in order to receive the special room rate of \$119 per night - \$17 parking per day.



### Need Visitor Information?

Need Visitor's information?  
Here is a great source of information on Savannah:  
<http://www.visitsavannah.com/>

### Flying In?

Here is information on the Savannah Airport and other transportation companies:  
<http://savannahairport.com/>





**Sunday, October 20, 2013**

**8:30 AM—4:30 PM**

## Seeking Safety



Kevin Reeder, PhD, Treatment Innovations, Inc.

Seeking Safety is a present-focused, evidence-based therapy to help people attain safety from trauma/PTSD and substance abuse. It was developed in 1992, by Lisa M. Najavits, PhD at Harvard Medical School/McLean Hospital, under grant funding from the National Institute on Drug Abuse. Seeking Safety consists of 25 modules, including PTSD: Taking Back Your Power, Asking for Help, Setting Boundaries in Relationships, Integrating the Split Self, Coping with Triggers, Red and Green Flags, and Detaching from Emotional Pain (Grounding). The key principles of Seeking Safety are:

- ★ **Safety** as the overarching goal (attaining safety in relationships, thinking, behavior, and emotions).
- ★ **Integrated treatment** (working on both PTSD and substance abuse at the same time).
- ★ **A focus on ideals** to counteract the loss of ideals in both PTSD and substance abuse.
- ★ **Four content areas:** cognitive, behavioral, interpersonal, case management.
- ★ **Attention to clinician processes** (helping clinicians with counter-transference, self-care, etc.).

## 7 Domains of Trauma-Informed Care



Linda Ligenza, LCSW & Cheryl Sharp, MSW, ALWF, National Council for Community Behavioral Healthcare

More than 90% of people served by behavioral healthcare organizations have a history of trauma. Addressing trauma is now the expectation, not the exception, in behavioral health systems. More and more behavioral health organizations are asking how they can be better prepared to offer trauma-informed services. In response to the overwhelming demand, the National Council offers Pre-Conference Institute participants the expertise of their trauma consultants to help you devise and implement a comprehensive trauma-informed care plan.

The 7 domains of trauma-informed care are early screening and assessment, consumer-driven care and services, nurturing a trauma-informed and responsive workforce, utilization of evidence-based and emerging best practices, creating safe environments, community outreach and partnership building, and ongoing performance improvement. In each of these areas, you will gain essential tools and resources for program implementation and how to set up performance indicators. Addressing trauma will help you and your organization improve the quality and impact of your services, increase safety for all, reduce no-shows, enhance client engagement, and reduce staff burnout and turnover. We hope you will join us for this important pre-conference institute!

*(This course does not provide CEs from the Georgia Psychological Association)*

### Military Culture and Terminology: Enhancing Clinical Competence

CAPT Kevin Wilson, GA Army Guard State Resiliency Coordinator

This training module is for civilian mental health providers who want to develop a better understanding about how the military works and who comprises the armed forces. It provides an overview of military culture to include basics about its history, organizational structure, core values, branches of the service, mission, and operations, as well as the differences between the Active and Reserve components. Participants acquire greater competency in working with Service Members by learning military culture and terminology, and discussing how aspects of the military culture impact behaviors and perspectives.



SBHP is a tier-based continuing education program offering CEU's to clinical professionals through up-to-date workshops focused on the unique needs of the military community at no cost. SBHP is offered in Georgia, to enhance behavioral health providers' scope of knowledge and skills for treating military Service Members, Veterans and their families with reintegration- and deployment-related concerns. This distinct program promotes grassroots networking by providing training events in various parts of the state and actively involving the National Guard and the National Guard Bureau Directors of Psychological Health.

SBHP also provides a searchable, confidential registry of participating providers who have completed these varied tier levels so Service Members, Veterans, and their families know they are entering a therapeutic relationship with a provider who elected to receive additional training to care for their unique needs.

***There will be a workshop on Day 2 of the conference which explains how providers can become part of the registry.***

### Why Cultural Competency Must Inform Trauma Treatment



Pierluigi Mancini, PhD, CETPA, Inc.

Trauma is an emotional shock that creates significant and lasting damage to a person's mental, physical and emotional growth. Research suggests that although there is a universal biological response to trauma, cultural factors can influence the biopsychosocial experience of trauma and subsequent traumatic stress reactions. Ethnocultural factors play an important role in an individual's vulnerability to, and experience and expression of traumatic stress, as well as one's response to trauma treatment. Culturally-Appropriate Trauma-Informed Care requires attention to be paid to the client's values and beliefs about health and illness.

Behavioral Health treatment providers must understand the dynamics and impact of trauma on people's lives. Attention must also be paid to cultural variations in the client's experience of and response to trauma. This workshop will address how to:

- ★ Recognize cultural variations in the subjective perception of trauma and traumatic stress responses.
- ★ Understand the role of beliefs in the interpretation of trauma and the recovery process.
- ★ Help to restore a sense of safety through trust-building.
- ★ Attend to the distress of the client, in the way that they define it.
- ★ Work within and through the family structure to promote emotional and social support, and utilization of coping resources.

Select from  
four (4)  
Pre-Conference  
Institutes and  
nearly 60 CE  
Workshops/  
Plenary  
Sessions.

## **Pre-Conference Institutes - Sunday, October 20, 2013**

Registration:	8:00am
Morning Session:	8:30am - 11:45am
Afternoon Session:	1:00pm - 4:30pm

## **Conference Day 1 - Monday, October 21, 2013**

Registration	8:00am
Welcome Plenary	8:30am - 10:00am
Track Session 1	10:15am - 11:30am
Lunch & Learn	11:45am - 1:15pm
Track Session 2	1:30pm - 2:45pm
Track Session 3	3:00pm - 4:30pm
Welcome Reception	5:15pm
Dinner	6:00pm

## **Conference Day 2 – Tuesday, October 22, 2013**

Registration	8:00am
Plenary	9:00am - 10:00am
Track Session 4	10:15am - 11:30am
Lunch & Learn	11:45am - 1:00pm
Track Session 5	1:15pm - 2:15pm
Closing	2:30pm – 3:30pm



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## Conference Fees

Pre-Conference Institute Registration - October 20 ..... \$50.00

Full Conference Registration- Early Bird (by Sept. 6)..... \$150.00

Full Conference Registration (after Sept. 6)..... \$175.00

### One Day Registration

- ★ Day 1, Oct. 21, 2013- Early Bird (by Sept. 6)..... \$105.00
- ★ Day 2, Oct. 22, 2013- Early Bird (by Sept. 6)..... \$55.00
- ★ Day 1, Oct. 21, 2013- (after Sept. 6)..... \$120.00
- ★ Day 2, Oct. 22, 2013- (after Sept. 6)..... \$65.00



*Registration for more than one day requires the full conference fee.*

Monday Lunch Guest..... \$35.00

Monday Dinner Guest..... \$55.00

Tuesday Lunch Guest..... \$35.00

### Register Online:

Visit <http://www.vinsoninstitute.org/jdtr>

### Other Registration Methods:

Please see webpage for instructions for mailing in the registration with a check or wire transfer payment

### Payment:

We accept payment by credit card (Amex, Discover, MasterCard, or Visa).

### Registration Questions?

Email [ssu@cviog.uga.edu](mailto:ssu@cviog.uga.edu)

### General Questions?

Visit <http://www.vinsoninstitute.org/jdtr> for the most current information and schedules. You can also contact Jill Mays at 404-657-2140.

### Cancellations:

Written notice of cancellation must be postmarked/dated no later than September 20, 2013, to receive a full refund of registration fees. Written requests post-marked/dated between September 21 and October 1, 2013 will be assessed a 25% administrative fee, and requests post-marked/dated after October 2 are not eligible for a refund.

**EARLY BIRD REGISTRATION DEADLINE**

**September 6, 2013**