

West Central Georgia Regional Hospital REGIONAL REFLECTIONS

June 2012

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COME ON OUT AND CELEBRATE THE 4TH EARLY — THE CAFETERIA WILL BE HAVING A RIB PLATE DAY!!



**WHEN: FRIDAY, JUNE 29TH
WHERE: WCGRH CAFETERIA
TIME: 11:30 AM TO 1:00 PM**

ALL PLATES WILL BE \$5.00

Ribs, bread, baked beans, cole slaw, cake & a drink (All meat will be grilled on the outside grill)

Learning to WRAP

In April, three staff members from WCGRH joined representatives from all other state hospitals in Milledgeville, GA to get their first taste of Wellness Recovery Action Plans (WRAP). Anna-Marie Houin, Carnell Greenfield and Heather Smith attended the two-day seminar provided by the Copeland Center to introduce state employees to the concept of WRAP—a wellness tool developed by Mary Ellen Copeland that is used around the world by those seeking a way to take control of their own recovery and wellness. WRAP isn't just for individuals in the hospital—it's for anyone wanting to pursue wellness on a daily basis.

Heather Smith tells us about the experience...

"WRAP has been a buzzword in the state system for some time now but this is the first 'official' training for WRAP to be implemented statewide. We learned a great deal about WRAP and about ourselves in that first training and were grateful to go back again in May for a five-day facilitator training. During this training, we broke down each element of WRAP (key concepts, wellness toolbox, daily maintenance, triggers, when things are breaking down, crisis and post crisis) and learned how to incorporate a variety of facilitator skills to share this information with others.

We are so excited to bring our new skills to the hospital and we're already coming up with creative and 'out of the box' ways to share what we've learned with everyone here at WCGRH. Stay tuned for more information about your own opportunities to learn about and use WRAP for your personal wellness!"



L to R: Charles Willis (Copeland Ctr trainer), Anna-Marie Houin, Carnell Greenfield, Heather Smith, Debbie Anderson (trainer)

Retirement Celebrations

Samuel Reddick

Wednesday, May 30th



More pictures from the event can be found on the shared drive:
J:\WC Events\Sam Reddick Retirement 5.30.12

Ron Buchanan

Thursday, May 31st



More pictures from the event can be found on the shared drive:
J:\WC Events\Ron Buchanan Retirement 5.31.12

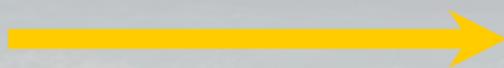
Participate in (and come to) the ERFT-sponsored Yard Sale

Saturday, July 21st

It's almost time for our West Central Georgia Regional Hospital ERFT-sponsored yard sale and we would love to have your participation, donations or BOTH! Our yard sale will take place on Saturday, July 21st here on the hospital grounds near Building 1. You may purchase space/tables to sell your items at a bargain of \$15 a piece. The profit is all yours and ultimately you reap the benefits of the table fee too. The money will be used to help us celebrate the difference that each and every one of you makes! Please help us—while helping yourselves—to make this yard sale a success. Contact any member of the ERFT to make arrangements for your donations or table purchases. We will be continually updating everyone on the status of our yard sale. Be on the lookout for more information and reminders.



YOUR ERFT CONTACTS



Food Service, Procurement, and Housekeeping: David Suggs
Engineering: Carolyn Thomas
Unit 9: Marsha Davisson
Unit 10, Bldgs 11 & 12: Cherrie Mason/Margaret Voorhees
Admissions, Unit 7, & Bldg 5: Marcus Gamble
Group Homes: Tanico Jackson
Unit 2 & Bldg 6: Monika Rivera/Tara Hamilton
Unit 3, Bldg 1 & Security: Rebecca Pyke/Pat Altman

The RESPECT Committee

Member Spotlight

Hannelore Perkins

Tell us about yourself and your career here at West Central.

I was born in a small city in Germany. From the time of my birth to the age of 7 or 8, I lived in numerous orphanages. In those institutions, I was no one. No one spent time with me. No one talked to me. No one instilled hope in me. After age 8, I went to live with my grandmother and then at age 10, sent to live with my mother, whom I did not know. At 14, I found myself in the US with my mother, stepfather and my brother. We returned to Germany as a family but in 1982 I returned to the States and have lived in Columbus since then. I raised two children working as a paraprofessional in the Muscogee County School System. I have always had an interest in "What causes humans to do what they do?" Therefore, I began to take courses in Psychology at Troy University and have received a Masters of Science in Psychology and Community Counseling. Since 2006, I have been employed at WCGRH as a Social Services Provider.



What does RESPECT mean to you?

I enjoy working with the individuals on the units and hope that when they are discharged from the hospital that they can say someone took the time to talk to me, someone spent time with me even if it was only for five minutes and someone gave me hope that in spite of everything, I can remain in recovery. That is what RESPECT means to me.

What do you hope to accomplish as a member of the RESPECT Committee?

As a member of the RESPECT Committee, I hope that I serve as an example by promoting RESPECT among my colleagues and the individuals.

Can you tell us about any upcoming initiatives from the Committee?

We the committee members are working on implementing a hospital-wide RESPECT Curriculum.

IMPORTANT NOTICE:

Mandatory Training

Have you signed up for your *Principles of Recovery* training?

Deadline is Monday, July 16th

Please call SD&T to register at x5309

June 2012

Reviewing Schedule for Hospital Policies

June

SME: Marcia Capshaw

100-04 "Client Rights and Organizational Ethics"

SME: Dr. Nicholas Sanchez/Dr. Susan Queen

100-15 "Research"
Plan 1 "Plan of Care"

SME: Jim Sanregret

100-13 "Campus & Building Imminent Threat"
121-08 "Inventory"

SME: Garrett Vance

100-04 "Entertainment Video Cassettes/DVDs"

SME: Felicia Hardaway

100-14 "Opinions from the State of Georgia Attorney General"
100-42 "Incident/Sentinel Event Reporting"
288-02 "Suspected Alleged Abuse Occurring Prior to Admission
or During Trial Visit/Temporary Leave"

SME: Sid Harden

124-04 "Printing Program"
124-05 "Purchasing and Ordering Supplies/Materials/Services"
124-06 "State Property Management"
124-07 "Requesting Operating Materials/Supplies from General
Whse Asset Acct"
124-08 "Purchasing Card"

SME: Peri Johnson

130-02 "Competency Assessment Plan"

SME: Cathyann Vaughn

283-01 "Food Service Hospital Policy"

SME: Dr. Thuy Dougherty

286-03 "Use of Antipsychotic Medications"

286-05 "Physician's Orders & Administration of Medications"

286-06 "High Risk/High Alert Meds Look Alike Sound Alike"

SME: Sheri Nicholson

303-04 "Development Individualized Client Plans for Diagnosis,
Treatment & Aftercare"

Nominate a deserving co-worker today for Employee of the Month

The Employee Recognition Focus Team is requesting nominations for Employee of the Month.

Please nominate a deserving co-worker today!

Submit nominations to **Rebecca Pyke** or any other ERFT member. Thank you.

ERFT Members:

Rebecca Pyke, Acting Chairperson

David Suggs, Co-Chairperson

Monika Rivera

Pat Altman

Marsha Davisson

Marcus Gamble

Tara Hamilton

Tanico Jackson

Cherrie Mason

Carolyn Thomas

Margaret Voorhees



WCGRH recognizes special employees who make a difference in the lives of our consumers, co-workers and others. These employees consistently demonstrate:

- ☀ Teamwork by encouraging and facilitating cooperation, pride, trust and group identity, as well as working well with others
- ☀ Customer Service by working and communicating with the general public, internal and external customers to provide information and quality services.
- ☀ Organizational Commitment by displaying a high level of effort and commitment to performing work; operating effectively within the organizational structure; and demonstrating trustworthiness and responsible behavior.

Employees of the Month are nominated by their peers. Nominations are submitted to unit managers and/or department supervisors for approval. If approved, the nomination is submitted to a panel of employees on the unit or area of care. This panel will vote and select the Employee of the Month for their unit or area of care.

June 2012

EMPLOYEE NEWS

Welcome New Employees



Front row (L to R): Quenton Dorsey, FST; Alma Akpati, RN; Tanya Hardaway, RN; Ambroes Pass-Turner, Team Facilitator
Back row: Eric Plump, HCW; Crystal Bradford, FST; Michelle Trivino, SSP; Nathaniel Edmonds, FST



Front row (L to R): Ryan Yarde, HCW; Toni Dixon, HCW; Nikita Hawkins, HST
Back row: Michael Harris, HST; Caroline Pugh, HCW; Anthony Bynes, HST

EMPLOYEE NEWS

Welcome New Employees



Front row (L to R): Britney Ford, HST; Ashlee Davis, Clerical Worker; Shari Townsend, RN
Back row: Robert Brown, Food Service; Daniel Dieringer, Forensic Psychology Fellow; Gary West, HCW; Al Jenkins, HST

From our RHA....

I am pleased to announce the appointment of two new members to the leadership at West Central Georgia Regional Hospital. Dr. Nicholas Sanchez has been named Clinical Director and Dr. Susan Queen has been appointed to the position of Assistant Clinical Director. Both physicians bring many years of experience to our hospital and are deeply committed to achieving CRIPA/ADA compliance.

At this time, I would also like to thank Dr. Nargis Fakhri for her service as the Interim Clinical Director over the past few months. She has done a wonderful job and we were very fortunate that she offered to help us during our time of need.

Please provide a warm welcome to Drs. Sanchez and Queen as well as a big “thank you” to Dr. Fakhri.

John L. Robertson
RHA

A Note from Dr. Sanchez

When communicating with the Clinical Director, please include both Dr. Susan Queen and Dr. Nicolas Sanchez on all correspondences, including emails.

CONGRATULATIONS!



Kenya Williams
Activity Therapy

Ms. Kenya Williams, an Activity Therapist employed with WCGRH since 2003, completed all of the requirements for becoming a Certified Therapeutic Recreation Specialist (CTRS) in May of this year. This is a nationally recognized certification that demonstrates the highest level of skill and education in the Therapeutic Recreation field. Kenya has been a vital part of the Unit 9 recovery team and is now overseeing the new TIP store program here at West Central. Her ability to prioritize, organize and see the “bigger picture” has resulted in many new and improved processes and procedures for the forensic units and especially for her “favorite unit”, Unit 9! She was the obvious choice for West Central’s development of the TIP program based on her experience with token economy on Unit 9. She is respected on campus as a knowledgeable clinician, a “get it done” staff member and now as a nationally recognized expert in her field! The Activity Therapy Department is proud to have her as one of ours! On a personal note, her love for working with special populations comes from her mother, Ms. Gail Woods, who introduced her to this at a young age. Kenya’s college career was dedicated to this and she has carried this out in her working career.

Submitted by Heather Smith, Activity Therapy Supervisor

News From Human Resources

FAITHFUL SERVICE AWARDS

5 Years of Service

Syed Rahman
Courtney Perry
Kevin Henderson
Tanico Jackson
John Robertson

10 Years of Service

Abbey
Ashby-Boyd

25 Years of Service

Ricky Upshaw
Haywood Dowdell

New Employees

Alma O. Akpati
Timothy L. Ayers
Crystal N. Bradford
Robert E. Brown III
Anthony B. Bynes
Porche' C. Byrd
Ashlee N. Davis
Daniel D. Dieringer
Toni M. Dixon
Quenton T. Dorsey
Nathaniel Edmonds
Britney S. Ford
Tanya E. Hardaway

Michael B. Harris
Nikita T. Hawkins
Sara J. Moran
Ambroes D. Pass-Turner
Eric N. Plump
Caroline D. Pugh
Susan Elizabeth Queen
Dennis M. Taylor
Shari Townsend
Michelle Patricia Trivino
Gary L. West
Ryan J. Yarde

THANK YOU FOR YOUR CONTINUED SERVICE TO
OUR HOSPITAL AND THE STATE OF GEORGIA

HR Monthly Reminders

July 3rd	Overtime and hourly timesheets
July 5th	Nurse shift differential due
July 11th	Leave grids due
July 13th	Pay Day
July 17th	Overtime and hourly timesheets
July 19th	Unit/dept shift differential
July 31st	Pay Day
July 4th	Holiday

Recruit to fill requests are due in the HR Dept every Wednesday by **NOON**

KRONOS DATES

July 3rd and 17th
Manager approval in Kronos by noon (fix all problems in Kronos and approve timecards)

Farewell and Best Wishes

Allison Aspinwall Richardson	TyQuitta J. Lloyd
James Ronald Buchanan	Donnie Pope
Curvie D. Griggs	David Anthony Ray
Cara L. Ibrahim	Samuel Jerome Reddick
KuWonna Ingram	Georgeann Richards
Latashia T. Jackson	David Frederick Sieg
Sharon K. Johnson-Boyce	

"Don't be dismayed at good-byes. A farewell is necessary before you can meet again. And meeting again, after moments or lifetimes, is certain for those who are friends."

—Richard David Bach

Please email all Kronos issues to WCGRHKronos@dhr.state.ga.us.
All emails will be answered within 24 to 48 hours depending on the nature of the issues.

Human Resources Department

HR Representatives:

Peri Johnson, Human Resources Manager
Carolyn Mitchell, Employee Relations Specialist
Vonceil Plump, Personnel Tech II
Angela Smith, Recruiting Tech
Pat Altman, Benefits and Worker's Comp
Michele Trowers, Leave/Payroll Specialist

Suggestions or Questions:

Any questions? Please contact HR at (706) 568-2260

If you have any ideas or topics you would like to see featured in the Human Resources section, please submit them to the Human Resources Department.

July Birthdays

- | | |
|-----------------------------|----------------------------|
| 1 Thomas A. Price II | 17 Monica Dixon |
| 1 Carla F. Fuller-Drew | 17 Lessie Lee Walton |
| 1 Erika Ball | 17 Caryn Thompson-Jones |
| 2 Maureen S. Goldfuss | 17 Ommie M. Oliver |
| 3 Karin D. Thompson | 18 Latisha Stewart |
| 3 Paula M. Campbell | 19 Bianca P. Bruce |
| 3 Crystal T. Williams | 19 Darrell T. Sumbry |
| 4 Michelle Patricia Trivino | 20 Gloria Delores Stafford |
| 4 Carletta Jones-McCullough | 21 Mable R. Semper |
| 4 Terrence J. Taylor | 23 Tolisa L. Carter |
| 5 Sharon E. Dennard | 23 Frances I. Gee |
| 5 Shelia M. Gray | 23 Phillip Wayne Hardy |
| 6 Lisa K. Long | 26 Richard McClendon, Jr. |
| 7 Shayla L. Thompson | 27 Laci P. Holguin |
| 10 Charles L. Grant | 28 Trelanne D. Moore |
| 10 Charmaine Codling | 28 Daphne D. Collington |
| 11 Samuel E. Williams, Sr. | 28 Audrian P. Ward |
| 11 Stacey A. Minor | 29 Erin Green |
| 12 ConTassa Tanner-Jones | 29 Kim Katina Gallimore |
| 12 Jamaal M. Hampton | 29 Rosemary Boles |
| 12 James T. Brewer | 29 Vonceil Y. Plump |
| 12 Michele E. Trowers | 29 Matthew A. Parker |
| 12 Myriam Monroe | 30 Faye Sanger |
| 12 Michelle Denise Short | 30 Vincent L. Wilson |
| 13 Saroya M. Jackson | 31 Anthony Worthen |
| 13 Frances N. Uneanya | 31 Betty J. Cassady |
| 13 Melanie W. Hubbard | 31 Willean Fontaine |
| 13 Alan L. Averett | |
| 13 Jonathan R. Harvey | |
| 14 Lawonna Parks | |
| 14 Mary Susan Jones | |
| 15 Hester Leach | |
| 15 Carolyn Estella Grier | |
| 16 Mae Thelma Thornton | |
| 17 Cornelia Bordeaux | |

*"The secret of staying young is to live honestly, eat slowly, and lie about your age."
~ Lucille Ball*



Attention All Employees
Reminder!
Annual Tuberculosis Screening

All WCGRH employees must complete the Georgia State Hospital Employee Health Screening Form **during the month of their birthday.**

TB screening is **required** during each employee's birthday month.

Tuberculosis screening is conducted in Nursing Services, Building 1, Room 25.

Skin Tests are given on Monday, Tuesday and Wednesday.

Please follow these guidelines for completing the Annual Employee Health Screening:

- ↪ If you have the skin test performed off campus, you still must return the results to Nursing Services and complete the Employee Health Screening Form.
- ↪ If you have another job also requiring PPD Testing, we will provide you will a copy of your results.
- ↪ If you have had a positive skins test in the past, you are still required to complete the Employee Health Screening Form.
- ↪ New employees hired within three months of their birthday are not required to complete Tuberculosis screening until their next birthday.

Questions?
Please contact Nursing Services at (706) 568-5109

2012 WELLNESS PROMISE COUNTDOWN

Less than 30 days until the June 30, 2012 DEADLINE

Have you completed your online health assessment?
Have you had your biometric screening yet?

Complete your online health assessment at:
www.mycigna.com or www.myuhc.com

Schedule your appointment NOW with your doctor for your biometric screening

Don't delay—ACT NOW!

Remember, if you want to participate in a 2013 Wellness Plan, you and your covered spouse must complete the Wellness Promise by June 30, 2012.



WEST CENTRAL GEORGIA REGIONAL HOSPITAL & Department of Behavioral Health and Developmental Disabilities



Values: Dedication, Integrity, Excellence, Knowledge, Accountability, Collaboration, Safety, Innovation, Respect

Mission Statement: "Provide and promote local accessibility and choice of services and programs for individuals, families and communities through partnership, in order to create a sustainable, self-sufficient and resilient life in the community."

Vision Statement: "Every person who participates in our services leads a satisfying, independent life with dignity and respect."

Regional Reflections is published monthly. The mission of the newsletter is to provide a forum to educate and inform its readership on issues in behavioral health, strengthen teamwork, and archive hospital events and activities.

Regional Reflections staff welcomes items including articles, article ideas, news items, letters and photos submitted for publication. However, all items are subject to editorial discretion and will be printed on a 'space available' basis. Please contact the editor if you have any questions or concerns regarding the newsletter. Thank you for your support.

Visit us on the internet: <http://www.wcgrh.org>

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WCGRH is an equal opportunity employer.

W.C.G.R.H FOUNDATION, INC. **WCGRH Foundation, Inc.** is a tax-exempt, non-profit organization established in 1993 under Internal Revenue Code 501(c)(3), 509(a), and 170(b)(1)(A)(vi) by individuals interesting in enhancing the services and programs provided for the clients and staff of WCGRH.

Your tax-deductible gift supports the hospital's mission as stated above. Website: <http://www.wcgrh.org/wcfoundation.htm>

Fraud and Abuse Hotline: To report concerns regarding fraud and/or abuse, call the WCGRH Compliance Hotline at (706) 569-3082 or the Office of Inspector General Corporate Compliance Hotline at 1-800-447-8477. You may email questions or concerns to WCGRHComplianceOffice@dhr.state.ga.us or call the WCGRH Compliance Officer, **Felicia Hardaway** at (706) 568-2471.



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