

# West Central Georgia Regional Hospital Regional Reflections



## November 2015

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Since opening in 1974, West Central Georgia Regional Hospital (WCGRH) has stood as a beacon of hope for consumers in need of behavioral healthcare services in the State of Georgia

## QUALITY MANAGEMENT

The Joint Commission Corner

### QUESTIONS SURVEYORS MAY ASK YOU ABOUT

#### PERFORMANCE IMPROVEMENT

**Q:** How are you involved in Performance Improvement activities?

**A:** Your answer should be individualized to your area. Possible examples may include:

- I participated in Safety Care training and I participate in providing quality care for my clients.
- I have assisted with collection of data or reporting.
- I have participated in a FMEA or RCA, or on a Performance Improvement Team.

**Q:** Whose job is it to improve organizational performance?

**A:** It is everyone's job!

**Q:** What is a PI project being addressed by the hospital?

**A:** Reducing aggression

**Q:** What are some examples of aggregate data reported in your area?

**A:** Your answer should be individualized to your area. Some examples may include 30-day readmission rate, elopement rate, accident/incident reports, client injury rate, seclusion & restraint use, medication error rate, and client perceptions of care survey data.

Brooke Devlin, Ph.D., Director of Quality Management at West Central Georgia Regional Hospital, represented DBHDD at Live Healthy in Uptown Day on September 19, 2015 in Columbus. She talked to residents about the importance of mental health and wellness, as well as hospital career opportunities. Health screenings, health information and fitness classes were offered during this free community event.



Photo provided by Dr. Brooke Devlin





# Ready. Set. Give!

2015-2016 State Charitable Contributions Program

Now through November 15th,  
give a one time donation of just **\$1**.

That's it!

Help us reach our goal of  
**100% hospital participation!**

Choose your charity online today at  
[www.gasccp.org](http://www.gasccp.org)!



**Attention:**  
**Free Flu Shots**  
**Available For All Staff**



**Friday October 30, 2015**  
**Cafeteria**

**3<sup>rd</sup> Shift: 8:00 am to 9:00 am**

**1<sup>st</sup> Shift: 9:00 am to 2:00 pm**

**2<sup>nd</sup> Shift: 2:00 pm to 4:00 pm**

**More Information Next Page**

# Flu Vaccine Information

## Influenza (Flu) Vaccine (Inactivated or Recombinant): *What you need to know*

### 1 Why get vaccinated?

Influenza (“flu”) is a contagious disease that spreads around the United States every year, usually between October and May.

Flu is caused by influenza viruses, and is spread mainly by coughing, sneezing, and close contact.

Anyone can get flu. Flu strikes suddenly and can last several days. Symptoms vary by age, but can include:

fever/chills

sore throat

muscle aches

fatigue

cough

headache

runny or stuffy nose

Flu can also lead to pneumonia and blood infections, and cause diarrhea and seizures in children. If you have a medical condition, such as heart or lung disease, flu can make it worse.

Flu is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk.

Each year **thousands of people in the United States die from flu**, and many more are hospitalized.

#### **Flu vaccine can:**

keep you from getting flu,

make flu less severe if you do get it, and

keep you from spreading flu to your family and other people.

### 2 Inactivated and recombinant flu vaccines

A dose of flu vaccine is recommended every flu season. Children 6 months through 8 years of age may need two doses during the same flu season. Everyone else needs

Many Vaccine Information Statements are available in Spanish and other languages. See [www.immunize.org/vis](http://www.immunize.org/vis)

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite [www.immunize.org/vis](http://www.immunize.org/vis)

Some inactivated flu vaccines contain a very small amount of a mercury-based preservative called thimerosal. Studies have not shown thimerosal in vaccines to be harmful, but flu vaccines that do not contain thimerosal are available.

There is no live flu virus in flu shots. **They cannot cause the flu.**

There are many flu viruses, and they are always changing. Each year a new flu vaccine is made to protect against three or four viruses that are likely to cause disease in the upcoming flu season. But even when the vaccine doesn’t exactly match these viruses, it may still provide some protection.

Flu vaccine cannot prevent:

flu that is caused by a virus not covered by the vaccine, or illnesses that look like flu but are not.

It takes about 2 weeks for protection to develop after vaccination, and protection lasts through the flu season.

### 3 Some people should not get this vaccine

Tell the person who is giving you the vaccine:

**If you have any severe, life-threatening allergies.** If you ever had a life-threatening allergic reaction after a dose of flu vaccine, or have a severe allergy to any part of this vaccine, you may be advised not to get vaccinated. Most, but not all, types of flu vaccine contain a small amount of egg protein.

**If you ever had Guillain-Barré Syndrome (also called GBS).** Some people with a history of GBS should not get this vaccine. This should be discussed with your doctor.

**If you are not feeling well.** It is usually okay to get flu vaccine when you have a mild illness, but you might be asked to come back when you feel better.



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention



**WEDNESDAY, NOVEMBER 11, 2015  
VETERANS' DAY**

**(State Holiday)**

**LET'S REMEMBER THOSE WHO HAVE SO PROUDLY SERVED  
OUR COUNTRY!,  
AS WELL AS THOSE CURRENTLY SERVING OUR COUNTRY!**



# WCGRH 2016 Nursing Conference Raffle



CharBroil Grill (Valued at \$430), Grill utensils, two lawn chairs, burger box, LSU beverage cup, Florida straw holder, Georgia lunch box, Alabama serving dish, plates, cups, napkins, apron, Party Pong set, 2 grilling cook books, and 6 pack of beer X2



Large Cooler, (Valued at \$100)  
2 hats, lunch box, cup, candles, pompoms, blow pops, and blankets

Cooler, (Valued at \$100), 2 hats, lunch box, candles, blankets, and 2 Columbus Lions Arena Football Tickets



Cooler, (Valued at \$100), 3 Alabama cups, 2 pompoms, Alabama lunch box, 2 candles, blanket, 4 Alabama vs Charleston Southern tickets for November 21, 2015

Raffle proceeds will go towards the keynote speaker fees for next year's Nursing Conference to be held May 12, 2016.

Raffle tickets are available from any staff member in Nursing Services immediately.

Come by to pick up your ticket(s) \$1.00 per ticket

The drawing will be Wednesday, November 18, 2015 at 11:00 AM

State of Georgia and  
Developmental Disabilities

*West Central Georgia  
Regional Hospital  
3000 Schatulga Road  
Columbus, Georgia 31907  
(706) 568-5000*

**Web Page**  
**[www.wcgrh.org](http://www.wcgrh.org)**



## EMPLOYEE NEWS



*October 1st.*



*Left to Right: Row 1: John Robertson, RHA, SaKhalia Cole,  
Morgan Cheney, Taneichia Jackson  
Row 2: Anthony Tyler, Barbara Parker, Rachelle Cross,  
Christina Bullock, Christopher Thurman  
Not Pictured: Shamonica Dorsey*



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## EMPLOYEE NEWS



October 16th.



*Left to Right: John Robertson, RHA, Lakeisha Felton, Shiquinna Mumford,  
Adedayo Johnson, Ashton Reagin*

*Row 2: Nateisha Randall, Sharen Hicks, Karen Robinson, Wendell Rosemond*

## News From Human Resources

### \*FAITHFUL SERVICE AWARDS\*

#### 5 Years

Rosemary Boles  
Mable Semper  
Nancy Wray

#### 15 Years

Carolyn Grier

#### 30 Years

Chris Newland

THANK YOU FOR YOUR CONTINUED SERVICE TO OUR HOSPITAL AND THE STATE OF GEORGIA

#### Human Resources Monthly

Nov 3rd. Manager Approval by Noon  
Please reconcile and move FSLA to OT Premium  
Nov 13th. Pay Day  
Nov 17th. Manager Approval by Noon  
Please reconcile and move FSLA to OT Premium  
Nov 30th. Pay Day

#### **Did You Know? E-Performance:**

Every employee has access to their e-performance documents thru their self-service which is located at [www.team.ga.gov](http://www.team.ga.gov). Your employee I.D. and Social Security or password created will allow you entry. If you have forgotten your password or do not remember your questions—Call 1-888-896-7771. All employees who have an I.D. issued to them when hired have access to all of their personal information and the ability to make any necessary changes without having to come to H.R. However, H.R. is always available if you need assistance or have trouble with the site.

**Orientation is on Nov. 2nd. and November 16th. In HR from 1:00-5:00 PM**

### Goodbye and Farewell

Shamonica Dorsey  
Brittni Edwards  
Joshua Hill

Farnell Spight  
Tanya Taylor  
Joan Washington

## Human Resources Department

#### **HR Representatives:**

Peri Johnson, Human Resources Manager  
Sandra Brown, Employee Relations Specialist  
Vonceil Plump, Personnel Tech II  
Paul Fahnestock, Recruiter  
Shannon Hearn, Recruiting Tech  
Pat Altman, Benefits and Worker's Comp  
Michele Trowers, Leave/Payroll Specialist  
Ivonna McCoy, Program Associate

#### **Suggestions or Questions:**

Any questions? Please contact HR at (706) 568-2260

If you have any ideas or topics you would like to see featured in the Human Resources section, please submit them to the Human Resources Department



## Staff Development & Training

Here is our **“Block” Schedule for Annual Updates** in November!  
You will attend according to your Safety Care date, and must attend the entire block. You will then be current for the next year!  
Unit PA's will register Unit Staff.

### **Block 1:**

Tues, Nov 3: 8:00-12:00 Seizure and PNS  
1:00-3:30 Infection Control and Incident Management  
Wed, Nov 4: 8:00 CPR and First Aid  
Thurs, Nov 5: 8:00 Safety Care Recert

### **Block 2:**

Tues, Nov 17: 8:00-12:00 Seizure and PNS  
1:00-3:30 Infection Control and Incident Management  
Wed, Nov 18: 8:00 CPR and First Aid  
Thurs, Nov 19: 8:00 Safety Care Recert

### **Block 3:**

Mon, Nov 23: 8:00 CPR and First Aid  
Tues, Nov 24: 8:00-12:00 Seizure and PNS  
1:00-3:30 Infection Control and Incident Management  
Wed, Nov 25: 8:00 Safety Care Recert

**Positive Behavior Supports (PBS):** Thurs, November 19, 8:00-5:00

### **Safety Care Initial Dates:**

November 5-6-9 and November 19-20-23

# November Birthdays



*Happy Birthday to All !*

1 Ra'Kenya Washington  
 2 Stacey Hammock  
 3 Ashley Rudolph  
 3 Zachary Sparks  
 4 Florence Moemena  
 4 Brandon Wright  
 5 Zandra Lamar  
 5 Lakisha Pressley  
 6 Romaine Duffus  
 6 Pamela Pickard  
 7 Marcia Capshaw  
 7 Katrina Griffin  
 8 Nicholas Averett  
 8 Barbara Brown  
 9 Dianne Lawrence  
 10 Vanessa Chung-Bryan  
 11 Desaray Newman  
 11 Ashely Gamble  
 11 Keith Griffin  
 12 Jessica Lewis  
 14 Willie Allen  
 14 Jimmy Banks  
 14 Shauntra Holmes  
 14 Peri Johnson  
 16 Freddie Cunningham  
 16 Gordon Rivers

18 Kawanda Duncan  
 18 Taneichia Jackson  
 18 Whitney Ogletree  
 18 Dena Waldrep  
 19 Aundrea Bankston  
 20 Tameika Brooks  
 21 Xavier Williams  
 22 Daniel Dieringer  
 22 David Dunn  
 22 Kerri Robertson  
 23 Tina Pace  
 23 Jessica Simmons  
 23 Belinda Stoneback  
 23 Veronica Walker  
 26 Robert Connell  
 26 Karen Fisher-Ford  
 26 Catoya Johnson  
 26 Kimberly Kimble  
 26 Marian Taylor  
 27 Marie Calloway  
 27 Carol Minefee  
 29 Marsha Davisson  
 29 Angela Stahl  
 29 Marcy Thompson  
 30 Dianna Byrd

## Attention All Employees

### Reminder! Annual Tuberculosis Screening

All WCGRH employees must complete the Georgia State Hospital Employee Health Screening Form **during the month of their birthday**

TB screening is required during each employee's Birthday month

Tuberculosis screening is conducted in Nursing Services, Building 1, Room 25

Skin Tests are given on Monday, Tuesday and Wednesday

Please follow these guidelines for completing the  
Annual Employee Health Screening:

- If you have the skin test performed off campus, you still must return the results to Nursing Services and complete the Employee Health Screening Form.
- If you have another job also requiring PPD Testing, we will provide you with a copy of your results.
- If you have had a positive skin test in the past, you are still required to complete the Employee Health Screening Form.

**Please Note: If Annual Tuberculosis is not completed within your birth month, Employee cannot work until the screening is completed.**

Questions? Please contact Nursing Services at (706) 568-5109



West Central Georgia Regional Hospital & Department of Behavioral Health and Developmental Disabilities



**Values:** Dedication, Integrity, Excellence, Knowledge Accountability, Collaboration, Safety, Innovation, Respect

**Mission Statement:** Provide and promote local accessibility and choice of services and programs for individuals, families and communities through partnerships, in order to create a sustainable, self-sufficient and resilient life in the community.

**Vision Statement:** "Every person who participates in our services leads a satisfying, independent life with dignity and respect."

**Regional Reflections** is published monthly. The mission of the newsletter is to provide a forum to educate and inform its readership on issues in behavioral health, strengthen teamwork, and archive hospital events and activities.

**Regional Reflections staff** welcomes items including articles, article ideas, news items, letters and photos submitted for publication. However, all items are subject to editorial discretion and will be printed on a "space available" basis. Please contact the editor if you have any questions or concerns regarding the newsletter. Thank you for your support.

Visit us on the internet: <http://dbhdd.georgia.gov/west-central-georgia-regional-hospital-columbus>.



J

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WCGRH is an equal Opportunity employer



**WCGRH Foundation, Inc.** is a tax-exempt, non-profit organization established in 1993 under Internal Revenue Code 501(c)(3), 509(a), and 170(b)(1)(A)(vi) by individuals interested in enhancing the services and programs provided for the clients and staff of WCGRH.

Your tax deductible gift supports the Hospital's mission as stated above.  
Website:  
<http://dbhdd.georgia.gov/wcgrh-foundation>



Accredited by the Joint Commission

**Fraud Abuse Hotline:** To report concerns regarding fraud and/or abuse, call the WCGRH Compliance Hotline at (706) 569-3082 or the Office of Inspector General Corporate Compliance Hotline at 1-800-447-8477. You may e-mail questions or concerns to WCGRH Compliance Office @dbhdd.state.ga.us or call The WCGRH Compliance Officer, Felicia Hardaway at (706) 568-2471



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