

Introduction to Trauma-Informed Care (TIC) – Why should we care??

Rochelle F. Hanson, Ph.D.

Overview – This one day workshop will provide an overview of trauma and its effects including information on the prevalence and characteristics of trauma experienced by children; the impact of trauma on child victims and their families; and a discussion of evidence supported treatments for trauma victims and their families. The importance of cultural considerations in applying such interventions will also be covered as well as how to address challenges in working with adolescents, and the impact of secondary trauma on professionals.

Time	Module	Title	Learning Objectives
9:00-9:30	1	Overview of trauma and its effects	To increase understanding of the prevalence, characteristics and impact of trauma on children and their family
9:30-10:15	2	Myths and Facts about Child Abuse	To identify myths and facts related to child abuse and other traumatic events
10:30-11:00	3	Overview of Trauma-focused, Evidence-Supported Interventions for Youth – Part 1	To increase understanding of the research literature related to evidence-based, trauma-focused interventions in children and adolescents
11:00-11:30	4	Overview of Trauma-focused, Evidence-Supported Interventions for Youth – Part 2	To identify strategies and treatment approaches to address trauma-related symptoms/problems among youth
11:30-12:00	5	Overview of Trauma-Focused Cognitive Behavior Therapy– Part 1	To increase awareness of TF-CBT, an evidence-based trauma-specific intervention for youth and their families
1:00 -1:30	6	Overview of Trauma-Focused Cognitive Behavior Therapy– Part 2	To increase awareness of the specific components of the TF-CBT treatment model
1:30 – 2:00	7	TF-CBT and Cases of Traumatic Grief	To increase understanding about issues related to traumatic grief in children and their caregivers
2:00 – 2:30	8	Targeting Challenging Behaviors with Adolescents	To increase understanding of issues and strategies for working with adolescents who have experienced trauma
2:45 – 3:30	9	Cultural Considerations for Trauma-focused Interventions	To Increase awareness of cultural issues that may impact the therapeutic relationship and treatment components of trauma focused work.
3:30 – 4:15	10	Vicarious Trauma	To understand the professional and personal impact of trauma work and learn strategies to address vicarious/secondary trauma.